

# Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 20)

## Women's 18-24 One-Hour

Lydia Kapsenberg	OR-cat	07	4835 yds
Kelly Gouldson	OR-coma	01	4570 yds
Miller, Danelle	OR-cgm	18	4535 yds
Gina Dhom	OR-ea	03	4475 yds
Alicia Phan	OR-?	15	4330 yds
Danielle Ebnother	OR-som	03	4315 yds
Garen Mattioda	OR-coma	01	4155 yds
Fatima Valle	OR-cgm	09	4060 yds
Danielle Miller	OR-cgm	20	3940 yds
Hillary Madson	OR-coma	06	3930 yds
Sara Cameron	SW-lswm	11	3925 yds
Hailey Foster	OR-coma	03	3900 yds

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## Women's 25-29 One-Hour

Sara Quan	OR-coma	02	5310 yds
Michelle Donohue	MACO	93	5070 yds
Ellen Ferguson	OR	91	4960 yds
Judith Sheridan	OR-ea	91	4790 yds
Jenny Marine	OR-coma	05	4780 yds
Cailee Caldwell	NIKE	17	4710 yds
Sarah Holman	OR-thb	11	4695 yds
Kelsey Holmberg	OR-coma	10	4660 yds
Erin Popelka	OR-cat	09	4595 yds
Elisa Fischback	OR-ea	11	4570 yds
Loren Louzao	OR-thb	11	4550 yds
Kathleen Thayer	SW-lswm	10	4520 yds
Aubree Gustafson	OR-orm	10	4520 yds

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## Women's 30-34 One-Hour

Sara Quan	OR-coma	03	5125 yds
Ellen Ferguson	OR	97	4960 yds
Amy Halligan	OR-coma	01	4885 yds
Erin Ford	OR-cgm	07	4710 yds
Oester, Claire	UC37	16	4635 yds
Jill Schuldt	OR	91	4550 yds
Serena Johnson	SW-lswm	11	4545 yds
Erin Popelka	OR-thb	12	4535 yds
Megan Tosh	OR-orm	19	4525 yds
Laila Goldring	OR-cgm	08	4510 yds
Michelle Macy	OR-thb	08	4505 yds
Kendra Bestine	SW-lswm	11	4490 yds

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## Women's 35-39 One-Hour

Sara Nelson	OR-coma	08	5090 yds
Simone Lapay	OR	97	5040 yds
Kristine Senkier	OR-coma	10	4950 yds
Brianna Showell	OR-un	17	4825 yds
Kristen Boock	OR-cat	07	4725 yds
Jayna Tomac	OR-coma	09	4720 yds
Kerri Culbertson	OR	97	4670 yds
Megan Lassen	OR-orm	10	4660 yds
Karen Sadler	OR-scat	03	4650 yds
Serena Johnson	OR-lh	13	4570 yds
Kieras, Jessica	OR-orm	16	4515 yds
Toni Hecksel	OR-cat	03	4500 yds

## Women's 40-44 One-Hour

Sara Nelson	OR-coma	16	4915 yds
Jayna Tomac	OR-coma	14	4870 yds
Arlene Delmage	OR-gvam	06	4800 yds
Karen Matson	OR-coma	07	4765 yds
Stacy Dennett	OR-orm	11	4700 yds
Stacey Kiefer	OR-coma	19	4640 yds
Betsy Watkins	OR-orm	10	4625 yds
Stephanie Schultz	OR-coma	10	4620 yds
Megan Lassen	OR-orm	11	4575 yds
Mary Sweat	OR-coma	02	4525 yds
Susie Young	OR-thb	10	4500 yds
Jen Feola	OR-coma	14	4475 yds

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## Women's 45-49 One-Hour

Sara Nelson	OR-coma	17	5030 yds
Jayna Tomac	OR-soma	18	4770 yds
Arlene Delmage	OR-gvam	08	4765 yds
Mary Sweat	OR-coma	06	4750 yds
Karen Matson	OR-coma	12	4680 yds
Robin Parisi	MACO	02	4655 yds
Lynn Squires	OR-orm	11	4500 yds
Val Jenkins	OR-orm	10	4475 yds
Lavelle Stoinoff	Unat	82	4430 yds
M.J. Caswell	OR-cgm	10	4425 yds
Nadine Whitehall	Unat	81	4375 yds
Terri Tynnismaa	OR-cgm	10	4375 yds

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## Women's 50-54 One-Hour

Mary Sweat	OR-unat	12	4745 yds
Kendra Wheeler	OR-kam	14	4650 yds
Arlene Delmage	OR-orm	15	4575 yds
Karen Matson	OR-coma	14	4510 yds
Terri Tynnismaa	OR-cgm	13	4455 yds
Lavelle Stoinoff	MACO	87	4400 yds
Colette Crabbe	OR-orm	11	4375 yds
Jayette Pettit	OR-un	17	4355 yds
Sue Phillips	OR-cat	16	4295 yds
Gillian Salton	OR-coma	20	4280 yds
Karen Andrus-Hughes	OR-orm	11	4275 yds
Barb Harris	OR-coma	11	4240 yds
MJ Caswell	OR-cgm	13	4240 yds

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## Women's 55-59 One-Hour

Mary Sweat	OR-unat	13	4735 yds
Arlene Delmage	OR-orm	17	4575 yds
Colette Crabbe	OR-orm	16	4555 yds
Stephanie Martin	OR-coma	18	4445 yds
Lavelle Stoinoff	MACO	88	4415 yds
Valerie Jenkins	OR-orm	19	4410 yds
Cathy Imwalle	OR-coma	09	4310 yds
Elizabeth Budd	OR-cat	09	4235 yds
Marlys Cappaert	OR-cbat	14-16	4100 yds
Laura Worden	OR-cat	14	4090 yds
Madeleine Holmberg	OR-coma	12	4075 yds
Barb Harris	OR-coma	16	4035 yds

## Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 20)

### Women's 60-64 One-Hour

Colette Crabbe	OR-orm	17	4550 yds
Stephanie Martin	OR-coma	20	4395 yds
Lavelle Stoinoff	MACO	95	4260 yds
Jeanna Summers	OR-orm	18	4015 yds
Barbara Frid	OR-thb	04	4005 yds
Sue Calnek-Morris	OR-owet	07	3910 yds
Madeleine Holmberg	OR-coma	15	3905 yds
Marlys Cappaert	OR-cbat	18	3900 yds
Sue Harrington	OR-cgm	17	3810 yds
Ann Goodman	OR-cgm	19	3810 yds
Hildebrandt, Jan	OR-soma	18	3760 yds
Lauren Binder	OR-crm	09	3730 yds

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### Women's 65-69 One-Hour

Lavelle Stoinoff	MACO	99	4135 yds
Jeanna Summers	OR-orm	19	3900 yds
Janet Gettling	OR-coma	15	3745 yds
Sue Calnek-Morris	OR-orm	11	3740 yds
Lauren Binder	OR-maco	13	3520 yds
Petey Smith	OR	93	3425 yds
Joy Ward	OR-orm	10	3410 yds
Rebecca Kay	OR-rvm	13	3400 yds
Monika Johnson	OR	14	3390 yds
Geri Mathewson	OR-rvm	15	3315 yds
Joan Delgado	SW-lswm	11	3310 yds
Jeannie Groesz	OR-coma	16	3285 yds

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### Women's 70-74 One-Hour

Lavelle Stoinoff	MACO	03	3960 yds
Rebecca Kay	OR-rvm	19	3400 yds
Geri Mathewson	OR-rvm	18	3235 yds
Pat Sherman	OR-coma	16	3200 yds
Connie Wilson	OR-soma	20	3170 yds
Jane Nichols	OR-cgm	15	3075 yds
Peggy Whiter	OR-coma	14	3025 yds
Judy Ziemer	OR-coma	15	3005 yds
Kate Wilson	OR-soma	18	3000 yds
Mary Alexandre	OR-cgm	09	2880 yds
Peggie Hodge	OR-coma	12	2690 yds
Betsy Austin	MACO	98	2625 yds

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### Women's 75-79 One-Hour

Sue Calnek-Morris	OR-orm	19	3495 yds
Alice Zabudsky	OR-un	20	3240 yds
Jane Nichols	OR-cgm	18	3060 yds
Geri Kawabata	OR-thb	12	3015 yds
Judy Ziemer	OR-coma	19	2790 yds
Pat Hunt	OR-coma	11	2580 yds
Betsy Austen	MACO	03	2420 yds
Nina Gee	OR-coma	09	2290 yds
Jeanne Magmer	OR-ncms	19	2250 yds
Bonnie Speer	OR-lhst	14	2230 yds
Judy Melcher	OR-thb	00	1970 yds
Leola Baumgarten	OR-scat	95	1965 yds

### Women's 80-84 One-Hour

Pat Hunt	OR-coma	12	2590 yds
Bonnie Speer	OR-lhst	15	2255 yds
Nina Gee	OR-coma	14	2150 yds
Jeannie Magmer	OR-ncms	20	2100 yds
Peggie Hodge	OR-coma	20	2065 yds
Leola Baumgartner	OR-scat	99	1885 yds
Doreen Morris	MACO	94	1725 yds
Hazel Bressie	MACO	89	1610 yds

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### Women's 85-89 One-Hour

Bonnie Speer	OR-lhst	19	1890 yds
Hilda Buel	OR-un	04	1000 yds

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### Women's 90-94 One-Hour

Hilda Buel	OR-un	07	1180 yds
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### Men's 18-24 One-Hour

Kevin Pearson	OR-cat	07	4400 yds
Lindon Powell	OR-coma	12	3860 yds
David Wellman	OR-coma	03	3750 yds
Andrew Mount	OR-coma	10	3625 yds
Gary Breil Jr.	MACO	93	3620 yds
Brynden Rawdin-Morris	OR-cgm	12	3175 yds

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### Men's 25-29 One-Hour

Alex Stiles	MACO	93	5585 yds
Nathan Boal	OR-cat	07	4945 yds
Mike Johnson	OR-cat	88	4740 yds
Steve Loosley	OR-uvms	83	4715 yds
Evan Shute	OR-cgm	09	4645 yds
John Berkowitz	MACO	87	4625 yds
Kevin Pearson	OR-cat	08	4595 yds
Chris Scheller	OR-thb	02	4470 yds
Brett Crandall	OR-coma	10	4425 yds
Todd Lantry	OR-rvm	04	4410 yds
Grant Aldred	OR-shc	20	4395 yds
Tom Schoenborn	OR-ea	04	4390 yds

## Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 20)

### Men's 30-34 One-Hour

Jeff Stiling	MACO	95	5550 yds
Greg Jablonski	OR-thb	99	5420 yds
Curt LaCount	OR	93	5109 yds
David Burleson	MACO	92	5130 yds
Bill Zolna	MACO	00	5140 yds
Bob Needham	Unat	83	5070 yds
Nathan Boal	OR-cat	08	5045 yds
Matt Miller	OR-rvm	12	4935 yds
Dan Schmidt	OR-ea	05	4800 yds
Lee O'Connor	OR-thb	99	4775 yds
Michael Baird	OR	90	4770 yds
Eric Askerman	OR-thb	00	4765 yds

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### Men's 50-54 One-Hour

Hardy Lussier	OR-coma	17	5515 yds
Scot Sullivan	OR-maco	19	5180 yds
Steve Johnson	OR-ea	99	5020 yds
Doug Goodman	OR-cgm	09	4925 yds
David Hathaway	OR-orm	11	4880 yds
Pat Allender	OR-cat	10	4830 yds
Kris Calvin	OR-coma	16	4750 yds
Mark Frost	OR-cgm	17	4720 yds
Gary Oliver	OR-coma	10	4675 yds
Doug Otto	OR-maco	10	4675 yds
Jim Rabe	OR-orm	11	4645 yds
Charlie Swanson	OR-ea	04	4615 yds

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### Men's 35-39 One-Hour

Doug Stewart	OR-cat	03	5365 yds
Hardy Lussier	OR-coma	04	5250 yds
Greg Jablonski	OR-thb	06	5245 yds
Tim Nelson	OR-coma	02	5230 yds
Jeff Nason	OR-cat	14	5170 yds
Dave Burleson	MACO	94	5165 yds
Matt Miller	OR-rvm	16	5115 yds
Dave Cloninger	OR-coma	07	5045 yds
Chris Roth	OR-thb	98	4970 yds
Dan Knauer	MACO	00	4950 yds
Sean O'Shea	OR-cgm	10	4925 yds
Phil King	MACO	03	4925 yds

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### Men's 55-59 One-Hour

Hardy Lussier	OR-coma	20	5105 yds
Steve Johnson	OR-ea	06	5025 yds
David Hathaway	OR-orm	18	4730 yds
Bob Bruce	OR-coma	04	4710 yds
Tom Landis	OR-coma	02	4585 yds
Jed Cronin	OR-thb	04	4525 yds
Mark Worden	OR-cat	07	4510 yds
Charlie Swanson	OR-ea	10	4490 yds
Wes Edwards	SW-lswm	12	4435 yds
Tom Phipps	OR-oct	13	4385 yds
Steve Wursta	OR-coma	20	4385 yds
Michael Stephenson	OR-cgm	09	4380 yds

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### Men's 40-44 One-Hour

Doug Stewart	OR-cat	07	5330 yds
Matt Miller	OR-soma	18&19	5260 yds
Jeff Nason	OR-cat	19	5260 yds
Hardy Lussier	OR-coma	07	5255 yds
Steve Johnson	OR-ea	93	5165 yds
Dave Burleson	MACO	99	5155 yds
Matt Gilman	OR-coma	20	5105 yds
Steven Durapau	OR	90	5085 yds
Jamie Proffitt	OR-coma	10	5040 yds
Dave Cloninger	OR-coma	10	5020 yds
Rob Higley	OR-coma	10	4975 yds
Robbert Van Andel	OR-oct	15	4905 yds

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### Men's 60-64 One-Hour

Steve Johnson	OR-ea	09	4935 yds
Tom Landis	OR-coma	07	4645 yds
Pat Allender	OR-cat	20	4645 yds
Jed Cronin	OR-thb	09	4550 yds
Bob Bruce	OR-coma	09	4535 yds
Jeffrey Piette	OR-orm	17	4505 yds
Tom Phipps	OR-oct	14	4430 yds
Robert Voll	OR-orm	18	4365 yds
Charlie Swanson	OR-ea	15	4335 yds
Don Uhlir	OR-coma	18	4315 yds
Larry Philbrick	OR-kam	15	4305 yds
Doug Brockbank	OR-coma	14	4285 yds

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### Men's 45-49 One-Hour

Hardy Lussier	OR-coma	12	5515 yds
Dennis Baker	OR-orm	11	5495 yds
Kurt Grote	OR-maco	20	5340 yds
Jeff Nason	OR-cat	20	5200 yds
Steve Johnson	OR-ea	97	5105 yds
Dave Burleson	MACO	03	5035 yds
Doug Asbury	OR-coma	08	5015 yds
David Hathaway	OR-orm	10	4985 yds
Michael Baele	OR-thb	12	4950 yds
Mark Frost	OR-cgm	15	4940 yds
Darrin Lajoie	OR-aqdk	12	4910 yds
William Noftsker	SW-lswm	12	4900 yds

### Men's 65-69 One-Hour

Tom Landis	OR-coma	08	4680 yds
Steve Johnson	OR-ea	14	4415 yds
Jed Cronin	OR-thb	14	4380 yds
Dave Radcliff	OR-thb	04	4375 yds
Bob Bruce	OR-coma	16	4365 yds
Michael Stephenson	OR-cgm	18	4185 yds
Tom Phipps	OR-oct	18	4180 yds
Doug Brockbank	OR-orm	20	4165 yds
Jim Teisher	OR-thb	17	4055 yds
Brooks Richardson	OR-coma	17	4025 yds
Kermit Yensen	OR-coma	18&19	4025 yds
Bren Hirschberg	OR-coma	12	4015 yds

## Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 20)

### Men's 70-74 One-Hour

Dan Kirkland	OR-soma	19	4710 yds
Dave Radcliff	OR-thb	07	4495 yds
Bob Bruce	OR-coma	19	4395 yds
Tom Landis	OR-coma	13	4325 yds
Steve Johnson	OR-ea	18	4115 yds
Ralph Mohr	OR-coma	13	3950 yds
Matt Henderson	OR-coma	20	3825 yds
Bren Hirschberg	OR-coma	16	3730 yds
Frank Philipps	OR-rvm	13	3670 yds
Bob Kehoe	OR-orm	17	3600 yds
Gil Young	OR-mhm	97	3540 yds
Brent Lake	OR-coma	09	3525 yds

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### Men's 75-79 One-Hour

Dave Radcliff	OR-thb	10	4520 yds
Ralph Mohr	OR-coma	17	3720 yds
Dick Wieck	OR-ea	10	3405 yds
Frank Phillips	OR-soma	19	3350 yds
George Thayer	OR-coma	12	3050 yds
John Spence	OR-coma	17	3025 yds
John Foges	OR-coma	19	3015 yds
Archibald Millis	OR-un	17	2850 yds
Peter Watson	OR-unat	11	2800 yds
Ray Allen	OR-som	02	2750 yds
Brent Lake	OR-coma	15	2730 yds
Clark Austen	MACO	03	2675 yds

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### Men's 80-84 One-Hour

Dave Radcliff	OR-thb	15	4300 yds
Barry Fasbender	OR-rvm	17	3405 yds
Dick Wieck	OR-ea	15	3170 yds
Ray Allen	OR-som	07	2550 yds
George Thayer	OR-coma	16	2545 yds
Charles Bushey	OR-un	04	2410 yds
George Weber	OR-coma	11	1945 yds
Sheridan Jones	OR-lcm	08	1090 yds

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### Men's 85-89 One-Hour

Dave Radcliff	OR-thb	19	3805 yds
Charles Bushey	OR-un	07	2355 yds

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### Men's 90-94 One-Hour

Willard Lamb	OR-orm	15	2990 yds
Charles Bushey	OR-un	12	2030 yds

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### Men's 95-99 One-Hour

Willard Lamb	OR-orm	17	2885 yds
Charles Bushey	OR-un	17	1395 yds