

Oregon LCM Pentathlon Records -- as of 11/04/2018

400 METERS SPRINT - MEN			AGE GROUP	400 METERS SPRINT - WOMEN		
		open	18-24	Melody Hendrix	6/6/15	7:20.30
4:58.46	6/12/11	Kevin Pearson	25-29	open		
		open	30-34	Arienne Benedetto	6/6/15	5:42.12
4:51.70	5/12/12	Rich Arvizo	35-39	Amy Marsh	5/12/12	5:28.95
4:53.19	5/12/12	Michael Servant	40-44	Tammy Fischer	5/16/15	6:18.10
6:12.99	6/6/15	Scott Ferguson	45-49	Shirlene Gonzalez	5/14/16	6:52.13
4:56.14	6/12/11	David Hathaway	50-54	Lori Lamoureux	6/12/11	6:14.78
5:02.63	6/6/15	David Hathaway	55-59	Ann Kastberg	6/12/11	6:35.13
5:10.36	6/6/15	Mike Tennant	60-64	Janet Gettling	5/12/12	6:33.79
		open	65-69	Joy Ward	6/12/11	6:48.64
		open	70-74	Ginger Pierson	11/3/18	7:45.77
7:39.52	6/12/11	George Thayer	75-79	open		
		open	80-84	open		
		open	85-89	open		
		open	90-94	open		
		open	95-99	open		

600 METERS MID DISTANCE - MEN			AGE GROUP	600 METERS MID DISTANCE - WOMEN		
		open	18-24	open		
		open	25-29	Jessica Hudec	5/12/12	10:54.31
		open	30-34	Evelyn Prior	6/12/11	9:29.72
7:58.62	5/12/12	Todd Lantry	35-39	Stephanie Elwonger	6/6/15	8:31.47
7:51.71	6/12/11	Scott Whitlow	40-44	Stacey Kiefer	5/19/18	8:39.36
7:38.15	6/6/15	Matthew Roth	45-49	open		
7:46.45	5/12/12	David Hathaway	50-54	open		
8:20.46	6/12/11	Wes Edwards	55-59	open		
8:58.64	6/6/15	Kermit Yensen	60-64	open		
		open	65-69	Joan Delgado	6/12/11	12:19.42
		open	70-74	Ginger Pierson	5/14/16	12:02.37
		open	75-79	open		
		open	80-84	open		
		open	85-89	open		
		open	90-94	open		
		open	95-99	open		

1200 METERS LONG DISTANCE - MEN			AGE GROUP	1200 METERS LONG DISTANCE - WOMEN		
		open	18-24	open		
		open	25-29	open		
		open	30-34	open		
17:32.53	5/14/16	Matt Miller	35-39	Anicia Criscione	6/12/11	19:53.92
17:35.27	5/19/18	Matt Miller	40-44	open		
		open	45-49	open		
19:24.60	6/12/11	Lou Boone	50-54	open		
16:55.13	6/6/15	Patrick Allender	55-59	Elke Asleson	6/12/11	25:03.23
		open	60-64	Colette Crabbe	5/19/18	18:18.84
		open	65-69	open		
		open	70-74	open		
		open	75-79	open		
		open	80-84	open		
		open	85-89	open		
		open	90-94	open		
		open	95-99	open		