

## COMA Long Course Spring Meet - 6/10/2023

Results - Saturday, June 10th, 2023

**Women 18-24 800 LC Meter Freestyle**

1	Kulikowski, Allison	24	UC37		11:17.62
	37.39	1:18.40	2:00.16	2:42.56	
	3:25.52	4:08.20	4:51.50	5:34.67	
	6:18.01	7:00.97	7:44.33	8:27.37	
	8:52.92	9:53.79	9:55.91	11:17.62	

**Women 18-24 100 LC Meter Backstroke**

1	Kulikowski, Allison	24	UC37		1:20.95
	39.04	1:20.95			

**Women 18-24 50 LC Meter Breaststroke**

1	Kulikowski, Allison	24	UC37		43.72
---	---------------------	----	------	--	-------

**Women 25-29 50 LC Meter Freestyle**

1	Balsbough, Briana M	27	Oregon-37		30.12
2	Pound, Hallie H	27	Puget Sound-36		31.87

**Women 25-29 100 LC Meter Freestyle**

1	Pound, Hallie H	27	Puget Sound-36		1:08.06
	33.07	1:08.06			

**Women 25-29 200 LC Meter Freestyle**

1	Pound, Hallie H	27	Puget Sound-36		2:34.23
	34.79	1:13.71	1:53.47	2:34.23	

**Women 25-29 400 LC Meter Freestyle**

1	Pound, Hallie H	27	Puget Sound-36		5:29.24
	37.01	1:17.72	1:59.40	2:41.67	
	3:23.96	4:06.32	4:48.30	5:29.24	

**Women 25-29 800 LC Meter Freestyle**

1	Pound, Hallie H	27	Puget Sound-36		11:16.62
	36.74	1:17.07	1:58.64	2:40.81	
	3:23.55	4:06.11	4:49.45	5:32.81	
	6:16.36	6:59.55	7:42.66	8:25.85	
	9:09.58	9:52.14	10:35.47	11:16.62	

**Women 25-29 50 LC Meter Backstroke**

1	Balsbough, Briana M	27	Oregon-37		34.95
---	---------------------	----	-----------	--	-------

**Women 25-29 50 LC Meter Breaststroke**

1	Balsbough, Briana M	27	Oregon-37		38.00
---	---------------------	----	-----------	--	-------

**Women 25-29 50 LC Meter Butterfly**

1	Balsbough, Briana M	27	Oregon-37		33.03
---	---------------------	----	-----------	--	-------

**Women 30-34 50 LC Meter Freestyle**

1	Kosciusko, Caroline	33	Oregon-37		30.08
---	---------------------	----	-----------	--	-------

**Women 30-34 100 LC Meter Freestyle**

1	Guliasi, Leah	31	Oregon-37		1:36.67
	44.00	1:36.67			

**Women 30-34 400 LC Meter Freestyle**

1	Bernhardt, Carolyn	32	Oregon-37		5:39.62
	37.62	1:18.67	2:01.45	2:44.41	
	3:28.40	4:12.23	4:57.58	5:39.62	

**Women 30-34 800 LC Meter Freestyle**

1	Bernhardt, Carolyn	32	Oregon-37		11:44.08
	37.07	1:19.36	2:02.44	2:46.74	
	3:30.81	4:15.89	5:00.68	5:46.58	
	6:31.45	7:17.66	8:02.39	8:48.19	
	9:32.74	10:18.13	11:01.97	11:44.08	

**Women 30-34 50 LC Meter Backstroke**

1	Bernhardt, Carolyn	32	Oregon-37		35.64
2	Kosciusko, Caroline	33	Oregon-37		36.36

**Women 30-34 100 LC Meter Backstroke**

1	Guliasi, Leah	31	Oregon-37		1:56.18
	56.31	1:56.18			

**Women 30-34 200 LC Meter Backstroke**

1	Bernhardt, Carolyn	32	Oregon-37		2:54.13
	40.52	1:24.72	2:09.86	2:54.13	

**Women 30-34 50 LC Meter Breaststroke**

1	Kosciusko, Caroline	33	Oregon-37		39.84
---	---------------------	----	-----------	--	-------

**Women 30-34 100 LC Meter Breaststroke**

1	Guliasi, Leah	31	Oregon-37		1:54.95
	54.64	1:54.95			

**Women 30-34 50 LC Meter Butterfly**

1	Kosciusko, Caroline	33	Oregon-37		33.69
---	---------------------	----	-----------	--	-------

**Women 30-34 100 LC Meter Butterfly**

1	Guliasi, Leah	31	Oregon-37		1:56.10
---	---------------	----	-----------	--	---------

**Women 30-34 200 LC Meter IM**

1	Kosciusko, Caroline	33	Oregon-37		2:56.07
	35.70	1:23.68	2:13.51	2:56.07	
2	Guliasi, Leah	31	Oregon-37		3:52.84
	53.12	1:55.70	3:52.84		

**Women 35-39 50 LC Meter Freestyle**

1	Sise, Victoria	37	Oregon-37		34.40
---	----------------	----	-----------	--	-------

**Women 35-39 100 LC Meter Freestyle**

1	Sise, Victoria	37	Oregon-37		1:15.82
	34.76	1:15.82			

**Women 35-39 400 LC Meter Freestyle**

1	Ogawa, Grace	36	Oregon-37		6:25.13
	44.15	1:32.99	2:22.71	3:11.47	
	4:00.72	4:49.00	5:39.05	6:25.13	

**Women 35-39 200 LC Meter Breaststroke**

1	Ogawa, Grace	36	Oregon-37		3:46.43
	52.58	1:50.40	2:49.74	3:46.43	

**Women 35-39 200 LC Meter Butterfly**

1	Ogawa, Grace	36	Oregon-37		3:41.31
	49.46	1:44.22	2:43.75	3:41.31	

**Women 35-39 200 LC Meter IM**

1	Ogawa, Grace	36	Oregon-37		3:25.04
	49.85	1:44.12	2:39.31	3:25.04	

## COMA Long Course Spring Meet - 6/10/2023

## Results - Saturday, June 10th, 2023

**Women 35-39 400 LC Meter IM**

1	Ogawa, Grace	36	Oregon-37	7:13.12
	50.81	1:48.22	2:44.43	3:39.45
	4:36.22	5:34.80	6:25.56	7:13.12

**Women 40-44 200 LC Meter Freestyle**

1	Householder, Stephanie J	44	Oregon-37	3:18.73
	45.14	1:34.19	3:18.73	

**Women 40-44 800 LC Meter Freestyle**

1	Householder, Stephanie J	44	Oregon-37	14:34.99
	48.77	1:40.01	2:34.69	3:27.98
	4:23.79	5:19.27	6:17.10	7:12.62
	8:09.66	9:05.03	10:01.52	10:55.70
	11:52.28	12:48.92	13:43.63	14:34.99

**Women 40-44 100 LC Meter Backstroke**

1	Householder, Stephanie J	44	Oregon-37	1:47.12
	48.74	1:47.12		

**Women 40-44 200 LC Meter Backstroke**

1	Householder, Stephanie J	44	Oregon-37	3:54.74
	52.34	1:52.09	2:54.93	3:54.74

**Women 45-49 50 LC Meter Freestyle**

1	Giebelhaus, Kelly	47	Oregon-37	31.02
---	-------------------	----	-----------	-------

**Women 45-49 100 LC Meter Freestyle**

1	Giebelhaus, Kelly	47	Oregon-37	1:07.91
2	Buss, Heather N	47	Oregon-37	1:23.82
	40.29	1:23.82		

**Women 45-49 200 LC Meter Freestyle**

1	Buss, Heather N	47	Oregon-37	3:06.31
	41.80	1:29.19	2:16.97	3:06.31

**Women 45-49 400 LC Meter Freestyle**

---	Buss, Heather N	47	Oregon-37	DQ
	44.49	1:33.22	2:06.67	3:14.74
	3:57.84	4:58.78	5:42.16	

**Women 45-49 800 LC Meter Freestyle**

1	Kiefer, Stacey L	45	Oregon-37	11:19.25
	37.24	1:20.46	2:04.43	2:48.14
	3:31.56	4:14.78	4:57.89	5:41.22
	6:23.82	7:06.43	7:49.22	8:31.93
	9:14.60	9:56.80	10:38.99	11:19.25

**Women 45-49 50 LC Meter Backstroke**

1	Giebelhaus, Kelly	47	Oregon-37	38.59
---	-------------------	----	-----------	-------

**Women 45-49 100 LC Meter Backstroke**

1	Giebelhaus, Kelly	47	Oregon-37	1:25.98
	42.00	1:25.98		

**Women 45-49 50 LC Meter Butterfly**

1	Buss, Heather N	47	Oregon-37	44.48
---	-----------------	----	-----------	-------

**Women 50-54 50 LC Meter Butterfly**

1	Morgen, Cheryl	54	Oregon-37	34.04
---	----------------	----	-----------	-------

**Women 50-54 100 LC Meter Butterfly**

1	Morgen, Cheryl	54	Oregon-37	1:23.09
	38.20	1:23.09		

**Women 55-59 800 LC Meter Freestyle**

1	Tyrrell, Laura	56	Oregon-37	12:52.36
	3:58.35	4:49.28	5:40.21	6:26.56
	7:13.12	8:04.27	8:54.46	9:42.55
	10:31.11	11:18.62	12:06.95	12:52.36

**Women 55-59 100 LC Meter Breaststroke**

1	Tyrrell, Laura	56	Oregon-37	1:46.87
	51.74	1:46.87		

**Women 65-69 100 LC Meter Freestyle**

1	White, Susan	68	Oregon-37	1:53.19
---	--------------	----	-----------	---------

**Women 65-69 400 LC Meter Freestyle**

1	White, Susan	68	Oregon-37	7:54.41
	1:53.05	3:54.13		
	5:54.89	7:54.41		

**Women 65-69 50 LC Meter Backstroke**

1	White, Susan	68	Oregon-37	1:02.34
---	--------------	----	-----------	---------

**Women 65-69 100 LC Meter Breaststroke**

1	White, Susan	68	Oregon-37	2:32.41
---	--------------	----	-----------	---------

**Women 75-79 50 LC Meter Freestyle**

1	Gettling, Janet	75	Oregon-37	38.31
---	-----------------	----	-----------	-------

**Women 75-79 400 LC Meter Freestyle**

1	Gettling, Janet	75	Oregon-37	7:04.55
	1:40.32	2:36.21	3:29.92	
	5:17.65	7:04.55		

**Women 75-79 800 LC Meter Freestyle**

1	Ziemer, Judy	79	Oregon-37	19:29.98
	1:03.74	2:14.09	3:26.15	4:39.53
	5:52.10	7:07.29	8:22.50	9:38.15
	10:51.27	12:05.31	13:22.00	14:37.21
	15:51.23	17:06.60	18:20.67	19:29.98

**Women 75-79 50 LC Meter Backstroke**

1	Gettling, Janet	75	Oregon-37	48.21
---	-----------------	----	-----------	-------

**Women 75-79 100 LC Meter Butterfly**

1	Gettling, Janet	75	Oregon-37	1:53.27
	52.57	1:53.27		

**Women 80-84 100 LC Meter Freestyle**

1	Ward, Joy	81	Oregon-37	1:44.36
	49.30	1:44.36		

**Women 80-84 100 LC Meter Breaststroke**

1	Ward, Joy	81	Oregon-37	2:19.25
	1:06.88	2:19.25		

**Women 80-84 50 LC Meter Butterfly**

1	Ward, Joy	81	Oregon-37	56.99
---	-----------	----	-----------	-------

**Men 18-24 50 LC Meter Freestyle**

1	Su, Rosabel	24	Oregon-37	30.03
---	-------------	----	-----------	-------

**Men 18-24 100 LC Meter Freestyle**

1	Su, Rosabel	24	Oregon-37	1:07.37
	31.63	1:07.37		

## COMA Long Course Spring Meet - 6/10/2023

Results - Saturday, June 10th, 2023

**Men 18-24 50 LC Meter Butterfly**

1 Su, Rosabel 24 Oregon-37 33.77

**Men 25-29 50 LC Meter Freestyle**

1 Williams, Greg 29 UC59 28.89

**Men 25-29 100 LC Meter Freestyle**

1 Edwards, Evan 25 Oregon-37 1:03.33

31.10 1:03.33

2 Williams, Greg 29 UC59 1:04.46

29.40 1:04.46

**Men 25-29 200 LC Meter Freestyle**

1 Edwards, Evan 25 Oregon-37 2:21.36

34.43 1:11.30 1:47.31 2:21.36

**Men 25-29 800 LC Meter Freestyle**

1 Edwards, Evan 25 Oregon-37 10:02.57

36.43 1:14.65 1:53.57 2:31.68

3:10.16 3:48.07 4:26.33 5:04.40

5:42.21 6:19.79 6:57.51 7:35.04

8:12.62 8:49.88 9:26.95 10:02.57

2 Jerin, Thomas 29 UC37 12:50.47

36.60 1:19.59 2:04.55 2:50.74

3:38.85 4:28.03 5:17.68 6:09.10

6:59.80 7:51.78 8:29.13 9:33.08

10:19.16 11:11.74 12:01.46 12:50.47

**Men 25-29 200 LC Meter Backstroke**

1 Jerin, Thomas 29 UC37 3:01.18

1:26.83 3:01.18

**Men 25-29 100 LC Meter Breaststroke**

1 Jerin, Thomas 29 UC37 1:30.48

41.79 1:30.48

**Men 25-29 200 LC Meter Breaststroke**

1 Jerin, Thomas 29 UC37 3:23.69

1:36.14 3:23.69

**Men 25-29 200 LC Meter IM**

--- Jerin, Thomas 29 UC37 DQ

1:21.49

**Men 25-29 400 LC Meter IM**

1 Jerin, Thomas 29 UC37 6:35.67

38.61 1:25.12 2:17.07 3:08.90

4:03.02 4:57.72 5:46.16 6:35.67

**Men 30-34 50 LC Meter Freestyle**

1 Morrell, Nicolas 31 Oregon-37 26.86

2 Hedine, Samuel E 33 Oregon-37 34.04

**Men 30-34 100 LC Meter Freestyle**

1 Hedine, Samuel E 33 Oregon-37 1:14.52

34.39 1:14.52

**Men 30-34 50 LC Meter Backstroke**

1 Morrell, Nicolas 31 Oregon-37 30.18

**Men 30-34 50 LC Meter Breaststroke**

1 Morrell, Nicolas 31 Oregon-37 37.25

**Men 30-34 100 LC Meter Breaststroke**

1 Hedine, Samuel E 33 Oregon-37 1:48.47

49.70 1:48.47

**Men 30-34 50 LC Meter Butterfly**

1 Morrell, Nicolas 31 Oregon-37 28.36

**Men 30-34 200 LC Meter IM**

1 Morrell, Nicolas 31 Oregon-37 2:30.20

30.25 1:11.13 1:55.98 2:30.20

**Men 35-39 100 LC Meter Freestyle**

1 Glenn, Kevin 37 Oregon-37 1:01.02

29.28 1:01.02

**Men 35-39 800 LC Meter Freestyle**

1 Glenn, Kevin 37 Oregon-37 10:47.09

35.76 1:15.25 1:56.68 2:37.90

3:19.66 4:00.94 4:43.22 5:25.59

6:07.46 6:48.74 7:29.70 8:11.13

8:51.33 9:32.12 10:11.37 10:47.09

**Men 35-39 100 LC Meter Backstroke**

1 Glenn, Kevin 37 Oregon-37 1:12.25

35.87 1:12.25

**Men 35-39 200 LC Meter IM**

1 Glenn, Kevin 37 Oregon-37 2:36.50

1:12.11 2:01.77 2:36.50

**Men 40-44 50 LC Meter Freestyle**

1 Deguara, Mikiel 40 Oregon-37 30.53

2 Richardson, Michael 43 Oregon-37 31.17

**Men 40-44 50 LC Meter Backstroke**

1 Deguara, Mikiel 40 Oregon-37 39.63

2 Richardson, Michael 43 Oregon-37 40.37

**Men 40-44 50 LC Meter Breaststroke**

1 Deguara, Mikiel 40 Oregon-37 39.93

2 Richardson, Michael 43 Oregon-37 40.85

**Men 40-44 50 LC Meter Butterfly**

1 Deguara, Mikiel 40 Oregon-37 33.01

2 Richardson, Michael 43 Oregon-37 34.24

**Men 40-44 200 LC Meter IM**

1 Richardson, Michael 43 Oregon-37 3:10.15

39.88 1:30.79 2:27.11 3:10.15

2 Deguara, Mikiel 40 Oregon-37 3:18.11

34.49 1:31.46 2:28.38 3:18.11

**Men 45-49 50 LC Meter Breaststroke**

1 Holden, Blake 47 New Albany-17 32.00

**Men 45-49 200 LC Meter Breaststroke**

1 Holden, Blake 47 New Albany-17 2:33.78

34.75 1:13.90 1:53.72 2:33.78

**Men 55-59 50 LC Meter Freestyle**

1 Power, Michael 55 Santa Barbara-33 27.90

**Men 55-59 100 LC Meter Freestyle**

1 Wursta, Steve 58 Oregon-37 1:18.46

37.31 1:18.46

## COMA Long Course Spring Meet - 6/10/2023

Results - Saturday, June 10th, 2023

**Men 55-59 200 LC Meter Freestyle**

1	Power, Michael	55	Santa Barbara-33	2:21.26
	33.98	1:10.52	1:47.38	2:21.26

**Men 55-59 400 LC Meter Freestyle**

1	Wursta, Steve	58	Oregon-37	6:17.00
	41.95	1:28.03	2:15.39	3:04.07
	3:52.77	4:41.67	5:30.57	6:17.00

**Men 55-59 50 LC Meter Backstroke**

1	Sullivan, Scot	57	Oregon-37	33.45
2	Power, Michael	55	Santa Barbara-33	35.35

**Men 55-59 100 LC Meter Backstroke**

1	Sullivan, Scot	57	Oregon-37	1:13.01
	35.85	1:13.01		
2	Wursta, Steve	58	Oregon-37	1:38.40
	48.08	1:38.40		

**Men 55-59 100 LC Meter Breaststroke**

1	Wursta, Steve	58	Oregon-37	1:39.11
---	---------------	----	-----------	---------

**Men 55-59 50 LC Meter Butterfly**

1	Power, Michael	55	Santa Barbara-33	32.10
---	----------------	----	------------------	-------

**Men 55-59 200 LC Meter IM**

1	Sullivan, Scot	57	Oregon-37	2:40.64
	34.55	1:15.15	2:04.70	2:40.64
2	Wursta, Steve	58	Oregon-37	3:24.54
	46.01	1:42.43	2:40.11	3:24.54

**Men 60-64 50 LC Meter Backstroke**

1	Karlsen, Kjell	61	Oregon-37	37.06
---	----------------	----	-----------	-------

**Men 60-64 50 LC Meter Breaststroke**

1	Howell, Richard K	64	Oregon-37	38.99
---	-------------------	----	-----------	-------

**Men 60-64 200 LC Meter Butterfly**

1	Howell, Richard K	64	Oregon-37	3:20.14
	45.98	1:37.09	2:27.26	3:20.14

**Men 60-64 200 LC Meter IM**

1	Karlsen, Kjell	61	Oregon-37	2:59.06
	35.88	1:24.70	2:16.48	2:59.06

**Men 60-64 400 LC Meter IM**

1	Howell, Richard K	64	Oregon-37	7:06.40
		1:47.70		3:48.65
	4:42.89	5:35.37	7:06.40	

**Men 65-69 50 LC Meter Freestyle**

1	Weyhrauch, Tom	66	Puget Sound-36	40.96
---	----------------	----	----------------	-------

**Men 65-69 100 LC Meter Freestyle**

1	Weyhrauch, Tom	66	Puget Sound-36	1:31.72
---	----------------	----	----------------	---------

**Men 65-69 200 LC Meter Freestyle**

1	Weyhrauch, Tom	66	Puget Sound-36	3:31.18
---	----------------	----	----------------	---------

**Men 65-69 400 LC Meter Freestyle**

1	Weyhrauch, Tom	66	Puget Sound-36	7:46.50
		1:48.12	2:47.84	3:46.97
		5:48.91	6:49.26	7:46.50

**Men 70-74 50 LC Meter Freestyle**

1	Tennant, Mike	70	Oregon-37	31.31
---	---------------	----	-----------	-------

**Men 70-74 400 LC Meter Freestyle**

1	Henderson, Matt	74	Oregon-37	7:01.46
	46.21	1:36.26	2:31.55	3:25.27
	4:19.75	5:13.62	6:09.12	7:01.46

**Men 70-74 800 LC Meter Freestyle**

1	Henderson, Matt	74	Oregon-37	14:18.63
	50.49	1:41.76	2:35.39	3:28.52
	4:23.56	5:16.35	6:05.43	7:05.29
	8:00.25	8:54.36	9:49.66	10:42.91
	11:38.19	12:31.83	13:21.40	14:18.63
2	Yensen, Kermit	70	Oregon-37	14:31.27
	47.90	1:38.66	2:30.90	3:24.16
	4:17.70	5:11.70	6:06.12	7:01.04
	7:55.32	8:50.59	9:46.57	10:44.54
	11:45.14	12:41.07	13:36.88	14:31.27

**Men 70-74 200 LC Meter Backstroke**

1	Yensen, Kermit	70	Oregon-37	3:29.18
	49.91	1:43.34	2:37.75	3:29.18

**Men 70-74 50 LC Meter Breaststroke**

1	Tennant, Mike	70	Oregon-37	40.43
2	Mc Gregor, Cary	73	Oregon-37	1:00.17

**Men 70-74 50 LC Meter Butterfly**

1	Tennant, Mike	70	Oregon-37	39.69
2	Mc Gregor, Cary	73	Oregon-37	55.37

**Men 70-74 200 LC Meter IM**

1	Yensen, Kermit	70	Oregon-37	3:34.42
	49.99	1:44.05	2:47.08	3:34.42

**Men 75-79 50 LC Meter Freestyle**

1	Bruce, Bob A	75	Oregon-37	32.58
---	--------------	----	-----------	-------

**Men 75-79 400 LC Meter Freestyle**

1	Kirkland, Dan	75	Oregon-37	5:34.44
	37.80	1:19.37	2:01.72	2:44.66
	3:27.79	4:10.75	4:53.35	5:34.44
2	Bruce, Bob A	75	Oregon-37	6:06.93
	41.21	1:26.97	2:14.07	3:01.40
	3:49.02	4:35.64	5:22.44	6:06.93

**Men 75-79 800 LC Meter Freestyle**

1	Kirkland, Dan	75	Oregon-37	11:18.94
	38.60	1:19.90	2:01.56	2:43.78
	3:26.20	4:08.66	4:51.47	5:34.28
	6:17.42	7:00.63	7:44.12	8:27.29
	9:11.27	9:54.38	10:38.35	11:18.94

**Men 75-79 50 LC Meter Backstroke**

1	Bruce, Bob A	75	Oregon-37	40.67
2	Spencer, Rick R	75	Puget Sound-36	44.29

**Men 75-79 100 LC Meter Backstroke**

1	Kirkland, Dan	75	Oregon-37	1:24.85
	41.73	1:24.85		
2	Spencer, Rick R	75	Puget Sound-36	1:36.00

**COMA Long Course Spring Meet - 6/10/2023****Results - Saturday, June 10th, 2023****Men 75-79 200 LC Meter Backstroke**

1	Kirkland, Dan	75	Oregon-37	3:02.92
	43.44	1:29.75	2:17.06	3:02.92
2	Spencer, Rick R	75	Puget Sound-36	3:25.99
	48.41		2:34.86	3:25.99

**Men 75-79 50 LC Meter Breaststroke**

1	Bruce, Bob A	75	Oregon-37	46.34
---	--------------	----	-----------	-------

**Men 75-79 50 LC Meter Butterfly**

1	Bruce, Bob A	75	Oregon-37	39.66
---	--------------	----	-----------	-------

**Men 75-79 200 LC Meter IM**

1	Bruce, Bob A	75	Oregon-37	3:17.97	
			1:40.89	2:37.88	3:17.97

**Men 80-84 50 LC Meter Freestyle**

1	Rudolph, Roger	80	Oregon-37	50.18
---	----------------	----	-----------	-------

**Men 80-84 100 LC Meter Freestyle**

1	Rudolph, Roger	80	Oregon-37	1:50.92
	51.04		1:50.92	

**Men 80-84 50 LC Meter Butterfly**

1	Noxon, Arthur	80	Oregon-37	1:28.08
---	---------------	----	-----------	---------