



*Produced by  
Oregon Masters Swimming, Inc.  
April, 2016*



# ***Awards Social***

*2015 Swimming Achievements  
of Oregon Masters Swimmers*

*April 9, 2016*



Place	Age Group	Event	Name	Age	Club	Time
10	M60-64	50 Free	Mike J Tennant	62	OREG	28.27
2	M65-69	50 Breast	Allen L Stark	66	OREG	35.99
2	M65-69	100 Breast	Allen L Stark	66	OREG	1:21.75
2	M65-69	200 Breast	Allen L Stark	66	OREG	3:00.21
6	M70-74	50 Back	Robert S Smith	72	OREG	39.97
8	M70-74	100 Back	Robert S Smith	72	OREG	1:37.34
4	M75-79	50 Back	Chris L Hiatt	75	OREG	41.04
2	M75-79	100 Back	Chris L Hiatt	75	OREG	1:29.70
1	M75-79	200 Back	Chris L Hiatt	75	OREG	3:14.60
9	M75-79	50 Breast	David J Keudell	75	OREG	49.77
6	M75-79	100 Breast	David J Keudell	75	OREG	1:52.23
2	M75-79	200 Breast	David J Keudell	75	OREG	4:04.74
4	M75-79	50 Fly	Chris L Hiatt	75	OREG	43.03
2	M80-84	50 Free	David A Radcliff	81	OREG	34.09
1	M80-84	400 Free	David A Radcliff	81	OREG	5:45.21
1	M80-84	800 Free	David A Radcliff	81	OREG	12:24.24
1	M80-84	1500 Free	David A Radcliff	81	OREG	22:43.02
1	M90-94	50 Free	Willard J Lamb	93	OREG	43.50
1	M90-94	100 Free	Willard J Lamb	93	OREG	1:47.51
1	M90-94	200 Free	Willard J Lamb	93	OREG	3:57.02
1	M90-94	400 Free	Willard J Lamb	93	OREG	8:23.47
1	M90-94	800 Free	Willard J Lamb	93	OREG	16:49.20
1	M90-94	50 Back	Willard J Lamb	93	OREG	55.35
1	M90-94	100 Back	Willard J Lamb	93	OREG	2:07.51
1	M90-94	200 Back	Willard J Lamb	93	OREG	4:26.84

### LCM Relays

Place	Age Group	Event	Club	Time	Swimmers (Age)
9	W120-159	200 Medley	OREG	2:40.80	Carolyn C Stevenson (32) Teresa M Anderson (40) Tammy L Fischer (40) Emilia Bishop (32)
3	W200-239	800 Free	OREG	11:45.91	Colette M Crabbe (59) Christina M Fox (55) Jeanna Summers (61) Bonnie B Edwards (43)
2	X120-159	800 Free	OREG	9:42.44	Sonja Skinner (39) Kevin H Cleary (32) Emily R Melina (35) Matt Miller (38)

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# National Placing for OMS



## Spring SCY Nationals – San Antonio, TX

April 23-26, 2015

Combined (Male/Female) Team Scores for Regional Clubs

Oregon..... 8<sup>th</sup> of 21  
21 swimmers; 388 points



## Summer LCM Nationals - Cleveland, OH

August 6-9, 2015

Combined (Male/Female) Team Scores for Regional Clubs

Oregon ..... 12<sup>th</sup> of 20  
5 swimmers; 87 points



## Long Distance Postal Events

Combined (Male/Female) Team Scores for Regional Clubs

Oregon  
1-Hour Postal\* ..... 2<sup>nd</sup>  
3000 Yard Postal..... 3<sup>rd</sup>  
6000 Yard Postal..... 1<sup>st</sup>  
5K Postal..... 2<sup>nd</sup>  
10K Postal ..... 1<sup>st</sup>

\*Extra-Large Club Category

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
2	W65-69	100 Breast	Janet Gettling	67	OREG	1:42.67
3	W65-69	200 Breast	Janet Gettling	67	OREG	3:47.70
6	W65-69	50 Fly	Janet Gettling	67	OREG	41.18
7	W65-69	100 Fly	Janet Gettling	67	OREG	1:40.77
4	W65-69	200 Fly	Janet Gettling	67	OREG	3:50.77
8	W65-69	200 IM	Janet Gettling	67	OREG	3:31.28
5	W65-69	400 IM	Janet Gettling	67	OREG	7:35.28
7	W70-74	50 Free	Sue C Calnek-Morris	72	OREG	39.98
5	W70-74	100 Free	Sue C Calnek-Morris	72	OREG	1:31.06
4	W70-74	200 Free	Sue C Calnek-Morris	72	OREG	3:24.87
6	W70-74	200 Free	Alice J Zabudsky	70	OREG	3:28.98
4	W70-74	400 Free	Sue C Calnek-Morris	72	OREG	6:59.54
2	W70-74	800 Free	Sue C Calnek-Morris	72	OREG	14:09.18
1	W70-74	1500 Free	Sue C Calnek-Morris	72	OREG	26:38.65
2	W70-74	50 Fly	Alice J Zabudsky	70	OREG	48.26
4	W80-84	50 Free	Geraldine L Kawabata	81	OREG	54.27
2	W80-84	100 Free	Geraldine L Kawabata	81	OREG	2:01.35
4	W80-84	200 Free	Geraldine L Kawabata	81	OREG	4:22.89
2	W80-84	400 Free	Geraldine L Kawabata	81	OREG	8:59.60
1	W80-84	800 Free	Geraldine L Kawabata	81	OREG	18:14.06
2	W80-84	1500 Free	Geraldine L Kawabata	81	OREG	34:53.38
4	W80-84	50 Back	Geraldine L Kawabata	81	OREG	1:08.99
2	W80-84	100 Back	Geraldine L Kawabata	81	OREG	2:29.90
5	W80-84	50 Fly	Geraldine L Kawabata	81	OREG	1:19.40
9	M25-29	800 Free	Nick Wood	27	OREG	11:27.80
8	M25-29	1500 Free	Nick Wood	27	OREG	21:28.50
9	M25-29	400 IM	Nick Wood	27	OREG	6:06.16
10	M30-34	200 Breast	Kevin H Cleary	32	OREG	3:14.15
9	M30-34	200 Fly	Kevin H Cleary	32	OREG	2:40.77
10	M35-39	400 Free	Matt Miller	38	OREG	4:49.70
5	M35-39	800 Free	Matt Miller	38	OREG	10:01.23
7	M35-39	1500 Free	Matt Miller	38	OREG	19:14.15
10	M35-39	1500 Free	Christopher Bagg	36	NIKE	20:25.42
10	M35-39	50 Back	David M Garcia	39	NIKE	33.41
10	M35-39	100 Back	Chris L Fantz	38	OREG	1:15.28
6	M35-39	400 IM	Matt Miller	38	OREG	5:42.00
10	M40-44	800 Free	Robbert Van Andel	41	OREG	10:36.01
7	M45-49	200 Free	Scot A Sullivan	49	OREG	2:11.41
7	M45-49	400 Free	Scot A Sullivan	49	OREG	4:41.47
7	M45-49	800 Free	Scot A Sullivan	49	OREG	9:43.46
10	M45-49	200 Back	Scot A Sullivan	49	OREG	2:37.62
9	M45-49	50 Breast	Bill Clydesdale	48	OREG	34.40
8	M45-49	100 Breast	Bill Clydesdale	48	OREG	1:18.49
6	M55-59	200 Breast	Patrick Allender	57	OREG	2:53.61
9	M55-59	200 Fly	Patrick Allender	57	OREG	2:55.09
7	M55-59	400 IM	Patrick Allender	57	OREG	5:47.02
10	M55-59	400 IM	David Hathaway	55	OREG	5:53.80

## Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
4	W18-24	800 Free	Brooke A Miller	21	UC37	11:09.87
10	W18-24	100 Back	Brooke A Miller	21	UC37	1:22.74
8	W18-24	200 Back	Brooke A Miller	21	UC37	2:53.61
9	W30-34	50 Back	Carolyn C Stevenson	32	OREG	35.19
9	W30-34	200 Back	Carolyn C Stevenson	32	OREG	2:50.12
6	W30-34	50 Breast	Aubree M Gustafson	34	OREG	41.83
9	W30-34	200 Breast	Aubree M Gustafson	34	OREG	3:26.72
9	W35-39	200 Free	Emily R Melina	35	OREG	2:26.06
6	W35-39	400 Free	Emily R Melina	35	OREG	5:06.93
5	W35-39	800 Free	Emily R Melina	35	OREG	10:33.41
6	W35-39	50 Breast	Brianna E Showell	36	NIKE	39.11
6	W35-39	100 Breast	Sonja Skinner	39	OREG	1:27.66
7	W35-39	200 Breast	Sonja Skinner	39	OREG	3:13.65
9	W35-39	200 Breast	Rebecca Ducore	35	OREG	3:34.17
6	W35-39	50 Fly	Sonja Skinner	39	OREG	31.21
5	W35-39	100 Fly	Sonja Skinner	39	OREG	1:12.06
10	W35-39	100 Fly	Stephanie L Elwonger	37	OREG	1:20.48
4	W35-39	200 IM	Brianna E Showell	36	NIKE	2:45.92
7	W35-39	200 IM	Sonja Skinner	39	OREG	2:47.67
8	W40-44	800 Free	Bonnie B Edwards	43	OREG	11:47.98
7	W40-44	1500 Free	Bonnie B Edwards	43	OREG	22:23.78
7	W40-44	100 Back	Jennifer S Butcher	43	OREG	1:28.88
10	W40-44	200 Back	Jennifer S Butcher	43	OREG	3:15.35
6	W45-49	50 Free	Jill M Asch	49	OREG	30.10
9	W45-49	50 Back	Jill M Asch	49	OREG	35.85
5	W45-49	50 Fly	Jill M Asch	49	OREG	32.90
9	W45-49	50 Fly	Cheryl A Morgen	46	OREG	34.94
4	W50-54	50 Fly	Arlene Delmage	53	OREG	32.94
1	W50-54	100 Fly	Arlene Delmage	53	OREG	1:14.30
1	W50-54	200 Fly	Arlene Delmage	53	OREG	2:47.76
6	W50-54	400 IM	Arlene Delmage	53	OREG	6:13.65
10	W55-59	200 Free	Colette M Crabbe	59	OREG	2:37.00
6	W55-59	400 Free	Mary Sweat	58	OREG	5:27.17
9	W55-59	400 Free	Colette M Crabbe	59	OREG	5:29.54
4	W55-59	800 Free	Mary Sweat	58	OREG	10:58.18
1	W55-59	1500 Free	Mary Sweat	58	OREG	20:37.27
3	W55-59	1500 Free	Colette M Crabbe	59	OREG	21:21.34
2	W55-59	50 Back	Karen Andrus-Hughes	58	OREG	35.98
4	W55-59	100 Back	Karen Andrus-Hughes	58	OREG	1:20.23
4	W55-59	200 Back	Colette M Crabbe	59	OREG	2:57.88
6	W55-59	200 Back	Karen Andrus-Hughes	58	OREG	2:59.18
2	W55-59	200 Fly	Colette M Crabbe	59	OREG	2:57.24
9	W60-64	1500 Free	Jeanna Summers	61	OREG	24:24.52
9	W60-64	100 Back	Jeanna Summers	61	OREG	1:30.35
10	W65-69	50 Free	Janet Gettling	67	OREG	36.21
1	W65-69	50 Breast	Janet Gettling	67	OREG	45.22

## World and National Records

### Individual Records (7)

Name	Age Group	Course	Event	Time	Date	Record
Willard Lamb	M 90-94	SCY	200 Free	3:18.81	1/31/2015	National
Willard Lamb	M 90-94	SCY	3,000 Postal	1:01:08.36	2015	National
Willard Lamb	M 90-94	SCY	One Hour Swim	2,990 yards	2015	National
David Radcliff	M 80-84	SCY	200 Free	2:23.60	4/12/2015	National
David Radcliff	M 80-84	SCY	One Hour Swim	4,300 yards	2015	National
David Radcliff	M 80-84	LCM	400 Free	5:45.21	8/23/2015	National, World
David Radcliff	M 80-84	LCM	10K Postal	2:49:45.66	2015	National

### Relays—Long Distance Postal Records (2)

#### Postal Relays (2)

Age Group	Event	Name	Record
3 x 1-hr	Men's 75+	Willard Lamb Dick Weick Dave Radcliff	10,460 yards
3 x 10-km	Men's 65+	Jed Cronin Bob Bruce Dave Radcliff	8:36:30.72

### Relays—Cable Records (3)

Age Group	Event	Name	Record
4 x 1-mile	Mixed 25+	Jessica Kieras Nicole Pressprich Scot Sullivan Jamie Proffitt	1:32:06.18
3 x 2-mile	Men's 45+	Mark Frost Scot Sullivan Hardy Lussier	2:12:50.39
4 x 2-mile	Mixed 25+	Jayna Tomac Nicole Pressprich Adam Trexler Hardy Lussier	2:59:47.94

# USMS All-Stars

## Pool

Achieved the most number one finishes in their age group in Top Ten competition.

Dave Radcliff..... Tualatin Hills Barracudas  
 Willard J Lamb..... Oregon Reign Masters

## Long Distance

Must accumulate the highest number of points in a series of National Championships held throughout the year.

8 Swimmers from OMS; out of 19 in the entire nation!

Bob Bruce..... COMA    Ralph Mohr ..... COMA  
 Arlene Delmage ..... ORM    Dave Radcliff..... THB  
 Hardy Lussier ..... COMA    Jayna Tomac..... COMA  
 Matt Miller..... RVM    Christian Tujo..... COMA

# OMS Lifetime All-Stars

A swimmer who is the top OMS Outstanding Swimmer for five years (pool or long distance), will achieve this elite category.

## Pool

Willard Lamb ..... (2016)    Herb Eisenschmidt..... (2004)  
 Karen Andrus-Hughes ..... (2008)    Ginger Pierson ..... (2004)  
 Dennis Baker..... (2008)    Andrew Holden ..... (2004)  
 Joy Ward ..... 2007)    Lavelle Stoinoff..... (2004)  
 David Radcliff ..... (2007)    Robert Smith..... (2004)  
 Barbara Frid ..... (2004)

## Long Distance

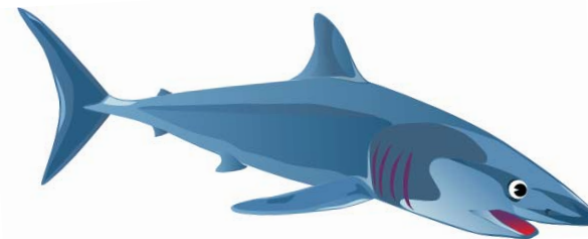
David Radcliff ..... (2007)  
 Steve Johnson..... (2006)

Continued — USMS Top Ten — Short Course Meters (25 Meters)

Place	Age Group	Event	Name	Age	Club	Time
1	M90-94	50 Free	Willard J Lamb	93	OREG	44.54
1	M90-94	100 Free	Willard J Lamb	93	OREG	1:39.58
1	M90-94	200 Free	Willard J Lamb	93	OREG	3:53.49
1	M90-94	400 Free	Willard J Lamb	93	OREG	7:54.44
1	M90-94	50 Back	Willard J Lamb	93	OREG	56.40
1	M90-94	100 Back	Willard J Lamb	93	OREG	2:02.88
1	M90-94	200 Back	Willard J Lamb	93	OREG	4:26.09

## SCM Relays

Place	Age Group	Event	Club	Time	Swimmers (Age)
6	W72-99	200 Medley	DUCK	2:28.85	Bridget E Shepherd (21) Emily Collins (20) Lindsay Miller (23) Erin T Jones (19)





Place	Age Group	Event	Name	Age	Club	Time
6	W65-69	400 Free	Janet Gettling	67	OREG	6:28.02
2	W65-69	50 Breast	Janet Gettling	67	OREG	44.68
1	W65-69	100 Breast	Janet Gettling	67	OREG	1:39.89
3	W65-69	200 Breast	Janet Gettling	67	OREG	3:45.75
4	W65-69	400 IM	Janet Gettling	67	OREG	7:19.33
2	W70-74	50 Free	Sue C Calnek-Morris	72	OREG	37.58
6	W70-74	100 Free	Sue C Calnek-Morris	72	OREG	1:30.77
9	W70-74	200 Free	Sue C Calnek-Morris	72	OREG	3:25.23
3	W70-74	400 Free	Sue C Calnek-Morris	72	OREG	6:41.55
4	W70-74	50 Back	Joy Ward	73	OREG	47.57
2	W70-74	100 Back	Joy Ward	73	OREG	1:39.69
2	W70-74	200 Back	Joy Ward	73	OREG	3:34.24
3	W70-74	50 Fly	Joy Ward	73	OREG	46.96
3	W70-74	200 IM	Joy Ward	73	OREG	3:51.98
8	M18-24	400 IM	Grant D Aldred	22	OREG	6:10.20
9	M30-34	200 Breast	Kevin H Cleary	32	OREG	2:51.80
9	M30-34	200 Fly	Kevin H Cleary	32	OREG	2:35.33
6	M35-39	400 Free	Matt Miller	38	OREG	4:36.73
7	M35-39	800 Free	Matt Miller	38	OREG	9:44.67
5	M35-39	1500 Free	Matt Miller	38	OREG	18:47.62
8	M35-39	200 Fly	Matt Miller	38	OREG	2:38.00
8	M40-44	200 Breast	Robbert Van Andel	41	OREG	2:48.62
3	M40-44	400 IM	Robbert Van Andel	41	OREG	5:23.41
9	M45-49	200 Free	Scot A Sullivan	49	OREG	2:08.25
6	M45-49	400 Free	Scot A Sullivan	49	OREG	4:27.93
5	M45-49	800 Free	Scot A Sullivan	49	OREG	9:22.39
10	M45-49	100 Back	Scot A Sullivan	49	OREG	1:07.30
9	M45-49	100 Fly	Darren J Kling	46	OREG	1:04.94
9	M50-54	50 Back	Steve D Parmentier	50	OREG	31.84
7	M55-59	200 Free	David Hathaway	55	OREG	2:15.89
5	M55-59	400 Free	David Hathaway	55	OREG	4:49.55
3	M55-59	800 Free	David Hathaway	55	OREG	10:01.20
3	M55-59	1500 Free	David Hathaway	55	OREG	19:07.07
10	M55-59	200 Breast	Richard K Howell	56	OREG	2:52.16
9	M55-59	200 IM	David Hathaway	55	OREG	2:36.10
9	M55-59	400 IM	David Hathaway	55	OREG	5:46.09
1	M65-69	50 Breast	Allen L Stark	66	OREG	35.35
1	M65-69	100 Breast	Allen L Stark	66	OREG	1:18.38
2	M65-69	200 Breast	Allen L Stark	66	OREG	2:59.20
10	M75-79	50 Back	George D Thayer	79	OREG	47.48
7	M75-79	200 Back	George D Thayer	79	OREG	3:59.41
2	M80-84	50 Free	David A Radcliff	81	OREG	33.26
1	M80-84	100 Free	David A Radcliff	81	OREG	1:13.17
1	M80-84	200 Free	David A Radcliff	81	OREG	2:49.91
1	M80-84	400 Free	David A Radcliff	81	OREG	5:52.68
1	M80-84	800 Free	David A Radcliff	81	OREG	13:06.52
1	M80-84	1500 Free	David A Radcliff	81	OREG	23:15.98

# USMS Pool All-American

Ranked first in at least one SCY, SCM or LCM event in the Nation for the given year.

10 Swimmers

## Individual

Name	Age Group	Event	Time	Course
Arlene Delmage	W50-54	100 Fly	1:14.30	LCM
Arlene Delmage	W50-54	200 Fly	2:47.76	LCM
Colette M Crabbe	W55-59	200IM	2:44.98	SCM
Colette M Crabbe	W55-59	400 IM	5:54.95	SCM
Colette M Crabbe	W55-59	200 IM	2:26.92	SCY
Colette M Crabbe	W55-59	400 IM	5:09.72	SCY
Mary Sweat	W55-59	1500 Free	20:37.27	LCM
Janet Gettling	W65-69	100 Breast	1:39.89	SCM
Janet Gettling	W65-69	50 Breast	45.22	LCM
Janet Gettling	W65-69	50 Breast	39.2	SCY
Sue C Calnek-Morris	W70-74	1500 Free	26:38.65	LCM
Geraldine L Kawabata	W80-84	800 Free	18:14.06	LCM
Allen L Stark	M65-69	50 Breast	35.35	SCM
Allen L Stark	M65-69	100 Breast	1:18.38	SCM
Allen L Stark	M65-69	100 Breast	1:09.24	SCY
Chris L Hiatt	M75-79	200 Back	3:14.60	LCM
David A Radcliff	M80-84	100 Free	1:13.17	SCM
David A Radcliff	M80-84	200 Free	2:49.91	SCM
David A Radcliff	M80-84	400 Free	5:52.68	SCM
David A Radcliff	M80-84	800 Free	13:06.52	SCM
David A Radcliff	M80-84	1500 Free	23:15.98	SCM
David A Radcliff	M80-84	400 Free	5:45.21	LCM
David A Radcliff	M80-84	800 Free	12:24.24	LCM
David A Radcliff	M80-84	1500 Free	22:43.02	LCM
David A Radcliff	M80-84	50 Free	29.85	SCY
David A Radcliff	M80-84	100 Free	1:06.08	SCY
David A Radcliff	M80-84	200 Free	2:23.60	SCY
David A Radcliff	M80-84	500 Free	6:27.87	SCY
David A Radcliff	M80-84	1000 Free	13:16.82	SCY
David A Radcliff	M80-84	1650 Free	22:07.7	SCY
Willard J Lamb	M90-94	50 Free	44.54	SCM
Willard J Lamb	M90-94	100 Free	1:39.58	SCM
Willard J Lamb	M90-94	200 Free	3:53.49	SCM
Willard J Lamb	M90-94	400 Free	7:54.44	SCM
Willard J Lamb	M90-94	50 Back	56.40	SCM
Willard J Lamb	M90-94	100 Back	2:02.88	SCM
Willard J Lamb	M90-94	200 Back	4:26.09	SCM
Willard J Lamb	M90-94	50 Free	43.50	LCM
Willard J Lamb	M90-94	100 Free	1:47.51	LCM
Willard J Lamb	M90-94	200 Free	3:57.02	LCM
Willard J Lamb	M90-94	400 Free	8:23.47	LCM

Name	Age Group	Event	Time	Course
Willard J Lamb	M90-94	800 Free	16:49.20	LCM
Willard J Lamb	M90-94	50 Back	55.35	LCM
Willard J Lamb	M90-94	100 Back	2:07.51	LCM
Willard J Lamb	M90-94	200 Back	4:26.84	LCM
Willard J Lamb	M90-94	50 Free	37.93	SCY
Willard J Lamb	M90-94	100 Free	1:27.46	SCY
Willard J Lamb	M90-94	200 Free	3:18.81	SCY
Willard J Lamb	M90-94	500 Free	8:59.66	SCY
Willard J Lamb	M90-94	1650 Free	30:38.15	SCY
Willard J Lamb	M90-94	50 Back	49.28	SCY
Willard J Lamb	M90-94	100 Back	1:52.45	SCY
Willard J Lamb	M90-94	200 Back	3:55.51	SCY

### Relays

Age Group	Event	Course	Time	Name (age)
Mixed 35+.....	800 Free Relay.....	SCY .....	8:14.22.....	Sonja Skinner (38) Matt Miller (37) Serena H Johnson (37) Scot A Sullivan (48)

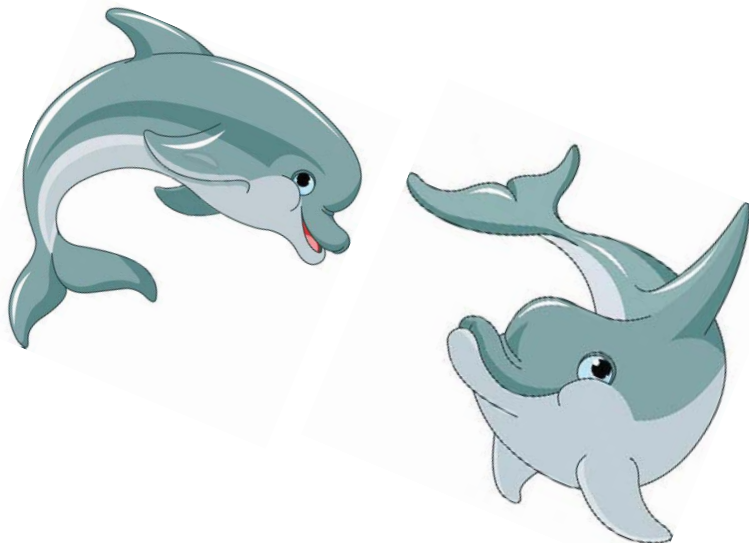


### Short Course Meters (25 Meters)

Place	Age Group	Event	Name	Age	Club	Time
6	W25-29	50 Free	Hailey Bambusch	25	OREG	27.32
3	W25-29	100 Free	Hailey Bambusch	25	OREG	59.65
1	W25-29	200 Free	Hailey Bambusch	25	OREG	2:11.55
5	W25-29	50 Back	Hailey Bambusch	25	OREG	33.04
5	W25-29	100 Back	Hailey Bambusch	25	OREG	1:11.44
7	W25-29	50 Breast	Jessica Stacy	26	OREG	36.16
2	W25-29	100 Breast	Jessica Stacy	26	OREG	1:16.33
6	W25-29	50 Fly	Jessica Stacy	26	OREG	29.66
4	W25-29	100 Fly	Jessica Stacy	26	OREG	1:05.97
8	W25-29	100 Fly	Hailey Bambusch	25	OREG	1:09.00
4	W25-29	100 IM	Jessica Stacy	26	OREG	1:08.80
7	W35-39	50 Free	Sonja Skinner	39	OREG	29.55
9	W35-39	200 Free	Tessa L Reeves	37	OREG	2:29.60
8	W35-39	100 Breast	Sonja Skinner	39	OREG	1:24.69
10	W35-39	50 Fly	Sonja Skinner	39	OREG	31.78
6	W35-39	100 Fly	Sonja Skinner	39	OREG	1:09.56
9	W35-39	100 Fly	Stacey L Kiefer	37	OREG	1:16.64
6	W35-39	200 IM	Sonja Skinner	39	OREG	2:40.71
6	W40-44	200 Free	Sara Q Nelson	43	OREG	2:24.39
4	W40-44	200 Breast	Sara Q Nelson	43	OREG	3:01.20
5	W40-44	200 IM	Sara Q Nelson	43	OREG	2:45.86
8	W40-44	400 IM	Teresa M Anderson	40	OREG	6:49.11
2	W45-49	50 Free	Jill M Asch	49	OREG	28.38
3	W45-49	100 Free	Jill M Asch	49	OREG	1:03.97
10	W45-49	50 Back	Jill M Asch	49	OREG	34.28
7	W45-49	50 Breast	Jill M Asch	49	OREG	38.83
8	W45-49	100 Breast	Jill M Asch	49	OREG	1:24.99
4	W45-49	50 Fly	Jill M Asch	49	OREG	31.85
5	W45-49	100 IM	Jill M Asch	49	OREG	1:15.06
10	W50-54	200 Back	Britta M Daubersmith	50	OREG	3:02.11
9	W55-59	400 Free	Mary Sweat	58	OREG	5:21.48
2	W55-59	800 Free	Mary Sweat	58	OREG	10:43.78
2	W55-59	1500 Free	Mary Sweat	58	OREG	20:12.98
6	W55-59	1500 Free	Kris A Denney	55	OREG	21:09.58
2	W55-59	50 Back	Karen Andrus-Hughes	58	OREG	34.53
1	W55-59	100 Back	Karen Andrus-Hughes	58	OREG	1:14.38
1	W55-59	200 Back	Karen Andrus-Hughes	58	OREG	2:44.62
5	W55-59	50 Breast	Colette M Crabbe	59	OREG	39.84
3	W55-59	200 Breast	Colette M Crabbe	59	OREG	3:06.61
2	W55-59	100 Fly	Colette M Crabbe	59	OREG	1:17.33
9	W55-59	200 Fly	Kris A Denney	55	OREG	3:24.26
3	W55-59	100 IM	Colette M Crabbe	59	OREG	1:16.88
4	W55-59	100 IM	Karen Andrus-Hughes	58	OREG	1:17.24
1	W55-59	200 IM	Colette M Crabbe	59	OREG	2:44.98
1	W55-59	400 IM	Colette M Crabbe	59	OREG	5:54.95
10	W60-64	200 Back	Jeanna Summers	61	OREG	3:15.05



Place	Age Group	Event	Club	Time	Swimmers (Age)
9	W45+	200 Free	OREG	1:55.76	Colette M Crabbe (58) Arlene Delmage (52) Dianne Viales (53) Lori E Lamoureux (55)
10	W55+	200 Medley	OREG	2:25.83	Joy Ward (72) Ginger L Pierson (69) Colette M Crabbe (58) Mary Anne Royle (62)
1	X35+	800 Free	OREG	8:14.22	Sonja Skinner (38) Matt Miller (37) Serena H Johnson (37) Scot A Sullivan (48)
10	X55+	200 Free	OREG	1:53.61	Mark B Wren (56) Lori E Lamoureux (55) Robert M Voll (57) Colette M Crabbe (58)
4	X65+	200 Free	OREG	2:05.86	Janet Gettling (66) John Foges (70) Sandi Rousseau (67) Allen L Stark (66)
8	X65+	200 Medley	OREG	2:29.97	George D Thayer (79) Roy D Lambert (68) Sandi Rousseau (67) Janet Gettling (66)



## USMS Long Distance All-Americans

Ranked first in at least one Long Distance National Championship

16 swimmers

\*NR = National Record

<b>Bob Bruce</b> 10-km Open Water	<b>Hardy Lussier</b> 2-mile Cable Swim 5-km ePostal 10-km ePostal 6000-yd ePostal	2-mile Cable Swim 1-hour ePostal 5-km ePostal, 10-km ePostal (*NR) 3000-yd ePostal 6000-yd ePostal
<b>Marlys Cappaert</b> 2-mile Cable Swim	<b>Sheri Markwardt</b> 2-mile Cable Swim	<b>Jeanna Summers</b> 2-mile Cable Swim
<b>Jed Cronin</b> 5-km ePostal	<b>Matt Miller</b> 5-km ePostal 10-km ePostal	<b>Jayna Tomac</b> 1-mile Open Water 10-km Open Water 2-mile Cable Swim 1-hour ePostal 5-km ePostal 10-km ePostal 3000-yd ePostal 6000-yd ePostal
<b>Arlene Delmage</b> 2-mile Cable Swim 10-km ePostal	<b>Ralph Mohr</b> 2-mile Cable Swim	<b>Christian Tujo</b> 2-mile Cable Swim
<b>Tim Holmberg</b> 2-mile Cable Swim	<b>Nicole Pressprich</b> 2-mile Cable Swim	
<b>Jessica Kieras</b> 2-mile Cable Swim	<b>Dave Radcliff</b> 1-mile Open Water 10-km Open Water	
<b>Willard Lamb</b> 1-hour ePostal (*NR) 3000-yd ePostal (*NR)		

## USMS Long Distance Postal Relay All-Americans

Ranked first in at least one Long Distance National Championship

35 swimmers

Bob Bruce	Pat Hunt	Karen Matson	Bonnie Speer
Kris Calvin	Suzu Jajewski	Tank McNamara	Jeanna Summers
Colette Crabbe	Steve Johnson	Matt Miller	Charlie Swanson
Jed Cronin	Darrin Lajoie	Sara Nelson	George Thayer
Arlene Delmage	Willard Lamb	Tim Nelson	Jayna Tomac
Bonnie Edwards	Tom Landis	Jane Nichols	Christian Tujo
Mark Frost	Allen Larson	Rudolfo Palma	David Wash
Janet Gettling	Hardy Lussier	Dave Radcliff	Dick Weick
Matt Henderson	Geri Mathewson	Brooks Richardson	

# USMS Postal Participation Award

This is a series of long distance swims that are conducted at local pools and entered in USMS Long Distance National Championship Postal Events. (One Hour Postal, 5000 Meter Postal, 10,000 Meter Postal, 3000 Yard Postal, 6000 Yard Postal)

This award requires participation in all 5 USMS Postal Events, named above. Only 59 swimmers in the nation completed all 5 swims, and 13 of those were from Oregon! Way to go Oregon Swimmers!

13 swimmers

Name	Team	Points	Place
Bob Bruce.....	COMA.....	49.....	1
Mike Carew.....	COMA.....	38.....	2
Arlene Delmage.....	ORM.....	55.....	1
Bonnie Edwards.....	ORM.....	43.....	2
Allen Larson.....	ORM.....	36.....	2
Hardy Lussier.....	COMA.....	55.....	1
Karen Matson.....	COMA.....	43.....	2
Matt Miller.....	RVM.....	55.....	1
Ralph Mohr.....	COMA.....	53.....	1
Dave Radcliff.....	THB.....	55.....	1
Brooks Richardson.....	COMA.....	45.....	1
Jayna Tomac.....	COMA.....	55.....	1
Chris Tujo.....	COMA.....	53.....	1



Continued — USMS Top Ten — Short Course Yards (25 Yards)

Place	Age Group	Event	Name	Age	Club	Time
7	M70-74	200 Free	Tom Landis	72	OREG	2:20.65
3	M70-74	500 Free	Tom Landis	72	OREG	6:29.92
7	M75-79	50 Free	Chris L Hiatt	75	OREG	30.56
8	M75-79	50 Back	Chris L Hiatt	75	OREG	39.15
3	M75-79	100 Back	Chris L Hiatt	75	OREG	1:19.79
10	M75-79	50 Fly	Ronald K Nakata	75	OREG	37.96
4	M75-79	100 IM	Ronald K Nakata	75	OREG	1:20.56
3	M75-79	200 IM	Ronald K Nakata	75	OREG	3:01.63
1	M80-84	50 Free	David A Radcliff	80	OREG	29.85
1	M80-84	100 Free	David A Radcliff	80	OREG	1:06.08
7	M80-84	100 Free	Dick Weick	81	OREG	1:20.38
1	M80-84	200 Free	David A Radcliff	80	OREG	2:23.60
1	M80-84	500 Free	David A Radcliff	80	OREG	6:27.87
1	M80-84	1000 Free	David A Radcliff	80	OREG	13:16.82
1	M80-84	1650 Free	David A Radcliff	80	OREG	22:07.75
10	M80-84	50 Back	Dick Weick	81	OREG	44.22
4	M80-84	200 Back	Dick Weick	81	OREG	3:38.07
1	M90-94	50 Free	Willard J Lamb	92	OREG	37.93
1	M90-94	100 Free	Willard J Lamb	92	OREG	1:27.46
1	M90-94	200 Free	Willard J Lamb	92	OREG	3:18.81
1	M90-94	500 Free	Willard J Lamb	92	OREG	8:59.66
1	M90-94	1650 Free	Willard J Lamb	92	OREG	30:38.15
1	M90-94	50 Back	Willard J Lamb	92	OREG	49.28
1	M90-94	100 Back	Willard J Lamb	92	OREG	1:52.45
1	M90-94	200 Back	Willard J Lamb	92	OREG	3:55.51

## Short Course Yards Relays

Place	Age Group	Event	Club	Time	Swimmers (Age)
2.....	W18+.....	200 Free.....	OREG.....	1:41.85.....	Jill M Asch (48) Hailey Bambusch (24) Kelsey C Bowen (29) Jessica Stacy (25)
10.....	W18+.....	200 Medley.....	OREG.....	2:00.02.....	Jill M Asch (48) Jessica Stacy (25) Hailey Bambusch (24) Sharon E Foley (54)
10.....	W35+.....	200 Free.....	OREG.....	1:49.73.....	Arlene Delmage (52) Jana McGill (46) Tessa L Reeves (36) Sonja Skinner (38)
6.....	W35+.....	200 Medley.....	OREG.....	2:02.44.....	Jana McGill (46) Sonja Skinner (38) Arlene Delmage (52) Tessa L Reeves (36)

Place	Age Group	Event	Name	Age	Club	Time
4	W65-69	400 IM	Janet Gettling	66	OREG	6:40.13
6	W70-74	50 Free	Barbara Frid	72	OREG	34.78
8	W70-74	100 Free	Barbara Frid	72	OREG	1:21.03
10	W70-74	100 Free	A Jane Nichols	73	OREG	1:21.80
2	W70-74	50 Back	Joy Ward	72	OREG	40.95
6	W70-74	50 Back	Barbara Frid	72	OREG	43.38
3	W70-74	100 Back	Joy Ward	72	OREG	1:29.50
2	W70-74	200 Back	Joy Ward	72	OREG	3:11.05
6	W70-74	50 Breast	Barbara Frid	72	OREG	46.88
3	W70-74	50 Fly	Barbara Frid	72	OREG	39.90
6	W70-74	50 Fly	Joy Ward	72	OREG	42.46
2	W70-74	100 Fly	Joy Ward	72	OREG	1:36.87
7	W70-74	100 IM	Joy Ward	72	OREG	1:34.17
2	W70-74	200 IM	Joy Ward	72	OREG	3:21.67
6	W75-79	50 Fly	Susan B Rittenhouse	77	OREG	55.36
8	W80-84	100 Free	Geraldine L Kawabata	80	OREG	1:50.77
3	W80-84	1000 Free	Geraldine L Kawabata	80	OREG	20:29.89
4	W90-94	50 Free	Virginia Phipps	90	OREG	1:11.16
4	W90-94	100 Free	Virginia Phipps	90	OREG	2:45.85
3	W90-94	200 Free	Virginia Phipps	90	OREG	5:28.54
9	M25-29	500 Free	Ted Bonus	26	OREG	5:09.55
4	M35-39	1000 Free	Chip Polito	38	OREG	10:34.85
5	M35-39	1000 Free	Adam Trexler	36	OREG	10:43.97
5	M35-39	1650 Free	Adam Trexler	36	OREG	18:16.79
10	M35-39	1650 Free	Matt Miller	37	OREG	18:47.44
9	M35-39	200 Back	Chip Polito	38	OREG	2:04.23
9	M35-39	200 Fly	Adam Trexler	36	OREG	2:08.92
3	M35-39	400 IM	Chip Polito	38	OREG	4:24.94
10	M40-44	1000 Free	Jeffrey A Nason	40	OREG	10:50.29
5	M40-44	1650 Free	Jeffrey A Nason	40	OREG	18:00.18
10	M45-49	1000 Free	Scot A Sullivan	48	OREG	10:52.45
6	M50-54	100 Free	Michael D Baele	50	OREG	50.66
7	M50-54	1650 Free	Dennis G Baker	53	OREG	18:32.78
10	M50-54	100 IM	Michael D Baele	50	OREG	58.40
9	M55-59	50 Back	Curt R LaCount	56	OREG	28.42
7	M55-59	100 Back	Curt R LaCount	56	OREG	1:01.73
9	M55-59	100 Breast	Patrick Allender	56	OREG	1:06.06
3	M55-59	200 Breast	Patrick Allender	56	OREG	2:22.46
8	M55-59	100 Fly	Curt R LaCount	56	OREG	59.26
9	M55-59	200 IM	Patrick Allender	56	OREG	2:14.53
9	M60-64	500 Free	Stephen D Kevan	60	OREG	5:39.26
10	M60-64	200 IM	Stephen D Kevan	60	OREG	2:22.24
9	M65-69	1000 Free	Steve M Johnson	67	OREG	12:52.79
9	M65-69	1650 Free	Bob A Bruce	67	OREG	22:00.74
3	M65-69	50 Breast	Allen L Stark	66	OREG	31.85
1	M65-69	100 Breast	Allen L Stark	66	OREG	1:09.24
2	M65-69	200 Breast	Allen L Stark	66	OREG	2:34.16

## OMS Postal Participation Award

Requires participation in 3 Postal Events in the calendar year  
One Hour Swim, 5 or 10-km Swim, and the 3000 or 6000-yard Swim

16 swimmers

Name	Team	Events Entered				
Marcie Bowman	OMVM	1-hr.	5-km			3000-yd
Bob Bruce, Bob	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd
Mike Carew	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd
Steve Darnell	LHST	1-hr.	5-km			3000-yd
Arlene Delmage	ORM	1-hr.	5-km	10-km	3000-yd	6000-yd
Bonnie Edwards	ORM	1-hr.	5-km	10-km	3000-yd	6000-yd
Steve Johnson	EA	1-hr.				3000-yd 6000-yd
Allen Larson	ORM	1-hr.	5-km	10-km	3000-yd	6000-yd
Hardy Lussier*	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd
Karen Matson	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd
Matt Miller	RVM	1-hr.	5-km	10-km	3000-yd	6000-yd
Ralph Mohr	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd
Dave Radcliff	THB	1-hr.	5-km	10-km	3000-yd	6000-yd
Brooks Richardson	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd
Jayna Tomac	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd
Chris Tujo	COMA	1-hr.	5-km	10-km	3000-yd	6000-yd





## OMS Open Water Team Champions

The OMS Association Open Water Championship is a single 1500-meter or 1-mile swim, this year the 1500-meter swim was at Eel Lake. The site rotates from venue to venue.



Large Team — Central Oregon Masters Aquatics



Small Team — Multmomah Athletic Club

## OMS Open Water Series Champions

This is a series of open water swims that are conducted at Oregon venues—lakes, reservoirs, and rivers. Individual results are tabulated for Oregon Masters athletes, with scoring, awards, and recognition for a cumulative series.



Jeanna Summers  
Oregon Reign Mas-  
ters



Mike Carew  
Central Oregon  
Masters Aquatics

## USMS Top Ten

Ranked in the top ten swims in the Nation in SCY, SCM or LCM for the given year.

### Short Course Yards (25 Yards)

Place	Age Group	Event	Name	Age	Club	Time
8	W18-24	50 Free	Hailey Bambusch	24	OREG	24.71
6	W18-24	100 Free	Hailey Bambusch	24	OREG	53.79
9	W25-29	200 Free	Jessica Stacy	25	OREG	1:58.30
7	W25-29	1000 Free	Christine C Polito	29	OREG	11:24.89
10	W25-29	100 Breast	Jessica Stacy	25	OREG	1:09.13
5	W25-29	200 Breast	Jessica Stacy	25	OREG	2:27.06
5	W25-29	50 Fly	Jessica Stacy	25	OREG	25.97
5	W25-29	100 Fly	Jessica Stacy	25	OREG	57.23
6	W25-29	100 IM	Jessica Stacy	25	OREG	59.55
7	W25-29	200 IM	Jessica Stacy	25	OREG	2:12.26
3	W30-34	200 Back	Jessica E Kieras	34	OREG	2:15.12
7	W35-39	100 Free	Sonja Skinner	38	OREG	55.19
4	W35-39	50 Fly	Sonja Skinner	38	OREG	26.69
5	W35-39	100 Fly	Sonja Skinner	38	OREG	1:00.69
10	W35-39	100 IM	Sonja Skinner	38	OREG	1:04.22
4	W35-39	200 IM	Sonja Skinner	38	OREG	2:18.73
6	W45-49	50 Free	Jill M Asch	48	OREG	25.81
7	W45-49	100 Free	Jill M Asch	48	OREG	57.12
10	W45-49	50 Breast	Jill M Asch	48	OREG	34.78
7	W50-54	50 Fly	Arlene Delmage	52	OREG	29.14
3	W50-54	100 Fly	Denise E Stuntzner	51	OREG	1:03.94
5	W50-54	100 Fly	Arlene Delmage	52	OREG	1:04.47
4	W50-54	200 Fly	Denise E Stuntzner	51	OREG	2:24.18
6	W50-54	200 Fly	Arlene Delmage	52	OREG	2:26.19
9	W55-59	200 Free	Karen Andrus-Hughes	57	OREG	2:15.30
5	W55-59	50 Back	Karen Andrus-Hughes	57	OREG	31.50
5	W55-59	50 Breast	Colette M Crabbe	58	OREG	35.39
5	W55-59	100 Breast	Colette M Crabbe	58	OREG	1:17.01
3	W55-59	100 Fly	Colette M Crabbe	58	OREG	1:07.96
4	W55-59	100 IM	Colette M Crabbe	58	OREG	1:08.09
1	W55-59	200 IM	Colette M Crabbe	58	OREG	2:26.92
1	W55-59	400 IM	Colette M Crabbe	58	OREG	5:09.72
9	W60-64	200 Back	Jeanna Summers	61	OREG	2:51.20
10	W65-69	1650 Free	Lauren Binder	67	OREG	26:08.33
1	W65-69	50 Breast	Janet Gettling	66	OREG	39.29
10	W65-69	50 Breast	Ginger L Pierson	69	OREG	42.46
3	W65-69	100 Breast	Janet Gettling	66	OREG	1:26.60
5	W65-69	200 Breast	Ginger L Pierson	69	OREG	3:20.06
4	W65-69	100 Fly	Janet Gettling	66	OREG	1:25.11
4	W65-69	200 Fly	Janet Gettling	66	OREG	3:17.02
5	W65-69	100 IM	Janet Gettling	66	OREG	1:21.71
8	W65-69	200 IM	Janet Gettling	66	OREG	3:03.09

# USMS/OMS Volunteer Awards

## Susie Young

We are pleased to announce that Susie Young is a recipient of the 2015 USMS Dorothy Donnelly Service Award. This Award recognizes those whose contributions stand out in service to local, regional, and national programs.



Susie Young has guts. In one of the toughest, most time-consuming volunteer positions, she has been Oregon registrar for almost eight years. With a smile on her face, Susie has improved the registration and record keeping to a point where the membership of Oregon Masters now runs more smoothly. There is not a question asked, from new members needing directions to long time members who need assistance, that Susie can't answer.

She takes her position seriously, regularly keeping up with USMS updates and communicating with her local membership and Board. Serving on past National USMS committees, she recently participated in the registrars' Peer-to-Peer session to be sure Oregon Masters can take advantage of what other groups around the country are doing, and to add her experience for others to emulate.

She is a regular National Convention delegate and an active contributor to Oregon Masters with her expertise, earning her the recognition of this award.

## Jacki Allender

Jacki was awarded a USA Swimming Lifetime membership at the Convention. She was present to receive her award and the OMS delegates were there to see her receive it. She was surprised and very appreciative. The photo shows MJ Caswell, Ginger Pierson, Tim Waud, Jacki Allender, Sandi Rousseau, and Michelle Jacobs-Brown.



# OMS Postal Series Champions

*This is a series of long distance swims that are conducted at local pools. One must swim and enter 3 or more events in the calendar year.*

- Arlene Delmage..... Oregon Reign Masters
- Hardy Lussier..... Central Oregon Masters Aquatics
- Matt Miller.....RougeValley Masters
- Dave Radcliff..... Tualatin Hills Barracudas
- Jayna Tomac..... Central Oregon Masters Aquatics



# OMS Mike Morehouse Spirit Award

*The Mike Morehead Spirit Award is given annually to someone who displays the highest character of sportsmanship during the Oregon Open Water Series, past and present.*



**Jackie Parker**  
Oregon Pool-Less  
Elite Narwhals



**Todd Lantry**  
Rogue Valley  
Masters

# Awards Presentation



## MASTER OF CEREMONIES

Tim Waud — OMS Coaches Chair

## SPECIAL AWARDS

Tim Waud

*Hazel Bressie Spirit Award*  
*Gil Young Spirit Award*



## SPECIAL RECOGNITION

Jeanne Teisher — OMS President and Board Chair

*Connie Wilson Award*  
*Ol' Barn Award*  
*Special Service Award*

