



# AQUA-MASTER

DEC 88 \*\*\* OFFICIAL PUBLICATION OF THE OREGON MASTERS SWIMMING COMMITTEE \*\*\* VOL 15, #12

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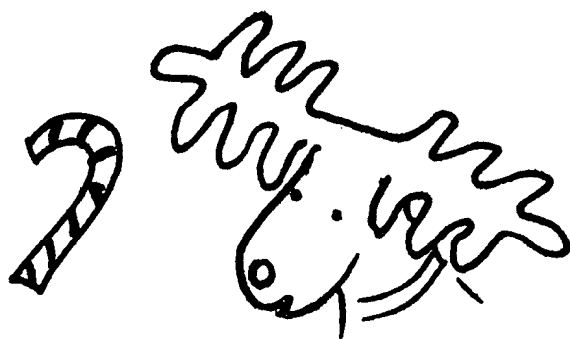
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Season's  
Greetings

MEET SCHEDULE 1988-89



## SHORT COURSE YARDS/METERS

\* January 14 & 15, 1989  
February 4 & 5, 1989  
March 11 & 12, 1989  
March 23-25, 1989  
March 31, April 1 & 2, 1989  
  
April 21-23, 1989  
  
Sometime in May  
May 12-15, 1989

MULTNOMAH ATHLETIC CLUB/25 yards  
NEWPORT YMCA/25 yards  
LINCOLN CITY/25 meters  
KAH-NEE-TA/Swim Camp  
CHEHALEM AQUATIC CENTER, Newberg  
Association Championships  
BEAVERTON, Tualatin Hills Pool  
Region XII SC Championships  
ASHLAND/25 yards  
MISSION BAY, BOCA RATON, FLORIDA  
USMS Short Course Nationals

## LONG COURSE

June 2,3,4, 1989  
June 31, July 1,2, 1989  
July 8 & 9, 1989  
Late July/Early August  
  
July 23-Aug 5, 1989  
  
August 17-20, 1989  
  
October 7-16, 1989

Unscheduled  
Unscheduled  
STATE GAMES OF OREGON  
Region XII Long Course Championships  
Hosted by IEA  
ARHUS, DENMARK  
1989 Masters Games  
GRAND FORKS, NORTH DAKOTA  
University of North Dakota  
USMS Long Course Nationals  
INDIANAPOLIS, INDIANA  
Pan Pacific Masters Aquatic Games

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\* Meet entry enclosed in this issue.

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Have a safe + happy New Year!

## BETWEEN THE LANE LINES

### An Open Letter to the OMS Board

Let me express my deep appreciation for all the hard work done by our OMS volunteers over the last two years. You helped me, bailed me out, made me look good - and I love you all for your help and dedication.

- Bert Petersen, Immediate Past Chairman

\* \* \* \* \*

With the changing of officers on the OMS board we not only say goodbye to Bert Petersen, but also to Peggy Thomson who served a two-year term as secretary. Peggy faithfully typed and mailed the agenda and minutes of the monthly board meetings. She did an excellent job of taking notes at the meetings, taking care to weed out the extraneous comments which were quite numerous at times. We will miss having her on the board and appreciate the time she took away from her family to act as secretary. Thank you.

\* \* \* \* \*

Have you ever read this newsletter and thought, gee, I'd like to be editor of such a fine piece of journalism? Then I have a job for you. As of December 12, 1988 I will be a member of the paid working force. For four months (and maybe more) I have been hired as a long term substitute for a middle school math teacher. Between my family and teaching I don't feel I'll have adequate time to devote to the newsletter. Rather than see the current high quality production of the *Aqua-Master* decline, I have decided to step down from my job as editor. If you are a humble person who's interested in learning more about this prestigious position call Susan Albright (after 5pm) at 644-9668.

\* \* \* \* \*

Well, I'll tell you, there's no ZPG in OMS. Congratulations are due to Mark and Laura Worden who are the proud parents of a new son, Daniel (excellent choice in names). He was born Nov. 17 - 7 lbs. 0 oz., 20" long. Both Laura and Daniel are reported to be healthy and happy. Mark's okay, too. Speaking of Mark, you may have noticed his absence from OMS meets lately. Seems as though he got the bug to qualify for the Boston Marathon (being an expectant father can definitely give one strange urges). The qualifying time for Boston is 3 hours. This September Mark completed the Portland Marathon in under 3 hours beating his previous best of 3:11. So, come April 1989, Laura and Daniel will be flying back to Boston with Mark to cheer him on in the 93rd running of the Boston Marathon. Good luck!

\* \* \* \* \*

We hear that an aspiring author is among us. Bert Petersen is writing a book - A Masters Manual - covering the 1001 little things you need to know to be an effective swimmer. If you are supportive, call him at 252-6081 and spur him on!

\* \* \* \* \*

The next OMS board meeting will be held at 7:30pm on Tuesday, December 13, 1988 at Libby Niedermeyer's home.

# First Impressions

Or how one swimmer discovered that speed in the water is a minor consideration in competing at a Masters swim meet

By Mark Flint

I've been fast two times in my life.

Once was when I was 12, and had made an ill-advised, smart-mouth remark to my father during a cattle branding. He picked up the nearest implement handy and lit out after me. When I realized that what he had picked up was a Burdizzo castrating tool, and I wasn't sure exactly how he intended to use it, I turned on the afterburners.

The other time I was even younger, about 6, and had found a newborn calf to play with. I learned that day that cows, especially wild cows imported from an Arizona Indian reservation, act a lot like carnivores when kids and other animals nose around their newborn. I can still remember the feel of her body grazing my feet as I dove between the boards of the fence.

So even though I had been swimming with a masters group for about five years, I didn't figure I could do other than occupy space and slow things down at a swim meet. When your fellow swimmers' only comment on your best effort is, "Did you ever consider changing your name to Bob?" you don't feel a real kinship with Biondi.

But despite all this, a meet in nearby Grants Pass seemed like a reasonable way to spend a Saturday morning, especially in light of the fact that the other option was shoveling gravel in my driveway.

I showed up prepared, plenty of towels, extra goggles, a spare swim cap and a whole slew of questions about the need for letting all these perfect strangers see exactly how slowly I could swim.

When I say I was prepared, that's a bit of a lie. I had forgotten that in swim meets you climb up on this tilted little perch and dive into the water. The trick is to do this and keep your goggles from ending up around your navel, a friend advised. So I practiced before the meet, and when they stayed on once, I quit, in the belief that my mind would imprint that success and repeat it every time.

I swam five events, and warmed up for them swimming the second leg of a relay. Fortunately the relay was first, because that's how long the diving imprint lasted.

On the 100 free one side filled with water. On the 50 free they ended up around my neck. And on the 100 IM I learned how to do a length of butterfly with a pair of goggles in my mouth.

But the real lessons were outside the water. The reason for a masters swim meet didn't seem to be speed-although there were some very swift folks plying the waters out there. My first clue was on the heat sheet. In the column outside my name was the letter W.

"Great," I thought. "They even have a designation for wimp."

As I was wondering which friend had informed on me, I looked at the top of the page and saw the W was to welcome first-time Oregon Masters swimmers. A nice touch, and it made me feel kind of warm inside.

Then, as the meet progressed, I saw people clapping and cheering as hard for the last swimmer as for the first. I saw tight races end with the close finishers grinning and shaking hands with one another. I saw people being really nice to one another. I saw not even a hint of macho.

Maybe it was the fact that the swim attire and a bedraggled, wet dog sort of appearance make pretenses pretty absurd. But I think it was more than that.

Swimmers are a unique lot. The sport doesn't get a lot of attention, and you can't even talk during practice. It doesn't draw big egos, at least smart big egos. So swimmers seem to be people who truly do an activity for the enjoyment it gives them, for the way it makes them feel inside.

Masters swim meets are a chance to test yourself, and also to compete with others, but that's not what will bring me back. It will be the chance to spend time with people who feel the same way I do about being fit; people who don't care what I do for a living or what kind of car I drive; people who treat a middle-aged plodder with as much respect as a world-class swimmer.

Heck, I'll come back just because nobody even asked me if my real name wasn't Bob.

*Mark Flint, a writer, editor and desktop publisher from Central Point, swims with (and usually behind) the Rogue Valley Masters.*

*****				1500 M FREE				100 M BACK			
				SHARON LYDA-RENZ	26	TRI	29:49.40	LAUREN A HASSELQUIST	30	SRA	01:14.51
1988 REGION XII MASTERS' SCM CHAMPIONSHIP				50 M BACK				JEMA G ALLEN	30	IEM	01:24.05
Kittitas Valley Memorial Pool				ANNE POWERS	26	IEM	00:46.09	KATIE M BISSELL	32	IEM	01:28.59
Ellensburg, WA				100 M BACK				ROBIN DURANT	32	IEM	01:39.07
October 29 and 30, 1988				ANN STAFFORD	27	IEM	01:36.54	NININE C. TESTA	32	TRI	01:47.14
				SHARON LYDA-RENZ	26	TRI	01:59.11	200 M BACK			
*****				200 M BACK				LAUREN A HASSELQUIST	30	SRA	02:42.23
				SHARON SCHNEIDER	27	IEM	02:23.16	NININE C. TESTA	32	TRI	03:15.57
*****				ANN STAFFORD	27	IEM	03:43.55	50 M BREAST			
U = Unofficial Time (only one stop watch)				50 M BREAST				ELIN ZANDER	34	IEM	00:43.36
I = I.E.M. Record				CINDY CLUTTER	28	IEM	00:46.52	VICKY GILL	33	TRI	00:44.31
R = Regional Record				100 M BREAST				KATIE M BISSELL	32	IEM	00:50.54
N = National Record				CINDY CLUTTER	28	IEM	01:41.44	100 M BREAST			
(All records pending verification)				ANNE POWERS	26	IEM	01:52.38	DORCAS L PHELAN	32	SRA	01:33.03
*****				SHARON LYDA-RENZ	26	TRI	01:59.11	ELIN ZANDER	34	IEM	01:33.91
				50 M FLY				VICKY GILL	33	TRI	01:36.25
-----				CINDY CLUTTER	28	IEM	00:44.42	ROBIN DURANT	32	IEM	01:47.11
WOMEN 19-24				SHARON LYDA-RENZ	26	TRI	00:52.68	200 M BREAST			
-----				100 M FLY				DORCAS L PHELAN	32	SRA	03:20.30
100 M FREE				CINDY CLUTTER	28	IEM	01:41.25	ELIN ZANDER	34	IEM	03:21.75
BARBARA J MANN	19	IEM	01:20.99	200 M FLY				VICKY GILL	33	TRI	03:28.29
HEATHER McCOURT	24	IEM	01:27.27	SHARON SCHNEIDER	27	IEM	03:29.42	50 M FLY			
800 M FREE				100 M I.M.				LAUREN A HASSELQUIST	30	SRA	00:33.18
BARBARA J MANN	19	IEM	13:35.99	ANN STAFFORD	27	IEM	01:29.51	NININE C. TESTA	32	TRI	00:38.38
50 M BREAST				SHARON LYDA-RENZ	26	TRI	01:48.38	ROBIN DURANT	32	IEM	00:44.20
BARBARA J MANN	19	IEM	00:42.84	400 M I.M.				LAURIE NELSON	33	IEM	00:46.55
HEATHER McCOURT	24	IEM	00:54.92	SHARON SCHNEIDER	27	IEM	06:36.30	100 M FLY			
100 M BREAST				-----				NANCY J MILNER	31	ORE	01:30.54
BARBARA J MANN	19	IEM	01:36.92	WOMEN 30-34				200 M FLY			
HEATHER McCOURT	24	IEM	02:05.96	-----				NANCY J MILNER	31	ORE	03:17.57
200 M BREAST				50 M FREE				DORCAS L PHELAN	32	SRA	03:25.98
BARBARA J MANN	19	IEM	03:32.84	JO SHEPARD	33	SRA	00:34.26	100 M I.M.			
100 M I.M.				LAURIE NELSON	33	IEM	00:37.94	LAUREN A HASSELQUIST	30	SRA	01:16.27
BARBARA J MANN	19	IEM	01:32.37	100 M FREE				DORCAS L PHELAN	32	SRA	01:24.77
HEATHER McCOURT	24	IEM	01:43.53	LAUREN A HASSELQUIST	30	SRA	01:06.13	NININE C. TESTA	32	TRI	01:25.09
200 M I.M.				NININE C. TESTA	32	TRI	01:13.45	LAURIE NELSON	33	IEM	01:37.11
HEATHER McCOURT	24	IEM	03:53.44	JO SHEPARD	33	SRA	01:19.43	VICKY GILL	33	TRI	01:47.19
400 M I.M.				LAURIE NELSON	33	IEM	01:27.16	200 M I.M.			
HEATHER McCOURT	24	IEM	08:19.87	KATIE M BISSELL	32	IEM	01:45.06	JOHN UNDERBRINK	30	PNA	0 :00.00
-----				200 M FREE				DORCAS L PHELAN	32	SRA	03:14.89
WOMEN 25-29				ELIN ZANDER	34	IEM	02:44.97	ROBIN DURANT	32	IEM	03:23.19
-----				NANCY J MILNER	31	ORE	02:53.49	400 M I.M.			
50 M FREE				JO SHEPARD	33	SRA	02:58.73	DORCAS L PHELAN	32	SRA	06:42.77
CINDY CLUTTER	28	IEM	00:35.14	400 M FREE				-----			
100 M FREE				ELIN ZANDER	34	IEM	05:44.13	WOMEN 35-39			
CINDY CLUTTER	28	IEM	01:18.58	NANCY J MILNER	31	ORE	06:10.76	-----			
ANNE POWERS	26	IEM	01:24.97	800 M FREE				50 M FREE			
SHARON LYDA-RENZ	26	TRI	01:34.52	ELIN ZANDER	34	IEM	11:53.74	JOAN NESLUND	36	IEM	00:39.00
200 M FREE				ROBIN DURANT	32	IEM	12:38.85	ANNIE LONSET	39	IEM	00:40.98
ANN STAFFORD	27	IEM	02:44.86	1500 M FREE				200 M FREE			
SHARON SCHNEIDER	27	IEM	02:51.84	NININE C. TESTA	32	TRI	23:16.79	JOAN NESLUND	36	IEM	03:11.36
ANNE POWERS	26	IEM	03:06.60	NANCY J MILNER	31	ORE	24:00.43	400 M FREE			
400 M FREE				LAURIE NELSON	33	IEM	26:15.21	HEATHER HENAGER	38	IEM	05:51.301
SHARON SCHNEIDER	27	IEM	06:00.57	VICKY GILL	33	TRI	31:38.54	800 M FREE			
ANN STAFFORD	27	IEM	12:09.311	50 M BACK				DAYLE COLE	35	IEM	13:09.85
800 M FREE				LAUREN A HASSELQUIST	30	SRA	00:33.14N	JOAN NESLUND	36	IEM	13:16.01
SHARON SCHNEIDER	27	IEM	12:09.99	JEMA G ALLEN	30	IEM	00:37.63I	1500 M FREE			
				JO SHEPARD	33	SRA	00:43.49	ANNIE LONSET	39	IEM	30:40.60
				ROBIN DURANT	32	IEM	00:45.59				
				KATIE M BISSELL	32	IEM	00:45.85				
				LAURIE NELSON	33	IEM	00:50.27				

<u>50 M BACK</u>				<u>50 M FLY</u>				<u>50 M BACK</u>			
JOAN NESLUND	36	IEM	00:41.73	RONDI WHITE	43	PNA	00:42.69	MARILYN KOKOT	51	IEM	00:51.89
DAYLE COLE	35	IEM	00:48.77	DIANA LEAKE	42	IEM	00:45.18	CAROLYN BALDWIN	54	PNA	01:01.73
ANNIE LONSET	39	IEM	00:51.74	<u>100 M FLY</u>				<u>50 M BREAST</u>			
<u>100 M BACK</u>				SHIRLEY KNOTT	41	IEM	01:50.33	MARILYN KOKOT	51	IEM	01:00.52
HEATHER HENAGER	38	IEM	01:28.52	<u>200 M FLY</u>				<u>100 M BREAST</u>			
JOAN NESLUND	36	IEM	01:34.29	CATHERINE BROOKS	40	DAV	03:26.60	CAROLYN BALDWIN	54	PNA	02:00.05
<u>200 M BACK</u>				<u>100 M I.M.</u>				MARILYN KOKOT	51	IEM	02:29.66
JOAN NESLUND	36	IEM	03:27.95	CATHERINE BROOKS	40	DAV	01:25.85	<u>200 M BREAST</u>			
<u>50 M BREAST</u>				DIANA LEAKE	42	IEM	01:32.74	MARILYN KOKOT	51	IEM	04:53.47
MARY BOYLE	35	IEM	00:42.61	RONDI WHITE	43	PNA	01:33.25	<u>200 M FLY</u>			
<u>100 M BREAST</u>				<u>200 M I.M.</u>				CAROLYN BALDWIN	54	PNA	04:41.11
MARY BOYLE	35	IEM	01:35.44	RONDI WHITE	43	PNA	03:15.94	<u>400 M I.M.</u>			
<u>50 M FLY</u>				<u>400 M I.M.</u>				CAROLYN BALDWIN	54	PNA	08:49.61
HEATHER HENAGER	38	IEM	00:35.80	CATHERINE BROOKS	40	DAV	06:33.63	<hr/> WOMEN 55-59 <hr/>			
<u>100 M FLY</u>				KATHRINE CASEY	40	PNA	06:36.00				
HEATHER HENAGER	38	IEM	01:23.47	<hr/> WOMEN 45-49 <hr/>				<u>50 M FREE</u>			
<u>100 M I.M.</u>								PEGGY KNOWLES	59	IEM	00:46.88
HEATHER HENAGER	38	IEM	01:24.53	<hr/>				<u>100 M FREE</u>			
MARY BOYLE	35	IEM	01:29.97					PEGGY KNOWLES	59	IEM	01:41.51
<u>200 M I.M.</u>				<u>50 M FREE</u>				LILLY LEE ANDERSON	57	IEM	01:49.55
HEATHER HENAGER	38	IEM	03:02.79	EVELYN FISCHER	47	IEM	00:38.97	MARILYN SISCO	55	IEM	01:51.86
DAYLE COLE	35	IEM	03:32.99	<u>100 M FREE</u>				<u>200 M FREE</u>			
ANNIE LONSET	39	IEM	04:14.36	EVELYN FISCHER	47	IEM	01:30.10	PEGGY KNOWLES	59	IEM	03:38.76
<hr/> WOMEN 40-44 <hr/>				<u>400 M FREE</u>				<u>400 M FREE</u>			
				MILDRED WOLTERS	47	IEM	07:10.11	PEGGY KNOWLES	59	IEM	07:41.78
				EVELYN FISCHER	47	IEM	07:11.12	<u>800 M FREE</u>			
				<u>800 M FREE</u>				PEGGY KNOWLES	59	IEM	15:41.32R
<u>50 M FREE</u>				MILDRED WOLTERS	47	IEM	14:26.16	MARILYN SISCO	55	IEM	17:17.92
KATHRINE CASEY	40	PNA	00:32.60	<u>50 M BACK</u>				<u>50 M BACK</u>			
DIANA LEAKE	42	IEM	00:34.72	JACQUELYN GALBRAITH	47	IEM	00:50.87	PEGGY KNOWLES	59	IEM	00:52.63
OPAL OLSON	43	IEM	00:39.12	<u>100 M BACK</u>				MARILYN SISCO	55	IEM	00:58.14
<u>100 M FREE</u>				JACQUELYN GALBRAITH	47	IEM	01:50.37	<u>100 M BACK</u>			
KATHRINE CASEY	40	PNA	01:09.95	MILDRED WOLTERS	47	IEM	01:55.66	MARILYN SISCO	55	IEM	02:12.76
DIANA LEAKE	42	IEM	01:18.82	<u>200 M BACK</u>				LILLY LEE ANDERSON	57	IEM	02:20.01
OPAL OLSON	43	IEM	01:27.61	MILDRED WOLTERS	47	IEM	04:11.62	<u>200 M BACK</u>			
<u>200 M FREE</u>				<u>50 M BREAST</u>				LILLY LEE ANDERSON	57	IEM	04:58.35
CATHERINE BROOKS	40	DAV	02:46.99	JACQUELYN GALBRAITH	47	IEM	00:49.17	<u>100 M BREAST</u>			
OPAL OLSON	43	IEM	03:12.75	<u>100 M BREAST</u>				LILLY LEE ANDERSON	57	IEM	02:24.44
<u>400 M FREE</u>				MILDRED WOLTERS	47	IEM	01:43.70	<u>200 M BREAST</u>			
SHIRLEY KNOTT	41	IEM	06:34.09	JACQUELYN GALBRAITH	47	IEM	01:47.73	MARILYN SISCO	55	IEM	04:53.21
OPAL OLSON	43	IEM	06:50.42	<u>200 M BREAST</u>				<hr/> WOMEN 60-64 <hr/>			
<u>1500 M FREE</u>				MILDRED WOLTERS	47	IEM	03:59.26				
OPAL OLSON	43	IEM	26:39.44	<u>50 M FLY</u>				<u>50 M FREE</u>			
<u>50 M BACK</u>				EVELYN FISCHER	47	IEM	00:51.42	DORI McTIGUE	61	IEM	00:45.02
RONDI WHITE	43	PNA	00:40.81	<u>100 M I.M.</u>				<u>50 M BREAST</u>			
DIANA LEAKE	42	IEM	00:44.87	JACQUELYN GALBRAITH	47	IEM	01:38.33	DORI McTIGUE	61	IEM	00:53.06R
<u>200 M BACK</u>				EVELYN FISCHER	47	IEM	01:57.77	<u>100 M BREAST</u>			
CATHERINE BROOKS	40	DAV	03:11.81	<u>200 M I.M.</u>				DORI McTIGUE	61	IEM	01:59.35R
LEE E.G. HOLM	44	PNA	05:49.73	JACQUELYN GALBRAITH	47	IEM	03:36.01	<u>200 M BREAST</u>			
<u>50 M BREAST</u>				<hr/> WOMEN 50-54 <hr/>				DORI McTIGUE	61	IEM	04:24.23
KATHRINE CASEY	40	PNA	00:39.82					<hr/> WOMEN 65-69 <hr/>			
SHIRLEY KNOTT	41	IEM	00:45.17	<u>50 M FREE</u>							
DIANA LEAKE	42	IEM	00:45.41	CAROLYN BALDWIN	54	PNA	00:47.68	<u>100 M FREE</u>			
RONDI WHITE	43	PNA	00:48.58	<u>100 M FREE</u>				MAXINE M CARLSON	68	PNA	02:02.88
<u>100 M BREAST</u>				MARILYN KOKOT	51	IEM	01:42.40	<u>200 M FREE</u>			
KATHRINE CASEY	40	PNA	01:33.71	<u>200 M FREE</u>				MAUREEN SCHMAHL	67	IEM	05:47.48
SHIRLEY KNOTT	41	IEM	01:39.99	CAROLYN BALDWIN	54	PNA	03:42.58	<u>50 M BACK</u>			
<u>200 M BREAST</u>				<u>800 M FREE</u>				MAXINE M CARLSON	68	PNA	01:01.09
KATHRINE CASEY	40	PNA	03:16.03	MARILYN KOKOT	51	IEM	16:22.70				
CATHERINE BROOKS	40	DAV	03:28.62								
SHIRLEY KNOTT	41	IEM	03:36.25								

<u>100 M BACK</u>			
MAXINE M CARLSON	68	PNA	02:14.60
<u>200 M BACK</u>			
MAXINE M CARLSON	68	PNA	04:48.40
<u>50 M BREAST</u>			
MAXINE M CARLSON	68	PNA	01:14.31
MAUREEN SCHMAHL	67	IEM	01:25.32
<u>100 M BREAST</u>			
MAUREEN SCHMAHL	67	IEM	03:12.70
<u>100 M I.M.</u>			
MAUREEN SCHMAHL	67	IEM	03:25.68

MEN 19-24

<u>50 M FREE</u>			
JEFF FISHER	19	IEM	00:28.74
<u>100 M FREE</u>			
JAMES BREIDENBACH	24	IEM	01:16.24
<u>200 M FREE</u>			
JAMES BREIDENBACH	24	IEM	02:50.60
<u>400 M FREE</u>			
JAMES BREIDENBACH	24	IEM	06:08.16
<u>1500 M FREE</u>			
JAMES BREIDENBACH	24	IEM	23:40.45
<u>50 M BREAST</u>			
JEFF FISHER	19	IEM	00:35.59
<u>100 M BREAST</u>			
JEFF FISHER	19	IEM	01:21.50
<u>100 M I.M.</u>			
JEFF FISHER	19	IEM	01:13.62
JAMES BREIDENBACH	24	IEM	01:33.95

MEN 25-29

<u>100 M FREE</u>			
KEN WAGNON	26	IEM	01:04.00
<u>200 M FREE</u>			
KEN WAGNON	26	IEM	02:18.61
<u>400 M FREE</u>			
KEN WAGNON	26	IEM	04:56.46
<u>1500 M FREE</u>			
KEN WAGNON	26	IEM	19:45.59
<u>50 M BREAST</u>			
KEN WAGNON	26	IEM	00:37.62
<u>100 M I.M.</u>			
KEN WAGNON	26	IEM	01:16.99

MEN 30-34

<u>50 M FREE</u>			
CHASE COPELAND	34	IEM	00:28.33
MICHAEL C EVANS	34	PNA	00:29.85
<u>100 M FREE</u>			
MICHAEL C EVANS	34	PNA	01:04.63
CHASE COPELAND	34	IEM	01:05.32
<u>200 M FREE</u>			
MARC J DELAVERGNE	34	IEM	02:15.321
<u>400 M FREE</u>			
MARC J DELAVERGNE	34	IEM	04:56.421
MICHAEL C EVANS	34	PNA	05:15.03
<u>1500 M FREE</u>			
MARC J DELAVERGNE	34	IEM	19:39.781

<u>50 M BACK</u>			
JOHN F ZELL	31	ORE	00:32.64
MICHAEL C EVANS	34	PNA	00:37.16
<u>100 M BACK</u>			
JOHN F ZELL	31	ORE	01:10.65
<u>200 M BACK</u>			
JOHN F ZELL	31	ORE	02:35.03
MARK W KROLL	33	PNA	03:02.62
<u>50 M BREAST</u>			
CHASE COPELAND	34	IEM	00:35.42
<u>100 M BREAST</u>			
CHASE COPELAND	34	IEM	01:22.95
<u>200 M BREAST</u>			
MARK W KROLL	33	PNA	03:01.07
<u>100 M FLY</u>			
MARC J DELAVERGNE	34	IEM	01:14.24
<u>200 M FLY</u>			
MARK W KROLL	33	PNA	03:16.60
<u>100 M I.M.</u>			
CHASE COPELAND	34	IEM	01:14.87
<u>200 M I.M.</u>			
MARC J DELAVERGNE	34	IEM	02:42.95
MICHAEL C EVANS	34	PNA	02:43.55
<u>400 M I.M.</u>			
MARK W KROLL	33	PNA	06:11.83

MEN 35-39

<u>50 M FREE</u>			
RAYMOND MERRELL	37	IEM	00:30.16
ALLAN W ANDERSEN	35	IEM	00:30.23
SAMUEL YAHN	39	IEM	00:33.72
<u>100 M FREE</u>			
PETER CRUISE	36	CAN	00:59.40
DOUGLAS WILLIAMS	39	IEM	01:08.43
ALLAN W ANDERSEN	35	IEM	01:08.49
RAYMOND MERRELL	37	IEM	01:09.91
SAMUEL YAHN	39	IEM	01:16.78
<u>200 M FREE</u>			
GERALD SCHEIBNER	36	IEM	02:13.75
ALLAN W ANDERSEN	35	IEM	02:43.10
<u>400 M FREE</u>			
GERALD SCHEIBNER	36	IEM	04:53.69
ALLAN W ANDERSEN	35	IEM	06:07.63
<u>1500 M FREE</u>			
GERALD SCHEIBNER	36	IEM	20:02.84
SAMUEL YAHN	39	IEM	25:28.62
<u>50 M BACK</u>			
ROBERT HENAGER	38	IEM	00:39.75
<u>200 M BACK</u>			
ROBERT HENAGER	38	IEM	03:15.54
<u>50 M BREAST</u>			
PETER CRUISE	36	CAN	00:32.92
ALLEN L STARK	39	ORE	00:33.00
ROBERT HENAGER	38	IEM	00:36.61
DOUGLAS WILLIAMS	39	IEM	00:36.87
ALLAN W ANDERSEN	35	IEM	00:38.26
SAMUEL YAHN	39	IEM	00:47.57

<u>100 M BREAST</u>			
ALLEN L STARK	39	ORE	01:12.35
PETER CRUISE	36	CAN	01:13.40
ALLAN W ANDERSEN	35	IEM	01:24.71
ROBERT HENAGER	38	IEM	01:25.22
<u>200 M BREAST</u>			
ALLEN L STARK	39	ORE	02:40.97
PETER CRUISE	36	CAN	02:46.76
DOUGLAS WILLIAMS	39	IEM	03:07.12
ROBERT HENAGER	38	IEM	03:08.21
<u>50 M FLY</u>			
DOUGLAS WILLIAMS	39	IEM	00:33.85
RAYMOND MERRELL	37	IEM	00:34.83
SAMUEL YAHN	39	IEM	00:44.27
<u>100 M I.M.</u>			
PETER CRUISE	36	CAN	01:06.78
GERALD SCHEIBNER	36	IEM	01:10.35
DOUGLAS WILLIAMS	39	IEM	01:17.47
RAYMOND MERRELL	37	IEM	01:19.37
ROBERT HENAGER	38	IEM	01:22.10
SAMUEL YAHN	39	IEM	01:37.48
<u>200 M I.M.</u>			
GERALD SCHEIBNER	36	IEM	02:34.48
RAYMOND MERRELL	37	IEM	03:00.95
<u>400 M I.M.</u>			
GERALD SCHEIBNER	36	IEM	05:39.01
RAYMOND MERRELL	37	IEM	06:42.99

MEN 40-44

<u>50 M FREE</u>			
KEN PETERSEN	42	IEM	00:31.48
MICHAEL STEWART	43	IEM	00:34.21
GARY RING	43	IEM	00:37.33
<u>100 M FREE</u>			
RICHARD REEVES	41	IEM	01:01.48
KEN PETERSEN	42	IEM	01:13.77
MICHAEL STEWART	43	IEM	01:19.99
GARY RING	43	IEM	01:21.31
DARRYL KNOTT	42	IEM	01:21.50
<u>200 M FREE</u>			
JEFF BANKSON	41	IEM	02:33.69
KEN PETERSEN	42	IEM	02:51.83
GARY RING	43	IEM	03:00.11
MICHAEL STEWART	43	IEM	03:09.45
DARRYL KNOTT	42	IEM	03:09.48
FOREST BROOKS	41	PNA	04:37.41
<u>400 M FREE</u>			
GARY RING	43	IEM	06:19.63
DARRYL KNOTT	42	IEM	06:32.38
MICHAEL STEWART	43	IEM	06:57.62
FOREST BROOKS	41	PNA	09:55.75
<u>800 M FREE</u>			
FOREST BROOKS	41	PNA	20:24.15
<u>1500 M FREE</u>			
JEFF BANKSON	41	IEM	21:20.361
GARY RING	43	IEM	25:53.92
<u>50 M BACK</u>			
RICHARD REEVES	41	IEM	00:33.631
CHARLTON MILLS	43	IEM	00:37.89
FOREST BROOKS	41	PNA	01:06.87

<u>100 M BACK</u>				<u>50 M BREAST</u>				<u>MEN 55-59</u>			
RICHARD REEVES	41	IEM	01:18.00	WALT REID	48	PNA	00:37.53				
CHARLTON MILLS	43	IEM	01:22.11	FRANK HAMILTON	48	IEM	00:42.87				
FOREST BROOKS	41	PNA	02:39.95	<u>100 M BREAST</u>				<u>50 M FREE</u>			
<u>200 M BACK</u>				WALT REID	48	PNA	01:25.60	CLARK THOMPSON	56	IEM	00:32.51
RICHARD REEVES	41	IEM	02:55.17	<u>100 M I.M.</u>				<u>100 M FREE</u>			
JEFF BANKSON	41	IEM	03:01.38	WALT REID	48	PNA	01:20.75	CLARK THOMPSON	56	IEM	01:16.21I
FOREST BROOKS	41	PNA	05:41.70	WAYNE WILSON	49	IEM	01:25.23	JAMES L KLEIN	55	IEM	01:20.52
<u>50 M BREAST</u>				CORT GIFFORD	45	IEM	01:26.03	<u>200 M FREE</u>			
DARRYL KNOTT	42	IEM	00:47.12	FRANK HAMILTON	48	IEM	01:29.23	JAMES L KLEIN	55	IEM	02:56.81I
<u>100 M BREAST</u>				BOB OLSON	46	IEM	01:38.62	<u>800 M FREE</u>			
KEN PETERSEN	42	IEM	01:31.34	<u>MEN 50-54</u>				CLARK THOMPSON	56	IEM	13:33.70R
<u>200 M BREAST</u>								<u>50 M BREAST</u>			
JEFF BANKSON	41	IEM	03:14.20	<u>50 M FREE</u>				CLARK THOMPSON	56	IEM	00:46.72I
<u>50 M FLY</u>				PAUL E BORG	51	IEM	00:32.76	<u>50 M FLY</u>			
RICHARD REEVES	41	IEM	00:31.10I	MARK A SNYDER	54	IEM	00:35.58	CLARK THOMPSON	56	IEM	00:42.58I
<u>200 M FLY</u>				BILL DAVIES	52	IEM	00:38.49	<u>100 M I.M.</u>			
JEFF BANKSON	41	IEM	03:01.44I	<u>100 M FREE</u>				CLARK THOMPSON	56	IEM	01:36.26I
<u>100 M I.M.</u>				GARRY HARN	53	IEM	01:14.42	JAMES L KLEIN	55	IEM	01:37.56
KEN PETERSEN	42	IEM	01:19.97	BILL DAVIES	52	IEM	01:26.17	<u>200 M I.M.</u>			
CHARLTON MILLS	43	IEM	01:22.20	<u>200 M FREE</u>				JAMES L KLEIN	55	IEM	03:42.53
DARRYL KNOTT	42	IEM	01:40.14	GARRY HARN	53	IEM	02:54.47I	<u>MEN 60-64</u>			
GARY RING	43	IEM	01:48.36	BILL DAVIES	52	IEM	03:08.01	<u>400 M FREE</u>			
<u>200 M I.M.</u>				<u>400 M FREE</u>				WILLIAM BRESKO	60	IEM	08:54.56
KEN PETERSEN	42	IEM	03:09.43	BILL DAVIES	52	IEM	06:44.19	<u>50 M BREAST</u>			
<u>400 M I.M.</u>				<u>1500 M FREE</u>				WILLIAM BRESKO	60	IEM	00:50.94
JEFF BANKSON	41	IEM	06:03.18I	BILL DAVIES	52	IEM	25:36.33I	<u>100 M BREAST</u>			
<u>MEN 45-49</u>				<u>50 M BACK</u>				WILLIAM BRESKO	60	IEM	01:53.66
				GARRY HARN	53	IEM	00:41.94I	<u>100 M I.M.</u>			
				MARK A SNYDER	54	IEM	00:42.78	WILLIAM BRESKO	60	IEM	01:13.04
				<u>100 M BACK</u>				<u>MEN 65-69</u>			
				GARRY HARN	53	IEM	01:34.99I	<u>50 M FREE</u>			
<u>50 M FREE</u>				MARK A SNYDER	54	IEM	01:38.81	BILL ODMAN	69	IEM	00:34.84
WAYNE WILSON	49	IEM	00:31.89	<u>200 M BACK</u>				H. HAROLD YOUNG	67	PNA	00:42.14
FRANK HAMILTON	48	IEM	00:33.49	GARRY HARN	53	IEM	03:44.17	JAY BEELER	66	IEM	00:47.56
CORT GIFFORD	45	IEM	00:33.52	TOM K FOLEY	54	PNA	03:53.75	<u>100 M FREE</u>			
BOB OLSON	46	IEM	00:34.76	<u>50 M BREAST</u>				BILL ODMAN	69	IEM	01:17.89
DAVID POLAGE	48	IEM	00:36.74	LOWELL JOHNSON	51	PNA	00:45.66	H. HAROLD YOUNG	67	PNA	01:34.94
<u>100 M FREE</u>				BILL DAVIES	52	IEM	00:47.47	JAY BEELER	66	IEM	01:51.55
WAYNE WILSON	49	IEM	01:11.84	<u>200 M BREAST</u>				<u>200 M FREE</u>			
BOB OLSON	46	IEM	01:15.78	TOM K FOLEY	54	PNA	03:58.72	H. HAROLD YOUNG	67	PNA	03:31.02
CORT GIFFORD	45	IEM	01:17.28	<u>50 M FLY</u>				BILL ODMAN	69	IEM	06:32.81
FRANK HAMILTON	48	IEM	01:18.24	LOWELL JOHNSON	51	PNA	00:37.08	H. HAROLD YOUNG	67	PNA	07:40.52
DAVID POLAGE	48	IEM	01:23.44	PAUL E BORG	51	IEM	00:37.41I	<u>50 M BACK</u>			
<u>200 M FREE</u>				MARK A SNYDER	54	IEM	00:43.68	JAY BEELER	66	IEM	01:03.24
WAYNE WILSON	49	IEM	02:40.48I	<u>100 M FLY</u>				<u>50 M BREAST</u>			
BOB OLSON	46	IEM	02:42.85	PAUL E BORG	51	IEM	01:25.83R	JAY BEELER	66	IEM	01:00.93
CORT GIFFORD	45	IEM	02:51.93	TOM K FOLEY	54	PNA	01:51.36	<u>100 M BREAST</u>			
<u>400 M FREE</u>				<u>200 M FLY</u>				JAY BEELER	66	IEM	02:19.48
BOB OLSON	46	IEM	05:50.00	PAUL E BORG	51	IEM	03:19.27R	<u>100 M I.M.</u>			
WAYNE WILSON	49	IEM	05:59.99	TOM K FOLEY	54	PNA	04:17.97	JAY BEELER	66	IEM	02:10.76I
DAVID POLAGE	48	IEM	07:14.57	<u>100 M I.M.</u>							
<u>800 M FREE</u>				MARK A SNYDER	54	IEM	01:36.90				
FRANK HAMILTON	48	IEM	13:01.91I	TOM K FOLEY	54	PNA	03:44.27				
DAVID POLAGE	48	IEM	13:35.41	<u>400 M I.M.</u>							
<u>1500 M FREE</u>				GARRY HARN	53	IEM	07:41.82				
BOB OLSON	46	IEM	22:28.50R	TOM K FOLEY	54	PNA	07:56.65				
<u>50 M BACK</u>											
CORT GIFFORD	45	IEM	00:39.84								
FRANK HAMILTON	48	IEM	00:42.13								
<u>200 M BACK</u>											
WALT REID	48	PNA	03:14.99								

-----				200+ IEM			120+ IEM		
MEN 70-74				DORI MCTIGUE	61		ROBIN DURANT	32	
-----				MARILYN KOKOT	51		SAM YAHN	39	
50 M FREE				PEGGY KNOWLES	59		ANN STAFFORD	27	
RALPH THAYER	73	IEM	00:54.92	MARILYN SISCO	55	03:04.86	KEN WAGNON	26	02:15.46
100 M FREE				-----					
RALPH THAYER	73	IEM	02:06.80	RELAYS---MEN 200 M FREE					
LEE E.G. HOLM	74	PNA	02:20.85	-----					
200 M FREE				120+ IEM			160+ IEM		
LEE E.G. HOLM	74	PNA	04:53.04	JERRY SCHEIBNER	36		MICHAEL STEWART	43	
400 M FREE				ALLAN ANDERSEN	35		DIANA LEAKE	42	
LEE E.G. HOLM	74	PNA	10:08.05	CHASE COPELAND	34		OPAL OLSON	43	
50 M BACK				BOB HENAGER	38	01:58.20	RICHARD REEVES	41	02:13.62
LEE E.G. HOLM	74	PNA	01:12.13	160+ PNA					
RALPH THAYER	73	IEM	01:27.17	CORT GIFFORD	45		FORREST BROOKS	41	
100 M BACK				MICHAEL STEWART	43		RONDI WHITE	43	
LEE E.G. HOLM	74	PNA	02:42.97	KEN PETERSEN	42		NININE TESTA	32	
100 M I.M.				DOUG WILLIAMS	39	02:15.48	TOM FOLEY	54	02:45.65
RALPH THAYER	73	IEM	03:00.45R	200+ IEM					
-----				160+ PNA			EVELYN FISCHER	47	
MEN 75-79				FORREST BROOKS	41		GARRY HARN	53	
100 M FREE				TOM FOLEY	54		MARK SNYDER	54	
EBEN WOLTERS	76	IEM	02:40.59	HAL YOUNG	67		MILLIE WOLTERS	47	02:33.61I
200 M FREE				MARK KROLL	33	02:48.73	240+ IEM		
EBEN WOLTERS	76	IEM	06:23.08	200+ IEM					
400 M FREE				BILL DAVIES	52		CLARK THOMPSON	56	
EBEN WOLTERS	76	IEM	12:56.14I	PAUL BORG	51		LILLY LEE ANDERSON	57	
1500 M FREE				WAYNE WILSON	49		EBEN WOLTERS	75	
EBEN WOLTERS	76	IEM	51:21.82R	CLARK THOMPSON	56	02:16.51I	PEGGY KNOWLES	59	03:06.32R
100 M BREAST				240+ PNA					
EBEN WOLTERS	76	IEM	03:17.33	280+ IEM					
200 M BREAST				RALPH THAYER	73		HAL YOUNG	67	
EBEN WOLTERS	76	IEM	06:55.79	EBEN WOLTERS	76		LEE HOLMS	74	
-----				JAY BEELER	66		MAXINE CARLSON	68	
RELAYS---WOMEN 200 M FREE				BILL ODMAN	69	03:27.18I	LOWELL JOHNSON	51	03:10.24
-----				RELAYS---WOMEN 200 M MEDLEY					
100+ IEM				76+ IEM					
ANNE POWERS	26			ANN STAFFORD					
CINDY CLUTTER	28			BARBARA MANN					
KATIE BISSELL	32			SHARON SCHEIDER					
ROBIN DURANT	32	02:35.55		HEATHER McCOURT					
120+ IEM				100+ IEM					
JEMA ALLEN	30			ANNE POWERS					
HEATHER HENAGER	39			CINDY CLUTTER					
DAYLE COLE	35			ROBIN DURANT					
Laurie Nelson	33	02:23.48		KATIE BISSELL					
160+ IEM				120+ IEM					
MILLIE WOLTERS	47			CHASE COPELAND					
EVELYN FISCHER	47			HEATHER HENAGER					
DIANA LEAKE	42			JEMA ALLEN					
OPAL OLSON	43	02:34.15I		JERRY SCHEIBNER					
200+ PNA				120+ IEM					
KATHRINE CASEY	40			CINDY CLUTTER					
MAXINE CARLSON	68			BOB HENAGER					
CAROLYN BALDWIN	54			MARY BOYLE					
RONDI WHITE	43	02:53.57		DOUG WILLIAMS					
-----				120+ PNA					
				NININE TESTA					
				CAROLYN BALDWIN					
				RONDI WHITE					
				SHARON LYDA-RENZ					



160+ IEM		120+ IEM		
MILLIE WOLTERS	47	JEMA ALLEN	30	
SHIRLEY KNOTT	41	BOB HENAGER	38	
DIANA LEAKE	42	JERRY SCHEIBNER	36	
OPAL OLSON	42	ROBIN DURANT	32	02:27.24

240+ IEM		160+ IEM		
LILLY LEE ANDERSON	57	CHARLTON MILLS	41	
DORI MCTIGUE	61	DIANA LEAKE	43	
PEGGY KNOWLES	59	HEATHER HENAGER	38	
MAUREEEN SCHMAHL	67	RICHARD REEVES	41	02:25.67

RELAYS---MEN 200 M MEDLEY

100+ IEM		160+ IEM		
JEFF FISHER	19	FRANK HAMILTON	48	
KEN WAGNON	26	WAYNE WILSON	49	
RAYMOND MERRELL	37	EVELYN FISHER	47	
JIM BREIDENBACH	24	MILLIE WOLTERS	47	03:03.24

120+ IEM		160+ PNA		
CHASE COPELAND	34	FORREST BROOKS	41	
BOB HENAGER	38	VICKY GILL	33	
JERRY SCHEIBNER	36	RONDI WHITE	43	
ALLAN ANDERSEN	35	HAL YOUNG	67	03:20.511

160+ IEM		200+ IEM		
CHARLTON MILLS	43	JACQUELYN GALBRAITH	47	
DOUG WILLIAMS	39	JIM KLEIN	55	
JEFF BANKSON	41	PAUL BORG	51	
RICHARD REEVES	41	MARILYN KOKOT	51	03:11.64

200+ IEM		200+ PNA		
FRANK HAMILTON	48	MAXINE CARLSON	68	
CLARK THOMPSON	56	MARK KROLL	33	
JIM KLEIN	55	TOM FOLEY	54	
WAYNE WILSON	49	CAROLYN BALDWIN	54	03:16.17

200+ PNA		240+ IEM		
HAL YOUNG	67	CLARK THOMPSON	56	
MARK KROLL	33	DORI MCTIGUE	61	
TOM FOLEY	54	BILL ODMAN	69	
LOWELL JOHNSON	51	PEGGY KNOWLES	59	03:14.221

240+ IEM				
RALPH THAYER	73			
EBEN WOLTERS	76			
BILL BRESKO	60			
JAY BEELER	66			04:21.22

RELAYS---MIXED 200 M MEDLEY

100+ IEM				
ANNE POWERS	26			
CHASE COPELAND	34			
CINDY CLUTTER	28			
KEN WAGNON	26			02:27.29



Happy Holidays  
to you!

01' Barnacle - Highlights from GRANTS PASS .....

OMS CAN FEEL VERY PROUD OF THE EFFORTS OF OUR SOUTHERN ASSOCIATES. A FEW YEARS AGO IT WOULD HAVE BEEN RECKLESS INDEED TO HOLD EVEN ONE MEET SOUTH OF EUGENE. NOW THE MORE THAN 100 PLUS VERY ACTIVE MEMBERS, HAVE HELD NOT ONE MEET BUT TWO, IN A SHORT 60 DAY PERIOD. THE QUALITY AND ATTENDANCE AT BOTH OF THESE MEETS, PROVES THAT THEY CAN THE DO THE JOB, AND DO IT WELL.

PAT WALSH, AQUATICS DIRECTOR AT THE GRANTS PASS Y, PUT TOGETHER AS FINE A MEET AS WE HAVE HAD ANYWHERE. 60 SWIMMERS WERE THERE AND SWAM UP A STORM. NATE JONES WAS THE MEET REFEREE, THE TIMERS WERE FROM THE GRANTS PASS Y, AND DID JUST A SUPER JOB. OUR CORRESPONDENT SAYS THAT THEY EVEN HAD KITS FOR EACH AND EVERY SWIMMER WHO REGISTERED, FILLED WITH GOODIES OF ALL KINDS, NOW THAT FOLKS, IS REALLY UPTOWN. ALSO THEY HAD FREE COFFEE AND HOT CHOCOLATE, ORANGES ET AL, THE WORKS.

RECORDS :

ELFIE STEVENIN - (65-69)

REGIONAL RECORDS : 200 YD FLY - 5:59.41 (HER OLD RECORD- 6:42.34)  
400 YD IM - 11:23.79 (HER OLD RECORD - 12:14.62)  
ASSN RECORD : 1000 YD FREE - 24:59.82 (OLD MARK WAS 25:06.81)

PAULINE STANGEL-(65-69)

ASSN RECORDS : 200 YD FREE - 3:25.07 (WAS 4:46.68)  
50 YD BRST - :52.50 (WAS :52.94)  
200 YD BRST - 3:59.09 (WAS 4:56.23, SET IN 1979)  
(RANKS 7TH IN US TOP TEN)

OL' BARN CANNOT MOVE ON WITHOUT ASKING THE QUESTION : ELFIE, WHAT HAVE YOU BEEN DOING, AND OR EATING, ETC., TO MANAGE YOUR TREMENDOUS IMPROVEMENT ??? AM SURE THAT WE COULD WRITE A LITTLE STORY ON WHAT YOU HAVE BEEN DOING, TO SAY THE LEAST, YOU ARE TO BE CONGRATULATED , WELL DONE, WELL DONE !!!!!

SOME PERSONAL BESTS, AND EARLY ON YET ;

BEVERLY L'ESPERANCE - 50 FREE - 39.59

DAVE BERNSTEIN : 1000 FREE-21:09.41. 100 BACK-1:51.81

ED TAUSCHER : 50 BACK-32.84, 100 BACK-1:11.54(VS 1:18.26), 200 BACK-2:42.41(VS 2:45.23) WAY TO GO ED !!!!!

KALEO SCHRODER : 100 BACK - 1:50.22

ELFIE STEVENIN : 100 BACK - 2:17.22 , THAT GAL AGAIN !!!

DIANE PLANTE : 50 BRST - 42.32 (VS 48.25) THAT'S IMPROVEMENT !!!!!

STEVE SIMPSON : 50 BRST - 33.91

STEVE MOTT : 100 BRST-1:15.90, AND THE 200 BRST - 2:47.20

MIKE MOREHOUSE : 100 BRST - 1:33.95

MARY YUSE : 200 BRST - 3:04.89

KIM PHILLIPS : 200 BRST - 2:56.93

SUSAN KENNEDY : 100 FLY - 1:28.16

GREG FROWNFELTER : 100 IM - 1:08.99

TIMES WORTH MENTIONING - EARLY SEASON SPARKLERS; (OB-Grants Pass-cont.)

GERI MATHEWSON : 50 FREE - 29.35  
EVELYN MCKEON : 50 FREE - 46.52  
RICHARD SMITH : 100 FREE-56.77(=88 BEST), 100 BACK - 1:13.23  
DAVID PUTNAM : 200 FREE - 2:41.34  
DEBBIE GREGOIRE : 100 BACK - 1:20.60  
STEVE MOTT : 50 BRST - 33.62  
STEVE SIMPSON : 200 BRST - 2:47.95  
BOB BONNER : 50 FLY - 27.22  
TERRY MCCURDY : 50 FLY - 56.68  
KIM PHILLIPS : 200 IM - 2:43.80  
MIKE MOREHOUSE : 1000 FREE - 15:24.24 (ONLY 7 SECS OFF HIS RECORD)  
MARY YUSE : 50 BRST - 36.78

AND NOW FOR SOME BARN BURNERS ;

40-44 100 FREE FRANK KENNEDY-1:05.57, RON JERSEY-1:06.91, TED HOLDEN-1:07.04  
AND STEVE SIMPSON-1:07.86

35-39 200 FREE MARC HELLER EDGED CRAIG MATHER, 2:22.67 VS 2:23.43

35-39 100 IM BOB BONNER AT 1:09.87 VS JACK SOUTHARD IN 1:09.93 - WOW !!

MXD FREE RELAY (25+)	1:59.14	1:59.75
	R. SMITH	D. HARGER
	D. PLANTE	D. HARGER
	M. GRILLO	S. HARGER
	S. MOTT	M. YUSE

(THAT ONE LOOKED LIKED THE HARGERs AGAINST THE WORLD, TIMES WERE FIRST RATE !!)

MXD MEDLEY RELAY (25+)	2:22.80	2:23.80
	E.TAUSCHER	D.HARGER
	D. PLANTE	D. HARGER
	M. GRILLO	S. HARGER
	G. GATES	M. YUSE

COMMENT - DID SOMEBODY RIG THESE RELAYS ??? JUST GREAT RACES !!!!!

SANDBAGGING NOMINATIONS ;

TOM PATTEE(500 FREE 7:30 SWAM 6:40.19), GERI MATHEWSON(1000 FREE 14:20 SWAM 13:33.74), RICHARD SMITH(100 BACK 1:20 SWAM 1:13.23), ROSS LEHMAN(50 FLY 1:00 SWAM 33.29 AND 50 FREE 58 SWAM 27.05)

NOMINEES FOR THE "RIGHT ON CLUB" :

D. WAYNE BAKER - 500 FREE AT 7:00, CAME HOME IN 7:00.66  
STEVE SIMPSON - 200 BRST AT 2:47.92, SWAM IT IN 2:47.95

OMS WELCOME MAT IS DEFINITELY OUT FOR THESE NEWCOMERS : JACK SOUTHARD, GREG BANNISTER, GIFF GATES, DICK BAMFORD, DAVID HARGER, DIANE HARGER, DAVID BOGDEN, JOYCE VAN ANNE, DEBORAH WHITE, AND ROBERT LEITMAN

GOOD SWIMMING EVERYONE, REMEMBER - STAY WITH IT AND STAY FIT !!!!!

NOTE TO EX PRINCETON TIGER - RE PUNCTUATION , AM TRYING , BUT IT IS HARD FOR AN OLD DUCK TO KEEP COMING UP WITH ALL THIS STUFF, AND REMEMBER TO PUT THE COMMAS AND PERIODS IN THE RIGHT PLACES.

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OPEN LETTER TO : BERT PETERSEN, RETIRING CHAIRMAN, OREGON MASTERS SWIMMING

OREGON MASTERS HAS BEEN BLESSED WITH CONTINUING LEADERSHIP OF THE HIGHEST QUALITY , YOUR TENURE GREATLY STRENGTHENED THE CREDIBILITY OF THIS EVALUATION.

YOU TOOK OVER FOLLOWING A PEAK YEAR, 1986, PLUS A DIFFICULT ACT TO FOLLOW, NOT ONLY DID YOU MAINTAIN THE HIGH STANDARDS OF OMS, BUT YOU INCREASED THE MEMBERSHIP, THE OVERALL PARTICIPATION, AND FURTHER ESTABLISHED OMS AS AN ORGANIZATION RECOGNIZED NATIONWIDE IN U.S. MASTERS SWIMMING.

WE ALL OWE MUCH TO YOU BERT, YOU HANDLED THE MOST DIFFICULT TASKS WITH EASE, AND WHEN NEEDED, A TOUCH OF HUMOR AND UNDERSTANDING. WE WILL MISS YOUR STEADY HAND AT THE TILLER, YET KNOWING THAT YOU WILL CONTINUE TO CONTRIBUTE TO THE BETTERMENT OF OMS AS IMMEDIATE PAST CHAIR.

IT ALSO SHOULD BE NOTED HERE THAT YOU NOT ONLY GAVE OF YOURSELF BUT CONVINCED YOUR FAMILY, LUELLA AND KRIS, TO ASSIST OMS IN SO MANY WAYS. OUR HEARTFELT THANKS TO THEM ALSO FOR THEIR CONTRIBUTIONS.

NOW WITH THE MAGIC OF 50, YOU CAN AGAIN CONCENTRATE ON BEING THAT "WORLD FAMOUS SWIMMER", MEETS WILL BE FUN AGAIN, WITHOUT THE "INQUISITION" ALWAYS PRESENT.

THANK YOU BERT, FOR EVERYTHING, GOD BLESS AND GOD SPEED !!!!!

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BRISBANE-WORLD CHAMPIONSHIPS WITH 3800-BIGGEST SWIM MEET EVER-ANYWHERE

OL' BARN'S INFORMATION HAS BEEN SKETCHY BUT IN ALL DUE RESPECT TO THOSE GALLANT OREGONS WHO PARTICIPATED, AT LEAST A SUMMARY IS CALLED FOR. TIMES AND RECORDS ARE UNOFFICIAL AT THIS STAGE, AND MANY OF OUR STALWARTS WILL GO WITHOUT EVENTS AND OR TIMES, UNTIL WE GET THE FINAL OFFICIAL RESULTS, WHICH ARE NOT DUE UNTIL SOMETIME IN DECEMBER.

MOST EVERYONE I HAVE TALKED TO ENJOYED THE TRIP, PARTICULARLY AFTER THE MEET, THE COMMENT MOST GENERALLY HEARD, SUMMED UP THE MEET PRETTY WELL. "IT WAS INTERESTING". TRAVELLING ANYWHERE FROM 50 MILES TO 90 MILES TO AND FROM THE POOL, EACH DAY OF COMPETITION, SOUNDS LIKE A DRAG, AND TO MOST EVERYONE I GUESS IT WAS. GETTING A MAX OF 5 TO 6 HOURS SLEEP PER NIGHT, PROMPTED ONE OF OUR VERY BEST TO DECLARE, "THAT IS THE LAST TIME I DO ANYTHING LIKE THAT".

THERE IS NO QUESTION THOUGH, THAT TO BE PART OF SOMETHING AS HISTORIC, GRAND, ET AL, I AM SURE MAKES IT IN THE LONG RUN, AN EXPERIENCE THEY WILL REMEMBER FOR A LONG LONG TIME. ENOUGH OF THIS SASS AND GAS, LET'S LOOK AT THE PERFORMANCES :

## Lavelle Stoinoff

SIX EVENTS AND SIX GOLDS- OMS'S PRIDE AND JOY CAME THROUGH LIKE THE CHAMPION SHE HAS ALWAYS BEEN, TAKE A LOOK AT THESE NUMBERS;

200 FREE-2:44.84, 400 FREE-5:45.18, 800 FREE-WE DON'T HAVE THE TIME, 200 BACK-3:12.86, 200 BRST-3:35.65, 400 IM - 6:51.48.

THE 200 BACK AND 200 BRST ARE REGIONAL RECORDS, AND THE 400 IM IS A NEW WORLD RECORD. ALL 6 TIMES WILL PROBABLY BE # 1 IN THE WORLD, EXCEPT WHERE LAVELLE HAS SWUM THEM FASTER IN EARLIER MEETS THIS YEAR.

ADDITIONAL HIGHLIGHTS :

MONIKA HUNSCHER (40-44) 200 BACK(6TH)3:20.71, 400 IM(6TH)7:05.36, 200 IM (10TH) 3:18.96 (MOST OF HER TIMES WERE PR'S)

PETHEY SMITH (60-64) 50 FREE(6TH)38.18, 100 FREE(5TH)1:28, 200 FREE(4TH)3:13.76, AND THE 400 FREE(5TH)6:53.28

HAZEL BRESSIE (75-79) 100 FLY (2ND) 5:47.76

DAN JOHNSON (35-39) 200 FLY(8TH)2:56.37, 400 IM(7TH)5:37.64, 100 BRST (7TH)1:18.56, AND THE 200 BRST(5TH) IN 2:48.30, DAN HAD A GOOD MEET !!!!

RON NAKATA (45-49) 50 FLY - 10TH - 31.57, RON CAN'T WAIT TO BE 50 !!!

LEE KING (75-79) 50 FLY - 3RD - 1:15.89

JAYNE ARVIDSON (40-44) 200 BACK - 9TH - 3:26.49

GINGER PIERSON (40-44) 50 BRST(3RD)39.93, 100 BRST(2ND)1:28.55, 200 BRST(3RD)3:15.40, 200 FLY(5TH)3:17.07, 100 BACK(9)1:30.94-GOOD SWIMS !!!!!

KATHY BUCK (35-39) 100 FREE(7TH)1:11.56, 200 FREE(5TH)2:37.05, 400 FREE(9TH) 5:35.96, 800 FREE(9TH)11:38.84. ALL NEW OMS RECORDS.

BRUCE CHENEY (35-39) 800 FREE (11TH) 10:54.10 , NICE PR THERE !!!

JIM ELLIOTT (35-39) 400 IM (11TH) 6:01.52, A PR FOR JIM ???

SANDI ROUSSEAU (40-44) 50 FLY (7TH) 34.37, 100 FLY (5TH) 1:21.73, 200 FLY (3RD) 3:10.39. THE 100 FLY IS A NEW REGIONAL RECORD !!!!!

HUGH RICHARDS (65-69) 50 BRST(5TH)45.04, 100 BRST(10)1:45, 50 FREE(6TH)32.44, 100 FREE(6TH)1:17.49, 50 FLY(4TH)38.82, HUGH IS NOT HAPPY.

ANDREE DEVINE (25-29) PR'S -100 FLY 1:18.51, 200 IM 2:52.70

JIM RABE (25-29) POSSIBLE PR IN THE 50 FLY AT 28.98

RICHARD RIESS (30-34) HAD A PR IN THE 100 FREE AT 1:24.14

DAN GRAY (40-44) HAD PR'S - 200 FREE(2:36.48) AND THE 400 FREE(5:35.18)

ERIC GUEST (55-59) GOOD TIMES-50 FREE(31.88), 100 FREE(1:15.01) AND THE 50 BRST IN 43.41.

SORRY THIS IS ALL I HAVE FOR NOW, WHEN WE GET THE FINAL RESULTS OB PROMISES AN IN DEPTH STUDY AND WILL GET YOU ALL IN THERE. - OKAY ???

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WORLD SENIOR GAMES - ST GEORGE, UTAH.

OMS HAD SOME FINE SWIMMERS MAKE THIS ONE. THE MEET WAS OPEN TO PEOPLE WHO WERE 50 AND OVER. THIS WAS THE FIRST YEAR FOR SWIMMING IN THIS EVENT. THE WHOLE TOWN WAS DECKED OUT WITH DECORATIONS AND EVERYONE WAS INVOLVED. ST GEORGE IS A RESORT AREA, THE WEATHER WAS JUST SUPER. 38 STATES PLUS CANADA HAD ENTRANTS IN THE GAMES.

GIL YOUNG PASSED ALONG THE INFORMATION THAT THE FEES WERE \$25.00 FOR HIM PLUS \$ 10.00 FOR LILA, THIS GAVE THEM 3 FREE DINNERS AND A POLO SHIRT, NOW THAT ISN'T TOO SHABBY AT ALL.

OUR FIVE MUSKETEERS PERFORMED AS FOLLOWS :

GIL YOUNG(66) 50 YD FREE (4TH) 32.10, 100 YD FREE (3RD) 1:13.05, 500 YD FREE (4TH) 7:49.91, 50 BACK (3RD) 40.51, 100 BACK (3RD) 1:33.44

GIL ALSO COMPETED IN THE HIGH JUMP EVENT - WENT 4'6" FOR THE GOLD AND A PR.

MEL ANDERSON (70) PICKED UP A 3RD IN THE 50 FLY AT 1:01.72 AND A 3RD IN THE 100 FLY IN 2:28, ALSO SWAM THE 500 FREE IN 10:28.31 A PR.

ALLAN DE LAY (73) SWAM TO A 3RD IN THE 50 BACK AT 49.86 AND A 5TH IN THE 50 FREE IN 36.17. WE UNDERSTAND THAT ALLAN ALSO GOT SOME GREAT GREAT PICTURES, ONE OF GIL WINNING THE GOLD IN THE HIGH JUMP.

AL GAWLEY(76) AL PICKED UP THE MOST HEAVY METAL WITH ; 1ST IN THE 50 BRST (1:02.99), 2NDS IN THE 50 FREE(42.52), 50 BACK(58.46),AND THE 500 FREE IN 12:39.58, PLUS A 3RD IN THE 100 FREE AT 1:40.

WARREN ELLIOTT (70) STILL ON THE COMEBACK TRAIL,SWAM A FINE 500 FREE IN 13:39.16.

SOUNDS LIKE THEY ALL HAD A LOT OF FUN AND SOME GREAT SWIMMING !!!!

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OLD BARNACLE JUST LEARNED THAT ROD COOK HAS MOVED TO CALIFORNIA. THIS IS A LOSS TO OREGON MASTERS AND A LOSS TO OREGON SWIMMING. ROD WAS A BUNDLE OF ENERGY AND LOVED WORKING FOR SWIMMING AT ALL LEVELS. HIS WORK AT ALBANY THE PAST TWO YEARS WAS REMARKABLE AND HE LEFT THE PROGRAM IN GREAT SHAPE AND STRONGER THAN EVER. I HAVE TAKEN THE LIBERTY OF PASSING ON HIS LETTER TO ALL OF YOU ....

HI OREGON MASTERS

11-1-88

I'M WRITING MOSTLY TO THANK OREGON MASTERS SWIMMING FOR ATTRACTING ME BACK TO A SPORT AND LIFESTYLE THAT I TRUELY LOVE. I'M LIVING IN WEST PITTSBURG, CALIFORNIA NOW AND SWIMMING WITH THE WALNUT CREEK MASTERS, SO...AS MUCH AS I LOVE RECEIVING YOUR CORRESPONDENCE, I NEED TO ANNOUNCE MY NEW RESIDENCE AND ASK THAT YOU FORWARD ALL OF ALBANY MASTERS INFORMATION TO :

ALBANY COMMUNITY SWIMMING POOL  
2150 S E 36TH AVENUE

ALBANY, OREGON 97321  
503-967-4521 C/O GUS ARZNER

ALBANY HAS A NEW MASTERS COACH, WHO GRADUATED FROM THE SAME ALMA MATER AS I, - WILLAMETTE UNIVERSITY IN SALEM, OREGON. HE IS AN ALL-AMERICAN SWIMMER AND AN ENERGETIC COACH. I'M SURE HE WILL REPRESENT "A.M.A." VERY WELL.

A SPECIAL THANK YOU TO C.E.WALTER JR.(EARL) FOR YOUR PROFESSIONALISM AND YOUR ATTENTION TO ALL THAT I HAD REQUESTED OF YOU. ALSO, TO ROY ABRAMOWITZ, WHOSE RECORDS I CHASED BUT NEVER HAD THE OPPORTUNITY TO MEET OR SWIM AGAINST. ALSO TO BOB "SMOKIN" SMITH WHO INSPIRED ME MEET AFTER MEET.

I HOPE TO RETURN SOME DAY, . BUT FOR NOW WILL FOCUS MY COMPETITIONS AGAINST THESE CALIFORNIANS, WHO SWIM LIKE THEY DRIVE...FAST AND OUT OF CONTROL.

BEST REGARDS, ROD COOK

THANK YOU ROD FOR ALL OF THOSE KIND WORDS, WE WILL MISS YOU AND WISH YOU ONLY THE BEST IN YOUR LIFE AND YOUR SWIMMING

## GRANTS PASS

25 YARD

11/05/88 PG 1

\* = FROM OUTSIDE OREGON ASSOC

RECORDS pending review by E.Walter

N = NATIONAL

R = REGIONAL

+ = OREGON

Software by R.Smith

## ----- 25-29 WOMEN -----

50FREE SUSAN C KENNEDY 29 BSA :31.25  
 DEBORAH WHITE 29 KF :32.11  
 DIANE E HARGER 27 PPM :38.40  
 100FRE DEBORAH WHITE 29 KF 1:08.58  
 SUSAN C KENNEDY 29 BSA 1:12.11  
 200FRE DEBORAH WHITE 29 KF 2:32.30  
 DIANE E HARGER 27 PPM 3:09.88  
 500FRE MARY A YUSE 28 PPM 6:45.83  
 DIANE E HARGER 27 PPM 8:46.91  
 100BAK DIANE E HARGER 27 PPM 1:44.82  
 50BRST MARY A YUSE 28 PPM :39.70  
 200BRS MARY A YUSE 28 PPM 3:04.89  
 50 FLY SUSAN C KENNEDY 29 BSA :35.34  
 100FLY SUSAN C KENNEDY 29 BSA 1:28.16  
 100 IM SUSAN C KENNEDY 29 BSA 1:24.31  
 200 IM DEBORAH WHITE 29 KF 2:57.15

## ----- 30-34 WOMEN -----

50FREE MARY GRILLO 34 GPY :30.01  
 JOYCE VAN ANNE 30 GPY :41.19  
 500FRE DEBBIE J GREGOIRE 34 RVM 6:29.89  
 KIM A PHILLIPS 30 WHOM 6:44.49  
 BECKIE C ARD 32 BSA 7:42.11  
 1000FR BECKIE C ARD 32 BSA 15:50.38  
 50BACK LYNN A JONES 34 RVM :48.06  
 100BAK DEBBIE J GREGOIRE 34 RVM 1:20.60  
 BECKIE C ARD 32 BSA 1:33.20  
 200BAK DEBBIE J GREGOIRE 34 RVM 2:52.45  
 BECKIE C ARD 32 BSA 3:23.63  
 50BRST MARY GRILLO 34 GPY :36.78  
 JOYCE VAN ANNE 30 GPY :47.93  
 LYNN A JONES 34 RVM :50.48  
 100BRS MARY GRILLO 34 GPY 1:21.71  
 KIM A PHILLIPS 30 WHOM 1:24.33  
 JOYCE VAN ANNE 30 GPY 1:48.04  
 200BRS KIM A PHILLIPS 30 WHOM 2:56.93  
 50 FLY MARY GRILLO 34 GPY :33.48  
 200 IM KIM A PHILLIPS 30 WHOM 2:43.80

## ----- 35-39 WOMEN -----

50FREE JUNE MATHER 35 OREG :34.99  
 DIANE F PLANTE 37 GPY :37.52  
 100FRE JUNE MATHER 35 OREG 1:17.69  
 50BACK JUNE MATHER 35 OREG :42.78  
 50BRST DIANE F PLANTE 37 GPY :42.32  
 100BRS DIANE F PLANTE 37 GPY 1:47.02

## ----- 40-44 WOMEN -----

50FREE GERI MATHEWSON 40 RVM :29.35  
 100FRE GERI MATHEWSON 40 RVM 1:05.81  
 500FRE GERI MATHEWSON 40 RVM 6:43.91  
 1000FR GERI MATHEWSON 40 RVM 13:33.74

## ----- 45-49 WOMEN -----

50FREE JUDY M MCCURDY 49 UVM :43.87  
 50BRST JUDY M MCCURDY 49 UVM :52.70

## ----- 50-54 WOMEN -----

50FREE KALEO B SCHRODER 52 KFLS :40.44  
 50BACK KALEO B SCHRODER 52 KFLS :49.01  
 100BAK KALEO B SCHRODER 52 KFLS 1:50.22  
 50BRST KALEO B SCHRODER 52 KFLS :56.21  
 100BRS KALEO B SCHRODER 52 KFLS 2:03.22

## ----- 55-59 WOMEN -----

50FREE BEVERLY L'ESPERANCE 56 KLF :39.59  
 200FRE BEVERLY L'ESPERANCE 56 KLF 3:33.43  
 50BACK BEVERLY L'ESPERANCE 56 KLF :47.91  
 100BAK BEVERLY L'ESPERANCE 56 KLF 1:45.15  
 200BAK BEVERLY L'ESPERANCE 56 KLF 3:46.26

## ----- 65-69 WOMEN -----

200FRE PAULINE B STANGEL 66 ALB 3:25.07+  
 Oregon was- MARGARET R YADON 4:46.68  
 1000FR ELFIE J STEVENIN 67 THB 24:59.82+  
 Oregon was- JUDY M. MELCHER 25:06.81  
 100BAK ELFIE J STEVENIN 67 THB 2:17.22  
 50BRST PAULINE B STANGEL 66 ALB :52.50+  
 Oregon was- PAULINE B STANGEL :52.94  
 200BRS PAULINE B STANGEL 66 ALB 3:59.09+  
 Oregon was- ELVA COOMBS 4:56.23  
 200FLY ELFIE J STEVENIN 67 THB 5:59.41+  
 Oregon was- ELFIE J STEVENIN 6:42.34  
 400 IM ELFIE J STEVENIN 67 THB 11:23.79+  
 Oregon was- ELFIE J. STEVENIN 12:14.62

## ----- 70-74 WOMEN -----

50FREE EVELYN MCKEON 74 GPY :46.52+  
 Oregon was- VIOLA D FRASER 1:00.31  
 ADA HEBERT 72 CAM :56.37  
 100FRE EVELYN MCKEON 74 GPY 1:46.55+  
 Oregon was- HELEN JOSEPH 1:50.50  
 ADA HEBERT 72 CAM 2:01.63  
 200FRE EVELYN MCKEON 74 GPY 4:07.88+  
 Oregon was- HELEN JOSEPH 4:09.50  
 ADA HEBERT 72 CAM 4:43.43  
 50BACK EVELYN MCKEON 74 GPY :57.09+  
 Oregon was- MARGARET R YADON 1:02.61  
 100BAK ADA HEBERT 72 CAM 2:24.27  
 50BRST EVELYN MCKEON 74 GPY 1:07.54+  
 Oregon was- HAZEL BRESSIE 1:31.20

## ----- 25-29 MEN -----

50FREE STEPHEN F HARGER 29 PPM :24.47  
 DAVID R. HARGER 26 PPM :27.75  
 GARY E MATHIAS 27 KF :30.35  
 100FRE STEPHEN F HARGER 29 PPM :55.29  
 DAVID R. HARGER 26 PPM 1:02.45  
 200FRE DAVID R. HARGER 26 PPM 2:21.46  
 500FRE DAVID R. HARGER 26 PPM 6:34.09  
 50BACK GARY E MATHIAS 27 KF :41.37  
 50BRST DAVID R. HARGER 26 PPM :35.39  
 100 IM STEPHEN F HARGER 29 PPM 1:03.27

## ----- 30-34 MEN -----

50FREE DAVID W YEAKEL 34 CA :24.81  
 ROSS A LEHMAN 31 RVM :27.05  
 MICHAEL P KENNEDY 31 BSA :28.82  
 100FRE DAVID W YEAKEL 34 CA :54.41  
 ROSS A LEHMAN 31 RVM :59.21  
 MICHAEL J BAIRD 32 CAM 1:01.12  
 MICHAEL P KENNEDY 31 BSA 1:06.00  
 500FRE MICHAEL J BAIRD 32 CAM 5:45.06  
 1000FR MICHAEL J BAIRD 32 CAM 11:57.06  
 50 FLY DAVID W YEAKEL 34 CA :27.70  
 ROSS A LEHMAN 31 RVM :33.29

100 IM DAVID W YEAKEL 34 CA 1:03.91

ROSS A LEHMAN 31 RVM 1:16.95

## ----- 35-39 MEN -----

50FREE BOB BONNER 38 GPY :24.33  
 RICHARD J SMITH 39 GPY :25.10  
 JACK SOUTHARD 35 :26.37  
 GIFF GATES 36 GPY :26.74  
 MARC D HELLER 39 OREG :27.23  
 TOM M MYERS 38 RVM :27.33  
 GREG BANNISTER 35 GPY :28.73  
 100FRE RICHARD J SMITH 39 GPY :56.77  
 PAUL W RUNQUIST 39 RVM :58.72  
 JACK SOUTHARD 35 :59.63  
 MARC D HELLER 39 OREG :59.91  
 CHRISTOPHER MECCA 37 GPY 1:00.16  
 TOM M MYERS 38 RVM 1:03.25  
 GIFF GATES 36 GPY 1:05.48  
 200FRE MARC D HELLER 39 OREG 2:22.67  
 CRAIG S MATHER 37 RVM 2:23.43  
 500FRE PAUL W RUNQUIST 39 RVM 6:07.56  
 CRAIG S MATHER 37 RVM 6:30.55  
 1000FR PAUL W RUNQUIST 39 RVM 12:31.88  
 BOB BONNER 38 GPY 13:16.47  
 RICHARD J SMITH 39 GPY 13:23.09  
 CRAIG S MATHER 37 RVM 13:25.11  
 CHRISTOPHER MECCA 37 GPY 13:30.00  
 DAVID BOGDEN 38 THB 14:52.52  
 50BACK BOB BONNER 38 GPY :30.91  
 RICHARD J SMITH 39 GPY :34.43  
 PAUL W RUNQUIST 39 RVM :35.63  
 MARC D HELLER 39 OREG :40.37  
 100BAK RICHARD J SMITH 39 GPY 1:13.23  
 CRAIG S MATHER 37 RVM 1:29.36  
 200BAK CRAIG S MATHER 37 RVM 3:15.96  
 50BRST J STEVEN MOTT 38 GPY :33.62  
 GREG BANNISTER 35 GPY :35.99  
 GIFF GATES 36 GPY :38.49  
 100BRS J STEVEN MOTT 38 GPY 1:15.90  
 GREG BANNISTER 35 GPY 1:20.60  
 GIFF GATES 36 GPY 1:29.00  
 200BRS J STEVEN MOTT 38 GPY 2:47.20  
 50 FLY BOB BONNER 38 GPY :27.22  
 CHRISTOPHER MECCA 37 GPY :29.30  
 JACK SOUTHARD 35 :30.35  
 PAUL W RUNQUIST 39 RVM :32.68  
 100FLY CHRISTOPHER MECCA 37 GPY 1:08.26  
 100 IM BOB BONNER 38 GPY 1:09.87  
 JACK SOUTHARD 35 1:09.93  
 GREG BANNISTER 35 GPY 1:15.62  
 GIFF GATES 36 GPY 1:16.03  
 TOM M MYERS 38 RVM 1:18.18  
 400 IM CHRISTOPHER MECCA 37 GPY 5:48.28

## ----- 40-44 MEN -----

50FREE GREG FROWNFELTER 40 GPY :25.94  
 RON E JERSEY 40 GPY :29.68  
 MARK FLINT 42 RVM :37.43

## GRANTS PASS

25 YARD

11/05/88 PG 2

\* = FROM OUTSIDE OREGON ASSOC RECORDS pending review by E.Walter N = NATIONAL R = REGIONAL + = OREGON Software by R.Smith

100FRE FRANK KENNEDY	43 GPY	1:05.57	50 FLY FRANK KENNEDY	43 GPY	:29.15	50BACK DICK BAMFORD	53 GPY	:41.72
RON E JERSEY	40 GPY	1:06.91	TOM PATTEE	41 GPY	:30.01	PHILIP L JENSEN	52 KFLS	:42.87
TED HOLDEN	40 RVM	1:07.04	GREG FROWNFEITER	40 GPY	:30.45	----- 55-59 MEN	-----	-----
STEVEN J SIMPSON	42 GPY	1:07.86	200FLY EDWARD TAUSCHER	42 GPY	2:58.60	50FREE DAVID F PUTNAM	56 UVM	:31.81
MARK FLINT	42 RVM	1:23.70	100 IM GREG FROWNFEITER	40 GPY	1:08.99	100FRE DAVID F PUTNAM	56 UVM	1:10.21
200FRE RON E JERSEY	40 GPY	2:30.95	FRANK KENNEDY	43 GPY	1:14.29	200FRE DAVID F PUTNAM	56 UVM	2:41.34
500FRE TOM PATTEE	41 GPY	6:40.19	STEVEN J SIMPSON	42 GPY	1:17.62	500FRE DAVID F PUTNAM	56 UVM	7:24.48
TED HOLDEN	40 RVM	7:26.45	MARK FLINT	42 RVM	1:42.48	50BACK TERRY C MCCURDY	58 UVM	:47.90
1000FR TOM PATTEE	41 GPY	13:37.20	400 IM TOM PATTEE	41 GPY	5:58.58	50BRST TERRY C MCCURDY	58 UVM	:55.27
FRANK KENNEDY	43 GPY	15:00.98	EDWARD TAUSCHER	42 GPY	6:10.15	50 FLY TERRY C MCCURDY	58 UVM	:56.68
RON E JERSEY	40 GPY	15:04.15	----- 45-49 MEN	-----	-----	----- 60-64 MEN	-----	-----
50BACK EDWARD TAUSCHER	42 GPY	:32.84	50FREE JEFF TURAY	47 SHNC	:29.27	500FRE MICHAEL L MOREHOUSE	62 RVM	7:39.99
GREG FROWNFEITER	40 GPY	:34.33	100FRE JEFF TURAY	47 SHNC	1:03.85	1000FR MICHAEL L MOREHOUSE	62 RVM	15:24.24
RON E JERSEY	40 GPY	:44.77	200FRE D WAYNE BAKER	45 WHOM	2:37.36	100BRS MICHAEL L MOREHOUSE	62 RVM	1:33.95
MARK FLINT	42 RVM	:46.13	500FRE D WAYNE BAKER	45 WHOM	7:00.66	200BRS MICHAEL L MOREHOUSE	62 RVM	3:22.96
100BAK EDWARD TAUSCHER	42 GPY	1:11.54	1000FR D WAYNE BAKER	45 WHOM	14:17.70	----- 65-69 MEN	-----	-----
MARK FLINT	42 RVM	1:43.91	50BRST D WAYNE BAKER	45 WHOM	:36.66	50FREE DAVID BERNSTEIN	66 MHM	:44.99
200BAK EDWARD TAUSCHER	42 GPY	2:42.41	100BRS JEFF TURAY	47 SHNC	1:23.84	1000FR DAVID BERNSTEIN	66 MHM	21:09.41
50BRST STEVEN J SIMPSON	42 GPY	:33.91	200BRS D WAYNE BAKER	45 WHOM	3:06.38	50BACK DAVID BERNSTEIN	66 MHM	:56.15
GREG FROWNFEITER	40 GPY	:34.89	----- 50-54 MEN	-----	-----	100BAK DAVID BERNSTEIN	66 MHM	1:51.81
100BRS STEVEN J SIMPSON	42 GPY	1:15.86	50FREE DICK BAMFORD	53 GPY	:29.52	50BRST DAVID BERNSTEIN	66 MHM	:53.91
TED HOLDEN	40 RVM	1:25.37	PHILIP L JENSEN	52 KFLS	:31.92	100BRS ROBERT D CURTIS	68 SHNC	1:38.18
FRANK KENNEDY	43 GPY	1:26.17	100FRE PHILIP L JENSEN	52 KFLS	1:13.27	200BRS ROBERT D CURTIS	68 SHNC	3:28.33
200BRS STEVEN J SIMPSON	42 GPY	2:47.95	200FRE PHILIP L JENSEN	52 KFLS	3:01.91			
TED HOLDEN	40 RVM	3:07.98	1000FR PHILIP L JENSEN	52 KFLS	16:19.58			

## 25+ WOMEN

DIANE E HARGER, 27 \*\*\* JOAN VAN ANNE, 30 \*\*\*

## 14

MARY GRILLO, 34 \*\*\*

## 200 MEDLEY RELAY

DIANE F PLANTE, 37 \*\*\* GREG 2:48.20

## 25+ MEN

MARC D HELLER, 39 \*\*\* TED HOLDEN, 40 \*\*\*

## 14

ROSS A LEHMAN, 31 \*\*\*

## 200 MEDLEY RELAY

GREG FROWNFEITER, 40 \*\*\* RVM 2:18.10

## 35+ MEN

BOB BONNER, 38 \*\*\* J STEVEN MOTT, 38 \*\*\*  
FRANK KENNEDY, 43 \*\*\* STEVEN J SIMPSON, 42 \*\*\*

## 14

CHRISTOPHER MECCA, 37 \*\*\* TOM PATTEE, 41 \*\*\*

## 200 MEDLEY RELAY

RICHARD J SMITH, 39 \*\*\* GPY 2:03.92  
RON E JERSEY, 40 \*\*\* GPY 2:11.21

## 25+ MIXED

EDWARD TAUSCHER, 42 \*\*\* DIANE F PLANTE, 37 \*\*\*  
DAVID R. HARGER, 26 \*\*\* DIANE E HARGER, 27 \*\*\*  
BEVERLY L'ESPERANCE, 56 \*\*\* GARY E MATHIAS, 27 \*\*\*

## 20

MARY GRILLO, 34 \*\*\*  
STEPHEN F HARGER, 29 \*\*\*  
DEBORAH WHITE, 29 \*\*\*

## 200 MEDLEY RELAY

GIFF GATES, 36 \*\*\* GPY 2:22.80  
MARY A YUSE, 28 \*\*\* PPM 2:23.80  
PHILIP L JENSEN, 52 \*\*\* OREG 2:39.51

## 25+ WOMEN

DEBBIE J GREGOIRE, 34 \*\*\* LYNN A JONES, 34 \*\*\*  
DEBORAH WHITE, 29 \*\*\* MARY A YUSE, 28 \*\*\*  
DIANE E HARGER, 27 \*\*\* F JOAN VAN ANNE, 30 \*\*\*

## 3

JUNE MATHER, 35 \*\*\*  
BEVERLY L'ESPERANCE, 56 \*\*\*  
DIANE F PLANTE, 37 \*\*\*

## 200 FREE RELAY

GERI MATHEWSON, 40 \*\*\* RVM 2:14.15  
KALEO B SCHRODER, 52 \*\*\* OREG 2:21.67  
MARY GRILLO, 34 \*\*\* OREG 2:21.81

## 25+ MEN

TOM M MYERS, 38 \*\*\* ROSS A LEHMAN, 31 \*\*\*

## 3

PAUL W RUNQUIST, 39 \*\*\*

## 200 FREE RELAY

MARC D HELLER, 39 \*\*\* RVM 1:47.67

## 35+ MEN

RICHARD J SMITH, 39 \*\*\* GREG BANNISTER, 35 \*\*\*  
STEVEN J SIMPSON, 42 \*\*\* FRANK KENNEDY, 43 \*\*\*  
TED HOLDEN, 40 \*\*\* MARK FLINT, 42 \*\*\*

## 3

CHRISTOPHER MECCA, 37 \*\*\*  
RON E JERSEY, 40 \*\*\*  
CRAIG S MATHER, 37 \*\*\*

## 200 FREE RELAY

BOB BONNER, 38 \*\*\* GPY 1:43.88  
TOM PATTEE, 41 \*\*\* GPY 1:54.59  
GREG FROWNFEITER, 40 \*\*\* RVM 2:03.73

## 25+ MIXED

RICHARD J SMITH, 39 \*\*\* DIANE F PLANTE, 37 \*\*\*  
DIANE E HARGER, 27 \*\*\* DAVID R. HARGER, 26 \*\*\*  
ROSS A LEHMAN, 31 \*\*\* JUNE MATHER, 35 \*\*\*  
DEBORAH WHITE, 29 \*\*\* KALEO B SCHRODER, 52 \*\*\*

## 8

MARY GRILLO, 34 \*\*\*  
STEPHEN F HARGER, 29 \*\*\*  
GERI MATHEWSON, 40 \*\*\*  
PHILIP L JENSEN, 52 \*\*\*

## 200 FREE RELAY

J STEVEN MOTT, 38 \*\*\* GPY 1:59.14  
MARY A YUSE, 28 \*\*\* PPM 1:59.75  
TOM M MYERS, 38 \*\*\* OREG 2:02.97  
GARY E MATHIAS, 27 \*\*\* OREG 2:15.09



## SOCIAL EVENT SURVEY RESULTS

These are the official results of the survey OMS took to find out what you would like in the way of a group activity.

### Rafting - 30 votes - The Winner!

14 said Deschutes, 12 said Rogue, 4 for Amazon

(The 4 of you who want to go to the Amazon, we'll be most interested to hear of your experiences when you return, if you return!)

### Skating - 18 votes

10 for downhill, 8 for cross country

10 said Bend, 6 for Hood, 2 for Siberia

(You Siberian seekers, ditto Amazonians)

### Other:

Picnic/BBQ - 14

Columbia Gorge Hike - 9

Ice Skating - 6

Softball - 9

Evening at Last Laugh Club - 8

Appearance on Johnny Carson - 3

Bike Ride - 9

### Write-in Choices:

Sternwheeler ride - 3

Volleyball - 2

One (1) vote was received for each of the following:

Roller skating  
(oh, my ankles!)

Casino night  
(whose money?)

Beach clean-up  
(who's going?)

Sailing  
(the dramamine please)

Snake milking  
(whose snake?)

Demolition Derby  
(whose car?)

Tag-team Wrestling  
(hummm. . .)

Croquet  
(I say!)

Xmas Party  
(well?)

Halloween Party  
(what year?)

Pot Luck Dinner  
(whose pot?)

Beach overnight  
(what my wife would think!)

Naked Swim Meet  
(oh?)

and finally, I mean finally - GOLF

So there you have it, rafting on the Deschutes is the winner and so it shall be. I know you're all chomping at the bit to get this outing underway and since we get deep, deep discounts on "off-season" rafting trips I thought we would do a New Year's Eve moonlight raft trip on the ice-choked Deschutes. To sign up just send your check for \$57,000 payable to Andy Schrag and we'll "take care" of everything.

Seriously, we will organize a raft trip for summer, preferably on a weekend when there is no meet (how clever). We will keep you posted.

More on this soon so be there or beware!

As editor I occasionally get letters from readers with some information that they feel might be of interest to their fellow swimmers. Al Gawley (76), an OMS swimmer who spends part of the year vacationing in a mobile home park in Palm Desert, California, wrote the following article for the park's bulletin.

On Sunday, October 30th, Mr. Ben Green director of the Palm Springs Park and Recreational Dept. arranged for twelve Senior Olympic medal winners and their spouses to be guest panelists on the CBS Card Sharks TV program which will be broadcast the week of November 14 to 18. Al. Gawley of Palm Desert Greens qualified as a panelist because of his 4 gold medals in the March 9th Southern California Regional Senior Olympics in Palm Springs.

The City of Palm Springs furnished emblem golf shirts, Celebrity Tours of Palm Springs furnished the transportation and coffee and snacks enroute, and while at the studio CBS furnished coffee, soft drink, donuts and pastries all day long in addition to furnishing a full all you can eat buffet at noon and deli type sandwiches about 4:30 just before the last hour and a half of taping.

The morning hours were spent indoctrinating the Seniors by having them fill out questionnaires on their personal life and thoughts as well as furnishing release forms and social security number. Exactly how you answered the questionnaire was reviewed. Later during the taping the indoctrination coach would remind each panelist how he marked his sheet and whether or not his hand should be raised as Bob Eubanks would direct a question directly to the panel.

Upon completion of the taping about 6:30 pm all twelve panelists were given a receipt form with social security number imprinted for a \$159.00 RCA clock, radio, TV which will be delivered sometime in February of 1989.

The bus left Palm Springs about 7AM and returned about 8:45 PM --this was a long day for Seniors as old as 90.

I'm not familiar with the TV show "Card Sharks", but it's nice to know that some people have gained fame as a result of swimming with Masters. Way to go Al and congratulations on your 4 gold medals!

OREGON MASTERS SHORT COURSE SWIMMING MEET ENTRY FORM  
SANCTION NO. 89A BY USMS, INC. AND LMSC FOR OREGON ASSOCIATION

ELIGIBILITY: Currently registered USMS swimmers 19 years and older. Unregistered swimmers must submit a registration form and fee with this entry.

MEET: Multnomah Athletic Club Short Course Meet Date: January 14th & 15th  
PLACE: Multnomah Athletic Club Pool Warm up Meet Starts  
1849 SW Salmon, Portland, OR Jan 14 3:00pm 4:00pm  
Host: Steve Roth Jan 15 8:00am 9:00am  
P.O. Box 390, Portland, OR 97207  
DIRECTIONS TO POOL: Near 18th & Salmon. South of Portland Civic Stadium.

ENTRY DEADLINE: Postmarked no later than 1-3-89. NO LATE ENTRIES WILL BE ACCEPTED

----- RETURN THIS LOWER PORTION -----

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

1989 USMS # \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_ TEAM \_\_\_\_\_

REMINDER: IF YOU HAVE NOT REGISTERED WITH USMS FOR 1989, YOU MUST SUBMIT A USMS  
REGISTRATION FORM AND FEE WITH THIS COMPLETED MEET ENTRY.

AGE GROUPS: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74,  
75-79, 80-84, 85-89, 90+

RELAY AGE GROUPS: 19+, 25+, 35+, 45+, 55+, 65+, 75+

You are limited to a maximum of 5 individual events, plus 4 relays. Enter relays at the meet. The distance events on Saturday evening and the 500 Free on Sunday will be deck-seeded. All other events will be pre-seeded fastest heats first.

SATURDAY

ENTRY TIME

400 IM 1 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
1000 Free 2 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_

50 Back 12 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
100 Fly 13 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
Medley Relay 14 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_

SUNDAY

BREAK

Free Relay 3 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
50 Free 4 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
100 Breast 5 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
200 Back 6 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
50 Fly 7 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
200 IM 8 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
Mxd Fr Relay 9 XXXXXX

200 Free 15 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
50 Breast 16 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
100 Back 17 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
200 Fly 18 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
100 IM 19 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
Mxd Med Relay 20 XXXXXX  
500 Free 21 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_

BREAK

100 Free 10 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_  
200 Breast 11 \_\_\_\_\_:\_\_\_\_\_.\_\_\_\_\_

MEET ENTRY FEE: \$6.00. Send form(s) and fee(s) payable to OMS to:  
OMS, P.O. Box 1033, Tualatin, OR 97062

PLEASE NOTE: Swimmers less than 25 years of age are advised that they may jeopardize their amateur standing under FINA Rule GRI if they compete in Masters Competition.

STATE OF RELEASE: The undersigned agrees to hold USMS, Inc. and LMSC for Oregon free and harmless for any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

Signature \_\_\_\_\_ Date \_\_\_\_\_



# January babies happy birthday

70 Anderson, Mel W.	1/17/18	LeCornu, Ron	1/19/45
Billet, Sue	1/ 5/57	L'Esperance, Beverly	1/ 6/32
Boardman, Tom B.	1/11/27	Markey, Daniel J.	1/14/51
Bressie, Hazel B.	1/15/09	McCurdy, Terry C.	1/15/30
Coffey, Tom K.	1/ 6/51	McGeorge, Marla J.	1/ 8/52
55 Cook, Win B.	1/25/33	Moore, Boo H.	1/15/54
Cooper, Dennis K.	1/ 2/45	Morton, Marcie E.	1/ 8/64
65 Courter, Clarence C.	1/ 7/23	Moss, Robert B.	1/30/45
70 Cutter, Robert L.	1/ 5/18	Osip, Robert A.	1/28/56
DeJarnatt, John D.	1/20/50	Ostovar, Terry A.	1/27/47
DeLaney, Flo	1/ 4/52	Palmer, Walter	1/ 8/50
Diedrich, Jackie	1/ 3/55	Peterson, Carol F.	1/31/45
30 Faiman, Craig A.	1/24/58	Porter, Andy	1/ 7/56
Fitzgerald, Robert C.	1/ 8/56	Pringle, Bob E.	1/ 9/20
Fletcher, Steve R.	1/16/52	Stevens, Gregory J.	1/17/24
Goldstein, Mitchell A.	1/24/59	55 Stoinoff, Lavelle M.	1/ 2/33
Gooing, Joel	1/24/46	30 Thomas, Andrew C.	1/16/58
Harris, G. Ed	1/22/50	Timm, Bob R.	1/20/47
Hess, Walter M.	1/ 1/30	Warner, Frank	1/11/49
Hoey, James F.	1/11/19	Weston, John P.	1/30/51
Hoffman, Helena W.	1/ 5/16	White, Deborah A.M.	1/ 4/59
Kaliher, Larkin	1/25/47	Wright, Julie L.	1/ 4/69
45 Kelly, Kevin	1/22/43	70 Yadon, Margaret R.	1/26/18
Kennett, Jeanne N.	1/ 8/35	Zell, John F.	1/ 7/57
Kim, Robert	1/ 1/34		
Kirkendall, Sheryl L.	1/13/56		
Knapp, Patlyn	1/10/44		
Kolln, Michael T.	1/11/45		
Kornberg, Scott H.	1/28/55		

\* Age is shown for persons  
moving up an age group.



H.O.S.T. (House Our Swimmers Tonight)



Contact the following H.O.S.T. when you wish to stay in another swimmer's home during an out-of-town meet.

## OREGON MASTERS

Andy Schrag

(206) 254-9400 W

(206) 254-9661 H

Corvallis

Mark & Laura Worden

(503) 753-5726

So. Oregon

Terry & Judy McCurdy

(503) 679-8144

## IEA MASTERS

Mariah Clarke

(509) 926-2597

## PNA MASTERS

Marietta Hunziker

(206) 564-9517

Ann Gindroz

(206) 272-1854

## SNAKE RIVER

Janet Wood

(208) 345-8843 H

(208) 339-7229 W

The following is a list of all the teams currently registered with Oregon Masters Swimming, Inc. Use the official team abbreviation shown when filling out your 1989 UMS registratin form by placing it on the line labeled "Local Team." If you do not belong to a team, leave this line blank. If you belong to a team that does not appear on this list contact the registrar, Dan Johnson, 7655 SW Cedarcrest St., Portland, OR 97223 (244-8152), so that your team may be properly registered.

1989 OMS TEAMS					
City	Team Name	Abrv.	Contact	Phone	
Albany	Albany Masters	ALB	Gus Arzner	???-????	
Ashland	Rogue Vally Masters	RVM	Greg Frownfelter	488-1149	
Astoria/ Seaside	North Coast Swim Club	NCSC	Steve Warner	738-6661	
Beaverton	Griffith Park Ath. Club	GPA	Julia Jamison	644-3900	
Beaverton	Tualatin Hills Barracudas	THB	Dan Johnson	244-8152	
Bend	Central Oregon Masters	COMA	Jo An Mann	389-3228	
Corvallis	Corvallis Aquatic Masters	CA	Judy Storie	754-9624	
Creswell	Bohemia Swim Association	BSA	Mike Dirksen	895-3594	
Eugene	Downtown Athletic Club	DAC	Nancy Steele	484-4011	
Eugene	Eugene Family YMCA	EY	Jerry Andrus	686-9622	
Eugene	Univ. of Oregon Masters	UOM	Dan Van Rossen	746-2286	
Eugene	Sheldon Night Crawlers	SHNC	Sean Broderick	687-5314	
Grants P.	Grants Pass Family YMCA	GPY	Pat Walsh	474-0001	
Gresham	Mt. Hood Masters	MHM	Eric Guest	695-5500	
Klamath F.	Klamath Falls Masters	KLF	Bev L'Esperance	884-9093	
Lk Oswego	Lake Oswego Swim Club	LOSC	Mike Berger	636-1041	
Lincoln C.	Lincoln City Masters	LCM	Brad Thomas	994-5208	
Medford	Southern Oregon Swimmers	SOS	T.J. Murphy	772-6295	
Newberg	Chehalem Masters	CHM	Kathleen Buck	625-5747	
Newport	Newport Masters	NEWP	Petey Smith	265-3885	
N. Bend	North Bend Masters	NBM	Alice Parsons	756-4915	
Portland	Columbia Park	CP	Arthur Welch	288-2474	
Portland	Mittleman Jewish Comm Ctr	MJCC	Aquatic Dept.	244-0111	
Portland	Multnomah Athletic Club	MAC	L. Niedermeyer	223-7029	
Portland	Multnomah Metro YMCA	MY	Sheila Henderson	227-2590	
Portland	Portland Comm College	PCC	Karl Von Tagen	244-6111x4201	
Portland	Viking Masters Swimming	VMS	Bob Morrison	227-4984	
Portland	Portland Parks Masters	PPM	John Zell	286-6103	
Portland	Willamette Athletic Club	WAC	Brad Thomas	295-2255	
Redmond	Cascade Aquatic Masters	CAM	Sean Taylor	548-6066	
Roseburg	Umpqua Valley Masters	UVM	Judy McCurdy	673-3673	
Salem	Willamette H2O Masters	WHOM	John DeJarnatt	588-2060	
SweetHome	Sweet Home OR Masters	SHOM	Maureen Martin	367-3361	
Vancouver,WA	Vancouver Old Timers	VOT	Andy Shrag	(206)254-9661	

# 1989 OREGON MASTERS

## YOU MUST BE A REGISTERED MASTER TO SWIM IN MASTERS MEETS

By registering with Oregon Masters, you are joining an elite organization!

\* Oregon has more masters swimmers per capita than any other association in the world, and one of the highest renewal rates of any of the 50 associations.

\* Our registration year runs from November 1, 1988 through October 31, 1989.  
Registrations for 1989 are accepted beginning October 1, 1988.

OMS is a non-profit organization supported totally by volunteers. Officers are chosen by you in elections. Consult your tax advisor regarding your contribution. Our Monthly publication, AQUAMASTER, enables you to get final meet results and find out what's happening in Masters swimming. AQUAMASTER is the ONLY source of meet entry forms. For 50¢ a month your copy is delivered via bulk mail. If you move, let the registrar know so that you continue to receive this valuable publication. Your registration fee enables OMS to provide you with:

1. Local meet support.
2. National representation for all of Oregon Swimmers.
3. Promotion of Masters Swimming and social events.

\$9.00 of your \$14.00 registration is sent to the US Masters Swimming, Inc. (USMS)

They provide insurance for you:

Personal accident when competing in OMS approved/sanctioned meet or practice session (\$250.00 deductible.)

Accidental death & dismemberment	\$40,000.00
Accidental Medical Expenses	10,000.00

There are two clubs within Oregon Masters: OREG and MACO. Club designation affect eligibility to swim on relays. Regardless of your team, anyone within the Club OREG can swim on relays with other OREG swimmers. MACO swimmers can swim relays with those registered with MACO. If you register "unattached," you are ineligible to swim on relays. You shall be registered for OREG unless you otherwise specify.

1. Don't forget to check the appropriate club.
2. This refers to the team you work out with. See preceeding page for the proper abbreviation.

Only the first 20 characters of your name will appear on heat sheets and results.

**PLEASE PRINT**

☐ This is a New registration. ☐ I was registered in 1988.

Name     
Last First M.I.

Address

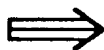
City  St  ZIP

( )  -  /  /   
Phone # Born (MM/DD/YY) Age Sex

Oregon Club: ( ) OREG ( ) MACO ( ) unattached

Local Team (if any)

I hereby agree to abide by and be governed by  
the rules and regulations of USMS and the Oregon  
Masters Swim Committee.



Signature

Oregon

Office Use Only

**1989**

Reg. Fee (\$14.00)

Aqua Master(6.00)

Total

Mail to:

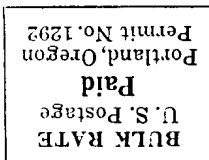
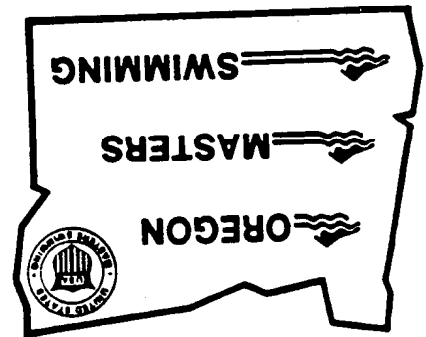
DAN JOHNSON/OMS  
7655 SW CEDARCREST ST  
PORTLAND, OR 97223

Or enclose with meet registration

Remember to sign your registration form.

Make checks to Oregon Masters Swimming.

Susan Albright  
10750 SW Wedgewood St.  
Portland, OR 97225



This issue of your AQUAMASTER was donated through  
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Portland, Oregon 97204

A special thanks to Robert Smith and  
*Andrée Devine* for giving us the meet results.

