

Oregon LCM Records -- as of 08/30/2016

| MEN 18-24 | | | | | WOMEN 18-24 | | | | |
|-----------|----------|---------------|------|-----------|---------------------|----------|----------|--|--|
| 0:25.55 | 06/10/07 | Marc Maier | 50 | M. Free | Meghan Zimmer | 08/11/13 | 0:27.45 | | |
| 0:54.50 | 08/23/92 | Greg Cooper | 100 | M. Free | Meghan Zimmer | 08/11/13 | 0:59.89 | | |
| 2:09.96 | 07/09/95 | Kevin Noah | 200 | M. Free | Samantha Oliszewski | 07/28/13 | 2:22.97 | | |
| 4:34.86 | 08/26/12 | Terry Rolfe | 400 | M. Free | Denise Stuntzner | 06/08/86 | 5:03.07 | | |
| 9:36.54 | 07/30/00 | Andy Lachman | 800 | M. Free | Claire Michel | 08/06/11 | 10:25.36 | | |
| 18:24.88 | 07/30/00 | Andy Lachman | 1500 | M. Free | Samantha Oliszewski | 07/28/13 | 20:11.92 | | |
| 0:29.59 | 08/25/13 | Terry Rolfe | 50 | M. Back | Shannon Heringer | 08/23/92 | 0:33.30 | | |
| 1:02.56 | 08/27/95 | Gary DeFrang | 100 | M. Back | Shannon Heringer | 08/23/92 | 1:13.61 | | |
| 2:21.80 | 08/27/95 | Gary DeFrang | 200 | M. Back | Michelle Donahue | 08/23/92 | 2:26.62 | | |
| 0:31.19 | 01/01/98 | Vladko Drobny | 50 | M. Breast | Jesse Kaba | 08/21/16 | 0:36.06 | | |
| 1:11.08 | 08/23/92 | Greg Cooper | 100 | M. Breast | Jesse Kaba | 08/21/16 | 1:20.10 | | |
| 2:41.54 | 07/07/12 | Nick Wood | 200 | M. Breast | Julie Ahrendt | 08/27/95 | 2:59.76 | | |
| 0:27.06 | 08/23/92 | Greg Cooper | 50 | M. Fly | Shannon Heringer | 08/23/92 | 0:30.40 | | |
| 1:01.27 | 08/23/92 | Greg Cooper | 100 | M. Fly | Shannon Heringer | 08/23/92 | 1:08.88 | | |
| 2:33.77 | 07/07/12 | Nick Wood | 200 | M. Fly | Denise Stuntzner | 06/08/86 | 2:45.04 | | |
| 2:21.68 | 08/26/12 | Terry Rolfe | 200 | M. I. M. | Michelle Donahue | 08/23/92 | 2:29.90 | | |
| 5:14.08 | 08/26/12 | Terry Rolfe | 400 | M. I. M. | Deborah Heim | 07/26/92 | 5:52.09 | | |

| MEN 25-29 | | | | | WOMEN 25-29 | | | | |
|-----------|----------|----------------|------|-----------|------------------|----------|----------|--|--|
| 0:24.49 | 08/17/08 | Michael Burton | 50 | M. Free | Hailey Bambusch | 08/21/16 | 0:27.58 | | |
| 0:52.08 | 08/23/92 | John Keppeler | 100 | M. Free | Hailey Bambusch | 08/21/16 | 1:00.42 | | |
| 1:52.17 | 08/23/92 | John Keppeler | 200 | M. Free | Hailey Bambusch | 08/21/16 | 2:14.53 | | |
| 4:19.82 | 08/23/92 | Alex Stiles | 400 | M. Free | Sara Quan | 08/19/01 | 4:46.98 | | |
| 8:49.44 | 08/15/98 | Dimitar Petrov | 800 | M. Free | Christine Somera | 08/24/14 | 10:17.89 | | |
| 17:14.33 | 08/26/82 | Alan Cardwell | 1500 | M. Free | Sara Quan | 08/19/01 | 18:29.45 | | |
| 0:28.30 | 08/27/95 | John Keppeler | 50 | M. Back | Jennifer Alden | 08/17/08 | 0:33.04 | | |
| 0:58.24 | 08/23/92 | John Keppeler | 100 | M. Back | Lily Donohue | 08/21/16 | 1:12.60 | | |
| 2:07.57 | 08/23/92 | John Keppeler | 200 | M. Back | Michelle Donahue | 08/27/95 | 2:31.59 | | |
| 0:30.20 | 08/17/08 | Michael Burton | 50 | M. Breast | Jessica Stacy | 08/21/16 | 0:36.14 | | |
| 1:11.98 | 08/01/92 | Dale Walker | 100 | M. Breast | Brianna Showell | 08/17/08 | 1:19.45 | | |
| 2:39.60 | 08/01/92 | Dale Walker | 200 | M. Breast | Brianna Showell | 08/17/08 | 2:52.79 | | |
| 0:25.48 | 08/23/92 | Dirk Marshall | 50 | M. Fly | Hailey Bambusch | 04/10/16 | 0:30.90 | | |
| 0:56.90 | 08/23/92 | John Keppeler | 100 | M. Fly | Jessica Stacy | 08/21/16 | 1:09.12 | | |
| 2:10.79 | 08/25/96 | Bill Zolna | 200 | M. Fly | Shauna Simpson | 07/12/98 | 2:42.26 | | |
| 2:14.32 | 08/22/96 | Bill Zolna | 200 | M. I. M. | Lisa Hjerpe | 08/10/98 | 2:35.54 | | |
| 4:49.49 | 08/25/96 | Bill Zolna | 400 | M. I. M. | Sara Quan | 08/19/01 | 5:28.42 | | |

| MEN 30-34 | | | | | WOMEN 30-34 | | | | |
|-----------|----------|-----------------|------|-----------|--------------------|----------|----------|--|--|
| 0:25.00 | 07/08/01 | Curtis Taylor | 50 | M. Free | Gracie Goddard | 08/11/91 | 0:28.02 | | |
| 0:53.95 | 08/06/11 | Benjamin Weston | 100 | M. Free | Leissa Mills | 08/05/90 | 1:00.59 | | |
| 2:00.39 | 07/31/94 | Jeff Stiling | 200 | M. Free | Leissa Mills | 08/05/90 | 2:11.02 | | |
| 4:16.22 | 07/31/94 | Jeff Stiling | 400 | M. Free | Leissa Mills | 08/01/93 | 4:44.36 | | |
| 9:15.86 | 08/15/98 | Doug Stewart | 800 | M. Free | Leissa Mills | 08/01/93 | 9:51.10 | | |
| 17:39.68 | 08/17/08 | Chip Polito | 1500 | M. Free | Amy Halligan | 07/30/00 | 19:51.94 | | |
| 0:29.93 | 08/10/98 | Horst Niehaus | 50 | M. Back | Sara Shepherd | 04/10/16 | 0:33.37 | | |
| 1:03.80 | 08/15/98 | Darren Dutto | 100 | M. Back | Sara Shepherd | 06/05/16 | 1:11.47 | | |
| 2:19.28 | 08/17/08 | Chip Polito | 200 | M. Back | Sara Shepherd | 04/10/16 | 2:38.08 | | |
| 0:31.25 | 08/24/86 | Roy Clark | 50 | M. Breast | Caitlyn Shortt-Low | 08/21/16 | 0:35.98 | | |
| 1:09.44 | 08/24/86 | Roy Clark | 100 | M. Breast | Abby Blank | 08/21/16 | 1:21.32 | | |
| 2:36.07 | 08/24/86 | Roy Clark | 200 | M. Breast | Abby Blank | 08/21/16 | 2:51.38 | | |
| 0:26.61 | 08/06/11 | Benjamin Weston | 50 | M. Fly | Gracie Goddard | 08/23/92 | 0:30.76 | | |
| 0:58.89 | 01/01/94 | Jeff Stiling | 100 | M. Fly | Leissa Mills | 08/23/92 | 1:09.41 | | |
| 2:11.71 | 08/15/02 | Bill Zolna | 200 | M. Fly | Julie Himstreet | 08/19/01 | 2:47.75 | | |
| 2:17.19 | 08/15/02 | Bill Zolna | 200 | M. I. M. | Leissa Mills | 08/23/92 | 2:34.87 | | |
| 4:52.38 | 08/15/02 | Bill Zolna | 400 | M. I. M. | Julie Himstreet | 08/16/01 | 5:45.01 | | |

| MEN 35-39 | | | | | WOMEN 35-39 | | | | |
|-----------|----------|------------------|------|-----------|------------------|----------|----------|--|--|
| 0:24.98 | 08/10/98 | James Sorensen | 50 | M. Free | Kristine Senkier | 08/17/08 | 0:27.91 | | |
| 0:54.60 | 08/17/08 | Curtis Taylor | 100 | M. Free | Gracie Goddard | 08/27/95 | 1:01.45 | | |
| 1:58.84 | 08/27/95 | Jeff Stiling | 200 | M. Free | Kristine Senkier | 08/17/08 | 2:14.04 | | |
| 4:17.26 | 08/27/95 | Jeff Stiling | 400 | M. Free | Emily Melina | 08/21/16 | 4:45.23 | | |
| 8:54.26 | 08/27/95 | Jeff Stiling | 800 | M. Free | Emily Melina | 08/21/16 | 9:53.17 | | |
| 17:31.53 | 08/19/01 | Doug Stewart | 1500 | M. Free | Sara Nelson | 08/17/08 | 18:41.21 | | |
| 0:29.33 | 08/10/98 | Curt LaCount | 50 | M. Back | Kristine Senkier | 08/17/08 | 0:32.85 | | |
| 1:03.62 | 08/15/98 | Steve George | 100 | M. Back | Kristine Senkier | 08/17/08 | 1:09.99 | | |
| 2:19.61 | 08/15/98 | Steve George | 200 | M. Back | Kristine Senkier | 08/17/08 | 2:31.06 | | |
| 0:31.40 | 08/19/01 | John Hudson | 50 | M. Breast | Brianna Showell | 08/21/16 | 0:35.74 | | |
| 1:10.61 | 07/08/06 | Greg Latta | 100 | M. Breast | Brianna Showell | 08/21/16 | 1:19.45 | | |
| 2:36.21 | 08/10/98 | Patrick Allender | 200 | M. Breast | Sara Nelson | 08/17/08 | 2:53.71 | | |
| 0:26.41 | 08/17/08 | Ed Riddle | 50 | M. Fly | Nikki Weeks | 08/17/08 | 0:30.79 | | |
| 0:59.62 | 08/27/95 | Jeff Stiling | 100 | M. Fly | Emily Melina | 04/10/16 | 1:09.49 | | |
| 2:09.36 | 07/30/00 | Dennis Baker | 200 | M. Fly | Shauna Simpson | 06/03/06 | 2:41.40 | | |
| 2:15.53 | 08/10/98 | James Sorensen | 200 | M. I. M. | Sara Nelson | 08/17/08 | 2:34.53 | | |
| 4:50.27 | 08/27/95 | Jeff Stiling | 400 | M. I. M. | Sara Nelson | 08/17/08 | 5:29.12 | | |

Oregon LCM Records -- as of 08/30/2016

| MEN 40-44 | | | | | WOMEN 40-44 | | | | |
|-----------|----------|-----------------|------|-----------|-----------------|----------|----------|--|--|
| 0:25.18 | 08/17/08 | Eric Wan | 50 | M. Free | Shannon Corbeau | 08/08/10 | 0:28.78 | | |
| 0:55.61 | 08/17/08 | Eric Wan | 100 | M. Free | Shannon Wallace | 08/21/16 | 1:03.51 | | |
| 2:03.09 | 01/01/04 | Dennis Baker | 200 | M. Free | Sara Nelson | 08/21/16 | 2:22.82 | | |
| 4:11.55 | 05/01/04 | Dennis Baker | 400 | M. Free | Arlene Delmage | 08/10/06 | 4:59.24 | | |
| 9:32.07 | 08/10/06 | Timothy Nelson | 800 | M. Free | Jayna Tomac | 08/10/14 | 10:15.66 | | |
| 18:15.05 | 08/21/16 | Chip Polito | 1500 | M. Free | Jayna Tomac | 06/29/14 | 19:42.54 | | |
| 0:30.01 | 08/21/16 | Whitney Woolard | 50 | M. Back | Valerie Jenkins | 08/10/06 | 0:32.41 | | |
| 1:05.76 | 08/10/98 | David Burleson | 100 | M. Back | Valerie Jenkins | 08/09/03 | 1:13.43 | | |
| 2:24.88 | 08/15/98 | David Burleson | 200 | M. Back | Jody Smith | 08/11/13 | 2:37.83 | | |
| 0:30.41 | 08/17/08 | James Corbeau | 50 | M. Breast | Jayna Tomac | 08/10/14 | 0:35.92 | | |
| 1:08.92 | 08/17/08 | James Corbeau | 100 | M. Breast | Jayna Tomac | 08/10/14 | 1:19.62 | | |
| 2:31.75 | 08/21/16 | John Rasmussen | 200 | M. Breast | Jayna Tomac | 08/10/14 | 2:54.65 | | |
| 0:27.60 | 08/17/08 | Jeff Rodgers | 50 | M. Fly | Sonja Skinner | 04/10/16 | 0:30.60 | | |
| 0:57.97 | 01/01/04 | Dennis Baker | 100 | M. Fly | Arlene Delmage | 08/10/06 | 1:08.48 | | |
| 2:05.55 | 07/10/04 | Dennis Baker | 200 | M. Fly | Arlene Delmage | 08/10/06 | 2:34.48 | | |
| 2:22.38 | 01/01/04 | Dennis Baker | 200 | M. I. M. | Jayna Tomac | 08/10/14 | 2:39.46 | | |
| 4:49.42 | 08/14/05 | Dennis Baker | 400 | M. I. M. | Arlene Delmage | 08/10/06 | 5:51.98 | | |

| MEN 45-49 | | | | | WOMEN 45-49 | | | | |
|-----------|----------|------------------|------|-----------|-----------------|----------|----------|--|--|
| 0:26.09 | 07/10/11 | Eric Wan | 50 | M. Free | Robin Parisi | 08/19/02 | 0:28.86 | | |
| 0:56.41 | 08/21/16 | Mike Self | 100 | M. Free | Robin Parisi | 08/19/02 | 1:03.10 | | |
| 1:59.34 | 07/11/09 | Dennis Baker | 200 | M. Free | Arlene Delmage | 08/10/07 | 2:19.48 | | |
| 4:09.20 | 07/19/08 | Dennis Baker | 400 | M. Free | Ellen Ferguson | 08/17/08 | 4:57.08 | | |
| 9:29.43 | 08/17/08 | Doug Asbury | 800 | M. Free | Kerri Roussain | 08/10/06 | 10:29.99 | | |
| 17:34.64 | 04/04/08 | Dennis Baker | 1500 | M. Free | Arlene Delmage | 06/14/08 | 20:06.82 | | |
| 0:28.76 | 08/21/16 | Mike Self | 50 | M. Back | Valerie Jenkins | 08/17/08 | 0:31.71 | | |
| 1:03.39 | 08/21/16 | Mike Self | 100 | M. Back | Valerie Jenkins | 08/17/08 | 1:12.90 | | |
| 2:21.98 | 04/10/16 | Mike Self | 200 | M. Back | Valerie Jenkins | 08/17/08 | 2:39.69 | | |
| 0:30.98 | 08/10/09 | James Corbeau | 50 | M. Breast | Colette Crabbe | 08/19/01 | 0:38.81 | | |
| 1:09.08 | 08/10/09 | James Corbeau | 100 | M. Breast | Colette Crabbe | 07/20/02 | 1:22.85 | | |
| 2:37.89 | 07/12/03 | Patrick Allender | 200 | M. Breast | Colette Crabbe | 08/19/01 | 2:57.24 | | |
| 0:27.66 | 08/17/08 | Doug Christensen | 50 | M. Fly | Arlene Delmage | 08/17/08 | 0:30.04 | | |
| 1:00.65 | 08/10/06 | Dennis Baker | 100 | M. Fly | Arlene Delmage | 08/17/08 | 1:06.42 | | |
| 2:04.07 | 07/19/08 | Dennis Baker | 200 | M. Fly | Arlene Delmage | 08/10/07 | 2:35.32 | | |
| 2:16.12 | 08/10/06 | Dennis Baker | 200 | M. I. M. | Colette Crabbe | 08/17/03 | 2:35.74 | | |
| 4:50.73 | 08/10/06 | Dennis Baker | 400 | M. I. M. | Colette Crabbe | 07/20/02 | 5:37.68 | | |

| MEN 50-54 | | | | | WOMEN 50-54 | | | | |
|-----------|----------|------------------|------|-----------|----------------------|----------|----------|--|--|
| 0:26.06 | 07/12/03 | Mike Tennant | 50 | M. Free | Jill Asch | 08/21/16 | 0:29.19 | | |
| 0:58.35 | 08/09/03 | Mike Tennant | 100 | M. Free | Karen Andrus-Hughes | 08/10/07 | 1:04.81 | | |
| 2:11.07 | 08/21/16 | Scot Sullivan | 200 | M. Free | Karen Andrus-Hughes | 07/12/08 | 2:28.27 | | |
| 4:32.17 | 08/25/13 | Dennis Baker | 400 | M. Free | Ellen Ferguson | 08/10/14 | 5:14.63 | | |
| 9:28.34 | 07/10/11 | Dennis Baker | 800 | M. Free | Holly Vaughn-Edwards | 08/21/16 | 10:31.90 | | |
| 19:08.58 | 04/10/16 | Scot Sullivan | 1500 | M. Free | Mary Sweat | 04/04/08 | 20:45.90 | | |
| 0:31.35 | 08/27/95 | Robert Smith | 50 | M. Back | Karen Andrus-Hughes | 08/10/07 | 0:33.26 | | |
| 1:08.39 | 08/04/07 | Wes Edwards | 100 | M. Back | Karen Andrus-Hughes | 08/17/08 | 1:13.55 | | |
| 2:31.13 | 06/10/07 | Wes Edwards | 200 | M. Back | Karen Andrus-Hughes | 07/11/09 | 2:45.51 | | |
| 0:33.06 | 08/17/08 | Patrick Allender | 50 | M. Breast | Jill Asch | 08/21/16 | 0:39.32 | | |
| 1:12.22 | 07/11/09 | Patrick Allender | 100 | M. Breast | Colette Crabbe | 08/06/10 | 1:28.01 | | |
| 2:40.29 | 08/17/08 | Patrick Allender | 200 | M. Breast | Colette Crabbe | 08/06/10 | 3:08.16 | | |
| 0:28.12 | 05/31/14 | Michael Baele | 50 | M. Fly | Jill Asch | 08/21/16 | 0:32.10 | | |
| 1:03.18 | 08/26/12 | Dennis Baker | 100 | M. Fly | Robin Parisi | 01/01/04 | 1:12.24 | | |
| 2:13.80 | 07/10/11 | Dennis Baker | 200 | M. Fly | Arlene Delmage | 08/21/16 | 2:44.45 | | |
| 2:21.77 | 08/11/13 | Dennis Baker | 200 | M. I. M. | Robin Parisi | 01/01/04 | 2:44.30 | | |
| 5:02.51 | 08/11/13 | Dennis Baker | 400 | M. I. M. | Colette Crabbe | 07/07/07 | 5:59.83 | | |

| MEN 55-59 | | | | | WOMEN 55-59 | | | | |
|-----------|----------|------------------|------|-----------|---------------------|----------|----------|--|--|
| 0:25.31 | 08/17/08 | Mike Tennant | 50 | M. Free | Karen Andrus-Hughes | 07/07/12 | 0:30.27 | | |
| 0:58.18 | 08/17/08 | Mike Tennant | 100 | M. Free | Karen Andrus-Hughes | 07/07/12 | 1:06.17 | | |
| 2:17.85 | 07/11/09 | Stephen Kevan | 200 | M. Free | Karen Andrus-Hughes | 08/25/13 | 2:32.81 | | |
| 4:55.77 | 08/10/06 | Steve Johnson | 400 | M. Free | Mary Sweat | 04/10/16 | 5:25.87 | | |
| 10:17.89 | 08/21/16 | David Hathaway | 800 | M. Free | Kris Denney | 08/21/16 | 10:55.65 | | |
| 19:40.64 | 07/12/03 | Steve Johnson | 1500 | M. Free | Mary Sweat | 08/21/15 | 20:37.27 | | |
| 0:31.21 | 08/17/08 | Wes Edwards | 50 | M. Back | Karen Andrus-Hughes | 07/07/12 | 0:35.02 | | |
| 1:08.20 | 08/17/08 | Wes Edwards | 100 | M. Back | Karen Andrus-Hughes | 07/07/12 | 1:17.52 | | |
| 2:29.67 | 08/17/08 | Wes Edwards | 200 | M. Back | Karen Andrus-Hughes | 07/07/12 | 2:50.54 | | |
| 0:34.66 | 06/04/05 | Allen Stark | 50 | M. Breast | Colette Crabbe | 08/11/13 | 0:38.55 | | |
| 1:14.76 | 06/12/13 | Patrick Allender | 100 | M. Breast | Colette Crabbe | 08/11/13 | 1:25.70 | | |
| 2:42.40 | 06/12/13 | Patrick Allender | 200 | M. Breast | Colette Crabbe | 08/11/13 | 3:07.24 | | |
| 0:29.78 | 06/06/09 | Wes Edwards | 50 | M. Fly | Colette Crabbe | 08/24/14 | 0:33.44 | | |
| 1:11.02 | 08/17/08 | Doug Brockbank | 100 | M. Fly | Colette Crabbe | 07/07/12 | 1:14.73 | | |
| 2:51.69 | 05/31/14 | Patrick Allender | 200 | M. Fly | Colette Crabbe | 08/06/11 | 2:56.32 | | |
| 2:32.16 | 06/12/13 | Patrick Allender | 200 | M. I. M. | Colette Crabbe | 08/11/13 | 2:45.39 | | |
| 5:41.42 | 05/31/14 | Patrick Allender | 400 | M. I. M. | Colette Crabbe | 08/11/13 | 5:53.27 | | |

Oregon LCM Records -- as of 08/30/2016

| MEN 60-64 | | | | | WOMEN 60-64 | | |
|-----------|----------|---------------|------|-----------|------------------|----------|----------|
| 0:27.38 | 08/25/13 | Mike Tennant | 50 | M. Free | Joy Ward | 08/15/02 | 0:33.69 |
| 1:01.24 | 08/25/13 | Mike Tennant | 100 | M. Free | Lavelle Stoinoff | 06/13/93 | 1:16.97 |
| 2:17.43 | 03/24/02 | Tom Landis | 200 | M. Free | Lavelle Stoinoff | 07/11/93 | 2:43.83 |
| 4:58.33 | 04/25/08 | Steve Johnson | 400 | M. Free | Colette Crabbe | 04/10/16 | 5:34.57 |
| 10:15.35 | 04/25/08 | Steve Johnson | 800 | M. Free | Colette Crabbe | 04/10/16 | 11:19.33 |
| 19:53.86 | 08/17/08 | Steve Johnson | 1500 | M. Free | Colette Crabbe | 04/10/16 | 21:25.18 |
| 0:32.94 | 08/11/13 | Wes Edwards | 50 | M. Back | Jeanna Summers | 08/17/14 | 0:40.20 |
| 1:11.50 | 04/14/13 | Wes Edwards | 100 | M. Back | Colette Crabbe | 04/10/16 | 1:23.05 |
| 2:36.95 | 04/14/13 | Wes Edwards | 200 | M. Back | Jeanna Summers | 08/17/14 | 3:11.96 |
| 0:35.10 | 08/06/11 | Allen Stark | 50 | M. Breast | Ginger Pierson | 08/17/08 | 0:42.11 |
| 1:16.83 | 08/10/09 | Allen Stark | 100 | M. Breast | Colette Crabbe | 04/10/16 | 1:31.51 |
| 2:50.44 | 08/06/11 | Allen Stark | 200 | M. Breast | Colette Crabbe | 04/10/16 | 3:19.71 |
| 0:30.05 | 08/10/98 | Bert Petersen | 50 | M. Fly | Joy Ward | 08/15/02 | 0:35.62 |
| 1:11.93 | 08/25/13 | Mike Tennant | 100 | M. Fly | Colette Crabbe | 04/10/16 | 1:18.81 |
| 2:58.82 | 06/06/09 | Allen Stark | 200 | M. Fly | Ginger Pierson | 08/10/06 | 3:33.79 |
| 2:49.01 | 07/07/13 | Wes Edwards | 200 | M. I. M. | Colette Crabbe | 04/10/16 | 2:52.74 |
| 6:11.10 | 08/25/13 | Wes Edwards | 400 | M. I. M. | Colette Crabbe | 06/05/16 | 5:56.40 |

| MEN 65-69 | | | | | WOMEN 65-69 | | |
|-----------|----------|---------------|------|-----------|------------------|----------|----------|
| 0:27.65 | 08/17/08 | Robert Smith | 50 | M. Free | Janet Gettling | 08/11/13 | 0:35.45 |
| 1:02.62 | 08/17/08 | Tom Landis | 100 | M. Free | Lavelle Stoinoff | 07/12/98 | 1:20.10 |
| 2:18.53 | 08/17/08 | Tom Landis | 200 | M. Free | Lavelle Stoinoff | 08/23/98 | 2:54.02 |
| 5:00.26 | 03/10/07 | Tom Landis | 400 | M. Free | Lavelle Stoinoff | 08/23/98 | 5:54.90 |
| 10:25.94 | 06/10/07 | Tom Landis | 800 | M. Free | Lavelle Stoinoff | 08/23/98 | 12:23.32 |
| 20:00.97 | 04/04/08 | Tom Landis | 1500 | M. Free | Lavelle Stoinoff | 07/26/98 | 23:42.01 |
| 0:33.87 | 08/17/08 | Robert Smith | 50 | M. Back | Joy Ward | 07/10/11 | 0:42.72 |
| 1:17.50 | 08/17/08 | Robert Smith | 100 | M. Back | Joy Ward | 07/10/11 | 1:32.05 |
| 2:55.69 | 07/12/08 | Robert Smith | 200 | M. Back | Lavelle Stoinoff | 08/23/98 | 3:16.02 |
| 0:35.78 | 08/10/14 | Allen Stark | 50 | M. Breast | Ginger Pierson | 08/14/11 | 0:43.94 |
| 1:19.88 | 08/10/14 | Allen Stark | 100 | M. Breast | Ginger Pierson | 08/14/11 | 1:39.83 |
| 2:56.96 | 08/10/14 | Allen Stark | 200 | M. Breast | Ginger Pierson | 08/14/11 | 3:41.76 |
| 0:31.41 | 07/12/03 | Bert Petersen | 50 | M. Fly | Joy Ward | 06/10/07 | 0:38.47 |
| 1:18.11 | 07/07/07 | Tom Landis | 100 | M. Fly | Janet Gettling | 06/06/15 | 1:40.77 |
| 3:09.06 | 08/21/16 | Allen Stark | 200 | M. Fly | Janet Gettling | 07/11/14 | 3:45.13 |
| 2:48.63 | 06/10/07 | Tom Landis | 200 | M. I. M. | Janet Gettling | 06/15/13 | 3:31.10 |
| 6:03.31 | 06/10/07 | Tom Landis | 400 | M. I. M. | Janet Gettling | 07/14/13 | 7:32.96 |

| MEN 70-74 | | | | | WOMEN 70-74 | | |
|-----------|----------|----------------|------|-----------|------------------|----------|----------|
| 0:30.26 | 06/19/04 | David Radcliff | 50 | M. Free | Rebecca Kay | 08/21/16 | 0:33.95 |
| 1:06.47 | 07/27/05 | David Radcliff | 100 | M. Free | Barbara Frid | 07/07/12 | 1:22.95 |
| 2:26.20 | 08/17/08 | David Radcliff | 200 | M. Free | Lavelle Stoinoff | 07/12/03 | 2:57.28 |
| 5:17.20 | 04/25/08 | David Radcliff | 400 | M. Free | Lavelle Stoinoff | 06/28/03 | 6:11.92 |
| 10:49.02 | 08/10/06 | David Radcliff | 800 | M. Free | Lavelle Stoinoff | 08/12/04 | 12:35.14 |
| 21:07.50 | 08/17/08 | David Radcliff | 1500 | M. Free | Lavelle Stoinoff | 07/12/03 | 24:24.13 |
| 0:38.59 | 05/31/14 | Robert Smith | 50 | M. Back | Joy Ward | 07/07/12 | 0:42.08 |
| 1:25.21 | 08/08/10 | Chris Hiatt | 100 | M. Back | Joy Ward | 07/07/12 | 1:32.68 |
| 3:07.54 | 06/12/11 | Chris Hiatt | 200 | M. Back | Joy Ward | 07/07/12 | 3:18.02 |
| 0:43.02 | 07/11/09 | Ronald Nakata | 50 | M. Breast | Ginger Pierson | 08/21/16 | 0:46.18 |
| 1:39.70 | 07/11/09 | Ronald Nakata | 100 | M. Breast | Ginger Pierson | 03/29/16 | 1:47.45 |
| 3:41.84 | 04/10/16 | Roy Lambert | 200 | M. Breast | Ginger Pierson | 06/25/16 | 3:55.22 |
| 0:32.36 | 04/04/08 | Bert Petersen | 50 | M. Fly | Barbara Frid | 07/07/12 | 0:40.81 |
| 1:25.80 | 05/12/12 | Tom Landis | 100 | M. Fly | Joy Ward | 08/26/12 | 1:49.13 |
| 3:49.33 | 08/23/92 | Andrew Holden | 200 | M. Fly | Joy Ward | 08/25/13 | 4:17.24 |
| 2:56.72 | 05/12/12 | Tom Landis | 200 | M. I. M. | Joy Ward | 08/26/12 | 3:38.29 |
| 6:24.76 | 07/07/12 | Tom Landis | 400 | M. I. M. | Joy Ward | 08/26/12 | 7:43.94 |

| MEN 75-79 | | | | | WOMEN 75-79 | | |
|-----------|----------|----------------|------|-----------|------------------|----------|----------|
| 0:30.28 | 07/11/09 | David Radcliff | 50 | M. Free | Lavelle Stoinoff | 06/14/08 | 0:44.49 |
| 1:06.63 | 07/11/09 | David Radcliff | 100 | M. Free | Lavelle Stoinoff | 07/12/08 | 1:36.87 |
| 2:25.66 | 06/06/09 | David Radcliff | 200 | M. Free | Jane Nichols | 08/21/16 | 3:47.94 |
| 5:17.77 | 03/07/09 | David Radcliff | 400 | M. Free | Lavelle Stoinoff | 07/12/08 | 7:30.75 |
| 11:07.90 | 07/11/09 | David Radcliff | 800 | M. Free | Jerri Kawabata | 07/10/11 | 17:19.91 |
| 21:03.06 | 07/11/09 | David Radcliff | 1500 | M. Free | Jerri Kawabata | 08/25/13 | 33:50.63 |
| 0:41.04 | 08/23/15 | Chris Hiatt | 50 | M. Back | Evelyn McKeon | 07/14/91 | 1:01.73 |
| 1:28.02 | 04/10/16 | Chris Hiatt | 100 | M. Back | Norma Bernardi | 08/13/98 | 2:20.24 |
| 3:14.60 | 08/23/15 | Chris Hiatt | 200 | M. Back | Margaret Wells | 08/19/01 | 5:06.17 |
| 0:44.32 | 08/21/16 | Ronald Nakata | 50 | M. Breast | Pauline Stangel | 07/12/98 | 1:07.89 |
| 1:47.47 | 07/09/05 | Milton Marks | 100 | M. Breast | Pauline Stangel | 08/15/98 | 2:28.59 |
| 3:57.09 | 07/09/05 | Milton Marks | 200 | M. Breast | Pauline Stangel | 08/15/98 | 5:21.62 |
| 0:39.02 | 08/27/95 | Andrew Holden | 50 | M. Fly | Margaret Wells | 06/02/02 | 1:09.46 |
| 1:40.74 | 08/27/95 | Andrew Holden | 100 | M. Fly | Margaret Wells | 08/19/01 | 2:41.91 |
| 4:01.71 | 08/27/95 | Gerald Huestis | 200 | M. Fly | Margaret Wells | 07/13/02 | 6:19.66 |
| 3:33.61 | 08/21/16 | Ronald Nakata | 200 | M. I. M. | Helena Hoffman | 07/26/92 | 5:05.29 |
| 8:14.84 | 07/16/95 | Gerald Huestis | 400 | M. I. M. | Margaret Wells | 07/13/02 | 11:30.30 |

Oregon LCM Records -- as of 08/30/2016

| MEN 80-84 | | | | | WOMEN 80-84 | | | | |
|-----------|----------|-------------------|------|-----------|-----------------|----------|----------|--|--|
| 0:33.27 | 08/24/14 | David Radcliff | 50 | M. Free | Jerri Kawabata | 06/06/15 | 0:54.27 | | |
| 1:11.82 | 08/24/14 | David Radcliff | 100 | M. Free | Jerri Kawabata | 06/06/15 | 2:01.35 | | |
| 2:40.22 | 08/24/14 | David Radcliff | 200 | M. Free | Jerri Kawabata | 08/23/15 | 4:22.89 | | |
| 5:45.21 | 08/23/15 | David Radcliff | 400 | M. Free | Jerri Kawabata | 04/10/16 | 8:57.77 | | |
| 11:49.29 | 08/24/14 | David Radcliff | 800 | M. Free | Jerri Kawabata | 08/23/15 | 18:14.06 | | |
| 22:16.90 | 05/31/14 | David Radcliff | 1500 | M. Free | Jerri Kawabata | 04/10/16 | 34:40.26 | | |
| 0:46.25 | 06/28/03 | Andrew Holden | 50 | M. Back | Norma Bernardi | 07/30/00 | 1:03.87 | | |
| 1:45.64 | 06/12/99 | Andrew Holden | 100 | M. Back | Norma Bernardi | 10/12/02 | 2:08.49 | | |
| 4:04.79 | 06/14/87 | Herb Eisenschmidt | 200 | M. Back | Norma Bernardi | 10/08/02 | 5:17.94 | | |
| 0:46.64 | 07/10/11 | Milton Marks | 50 | M. Breast | Pauline Stangel | 06/03/01 | 1:11.51 | | |
| 1:50.93 | 08/08/10 | Milton Marks | 100 | M. Breast | Pauline Stangel | 06/03/01 | 2:44.95 | | |
| 4:15.75 | 08/08/10 | Milton Marks | 200 | M. Breast | Pauline Stangel | 07/12/03 | 5:53.03 | | |
| 0:41.89 | 07/11/99 | Andrew Holden | 50 | M. Fly | Jerri Kawabata | 08/23/15 | 1:19.40 | | |
| 1:47.88 | 06/12/99 | Andrew Holden | 100 | M. Fly | Eva Muller | 07/09/95 | 3:54.38 | | |
| 4:57.38 | 08/09/03 | Andrew Holden | 200 | M. Fly | Helena Hoffman | 06/22/96 | 8:20.07 | | |
| 3:56.09 | 04/10/16 | Dick Slawson | 200 | M. I. M. | Eva Muller | 07/14/96 | 6:01.70 | | |
| 8:42.98 | 04/10/16 | Dick Slawson | 400 | M. I. M. | Helena Hoffman | 06/22/96 | 15:03.50 | | |
| MEN 85-89 | | | | | WOMEN 85-89 | | | | |
| 0:37.21 | 07/10/04 | Andrew Holden | 50 | M. Free | Patience Miller | 07/14/96 | 1:04.39 | | |
| 1:26.78 | 07/07/07 | Willard Lamb | 100 | M. Free | Patience Miller | 07/14/96 | 2:30.78 | | |
| 3:16.95 | 08/17/08 | Willard Lamb | 200 | M. Free | Eva Muller | 07/11/99 | 5:10.71 | | |
| 7:06.36 | 07/12/08 | Willard Lamb | 400 | M. Free | Eva Muller | 07/11/99 | 10:53.38 | | |
| 14:36.90 | 04/04/08 | Willard Lamb | 800 | M. Free | Martha Keller | 06/08/86 | 29:14.16 | | |
| 28:35.24 | 04/04/08 | Willard Lamb | 1500 | M. Free | Martha Keller | 08/24/86 | 57:03.68 | | |
| 0:49.14 | 06/19/04 | Andrew Holden | 50 | M. Back | Eva Muller | 07/08/01 | 1:24.68 | | |
| 1:49.24 | 06/14/08 | Willard Lamb | 100 | M. Back | Eva Muller | 07/12/98 | 2:37.63 | | |
| 4:04.33 | 06/14/08 | Willard Lamb | 200 | M. Back | Eva Muller | 07/24/99 | 5:38.43 | | |
| 0:59.39 | 06/04/05 | Andrew Holden | 50 | M. Breast | Pauline Stangel | 06/03/06 | 1:24.72 | | |
| 2:28.47 | 07/10/04 | Andrew Holden | 100 | M. Breast | Pauline Stangel | 06/03/06 | 3:16.51 | | |
| 7:20.23 | 08/24/86 | Roy Webster | 200 | M. Breast | Pauline Stangel | 06/10/07 | 6:58.82 | | |
| 0:46.48 | 06/19/04 | Andrew Holden | 50 | M. Fly | Patience Miller | 06/22/96 | 2:11.56 | | |
| 2:02.53 | 06/19/04 | Andrew Holden | 100 | M. Fly | Elfie Stevenin | 07/07/07 | 6:10.34 | | |
| 4:47.63 | 07/10/04 | Andrew Holden | 200 | M. Fly | Elfie Stevenin | 07/07/07 | 12:59.26 | | |
| 4:15.59 | 07/10/04 | Andrew Holden | 200 | M. I. M. | Eva Muller | 07/24/99 | 6:26.81 | | |
| | | open | 400 | M. I. M. | Eva Muller | 07/08/01 | 14:57.79 | | |
| MEN 90-94 | | | | | WOMEN 90-94 | | | | |
| 0:43.50 | 06/06/15 | Willard Lamb | 50 | M. Free | Virginia Phipps | 08/21/16 | 1:25.97 | | |
| 1:41.87 | 05/31/14 | Willard Lamb | 100 | M. Free | Virginia Phipps | 08/21/16 | 3:05.93 | | |
| 3:41.77 | 08/11/13 | Willard Lamb | 200 | M. Free | Eva Muller | 07/20/02 | 5:36.74 | | |
| 8:01.57 | 08/24/14 | Willard Lamb | 400 | M. Free | | | | | |
| 16:28.37 | 08/11/13 | Willard Lamb | 800 | M. Free | | | | | |
| 31:12.82 | 05/31/14 | Willard Lamb | 1500 | M. Free | | | | | |
| 0:54.96 | 08/25/13 | Willard Lamb | 50 | M. Back | Eva Muller | 07/12/03 | 1:17.68 | | |
| 1:59.92 | 05/31/14 | Willard Lamb | 100 | M. Back | Eva Muller | 07/20/02 | 2:58.31 | | |
| 4:20.06 | 05/31/14 | Willard Lamb | 200 | M. Back | Eva Muller | 07/12/03 | 6:28.70 | | |
| 1:20.23 | 06/06/09 | Andrew Holden | 50 | M. Breast | Hilda Buel | 06/04/05 | 2:58.60 | | |
| 3:30.38 | 07/10/11 | Rupert Fixott | 100 | M. Breast | Eva Muller | 07/12/03 | 3:49.99 | | |
| | | | 200 | M. Breast | Eva Muller | 07/20/02 | 8:30.18 | | |
| 1:05.95 | 06/06/09 | Andrew Holden | 50 | M. Fly | Hilda Buel | 06/03/06 | 4:42.00 | | |
| | | | 100 | M. Fly | | | | | |
| | | | 200 | M. Fly | | | | | |
| | | | 200 | M. I. M. | Hilda Buel | 01/01/04 | 12:03.55 | | |
| | | | 400 | M. I. M. | | | | | |
| MEN 95-99 | | | | | WOMEN 95-99 | | | | |
| 1:06.06 | 07/09/88 | Collister Wheeler | 50 | M. Free | no records | | | | |
| | | | 100 | M. Free | | | | | |
| | | | 200 | M. Free | | | | | |
| | | | 400 | M. Free | | | | | |
| | | | 800 | M. Free | | | | | |
| | | | 1500 | M. Free | | | | | |
| | | | 50 | M. Back | | | | | |
| | | | 100 | M. Back | | | | | |
| | | | 200 | M. Back | | | | | |
| | | | 50 | M. Breast | | | | | |
| | | | 100 | M. Breast | | | | | |
| | | | 200 | M. Breast | | | | | |
| | | | 50 | M. Fly | | | | | |
| | | | 100 | M. Fly | | | | | |
| | | | 200 | M. Fly | | | | | |
| | | | 200 | M. I. M. | | | | | |
| | | | 400 | M. I. M. | | | | | |

