

THANK YOU

Opportunity to Thank Others

We are calling for 100% OMS swimmer participation; no, this is not for the 1-hour postal, it is something much easier than that! In fact, you don't even have to leave your computer to do this.

All of us have people with whom we interact every day; we are not an island to ourselves. So, here is your opportunity to send a big THANK YOU to those people in the swimming world whom you appreciate. Whenever you feel thankful for someone in OMS, write to the *Aqua Master* Editor with your THANKS. Tell us who you are thanking and what they have done to make you appreciate them. We will publish that appreciation here in this feature. You can write a "Thank You" every month if you want — just once is not enough! This will be an ongoing feature if there is enough interest. Write to azabudsky@msn.com. [Also give your name, for email addresses don't always give names.]

This month Lex Higlett and I have so many people to thank that we have to save some for future *Aqua Master* issues. If your name isn't mentioned this month, it may be next month. Please send your "Thank You" to me ASAP.

I want to thank Daemon Anastas, for easing me into Open Water swimming safely, for helping me be safe and comfortable in cold water & in the river, and for all the new challenges he dreams up including Run Swims & Full Moon Night swims. —Lex Higlett

A thank you to Steve Darnell. He does the proofing of most of the articles for the Aqua Master. —Alice Zabudsky

I want to thank George & Jill who organized pool space so we can train together during all of this. Which is kind of a miracle. —Lex Higlett

A thank you to Matt Miller. After I prepare the pdf for the Aqua Master, I send Matt the formatted articles, pictures and the pdf Aqua Master. He posts them on the OMS website, and sends me the links where the articles are located. Then I prepare the eAquaMaster and mail it to each of you readers. —Alice Zabudsky

I want to thank John H McComish & Pam O'Shea for being so generous with their access, every week. The swims they've enabled me to do have been my favorite part of the last few months. And their generosity and warmth is what Masters swimming is about. I hope to be able to repay the favor, or pass it on one day. —Lex Higlett