

# 2020 U.S. Masters Swimming 5K & 10K Short Course ePostal

by Matt Miller

SOMA hosted the USMS 5K/10K ePostal National Championships and was given special permission to offer a non-championship short-course access this summer due to COVID-19

There were fewer than 90 swims both the National Championship event the normal annual average of over 250 National Championship event.



option due to the extremely limited pool restrictions.

entered and only 4 relays entered for and the short-course event, well below swims and dozens of relays for this USMS

So, a huge congratulations go out to those who were able to find a pool to swim in this summer and had the motivation and drive to swim one or both of these long-distance events!



## 5K Short Course ePostal

### WOMEN

Age Group	Place	First Name	Last Name	Age	Club Abbr	Time
45-49	1	Anicia	Criscione	47	OREG	1:21:15.71

Anicia Criscione was the only woman from Oregon who swam the 5K. She did it in great style with a time that was #2 for women, overall; 1st in her age group. No Oregon women swam the 10K. We are so proud of Anicia

### MEN

Age Group	Place	First Name	Last Name	Age	Club Abbr	Time
55-59	1	Eilhard	Lussier	55	OREG	1:03:18.15
60-64	1	Patrick	Allender	62	OREG	1:14:57.83

Eilhard Lussier and Patrick Allender were the only Oregon men who swam the 5K. They both did great! Eilhard came in #1 overall and Patrick was #3 overall. We are so proud of Hardy and Patrick!

## 10K Short Course ePostal

### MEN

Age Group	Place	First Name	Last Name	Age	Club Abbr	Time
55-59	1	Eilhard	Lussier	55	OREG	2:09:36.36

Eilhard Lussier did it again, he came in #1 overall! Way to go, Hardy!