

Oregon Postal 10-Kilometer Swim Records

(as of September 15, 2016)

10-Kilometer Swim: Women's Individual Records

| <u>Age Group</u> | <u>Time</u> | <u>Swimmer</u> | <u>Year</u> |
|------------------|-------------|----------------|-------------|
| W18-24 | | | |
| W25-29 | 2:14:58.59 | Sara Quan | 2001 |
| W30-34 | 2:41:43.33 | Kendra Bestine | 2010 |
| W35-39 | 2:36:43.56 | Laura Tyrell | 2002 |
| W40-44 | 2:27:46.39 | Jayna Tomac | 2014 |
| W45-49 | 2:29:35.39 | Mary Sweat | 2006 |
| W50-54 | 2:26:37.00 | Mary Sweat | 2011 |
| W55-59 | 2:27:28.09 | Mary Sweat | 2013 |
| W60-64 | 3:44:10.00 | Tam Jenkins | 2009 |
| W65-69 | 4:10:39.70 | Esther Ellis | 2010 |
| W70-74 | 4:34:03.99 | Peggy Whiter | 2014 |
| W75-79 | | | |

10-Kilometer Swim: Men's Individual Records

| <u>Age Group</u> | <u>Time</u> | <u>Swimmer</u> | <u>Year</u> |
|------------------|-------------|----------------|-------------|
| M18-24 | | | |
| M25-29 | 2:49:13.08 | Michael Kalk | 2009 |
| M30-34 | 2:24:58.88 | Matt Miller | 2012 |
| M35-39 | 2:18:37.04 | Greg Jablonski | 2003 |
| M40-44 | 2:29:28.20 | Dave Burleson | 1998 |
| M45-49 | 2:10:29.48 | Hardy Lussier | 2012 |
| M50-54 | 2:14:11.65 | Hardy Lussier | 2016 |
| M55-59 | 2:27:33.46 | Steve Johnson | 2005 |
| M60-64 | 2:27:56.79 | Steve Johnson | 2009 |
| M65-69 | 2:47:37.79 | Bob Bruce | 2016 |
| M70-74 | 3:07:43.24 | Ralph Mohr | 2013 |
| M75-79 | 2:39:01.76 | Dave Radcliff | 2009 |
| M80-84 | 2:49:45.66 | Dave Radcliff | 2015 |

10-Kilometer Swim: Women's Relay Records (3 x 10 km)

| <u>Age Group</u> | <u>Time</u> | <u>Swimmers</u> | <u>Year</u> |
|------------------|-------------|---|-------------|
| W18+ | | | |
| W25+ | 7:53:27.73 | Kelsey Bowen, Serena Johnson, Mary Sweat | 2013 |
| W35+ | 7:39:39.36 | Laura Tyrell, Mary Sweat, Kerri Roussain | 2002 |
| W45+ | 7:58:24.25 | Terri Tyynismaa, Mary Sweat, Arlene Delmage | 2010 |
| W55+ | 10:59:20.85 | Peggy Whiter, Connie Shuman, Mary Sweat) | 2014 |
| W65+ | | | |

10-Kilometer Swim: Men's Relay Records (3 x 10 km)

| <u>Age Group</u> | <u>Time</u> | <u>Swimmers</u> | <u>Year</u> |
|------------------|-------------|---|-------------|
| M18+ | | | |
| M25+ | 7:32:03.04 | Pat Allender, Mark Frost, Matt Miller | 2012 |
| M35+ | 7:08:35.55 | Kris Calvin, Matt Miller, Hardy Lussier | 2013 |
| M45+ | 6:58:27.17 | Kris Calvin, Tom Fristoe, Hardy Lussier | 2012 |
| M55+ | 7:42:06.08 | Tom Landis, Bob Bruce, Steve Johnson | 2003 |
| M65+ | 8:36:30.72 | Jed Cronin, Bob Bruce, Dave Radcliff | 2015 |

10-Kilometer Swim: Mixed Relay Records (4 x 10 km)

| <u>Age Group</u> | <u>Time</u> | <u>Swimmers</u> | <u>Year</u> |
|------------------|-------------|--|-------------|
| Mx18+ | | | |
| Mx25+ | 10:39:26.58 | Evelyn Pryor, Anicia Criscione, Kris Calvin, Matt Miller | 2012 |
| Mx35+ | 9:48:50.69 | Susie Jajewski, Jayna Tomac, Matt Miller, Hardy Lussier | 2014 |

| | | | |
|-------|-------------|---|------|
| Mx45+ | 9:39:39.30 | Terri Tyynismaa, Mary Sweat, Tom Fristoe, Hardy Lussier | 2012 |
| Mx55+ | 11:48:07.96 | Tam Jenkins, Elizabeth Budd, Charlie Swanson, Steve Johnson | 2009 |
| Mx65+ | | | |