

Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 17)

Women's 18-24 One-Hour

| | | | |
|-------------------|---------|----|----------|
| Lydia Kapsenberg | OR-cat | 07 | 4835 yds |
| Kelly Gouldson | OR-coma | 01 | 4570 yds |
| Gina Dhom | OR-ea | 03 | 4475 yds |
| Alicia Phan | OR-? | 15 | 4330 yds |
| Danielle Ebnother | OR-som | 03 | 4315 yds |
| Garen Mattioda | OR-coma | 01 | 4155 yds |
| Fatima Valle | OR-cgm | 09 | 4060 yds |
| Hillary Madson | OR-coma | 06 | 3930 yds |
| Sara Cameron | SW-lswm | 11 | 3925 yds |
| Hailey Foster | OR-coma | 03 | 3900 yds |
| Donna Ryan | OR-mhm | 87 | 3825 yds |
| Emily Curtis | OR-cgm | 11 | 3700 yds |

Women's 40-44 One-Hour

| | | | |
|-------------------|---------|----|----------|
| Sara Nelson | OR-coma | 16 | 4915 yds |
| Jayna Tomac | OR-coma | 14 | 4870 yds |
| Arlene Delmage | OR-gvam | 06 | 4800 yds |
| Karen Matson | OR-coma | 07 | 4765 yds |
| Stacy Dennett | OR-orm | 11 | 4700 yds |
| Betsy Watkins | OR-orm | 10 | 4625 yds |
| Stephanie Schultz | OR-coma | 10 | 4620 yds |
| Megan Lassen | OR-orm | 11 | 4575 yds |
| Mary Sweat | OR-coma | 02 | 4525 yds |
| Susie Young | OR-thb | 10 | 4500 yds |
| Jen Feola | OR-coma | 14 | 4475 yds |
| Cindy Werhane | OR-orm | 12 | 4455 yds |

Women's 25-29 One-Hour

| | | | |
|------------------|---------|----|----------|
| Sara Quan | OR-coma | 02 | 5310 yds |
| Michelle Donohue | MACO | 93 | 5070 yds |
| Ellen Ferguson | OR | 91 | 4960 yds |
| Judith Sheridan | OR-ea | 91 | 4790 yds |
| Jenny Marine | OR-coma | 05 | 4780 yds |
| Cailee Caldwell | NIKE | 17 | 4710 yds |
| Sarah Holman | OR-thb | 11 | 4695 yds |
| Kelsey Holmberg | OR-coma | 10 | 4660 yds |
| Erin Popelka | OR-cat | 09 | 4595 yds |
| Elisa Fischback | OR-ea | 11 | 4570 yds |
| Loren Louzao | OR-thb | 11 | 4550 yds |
| Kathleen Thayer | SW-lswm | 10 | 4520 yds |
| Aubree Gustafson | OR-orm | 10 | 4520 yds |

Women's 45-49 One-Hour

| | | | |
|------------------|---------|----|----------|
| Sara Nelson | OR-coma | 17 | 5030 yds |
| Arlene Delmage | OR-gvam | 08 | 4765 yds |
| Mary Sweat | OR-coma | 06 | 4750 yds |
| Karen Matson | OR-coma | 12 | 4680 yds |
| Robin Parisi | MACO | 02 | 4655 yds |
| Lynn Squires | OR-orm | 11 | 4500 yds |
| Val Jenkins | OR-orm | 10 | 4475 yds |
| Lavelle Stoinoff | Unat | 82 | 4430 yds |
| M.J. Caswell | OR-cgm | 10 | 4425 yds |
| Nadine Whitehall | Unat | 81 | 4375 yds |
| Terri Tynnismaa | OR-cgm | 10 | 4375 yds |
| Sue Phillips | OR-cat | 14 | 4365 yds |
| Marlys Cappaert | OR-cbat | 06 | 4300 yds |

Women's 30-34 One-Hour

| | | | |
|---------------------|---------|----|----------|
| Sara Quan | OR-coma | 03 | 5125 yds |
| Ellen Ferguson | OR | 97 | 4960 yds |
| Amy Halligan | OR-coma | 01 | 4885 yds |
| Erin Ford | OR-cgm | 07 | 4710 yds |
| Oester, Claire | UC37 | 16 | 4635 yds |
| Jill Schuldt | OR | 91 | 4550 yds |
| Serena Johnson | SW-lswm | 11 | 4545 yds |
| Erin Popelka | OR-thb | 12 | 4535 yds |
| Laila Goldring | OR-cgm | 08 | 4510 yds |
| Michelle Macy | OR-thb | 08 | 4505 yds |
| Kendra Bestine | SW-lswm | 11 | 4490 yds |
| Elizabeth Henderson | OR-ea | 05 | 4465 yds |

Women's 50-54 One-Hour

| | | | |
|---------------------|---------|----|----------|
| Mary Sweat | OR-unat | 12 | 4745 yds |
| Kendra Wheeler | OR-kam | 14 | 4650 yds |
| Arlene Delmage | OR-orm | 15 | 4575 yds |
| Karen Matson | OR-coma | 14 | 4510 yds |
| Terri Tynnismaa | OR-cgm | 13 | 4455 yds |
| Lavelle Stoinoff | MACO | 87 | 4400 yds |
| Colette Crabbe | OR-orm | 11 | 4375 yds |
| Jayette Pettit | OR-un | 17 | 4355 yds |
| Sue Phillips | OR-cat | 16 | 4295 yds |
| Karen Andrus-Hughes | OR-orm | 11 | 4275 yds |
| Barb Harris | OR-coma | 11 | 4240 yds |
| MJ Caswell | OR-cgm | 13 | 4240 yds |

Women's 35-39 One-Hour

| | | | |
|------------------|---------|----|----------|
| Sara Nelson | OR-coma | 08 | 5090 yds |
| Simone Lapay | OR | 97 | 5040 yds |
| Kristine Senkier | OR-coma | 10 | 4950 yds |
| Brianna Showell | OR-un | 17 | 4825 yds |
| Kristen Boock | OR-cat | 07 | 4725 yds |
| Jayna Tomac | OR-coma | 09 | 4720 yds |
| Kerri Culbertson | OR | 97 | 4670 yds |
| Megan Lassen | OR-orm | 10 | 4660 yds |
| Karen Sadler | OR-scat | 03 | 4650 yds |
| Serena Johnson | OR-lh | 13 | 4570 yds |
| Kieras, Jessica | OR-orm | 16 | 4515 yds |
| Toni Hecksel | OR-cat | 03 | 4500 yds |

Women's 55-59 One-Hour

| | | | |
|--------------------|---------|-------|----------|
| Mary Sweat | OR-unat | 13 | 4735 yds |
| Arlene Delmage | OR-orm | 17 | 4575 yds |
| Colette Crabbe | OR-orm | 16 | 4555 yds |
| Lavelle Stoinoff | MACO | 88 | 4415 yds |
| Cathy Imwalle | OR-coma | 09 | 4310 yds |
| Elizabeth Budd | OR-cat | 09 | 4235 yds |
| Marlys Cappaert | OR-cbat | 14-16 | 4100 yds |
| Laura Worden | OR-cat | 14 | 4090 yds |
| Madeleine Holmberg | OR-coma | 12 | 4075 yds |
| Barb Harris | OR-coma | 16 | 4035 yds |
| Ann Goodman | OR-cgm | 16 | 3990 yds |
| Sue Harrington | OR-cgm | 14 | 3930 yds |

Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 17)

Women's 60-64 One-Hour

| | | | |
|--------------------|---------|----|----------|
| Colette Crabbe | OR-orm | 17 | 4550 yds |
| Lavelle Stoinoff | MACO | 95 | 4260 yds |
| Barbara Frid | OR-thb | 04 | 4005 yds |
| Sue Calnek-Morris | OR-owet | 07 | 3910 yds |
| Madeleine Holmberg | OR-coma | 15 | 3905 yds |
| Jeanna Summers | OR-orm | 17 | 3835 yds |
| Sue Harrington | OR-cgm | 17 | 3810 yds |
| Lauren Binder | OR-crm | 09 | 3730 yds |
| Sandi Rousseau | OR-cgm | 08 | 3630 yds |
| Geri Mathewson | OR-rvm | 12 | 3535 yds |
| Rebecca Kay | OR-unat | 11 | 3515 yds |
| Ann Kastberg | OR-unat | 13 | 3450 yds |

Women's 65-69 One-Hour

| | | | |
|-------------------|---------|----|----------|
| Lavelle Stoinoff | MACO | 99 | 4135 yds |
| Janet Gettling | OR-coma | 15 | 3745 yds |
| Sue Calnek-Morris | OR-orm | 11 | 3740 yds |
| Lauren Binder | OR-maco | 13 | 3520 yds |
| Petey Smith | OR | 93 | 3425 yds |
| Joy Ward | OR-orm | 10 | 3410 yds |
| Rebecca Kay | OR-rvm | 13 | 3400 yds |
| Monika Johnson | OR | 14 | 3390 yds |
| Geri Mathewson | OR-rvm | 15 | 3315 yds |
| Joan Delgado | SW-lswm | 11 | 3310 yds |
| Jeannie Groesz | OR-coma | 16 | 3285 yds |
| Judy Ziemer | OR-coma | 11 | 3025 yds |

Women's 70-74 One-Hour

| | | | |
|------------------|---------|----|----------|
| Lavelle Stoinoff | MACO | 03 | 3960 yds |
| Pat Sherman | OR-coma | 16 | 3200 yds |
| Jane Nichols | OR-cgm | 15 | 3075 yds |
| Peggy Whiter | OR-coma | 14 | 3025 yds |
| Judy Ziemer | OR-coma | 15 | 3005 yds |
| Mary Alexandre | OR-cgm | 09 | 2880 yds |
| Peggie Hodge | OR-coma | 12 | 2690 yds |
| Betsy Austin | MACO | 98 | 2625 yds |
| Dolores Dinneen | OR-gvam | 08 | 2560 yds |
| Joan Delgado | OR-un | 17 | 2550 yds |
| Judy Melcher | OR-thb | 95 | 2350 yds |
| Cynthia Rosik | OR-un | 04 | 2250 yds |

Women's 75-79 One-Hour

| | | | |
|------------------|---------|----|----------|
| Geri Kawabata | OR-thb | 12 | 3015 yds |
| Pat Hunt | OR-coma | 11 | 2580 yds |
| Betsy Austen | MACO | 03 | 2420 yds |
| Nina Gee | OR-coma | 09 | 2290 yds |
| Bonnie Speer | OR-lhst | 14 | 2230 yds |
| Jeanne Magmer | OR-ncms | 15 | 2220 yds |
| Judy Melcher | OR-thb | 00 | 1970 yds |
| Leola Baumgarten | OR-scat | 95 | 1965 yds |
| Doreen Morris | MACO | 89 | 1910 yds |
| Hazel Bressie | MACO | 85 | 1845 yds |

Women's 80-84 One-Hour

| | | | |
|-------------------|---------|----|----------|
| Pat Hunt | OR-coma | 12 | 2590 yds |
| Bonnie Speer | OR-lhst | 15 | 2255 yds |
| Nina Gee | OR-coma | 14 | 2150 yds |
| Leola Baumgartner | OR-scat | 99 | 1885 yds |
| Doreen Morris | MACO | 94 | 1725 yds |
| Hazel Bressie | MACO | 89 | 1610 yds |

Women's 85-89 One-Hour

| | | | |
|------------|-------|----|----------|
| Hilda Buel | OR-un | 04 | 1000 yds |
|------------|-------|----|----------|

Women's 90-94 One-Hour

| | | | |
|------------|-------|----|----------|
| Hilda Buel | OR-un | 07 | 1180 yds |
|------------|-------|----|----------|

Men's 18-24 One-Hour

| | | | |
|-----------------------|---------|----|----------|
| Kevin Pearson | OR-cat | 07 | 4400 yds |
| Lindon Powell | OR-coma | 12 | 3860 yds |
| David Wellman | OR-coma | 03 | 3750 yds |
| Andrew Mount | OR-coma | 10 | 3625 yds |
| Gary Breil Jr. | MACO | 93 | 3620 yds |
| Brynden Rawdin-Morris | OR-cgm | 12 | 3175 yds |

Men's 25-29 One-Hour

| | | | |
|----------------|---------|----|----------|
| Alex Stiles | MACO | 93 | 5585 yds |
| Nathan Boal | OR-cat | 07 | 4945 yds |
| Mike Johnson | OR-cat | 88 | 4740 yds |
| Steve Loosley | OR-uvrm | 83 | 4715 yds |
| Evan Shute | OR-cgm | 09 | 4645 yds |
| John Berkowitz | MACO | 87 | 4625 yds |
| Kevin Pearson | OR-cat | 08 | 4595 yds |
| Chris Scheller | OR-thb | 02 | 4470 yds |
| Brett Crandell | OR-coma | 10 | 4425 yds |
| Todd Lantry | OR-rvm | 04 | 4410 yds |
| Tom Schoenborn | OR-ea | 04 | 4390 yds |
| Michael Kalk | OR-cat | 09 | 4325 yds |

Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 17)

Men's 30-34 One-Hour

| | | | |
|----------------|--------|----|----------|
| Jeff Stiling | MACO | 95 | 5550 yds |
| Greg Jablonski | OR-thb | 99 | 5420 yds |
| Curt LaCount | OR | 93 | 5109 yds |
| David Burleson | MACO | 92 | 5130 yds |
| Bill Zolna | MACO | 00 | 5140 yds |
| Bob Needham | Unat | 83 | 5070 yds |
| Nathan Boal | OR-cat | 08 | 5045 yds |
| Matt Miller | OR-rvm | 12 | 4935 yds |
| Dan Schmidt | OR-ea | 05 | 4800 yds |
| Lee O'Connor | OR-thb | 99 | 4775 yds |
| Michael Baird | OR | 90 | 4770 yds |
| Eric Askerman | OR-thb | 00 | 4765 yds |

Men's 50-54 One-Hour

| | | | |
|-----------------|---------|----|----------|
| Hardy Lussier | OR-coma | 17 | 5515 yds |
| Steve Johnson | OR-ea | 99 | 5020 yds |
| Doug Goodman | OR-cgm | 09 | 4925 yds |
| David Hathaway | OR-orm | 11 | 4880 yds |
| Scot Sullivan | OR-maco | 17 | 4835 yds |
| Pat Allender | OR-cat | 10 | 4830 yds |
| Kris Calvin | OR-coma | 16 | 4750 yds |
| Mark Frost | OR-cgm | 17 | 4720 yds |
| Gary Oliver | OR-coma | 10 | 4675 yds |
| Doug Otto | OR-maco | 10 | 4675 yds |
| Jim Rabe | OR-orm | 11 | 4645 yds |
| Charlie Swanson | OR-ea | 04 | 4615 yds |

Men's 35-39 One-Hour

| | | | |
|----------------|---------|----|----------|
| Doug Stewart | OR-cat | 03 | 5365 yds |
| Hardy Lussier | OR-coma | 04 | 5250 yds |
| Greg Jablonski | OR-thb | 06 | 5245 yds |
| Tim Nelson | OR-coma | 02 | 5230 yds |
| Jeff Nason | OR-cat | 14 | 5170 yds |
| Dave Burleson | MACO | 94 | 5165 yds |
| Matt Miller | OR-rvm | 16 | 5115 yds |
| Dave Cloninger | OR-coma | 07 | 5045 yds |
| Chris Roth | OR-thb | 98 | 4970 yds |
| Dan Knauer | MACO | 00 | 4950 yds |
| Sean O'Shea | OR-cgm | 10 | 4925 yds |
| Phil King | MACO | 03 | 4925 yds |

Men's 55-59 One-Hour

| | | | |
|--------------------|---------|----|----------|
| Steve Johnson | OR-ea | 06 | 5025 yds |
| Bob Bruce | OR-coma | 04 | 4710 yds |
| Tom Landis | OR-coma | 02 | 4585 yds |
| Jed Cronin | OR-thb | 04 | 4525 yds |
| Mark Worden | OR-cat | 07 | 4510 yds |
| Charlie Swanson | OR-ea | 10 | 4490 yds |
| Wes Edwards | SW-lswm | 12 | 4435 yds |
| Tom Phipps | OR-oct | 13 | 4385 yds |
| Michael Stephenson | OR-cgm | 09 | 4380 yds |
| Brooks Richardson | OR-coma | 11 | 4340 yds |
| Donn Livoni | OR-coma | 02 | 4300 yds |
| Doug Brockbank | OR-orm | 12 | 4300 yds |

Men's 40-44 One-Hour

| | | | |
|-------------------|---------|----|----------|
| Doug Stewart | OR-cat | 07 | 5330 yds |
| Hardy Lussier | OR-coma | 07 | 5255 yds |
| Steve Johnson | OR-ea | 93 | 5165 yds |
| Dave Burleson | MACO | 99 | 5155 yds |
| Matt Miller | OR-rvm | 17 | 5140 yds |
| Steven Durapau | OR | 90 | 5085 yds |
| Jamie Proffitt | OR-coma | 10 | 5040 yds |
| Dave Cloninger | OR-coma | 10 | 5020 yds |
| Rob Higley | OR-coma | 10 | 4975 yds |
| Robbert Van Andel | OR-oct | 15 | 4905 yds |
| Kris Calvin | OR-coma | 07 | 4900 yds |
| Mike Self | OR-orm | 11 | 4900 yds |

Men's 60-64 One-Hour

| | | | |
|-----------------|---------|----|----------|
| Steve Johnson | OR-ea | 09 | 4935 yds |
| Tom Landis | OR-coma | 07 | 4645 yds |
| Jed Cronin | OR-thb | 09 | 4550 yds |
| Bob Bruce | OR-coma | 09 | 4535 yds |
| Jeffrey Piette | OR-orm | 17 | 4505 yds |
| Tom Phipps | OR-oct | 14 | 4430 yds |
| Charlie Swanson | OR-ea | 15 | 4335 yds |
| Larry Philbrick | OR-kam | 15 | 4305 yds |
| Doug Brockbank | OR-coma | 14 | 4285 yds |
| Jim Teisher | OR-thb | 11 | 4260 yds |
| Cliff Stephens | OR-orm | 16 | 4255 yds |
| Mike Tennant | OR-coma | 16 | 4250 yds |

Men's 45-49 One-Hour

| | | | |
|------------------|---------|----|----------|
| Hardy Lussier | OR-coma | 12 | 5515 yds |
| Dennis Baker | OR-orm | 11 | 5495 yds |
| Steve Johnson | OR-ea | 97 | 5105 yds |
| Dave Burleson | MACO | 03 | 5035 yds |
| Doug Asbury | OR-coma | 08 | 5015 yds |
| David Hathaway | OR-orm | 10 | 4985 yds |
| Michael Baele | OR-thb | 12 | 4950 yds |
| Mark Frost | OR-cgm | 15 | 4940 yds |
| Darrin Lajoie | OR-aqdk | 12 | 4910 yds |
| William Noftsker | SW-lswm | 12 | 4900 yds |
| Keith Peters | OR-orm | 11 | 4875 yds |
| Kris Calvin | OR-coma | 11 | 4825 yds |

Men's 65-69 One-Hour

| | | | |
|-------------------|---------|----|----------|
| Tom Landis | OR-coma | 08 | 4680 yds |
| Steve Johnson | OR-ea | 14 | 4415 yds |
| Jed Cronin | OR-thb | 14 | 4380 yds |
| Dave Radcliff | OR-thb | 04 | 4375 yds |
| Bob Bruce | OR-coma | 16 | 4365 yds |
| Jim Teisher | OR-thb | 17 | 4055 yds |
| Brooks Richardson | OR-coma | 17 | 4025 yds |
| Bren Hirschberg | OR-coma | 12 | 4015 yds |
| Ralph Mohr | OR-coma | 08 | 3950 yds |
| Brent Lake | OR-coma | 04 | 3900 yds |
| Matt Henderson | OR-coma | 15 | 3880 yds |
| Frank Phillips | OR-rvm | 09 | 3865 yds |

Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Mar 17)

Men's 70-74 One-Hour

| | | | |
|-----------------|---------|----|----------|
| Dave Radcliff | OR-thb | 07 | 4495 yds |
| Tom Landis | OR-coma | 13 | 4325 yds |
| Ralph Mohr | OR-coma | 13 | 3950 yds |
| Bren Hirschberg | OR-coma | 16 | 3730 yds |
| Frank Philipps | OR-rvm | 13 | 3670 yds |
| Bob Kehoe | OR-orm | 17 | 3600 yds |
| Gil Young | OR-mhm | 97 | 3540 yds |
| Brent Lake | OR-coma | 09 | 3525 yds |
| Dick Weick | OR-ea | 07 | 3410 yds |
| John Spence | OR-coma | 12 | 3405 yds |
| Richard Silva | OR-thb | 10 | 3375 yds |
| Bert Petersen | OR-crm | 09 | 3310 yds |

Men's 75-79 One-Hour

| | | | |
|------------------|---------|----|----------|
| Dave Radcliff | OR-thb | 10 | 4520 yds |
| Ralph Mohr | OR-coma | 17 | 3720 yds |
| Dick Wieck | OR-ea | 10 | 3405 yds |
| George Thayer | OR-coma | 12 | 3050 yds |
| John Spence | OR-coma | 17 | 3025 yds |
| Archibald Millis | OR-un | 17 | 2850 yds |
| Peter Watson | OR-unat | 11 | 2800 yds |
| Ray Allen | OR-som | 02 | 2750 yds |
| Brent Lake | OR-coma | 15 | 2730 yds |
| Clark Austen | MACO | 03 | 2675 yds |
| George Weber | OR-coma | 07 | 2540 yds |
| Bill Mellow | OR-cgm | 17 | 2515 yds |

Men's 80-84 One-Hour

| | | | |
|-----------------|---------|----|----------|
| Dave Radcliff | OR-thb | 15 | 4300 yds |
| Barry Fasbender | OR-rvm | 17 | 3405 yds |
| Dick Wieck | OR-ea | 15 | 3170 yds |
| Ray Allen | OR-som | 07 | 2550 yds |
| George Thayer | OR-coma | 16 | 2545 yds |
| Charles Bushey | OR-un | 04 | 2410 yds |
| George Weber | OR-coma | 11 | 1945 yds |
| Sheridan Jones | OR-lcm | 08 | 1090 yds |

Men's 85-89 One-Hour

| | | | |
|----------------|-------|----|----------|
| Charles Bushey | OR-un | 07 | 2355 yds |
|----------------|-------|----|----------|

Men's 90-94 One-Hour

| | | | |
|----------------|--------|----|----------|
| Willard Lamb | OR-orm | 15 | 2990 yds |
| Charles Bushey | OR-un | 12 | 2030 yds |

Men's 95-99 One-Hour

| | | | |
|----------------|--------|----|----------|
| Willard Lamb | OR-orm | 17 | 2885 yds |
| Charles Bushey | OR-un | 17 | 1395 yds |