

Recent Records

Records are for Oregon LMSC Swimmers Only

* = split

USMS Spring Nationals 2022—SCY

April 28 - May 1, 2022; San Antonio, Texas

Age Group	Event	Place	Name	Age	Time	Record set
Women 35-39	50 Yard Backstroke	3	Shepherd, Sara	39	28.05	Oregon
Women 35-39	100 Yard Backstroke	2	Shepherd, Sara	39	59.45	Oregon
Women 35-39	200 Yard Backstroke	2	Shepherd, Sara	39	2:08.03	Oregon, Zone
Women 80-84	50 Yard Freestyle	1	Nichols, A Jane	80	42.00	Oregon
Women 80-84	100 Yard Freestyle	1	Nichols, A Jane	80	1:31.03	Oregon, Zone
Women 80-84	200 Yard Freestyle	1	Nichols, A Jane	80	3:29.27	Oregon, Zone
Women 80-84	500 Yard Freestyle	2	Nichols, A Jane	80	9:31.34	Oregon, Zone
Women 80-84	50 Yard Backstroke	3	Nichols, A Jane	80	51.53	Oregon
Women 80-84	100 Yard Backstroke	2	Nichols, A Jane	80	1:52.03	Oregon

COMA All-around Challenge—LCM

May 14, 2022; Bend, Oregon

Age Group	Event	Place	Name	Age	Time	Record set
Women 65-69	100 LC Meter Freestyle	1	Crabbe, Colette	66	1:14.00	Oregon
Women 65-69	50 LC Meter Backstroke	1	Worden, Laura	65	40.82	Oregon
Women 65-69	100 LC Meter Backstroke	1	Crabbe, Colette	66	1:27.07	Oregon
Women 65-69	100 LC Meter Breaststroke	1	Crabbe, Colette	66	1:32.36	Oregon
Women 65-69	50 LC Meter Butterfly	1	Worden, Laura	65	37.27	Oregon
Women 65-69	100 LC Meter Butterfly	1	Crabbe, Colette	66	1:23.94	Oregon
Women 65-69	200 LC Meter IM	1	Crabbe, Colette	66	2:59.22	Oregon
Women 65-69	400 LC Meter IM	1	Worden, Laura	65	7:09.56	Oregon
Women 80-84	50 LC Meter Freestyle	1	Ward, Joy	80	45.34	Oregon
Women 80-84	100 LC Meter Freestyle	1	Ward, Joy	80	1:50.07	Oregon, Zone
Women 80-84	50 LC Meter Butterfly	1	Ward, Joy	80	56.50	Oregon, Zone
Women 80-84	100 LC Meter Butterfly	1	Ward, Joy	80	2:31.70	Oregon, Zone
Men 30-34	50 LC Meter Backstroke	1	Morrell, Nicolas	30	29.24	Oregon
Men 50-54	50 LC Meter Backstroke	1	Self, Mike	52	30.01	Oregon, Zone
Men 50-54	100 LC Meter Backstroke	1	Self, Mike	52	1:05.97	Oregon, Zone
Men 50-54	200 LC Meter Backstroke	1	Self, Mike	52	2:27.24	Oregon, Zone
Men 100-104	50 LC Meter Freestyle	1	Lamb, Willard	100	58.53	Oregon, Zone, National
Men 100-104	100 LC Meter Freestyle	1	Lamb, Willard	100	2:30.77*	Oregon, Zone, National
Men 100-104	200 LC Meter Freestyle	1	Lamb, Willard	100	5:20.16*	Oregon, Zone, National, World
Men 100-104	400 LC Meter Freestyle	1	Lamb, Willard	100	11:08.65*	Oregon, Zone, National, World
Men 100-104	800 LC Meter Freestyle	1	Lamb, Willard	100	22:19.25	Oregon, Zone, National, World
Men 100-104	100 LC Meter Backstroke	1	Lamb, Willard	100	2:47.35*	Oregon, Zone, National, World
Men 100-104	200 LC Meter Backstroke	1	Lamb, Willard	100	5:27.69	Oregon, Zone, National, World

Mixed 320-359 800 LC Meter Free Relay OREG 14:25.49^s Oregon, Zone, National, World
 1) Lamb, Willard 100 2) Ward, Joy 80 3) Crabbe, Colette 66 4) Kirkland, Dan 74

OMS PENTATHLON RECORDS FROM BEND

Age Group	Event#	Name	Age	Time	Record set
Women 18-24	Sprint Distance	Allison Kulikowski	23	5:30.23	Oregon
Women 30-34	Sprint Distance	Jessica Stacy	33	5:04.10 [‡]	Oregon
Women 65-69	Medium Distance	Colette Crabbe	66	8:36.59	Oregon
Men 45-49	Medium Distance	Kurt Grote	49	6:57.28 [†]	Oregon
Men 55-59	Medium Distance	Scot Sullivan	56	7:39.65	Oregon

NOTES

[§]Existing WR 14:43.93. Oregon's 4 x 200 Meter Mixed relay set a new WR by 18.44 seconds! Truly amazing!

[‡]Fastest female Oregon time ever at this distance, for all age groups!

[†]Fastest Oregon time ever at this distance, for all age groups!

[#]LCM Sprint Distance consists of events of the following distances: 50-meters of each stroke, plus 200 IM

[#]LCM Medium Distance consists of events of the following distances: 100-meters of each stroke, plus 200 IM