



## Camaradire

#1 The old guy climbing onto the board after his leg is me (Joe). That is how we got into the boat after our swims. The person in the background is our pilot, Doctor Mark Sepulveda, D.C.

#2 Our best swimmer was Erin. Note the orange float behind her. That serves two purposes. Most important it makes the swimmer very visible to boat traffic. Also, in case it is needed, it provides some flotation in an emergency.

#3 The happy smile is on the face of Tri-Girl Jillian, glad to be getting into the boat for a well-earned rest.

#4 The author, Joe Oakes.