

Aqua-Master

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The CHAIR'S CORNER by Suzanne Rague

Greetings! I hope you were among the swimmers at the Tualatin Hills meet in June and the State Games meet in July. Many thanks to Ed Ramsey of T-Hills and Donna Ryan of the Mt. Hood Community College pool, their meet committees, and the USA Swimming officials who made these meets enjoyable. I hope you're planning to give yourself a real summer treat and swim one or more of our lake swims.

On the dry side of the sport, every year USMS holds an annual convention where the business of running the national organization takes place. The Oregon LMSC has seven people attending this year. Three are members of the national Board - Sandi Rousseau is Chair of the Championship Committee, Dave Radcliff is Northwest Zone Chair, and I am the Controller. We are also sending Dan Gray, member of the Safety Education Committee, Pam Himstreet, a member of the Fitness Committee, June Mather, and Bill Volckening. If you have any questions about the convention or issues you would like us to pursue there, please contact any of us. See you lakeside...Suzanne

Correction - Traveling to the Association Open Water Championships from the North on Interstate 5 use Exit 172 not 170

profile Debbie Gregoire

"Each day is cherished. Stay swimming and stay healthy"

It's another pleasant summer evening in the Rogue Valley and Debbie Gregoire and I are about to dig into two big salads and a pizza. Sitting across from me is the valley's premier swim instructor, long-time Masters swimmer, and your basic up-beat, always-smiling, youthful athlete. I've been looking forward to this conversation and I'm glad to provide you OMS members with this opportunity to get to know Debbie. So, we begin with the basics.

Q: Age? A: 44 now and 45 on August 8.

Q: Occupation? A: Swim instructor, swim coach, secretary.

Q: Family? A: Two daughters; one grandson, and one grand-daughter on the way.

Q: Hobbies? A: Oil painting and writing my book on how to teach swim lessons.

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ol' Barnacle

reviews - results - records

Ol Barn ... Swim Into Summer Long Course Meet...

Our hosts were the Tualatin Hills Barracudas for this early and "getting it on" meet. Most of the swimmers were in great shape, but a few were definitely not ready for the the 50 meter length.

The meet director was Ed Ramsey, head referee Dana Erickson, with De Peters in charge of the timers. A great all around crew backing these leaders up.

Almost 100 swimmers were on hand to either prove that they were ready for LONG COURSE, or like ol white hair, were not. It is a great venue. A bit of a trouble with the warm day, but fine times were swum and records set.

Boomers for the day:

ANDREW HOLDEN (just 80) showed the multitude how to break the WORLD RECORD in the 100 Fly at 1:47.88, it was 1:52.37 held by Anton Cerar. Then added to that, with a new NATIONAL record in the 50 Fly at 42.50, dismanteling the old
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1999 Calendar and Meet Schedule Pool

| Date | Event | Location | Contact |
|--------------|-----------------|---|---|
| Aug. 19 - 23 | LCM Nationals | Minneapolis, Minn. | |
| Oct. 17 | *SCY Pentathlon | Tualatin Hills | Ed Ramsey (503) 617-2544 tkramsey@worldnet.att.net |
| Nov. 13,14 | SCY | Ashland | John Weston & Erin Coke (541) 488-2547 |
| Nov. 13,14 | Clinic | Ashland - Video Stroke Analysis with Coach Bob Bruce as part of the Ashland SCY swim meet | |
| Dec. 4,5 | SCM Zone | Mac Club - Portland | Sean Taylor - staylor@themac.com |

* ENTRY BLANK INCLUDED IN THIS ISSUE OF AQUA-MASTER

Open Water Schedule

| | | | |
|---------|---|---------------|----------------|
| Aug. 14 | OMS Open Water Clinic - Cottage Grove | Dan Gray | (541) 944-0529 |
| Aug. 15 | *OMS Association Open Water Championships | Steve Johnson | (541) 683-5758 |

| | | | |
|----------|------------------------------------|------------------|----------------|
| Aug. 28 | *Eel Lake North Bend - South Coast | Trudy Gugliemini | (541) 756-5566 |
| Sept. 12 | *Haag Lake - Forest Grove | Andrea Milano | (503) 236-8959 |

Out of State Open Water

| | | | |
|----------|--|-------------------------------|--|
| Aug 21 | Long Bridge Swim - Sandpoint, Idaho | www.keokee.com/longbridgeswim | |
| Sept. 25 | 8.5 mile open water swim - Catalina Island, CA | (310) 451-6666 | |
| Sept. 26 | 5 Kilometer open water swim - Catalina Is., CA | (310) 451-6666 | |

Postal Championships

| | | | |
|-------------------|--|-----------------------|--|
| May 15 - Sept. 30 | 5 K and 10 K Postal National Championships | weswim@mindspring.com | |
| Sept. 1 - Oct. 31 | 3000/6000 Yard Postal National Championships | phut@usms.org | |

Pan Pacific Swim Meet - Perth, Australia

Oct 15 - 23 Send check for \$3.20 (made out to USMS) to USMS Office and an information packet will be mailed to you. Entries close Sept 3, 1999 Tracy Grilli (603) 537 - 0203

Millenium Meet Bids are due to Pam Himstreet by August 7th. Plan on having a meet in the year 2000 at your Pool!!!!

Aqua-Master Change of Address

The Aqua-Master is produced 12 times a year and is delivered free of charge to OMS Members. To request a change of address please send this completed form to:

NOTE: THE AQUA-MASTER IS SENT VIA BULK MAIL AND WILL NOT BE FORWARDED BY THE U.S. POSTAL SERVICE

June Mather
OMS Registrar
1056 Hillview Dr.
Ashland, OR
97520

☐

Change of Address

AFFIX ADDRESS LABEL HERE

NAME _____
 ADDRESS _____
 CITY/STATE/ZIP _____
 PHONE _____ USMS # _____

United States Masters Swimming Inc., is now, as it always has been, concerned for the safety and health of its members. It will continue to disseminate such information concerning swimming safety and health as comes to its attention. However, United States Masters Swimming cannot and does not accept responsibility for the content of any information or material not authorized by United States Masters Swimming Inc. All opinions stated in any such material are solely those of the author(s) and not necessarily those of United States Masters Swimming Inc.

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Q: What is the most interesting place you've traveled to?

A: Toronto, Canada for the 1985 World Masters Games.

Q: What other sports do you enjoy? A: I try to enjoy land sports such as biking and skiing, but I'm basically a swimmer.

Q: How long have you been swimming? A: I swam age group from age 8 though 16. When I was 27 I joined Masters, so I've been with Masters swimming for 17 years.

Q: What male and female swimmers do you most respect?

A: Mark Spitz and Janet Evans. I was lucky enough to watch Mark Spitz swim at Nationals in 1971.

Q: Who's your favorite coach? A: Bob Bruce, COMA's coach. He creates inventive workouts according to the swimming season. His sets are challenging and he lets us talk back to him...sometimes.

Q: How long have you been coaching age group and high school swimming? A: 15 years

Q: Describe your most memorable experience with one of your young swimmers. A: In 1989, at Jr. Nationals in Long Beach, one of my swimmers, 17 year old Curtis Taylor was one of three swimmers in a 3-way tie for 1st place in the consolation finals of the 50 Free with a time of 21.21!

Q: What do you like best about teaching kids to swim?

A: Knowing that I am making a difference in their lives and that I've instilled in them a positive attitude toward swimming.

Q: Tell us about your future projects. A: I have devel-

oped a teaching system called "KidSwim" in which young swimmers progress through 4 levels of instruction. There are 3 pools in the area that are interested in implementing this program. My book, also entitled "KidSwim" is nearing completion. In addition, I am working on a training manual for parents--how to teach their kids to swim; and a training manual for the military on how to teach recruits to swim.

Q: What advice would you give to a Masters swimmer?

A: Listen to your body. Your health is everything; you can't buy it, but you can take good care of it. On August 11, 1987 I had 2/3 of my pancreas and my spleen removed at OHSU. Recovery was slow but after 8 weeks, I swam 500 yards. Within that first year, I swam the 1500 and 3000 at the Applegate and Elk Lake swims and then swam 2.7 miles across Donner Lake on my 44th birthday, 362 days after my surgery. I placed 10th in my age group at this National Championship. I look back on getting through that year as one of the greatest accomplishments of my life. I just want to keep up my current swimming regime and look forward to a few meets a year and lots of lake swims. Each day is cherished. Stay swimming and stay healthy.

Q: What advice would you give to an age group swimmer? A: You are who you choose to be. Work hard. Listen to and respect your coach.

profile article by June Mather

ol'Barnacle

reviews - results - records - history

1998 FINA WORLD TOP TEN

Checked with Walt Reid on ages, and he used the FINA rule, as was adopted by USMS, and is now world wide.

SHORT COURSE METERS:

Women 40-44: Laura Worden - 6th - 200 Fly - 2:49.67

Women 50-54: Ginger Pierson (MAC) 1st - 50 Breast - 40.29, 5th - 100 Breast - 1:31.74, 3rd - 200 Breast - 3:18.25, 10th - 100 Fly - 1:29.23, 7th - 200 Fly - 3:19.16, 4th - 100 IM - 1:22.44, 5th - 200 IM - 3:07.88, 7th - 400 IM - 6:52.16

Sandi Rousseau - 10th - 50 Fly - 37.17

Women 55-59: Phylis (Joy) Ward - 6th - 50 Free - 33.66, 10th - 50 Back - 40.88, 7th - 50 Fly - 38.91

Pam Himstreet - 8th - 1500 Free - 25:26.13, 10th - 200 Breast - 3:39.82, 10th - 200 Fly - 3:54.00, 10th - 400 IM - 7:32.80

Men 25-29: Bill Zolna - 3rd - 200 Fly - 2:12.51, 4th - 400 IM - 4:51.27 OB Note: 1 thru 4: were all 2:12 pluses, 200 Fly

30-34: Doug Stewart - 8th - 400 IM - 4:59.60

35-39: Steve George - 10th - 100 Back - 1:03.81, 6th - 200 Back - 2:20.28. Chris Roth - 3rd - 200 Fly - 2:17.34, 6th - 400 IM - 5:09.10

40-44: Pat Allender - 9th - 100 Breast - 1:12.28, 3rd - 200 Breast - 2:36.02, 6th - 200 I

M - 2:23.09, 3rd - 400 IM - 5:05.19

45-49: Allen Stark - 10th - 50 Breast - 34.54, 3rd - 200 Breast - 2:43.34

55-59: Robert Smith - 1st - 50 Free - 26.86, 1st - 50 Back - 30.94, 2nd - 100 Back - 1:10.47, 5th - 50 Breast - 35.69, 3rd - 50 Fly - 29.79, 1st - 100 IM - 1:09.43

75-79: Andrew Holden - 8th - 50 Free - 35.43, 1st - 50 Fly - 39.93, 1st - 100 Fly - 1:45.13, 2nd - 100 IM - 1:37.33.

Gil Young - 5th - 200 Free - 3:11.77, 10th - 400 Free - 7:05.52, 6th - 800 Free - 14:08.23, 4th - 1500 Free - 28:11.33

Relay: 200-239 - Men 2nd - 200m Medley - 2:04.85 - Robert Smith, Allen Stark, Chris Roth, George Thayer

120-159 - MXD 7th - 200m Medley - 2:04.29 - Steve George, Pat Allender, Shauna Simpson, Lisa Hjerpe

LONG COURSE METERS

Women 25-29: Lisa Hjerpe - 10th - 800 Free - 10:26.32

Women 30-34: Lisa Hjerpe - 7th - 200 Back - 2:38.35, 5th - 200 IM - 2:35.54, 3rd - 400 IM - 5:35.06

Women 35-39: H Vaughan-Edmonds - 6th - 400 Free - 4:51.70, 8th - 800 Free - 9:56.66

Women 45-49: Teri Hendryx - 6th - 200 Back - 2:56.42, 10th - 200 Breast - 3:16.45

Kathryn Bullock - 7th - 200 Back - 2:57.13, 4th - 400 IM - 6:09.84.

Christy Hartman - 7th - 50 Breast - 39.63

Women 55-59: Phylis (Joy) Ward - 8th - 50 Free - 34.16, 9th - 200 Back - 3:25.79

Women 65-69: Lavelle Stoinoff - 1st - 100 Free - 1:20.10, 1st - 200 Free - 2:54.02, 1st - 400 Free - 5:54.90, 1st - 800 Free - 12:23.32, 1st - 1500 Free - 23:42.01, 4th - 50

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The Fitness Lane

With the start of the Open Water season I thought many of you would be interested in knowing more about Hypothermia. I invited Hilloah Rohr to write a column for us this month. Hilloah Rohr is an elite cross country skier and lives and practices (exercise physiology) in Bend, OR.

HYPOTHERMIA

The human body is warm-blooded and has the most sensitive and efficient heat regulatory mechanism of any animal on the planet. This body temperature regulation keeps the core temperature within a near constant one degree Fahrenheit of the ideal 98.6 degrees. The body's thermostat is found in the hypothalamus in the brain. It regulates by receiving information from thermoreceptors in the skin and blood.

Due to this fine thermal-regulating mechanism, the body has the ability to react quickly to temperature insults such as cold water, cool air temperatures and wind chill. Add any combination together with a compromised circulatory system due to athletic competition, and the body temperature can easily slip into some degree of hypothermia. This can easily happen at temperatures well above freezing.

The body responds to cold stress by 1) restricting the peripheral blood vessels, 2) muscular activity such as shivering and 3) hormonal output to increase the

metabolism.

An initial drop in body temperature of just 1-2 degrees can trigger shivering, clumsiness, slowed reactions, mental confusion and difficulty in speaking. The person frequently is unaware of what is happening, with the response happening in a matter of minutes. Moderate hypothermia occurs when the body temperature ranges from 95-90 degrees. At this point uncontrollable violent shivering, slurred speech, confused and sluggish thinking and stumbling gait are present.

Mild to moderate hypothermia can happen quickly and may continue unnoticed due to the mental confusion involved. It is very important to act quickly and change the environment: Prevent further heat loss - remove wet clothing, get out of the wind, put on dry clothing, add a wind layer or blanket, cover the head. Rewarm the core first through layers, heat in arm pits, groin, sides of neck, plus warm, sweet liquids and keep the person still, laying on an insulated pad.

Hopefully hypothermia would always be caught in its earliest stages at a swimming event. However, if the shivering becomes replaced by muscular rigidity, loss of consciousness and lowering pulse and respiratory rates, this becomes a life or death emergency and the patient should be transported and treated by professionals as quickly as possible.

By Hilloah Rohr, M.S. Exercise Physiology

END OF POOL - FLIP TO NEXT LANE

Swimming the Net



By Bill Volckening
volckening@aol.com

USMS Places to Swim

<http://www.usms.org/placswim/>

New in town? Still looking for a place to swim in your travels? Go directly to the USMS Web Site and check out the "Places to Swim" directory. "Places to Swim" is the most specific resource available for locating Masters organizations and local workout groups in the United States. It provides a searchable database of local pools and clubs with organized workout groups.

TIME FOR A WARM SHOWER

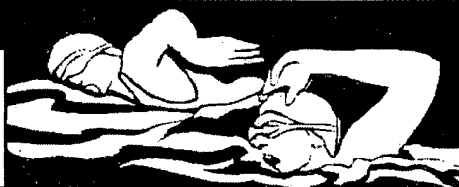
You may choose to search by city, state or LMSC, or you may click on a map of the United States with highlighted LMSC and Zone regions. There is also a method for web visitors to update information about their local organization. "The National Office has worked diligently with the 53 LMSCs in updating the listed information so that you, the traveler, can be assured that there will be a place to swim when you arrive at your destination," says USMS Executive Secretary Tracy Grilli. "As you can imagine, the process of keeping this information current is tremendous. You can help by logging on and checking to see if your team's workout information is listed and current. If so, great! If not, please make the necessary modifications. Traveling swimmers everywhere will benefit from your efforts."

*"Traveling swimmers everywhere
will benefit from your efforts."*

If you're not online, "Places to Swim" is also available for \$6 as a printed

publication. To purchase a copy, contact Tracy Grilli at the USMS National Office: 9 Wiley Hill Road Londonderry, NH 03053. Telephone: (603) 537-0203 (Eastern Standard Time).

OPEN WATER SWIMMING



LONG DISTANCE SWIMMING

By Dan Gray, Open Water/Long Distance Swimming Chair

Spent a few hours in the lake today. Started out wearing the wetsuit due to cool morning temps and overcast skies. At the half way point I slipped out of the wet suit and continued on. The feel of the water against the skin was heightened by the transition. Try it some time!!

On to the Association Championships at Cottage Grove on the 15th. The group from Emerald Aquatics are busy preparing for our largest event to date. On that same day Oregon Swimming will also have their first team Championship event. Are your children swimmers? Here is your chance to introduce them to the open water. Make no mistake, this is the warm water you have been looking for. Saturday afternoon OMS coaches will host an open water clinic at the Pine Meadows primitive campground. The clinic will begin at 3pm and will conclude by 6pm. Swimmers of all ages are invited.

Now for the **NEW SWIM** over in North Bend.

This is your opportunity to take the family to the coast; swim one day and take in the sights on Sunday. The swim is on Saturday the 28th. If you have not been to this part of the Oregon coast you will enjoy this. Lovely Winchester Bay is just north and the Umpqua State park is a nice place to visit. As a matter of fact, I have reserved an extra campground

there if anyone wants it give me a call. (541) 944-0529

Trudy Gugliemini has been working very hard to host a great event. One important item that was left off the entry form was that the South Coast Team is going to feed you!!! They will BBQ until you are filled up. Hopefully you open water enthusiasts will realize the importance of supporting a club when they stick their necks out and try something for the first time. Give them your support!

Trudy even managed to receive a donated open kayak from River Sport in Eugene. The North Bend team will be raffling this fun river craft during the BBQ.

Hopefully the cool weather hasn't stopped you from your outdoor swims. The heat is on the way! Seems like there are some interesting swims in late September down south. Two USMS National Open Water Championships back to back. The 8.5 mile on Saturday and the 5K on Sunday the 26th. These swims are at Catalina Island in S. California. Anyone besides Mike Douglas and Dan Gray have the urge to take in some fun time?

Here's hoping that you open water folks have enough to choose from this year. Remember, age group high point tabulations are being kept but you must swim at three venues to be eligible for awards. Keep on stroking.

APPLEGATE LAKE SWIM 5000 METERS

| AGE | SEX | PL | NAME | AGE | TEAM | TIME | FINISH |
|-------|-----|----|--------------------|-----|-------|---------|--------|
| 25-29 | F | 1 | SARA QUAN | 26 | COMA | 1:14:26 | 4 |
| 25-29 | F | 2 | SHAUNA SIMPSON | 27 | PMS | 1:25:19 | 9 |
| 25-29 | F | 3 | HEATHER SWAIN | 26 | UNAT | 2:17:03 | 24 |
| 25-29 | M | 1 | GREG WELCH | 29 | COMA | 1:18:26 | 5 |
| 30-34 | M | 1 | BILL ZOLNA | 30 | PMS | 1:12:02 | 1 |
| 30-34 | M | 2 | BILL VOLCKENING | 33 | THB | 1:40:40 | 21 |
| 35-39 | F | 1 | JANICE TACCONI | 36 | RVM | 1:39:30 | 19 |
| 35-39 | M | 1 | DAVID VAN DER ZWAN | 36 | MOFIA | 1:25:19 | 9 |
| 35-39 | M | 2 | DON SOARES | 39 | RVM | 1:38:02 | 16 |
| 40-44 | F | 1 | DEB GREGOIRE | 44 | RVM | 1:26:37 | 11 |
| 40-44 | M | 1 | CURT LA COUNT | 40 | BDM | 1:13:26 | 2 |
| 40-44 | M | 2 | MARK FAIRLEE | 41 | COMA | 1:22:22 | 7 |
| 40-44 | M | 3 | MICHAEL DOUGLAS | 41 | COMA | 1:25:12 | 8 |
| 40-44 | M | 4 | DARYL YASUI | 42 | RVM | 1:30:54 | 12 |
| 40-44 | M | 5 | DANIEL GREENBLATT | 44 | RVM | 1:37:22 | 14 |
| 45-49 | F | 1 | JUDY SWAIN | 49 | UNAT | 1:53:57 | 23 |
| 45-49 | M | 1 | JULES DE GIULIO | 46 | EA | 1:25:51 | 10 |
| 45-49 | M | 2 | DAVID BOGDEN | 48 | THB | 1:44:30 | 20 |
| 50-54 | M | 1 | STEVE JOHNSON | 51 | EA | 1:13:30 | 3 |
| 50-54 | M | 2 | ROBERT BRUCE | 51 | COMA | 1:22:13 | 6 |
| 50-54 | M | 3 | RICHARD SMITH | 50 | RVM | 1:31:16 | 13 |
| 50-54 | M | 4 | DAN GRAY | 54 | RVM | 1:38:06 | 17 |
| 50-54 | M | 5 | GREG FROWNELTER | 50 | RVM | 1:38:21 | 18 |
| 55-59 | F | 1 | PAM HIMSTREET | 55 | COMA | 1:37:51 | 15 |
| 55-59 | F | 2 | PEGGY WHITER | 55 | COMA | 1:50:47 | 22 |

WET SUIT DIVISION 5000 METER

| | | | | | | | |
|-------|---|---|----------------|----|------|---------|---|
| 45-49 | F | 1 | JUNE MATHER | 46 | RVM | 1:38:05 | 2 |
| 55-59 | M | 1 | FRED PROUTY | 57 | UNAT | 2:35:02 | 3 |
| 65-69 | M | 2 | DAVID RADCLIFF | 65 | THB | 1:20:19 | 1 |

Applegate Lake Swim

Rogue Valley Masters did it again: gorgeous weather, beautiful setting, fun competition, flush toilets and as always - the World's great-
continued on page 6



Race Director Dan Gray and June Mather celebrate at the end of the 5 K swim.

APPLEGATE LAKE SWIM 3000 METERS

| AGE | SEX | PL | NAME | AGE | TEAM | TIME | FINISH |
|-------|-----|----|---------------------|-----|-------|-------|--------|
| 19-24 | F | 1 | KENDRA SMITH | 21 | THB | 46:00 | 3 |
| 25-29 | F | 1 | SARA QUAN | 26 | COMA | 46:05 | 4 |
| 25-29 | F | 2 | SHAUNA SIMPSON | 27 | PMS | 49:39 | 7 |
| 25-29 | F | 3 | ELIZABETH HENDERSON | 28 | COMA | 49:43 | 9 |
| 25-29 | M | 1 | GREG WELCH | 29 | COMA | 47:30 | 5 |
| 30-34 | M | 1 | BILL ZOLNA | 30 | PMS | 44:18 | 1 |
| 30-34 | M | 2 | RICHARD HOBBS | 33 | RVM | 53:36 | 12 |
| 30-34 | M | 3 | BILL VOLCKENING | 33 | THB | 60:30 | 25 |
| 35-39 | F | 1 | LAURA IMPERIA | 38 | UNAT | 62:13 | 27 |
| 35-39 | F | 2 | JANICE TACCONI | 36 | RVM | 62:59 | 28 |
| 35-39 | M | 1 | DAVID VAN DER ZWAN | 36 | MOFIA | 49:42 | 8 |
| 35-39 | M | 2 | DAVE BENNETT | 26 | UNAT | 53:45 | 13 |
| 35-39 | M | 3 | DON SOARES | 39 | RVM | 57:37 | 16 |
| 35-39 | M | 4 | DAVID DUNDON | 35 | COMA | 65:05 | 30 |
| 40-44 | F | 1 | DEB GREGOIRE | 44 | RVM | 53:13 | 11 |
| 40-44 | M | 1 | CURT LA COUNT | 40 | BDM | 44:32 | 2 |
| 40-44 | M | 2 | MARK FAIRLEE | 41 | COMA | 49:52 | 10 |
| 40-44 | M | 3 | DARYL YASUI | 42 | RVM | 55:11 | 15 |
| 40-44 | M | 4 | DANIEL GREENBLATT | 44 | RVM | 57:51 | 17 |
| 40-44 | M | 5 | MICHAEL DOUGLAS | 41 | COMA | 49:55 | 18 |
| 40-44 | M | 6 | JOHN MAHONEY | 42 | UNAT | 61:29 | 26 |
| 45-49 | F | 1 | DIANE DAVIS | 48 | DAM | 63:34 | 29 |
| 45-49 | M | 1 | TOM ANDERSEN | 48 | DAC | 49:19 | 6 |
| 45-49 | M | 2 | JULES DE GIULIO | 46 | EA | 52:55 | 11 |
| 45-49 | M | 3 | CRAIG MATHER | 47 | RVM | 55:06 | 14 |
| 45-49 | M | 4 | WILL DAVIS | 48 | DAM | 66:31 | 31 |
| 50-54 | F | 1 | GERI MATHEWSON | 51 | RVM | 57:38 | 22 |
| 50-54 | M | 1 | STEVE JOHNSON | 51 | EA | 44:33 | 19 |
| 50-54 | M | 2 | ROBERT BRUCE | 51 | COMA | 51:50 | 20 |
| 50-54 | M | 3 | DAN GRAY | 54 | RVM | 57:28 | 21 |
| 50-54 | M | 4 | GREG FROWNFELTER | 50 | RVM | 57:38 | 23 |
| 55-59 | M | 1 | FRANK PHILIPPS | 56 | RVM | 60:09 | 24 |
| 55-59 | M | 2 | FRED PROUTY | 57 | UNAT | 92:09 | 32 |

Open Water continued from page 5

est hamburgers. The Applegate Lake Swim Series kicked the Open Water Season off to a great start. Applegate will be the site of the USMS National 10 K Championship in 2000. RVM used this swim as a tune up for the Championship swim next year. Race Director Dan Gray put in a 5 K swim this year as the first training step towards the 10 K next year. 28 swimmers challenged the 5K course. Bill Zolna and Sara Quan led the men and woman across the finish line. Bill also won the 1500 and 3000 swim while Sara won the 1500 and was second in the 3000. Bill and Sara were the



After 3000 Meters it was this close as Kendra Smith of THB races for the finish line in front of Sara Quan of COMA

overall Applegate Lake Swim Series winners. Open Water swimming has developed some outstanding friendly rivalries through the years. No matter what the distance, Steve Johnson and Curt LaCount are always within inches of each other at the finish line. This year after a total of 9500 meters only 11 seconds separated them for all three races. Steve at 51 years of age is showing the way for the over 50 swimmers. He is one of the premier open water swimmers in the World.

The dynamic duo from Bend, Mike Douglas and Mark Fairlee became the triumphant trio *continued on page 7*



Bill Zolna and Sara Quan, Series Winners with Dan Gray



Dan Gray gives the pre-age 15 swimmers the 1500

APPLEGATE LAKE SWIM 1500 METER

| AGE | SEX | PL | NAME | AGE | TEAM | TIME | FINISH |
|-------|-----|----|---------------------|-----|-------|---------|--------|
| 19-24 | F | 1 | KRISTIN MATTSON | 19 | RVM | 0:24:35 | 9 |
| 25-29 | F | 1 | SARA QUAN | 26 | COMA | 0:23:08 | 5 |
| 25-29 | F | 2 | SHAUNA SIMPSON | 27 | PMS | 0:24:41 | 11 |
| 25-29 | M | 1 | GREG WELCH | 29 | COMA | 0:22:33 | 4 |
| 30-34 | F | 1 | SHARON GLAESER | 34 | PMS | 0:28:41 | 22 |
| 30-34 | M | 1 | BILL ZOLNA | 30 | PMS | 0:21:03 | 1 |
| 30-34 | M | 2 | RICHARD HOBBS | 33 | RVM | 0:27:42 | 20 |
| 30-34 | M | 3 | BILL VOLCKENING | 33 | THB | 0:34:44 | 39 |
| 35-39 | M | 1 | DOUG STEWART | 5 | UNAT | 0:23:16 | 6 |
| 35-39 | M | 2 | DAVID VAN DER ZWAN | 36 | MOFIA | 0:24:38 | 10 |
| 35-39 | M | 3 | DON SOARES | 39 | RVM | 0:29:44 | 29 |
| 40-44 | F | 1 | DEB GREGOIRE | 44 | RVM | 0:25:47 | 16 |
| 40-44 | F | 2 | DIANE LAMEAR-TUCKER | 41 | FISH | 0:28:48 | 25 |
| 40-44 | F | 3 | LAURIE MACGRAW | 41 | RVM | 0:30:22 | 30 |
| 40-44 | F | 4 | AMANDA MARTIN | 41 | RVM | 0:33:32 | 37 |
| 40-44 | F | 5 | ANN KALAFUT | 40 | ? | 0:34:55 | 41 |
| 40-44 | M | 1 | CURT LA COUNT | 40 | BDM | 0:22:16 | 2 |
| 40-44 | M | 2 | MARK FAIRLEE | 41 | COMA | 0:24:45 | 12 |
| 40-44 | M | 3 | PETER METZGER | 44 | PMS | 0:24:52 | 13 |
| 40-44 | M | 4 | MICHAEL DOUGLAS | 41 | COMA | 0:25:46 | 15 |
| 40-44 | M | 5 | DANIEL GREENBLATT | 44 | RVM | 0:28:44 | 24 |
| 40-44 | M | 6 | JOHN PRICE | 41 | RVM | 0:29:18 | 26 |
| 45-49 | F | 1 | DIANE DAVIS | 48 | DAM | 0:31:58 | 32 |
| 45-49 | F | 2 | JUNE MATHER | 46 | RVM | 0:32:11 | 34 |
| 45-49 | F | 3 | JACKIE ANDERSON | 47 | RVM | 0:32:59 | 36 |
| 45-49 | M | 1 | TOM ANDERSEN | 48 | DAC | 0:24:20 | 7 |
| 45-49 | M | 2 | JULES DE GIULIO | 46 | EA | 0:24:34 | 8 |
| 45-49 | M | 3 | WILL DAVIS | 48 | DAM | 0:31:58 | 33 |
| 45-49 | M | 4 | PAUL ROSTYKUS | 45 | RVM | 0:34:45 | 40 |
| 50-54 | F | 1 | JANET GETTLING | 51 | RVM | 0:26:03 | 18 |
| 50-54 | F | 2 | GERI MATHEWSON | 51 | RVM | 0:27:48 | 21 |
| 50-54 | M | 1 | STEVE JOHNSON | 51 | EA | 0:22:22 | 3 |
| 50-54 | M | 2 | ROBERT BRUCE | 51 | COMA | 0:25:24 | 14 |
| 50-54 | M | 3 | RICHARD SMITH | 50 | RVM | 0:26:23 | 19 |
| 50-54 | M | 4 | DAN GRAY | 54 | RVM | 0:28:42 | 23 |
| 50-54 | M | 5 | GREG FROWNFELTER | 50 | RVM | 0:29:43 | 28 |
| 55-59 | F | 1 | PAM HIMSTREET | 55 | COMA | 0:29:21 | 27 |
| 55-59 | F | 2 | PEGGY WHITER | 55 | COMA | 0:32:11 | 35 |
| 60-64 | F | 1 | SANDY FRIEND | 63 | RVM | 0:48:53 | 44 |
| 60-64 | M | 1 | GEORGE THAYER | 63 | COMA | 0:30:55 | 31 |
| 65-69 | M | 1 | DAVID RADCLIFF | 65 | THB | 0:25:59 | 17 |
| 65-69 | M | 2 | LEO VAN DIJK | 66 | RVM | 0:34:35 | 38 |
| 65-69 | M | 3 | WILLIAM HOLMAN | 68 | NCAP | 0:35:35 | 42 |
| 70-74 | M | 1 | RAYMOND ALLEN | 73 | MOFIA | 0:41:18 | 43 |

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this year when Coach Bob Bruce of COMA joined in the fun. Coach Bruce showed his swimmers that it not only "Do as I say but do as I do". Way to go Coach!.



Cardiac Club member Dave Radcliff "cheating" in his wet suit was the overall 6th place finisher in the 5 K race.

The "Cardiac Club" received a new member when Fred Prouty drove down from Idaho. He had a 5 bypass surgery in March. He swam the 3000 and 5000 races. George Thayer, the charter member won his age group in the 1500 swim. Dave Radcliff won his age group in the 1500 and 5 K swim.

One thing that makes Open Water swimming so special is the camping and fun times together with other swimmers. Tenting at Applegate was super. COMA, PMS, RVM, THB and others spread out over the peninsula. Pot luck dinners and "deep philosophical" talks around the campfire united all swimmers. Join us next year.



Pam Himstreet of COMA came prepared to "rough it"



Curt LaCount finishes with a small lead over Steve Johnson in the 5 K Race

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time by Paul Krup at 48.70. The world stands at 42.22, put your money on Holden for that one. In addition to all that, our young man blasted for 2 new Zone marks, the 50 Free at 35.96 was DeLay '96, and 100 Back in 1:45.64, was Eisenschmidt '87.

DAVID RADCLIFF (just 65) came through with 4 Zone Records, it is nice to age up in Masters. 100 Free 1:12.80 (TT7) was Richards'86, 200 Free 2:49.18 (TT5) was Odman '86, 400 Free 6:05.76 (TT3) was Taylor '98, 800 Free 12:46.48 (TT4) was Young '87.

JOY WARD (55-59) keeps the pressure on Father Time with 5 new Zone Bests: 50 Free 33.31 (TT3) was Ward '98, 100 Free 1:17.07 (TT3) was Stoinoff '88, 50 Back 41.53 (TT4) was Stoinoff '88, 100 Back 1:31.15 (TT2) was Stoinoff '88, 50 Fly 36.13 (TT2) was Dotson '85.

OB Comment: Once in a while Guys first-OK ?

Women 19-24: WENDY DIXON new OR REC in the 50 Breast 39.36 (TT6) was Heim '92. 100 Breast 1:26.05(TT4) and 200 Breast 3:09.18(TT5) Lisa Gorsline continues to look better and better, 2 Back 3:18.29 (TT9)

Women 25-29:Pls Welcome September Nelson 50/100 Free 32.32/1:13.68 looks good, Shauna Simpson 800 11:01.95(TT8), 400 IM 6:04.46 (TT9)

Women 30-34: Check those times: Tyrell and Milano in the 50/100 Free, also Anne Bernhard in the back.

Women 35-39: BARBARA HARRIS new OR REC 100 Back 1:21.50 was Gustafson '92, plus a TT9 for the 50 Fly 32.48-Hello to Mara Silvera and Hoagland looks good for early season.

Women 40-44: Welcome home to Susan Albright, great to see her again, this lady did a lot for ORE a few years back, she was a big help, Officer, award winner, hard worker. Becky Obletz (MAC) has aged up and her times are TT8/10 in the 100/200 Breast. Becky just missed the 200 IM REC, 2:57.19 vs 2:56.61.

Women 45-49: Welcome ROBIN PARISI (MAC) 2 ZONE RECS 50 Fly 34.96 (TT10) was Frid '88, 100 Fly 1:20.77 (TT4) was Kent '92. Add 2 near misses-100 Back 1:26.31 (TT10) vs 1:25.60, 200 IM 3:00.27 (TT9) vs 2:59.50. Darlene Staley at 49 looking good: 200 Back 3:17.49 (TT9) and 200 Fly 3:25.88 (TT4). Judy Beaston had a good meet.

Women 50-54: Jackie Quattro looked good in the 200 Free and 50 Back. Dempsey Dybdahl (PNA) fine breaststroke. Hello to Sally Martin a coming IM er? Where is Chris Clum ? This group is also missing Ginger Pierson, taking a sabbatical.

Women 55-59: Thanks to Francesca Drum (PNA) great to have your talents being displayed. Pam Himstreet with a fine 200 Free 3:12.70 (TT5), Drum and Himstreet 100 Breast 1:47.14 vs 1:48.62. The pool was also graced with the presence of Bonnie Pronk (Canada) she and Sue Calnek-Morris went at it in the 800, Bonnie came out on top 13:03.49, Sue at 13:08.56 - OB Note: for Sue, this represents a 24 sec improvement over '98 (TT3)

Women 60-64: ORE welcomes Sherin Lance a newcomer at 63, looking good in the free and back. Susanne Schumann (MAC) swam for a

TT 9 & 8 in the 100 and 200 Breast.

Women 70-74: Margaret Wells had this all to herself, her best effort was in the 100 Fly where she swam a 2:37.82, about 1/2/sec slower than '98. She put in fine swims which included the 100 Fly, 200 IM and 400 IM

Women 75-79: JUDY MELCHER (79) is one year away from a new age group, her 800 Free at 25:32.64 (TT8) a new OR REC, is a lot faster than her previous times, was Bressie '88, Judy looked great and is swimming well. Elfie Stevenin swam for 3 TT Times, 100/200 Fly and 40 IM.

Men 25-29: Hello to David Conner and Gregory Walker, both have potential.

Men 30-34: BILL ZOLNA, moved up an age group, and turned in the 200/400 IM, both close to records-200 is 2:17.62, 400 is a new OR REC was 5:04.69, Stewart in'98, zone is 4:59.56. 200 TT5/400 TT3. John Hudson spun excellent 100/200 Back swims, while another newcomer, Kelly Hibler looked great at 400 free, another kudo is due to Jeff Kaelon for a fine 800.

Men 35-39: Hello to Mark Viniski. Ron Taylor, Dave Van der Zwan and Eric Dybdahl, great 800 all paddling 11:27 or better. Charles Mirho is another newcomer with possibilities.

Men 40-44: Was great to see David Dotter's return to swimming. Peter Metzger and Chris Roth looked great. Ed Ramsey, our genial Meet Director, won the 400 Free in a good effort. Murali Krishna continues to improve, and still favors those he-man events.

Men 45-49: Robert Maestre (MAC) and Larry Philbrick were best all around. Newcomer M Gilliland has possibilities. OB likes Philbrick's 200 IM, just a couple of seconds out of TT.

Men 50-54: STEVE JOHNSON, while swimming a fine 800, reminded OB, that OB had missed two Z Recs, Steve swam at Casablanca last year. 400 Free 4:53.92 and 800 Free 10:13.93. Caramba, OB is losing it ? Doug Prentice, a most reliable performer picked off 4 Firsts, all in good time. Hello to Howard Mozeico.

Men 55-59: TOM LANDIS true to form served up 2 new Z Records-800 Free 10:53.83 (TT3) was Thrasher '97 and 200 IM 2:50.72 (TT7) was Nakata '95. Tom also just missed the Record at 200 Free 2:25.88 vs 2:25.74. Rapid Robert swam well, but appeared to be taking a sabbatical, OB says, who can blame him ! Tom and Robert faced off in the 100 Free 1:04.43 vs 1:05.25

MEN 60-64: BERT PETERSEN tied his Z Record for the 50 Fly at 30.85. George Thayer continues to improve his 50 Free attests to that. It was great to see David Drum from PNA, the other 1/2 of the Drum entourage.

Men 65-69: Our noble editor has already rec'd printer's ink. Let's welcome back to the battles, John English(MAC), A newcomer is Don Nicholson and OB would be in trouble if he failed to mention Bill Holman's 100 Free 1:33.36, leaving you know who in the dust.

Men 70-74: A HUGE welcome home to Floyd Elliott, his backstroke was par excellence, with a 200 at 3:30.56 (TT2) OB tried to take this KID in the 100 Free, and failed badly in the last length.

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Men 75-79: Gil Young had a previous engagement all planned, watching his grandson pitch in the Little League finals, so after a couple of fine swims he hung it up, the 800 was best 14:46.34 (TT4) Khosrow Shadbeh is swimming well and hanging in there.

Men 80-84: The lead in this story covers the efforts of one of Americas premier swimmers, Andrew Holden.

RELAYS:

MXD 400 Free 200 plus - New Z REC at 5:22.22 (TT1) ROBERT SMITH, JACKIE QUATTRO, DOUG PRENTICE, ROBIN YOUNG

MXD 400 Medley 200 plus - New Z REC at 5:23.38 (TT2) ROBERT SMITH, JACKIE QUATTRO, CHRIS ROTH, JOY WARD

OB wonders about a difference of but 1.16 secs between a Free and a Medley swim, would like to see the splits.

MXD 800 Free 200 plus - New Z RECORD at 10:51.02 (TT1) PAM HIMSTREET, BARBARA HARRIS, ROBERT BRUCE, TOM LANDIS

Floyd Elliott, Margaret Wells, Andrew Holden, and Pam Himstreet put together a fine 280+ 200 Medley (MXD) 3:19.43 (TT5)

That's it for this one, kind readers, let's look forward to State Games at MHCC and LC ZONES at Federal Way, and for some, Nationals at the Univ. of Minnesota.

Ol Barn...State Games '99...

DONNA RYAN was the Meet Director, and her charges put on quite a show. It is felt that 139 swimmers is a new record attendance for this meet. Many records were set, including 3 World Records: ANDREW HOLDEN from Longview, after barely missing at the TH meet, came through with a marvelous 50 Fly in: 41.89, displacing the old WORLD mark of: 42.22 of Y. Miyamoto (Japan) With no fanfare, Holden then broke the NR for the 100 Free (was 1:22.50-Woody Bowersock '93) with a fine 1:21.12. Making up for the total of 3 WORLD records for the meet, HOLDEN joined EARL WALTER, GERALD HUESTIS and ALLAN DELAY for new marks in the 200 Free and 200 Medley Relays. 200 Free (320+) was 2:35.13-WALTER, DE LAY, HUESTIS, HOLDEN posted a 2:35.01, better by not much, but enough. 200 Med (320+) was 3:06.15-WALTER, HUESTIS, HOLDEN, DELAY paddled to 3:05.43, again by the skin of their teeth, but a WR! Meet Results:

Women 19-24: Castle Funatake won the 100Fr/50Fly with TT10 rankings, while Lisa Gorsline won 5 Golds with TT rankings in all but the 100 Fly. Lisa and Justine Hansen battled for the 400Free -5:40.83 vs 5:42.46 (TT9-10) Wendy Dixon won the breast events, best was the 200 at 3:05.98 (TT3) Phoebe Haynes took the Silver in 3:19.92 (TT8) Women 25-29: SHAUNA SIMPSON new OSG 400IM-6:13.97 while winning 4 Golds and a Silver. Jeniffer Peltier showed class winning the 200 Free and 50 Brst in TT9 times. F Gambetti took home 3 Golds with the 50Free 29.94 (TT8) her best effort.

Women 30-34: The 400 Free was close w/Ford (5:48.22) Milano (5:50.46) and Hyde 5:50.92. Rebecca Perry, Cathy Law, and Laura Tyrell put in

some fine swims.

Women 35-39: DIANNE VIALES, 200 IM new SGO best at 2:54.49, Ellen Ferguson, now swimming for MAC, pegged a TT10 in the 400 Free and a TT9 for the 200 Brst.

Women 40-44: GRACIE GODDARD (entered as Grace) at 40 maybe no more Gracie? Anyway, returned to the arena with new ORE records in the 50/100 Free 30.40/1:08.68 (TT4/5) K ANDRUS-HUGHES new SGO marks 1500/100 Bk 22:33.27/1:21.65 (TT6). WENDY MAGUIRE, SGO for the 50 Bk 38.54 (TT10) BECKY OBLETZ (MAC) new SGO's 50/100 Brst 41.88/1:31.10 (TT10/9).

Women 45-49: TERI HENDRYX (MAC) SGO's 100/200 Bk 1:27.18 (TT10) 3:09.74 (TT8) Teri also won gold in the 50/100 Brst, plus the 200 Fly/TT5-400IM/TT5. OMS Chair Suzanne Rague went home with 2 Golds in the 100 Fly and 200 IM.

Women 50-54: JANET GETTLING had a great day, garnering 6 Golds, with all of her times making the TT, records were 400/1500 Free, and the 50Bk (TT4), improved on her '98 time. SANDI ROUSSEAU also set a Games record in the 50 Fly 37.82 (TT4) 100/200 also TT. Chris Clum won the 100/200 Brst with the 200 times faster than '98.

Women 55-59: SUE CALNEK a new SGO best for the 1500 24:28.85, which could be a #1 in the TT. JOY WARD posted SGO recs for the 50 Free and 50 Bk 34.70/42.51 TT6/5. Nancy Brooks rep Rinc gathered 3 Golds in the Brst TT3-4. PAMELA HIMSTREET posted a new ORE Rec in the 100 Fly 1:52.29 (TT10)

Women 60-64: SUSANNE SCHUMANN (MAC) a new ZONE 50 Brst at 49.46 (TT8). Susanne took home 4 Golds. Sherin Lance picked off the golds for the 50/100 Back.

Women 65-69: LAVELLE STOINOFF (MAC) set new SGO's 200/400 and 1500Fr- 2:54.14 (TT1), 6:04.20 (TT1), 23:45.66 (TT1). All 5 of her times were good for TT1. Beverly L'Esperance swimming better and feeling better won 3 Golds.

Women 70-74: MARGARET WELLS posted an OSG best 200Fly 5:51.07 (TT10) also gold in the 400IM, while Betsy Austen (MAC) won the 1500 Free and 200 IM

Women 75-79: Elfie Stevenin posted TT times for the 200 Fly and 400 IM an 8th and a 6th.

Women 80-84: NORMA BERNARDI was a STAR for the women, setting 3 Zone and 1 ORE Records. 50 Free ZONE 1:02.02 (TT8), 100Fr ORE 2:22.25 200 Free ZONE 5:12.94 (TT7), 50 Bk ZONE 1:05.50 (TT4) This lady has made giant strides in the past year. The 200 Free rec goes back to Martha Keller '82. OB thinks Norma lost her concentration in the 100 Bk, how else to explain a DQ.

Women 85-89: Here we had a classic duel between 2 ladies who are the best of the best. Eve Mueller brought home 5 ZONES !!! 200 Free 5:10.71 (TT1), 400 Free 10:53.38 (TT1), 200 Bk 5:38.76 (TT1), 100 Brst 3:33.47 (TT1) and the 200 IM 6:36.63 (TT2). ELLEN TAIT rep Rinc, 50 Free TT2, 100 Free TT1, 50 Bk 1:42.22 (TT4) How can it get any better when you have the two finest 85-89 swimmers in the world.

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Men 19-24: CHRIS FANTZ OSG rec 100 Bk, 50/100 Fly-1:09.03(TT5), 27.18 (TT4) 1:00.61 (TT1) SOMEBODY PLS SIGN THIS GUY UP !!!Anthony Percival looked good w/Golds in the 200/400/1500Free plus the 200IM,TT 200/400. Steven Jenkins the 400 IM 6:34.32 (TT9)

Men 25-29: Gary DeFrang all alone in this age group, with a 100 Bk in 1:05.65 for a TT6

Men 30-34: BILL ZOLNA posted a new ZONE REC in the 200 Fly at 2:17.05, which could be a #1 in the TT. Bill took home 6 Golds, that's the limit folks. Bill Z and Steve Parmentier just want to make it trouble for the records guy, they both set a new OSG record in the 50 Fly at 28.22. ERIK ASKERMAN games rec in the 1500 20:54.00 3 Golds and 2 Silvers. STEVE PARMENTIER a new SGO rec for the 50 Bk 30.81 (TT10) walked off with 3 Golds.

Men 35-39: DOUG STEWART posted 5 SGO Records, ran off with 6 Golds, these Corvallis guys are tough, 200, 400, 1500 Free 2:07.61(TT8), 4:28.64(TT2), 18:30.18(TT5) also an ORE Rec, 200 Fly 2:24.36(TT6), 400 IM 5:09.97(TT3) Not a bad weekend! Mark Vininski grabbed 4 Golds, looks like a swimmer. Doug Christensen and Ron Taylor paid their dues with some fine swims. Van Der Zwan and Taylor went at it hot and heavy in the 1500, in the end Der Zwan was ahead of Taylor by 6 secs for the Silver. Charles Mirho and Brian Wannamaker went eyeball to eyeball in the 50 Free 27.83 vs 27.87.

Men 40-44: David Burleson MAC, Pat Allender and Peter Metzger along with Chris Roth make this age group very tough and fast. CHRIS ROTH swam for a new ZONE in the 200 Fly 2:24.81 (TT4) plus a SGO best in the 50 and 100. PAT ALLENDER new ORE Recs for the 400 Free and 400IM, plus SGO bests 200 Free, 100/200 Brst. PETER METZGER improved on his 50 Bk from '98 with a 31.37 (TT6) DAVID BURLESON put up a new SGO 100 Free 58.90. Andy Ottolia and Murali Krishna were able to sneak in there for a Gold each.

Men 45-49: JOHN DOWNEY lowered the SGO rec in the 400 IM to 7:09.85. Gary Wallis took all the Breast, and Robert Maestre all the back and Ron Richard the 50/100 Free.

Men 50-54: ALLEN STARK just 50, came on strong with new Zone Recs for the 50/100 Brst, and a SGO in the 200 (TT5©8©6) ROBERT BRUCE tallied with a new SGO for the 1500 21:53.03 (TT9) and DOUG PRENTICE an SGO for the 50 Free 27.68.

Men 55-59: Don McCrea took home the gold in the 50 Free

Men 60-64: BERT PETERSEN flew for a SGO 50 in 30.92 just off the listed National best of 30.35. JIM BIGLER a new SGO 100 Brst 1:41.03 just nosing out Wai-Bong Ngan 1:41.03 vs 1:41.61. Ngan was close in the 50 his 43.13 vs the rec of 42.96. George Thayer continues on the comeback trail, keep your eye on him at Zones.

Men 65-69: DAVID RADCLIFF (the Editor), how would you like 4 ZONE Recs - 100Free 1:10.32 TT3, 200 Free 2:44.72 TT4, 400 Free 5:50.75 TT3, and the 1500 24:12.33 TT2. Art Welch swam off with 3 Golds and 3 Silvers. OB Note: Think we surprised Art with a presentation at the meet opening ceremonies, with a plaque commemorating

his 100% attendance at ALL USMS Nationals ever held, and for being an

Oregon, Regional, Zone and National Champion over the years.

Men 70-74: Mike Popovich grabbed 3 Golds (50/100/200Fr) while Cal Hersey, taking time off from Track and Field won the gold in the 50 Back.

Men 75-79: GIL YOUNG SGO Recs for the 200 and 400 Free add the 100/1500 and 50 Back for 5 Golds, all in TT time. OB managed to make TT and win the 50/200 Brst plus the 200IM. Khosrow Shadbeh pocketed Gold for the 100 Brst, while Rupert Fixott took the Gold in the 50 Free.

Men 80-84: Allan DeLay a Gold in the 50 Free, and we have talked about Andrew Holden's NR in the 100 Free and WR in the 50 Fly.

Relays - Relays:

Women 200 Free 100+ New Games Rec 2:07.44 Hakanson, Tyrell, Dixon and Gambetti

Men 400 Medley 100+ Games Rec 5:22.91 Jenkins, Kaelon, Askerman, Murphy

Men 800 Free 100+ Games Rec 10:26.51 Kaelon, Askerman, Murphy, Jenkins

Men 200 Free Games Rec 1:55.42 Wallis, C. Roth, Bruhl, Mirho

MXD 200 Free 120+ Games Rec 1:56.12 Zolna, Hakanson, Tyrell, Parmentier

MXD 400 Free 120+ Games Rec 4:58.51 Ward, Kaelon, Hailey, Askerman

MXD 400 Med 120+ Zone Rec 5:58.94 Ward, Askerman, Kaelon, Holland

MXD 200 Free 160+ Games Rec 2:02.61 Burleson, Ferguson, Hendryx, Maestre (All MAC) Don't forget the 2 World's for the Olde Guys. That's it for this time, a fine meet, with lots of outstanding swimming. See you at Zone Championships in Federal Way.



— Ages 19 Through 24 —

| PL | Meet ID | Name | Age Team | Finals |
|------------------|---------|-----------------|----------|---------|
| Mixed 100 Free | | | | |
| 1 | 1062 | CASTLE FUNATAKE | 24 OREG | 1:11.44 |
| Mixed 200 Back | | | | |
| 1 | 1047 | LISA GORSLINE | 24 OREG | 3:18.29 |
| Mixed 50 Breast | | | | |
| 1 | 1105 | WENDY DIXON | 21 OREG | 39.36 |
| 2 | 1062 | CASTLE FUNATAKE | 24 OREG | 42.77 |
| Mixed 100 Breast | | | | |
| 1 | 1105 | WENDY DIXON | 21 OREG | 1:26.05 |
| 2 | 1062 | CASTLE FUNATAKE | 24 OREG | 1:33.21 |
| Mixed 200 Breast | | | | |
| 1 | 1105 | WENDY DIXON | 21 OREG | 3:09.18 |
| 2 | 1047 | LISA GORSLINE | 24 OREG | 3:30.37 |
| Mixed 50 Fly | | | | |
| 1 | 1105 | WENDY DIXON | 21 OREG | 36.78 |
| Mixed 400 IM | | | | |
| 1 | 1047 | LISA GORSLINE | 24 OREG | 6:44.63 |

— Ages 25 Through 29 —

| PL | Meet ID | Name | Age Team | Finals |
|----------------|---------|------------------|----------|----------|
| Mixed 50 Free | | | | |
| 1 | 1085 | SEPTEMBER NELSON | 28 OREG | 32.32 |
| Mixed 100 Free | | | | |
| 1 | 1085 | SEPTEMBER NELSON | 28 OREG | 1:13.68 |
| Mixed 800 Free | | | | |
| 1 | 1089 | SHAUNA SIMPSON | 28 OREG | 11:01.95 |
| Mixed 400 IM | | | | |
| 1 | 1089 | SHAUNA SIMPSON | 28 OREG | 6:04.46 |

— Ages 30 Through 34 —

| PL | Meet ID | Name | Age Team | Finals |
|------------------|---------|---------------|----------|----------|
| Mixed 50 Free | | | | |
| 1 | 1068 | LAURA TYRELL | 32 OREG | 31.49 |
| 2 | 1045 | ANDREA MILANO | 32 OREG | 33.00 |
| 3 | 1099 | ANNE SCHMIDT | 33 OREG | 1:00.56 |
| Mixed 100 Free | | | | |
| 1 | 1068 | LAURA TYRELL | 32 OREG | 1:11.22 |
| 2 | 1045 | ANDREA MILANO | 32 OREG | 1:11.70 |
| 3 | 1087 | ANNE BERNHARD | 34 OREG | 1:16.41 |
| 4 | 1099 | ANNE SCHMIDT | 33 OREG | 2:12.20 |
| Mixed 800 Free | | | | |
| 1 | 1069 | JACKIE RYAN | 32 OREG | 15:28.37 |
| Mixed 50 Back | | | | |
| 1 | 1069 | JACKIE RYAN | 32 OREG | 49.35 |
| 2 | 1099 | ANNE SCHMIDT | 33 OREG | 1:11.07 |
| Mixed 100 Back | | | | |
| 1 | 1087 | ANNE BERNHARD | 34 OREG | 1:31.74 |
| Mixed 200 Back | | | | |
| 1 | 1087 | ANNE BERNHARD | 34 OREG | 3:08.22 |
| 2 | 1041 | SANDRA HYDE | 31 OREG | 3:31.00 |
| Mixed 200 Breast | | | | |
| 1 | 1069 | JACKIE RYAN | 32 OREG | 3:56.07 |
| Mixed 50 Fly | | | | |
| 1 | 1068 | LAURA TYRELL | 32 OREG | 38.06 |
| 2 | 1099 | ANNE SCHMIDT | 33 OREG | 1:18.80 |
| Mixed 200 IM | | | | |
| 1 | 1069 | JACKIE RYAN | 32 OREG | DQ |
| Mixed 400 IM | | | | |
| 1 | 1041 | SANDRA HYDE | 31 OREG | 7:18.81 |

— Ages 35 Through 39 —

| PL | Meet ID | Name | Age Team | Finals |
|----------------|---------|----------------|----------|----------|
| Mixed 200 Free | | | | |
| 1 | 1064 | SARAH HOAGLAND | 37 OREG | 2:40.30 |
| Mixed 400 Free | | | | |
| 1 | 1006 | BARBARA HARRIS | 39 OREG | 5:26.79 |
| Mixed 800 Free | | | | |
| 1 | 1064 | SARAH HOAGLAND | 37 OREG | 11:57.45 |
| Mixed 100 Back | | | | |
| 1 | 1006 | BARBARA HARRIS | 39 OREG | 1:21.50 |
| 2 | 1101 | MARA SILVERA | 36 OREG | 1:33.76 |
| Mixed 200 Back | | | | |
| 1 | 1101 | MARA SILVERA | 36 OREG | 3:19.16 |
| Mixed 50 Fly | | | | |
| 1 | 1006 | BARBARA HARRIS | 39 OREG | 32.48 |
| 2 | 1064 | SARAH HOAGLAND | 37 OREG | 36.07 |
| Mixed 100 Fly | | | | |
| 1 | 1064 | SARAH HOAGLAND | 37 OREG | 1:20.29 |

— Ages 40 Through 44 —

| PL | Meet ID | Name | Age Team | Finals |
|----------------|---------|----------------|----------|----------|
| Mixed 50 Free | | | | |
| 1 | 1088 | LIZ CHENEY | 43 OREG | 36.28 |
| 2 | 1053 | MALIA WARNER | 44 OREG | 1:17.95 |
| Mixed 100 Free | | | | |
| 1 | 1088 | LIZ CHENEY | 43 OREG | 1:21.53 |
| Mixed 200 Free | | | | |
| 1 | 1088 | LIZ CHENEY | 43 OREG | 3:04.26 |
| Mixed 400 Free | | | | |
| 1 | 1019 | BECKY OBELETZ | 40 MACO | 5:32.44 |
| 2 | 1054 | JODY WELBORN | 44 OREG | 6:28.60 |
| 3 | 1088 | LIZ CHENEY | 43 OREG | 6:37.11 |
| 4 | 1001 | ROBIN YOUNG | 44 OREG | 6:42.72 |
| Mixed 800 Free | | | | |
| 1 | 1075 | SUSAN ALBRIGHT | 44 OREG | 13:35.30 |
| Mixed 50 Back | | | | |
| 1 | 1053 | MALIA WARNER | 44 OREG | 1:38.13 |

Mixed 50 Breast

| | | | | |
|------------------|------|---------------|---------|---------|
| 1 | 1019 | BECKY OBELETZ | 40 MACO | 42.63 |
| 2 | 1054 | JODY WELBORN | 44 OREG | 52.76 |
| Mixed 100 Breast | | | | |
| 1 | 1019 | BECKY OBELETZ | 40 MACO | 1:30.20 |
| 2 | 1001 | ROBIN YOUNG | 44 OREG | 1:44.15 |
| 3 | 1054 | JODY WELBORN | 44 OREG | 1:51.67 |
| 4 | 1053 | MALIA WARNER | 44 OREG | 3:33.64 |
| Mixed 200 Breast | | | | |
| 1 | 1019 | BECKY OBELETZ | 40 MACO | 3:16.35 |
| Mixed 50 Fly | | | | |
| 1 | 1054 | JODY WELBORN | 44 OREG | 47.35 |
| Mixed 100 Fly | | | | |
| 1 | 1054 | JODY WELBORN | 44 OREG | 1:54.27 |
| Mixed 200 Fly | | | | |
| 1 | 1001 | ROBIN YOUNG | 44 OREG | 4:05.19 |
| Mixed 200 IM | | | | |
| 1 | 1019 | BECKY OBELETZ | 40 MACO | 2:57.19 |

— Ages 45 Through 49 —

| PL | Meet ID | Name | Age Team | Finals |
|------------------|---------|----------------|----------|----------|
| Mixed 50 Free | | | | |
| 1 | 1055 | JUDY BEASTON | 48 OREG | 36.61 |
| 2 | 1081 | SUSAN COLLINS | 47 OREG | 37.65 |
| Mixed 100 Free | | | | |
| 1 | 1055 | JUDY BEASTON | 48 OREG | 1:20.42 |
| Mixed 400 Free | | | | |
| 1 | 1056 | DARLENE STALEY | 49 OREG | 6:14.33 |
| 2 | 1072 | SANDY MCNEEL | 47 PNA | 7:31.61 |
| Mixed 800 Free | | | | |
| 1 | 1055 | JUDY BEASTON | 48 OREG | 12:50.19 |
| 2 | 1072 | SANDY MCNEEL | 47 PNA | 15:19.73 |
| Mixed 50 Back | | | | |
| 1 | 1056 | DARLENE STALEY | 49 OREG | 43.83 |
| 2 | 1081 | SUSAN COLLINS | 47 OREG | 45.28 |
| 3 | 1026 | ELKE ASLESON | 47 OREG | 47.05 |
| Mixed 100 Back | | | | |
| 1 | 1021 | ROBIN PARISI | 45 MACO | 1:26.31 |
| 2 | 1081 | SUSAN COLLINS | 47 OREG | 1:36.54 |
| 3 | 1072 | SANDY MCNEEL | 47 PNA | 2:10.99 |
| Mixed 200 Back | | | | |
| 1 | 1056 | DARLENE STALEY | 49 OREG | 3:17.49 |
| 2 | 1072 | SANDY MCNEEL | 47 PNA | 4:47.40 |
| Mixed 100 Breast | | | | |
| 1 | 1026 | ELKE ASLESON | 47 OREG | 1:53.72 |
| Mixed 200 Breast | | | | |
| 1 | 1081 | SUSAN COLLINS | 47 OREG | 4:00.94 |
| Mixed 50 Fly | | | | |
| 1 | 1021 | ROBIN PARISI | 45 MACO | 34.96 |
| 2 | 1026 | ELKE ASLESON | 48 OREG | 43.77 |
| Mixed 100 Fly | | | | |
| 1 | 1021 | ROBIN PARISI | 45 MACO | 1:20.77 |
| 2 | 1026 | ELKE ASLESON | 47 OREG | 1:40.55 |
| Mixed 200 Fly | | | | |
| 1 | 1056 | DARLENE STALEY | 49 OREG | 3:25.88 |
| 2 | 1077 | ELEANOR FULTON | 49 OREG | DQ |
| Mixed 200 IM | | | | |
| 1 | 1021 | ROBIN PARISI | 45 MACO | 3:00.27 |
| 2 | 1081 | SUSAN COLLINS | 47 OREG | 3:33.35 |
| 3 | 1077 | ELEANOR FULTON | 49 OREG | 4:28.77 |
| Mixed 400 IM | | | | |
| 1 | 1077 | ELEANOR FULTON | 49 OREG | 9:31.94 |

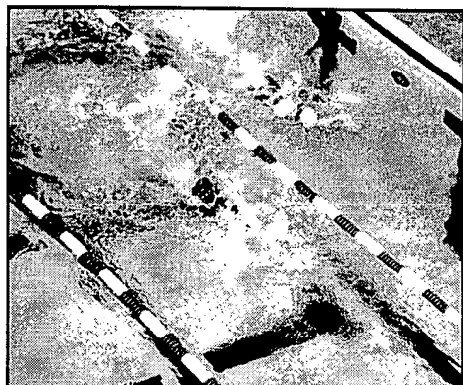
— Ages 50 Through 54 —

| PL | Meet ID | Name | Age Team | Finals |
|------------------|---------|-----------------|----------|---------|
| Mixed 50 Free | | | | |
| 1 | 1090 | JACKIE QUATTRO | 52 OREG | 35.74 |
| 2 | 1013 | SALLY MARTIN | 53 OREG | 52.27 |
| Mixed 100 Free | | | | |
| 1 | 1071 | DEMPSEY DYBDAHL | 50 PNA | 1:36.42 |
| Mixed 200 Free | | | | |
| 1 | 1090 | JACKIE QUATTRO | 52 OREG | 3:02.15 |
| Mixed 400 Free | | | | |
| 1 | 1071 | DEMPSEY DYBDAHL | 50 PNA | 7:50.80 |
| Mixed 50 Back | | | | |
| 1 | 1090 | JACKIE QUATTRO | 52 OREG | 44.89 |
| 2 | 1071 | DEMPSEY DYBDAHL | 0 PNA | 56.11 |
| 3 | 1013 | SALLY MARTIN | 53 OREG | 1:04.29 |
| Mixed 50 Breast | | | | |
| 1 | 1071 | DEMPSEY DYBDAHL | 50 PNA | 47.78 |
| 2 | 1013 | SALLY MARTIN | 53 OREG | 1:04.53 |
| Mixed 100 Breast | | | | |
| 1 | 1071 | DEMPSEY DYBDAHL | 50 PNA | 1:47.66 |
| 2 | 1013 | SALLY MARTIN | 53 OREG | 2:21.37 |

— Ages 55 Through 59 —

| PL | Meet ID | Name | Age Team | Finals |
|----------------|---------|-------------------|----------|----------|
| Mixed 50 Free | | | | |
| 1 | 1058 | JOY WARD | 57 OREG | 33.31 |
| 2 | 1103 | BONNIE PRONK | 57 MSABC | 36.61 |
| 3 | 1091 | SUE CALNEK-MORRIS | 56 OREG | 36.86 |
| 4 | 1032 | FRANCESCA DRUM | 58 PNA | 40.33 |
| Mixed 100 Free | | | | |
| 1 | 1058 | JOY WARD | 57 OREG | 1:17.07 |
| 2 | 1091 | SUE CALNEK-MORRIS | 56 OREG | 1:22.63 |
| Mixed 800 Free | | | | |
| 1 | 1103 | BONNIE PRONK | 57 MSABC | 13:03.49 |
| 2 | 1091 | SUE CALNEK-MORRIS | 56 OREG | 13:08.56 |
| Mixed 50 Back | | | | |

| | | | | |
|------------------|------|------------------|----------|---------|
| 1 | 1103 | BONNIE PRONK | 57 MSABC | 39.62 |
| 2 | 1058 | JOY WARD | 57 OREG | 41.53 |
| Mixed 100 Back | | | | |
| 1 | 1058 | JOY WARD | 57 OREG | 1:31.15 |
| Mixed 50 Breast | | | | |
| 1 | 1103 | BONNIE PRONK | 57 MSABC | 41.38 |
| 2 | 1057 | PAMELA HIMSTREET | 56 OREG | 49.74 |
| Mixed 100 Breast | | | | |
| 1 | 1032 | FRANCESCA DRUM | 58 PNA | 1:47.14 |
| 2 | 1057 | PAMELA HIMSTREET | 56 OREG | 1:48.62 |
| Mixed 200 Breast | | | | |
| 1 | 1032 | FRANCESCA DRUM | 58 PNA | 3:50.38 |
| Mixed 50 Fly | | | | |
| 1 | 1058 | JOY WARD | 57 OREG | 36.13 |
| 2 | 1103 | BONNIE PRONK | 57 MSABC | 40.29 |



Aerial shot from the Goodyear Blimp shows Canadian National Record holder Bonnie Pronk with a slight lead over American Record holder (50 Fly) Joy Ward

— Ages 60 Through 64 —

| PL | Meet ID | Name | Age Team | Finals |
|------------------|---------|------------------|----------|---------|
| Mixed 50 Free | | | | |
| 1 | 1079 | SHERIN LANCE | 63 OREG | 50.26 |
| Mixed 100 Free | | | | |
| 1 | 1079 | SHERIN LANCE | 63 OREG | 2:05.98 |
| Mixed 50 Back | | | | |
| 1 | 1079 | SHERIN LANCE | 63 OREG | 1:00.85 |
| Mixed 100 Back | | | | |
| 1 | 1079 | SHERIN LANCE | 63 OREG | 2:21.26 |
| Mixed 50 Breast | | | | |
| 1 | 1022 | SUSANNE SCHUMANN | 62 MACO | 51.84 |
| Mixed 100 Breast | | | | |
| 1 | 1022 | SUSANNE SCHUMANN | 62 MACO | 1:51.53 |
| Mixed 200 Breast | | | | |
| 1 | 1022 | SUSANNE SCHUMANN | 62 MACO | 4:07.68 |

— Ages 70 Through 74 —

| PL | Meet ID | Name | Age Team | Finals |
|----------------|---------|----------------|----------|----------|
| Mixed 200 Free | | | | |
| 1 | 1036 | MARGARET WELLS | 73 OREG | 4:52.49 |
| Mixed 400 Free | | | | |
| 1 | 1036 | MARGARET WELLS | 73 OREG | 9:59.96 |
| Mixed 100 Fly | | | | |
| 1 | 1036 | MARGARET WELLS | 73 OREG | 2:37.82 |
| Mixed 200 IM | | | | |
| 1 | 1036 | MARGARET WELLS | 73 OREG | 5:07.80 |
| Mixed 400 IM | | | | |
| 1 | 1036 | MARGARET WELLS | 73 OREG | 11:19.38 |

— Ages 75 Through 79 —

| PL | Meet ID | Name | Age Team | Finals |
|------------------|---------|----------------|----------|----------|
| Mixed 800 Free | | | | |
| 1 | 1097 | JUDY MELCHER | 79 OREG | 25:32.64 |
| 2 | 1093 | ELFIE STEVENIN | 78 OREG | 27:18.18 |
| Mixed 200 Back | | | | |
| 1 | 1093 | ELFIE STEVENIN | 78 OREG | 7:12.91 |
| Mixed 100 Breast | | | | |
| 1 | 1097 | JUDY MELCHER | 79 OREG | 3:37.79 |
| Mixed 50 Fly | | | | |
| 1 | 1097 | JUDY MELCHER | 79 OREG | 2:07.55 |
| Mixed 100 Fly | | | | |
| 1 | 1093 | ELFIE STEVENIN | 78 OREG | 4:18.88 |
| Mixed 200 Fly | | | | |
| 1 | 1093 | ELFIE STEVENIN | 78 OREG | 9:39.21 |
| Mixed 200 IM | | | | |
| 1 | 1097 | JUDY MELCHER | 79 OREG | 7:27.74 |
| Mixed 400 IM | | | | |
| 1 | 1093 | ELFIE STEVENIN | 78 OREG | 16:22.64 |

— Ages 25 Through 29 —

| PL | Meet ID | Name | Age Team | Finals |
|---------------|---------|----------------|----------|--------|
| Mixed 50 Free | | | | |
| 1 | 1002 | DAVID CONNER | 26 UNATT | 29.54 |
| 2 | 1066 | GREGORY WALKER | 27 OREG | 31.49 |

Tualatin Hills Pentathlon*"One of the most fun, highly competitive, and best attended meets in the O.M.S. schedule year."*

Oregon Masters Swimming Short Course Yards Meet

Sanctioned by the Oregon LMSC for USMS, Inc. Sanction # 379-09

ELIGIBILITY: Currently registered USMS swimmers, 19 years and older.

Unregistered swimmers must submit a 1999 registration form and fee with this form**TUALATIN HILLS PENTATHLON****DATE: Oct 17, 1999**Place: TUALATIN HILLS AQUATIC CENTER POOL
BEAVERTON, OREGON6 LANES COMPETITION - ELECTRONIC TIMING
SEPARATE CONTINUOUS WARM UP/DOWN LANES -

HOST: Tualatin Hills Barracudas

Meet Director: Ed Ramsey 503- 693-8173 (home) email -
tkramsey@worldnet.att.net

DIRECTIONS TO POOL: Hwy 26 west to the Cornell Road exit. Turn left and cross over the Hwy heading south. Turn left again at signal light and travel south on 158th Avenue. Pool will be on your left.

ENTRY DEADLINE: POSTMARKED NO LATER THAN: Oct 3, 1999**MAKE A COPY OF YOUR COMPLETED ENTRY FORM FOR YOUR RECORDS****WARM-UPS: 7:00 A.M.****MEET STARTS: 8:00 A.M.**

FILL IN COMPLETELY-----RETURN THIS LOWER PORTION-----FILL IN COMPLETELY

NAME _____ 1999 USMS # _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ BIRTHDAY _____ AGE _____ SEX _____

USMS CLUB _____ (Oreg, MACO, PNA, ETC.) Age Groups: 19-24, 25-29, 30-34 etc up to 100+

"Enter as many as five events. If you choose to not enter five events, you will not be scored as a pentathlon."

| (SPRINT) | EVENT | TIME* | (MID. DISTANCE) | EVENT | TIME* |
|----------|--------|----------|-----------------|--------|-----------|
| 50 | FLY | 1) _____ | 100 | FLY | 2) _____ |
| 50 | BACK | 3) _____ | 100 | BACK | 4) _____ |
| 50 | BREAST | 5) _____ | 100 | BREAST | 6) _____ |
| 50 | FREE | 7) _____ | 100 | FREE | 8) _____ |
| 100 | I.M. | 9) _____ | 200 | I.M. | 10) _____ |

Please enter your best time or estimated times. Do not use NT (No Time). Entering "sandbagged" times to get added rest time between events or calm water is discouraged. Please be fair to all ... Thanks*Rules:** A 10 second penalty will be added to your time for any stroke/turn infraction. A false start eliminates you from the 5 event competition, but not from swimming any other races. Your total time for the five events determines your final placing.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

SIGNATURE _____ DATE _____

email _____

**MEET ENTRY FEE:\$11.00 Send form(s) & fee(s) payable to: OREGON MASTERS SWIMMING
c/o SUZANNE RAGUE 935 N. W. 170th Place BEAVERTON, OREGON 97006****All entrants MUST submit a PHOTOCOPY OF THEIR CURRENT USMS REGISTRATION
CARD OR 1999 REGISTRATION FORM WITH THIS ENTRY**

| | | | |
|------------------------|---------|--------------------|------------------|
| Mixed 100 Free | | | |
| 1 | 1002 | DAVID CONNER | 26 UNATT 1:08.37 |
| Mixed 50 Breast | | | |
| 1 | 1002 | DAVID CONNER | 26 UNATT 41.54 |
| 2 | 1066 | GREGORY WALKER | 27 OREG 44.49 |
| — Ages 30 Through 34 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1078 | BILL ZOLNA | 30 OREG 26.28 |
| 2 | 1092 | ERIC ASKERMAN | 32 OREG 27.79 |
| 3 | 1025 | KELLY HIBLER | 33 OREG 27.81 |
| 4 | 1010 | JEFF KAELO | 33 OREG 30.66 |
| Mixed 100 Free | | | |
| 1 | 1092 | ERIC ASKERMAN | 32 OREG 1:01.37 |
| 2 | 1025 | KELLY HIBLER | 33 OREG 1:01.48 |
| Mixed 200 Free | | | |
| 1 | 1092 | ERIC ASKERMAN | 32 OREG 2:23.32 |
| Mixed 400 Free | | | |
| 1 | 1025 | KELLY HIBLER | 33 OREG 5:03.85 |
| 2 | 1092 | ERIC ASKERMAN | 32 OREG 5:16.53 |
| Mixed 800 Free | | | |
| 1 | 1010 | JEFF KAELO | 33 OREG 11:02.36 |
| Mixed 100 Back | | | |
| 1 | 1030 | JOHN HUDSON | 33 OREG 1:10.13 |
| Mixed 100 Breast | | | |
| 1 | 1030 | JOHN HUDSON | 33 OREG 1:16.96 |
| Mixed 50 Fly | | | |
| 1 | 1092 | ERIC ASKERMAN | 32 OREG 30.57 |
| Mixed 200 IM | | | |
| 1 | 1078 | BILL ZOLNA | 30 OREG 2:21.22 |
| 2 | 1102 | BILL VOLCKENING | 33 OREG 2:57.56 |
| Mixed 400 IM | | | |
| 1 | 1078 | BILL ZOLNA | 30 OREG 5:01.70 |
| — Ages 35 Through 39 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1059 | CHARLES MIRHO | 35 OREG 27.89 |
| 2 | 1104 | DANIEL VAUGHN | 35 OREG 29.73 |
| 3 | 1023 | RON TAYLOR | 39 OREG 29.88 |
| 4 | 1011 | DAVID VAN DER ZWAN | 37 OREG 31.62 |
| Mixed 100 Free | | | |
| 1 | 1009 | MARK VININSKI | 36 OREG 1:01.70 |
| 2 | 1023 | RON TAYLOR | 39 OREG 1:04.72 |
| 3 | 1104 | DANIEL VAUGHN | 35 OREG 1:06.27 |
| 4 | 1011 | DAVID VAN DER ZWAN | 37 OREG 1:09.67 |
| Mixed 200 Free | | | |
| 1 | 1009 | MARK VININSKI | 36 OREG 2:21.77 |
| 2 | 1011 | DAVID VAN DER ZWAN | 37 OREG 2:33.03 |



Dave Van Der Zwam of Central Point

| | | | |
|------------------------|---------|--------------------|------------------|
| Mixed 400 Free | | | |
| 1 | 1011 | DAVID VAN DER ZWAN | 37 OREG 5:26.21 |
| 2 | 1070 | ERIC DYBDAHL | 39 PNA 5:30.48 |
| Mixed 800 Free | | | |
| 1 | 1023 | RON TAYLOR | 39 OREG 11:05.60 |
| 2 | 1011 | DAVID VAN DER ZWAN | 37 OREG 11:12.42 |
| 3 | 1070 | ERIC DYBDAHL | 39 PNA 11:27.80 |
| Mixed 100 Back | | | |
| 1 | 1023 | RON TAYLOR | 39 OREG 1:11.99 |
| Mixed 200 Back | | | |
| 1 | 1070 | ERIC DYBDAHL | 39 PNA 3:00.65 |
| Mixed 50 Breast | | | |
| 1 | 1104 | DANIEL VAUGHN | 35 OREG 38.58 |
| 2 | 1023 | RON TAYLOR | 39 OREG 39.47 |
| 3 | 1070 | ERIC DYBDAHL | 39 PNA 51.56 |
| (Mixed 100 Breast | | | |
| 1 | 1009 | MARK VININSKI | 36 OREG 1:18.64 |
| 2 | 1059 | CHARLES MIRHO | 35 OREG 1:22.25 |
| Mixed 100 Fly | | | |
| 1 | 1070 | ERIC DYBDAHL | 39 PNA 1:17.42 |
| — Ages 40 Through 44 — | | | |
| PL | Meet ID | Name | Age Team Finals |

| | | | |
|------------------------|---------|-------------------|------------------|
| Mixed 50 Free | | | |
| 1 | 1106 | PETER METGER | 44 OREG 27.62 |
| 2 | 1073 | CHRISTOPHE ROTH | 40 OREG 29.12 |
| 3 | 1061 | CHARLES HELM | 43 OREG 33.72 |
| 4 | 1100 | JOHN SCHMIDT | 41 OREG 58.72 |
| Mixed 100 Free | | | |
| 1 | 1073 | CHRISTOPHE ROTH | 40 OREG 1:02.40 |
| 2 | 1012 | DAVID DOTTER | 40 OREG 1:15.60 |
| 3 | 1061 | CHARLES HELM | 43 OREG 1:19.88 |
| 4 | 1074 | MARK NEUBERT | 42 OREG 1:23.00 |
| 5 | 1100 | JOHN SCHMIDT | 41 OREG 2:06.71 |
| Mixed 200 Free | | | |
| 1 | 1012 | DAVID DOTTER | 40 OREG 2:56.02 |
| 2 | 1061 | CHARLES HELM | 43 OREG 3:12.39 |
| 3 | 1044 | MURALI KRISHNA | 40 OREG 3:22.91 |
| Mixed 400 Free | | | |
| 1 | 1004 | ED RAMSEY | 43 OREG 5:34.58 |
| 2 | 1074 | MARK NEUBERT | 42 OREG 6:53.68 |
| 3 | 1061 | CHARLES HELM | 43 OREG 7:04.21 |
| 4 | 1044 | MURALI KRISHNA | 40 OREG 7:07.97 |
| Mixed 800 Free | | | |
| 1 | 1074 | MARK NEUBERT | 42 OREG 13:33.67 |
| Mixed 50 Back | | | |
| 1 | 1073 | CHRISTOPHE ROTH | 40 OREG 33.74 |
| 2 | 1100 | JOHN SCHMIDT | 41 OREG 1:11.10 |
| Mixed 100 Back | | | |
| 1 | 1073 | CHRISTOPHE ROTH | 40 OREG 1:12.00 |
| 2 | 1074 | MARK NEUBERT | 42 OREG 1:48.37 |
| Mixed 200 Back | | | |
| 1 | 1073 | CHRISTOPHE ROTH | 40 OREG 2:35.36 |
| Mixed 100 Breast | | | |
| 1 | 1074 | MARK NEUBERT | 42 OREG 1:37.57 |
| Mixed 50 Fly | | | |
| 1 | 1106 | PETER METGER | 44 OREG 30.52 |
| Mixed 100 Fly | | | |
| 1 | 1106 | PETER METGER | 44 OREG 1:12.32 |
| Mixed 200 IM | | | |
| 1 | 1044 | MURALI KRISHNA | 40 OREG 3:50.14 |
| Mixed 400 IM | | | |
| 1 | 1044 | MURALI KRISHNA | 40 OREG 8:26.97 |
| — Ages 45 Through 49 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1035 | LARRY PHILBRICK | 47 OREG 28.01 |
| 2 | 1076 | RON RICHARDS | 49 OREG 29.45 |
| 3 | 1082 | MICHAEL GILLILAND | 45 OREG 29.87 |
| 4 | 1016 | ROBERT PFEIFER | 49 OREG 31.88 |
| 5 | 1084 | RICHARD MINTER | 47 OREG 40.30 |
| Mixed 100 Free | | | |
| 1 | 1020 | ROBERT MAESTRE | 49 MACO 1:04.49 |
| 2 | 1076 | RON RICHARDS | 49 OREG 1:05.99 |
| 3 | 1082 | MICHAEL GILLILAND | 45 OREG 1:10.91 |
| 4 | 1016 | ROBERT PFEIFER | 49 OREG 1:17.23 |
| 5 | 1084 | RICHARD MINTER | 47 OREG 1:31.99 |
| Mixed 200 Free | | | |
| 1 | 1020 | ROBERT MAESTRE | 49 MACO 2:27.68 |
| 2 | 1080 | JOHN COLLINS | 48 OREG 3:02.22 |
| 3 | 1084 | RICHARD MINTER | 47 OREG 3:26.43 |
| Mixed 400 Free | | | |
| 1 | 1080 | JOHN COLLINS | 48 OREG 6:29.76 |
| Mixed 800 Free | | | |
| 1 | 1020 | ROBERT MAESTRE | 49 MACO 11:10.79 |
| 2 | 1080 | JOHN COLLINS | 48 OREG 13:20.15 |
| 3 | 1052 | CHRISTOPHE TOOLE | 48 OREG 13:21.14 |
| Mixed 100 Back | | | |
| 1 | 1035 | LARRY PHILBRICK | 47 OREG 1:14.97 |
| 2 | 1080 | JOHN COLLINS | 48 OREG 1:44.59 |
| Mixed 200 Back | | | |
| 1 | 1020 | ROBERT MAESTRE | 49 MACO 2:56.86 |
| 2 | 1080 | JOHN COLLINS | 48 OREG 3:41.08 |
| Mixed 100 Breast | | | |
| 1 | 1052 | CHRISTOPHE TOOLE | 48 OREG 1:40.32 |
| Mixed 200 Breast | | | |
| 1 | 1035 | LARRY PHILBRICK | 47 OREG 3:08.33 |
| 2 | 1052 | CHRISTOPHE TOOLE | 48 OREG 3:34.63 |
| Mixed 50 Fly | | | |
| 1 | 1082 | MICHAEL GILLILAND | 45 OREG 34.41 |
| 2 | 1016 | ROBERT PFEIFER | 49 OREG 38.30 |
| Mixed 200 IM | | | |
| 1 | 1035 | LARRY PHILBRICK | 47 OREG 2:45.22 |
| — Ages 50 Through 54 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1003 | DOUGLAS PRENTICE | 51 OREG 28.25 |
| 2 | 1050 | HOWARD MOZEICO | 52 OREG 32.51 |
| Mixed 800 Free | | | |
| 1 | 1065 | STEPHEN JOHNSON | 51 OREG 10:25.55 |
| 2 | 1005 | ROBERT BRUCE | 51 OREG 11:50.56 |
| Mixed 50 Breast | | | |
| 1 | 1003 | DOUGLAS PRENTICE | 51 OREG 39.82 |
| Mixed 200 Breast | | | |
| 1 | 1003 | DOUGLAS PRENTICE | 51 OREG 3:20.09 |
| Mixed 50 Fly | | | |
| 1 | 1003 | DOUGLAS PRENTICE | 51 OREG 32.63 |
| 2 | 1050 | HOWARD MOZEICO | 52 OREG 42.26 |

| | | | |
|---|---------|-----------------|------------------|
| — Ages 55 Through 59 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1063 | ROBERT SMITH | 56 OREG 28.74 |
| Mixed 100 Free | | | |
| 1 | 1083 | TOM LANDIS | 57 OREG 1:04.43 |
| Mixed 200 Free | | | |
| 1 | 1083 | TOM LANDIS | 57 OREG 2:25.88 |
| 2 | 1031 | RICHARD JUHALA | 56 OREG 3:34.12 |
| Mixed 800 Free | | | |
| 1 | 1083 | TOM LANDIS | 57 OREG 10:53.83 |
| Mixed 50 Back | | | |
| 1 | 1063 | ROBERT SMITH | 56 OREG 33.63 |
| Mixed 100 Back | | | |
| 1 | 1031 | RICHARD JUHALA | 56 OREG 1:49.21 |
| Mixed 100 Breast | | | |
| 1 | 1031 | RICHARD JUHALA | 56 OREG 1:41.77 |
| Mixed 100 Fly | | | |
| 1 | 1031 | RICHARD JUHALA | 56 OREG 1:48.69 |
| Mixed 200 IM | | | |
| 1 | 1083 | TOM LANDIS | 57 OREG 2:50.72 |
| Mixed 400 IM | | | |
| 1 | 1031 | RICHARD JUHALA | 56 OREG 7:48.64 |
| — Ages 60 Through 64 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1038 | GEORGE THAYER | 63 OREG 31.89 |
| 2 | 1033 | DAVID DRUM | 64 PNA 33.33 |
| 3 | 1024 | THOMAS LEVAK | 61 MACO 33.37 |
| Mixed 100 Free | | | |
| 1 | 1038 | GEORGE THAYER | 63 OREG 1:14.82 |
| 2 | 1033 | DAVID DRUM | 64 PNA 1:17.54 |
| Mixed 50 Back | | | |
| 1 | 1038 | GEORGE THAYER | 63 OREG 41.99 |
| Mixed 50 Fly | | | |
| 1 | 1029 | BERT PETERSEN | 61 OREG 30.85 |
| 2 | 1033 | DAVID DRUM | 64 PNA 37.46 |
| Mixed 100 Fly | | | |
| 1 | 1029 | BERT PETERSEN | 61 OREG 1:22.40 |
| — Ages 65 Through 69 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1043 | JOHN ENGLISH | 66 MACO 37.07 |
| 2 | 1028 | DON NICHOLSON | 67 OREG 38.41 |
| 3 | 1048 | WILLIAM HOLMAN | 68 OREG 39.26 |
| Mixed 100 Free | | | |
| 1 | 1037 | DAVID RADCLIFF | 65 OREG 1:12.80 |
| 2 | 1028 | DON NICHOLSON | 67 OREG 1:28.65 |
| 3 | 1048 | WILLIAM HOLMAN | 68 OREG 1:33.36 |
| Mixed 800 Free | | | |
| 1 | 1037 | DAVID RADCLIFF | 65 OREG 12:46.48 |
| 2 | 1048 | WILLIAM HOLMAN | 68 OREG 16:05.22 |
| Mixed 50 Back | | | |
| 1 | 1043 | JOHN ENGLISH | 66 MACO 44.84 |
| 2 | 1048 | WILLIAM HOLMAN | 68 OREG 1:01.50 |
| — Ages 70 Through 74 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1095 | FLOYD ELIOTT | 73 OREG 39.59 |
| Mixed 100 Free | | | |
| 1 | 1095 | FLOYD ELIOTT | 73 OREG 1:30.71 |
| Mixed 50 Back | | | |
| 1 | 1095 | FLOYD ELIOTT | 73 OREG 43.39 |
| Mixed 100 Back | | | |
| 1 | 1095 | FLOYD ELIOTT | 73 OREG 1:36.37 |
| Mixed 200 Back | | | |
| 1 | 1095 | FLOYD ELIOTT | 73 OREG 3:30.56 |
| — Ages 75 Through 79 — | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1107 | GILBERT YOUNG | 77 OREG 39.40 |
| Mixed 100 Free | | | |
| 1 | 1042 | EARL WALTER | 78 OREG 1:35.39 |
| 2 | 1046 | KHOSROW SHADBEH | 78 OREG 2:02.82 |
| Mixed 800 Free | | | |
| 1 | 1107 | GILBERT YOUNG | 77 OREG 14:46.34 |
| - | 1042 | EARL WALTER | 78 OREG DQ |
| Mixed 50 Back | | | |
| 1 | 1046 | KHOSROW SHADBEH | 78 OREG 1:07.65 |
| Mixed 50 Breast | | | |
| 1 | 1046 | KHOSROW SHADBEH | 78 OREG 1:05.68 |
| Mixed 100 Breast | | | |
| 1 | 1046 | KHOSROW SHADBEH | 78 OREG 2:29.22 |
| — Ages 80 Through 84 — (The Andrew Holden Division) | | | |
| PL | Meet ID | Name | Age Team Finals |
| Mixed 50 Free | | | |
| 1 | 1039 | ANDREW HOLDEN | 80 OREG 35.96 |

The Prof - Lane 7 1:47.88 World Record
"Way to go Wally"

1999 ASSOCIATION CHAMPIONSHIPS - COTTAGE GROVE LAKE
SUNDAY, AUGUST 15
SPONSERED BY EMERALD AQUATICS
WITH THE COOPERATION OF THE ARMY CORP OF ENGINEERS

Sanctioned by OMS, Inc. for USMS, Inc. Every swimmer must be a current OMS or USMS member to compete.

USMS Sanction #: OPN003-99 One-event OMS registration will be available at check-in for a fee of \$15.00.

Schedule: 2 Mile: Check-in closes 7:00 AM Pre-race instructions 7:15 AM Race starts 7:30 AM

1 Mile: Check-in closes 9:00 AM Pre-race instructions 9:15 AM Race starts 9:30 AM

Course: The course will be marked by buoys. Water temperature is expected to be 76-78 degrees and will be posted at check-in.

Equipment: The use of pull buoys or fins is not allowed. Swimmers wearing wetsuits are ineligible for awards

Awards: Awards will be given to 5th place in each age-group for the 1-mile association championships and to the top 6 teams. In addition, there will be T-shirts and a prize drawing for all finishers.

Picnic: Following the swim, Emerald Aquatics will host a potluck. All swimmers and friends invited.

Clinic: There will be a clinic from 3:00 -5:30 PM Saturday Aug 14 at the Primitive Campground on the East Side of the lake. Coaches and experienced open-water swimmers will give information and instruction on race techniques, training, and unique open-water experiences. Open to all - no charge.

Directions: : From I-5 North take exit 172 (London Road) and go east. From I-5 South take exit 170 and cross over I-5 to the west, go 2 miles north and cross I-5 to the east (London Road). Follow London road (south) for 3 miles. Take the first entrance into the parking lot when you see the lake. Signs will be provided on London road.

Camping: There is camping on the east side of the lake at Pine Meadows (for reservations call:1--877-444-6777). In addition, some group sites in the primitive campground immediately south of Pine meadows are already reserved - call Dan Gray for information: 541-944-0529

Information: Steve Johnson, Race Director, (541) 683-5758

ENTRIES MUST BE POSTMARKED BY AUGUST 4

Mail entries to: EA Lake Swim
P.O. Box 3708
Eugene, OR 97403

USMS Reg# _____

Please attach a copy of your OMS/USMS registration card.

| | Before 8/4 | After 8/4 | |
|-----------------------|------------|-----------|-------|
| 2 mile | \$21.00 | \$26.00 | _____ |
| 1 mile | \$21.00 | \$26.00 | _____ |
| Both | \$28.00 | \$33.00 | _____ |
| T-shirt: S M L XL XXL | | | _____ |
| TOTAL | | | _____ |

Make checks payable to Emerald Aquatics

All fees are non-refundable.

Name _____ Sex _____ Age _____

Address _____

City/State/Zip _____ Local Team _____

Birthdate _____ Day phone _____ Evening phone _____ Fax _____

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware off all the risks inherent in Masters Swimming (training & competitions) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OR THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES." " In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all risks inherent in open water swimming, and agree to assume those risks.

Signature _____ Date _____

| | | | |
|----------------------|---------|---------|--|
| Mixed 100 Back | | | |
| 1 1039 ANDREW HOLDEN | 80 OREG | 1:45.64 | |
| Mixed 50 Fly | | | |
| 1 1039 ANDREW HOLDEN | 80 OREG | 42.50 | |
| Mixed 100 Fly | | | |
| 1 1039 ANDREW HOLDEN | 80 OREG | 1:47.88 | |



Andrew Holden - New World Record 100 Fly

RELAYS

| | | | |
|--------------------------|----------|--|--|
| — Ages 100 Through 119 — | | | |
| Female 200 R-Free | | | |
| 1 OREG | 2:09.90 | ANDREA MILANO-32 SHAUNA SIMPSON-28 LAURA TYRELL-32 WENDY DIXON-21 | |
| — Ages 120 Through 159 — | | | |
| Male 200 R-Medley | | | |
| 1 OREG | 2:10.60 | KELLY HIBLER-33 MARK VININSKI-36 CHRISTOPHE ROTH-40 BILL VOLCKENING-33 | |
| — Ages 160 Through 199 — | | | |
| Mixed 200 R-Medley | | | |
| 1 OREG | 3:04.58 | JOHN COLLINS-48M ELEANOR FULTON-49F SUSAN COLLINS-47F GREGORY WALKER-27M | |
| — Ages 200 Through 239 — | | | |
| Mixed 400 R-Free | | | |
| 1 OREG | 5:22.22 | ROBERT SMITH-56M JACKIE QUATTRO-52F D. PRENTICE-51M ROBIN YOUNG-44F | |
| Mixed 400 R-Medley | | | |
| 1 OREG | 5:23.38 | ROBERT SMITH-56M JACKIE QUATTRO-52F CHRISTOPHE ROTH-40MJOY WARD-57F | |
| Mixed 800 R-Free | | | |
| 1 OREG | 10:51.02 | P. HIMSTREET-56F BARBARA HARRIS-39F ROBERT BRUCE-51M TOM LANDIS-57M | |
| — Ages 280 Through 319 — | | | |
| Mixed 200 R-Medley | | | |
| 1 OREG | 3:19.43 | FLOYD ELIOTT-73M MARGARET WELLS-73F ANDREW HOLDEN-80M P. HIMSTREET-56F | |

State Games of Oregon

| | | | | |
|------------------------|---------|-----------------|----------|---------|
| — Ages 19 Through 24 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1038 | CASTLE FUNATAKE | 24 OREG | 32.02 |
| 2 | 1069 | JUSTINE HANSEN | 23 OREG | 33.01 |
| 3 | 1097 | PHOEBE HAYNES | 21 OREG | 33.97 |
| Mixed 100 Free | | | | |
| 1 | 1038 | CASTLE FUNATAKE | 24 OREG | 1:09.31 |
| 2 | 1069 | JUSTINE HANSEN | 23 OREG | 1:11.15 |
| Mixed 200 Free | | | | |
| 1 | 1069 | JUSTINE HANSEN | 23 OREG | 2:40.04 |
| Mixed 400 Free | | | | |
| 1 | 1059 | LISA GORSLINE | 24 OREG | 5:40.83 |
| 2 | 1069 | JUSTINE HANSEN | 23 OREG | 5:42.36 |
| Mixed 100 Back | | | | |
| 1 | 1097 | PHOEBE HAYNES | 21 OREG | 1:27.13 |
| Mixed 200 Back | | | | |
| 1 | 1059 | LISA GORSLINE | 24 OREG | 3:12.58 |
| Mixed 50 Breast | | | | |
| 1 | 1052 | WENDY DIXON | 21 OREG | 40.39 |
| 2 | 1038 | CASTLE FUNATAKE | 24 OREG | 41.95 |
| 3 | 1097 | PHOEBE HAYNES | 21 OREG | 43.24 |
| Mixed 100 Breast | | | | |
| 1 | 1052 | WENDY DIXON | 21 OREG | 1:29.22 |
| 2 | 1038 | CASTLE FUNATAKE | 24 OREG | 1:32.11 |
| 3 | 1097 | PHOEBE HAYNES | 21 OREG | 1:32.66 |
| Mixed 200 Breast | | | | |
| 1 | 1052 | WENDY DIXON | 21 OREG | 3:05.98 |
| 2 | 1097 | PHOEBE HAYNES | 21 OREG | 3:19.92 |
| 3 | 1059 | LISA GORSLINE | 24 OREG | 3:36.04 |
| Mixed 50 Fly | | | | |
| 1 | 1038 | CASTLE FUNATAKE | 24 OREG | 34.70 |
| Mixed 100 Fly | | | | |
| 1 | 1059 | LISA GORSLINE | 24 OREG | 1:24.14 |
| Mixed 200 Fly | | | | |
| 1 | 1059 | LISA GORSLINE | 24 OREG | 3:14.94 |

ol'Barn continued from page 3

Back - 46.03, 2nd - 100 Back - 1:36.58, 1st - 200 Back - 3:16.02, 8th - 50 Breast - 49.97, 5th - 200 Breast - 3:51.10. Any Questions Folks?

Barbara Jackson - 7th - 50 Back - 46:43, 6th - 100 Back - 1:43.16, 9th - 200 Back - 3:49.17

Women 70-74: Margaret Wells - 7th - 200 Fly - 5:38.47

Women 85-89: Eva Muller - 1st - 100 Back - 2:37.63, 2nd - 200 Back - 5:42.32, 2nd - 50 Breast - 1:34.97

Men 25-29: Dimitar Petrov - 4th - 400 Free - 4:19.83, 2nd - 800 Free - 8:49.44. Bill Zolna - 6th - 400 Free - 4:23.04, 3rd - 200 Fly - 2:11.33, 6th - 200 IM - 2:17.41, 3rd - 400 IM - 4:54.67.

Darren Dutto - 7th - 800 Free - 9:19.54.

Kyle Kimball - 5th - 200 Fly - 2:13.46, 7th - 200 IM - 2:17.66

Men 30-34: Doug Stewart - 4th - 400 Free - 4:26.46, 6th - 800 Free - 9:15.86, 9th - 400 IM - 5:04.49.

Darren Dutto - 9th - 200 Free - 2:05.33, 7th - 800 Free - 9:19.54 *, 10th - 100 Back - 1:03.80.

* Appears to be duplication in 25-29 Listing. Horst Niehaus - 8th - 200 Back - 2:22.34. Dave Holland - 5th - 200 Fly - 2:17.60

Men 35-39: Steve George - 3rd - 100 Back - 1:03.62, 4th - 200 Back - 2:19.61.

Curt LaCount - 5th - 50 Back - 29.33.

Chris Roth - 6th - 200 Fly - 2:22.94

Men 40-44: James Sorensen - 2nd - 50 Free - 24.77, 2nd - 100 Free - 54.65, 1st - 200 Free - 2:02.45, 6th - 50 Fly - 27.15, 1st - 200 IM - 2:15.53.

Curt LaCount - 2nd - 50 m Back - 29.33 *, 3rd - 100 m Back - 1:03.88, 4th - 50 Fly - 26.67, 2nd - 100 Fly - 1:00.26

* Appears to be duplication in 35-39 Listing.

David Bureson - 7th - 100 Back - 1:05.76, 4th - 200 Back - 2:24.88, 10th - 800 Free - 9:45.58, 4th - 400 IM - 5:15.60.

Pat Allender - 9th - 100 Breast - 1:12.22, 3rd - 200 Breast - 2:36.21, 4th - 200 IM - 2:23.14.

Scott Findorf - 9th - 100 Free - 57.85, 9th - 50 Fly - 27.83. David Holland - 10th - 200 Breast - 2:42.84

Men 45-49: Allen Stark - 8th - 100 Breast - 1:16.60, 9th - 200 Breast - 2:51.04

Men 50-54: Steve Johnson - 6th - 400 Free - 4:53.92, 5th - 800 Free - 10:13.93

continued on page 19

Jeanne and Dave

3 and 1/2 years ago Jeanne entered her first Masters meet. In her first race she stood on the blocks beside Dave. Before the race they chatted and after the race there was more talk about how great Masters Swimming was for people of all ages. That was the beginning of a very special friendship. Jeanne honored that friendship recently by nominating Dave for The Regence BlueCross BlueShield of Oregon Ageless Hero Award. In nominating Dave, Jeanne said; "Dave's spirit, athleticism and kindness make him a perfect Ageless Hero. Dave was among six Oregonians to receive the award which honors role models who prove that maturity can be a "time of vitality and creativity, for overcoming challenges and helping the community, for pursuing knowledge and guiding the lives of youth." Dave commented, "This Award meant a great deal to me because of what it represents for seniors and being nominated by Jeanne. The friendships I have made in swimming as a youth and now in Masters Swimming are true and lasting. Thank you Jeanne. The 'old man' will never forget his first race with you."



WILLIAM TUGMAN STATE PARK
EEL LAKE SWIM
1 & 2 mile Open Water Swim

Saturday August 28, 1999, 10:00 AM

Hosted by South Coast Aquatic Team Masters
Co-Sponsored by Oregon State Parks

Sanctioned by OMS, INC. for USMS, Inc. Sanction No. OPN004-99

Sanctioned by USA Swimming Sanction No. 9-081

All swimmers must be currently registered with USMS or USA Swimming.

- COST:** 1 SWIM: \$25.00 Includes T-Shirt, swim cap. BOTH EVENTS: \$30.00 10 & UNDER: \$13.00
- SCHEDULE:** 2 Mile: Check-in time closes at 9:30 AM, Pre-race instructions 9:45, Race starts 10:00.
1 Mile: Check-in time closes at 10:45 AM, Pre-race instructions 11:15, Race starts 11:30.
10 & under 500 yard swim: Check in time 10:00 to 10:45 AM, Race starts 11:35.
- COURSE:** The 1 mile course will swim 1/2 mile straight-out, around the furthest two buoys and back to finish line. The 2 mile course will swim around the 1 mile course twice and to finish line, always keeping the buoys on your left. Buoys will be placed every 250 yards.
Age 10 & under 500 yard swim will swim out to first buoy and back to finish line.
- EQUIPMENT:** The use of pull buoys or fins is not allowed. Swimmers wearing wet suits will be ineligible for awards. EXPECTED WATER TEMP. 69 - 74 deg.
- AWARDS:** A special award will be given to the *first female and male finishers* of the 1 Mile and 2 Mile races. Awards to the top three female and male winners in each age group (10 & under, 11-12, 13-14, 15-16, 17-18, 19-24, 25-29, 30-34, etc.)
- DIRECTION:** Located on HWY 101, William Tugman State Park is located approx. 8 miles north of North Bend, OR. Reedsport, OR is 12 miles to the north. Parking will be available inside of park.
- CAMPING:** William Tugman State Park and Umpqua Lighthouse State Park are two fully equipped campgrounds. Tugman also offers yurts, while Umpqua also offers cabins. Please make your reservation early. Call Reservations Northwest at 1(800)452-5687.
- INFORMATION:** Trudi Gugliemini, Race director (541) 756-4915 or (541) 756-5566

ENTRIES MUST BE POSTMARKED BY AUG. 14, 1999

Mail entries to: SCAT * 5.00 late registration fee
P.O. Box 648 * One event OMS registration available \$15.00
North Bend, OR 97459
OMS/USA Reg.# _____

You **MUST** attach a copy of your OMS/USA SWIMMING registration card.

MAKE CHECKS PAYABLE TO SCAT:

Name: _____ Sex: _____ Age: _____
Address: _____
City/State/Zip: _____ Local Team: _____
Day Phone: _____ Eve Phone: _____
T-Shirt Size (Circle one): S M L XL

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS." "Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks."

Signature: _____ Date: _____
(Under 18 must be signed by parent or guardian)

Operating under Special Permit from the United States Forest Service.

Results of the State Games of Oregon

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| | | | | |
|------------------------|---------|--------------------|----------|---------|
| Mixed 200 IM | | | | |
| 1 | 1097 | PHOEBE HAYNES | 21 OREG | 3:13.49 |
| Mixed 400 IM | | | | |
| 1 | 1059 | LISA GORSLINE | 24 OREG | 6:37.42 |
| — Ages 25 Through 29 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1055 | FRANCESCA GAMBETTI | 27 OREG | 29.94 |
| 2 | 1056 | JEANNA BENNETT | 25 OREG | 32.36 |
| Mixed 100 Free | | | | |
| 1 | 1055 | FRANCESCA GAMBETTI | 27 OREG | 1:07.61 |
| 2 | 1056 | JEANNA BENNETT | 25 OREG | 1:13.85 |
| 3 | 1078 | JULIE GARRETT | 25 OREG | 1:23.07 |
| Mixed 200 Free | | | | |
| 1 | 1001 | JENNIFER PELTIER | 25 OREG | 2:28.54 |
| 2 | 1017 | SHAUNA SIMPSON | 28 OREG | 2:40.84 |
| 3 | 1078 | JULIE GARRETT | 25 OREG | 3:03.43 |
| Mixed 400 Free | | | | |
| 1 | 1017 | SHAUNA SIMPSON | 28 OREG | 5:41.37 |
| Mixed 50 Back | | | | |
| 1 | 1055 | FRANCESCA GAMBETTI | 27 OREG | 36.83 |
| Mixed 100 Back | | | | |
| 1 | 1056 | JEANNA BENNETT | 25 OREG | 1:29.24 |
| Mixed 50 Breast | | | | |
| 1 | 1001 | JENNIFER PELTIER | 25 OREG | 40.02 |
| Mixed 100 Breast | | | | |
| 1 | 1078 | JULIE GARRETT | 25 OREG | 1:56.33 |
| Mixed 200 Breast | | | | |
| 1 | 1078 | JULIE GARRETT | 25 OREG | DQ |
| Mixed 50 Fly | | | | |
| 1 | 1056 | JEANNA BENNETT | 25 OREG | 38.33 |
| Mixed 100 Fly | | | | |
| 1 | 1017 | SHAUNA SIMPSON | 28 OREG | 1:20.07 |
| Mixed 200 Fly | | | | |
| 1 | 1017 | SHAUNA SIMPSON | 28 OREG | 2:57.26 |
| Mixed 400 IM | | | | |
| 1 | 1017 | SHAUNA SIMPSON | 28 OREG | 6:13.97 |
| — Ages 30 Through 34 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1019 | CATHY LAW | 32 OREG | 30.90 |
| 2 | 1041 | KAREN HAKANSON | 34 OREG | 31.06 |
| 3 | 1039 | LAURA TYRELL | 32 OREG | 31.49 |
| 4 | 1064 | SANDRA HYDE | 31 OREG | 34.11 |
| 5 | 1074 | KIMBERLY BROWN | 34 OREG | 35.19 |
| 6 | 1084 | JANET HAILEY | 31 OREG | 36.32 |
| 7 | 1117 | ANNE SCHMIDT | 33 OREG | 59.85 |
| Mixed 100 Free | | | | |
| 1 | 1039 | LAURA TYRELL | 32 OREG | 1:09.74 |
| 2 | 1019 | CATHY LAW | 32 OREG | 1:12.09 |
| 3 | 1041 | KAREN HAKANSON | 34 OREG | 1:12.34 |
| 4 | 1064 | SANDRA HYDE | 31 OREG | 1:14.28 |
| 5 | 1074 | KIMBERLY BROWN | 34 OREG | 1:19.49 |
| Mixed 200 Free | | | | |
| 1 | 1074 | KIMBERLY BROWN | 34 OREG | 2:53.68 |
| 2 | 1126 | ERIN HOLLAND | 32 OREG | 2:59.01 |
| Mixed 400 Free | | | | |
| 1 | 1103 | LISA FORD | 33 OREG | 5:48.22 |
| 2 | 1010 | ANDREA MILANO | 32 OREG | 5:50.46 |
| 3 | 1064 | SANDRA HYDE | 31 OREG | 5:50.92 |
| 4 | 1126 | ERIN HOLLAND | 32 OREG | 6:14.90 |
| Mixed 50 Back | | | | |
| 1 | 1117 | ANNE SCHMIDT | 33 OREG | 1:11.44 |
| Mixed 100 Back | | | | |
| 1 | 1064 | SANDRA HYDE | 31 OREG | DQ |
| Mixed 200 Back | | | | |
| 1 | 1003 | DEBBIE MURPHY | 34 OREG | 3:24.39 |
| 1 | 1064 | SANDRA HYDE | 31 OREG | DQ |
| Mixed 50 Breast | | | | |
| 1 | 1126 | ERIN HOLLAND | 32 OREG | 45.26 |
| 2 | 1084 | JANET HAILEY | 31 OREG | 50.17 |
| Mixed 100 Breast | | | | |
| 1 | 1003 | DEBBIE MURPHY | 34 OREG | 1:44.63 |
| Mixed 50 Fly | | | | |
| 1 | 1064 | SANDRA HYDE | 31 OREG | 42.48 |
| 2 | 1117 | ANNE SCHMIDT | 33 OREG | 1:20.87 |
| Mixed 100 Fly | | | | |
| 1 | 1016 | REBECCA PERRY | 31 OREG | 1:28.73 |
| 2 | 1003 | DEBBIE MURPHY | 34 OREG | 1:33.70 |
| Mixed 200 IM | | | | |
| 1 | 1016 | REBECCA PERRY | 31 OREG | 3:05.11 |
| 2 | 1003 | DEBBIE MURPHY | 34 OREG | 3:22.76 |
| 3 | 1074 | KIMBERLY BROWN | 34 OREG | 3:33.30 |
| — Ages 35 Through 39 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1026 | DIANNE VIALES | 37 OREG | 30.49 |
| 2 | 1135 | BETH BEADLING | 38 OREG | 35.98 |
| 3 | 1005 | LYNN GRAY | 38 OREG | 46.05 |
| 4 | 1094 | LYNDA WOJT | 39 OREG | 47.05 |
| Mixed 100 Free | | | | |
| 1 | 1026 | DIANNE VIALES | 37 OREG | 1:08.59 |
| 2 | 1094 | LYNDA WOJT | 39 OREG | 1:46.14 |
| Mixed 200 Free | | | | |
| 1 | 1079 | ELLEN FERGUSON | 37 OREG | 2:29.78 |
| 2 | 1026 | DIANNE VIALES | 37 OREG | 2:31.94 |

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|------------------------|---------|---------------------|----------|----------|
| Mixed 400 Free | | | | |
| 1 | 1079 | ELLEN FERGUSON | 37 OREG | 5:04.46 |
| Mixed 1500 Free | | | | |
| 1 | 1135 | BETH BEADLING | 38 OREG | 26:01.68 |
| 2 | 1094 | LYNDA WOJT | 39 OREG | 35:02.84 |
| Mixed 100 Back | | | | |
| 1 | 1135 | BETH BEADLING | 38 OREG | 1:33.18 |
| Mixed 200 Breast | | | | |
| 1 | 1079 | ELLEN FERGUSON | 37 OREG | 3:15.62 |
| 2 | 1135 | BETH BEADLING | 38 OREG | 3:56.45 |
| Mixed 50 Fly | | | | |
| 1 | 1094 | LYNDA WOJT | 39 OREG | 57.17 |
| Mixed 100 Fly | | | | |
| 1 | 1094 | LYNDA WOJT | 39 OREG | DNF |
| Mixed 200 IM | | | | |
| 1 | 1026 | DIANNE VIALES | 37 OREG | 2:54.39 |
| — Ages 40 Through 44 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1124 | GRACE GODDARD | 40 OREG | 30.40 |
| 2 | 1032 | DEBBY JOHNSON | 41 OREG | 33.00 |
| 3 | 1093 | BEVERLY HELLER | 40 OREG | 39.42 |
| 4 | 1122 | MALIA WARNER | 44 OREG | 1:11.71 |
| Mixed 100 Free | | | | |
| 1 | 1124 | GRACE GODDARD | 40 OREG | 1:08.68 |
| 2 | 1032 | DEBBY JOHNSON | 41 OREG | 1:18.56 |
| 3 | 1096 | GWEN LEWIS | 42 OREG | 1:29.09 |
| 4 | 1023 | CAROLE MILES | 44 OREG | 1:42.77 |
| Mixed 200 Free | | | | |
| 1 | 1081 | LORI HOLLINGSWORTH | 41 OREG | 2:55.93 |
| Mixed 400 Free | | | | |
| 1 | 1081 | LORI HOLLINGSWORTH | 41 OREG | 6:09.27 |
| Mixed 1500 Free | | | | |
| 1 | 1068 | KAREN ANDRUS-HUGHES | 42 OREG | 22:33.27 |
| Mixed 50 Back | | | | |
| 1 | 1139 | WENDY MAGUIRE | 42 OREG | 38.54 |
| 2 | 1105 | HELEN MOSS | 41 OREG | 51.09 |
| 3 | 1023 | CAROLE MILES | 44 OREG | 57.50 |
| 4 | 1122 | MALIA WARNER | 44 OREG | 1:33.86 |
| Mixed 100 Back | | | | |
| 1 | 1068 | KAREN ANDRUS-HUGHES | 42 OREG | 1:21.65 |
| 2 | 1139 | WENDY MAGUIRE | 42 OREG | 1:26.00 |
| 3 | 1061 | ANN GOODMAN | 40 OREG | 1:28.45 |
| 4 | 1096 | GWEN LEWIS | 42 OREG | 1:46.44 |
| Mixed 50 Breast | | | | |
| 1 | 1048 | BECKY OBLETZ | 40 OREG | 41.88 |
| 2 | 1032 | DEBBY JOHNSON | 41 OREG | 43.00 |
| 3 | 1081 | LORI HOLLINGSWORTH | 41 OREG | 52.85 |
| 4 | 1023 | CAROLE MILES | 44 OREG | 53.61 |
| 5 | 1122 | MALIA WARNER | 44 OREG | 1:37.43 |
| Mixed 100 Breast | | | | |
| 1 | 1048 | BECKY OBLETZ | 40 OREG | 1:31.10 |
| 2 | 1032 | DEBBY JOHNSON | 41 OREG | 1:43.14 |
| Mixed 50 Fly | | | | |
| 1 | 1032 | DEBBY JOHNSON | 41 OREG | 36.92 |
| 2 | 1081 | LORI HOLLINGSWORTH | 41 OREG | 44.60 |
| 3 | 1093 | BEVERLY HELLER | 40 OREG | 48.30 |
| 4 | 1105 | HELEN MOSS | 41 OREG | 49.99 |
| Mixed 400 IM | | | | |
| 1 | 1061 | ANN GOODMAN | 40 OREG | 7:06.76 |
| — Ages 45 Through 49 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1036 | KARIN CLANCEY | 45 OREG | 42.15 |
| Mixed 100 Free | | | | |
| 1 | 1036 | KARIN CLANCEY | 45 OREG | 1:35.31 |
| Mixed 400 Free | | | | |
| 1 | 1062 | LISSA PARKER | 48 OREG | 7:18.89 |
| 2 | 1036 | KARIN CLANCEY | 45 OREG | 7:42.22 |
| Mixed 100 Back | | | | |
| 1 | 1047 | TERI HENDRYX | 46 OREG | 1:27.18 |
| Mixed 200 Back | | | | |
| 1 | 1047 | TERI HENDRYX | 46 OREG | 3:09.74 |
| 2 | 1085 | SUZANNE RAGUE | 49 OREG | 3:48.35 |
| 3 | 1062 | LISSA PARKER | 48 OREG | 4:14.96 |
| Mixed 50 Breast | | | | |
| 1 | 1047 | TERI HENDRYX | 46 OREG | 42.99 |
| 2 | 1036 | KARIN CLANCEY | 45 OREG | 1:00.20 |
| Mixed 100 Breast | | | | |
| 1 | 1047 | TERI HENDRYX | 46 OREG | 1:35.59 |
| Mixed 50 Fly | | | | |
| 1 | 1062 | LISSA PARKER | 48 OREG | 56.60 |
| Mixed 100 Fly | | | | |
| 1 | 1085 | SUZANNE RAGUE | 49 OREG | 1:38.05 |
| Mixed 200 Fly | | | | |
| 1 | 1047 | TERI HENDRYX | 46 OREG | 3:21.14 |
| Mixed 200 IM | | | | |
| 1 | 1085 | SUZANNE RAGUE | 49 OREG | 3:38.08 |
| Mixed 400 IM | | | | |
| 1 | 1047 | TERI HENDRYX | 46 OREG | 6:35.75 |
| — Ages 50 Through 54 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1011 | SANDI ROUSSEAU | 52 OREG | 36.64 |
| 2 | 1028 | CHRIS CLUM | 53 OREG | 38.47 |
| 3 | 1110 | CAROLYN GRAF | 52 OREG | 55.94 |

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| Mixed 100 Free | | | | |
| 1 | 1110 | CAROLYN GRAF | 52 OREG | 2:01.85 |
| Mixed 400 Free | | | | |
| 1 | 1054 | JANET GETTLING | 51 OREG | 6:16.92 |
| Mixed 1500 Free | | | | |
| 1 | 1054 | JANET GETTLING | 51 OREG | 24:35.21 |
| Mixed 50 Back | | | | |
| 1 | 1054 | JANET GETTLING | 51 OREG | 42.02 |
| Mixed 100 Back | | | | |
| 1 | 1054 | JANET GETTLING | 51 OREG | 1:37.80 |
| Mixed 50 Breast | | | | |
| 1 | 1054 | JANET GETTLING | 51 OREG | 44.48 |
| 2 | 1028 | CHRIS CLUM | 53 OREG | 45.21 |
| 3 | 1110 | CAROLYN GRAF | 52 OREG | 1:00.05 |
| Mixed 100 Breast | | | | |
| 1 | 1028 | CHRIS CLUM | 53 OREG | 1:39.66 |
| Mixed 200 Breast | | | | |
| 1 | 1028 | CHRIS CLUM | 53 OREG | 3:35.84 |
| 2 | 1110 | CAROLYN GRAF | 52 OREG | 4:53.87 |
| Mixed 50 Fly | | | | |
| 1 | 1011 | SANDI ROUSSEAU | 52 OREG | 37.82 |
| 2 | 1110 | CAROLYN GRAF | 52 OREG | 1:03.05 |
| Mixed 100 Fly | | | | |
| 1 | 1011 | SANDI ROUSSEAU | 52 OREG | 1:34.92 |
| Mixed 200 Fly | | | | |
| 1 | 1011 | SANDI ROUSSEAU | 52 OREG | 3:52.97 |
| Mixed 200 IM | | | | |
| 1 | 1054 | JANET GETTLING | 51 OREG | 3:23.54 |
| 2 | 1110 | CAROLYN GRAF | 52 OREG | 4:46.78 |
| — Ages 55 Through 59 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1002 | JOY WARD | 57 OREG | 34.70 |
| 2 | 1136 | SUE CALNEK-MORRIS | 56 OREG | 36.69 |
| 3 | 1080 | NANCY BROOKS | 57 OREG | 36.87 |
| Mixed 100 Free | | | | |
| 1 | 1002 | JOY WARD | 57 OREG | 1:21.25 |
| 2 | 1136 | SUE CALNEK-MORRIS | 56 OREG | 1:23.27 |
| 3 | 1034 | PAMELA HIMSTREET | 56 OREG | 1:28.24 |
| Mixed 200 Free | | | | |
| 1 | 1002 | JOY WARD | 57 OREG | 3:02.92 |
| 2 | 1136 | SUE CALNEK-MORRIS | 56 OREG | 3:09.29 |
| Mixed 400 Free | | | | |
| 1 | 1136 | SUE CALNEK-MORRIS | 56 OREG | 6:29.73 |
| 2 | 1034 | PAMELA HIMSTREET | 56 OREG | 6:47.61 |
| Mixed 1500 Free | | | | |
| 1 | 1136 | SUE CALNEK-MORRIS | 56 OREG | 24:28.85 |
| Mixed 50 Back | | | | |
| 1 | 1002 | JOY WARD | 57 OREG | 42.51 |
| Mixed 50 Breast | | | | |
| 1 | 1080 | NANCY BROOKS | 57 OREG | 44.83 |
| 2 | 1034 | PAMELA HIMSTREET | 56 OREG | 50.11 |
| Mixed 100 Breast | | | | |
| 1 | 1080 | NANCY BROOKS | 57 OREG | 1:40.18 |
| Mixed 200 Breast | | | | |
| 1 | 1080 | NANCY BROOKS | 57 OREG | 3:40.02 |
| 2 | 1034 | PAMELA HIMSTREET | 56 OREG | 3:52.80 |
| Mixed 100 Fly | | | | |
| 1 | 1034 | PAMELA HIMSTREET | 56 OREG | 1:52.29 |
| Mixed 200 IM | | | | |
| 1 | 1002 | JOY WARD | 57 OREG | 3:29.08 |
| 2 | 1034 | PAMELA HIMSTREET | 56 OREG | 3:43.14 |
| — Ages 60 Through 64 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1045 | SUSANNE SCHUMANN | 62 OREG | 39.03 |
| 2 | 1128 | SHERIN LANCE | 63 OREG | 49.73 |
| Mixed 100 Free | | | | |
| 1 | 1045 | SUSANNE SCHUMANN | 62 OREG | 1:29.94 |
| 2 | 1128 | SHERIN LANCE | 63 OREG | 1:57.11 |
| Mixed 50 Back | | | | |
| 1 | 1128 | SHERIN LANCE | 63 OREG | 1:01.22 |
| Mixed 100 Back | | | | |
| 1 | 1128 | SHERIN LANCE | 63 OREG | 2:25.61 |
| Mixed 50 Breast | | | | |
| 1 | 1045 | SUSANNE SCHUMANN | 62 OREG | 49.46 |
| Mixed 100 Breast | | | | |
| 1 | 1045 | SUSANNE SCHUMANN | 62 OREG | 1:50.34 |
| — Ages 65 Through 69 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1050 | LAVELLE STOINOFF | 66 OREG | 37.90 |
| Mixed 100 Free | | | | |
| 1 | 1050 | LAVELLE STOINOFF | 66 OREG | 1:22.19 |
| Mixed 200 Free | | | | |
| 1 | 1050 | LAVELLE STOINOFF | 66 OREG | 2:54.14 |
| Mixed 400 Free | | | | |
| 1 | 1050 | LAVELLE STOINOFF | 66 OREG | 6:04.20 |
| 2 | 1014 | BEVERLY L'ESPERANCE | 67 OREG | 9:33.05 |
| Mixed 1500 Free | | | | |
| 1 | 1050 | LAVELLE STOINOFF | 66 OREG | 23:45.66 |
| Mixed 50 Back | | | | |
| 1 | 1014 | BEVERLY L'ESPERANCE | 67 OREG | 1:05.72 |
| Mixed 100 Back | | | | |
| 1 | 1014 | BEVERLY L'ESPERANCE | 67 OREG | 2:23.78 |

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| Mixed 200 Back | | | | |
| 1 | 1014 | BEVERLY L'ESPERANCE | 67 OREG | 5:16.89 |
| — Ages 70 Through 74 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 1500 Free | | | | |
| 1 | 1051 | BETSY AUSTEN | 72 OREG | 38:08.31 |
| Mixed 200 Fly | | | | |
| 1 | 1100 | MARGARET WELLS | 73 OREG | 5:51.07 |
| Mixed 200 IM | | | | |
| 1 | 1051 | BETSY AUSTEN | 72 OREG | 5:51.36 |
| Mixed 400 IM | | | | |
| 1 | 1100 | MARGARET WELLS | 73 OREG | 11:32.86 |
| — Ages 75 Through 79 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 200 Fly | | | | |
| 1 | 1104 | ELFIE STEVENIN | 78 OREG | 9:25.42 |
| Mixed 400 IM | | | | |
| 1 | 1104 | ELFIE STEVENIN | 78 OREG | 16:39.52 |
| — Ages 80 Through 84 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1134 | NORMA BERNARDI | 80 OREG | 1:02.02 |
| Mixed 100 Free | | | | |
| 1 | 1134 | NORMA BERNARDI | 80 OREG | 2:22.25 |
| Mixed 200 Free | | | | |
| 1 | 1134 | NORMA BERNARDI | 80 OREG | 5:12.94 |
| Mixed 50 Back | | | | |
| 1 | 1134 | NORMA BERNARDI | 80 OREG | 1:05.50 |
| Mixed 100 Back | | | | |
| 1 | 1134 | NORMA BERNARDI | 80 OREG | DQ |
| — Ages 85 Through 89 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1118 | ELLEN TAIT | 89 OREG | 1:16.74 |
| Mixed 100 Free | | | | |
| 1 | 1118 | ELLEN TAIT | 89 OREG | 2:54.13 |
| Mixed 200 Free | | | | |
| 1 | 1115 | EVA MUELLER | 87 OREG | 5:10.71 |
| 2 | 1118 | ELLEN TAIT | 89 OREG | 6:39.25 |
| Mixed 400 Free | | | | |
| 1 | 1115 | EVA MUELLER | 87 OREG | 10:53.38 |
| 2 | 1118 | ELLEN TAIT | 89 OREG | 13:52.94 |
| Mixed 50 Back | | | | |
| 1 | 1118 | ELLEN TAIT | 89 OREG | 1:42.22 |
| (Mixed 200 Back | | | | |
| 1 | 1115 | EVA MUELLER | 87 OREG | 5:38.76 |
| Mixed 100 Breast | | | | |
| 1 | 1115 | EVA MUELLER | 87 OREG | 3:33.47 |
| Mixed 200 IM | | | | |
| 1 | 1115 | EVA MUELLER | 87 OREG | 6:36.63 |
| — Ages 19 Through 24 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1007 | CHRIS FANTZ | 22 OREG | 25.85 |
| 2 | 1076 | LEVENTE FULOP | 21 OREG | 27.97 |
| Mixed 100 Free | | | | |
| 1 | 1007 | CHRIS FANTZ | 22 OREG | 58.66 |
| 2 | 1076 | LEVENTE FULOP | 21 OREG | 1:04.91 |
| 3 | 1077 | ANTHONY PERCIVAL | 24 OREG | 1:05.59 |
| 4 | 1083 | ARLO MURPHY | 22 OREG | 1:07.54 |
| Mixed 200 Free | | | | |
| 1 | 1077 | ANTHONY PERCIVAL | 24 OREG | 2:24.05 |
| Mixed 400 Free | | | | |
| 1 | 1077 | ANTHONY PERCIVAL | 24 OREG | 5:04.52 |
| 2 | 1113 | STEVEN JENKINS | 21 OREG | 5:39.67 |
| Mixed 1500 Free | | | | |
| 1 | 1077 | ANTHONY PERCIVAL | 24 OREG | 20:58.13 |
| 2 | 1113 | STEVEN JENKINS | 21 OREG | 23:30.03 |
| Mixed 100 Back | | | | |
| 1 | 1007 | CHRIS FANTZ | 22 OREG | 1:09.03 |
| 2 | 1083 | ARLO MURPHY | 22 OREG | 1:16.90 |
| 3 | 1077 | ANTHONY PERCIVAL | 24 OREG | 1:19.36 |
| Mixed 200 Back | | | | |
| 1 | 1083 | ARLO MURPHY | 22 OREG | 2:44.70 |
| 2 | 1113 | STEVEN JENKINS | 21 OREG | 3:01.49 |
| Mixed 50 Fly | | | | |
| 1 | 1007 | CHRIS FANTZ | 22 OREG | 27.18 |
| 2 | 1076 | LEVENTE FULOP | 21 OREG | 32.16 |
| 3 | 1113 | STEVEN JENKINS | 21 OREG | 38.47 |
| Mixed 100 Fly | | | | |
| 1 | 1007 | CHRIS FANTZ | 22 OREG | 1:00.61 |
| Mixed 200 IM | | | | |
| 1 | 1077 | ANTHONY PERCIVAL | 24 OREG | 2:52.32 |
| 2 | 1113 | STEVEN JENKINS | 21 OREG | 3:07.39 |
| Mixed 400 IM | | | | |
| 1 | 1113 | STEVEN JENKINS | 21 OREG | 6:34.32 |
| — Ages 25 Through 29 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 100 Back | | | | |
| 1 | 1066 | GARY DEFRANG | 29 OREG | 1:05.65 |
| — Ages 30 Through 34 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1022 | ERIC ASKERMAN | 32 OREG | 26.81 |
| 2 | 1044 | RADEK POSPISIL | 30 OREG | 29.97 |
| 3 | 1072 | JOHN LINDSEY | 33 OREG | 31.40 |

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| Mixed 100 Free | | | | |
| 1 | 1022 | ERIC ASKERMAN | 32 OREG | 1:00.21 |
| 2 | 1072 | JOHN LINDSEY | 33 OREG | 1:11.38 |
| Mixed 200 Free | | | | |
| 1 | 1123 | BILL ZOLNA | 30 OREG | 2:10.13 |
| 2 | 1022 | ERIC ASKERMAN | 32 OREG | 2:19.50 |
| 3 | 1013 | JEFF KAELO | 33 OREG | 2:38.67 |
| Mixed 400 Free | | | | |
| 1 | 1123 | BILL ZOLNA | 30 OREG | 4:38.10 |
| 2 | 1022 | ERIC ASKERMAN | 32 OREG | 5:02.90 |
| 3 | 1013 | JEFF KAELO | 33 OREG | 5:26.47 |
| Mixed 1500 Free | | | | |
| 1 | 1022 | ERIC ASKERMAN | 32 OREG | 20:54.00 |
| 2 | 1106 | RICHARD MCGYRK | 31 OREG | 47:49.87 |
| Mixed 50 Back | | | | |
| 1 | 1060 | STEVE PARMENTIER | 34 OREG | 30.81 |
| 2 | 1072 | JOHN LINDSEY | 33 OREG | 40.53 |
| Mixed 100 Back | | | | |
| 1 | 1060 | STEVE PARMENTIER | 34 OREG | 1:09.77 |
| Mixed 50 Breast | | | | |
| 1 | 1044 | RADEK POSPISIL | 30 OREG | 36.87 |
| Mixed 100 Breast | | | | |
| 1 | 1044 | RADEK POSPISIL | 30 OREG | 1:22.71 |
| Mixed 200 Breast | | | | |
| 1 | 1044 | RADEK POSPISIL | 30 OREG | 3:00.63 |
| Mixed 50 Fly | | | | |
| 1 | 1123 | BILL ZOLNA | 30 OREG | 28.22 |
| 1 | 1060 | STEVE PARMENTIER | 34 OREG | 28.22 |
| 3 | 1022 | ERIC ASKERMAN | 32 OREG | 30.43 |
| Mixed 100 Fly | | | | |
| 1 | 1123 | BILL ZOLNA | 30 OREG | 1:01.19 |
| Mixed 200 Fly | | | | |
| 1 | 1123 | BILL ZOLNA | 30 OREG | 2:17.05 |
| Mixed 400 IM | | | | |
| 1 | 1123 | BILL ZOLNA | 30 OREG | 5:06.34 |
| — Ages 35 Through 39 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1012 | CHARLES MIRHO | 35 OREG | 27.83 |
| 2 | 1015 | BRIAN WANNAMAKER | 36 OREG | 27.87 |
| 3 | 1121 | DAVID VAN DER ZWAN | 37 OREG | 31.38 |
| Mixed 100 Free | | | | |
| 1 | 1070 | MARK VININSKI | 36 OREG | 1:02.53 |
| 2 | 1015 | BRIAN WANNAMAKER | 36 OREG | 1:04.91 |
| 3 | 1121 | DAVID VAN DER ZWAN | 37 OREG | 1:07.26 |
| 4 | 1031 | MIKE CONRATH | 35 OREG | 1:09.59 |
| Mixed 200 Free | | | | |
| 1 | 1043 | DOUG STEWART | 35 OREG | 2:07.61 |
| 2 | 1121 | DAVID VAN DER ZWAN | 37 OREG | 2:28.96 |
| 3 | 1031 | MIKE CONRATH | 35 OREG | 2:36.10 |
| Mixed 400 Free | | | | |
| 1 | 1043 | DOUG STEWART | 35 OREG | 4:28.64 |
| 2 | 1121 | DAVID VAN DER ZWAN | 37 OREG | 5:20.90 |
| 3 | 1031 | MIKE CONRATH | 35 OREG | 5:39.36 |
| Mixed 1500 Free | | | | |
| 1 | 1043 | DOUG STEWART | 35 OREG | 18:30.18 |
| 2 | 1121 | DAVID VAN DER ZWAN | 37 OREG | 21:01.29 |
| 3 | 1119 | RON TAYLOR | 39 OREG | 21:07.47 |
| Mixed 200 Back | | | | |
| 1 | 1119 | RON TAYLOR | 39 OREG | 2:38.70 |
| Mixed 50 Breast | | | | |
| 1 | 1070 | MARK VININSKI | 36 OREG | 35.00 |
| 2 | 1012 | CHARLES MIRHO | 35 OREG | 35.37 |
| Mixed 100 Breast | | | | |
| 1 | 1070 | MARK VININSKI | 36 OREG | 1:19.15 |
| Mixed 200 Breast | | | | |
| 1 | 1070 | MARK VININSKI | 36 OREG | 3:00.54 |
| 2 | 1031 | MIKE CONRATH | 35 OREG | 3:19.47 |
| Mixed 50 Fly | | | | |
| 1 | 1138 | DOUGLAS CHRISTENSEN | 36 OREG | 29.11 |
| 2 | 1119 | RON TAYLOR | 39 OREG | 30.10 |
| 3 | 1121 | DAVID VAN DER ZWAN | 37 OREG | 35.55 |
| 4 | 1015 | BRIAN WANNAMAKER | 36 OREG | DQ |
| Mixed 100 Fly | | | | |
| 1 | 1043 | DOUG STEWART | 35 OREG | 1:04.69 |
| 2 | 1138 | DOUGLAS CHRISTENSEN | 36 OREG | 1:05.67 |
| 3 | 1015 | BRIAN WANNAMAKER | 36 OREG | 1:14.20 |
| Mixed 200 Fly | | | | |
| 1 | 1043 | DOUG STEWART | 35 OREG | 2:24.36 |
| 2 | 1119 | RON TAYLOR | 39 OREG | 2:44.63 |
| Mixed 200 IM | | | | |
| 1 | 1138 | DOUGLAS CHRISTENSEN | 36 OREG | 2:41.50 |
| Mixed 400 IM | | | | |
| 1 | 1043 | DOUG STEWART | 35 OREG | 5:09.97 |
| — Ages 40 Through 44 — | | | | |
| PL | Meet ID | Name | Age Team | Finals |
| Mixed 50 Free | | | | |
| 1 | 1046 | DAVID BURLESON | 42 OREG | 27.22 |
| 2 | 1027 | MARK WREN | 41 OREG | 28.47 |
| 3 | 1107 | ROBERT MCMILLAN | 41 OREG | 29.13 |
| 4 | 1125 | CHARLES HELM | 43 OREG | 34.13 |
| 5 | 1116 | JOHN SCHMIDT | 41 OREG | 51.53 |
| Mixed 100 Free | | | | |
| 1 | 1046 | DAVID BURLESON | 42 OREG | 58.90 |
| 2 | 1027 | MARK WREN | 41 OREG | 1:06.35 |
| 3 | 1107 | ROBERT MCMILLAN | 41 OREG | 1:06.74 |
| 4 | 1125 | CHARLES HELM | 43 OREG | 1:20.42 |

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| Mixed 200 Free | | | | | |
| 1 | 1090 | PAT ALLENDER | 41 OREG | 2:10.37 | |
| 2 | 1053 | CHRISTOPHE ROTH | 40 OREG | 2:17.63 | |
| 3 | 1033 | MARK NEUBERT | 42 OREG | 3:06.81 | |
| 4 | 1125 | CHARLES HELM | 43 OREG | 3:18.21 | |
| Mixed 400 Free | | | | | |
| 1 | 1090 | PAT ALLENDER | 41 OREG | 4:39.04 | |
| 2 | 1053 | CHRISTOPHE ROTH | 40 OREG | 4:56.69 | |
| 3 | 1033 | MARK NEUBERT | 42 OREG | 6:26.49 | |
| 4 | 1125 | CHARLES HELM | 43 OREG | 6:58.43 | |
| Mixed 1500 Free | | | | | |
| 1 | 1046 | DAVID BURLESON | 42 OREG | 19:33.02 | |
| 2 | 1125 | CHARLES HELM | 43 OREG | 28:26.20 | |
| Mixed 50 Back | | | | | |
| 1 | 1030 | PETER METZGER | 44 OREG | 31.37 | |
| 2 | 1053 | CHRISTOPHE ROTH | 40 OREG | 33.78 | |
| 3 | 1107 | ROBERT MCMILLAN | 41 OREG | 37.05 | |
| 4 | 1111 | MURALI KRISHNA | 40 OREG | 56.08 | |
| 5 | 1116 | JOHN SCHMIDT | 41 OREG | 1:07.16 | |
| Mixed 100 Back | | | | | |
| 1 | 1030 | PETER METZGER | 44 OREG | 1:10.52 | |
| 2 | 1090 | PAT ALLENDER | 41 OREG | 1:16.75 | |
| Mixed 50 Breast | | | | | |
| 1 | 1108 | ANDY OTTOLIA | 44 OREG | 38.02 | |
| 2 | 1033 | MARK NEUBERT | 42 OREG | 42.10 | |
| 3 | 1125 | CHARLES HELM | 43 OREG | 54.95 | |
| 4 | 1116 | JOHN SCHMIDT | 41 OREG | 1:17.62 | |
| Mixed 100 Breast | | | | | |
| 1 | 1090 | PAT ALLENDER | 41 OREG | 1:14.12 | |
| 2 | 1108 | ANDY OTTOLIA | 44 OREG | 1:23.19 | |
| 3 | 1033 | MARK NEUBERT | 42 OREG | 1:37.14 | |
| Mixed 200 Breast | | | | | |
| 1 | 1090 | PAT ALLENDER | 41 OREG | 2:40.20 | |
| 2 | 1107 | ROBERT MCMILLAN | 41 OREG | 3:29.83 | |
| Mixed 50 Fly | | | | | |
| 1 | 1053 | CHRISTOPHE ROTH | 40 OREG | 29.05 | |
| 2 | 1030 | PETER METZGER | 44 OREG | 30.25 | |
| 3 | 1108 | ANDY OTTOLIA | 44 OREG | 32.30 | |
| Mixed 100 Fly | | | | | |
| 1 | 1053 | CHRISTOPHE ROTH | 40 OREG | 1:02.92 | |
| 2 | 1030 | PETER METZGER | 44 OREG | 1:12.55 | |
| 3 | 1111 | MURALI KRISHNA | 40 OREG | 2:04.36 | |
| Mixed 200 Fly | | | | | |
| 1 | 1053 | CHRISTOPHE ROTH | 40 OREG | 2:24.81 | |
| 2 | 1111 | MURALI KRISHNA | 40 OREG | 4:51.04 | |
| Mixed 200 IM | | | | | |
| 1 | 1111 | MURALI KRISHNA | 40 OREG | 3:45.90 | |
| Mixed 400 IM | | | | | |
| 1 | 1090 | PAT ALLENDER | 41 OREG | 5:15.11 | |
| 2 | 1046 | DAVID BURLESON | 42 OREG | 5:34.03 | |
| 3 | 1111 | MURALI KRISHNA | 40 OREG | 8:41.48 | |
| — Ages 45 Through 49 — | | | | | |
| PL | Meet ID | Name | Age Team | Finals | |
| Mixed 50 Free | | | | | |
| 1 | 1140 | RON RICHARD | 49 OREG | 28.44 | |
| 2 | 1004 | MICHAEL BRUHL | 46 OREG | 29.27 | |
| 3 | 1120 | GARY WALLIS | 46 OREG | 29.44 | |
| 4 | 1057 | MICHAEL GILLILAND | 45 OREG | 29.56 | |
| 5 | 1112 | KEVIN ENBYSK | 47 OREG | 34.67 | |
| Mixed 100 Free | | | | | |
| 1 | 1140 | RON RICHARD | 49 OREG | 1:06.86 | |
| 2 | 1120 | GARY WALLIS | 46 OREG | 1:08.32 | |
| 3 | 1004 | MICHAEL BRUHL | 46 OREG | 1:10.39 | |
| 4 | 1057 | MICHAEL GILLILAND | 45 OREG | 1:10.61 | |
| 5 | 1087 | PETER LENTZ | 47 OREG | 1:13.03 | |
| 6 | 1112 | KEVIN ENBYSK | 47 OREG | 1:20.79 | |
| Mixed 200 Free | | | | | |
| 1 | 1063 | MIKE DAVIS | 45 OREG | 2:35.99 | |
| 2 | 1120 | GARY WALLIS | 46 OREG | 2:37.17 | |
| 3 | 1082 | JOHN DOWNEY | 47 OREG | 2:48.58 | |
| Mixed 400 Free | | | | | |
| 1 | 1049 | ROBERT MAESTRE | 49 OREG | 5:13.93 | |
| 2 | 1063 | MIKE DAVIS | 45 OREG | 5:43.80 | |
| 3 | 1082 | JOHN DOWNEY | 47 OREG | 5:51.13 | |
| 4 | 1071 | CHRISTOPHE TOOLE | 48 OREG | 6:32.86 | |
| Mixed 1500 Free | | | | | |
| 1 | 1082 | JOHN DOWNEY | 47 OREG | 23:25.62 | |
| Mixed 50 Back | | | | | |
| 1 | 1049 | ROBERT MAESTRE | 49 OREG | 37.06 | |
| Mixed 100 Back | | | | | |
| 1 | 1049 | ROBERT MAESTRE | 49 OREG | 1:21.88 | |
| 2 | 1065 | RICH WALTON | 48 OREG | 2:17.40 | |
| Mixed 200 Back | | | | | |
| 1 | 1049 | ROBERT MAESTRE | 49 OREG | 2:57.52 | |
| Mixed 50 Breast | | | | | |
| 1 | 1120 | GARY WALLIS | 46 OREG | 39.65 | |
| 2 | 1131 | PIROOZ EMAD | 45 OREG | 44.06 | |
| 3 | 1071 | CHRISTOPHE TOOLE | 48 OREG | 44.66 | |
| Mixed 100 Breast | | | | | |
| 1 | 1120 | GARY WALLIS | 46 OREG | 1:27.79 | |
| 2 | 1131 | PIROOZ EMAD | 45 OREG | 1:35.78 | |
| 3 | 1071 | CHRISTOPHE TOOLE | 48 OREG | 1:37.71 | |
| 4 | 1082 | JOHN DOWNEY | 47 OREG | 1:39.92 | |

Results of the State Games of Oregon

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| | | | | | | | |
|------------------------|----------|-------------------|---------|------------------------|--------------------------|--------------|--|
| Mixed 200 IM | | | | — Ages 70 Through 74 — | | | |
| 1 | 1063 | MIKE DAVIS | 45 OREG | 2:54.64 | PL Meet ID Name | Age Team | Finals |
| Mixed 400 IM | | | | Mixed 50 Free | | | |
| 1 | 1082 | JOHN DOWNEY | 47 OREG | 7:09.85 | 1 | 1035 | MICHAEL POPOVICH |
| — Ages 50 Through 54 — | | | | 2 | 1141 | CAL HERSEY | 72 OREG 39.72 |
| PL Meet ID Name | Age Team | Finals | | | | | 72 OREG 52.94 |
| Mixed 50 Free | | | | Mixed 100 Free | | | |
| 1 | 1018 | DOUGLAS PRENTICE | 51 OREG | 27.68 | 1 | 1035 | MICHAEL POPOVICH |
| Mixed 100 Free | | | | | | | 72 OREG 1:33.41 |
| 1 | 1018 | DOUGLAS PRENTICE | 51 OREG | 1:04.30 | 1 | 1035 | MICHAEL POPOVICH |
| Mixed 200 Free | | | | | | | 72 OREG 3:36.92 |
| 1 | 1020 | ROBERT BRUCE | 51 OREG | 2:35.11 | 1 | 1141 | CAL HERSEY |
| Mixed 400 Free | | | | | | | 72 OREG 1:05.94 |
| 1 | 1020 | ROBERT BRUCE | 51 OREG | 5:30.52 | 1 | 1035 | MICHAEL POPOVICH |
| Mixed 1500 Free | | | | | | | 72 OREG DQ |
| 1 | 1020 | ROBERT BRUCE | 51 OREG | 21:53.03 | 1 | 1141 | CAL HERSEY |
| Mixed 50 Back | | | | | | | 72 OREG DQ |
| 1 | 1020 | ROBERT BRUCE | 51 OREG | 36.44 | — Ages 75 Through 79 — | | |
| Mixed 100 Back | | | | | PL Meet ID Name | Age Team | Finals |
| 1 | 1020 | ROBERT BRUCE | 51 OREG | 1:23.45 | Mixed 50 Free | | |
| Mixed 200 Back | | | | | 1 | 1029 | RUPERT FIXOTT |
| 1 | 1020 | ROBERT BRUCE | 51 OREG | 3:14.46 | | | 78 OREG 49.48 |
| Mixed 50 Breast | | | | | Mixed 100 Free | | |
| 1 | 1025 | ALLEN STARK | 50 OREG | 35.23 | 1 | 1058 | GILBERT YOUNG |
| Mixed 100 Breast | | | | | 2 | 1037 | KHOSROW SHADBEH |
| 1 | 1025 | ALLEN STARK | 50 OREG | 1:21.16 | | | 77 OREG 1:27.99 |
| Mixed 200 Breast | | | | | 3 | 1009 | JOSEPH MALLON |
| 1 | 1025 | ALLEN STARK | 50 OREG | 3:00.23 | | | 78 OREG 2:02.39 |
| — Ages 55 Through 59 — | | | | | Mixed 200 Free | | |
| PL Meet ID Name | Age Team | Finals | | | 1 | 1058 | GILBERT YOUNG |
| Mixed 50 Free | | | | | 2 | 1037 | KHOSROW SHADBEH |
| 1 | 1114 | DON MCCREA | 59 OREG | 41.56 | | | 77 OREG 3:19.99 |
| — Ages 60 Through 64 — | | | | | 1 | 1058 | GILBERT YOUNG |
| PL Meet ID Name | Age Team | Finals | | | 2 | 1037 | KHOSROW SHADBEH |
| Mixed 50 Free | | | | | | | 78 OREG 4:30.44 |
| 1 | 1137 | GEORGE THAYER | 63 OREG | 31.53 | 1 | 1058 | GILBERT YOUNG |
| 2 | 1095 | OSCAR FLORES-FIOL | 61 OREG | 35.54 | | | 77 OREG 7:06.64 |
| 3 | 1024 | WAI-BONG NGAN | 62 OREG | 37.42 | Mixed 1500 Free | | |
| 4 | 1042 | PAUL MILLIUS | 60 OREG | 39.96 | 1 | 1058 | GILBERT YOUNG |
| Mixed 100 Free | | | | | 2 | 1009 | JOSEPH MALLON |
| 1 | 1024 | WAI-BONG NGAN | 62 OREG | 1:27.68 | | | 77 OREG 29:13.07 |
| 2 | 1042 | PAUL MILLIUS | 60 OREG | 1:32.00 | 1 | 1058 | GILBERT YOUNG |
| Mixed 200 Free | | | | | 2 | 1037 | KHOSROW SHADBEH |
| 1 | 1133 | JIM BIGLER | 64 OREG | 2:51.45 | | | 78 OREG 38:58.89 |
| Mixed 400 Free | | | | | Mixed 50 Back | | |
| 1 | 1133 | JIM BIGLER | 64 OREG | 6:21.71 | 1 | 1058 | GILBERT YOUNG |
| Mixed 1500 Free | | | | | 2 | 1037 | KHOSROW SHADBEH |
| 1 | 1067 | JOHN KIRSHNER | 63 OREG | 31:02.26 | | | 77 OREG 50.38 |
| Mixed 100 Back | | | | | Mixed 100 Back | | |
| 1 | 1137 | GEORGE THAYER | 63 OREG | 1:30.55 | 1 | 1029 | RUPERT FIXOTT |
| Mixed 50 Breast | | | | | | | 78 OREG DQ |
| 1 | 1024 | WAI-BONG NGAN | 62 OREG | 43.13 | Mixed 50 Breast | | |
| 2 | 1095 | OSCAR FLORES-FIOL | 61 OREG | 43.27 | 1 | 1092 | EARL WALTER |
| 3 | 1109 | DON WEIBERT | 60 OREG | 49.61 | | | 78 OREG 54.60 |
| Mixed 100 Breast | | | | | 2 | 1029 | RUPERT FIXOTT |
| 1 | 1133 | JIM BIGLER | 64 OREG | 1:41.03 | | | 78 OREG 1:00.48 |
| 2 | 1024 | WAI-BONG NGAN | 62 OREG | 1:41.61 | Mixed 100 Breast | | |
| 3 | 1109 | DON WEIBERT | 60 OREG | 1:49.24 | 1 | 1037 | KHOSROW SHADBEH |
| Mixed 200 Breast | | | | | | | 78 OREG 2:27.62 |
| 1 | 1024 | WAI-BONG NGAN | 62 OREG | 3:51.36 | 1 | 1092 | EARL WALTER |
| 2 | 1109 | DON WEIBERT | 60 OREG | 3:58.53 | | | 78 OREG 4:41.07 |
| 3 | 1067 | JOHN KIRSHNER | 63 OREG | 4:18.12 | Mixed 200 IM | | |
| Mixed 50 Fly | | | | | 1 | 1092 | EARL WALTER |
| 1 | 1099 | BERT PETERSEN | 61 OREG | 30.92 | | | 78 OREG 4:16.83 |
| 2 | 1095 | OSCAR FLORES-FIOL | 61 OREG | 43.80 | — Ages 80 Through 84 — | | |
| — Ages 65 Through 69 — | | | | PL Meet ID Name | Age Team | Finals | |
| PL Meet ID Name | Age Team | Finals | | Mixed 50 Free | | | |
| Mixed 50 Free | | | | 1 | 1132 | ALLAN DE LAY | 84 OREG 42.06 |
| 1 | 1101 | WILLIAM HOLMAN | 68 OREG | 38.33 | Mixed 100 Free | | |
| 2 | 1130 | JOHN JOENS | 68 OREG | 53.20 | 1 | 1006 | ANDREW HOLDEN |
| Mixed 100 Free | | | | | | | 80 OREG 1:21.12 |
| 1 | 1102 | DAVID RADCLIFF | 65 OREG | 1:10.32 | Mixed 50 Breast | | |
| 2 | 1101 | WILLIAM HOLMAN | 68 OREG | 1:31.06 | 1 | 1132 | ALLAN DE LAY |
| Mixed 200 Free | | | | | | | 84 OREG DQ |
| 1 | 1102 | DAVID RADCLIFF | 65 OREG | 2:44.72 | Mixed 50 Fly | | |
| 2 | 1040 | ARTHUR WELCH | 67 OREG | 3:10.98 | 1 | 1006 | ANDREW HOLDEN |
| 3 | 1101 | WILLIAM HOLMAN | 68 OREG | 3:36.83 | | | 80 OREG 41.89 |
| Mixed 400 Free | | | | | — Ages 100 Through 119 — | | |
| 1 | 1102 | DAVID RADCLIFF | 65 OREG | 5:50.75 | Female 200 R-Free | | |
| 2 | 1040 | ARTHUR WELCH | 67 OREG | 6:46.12 | 1 | 0REG | 2:07.44 KAREN HAKANSON-34 LAURA |
| 3 | 1101 | WILLIAM HOLMAN | 68 OREG | 7:52.95 | | | TYRELL-32 WENDY DIXON-21 F. GAMBETTI-27 |
| 4 | 1130 | JOHN JOENS | 68 OREG | 9:35.47 | — Ages 120 Through 159 — | | |
| Mixed 1500 Free | | | | | Female 200 R-Free | | |
| 1 | 1102 | DAVID RADCLIFF | 65 OREG | 24:12.33 | 1 | 0REG | 2:21.41 JUSTINE HANSEN-23 BEVERLY |
| 2 | 1040 | ARTHUR WELCH | 67 OREG | 27:00.77 | | | HELLER-40 PHOEBE HAYNES-21 GWEN LEWIS-42 |
| (Mixed 50 Back | | | | | Female 200 R-Medley | | |
| 1 | 1040 | ARTHUR WELCH | 67 OREG | 48.54 | 1 | 0REG | 2:49.55 DEBBY JOHNSON-41 PHOEBE |
| 2 | 1130 | JOHN JOENS | 68 OREG | 1:00.84 | | | HAYNES-21 SANDRA HYDE-31 CALNEK-MORRIS -56 |
| Mixed 100 Back | | | | | — Ages 100 Through 119 — | | |
| 1 | 1040 | ARTHUR WELCH | 67 OREG | 1:52.28 | Male 400 R-Medley | | |
| 2 | 1130 | JOHN JOENS | 68 OREG | 2:14.86 | 1 | 0REG | 5:22.91 STEVEN JENKINS-21 JEFF |
| Mixed 200 Back | | | | | | | KAEALON-33 ERIC ASKERMAN-32 ARLO MURPHY-22 |
| 1 | 1040 | ARTHUR WELCH | 67 OREG | 3:46.58 | Male 800 R-Free | | |
| 2 | 1130 | JOHN JOENS | 68 OREG | 4:43.74 | 1 | 0REG | 10:26.51 JEFF KAEALON-33 ERIC ASKER- |
| Mixed 50 Breast | | | | | | | MAN-32 ARLO MURPHY-22 STEVEN JENKINS-21 |
| 1 | 1130 | JOHN JOENS | 68 OREG | 1:07.24 | — Ages 120 Through 159 — | | |
| | | | | | Male 200 R-Free | | |
| | | | | | 1 | 0REG | 1:53.51 BILL ZOLNA-30 MARK WREN- |
| | | | | | | | 41 RADEK POSPISIL-30 B. WANNAMAKER-36 |
| | | | | | 2 | 0REG | 1:55.19 DAVID BURLESON-42 JOHN |
| | | | | | | | LINDSEY-33 PETER LENTZ-47 CHRIS FANTZ-22 |
| | | | | | — Ages 160 Through 199 — | | |
| | | | | | Male 200 R-Free | | |
| | | | | | 1 | 0REG | 1:55.42 GARY WALLIS-46 CHRISTOPHE |
| | | | | | | | ROTH-40 MICHAEL BRUHL-46 CHARLES MIRHO-35 |
| | | | | | 2 | 0REG | 2:03.55 S. PARMENTIER-34 PETER MET- |
| | | | | | | | ZGER-44 PAUL MILLIUS-60 RON RICHARD-49 |
| | | | | | — Ages 200 Through 239 — | | |
| | | | | | Male 200 R-Free | | |
| | | | | | 1 | 0REG | 2:49.01 KEVIN ENBYSK-47 JOHN |
| | | | | | | | JOENS-68 RUPERT FIXOTT-78 ROBERT MCMILLAN-41 |
| | | | | | Male 200 R-Medley | | |
| | | | | | 1 | 0REG | 3:10.27 CHARLES HELM-43 MARK NEU- |
| | | | | | | | BERT-42 JOHN DOWNEY-47 WILLIAM HOLMAN-68 |
| | | | | | — Ages 320 Through 359 — | | |
| | | | | | Male 200 R-Free | | |
| | | | | | 1 | 0REG | 2:35.01 EARL WALTER-78 ALLAN DE |
| | | | | | | | LAY-84 GERALD HUESTIS-79 ANDREW HOLDEN-80 |
| | | | | | Male 200 R-Medley | | |

| | | | | |
|--|------|---------|--------------------|---------------|
| 1 | 0REG | 3:05.43 | EARL WALTER-78 | GERALD |
| HUESTIS-79 ANDREW HOLDEN-80 ALLAN DE LAY-84 | | | | |
| — Ages 76 Through 99 — | | | | |
| Mixed 200 R-Medley | | | | |
| 1 | 0REG | 2:39.77 | ARLO MURPHY-22M | JANET |
| HAILEY-31F STEVEN JENKINS-21M PHOEBE HAYNES-21F | | | | |
| — Ages 120 Through 159 — | | | | |
| Mixed 200 R-Free | | | | |
| 1 | 0REG | 1:56.12 | BILL ZOLNA-30M | KAREN |
| HAKANSON-34F LAURA TYRELL-32F S. PARMENTIER-34M | | | | |
| 2 | 0REG | 2:05.61 | CHARLES MIRHO-35M | SANDRA |
| HYDE-31F SANDI ROUSSEAU-52F CHRISTOPHE ROTH-40M | | | | |
| Mixed 400 R-Free | | | | |
| 1 | 0REG | 4:58.51 | JOY WARD-57F | JEFF KAEALON- |
| 33M JANET HAILEY-31F ERIC ASKERMAN-32M | | | | |
| Mixed 400 R-Medley | | | | |
| 1 | 0REG | 5:58.94 | JOY WARD-57F | ERIC ASKER- |
| MAN-32M JEFF KAEALON-33M ERIN HOLLAND-32F | | | | |
| — Ages 160 Through 199 — | | | | |
| Mixed 200 R-Free | | | | |
| 1 | 0REG | 2:02.61 | DAVID BURLESON-42M | ELLEN |
| FERGUSON-37F TERI HENDRYX-46F ROBERT MAESTRE-49M | | | | |
| 2 | 0REG | 2:08.35 | WENDY MAGUIRE-42F | ANDRUS- |
| HUGHES -42F KEVIN ENBYSK-47M ROBERT MCMILLAN-41M | | | | |
| 3 | 0REG | 2:09.53 | MARK WREN-41M | KARIN |
| CLANCEY-45F F. GAMBETTI-27F RON RICHARD-49M | | | | |
| 4 | 0REG | 2:31.10 | GWEN LEWIS-42F | WAI-BONG |
| NGAN-62M WILLIAM HOLMAN-68M PHOEBE HAYNES-21F | | | | |
| 5 | 0REG | 2:34.64 | DIANNE VIALES-37F | KHOSROW |
| SHADBEH-78M MIKE CONRATH-35M BETH BEADLING-38F | | | | |
| — Ages 200 Through 239 — | | | | |
| Mixed 200 R-Medley | | | | |
| 1 | 0REG | 2:36.59 | CHRISTOPHE ROTH-40 | MWAI- |
| BONG NGAN-62M SANDI ROUSSEAU-52F SUZANNE RAGUE-49F | | | | |

ol' Barn continued from page 15

Men 55-59: Robert Smith - 4th - 50 Free - 27.14, 8th - 100 Free - 1:03.48, 1st - 50 Back - 31.52, 2nd - 100 Back - 1:11.75, 5th - 50 Breast - 36.21, 8th - 100 Breast - 1:22.63, 6th - 50 Fly - 29.84

Men 60-64: David Radcliff - 8th - 100 Free- 1:05.03, 7th - 200 Free - 2:27.03, 6th - 400 Free - 5:16.33, 5th - 800 Free - 11:08.61, 7th - 1500 Free - 22:49.26.

Bert Petersen - 1st - 50 Fly - 30.85, 1st - 100 Fly - 1:14.25

Men 75-79: Andrew Holden - 10th - 50 Free - 34.60, 4th - 100 Free - 1:20.71, 1st - 50 Fly - 39.75, 1st - 100 Fly - 1:43.58.

Gil Young - 8th - 100 Free - 1:25.51, 7th - 400 Free - 6:56.08, 8th - 800 Free - 14:40.19, 7th - 1500 Free - 28:07.23.

Earl Walter - 5th - 100 Fly - 2:03.73, 6th - 200 IM - 4:00.73

RELAYS - RELAYS - RELAYS

Women - 200 Free - 200 Plus - Oregon - 2:22.64 - 6th - Monika Hunscher, Jackie Quattro, Alice Zabudsky, Sandi Rousseau

Women - 200 Free - 280 Plus - Oregon - 3:04.01 - 3rd - Louise Hepner, Margaret Wells, Pauline Stangel, Susanne Schumann

Women - 200 Med - 120 Plus - Oregon - 2:19.41 - 9th - Martina Ralle, Christy Hartman, Jeanne Thimm, Lisa Hjerpe

Men - 120 Plus - Oregon - 1:43.23 - 8th - Darren Dutto, Steve George, Matt Roth, Loren Chin

1999 HAGG LAKE SWIM
1 MILE & 2 MILE LAKE SWIM
HENRY HAGG LAKE IN FOREST GROVE, OR
SUNDAY, SEPTEMBER 12, 1999
Hosted by Portland Masters Swimming

- Date:** Sunday, September 12, 1999
- Race Time:** Check-in 7:00 AM - 8:00 AM. 2 MILE RACE BEGINS AT 8:00. 1 MILE RACE BEGINS AT 10:00. Race will be conducted rain or shine.
- Location:** Henry Hagg Lake is located about 4 miles off of Hwy 47 which connects 99W in the South and Hwy 26 in the North. Take Scoggins Valley rd. from Hwy 47 to the park entrance and look for signs. Please consult a map as there are many ways to approach Hwy 47.
- Course:** The race will begin near boat ramp C. The 1 mile course is triangular and will be swum clockwise. 2 mile competitors will negotiate the course twice. A water start will be used.
- Conditions:** Altitude is 300 feet. Probable water temperature will be 68 - 72 degrees fahrenheit. Swimmers wearing wetsuits will be in a separate category for awards.
- Eligibility:** The race is open to all registered Masters Swimmers, 19 years and older, and registered USA Swimmers. A "one-event" registration will be available for those not currently registered with United States Masters Swimming. The cost is \$15.00 and the forms for a "one-event" registration will be available the day of the race. A USA membership will also be available the day of the race for \$30.00 (good through 12/2000).
- Entries:** Entries will be accepted by mail and at the race site until 8:00 am (1 and 2 mile) on the day of the race. Early entries would be greatly appreciated.
- Entry Fee:** \$20.00 per entrant for entries received by September 5, 1999. Later entries, \$25.00. Fee includes T-shirt, swim cap, post race breakfast, awards, and mailed race results. All fees are non-refundable. Please make checks payable to Portland Masters Swimming. (USMS "one-event," and USA membership fees are additional fees).
- Park Fee:** Henry Hagg Lake Park has a day use admission fee of \$4.00 per vehicle. Each vehicle (competitor/spectator) will be responsible for this fee as they enter the park. Vehicles that do not display the day use pass are subject to citation.
- Race Meeting:** There will be a pre-race meeting 10 minutes before the beginning of each race at the race site.
- Awards:** Individual awards will be given for 1-3RD place in each age group, in both swims, 1 mile and 2 mile. Standard USMS/USA age groups apply.
- Lodging:** Motels in Forest Grove, Hillsboro. Campgrounds.
- Information:** Information and entry forms from: Portland Masters Swimming.

c/o Andrea Milano
3039 NE Irving St.
Portland, OR 97232
503-236-8959
elleroy@hotmail.com

A special thanks to our participating sponsor!!!

ISwimmer



ol' Barn continued from page 19

MACO - 1:45.86 - 4th - David Burselson, Robert Moore, Karl Von Tagen, Robert Kabacy

Oreg - 1:48.45 - 8th - Pat Allender, Chris Roth, Robert Voll, Peter Metzger

Men - 200 Plus - Oreg - 1:55.62 - 8th - Doug Prentice, Dan Grey, Jed Cronin, Jon Stout

Men - 240 Plus - Oreg - 1:56.05 - 1st - George Thayer, Bert Petersen, Robert Smith, David Radcliff

Men - 280 Plus - Oreg - 2:23.22 - 4th - Gil Young, Eric Guest, Earl Walter, Ron Nakata

Men - 160 Plus - 200 Medley - Oreg - 1:53.92 - 1st - Curt LaCount, David Holland, James Sorensen, Scott Findorf

Men 160 Plus - 200 Medley - Oreg - 1:57.87 - 5th - Pete Metzger, Pat Allender, Chris Roth, Steve George

Men 200 Plus - 200 Medley - Oreg - 2:07.51 - 4th - Jon Stout, Allen Stark, Jed Cronin, Doug Prentice

Men 240 Plus - 200 Medley - Oreg - 2:17.22 - 2nd - Robert Smith, Geo Thayer, Ron

Nakata, David Radcliff

Men 280 Plus - 200 Medley - Oreg - 2:44.96 - 2nd - Earl Walter, Eric Guest, Bert Petersen, Gil Young

MXD 200 Plus - 200 Free - Oreg - 2:03.48 - 5th - Doug Prentice, Jackie Quattro, Robert Smith, Sandi Rousseau

MXD 240 Plus - 200 Free - Oreg - 2:16.57 - 4th - George Thayer, Pam Himstreet, Susanne Schumann, David Radcliff

MXD 120 Plus - 200 Medley - Oreg - 2:04.71 - 2nd - Steve George, Pat Allender, Laura Worden, Lisa Hjerpe

MXD 200 Plus - 200 Medley - Oreg - 2:19.00 - 9th - Robert Smith, Doug Prentice, Sandi Rousseau, Jackie Quattro

MXD 280 Plus - 200 Medley - Oreg - 3:11.63 - 8th - Gil Young, Louise Hepner, Earl Walter, Sue Calnek-Morris

That's it folks for 1998, am sure that all the people working on this will be glad that the whole world is on the same page, starting with 1999. CONGRATULATIONS TO EACH AND EVERYONE !!!

1999 HAGG LAKE SWIM

1 MILE & 2 MILE LAKE SWIM

HENRY HAGG LAKE IN FOREST GROVE, OR

OFFICIAL ENTRY FORM

SUNDAY, SEPTEMBER 12, 1999

Hosted by Portland Masters Swimming

Sanctioned by Oregon LMSC, for USMS, Inc. Sanction #OPN99/005

Held under Sanction of United States Swimming # 9-121

NAME _____ USMS/USA 1999 REG # _____
(you must submit a copy of your registration card with entry form)

ADDRESS _____ PHONE _____

CITY _____ STATE _____ ZIP _____

LOCAL TEAM _____ BIRTHDATE / ____ / ____ AGE _____ SEX _____

Please check the appropriate boxes (you may enter both races)

_____ 1 mile swim and/or _____ 2 mile swim

_____ I plan to wear a wetsuit

T-shirt size _____ M _____ L _____ XL _____ XXL

Athletes' release. Must be signed!

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition,) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS AND DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTER SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS." "Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks."

Signature _____ DATE _____

(Must be signed by a parent or guardian if entrant is under 18 years of age)

| | |
|---|---------------|
| Entry Fee...one swim prior to September 5, 1999 | \$20.00 _____ |
| Entry Fee...both swims prior to September 5, 1999 | \$30.00 _____ |
| Entry Fee...after September 5, 1999 (add \$5.00) | \$5.00 _____ |
| "One-Event" USMS registration (non-members) | \$15.00 _____ |
| "USA Membership" valid 9/99 - 12/2000 (non-members) | \$30.00 _____ |

Total Enclosed \$ _____

Please make checks payable to: Portland Masters Swimming

Mail entries to: Portland Masters Swimming, c/o Andrea Milano, 3039 NE Irving, Portland OR 97232

Aqua-Master

August 1999

Aqua-Master
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