



AQUA-MASTER

JUNE 88 *** OFFICIAL PUBLICATION OF THE OREGON MASTERS SWIMMING COMMITTEE *** VOL 15, #6

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1988 REGION XII MASTERS MEET SCHEDULE

OREGON ASSOCIATION (OMS)

- * July 9 Beaverton - State Games of Oregon, long course meters
- * July 16 Ashland - Southern Oregon Lake Swim

PACIFIC NW ASSOCIATION (PNA)

- * June 26 Port Orchard, WA - long course meters
- * Aug 13-14 Port Orchard, WA - Region XII LC Championships
- * July 31 Bellevue Athletic Club Meet

ADDITIONAL MEET INFO

- * Aug 25-28 Amherst, NY - 1988 USMS Long Course Nationals
- Oct 9-16 Brisbane, Australia - 2nd FINA/MSI World Champs(long course)

*Entries enclosed in this issue

For more info on the above meets, contact the following:

OMS - Judy McCurdy (503) 679-8144

PNA - Rondi-Beth White, 7001 Topaz Dr. WS, Tacoma, WA 98498 (206) 582-0532

BETWEEN THE LANE LINES

One of OMS's most accomplished and avid swimmers is leaving our fair state for the wilds of the midwest. Ginger Pierson (of breaststroke fame) is moving to Iowa come June 19 to pursue "other interests." Ginger will maintain her OMS registration and swears she'll do daily workouts. We will miss her smiling face and words of encouragement at the meets and wish her well in this new adventure.

* * * * *

If you have anything you would like published in the Aqua-Master please submit it in writing to Susan Albright, 10750 SW Wedgewood St., Portland, OR 97225. The 20th of each month is the deadline for submitting material for the following monthly issue. Thank you.

OREGONS AWESOME!

Yes - awesome is the only possible word for the show put on by a small but very determined band of Oregon Masters at the Canadian Masters National Swimming Championships held in Vancouver,B.C. at the University of British Columbia Aquatic Center.

There were 702 entrants with some 45 to 50 coming from the "states"/ It was interesting to find out that this was only the 5th Championships held in Canada. The pool was excellent, it's configuration makes possible 3 venues ; you can swim 8 lanes lengthwise for 50 m , then in the very center going across the pool, there are 8 lanes for the 25 m course, plus at one end again across the pool you can swim 8 lanes of 25 yd short course, and at the opposite end of the pool you have a great shallow pool almost the equal in size of a regular 25 yd pool. The water was crystal clear, and had to be fast with the amount of record breaking and fast swims that came into being during the 4 day run of the meet.

OB can only say that it is with regret that we cannot include any times for Roy Abramowitz, who was really the guiding force behind getting us all interested in this meet in the first place.

The meet was under the direction of Ralph Hutton, who not only did a superb job but swam some very very fine times in a couple of freestyle races. Ralph is a past world record holder in the 1500 m freestyle.

The awards were great and unique - if you won a 1st,2nd or 3rd you were eligible for a beautiful 6 x 8 hardwood plaque,with a title plate and open space for adding your small gold, silver or bronze strips for each event placing. Then they had really attractive ribbons for 4th through 8th place.

Records fell right and left and with a great deal of pride will have to say that the Oregon swimmers set far more than their share. In fact it was interesting to hear the comments running around the pool,"that Oregon bunch-WOW", etc.etc.

WORLD RECORDS set by Oregon Swimmers :

BARBARA FRID (45-49) 50 m fly - :34.75

ROBERT SMITH (40-44) 50 m free - :25.56 , 50 m Fly - :27.55

HUGH RICHARDS (65-69) 50 m fly - "36.30

Mens 200 m Free Relay (160+) 1:46.10 ...

BOB SMITH, RON NAKATA, DICK BOYD, VERN DASCH

Mens 200 m Medley Relay (160+) 2:00.60

BOB SMITH, DAN JOHNSON, BERT PETERSEN, VERN DASCH

Mixed Free Relay (200+) 2:04.38

SANDI ROUSSEAU, BARBARA FRID, BERT PETERSEN, HUGH RICHARDS

Mens 200 m Free Relay (240+) 2:13.80

GERALD HUESTIS, EARL WALTER, GIL YOUNG, HUGH RICHARDS

Mens 200 m Medley Relay (240+) 2:31.33

EARL WALTER, BOB MORRISON, HUGH RICHARDS, GERALD HUESTIS

OREGON Swimmers taking 1st - 2nd - 3rd

~~Doreas Phelan~~ 2nd 50 brst 43:08
(30-34) 3rd 200 brst 3:20.73 (8)
3rd 400 I.M. 6:34.52 (6)

~~Darlene Staley~~ 2nd 200 fly 3:01.18 (2)
(35-39)

Sandi Rousseau - 3rd 50 free :32.22 (4)
2nd 100 free 1:11.21 (4)
2nd 200 free 2:39.56 (2)
1st 100 fly 1:19.45 (2)

Barbara Frid 2nd 100 free 1:12.93 (2)
(45-49) 1st 400 free 5:45.60 (3)
1st 50 back :38.97 (1)
1st 100 back 1:26.92 (1)
1st 200 back 3:10.20 (2)
1st 50 fly :34.75 (1)
1st 100 I.M. 1:23.01 (3)
1st 100 I.M. 1:22.92 (3)
1st 50 fly :33.71 (1)
1st 200 fly 3:05.94 (1)

OB continues from Vancouver, B.C. ...

Oregon Swimmers taking 1st - 2nd - 3rd (cont)

Beverly L'Esperance (55-59)	2nd 50 free :43.73	3rd 200 free 3:45.63
	2nd 400 free 7:02.63 (9)	3rd 50 back :52.51
Vern Dasch (35-39)	1st 50 free :27.11	1st 100 free :58.17 (4)
	2nd 200 free 2:09.03 (3)	2nd 400 free 4:40.26 (4)
Dan Johnson (35-39)	2nd 200 back 2:53.51	
Roy Lambert (40-44)	3rd 200 brst 2:58.55	
Even Evenson (40-44)	1st 100 brst 1:18.84 (8)	1st 200 brst 2:50.37 (3)
	3rd 200 fly 2:43.23 (6)	
Robert Smith (40-44)	1st 50 free :25.56 (1)	1st 50 back :29.89 (1)
	1st 50 brst :32.92 (1)	1st 50 fly :27.55 (1)
	1st 100 I.M. 1:03.90 (1)	
Dick Boyd (40-44)	2nd 200 free 2:14.44 (5)	2nd 400 free 4:43.36 (2)
	1st 1500 free 18:46.42 (3)	1st 200 I.M. 2:30.59 (4)
	1st 400 I.M. 5:20.72 (2)	
Ron Nakata (45-49)	3rd 50 free :28.43 (5)	2nd 100 free 1:04.83
	2nd 100 I.M. 1:16.15 (9)	3rd 200 I.M. 2:50.41 (9)
Bert Petersen (45-49)	1st 50 fly :29.51 (1)	1st 100 fly 1:08.84 (3)
	1st 200 fly 2:48.08 (2)	
Hugh Richards (65-69)	1st 50 free :32.00 (5)	1st 100 free 1:14.93 (3)
	3rd 50 brst :43.65 (6)	1st 50 fly :36.30 (1)
	2nd 100 fly 1:37.58 (5)	1st 100 I.M. 1:28.35 (4)
Gerald Huestis (65-69)	2nd 50 free :32.47 (7)	2nd 50 back :41.73 (9)
	2nd 100 back 1:31.96 (5)	
Gil Young (65-69)	2nd 200 free 3:06.57 (9)	2nd 400 free 6:47.83 (9)
	1st 800 free 14:19.60 (10)	2nd 1500 free 27:18.83 (3)
	3rd 50 back :45.73	3rd 100 back 1:43.24
Earl Walter (65-69)	1st 50 back :39.44 (4)	1st 100 back 1:30.00 (3)
	1st 200 back 3:19.40 (2)	1st 200 fly 3:44.12 (2)
	1st 200 I.M. 3:22.48 (2)	1st 400 I.M. 7:22.57 (3)
Bob Morrison (65-69)	2nd 50 brst :41.12 (2)	2nd 100 brst 1:38.48 (5)
	2nd 200 brst 3:49.19 (3)	2nd 50 fly :39.19 (3)
Khosrow Shadbeh	3rd 800 free 17:37.40 (10)	

* PLEASE NOTE - Numeral after the time indicates placing in TOP TEN WORLD :::

Joe Mallon (65-69) had some great swims in the freestyle events, with a 4th in the 800 free.

Khosrow Shadbeh (65-69) picked up 4th place in the 100 and 200 breast

Andy Thomas (30-34) showed the right stuff with a 6th in the 50 free (:26.38) plus a 4th in the 50 back at :31.09

Roy Lambert(40-44) also picked up a 4th in the 100 brst plus a PR for the 100 free at 1:07.48

Andree Devine(40-44) great 100 fly at 1:16.51 for a 4th, and a fine 200 free

Dan Johnson(35-39) picked off a 6th in the 400 free at 5:18.71, and was strong and picking up points in almost all events swum

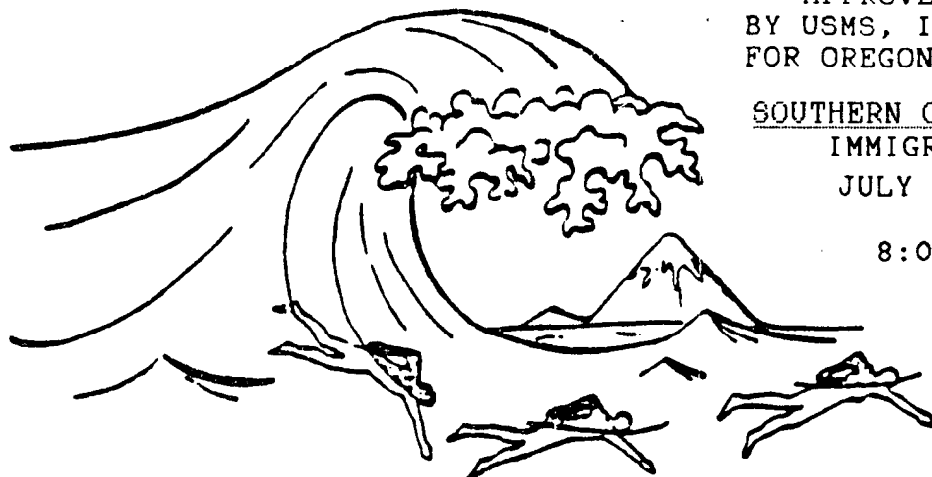
Monika Hunscher(35-39) Fine times in all events with a 5th in the 200 back at 3:15.93, Monika had at least 3 P.R.'s

Nancy Milner(35-39) topped off a great 4 days with a 4th in the 1500 (23:12.47

APPROVED NO. 88P
BY USMS, INC AND LMSC
FOR OREGON ASSOCIATION

SOUTHERN OREGON LAKE SWIM
IMMIGRANT LAKE
JULY 16, 1988

8:00 AM



REGISTRATION Swimmers who desire a sweatshirt should register prior to July 2.
& FEES: Registration on race day will be open at 7:00am.

	<u>with sweatshirt</u>	<u>without sweatshirt</u>
Early entry (before 7/2)	\$10.00	\$7.00
Late entry (after 7/15)		\$9.00

ENTRY: Send completed entry registration form to:

Southern Oregon Lake Swim
2001 Siskiyou Blvd.
Ashland, OR 97520

Make check payable to: SOUTHERN OREGON LAKE SWIM

COURSE: A 1500 meter open water out-back course to be held at Immigrant Lake. The average high for July 16 is 80°; the average low is 46°.

FREE: Swim cap and water slide pass with entry.

RESULTS: If you would like a copy of the race results, enclose a self-addressed stamped envelope (4" x 9") with your entry. Results will be mailed the week after the race.

AWARDS: First place medals, second and third place ribbons to all divisions, male and female: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55 & over.

ENTRY REGISTRATION FORM

STATEMENT OF RELEASE: The undersigned agrees to hold USMS, Inc. and LMSC for Oregon free and harmless for any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

Signature _____ Date _____

NAME _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE _____

AGE _____ SEX _____ T-SHIRT SIZE: Small Medium Large X-Large

SIGNATURE _____ DATE _____

USMS # _____

(You must be a registered Masters Swimmer in order to participate in this event.)

A message from your data entry person:

ATTENTION ALL SWIMMERS

When you mail in your entry to any meet it would be most appreciated if you did not staple your check to your entry form. We receive lots of entries to the meets and are often under the gun to get them all processed in time for the meet. The staples add yet another step to an already time-consuming task. Andree thanks you from the bottom of her heart (and the tips of her staple worn fingers) for your assistance in this matter.

SOUTHERN OREGON LAKE SWIM

IMMIGRANT LAKE - ASHLAND, OREGON

Due to low water levels in Howard Prairie Lake, this year's event will be held at Immigrant Lake. Maps to the lake will be available in the July issue of the *Aqua-Master* or by contacting Greg Frownfelter, 2001 Siskiyou Blvd., Ashland, OR 97520 (503)488-1149.

Overnight camping is available at the lake. If you would like to arrange to stay in someone's home in Ashland, contact Greg. For other facilities call:

Ashland Chamber of Commerce (503) 482-3486

For other information call:

Ashland Shakespeare Festival Box Office: (503) 482-4331

Love's Labor Lost	- July 15
Romeo and Juliet	- July 16
The Twelfth Night	- July 16
Romeo and Juliet	- July 17
Henry IV	- July 17

Race Director: Dan Gray

Race Contact: Greg Frownfelter (503) 488-1149

MEN		19 - 24 YEARS OLD		WOMEN	
Dareld Artman	07/21/85	25.88	50M FREE	Sandi Baker	07/11/76 30.40
Dareld Artman	07/21/85	57.83	100M FREE	Michelle Menkens	06/10/79 1:03.86
John Mason	08/16/80	2:13.62	200M FREE	Janine Amodeo	07/12/87 2:30.11
John Mason	08/16/80	4:44.23	400M FREE	Denise Stuntzner	06/08/86 5:03.07
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00 99:99.99
Dareld Artman	07/21/85	20:11.49	1500M FREE	Andree-Marie Devine	06/15/85 21:53.53
Scott Steingraber	08/01/82	34.19	50M BACK	Lisa Newell	08/14/77 36.70
Scott Steingraber	08/01/82	1:14.87	100M BACK	Phyllis Hormann	06/25/78 1:18.40
David Frid	07/10/83	2:48.31	200M BACK	Andree Devine	06/08/86 3:01.98
Roy Clark	06/19/77	33.58	50M BRST	Ann Lenz	06/08/80 41.68
Roy Clark	06/19/77	1:16.10	100M BRST	Tami Pearson	08/01/82 1:23.79
Mat McCudden	06/19/77	2:48.34	200M BRST	Tami Pearson	08/01/82 3:20.94
Jan Simonsen	07/11/76	28.00	50M BTFY	Denise Stuntzner	06/08/86 32.61
Jan Simonsen	07/11/76	1:06.00	100M BTFY	Denise Stuntzner	06/08/86 1:12.37
Open	01/01/00	99:99.99	200M BTFY	Denise Stuntzner	06/08/86 2:46.04
Roy Clark	06/19/77	2:34.14	200M I.M.	Phyllis Hormann	06/25/78 2:48.90
Dareld Artman	07/21/85	5:46.53	400M I.M.	Andree Devine	06/21/85 6:17.27

MEN		25 - 29 YEARS OLD		WOMEN	
Matt McCudden	08/26/82	25.36	50M FREE	Susan D. Braun	08/24/86 29.43
Alan Cardwell	08/26/82	56.22	100M FREE	Susan D. Braun	08/24/86 1:04.83
Alan Cardwell	08/26/82	2:02.67	200M FREE	Susan D. Braun	08/24/86 2:25.57
Alan Cardwell	08/26/82	4:21.87	400M FREE	Susan D. Braun	08/24/86 5:07.29
Mike Johnson	07/16/86	10:22.73	800M FREE	Laura Worden	07/16/86 11:05.79
Alan Cardwell	08/26/82	17:14.33	1500M FREE	Cathy Zagunis	08/26/82 21:34.50
Gary Hidle	07/08/79	29.10	50M BACK	Dale Repshas	08/26/82 35.99
Gary Hidle	08/05/78	1:06.90	100M BACK	Dale Repshas	08/26/82 1:19.27
Stan Carper	08/26/82	2:23.66	200M BACK	Cathy Zagunis	08/26/82 2:53.16
Roy Clark	07/08/79	32.74	50M BRST	Jane Loverin	08/26/82 38.91
Roy Clark	07/08/79	1:12.85	100M BRST	Jane Loverin	08/26/82 1:25.06
Roy Clark	07/08/79	2:44.98	200M BRST	Jane Loverin	08/26/82 3:05.14
Steve Colella	08/26/82	27.80	50M BTFY	Susan Braun	08/24/86 31.42
Chris Roth	08/24/86	1:00.12	100M BTFY	Laura Baumhofer	08/20/85 1:13.61
Alan Cardwell	08/26/82	2:16.19	200M BTFY	Laura Baumhofer	08/20/85 2:42.80
Roy Abramowitz	08/26/82	2:20.31	200M I.M.	Jane Loverin	08/26/82 2:42.92
Roy Abramowitz	08/26/82	5:03.39	400M I.M.	Jane Loverin	08/26/82 5:48.41

MEN		30 - 34 YEARS OLD		WOMEN	
Vern Dasch	08/29/80	25.89	50M FREE	Laurie Gould	08/09/87 30.51
Vern Dasch	08/29/80	57.05	100M FREE	Laurie Gould	08/09/87 1:08.91
Vern Dasch	08/29/80	2:08.61	200M FREE	Laurie Gould	08/09/87 2:32.65
Mark Worden	08/20/85	4:34.01	400M FREE	Tanya Mansigh	08/27/83 5:22.72
Mark Worden	06/08/86	9:49.64	800M FREE	Debbie Barnes	06/14/87 12:01.70
Vern Dasch	08/29/80	18:58.65	1500M FREE	Darlene Pohl	07/11/80 22:02.48
David Marlin	08/24/86	29.90	50M BACK	Tanya Mansigh	08/27/83 36.14
David Marlin	08/24/86	1:05.40	100M BACK	Tanya Mansigh	08/26/82 1:18.15
David Marlin	08/24/86	2:23.30	200M BACK	Tanya Mansigh	08/27/83 2:49.08
Roy Clark	08/24/86	31.25	50M BRST	Cathy Imwalle	08/26/82 39.85
Roy Clark	08/24/86	1:09.44	100M BRST	Cathy Imwalle	08/26/82 1:26.39
Roy Clark	08/24/86	2:36.07	200M BRST	Cathy Imwalle	08/26/82 3:06.96
Ralph Wright	08/26/82	28.08	50M BTFY	Sandi Rousseau	08/26/82 33.95
Roy Abramowitz	08/24/86	1:01.78	100M BTFY	Sue Snyder	08/29/80 1:20.03
Roy Abramowitz	08/24/86	2:17.36	200M BTFY	Darlene Pohl	08/26/82 2:58.94
Roy H. Clark	08/24/86	2:20.21	200M I.M.	Tanya Mansigh	08/26/82 2:52.72
Roy Clark	08/24/86	5:09.53	400M I.M.	Tanya Mansigh	08/06/83 6:07.25

MEN		35 - 39 YEARS OLD			WOMEN	
Karl Von Tagen	08/26/82	26.21	50M	FREE	Sandi Rousseau	04/28/84 31.31
Frank Warner	08/25/84	58.26	100M	FREE	Sandi Rousseau	08/27/83 1:10.59
Frank Warner	07/16/86	2:11.21	200M	FREE	Kathleen P. Buck	08/09/87 2:39.34
Steve Johnson	08/24/86	4:36.86	400M	FREE	Kathleen P. Buck	08/24/86 5:39.83
Jim Elliott	06/14/87	11:22.20	800M	FREE	Kathleen Buck	06/08/86 12:11.83
Larry Chase	08/20/85	18:46.25	1500M	FREE	Darlene J. Staley	08/24/86 22:36.21
Frank Warner	08/25/84	29.99	50M	BACK	Judy A. Calpin	08/24/86 35.64
Frank Warner	08/25/84	1:06.82	100M	BACK	Barbara Frid	08/29/80 1:24.50
Frank Warner	08/25/84	2:26.27	200M	BACK	Judy Belford	08/25/84 3:00.77
Art Smith	08/26/82	35.25	50M	BRST	Ginger Pierson	08/27/83 37.04
Art Smith	08/26/82	1:17.45	100M	BRST	Ginger Pierson	08/27/83 1:24.02
Art Smith	08/01/82	2:47.94	200M	BRST	Ginger Pierson	08/27/83 3:05.62
Larry Chase	08/25/84	28.05	50M	BTFY	Sandi Rousseau	08/27/83 32.71
Larry Chase	08/25/84	1:04.19	100M	BTFY	Ann Whitmeyer	08/26/82 1:17.16
Mark Worden	06/14/87	2:42.51	200M	BTFY	Ann Whitmeyer	08/26/82 2:57.66
Larry Chase	08/20/85	2:26.53	200M	I.M.	Judy A. Calpin	08/24/86 2:57.05
Larry Chase	08/20/85	5:19.35	400M	I.M.	Susan Case	08/12/84 6:31.68

MEN		40 - 44 YEARS OLD			WOMEN	
Karl Von Tagen	04/28/84	26.41	50M	FREE	Barbara Frid	08/27/83 31.91
Karl Von Tagen	04/28/84	58.70	100M	FREE	Nancy Ross	08/26/82 1:11.82
Karl Von Tagen	04/28/84	2:15.92	200M	FREE	Nancy Ross	08/26/82 2:40.53
Dick Boyd	08/09/87	4:56.22	400M	FREE	Barbara Frid	06/24/84 5:35.51
Del Scott	06/14/87	11:37.39	800M	FREE	Barbara Frid	06/01/85 11:42.18
Dick Boyd	08/09/87	19:47.88	1500M	FREE	Barbara Frid	06/16/84 22:03.44
Robert Smith	07/27/86	31.40	50M	BACK	Barbara Frid	08/27/83 37.76
Robert Smith	08/24/86	1:11.61	100M	BACK	Barbara Frid	06/12/83 1:23.97
Brian M. Langlais	08/24/86	2:51.60	200M	BACK	Barbara Frid	08/27/83 3:05.20
Robert Smith	08/24/86	36.02	50M	BRST	Ginger Pierson	07/16/86 38.37
Bruce Prator	08/24/86	1:22.73	100M	BRST	Ginger Pierson	08/24/86 1:24.95
Dick Boyd	07/12/87	2:59.69	200M	BRST	Ginger Pierson	07/16/86 3:07.35
William Muter	08/24/86	29.40	50M	BTFY	Barbara Frid	08/27/83 34.01
William Muter	08/24/86	1:08.39	100M	BTFY	Ginger Pierson	06/14/87 1:25.71
Ralph Mohr	08/26/82	2:57.94	200M	BTFY	Ginger Pierson	08/09/87 3:05.61
Dick Boyd	08/24/86	2:33.96	200M	I.M.	Mirjana Callahan	04/28/84 2:59.92
Dick Boyd	08/09/87	5:26.77	400M	I.M.	Ginger Pierson	06/08/86 6:36.80

MEN		45 - 49 YEARS OLD			WOMEN	
Charles Staples	08/24/86	26.31	50M	FREE	Barbara Frid	06/14/87 33.70
Charles Staples	08/24/86	1:00.19	100M	FREE	Lavelle Stoinoff	08/26/82 1:14.77
Ron Nakata	08/24/86	2:32.21	200M	FREE	Lavelle Stoinoff	08/01/82 2:43.08
Fred Sprenger	08/14/77	5:31.10	400M	FREE	Lavelle Stoinoff	08/26/82 5:43.27
Bert Petersen	06/15/85	11:41.21	800M	FREE	Barbara Frid	06/14/87 12:09.86
Fred Sprenger	08/25/77	22:00.23	1500M	FREE	Lavelle Stoinoff	08/01/82 22:39.53
Chris L. Hiatt	08/03/85	36.45	50M	BACK	Barbara Frid	08/09/87 39.11
Chris L. Hiatt	08/03/85	1:21.85	100M	BACK	Barbara Frid	08/09/87 1:27.29
Bert Petersen	07/27/86	3:12.65	200M	BACK	Sue Rittenhouse	08/06/83 3:16.98
Don Vanrossen	06/19/77	39.63	50M	BRST	Barbara Frid	06/14/87 44.07
Don Vanrossen	08/27/77	1:25.84	100M	BRST	Barbara Frid	08/09/87 1:35.78
Don Vanrossen	08/27/77	3:08.44	200M	BRST	Harriet Lynch	04/28/84 3:37.44
Bert Petersen	07/16/86	29.76	50M	BTFY	Nadine Whitehall	08/01/82 36.86
Bert Petersen	08/24/86	1:07.56	100M	BTFY	Sue Rittenhouse	08/27/83 1:28.72
Bert Petersen	08/03/86	2:52.90	200M	BTFY	Sue Rittenhouse	08/27/83 3:25.22
Ronald Nakata	08/24/86	2:52.11	200M	I.M.	Barbara Frid	06/14/87 3:13.49
Bert Petersen	06/16/84	6:31.50	400M	I.M.	Sue Rittenhouse	08/27/83 7:01.17

MEN		50 - 54 YEARS OLD		WOMEN	
Eric Guest	07/10/83	30.81	50M FREE	Joan Marie Whisman	08/24/86 36.26
Eric Guest	08/06/83	1:11.59	100M FREE	Lavelle Stoinoff	07/10/83 1:15.64
Fred Sprenger	08/26/82	2:37.36	200M FREE	Lavelle Stoinoff	08/24/86 2:41.78
Fred Sprenger	07/11/81	5:28.92	400M FREE	Lavelle Stoinoff	08/24/86 5:37.18
Open	01/01/00	99:99.99	800M FREE	Lavelle Stoinoff	08/09/87 11:40.50
Fred Sprenger	07/30/82	22:17.33	1500M FREE	Lavelle Stoinoff	08/09/87 22:00.08
Don Adamski	08/09/87	35.41	50M BACK	Lavelle Stoinoff	07/27/86 43.42
Don Adamski	08/09/87	1:19.57	100M BACK	Lavelle Stoinoff	08/12/84 1:32.41
Don Adamski	08/09/87	3:01.81	200M BACK	Lavelle Stoinoff	07/12/87 3:11.68
Don Vanrossen	08/01/82	39.09	50M BRST	Lavelle Stoinoff	07/12/87 48.29
Don Vanrossen	08/26/82	1:26.27	100M BRST	Lavelle Stoinoff	07/12/87 1:42.22
Don Vanrossen	08/26/82	3:14.37	200M BRST	Lavelle Stoinoff	08/09/87 3:37.48
Eric Guest	06/24/86	36.59	50M BTFY	Nadine Whitehall	06/24/86 38.31
Don Vanrossen	08/26/82	1:30.36	100M BTFY	Elfie Stevenin	08/15/76 3:43.00
Don Vanrossen	08/26/82	3:22.98	200M BTFY	Nadine Whitehall	06/24/86 3:44.55
Don Vanrossen	08/26/82	3:18.03	200M I.M.	Lavelle Stoinoff	08/09/87 3:17.25
Kenneth Hartung	08/24/86	7:24.78	400M I.M.	Lavelle Stoinoff	08/24/86 6:49.69

22:00.78

MEN		55 - 59 YEARS OLD		WOMEN	
Eric Guest	08/24/86	31.25	50M FREE	Louise Hepner	04/28/84 36.22
Eric Guest	08/24/86	1:12.56	100M FREE	Louise Hepner	04/28/84 1:22.87
Fred Sprenger	08/24/86	2:38.62	200M FREE	Louise Hepner	04/28/84 3:04.74
Fred Sprenger	08/24/86	5:35.55	400M FREE	Mary-Anne Wolfe	08/26/82 6:57.13
Fred Sprenger	07/13/86	11:49.56	800M FREE	Beverly Dirksen	06/08/86 15:03.10
Fred Sprenger	08/24/86	22:59.91	1500M FREE	Mary-Anne Wolfe	08/26/82 27:31.22
Floyd Elliot	08/24/86	36.40	50M BACK	Louis Hepner	04/28/84 49.25
Floyd Elliot	06/08/86	1:22.65	100M BACK	Margaret Wells	08/01/82 1:52.42
Floyd Elliot	08/24/86	3:05.44	200M BACK	Mary-Anne Wolfe	08/26/82 3:49.69
Don Van Rossen	08/24/86	39.33	50M BRST	Louise Hepner	08/26/82 49.89
Eric Guest	08/24/86	1:34.31	100M BRST	Louise Hepner	08/26/82 1:47.26
Don Van Rossen	08/24/86	3:22.11	200M BRST	Louise Hepner	08/26/82 3:53.76
Eric Guest	08/09/87	36.27	50M BTFY	Louise Hepner	04/28/84 44.62
Earl Walter	08/05/78	1:37.60	100M BTFY	Margaret Wells	08/06/83 1:54.12
Earl Walter	07/11/76	3:35.70	200M BTFY	Margaret Wells	08/06/83 4:13.42
Eric Guest	08/24/86	3:15.13	200M I.M.	Louise Hepner	08/12/82 3:41.98
Earl Walter	07/30/77	7:00.50	400M I.M.	Margaret Wells	08/26/82 8:28.50

MEN		60 - 64 YEARS OLD		WOMEN	
Floyd Elliott	08/09/87	33.00	50M FREE	Petey Smith	08/24/86 38.58
Clarence Courter	08/09/87	1:20.76	100M FREE	Louise Hepner	08/24/86 1:23.16
Floyd Elliott	08/09/87	2:56.14	200M FREE	Louise Hepner	08/24/86 3:02.98
Floyd Elliott	08/09/87	6:12.46	400M FREE	Louise Hepner	08/24/86 6:25.88
Gil Young	06/01/85	13:34.27	800M FREE	Louise Hepner	07/16/86 13:42.73
Gil Young	08/12/84	25:38.27	1500M FREE	Louise Hepner	08/24/86 25:49.04
Floyd Elliott	08/09/87	36.71	50M BACK	Maryanne Wolfe	08/24/86 51.08
Floyd Elliott	08/09/87	1:23.73	100M BACK	Mary Anne Wolfe	07/12/87 1:55.39
Floyd Elliott	08/09/87	3:01.98	200M BACK	Mary Anne Wolfe	07/12/87 4:12.20
Bob A. Morrison	06/21/85	43.48	50M BRST	Eileen Biglin	08/01/82 1:02.78
Earl Walter	07/11/81	1:39.90	100M BRST	Louise Hepner	08/24/86 1:48.51
Earl Walter	07/11/81	3:40.64	200M BRST	Louise Hepner	08/24/86 3:59.91
Earl Walter	06/27/82	38.87	50M BTFY	Margaret Wells	07/12/87 54.74
Earl Walter	08/26/82	1:36.93	100M BTFY	Margaret Wells	08/24/86 2:03.38
Earl Walter	06/06/81	3:41.51	200M BTFY	Margaret Wells	08/24/86 4:28.67
Earl Walter	07/11/81	3:23.08	200M I.M.	Louise Hepner	07/16/86 3:45.77
Earl Walter	08/26/82	7:14.64	400M I.M.	Elfie Stevenin	08/26/82 12:41.71

MEN		65 - 69 YEARS OLD		WOMEN	
Hugh Richards	08/24/87	31.73	50M FREE	Judy Melcher	08/24/86 1:07.66
Hugh Richards	08/24/86	1:16.25	100M FREE	Margaret Yadon	08/09/87 2:28.18
Gil Young	08/24/87	3:06.95	200M FREE	Judy Melcher	08/24/86 5:18.94
Gil Young	08/09/87	6:43.73	400M FREE	Judy Melcher	08/24/86 10:51.33
Gil Young	06/14/87	13:54.97	800M FREE	Judy Melcher	06/08/86 22:34.68
Gil Young	08/09/87	26:57.19	1500M FREE	Margaret Yadon	08/09/87 44:07.24
Earl Walter	08/03/86	40.31	50M BACK	Margaret R. Yadon	06/14/87 1:10.41
Earl Walter	08/24/86	1:34.20	100M BACK	Margaret R. Yadon	06/14/87 2:28.50
Earl Walter	08/24/86	3:27.75	200M BACK	Margaret R. Yadon	06/14/87 5:06.69
Bob Morrison	08/03/86	41.27	50M BRST	Judy Melcher	08/09/87 1:28.65
Bob Morrison	06/14/87	1:41.28	100M BRST	Hazel Bressie	07/11/76 3:38.60
Bob Morrison	08/09/87	3:51.07	200M BRST	Hazel Bressie	08/05/78 7:12.30
Hugh Richards	08/24/87	37.35	50M BTFY	Judy Melcher	08/09/87 1:31.10
Hugh Richards	08/24/87	1:38.43	100M BTFY	Elfie Stevenin	08/24/86 3:35.55
Earl Walter	08/24/86	3:48.83	200M BTFY	Elfie Stevenin	08/24/86 7:28.28
Earl Walter	08/24/86	3:30.23	200M I.M.	Elfie Stevenin	08/24/86 6:49.84
Earl Walter	08/09/87	7:24.22	400M I.M.	Elfie Stevenin	08/24/86 14:01.00

MEN		70 - 74 YEARS OLD		WOMEN	
Herb Eisenschmidt	07/08/79	35.89	50M FREE	Doreen Morris	08/26/82 1:20.64
Herb Eisenschmidt	08/05/78	1:27.50	100M FREE	Doreen Morris	08/26/82 2:55.97
Herb Eisenschmidt	07/08/79	3:26.53	200M FREE	Helen Joseph	06/06/81 4:35.02
Herb Eisenschmidt	07/11/82	7:32.76	400M FREE	Barbara Havercamp	08/24/86 12:08.24
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00 99:99.99
Dana Thomas	08/14/77	35:30.80	1500M FREE	Hazel Bressie	07/08/79 49:56.10
Herb Eisenschmidt	08/12/79	44.00	50M BACK	Doreen Morris	08/26/82 1:18.40
Herb Eisenschmidt	08/12/79	1:39.60	100M BACK	Doreen Morris	06/15/85 2:54.72
Herb Eisenschmidt	07/08/79	3:39.59	200M BACK	Doreen Morris	06/15/85 6:06.68
Tift Kampman	08/26/82	49.97	50M BRST	Dorothy Hunter	04/28/84 1:20.43
Don Stevenson	08/01/82	1:50.61	100M BRST	Hazel Bressie	08/01/82 4:04.09
Don Stevenson	08/26/82	3:59.22	200M BRST	Hazel Bressie	07/08/79 7:14.02
Don Stevenson	06/16/84	51.76	50M BTFY	Hazel Bressie	08/16/80 2:15.95
Don Stevenson	08/01/82	2:00.68	100M BTFY	Hazel Bressie	08/11/79 4:24.10
Don Stevenson	08/26/82	4:13.10	200M BTFY	Hazel Bressie	08/26/82 10:09.54
Don Stevenson	08/26/82	3:51.95	200M I.M.	Hazel Bressie	08/11/79 7:31.70
Don Stevenson	08/26/82	8:13.30	400M I.M.	Hazel Bressie	07/08/79 15:55.44

MEN		75 - 79 YEARS OLD		WOMEN	
Herb Eisenschmidt	06/27/82	37.35	50M FREE	Martha Keller	08/16/80 1:06.97
Herb Eisenschmidt	06/27/82	1:31.28	100M FREE	Martha Keller	08/16/80 2:26.01
Herb Eisenschmidt	08/01/82	3:35.00	200M FREE	Martha Keller	08/29/80 5:12.19
Herb Eisenschmidt	08/26/82	7:34.36	400M FREE	Martha Keller	07/11/80 11:04.44
Harry Stevenson	06/14/87	22:38.09	800M FREE	Hazel Bressie	06/01/85 27:51.37
Roy Webster	08/16/80	49:29.64	1500M FREE	Martha Keller	08/16/80 42:02.14
Herb Eisenschmidt	08/26/82	45.77	50M BACK	Martha Keller	08/16/80 1:20.58
Herb Eisenschmidt	08/01/82	1:44.19	100M BACK	Martha Keller	08/22/79 2:54.12
Herb Eisenschmidt	08/01/82	3:45.87	200M BACK	Hazel Bressie	06/08/86 6:37.42
Tift Kampmann	08/24/86	54.71	50M BRST	Hazel Bressie	06/21/85 1:49.23
Tift Kampmann	08/24/86	2:16.72	100M BRST	Hazel Bressie	06/08/86 4:01.77
Don Stevenson	08/09/87	4:24.13	200M BRST	Hazel Bressie	06/01/85 8:18.98
Don Stevenson	06/14/87	52.10	50M BTFY	Martha Keller	08/16/80 2:03.29
Harry Wedler	08/26/82	2:58.80	100M BTFY	Hazel Bressie	06/01/85 4:55.89
Don Stevenson	07/12/87	5:08.38	200M BTFY	Hazel Bressie	08/24/86 10:45.60
Don Stevenson	08/24/87	4:08.31	200M I.M.	Martha Keller	08/29/80 6:43.38
Don Stevenson	08/09/87	9:11.88	400M I.M.	Hazel Bressie	06/01/85 17:24.40

MEN		80 - 84 YEARS OLD			WOMEN	
Herb Eisenschmidt	06/14/87	41.59	50M FREE	Martha Keller	06/06/81	1:11.38
Herb Eisenschmidt	07/12/87	1:42.52	100M FREE	Martha Keller	08/26/82	2:33.88
Herb Eisenschmidt	06/14/87	4:00.41	200M FREE	Martha Keller	08/26/82	5:24.06
Herb Eisenschmidt	08/09/87	8:09.11	400M FREE	Martha Keller	06/06/81	11:18.98
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00	99:99.99
Leroy Webster	08/01/82	59:16.78	1500M FREE	Martha Keller	07/25/81	43:12.82
Herb Eisenschmidt	06/14/87	49.85	50M BACK	Martha Keller	07/25/81	1:12.77
Herb Eisenschmidt	07/12/87	1:52.79	100M BACK	Martha Keller	06/12/83	3:04.43
Herb Eisenschmidt	06/14/87	4:04.79	200M BACK	Martha Keller	06/13/83	6:19.06
Herb Eisenschmidt	08/09/87	:56.32	50M BRST	Martha Keller	04/28/84	1:48.60
Leroy Webster	08/26/82	2:37.00	100M BRST	Martha Keller	06/12/83	3:35.10
Leroy Webster	08/26/82	6:37.94	200M BRST	Martha Keller	07/25/81	8:06.71
Herb Eisenschmidt	08/09/87	:56.27	50M BTIFY	Martha Keller	04/28/84	2:44.66
Open	01/01/00	99:99.99	100M BTIFY	Martha Keller	07/10/83	5:52.89
Open	01/01/00	99:99.99	200M BTIFY	Martha Keller	06/12/83	12:57.46
Herb Eisenschmidt	06/14/87	4:22.70	200M I.M.	Martha Keller	07/25/81	7:57.25
Open	01/01/00	99:99.99	400M I.M.	Martha Keller	07/10/83	16:24.89

MEN		85 - 89 YEARS OLD			WOMEN	
Collister Wheeler	08/26/82	59.32	50M FREE	Martha Keller	08/24/86	1:30.81
Collister Wheeler	08/26/82	2:07.87	100M FREE	Open	01/01/00	99:99.99
Roy Webster	07/27/86	7:24.18	200M FREE	Martha Keller	06/08/86	6:53.20
Open	01/01/00	99:99.99	400M FREE	Martha Keller	06/08/86	13:58.79
Open	01/01/00	99:99.99	800M FREE	Martha Keller	06/08/86	29:14.16
Open	01/01/00	99:99.99	1500M FREE	Martha Keller	08/24/86	57:03.68
Roy Webster	08/24/86	1:49.51	50M BACK	Martha Keller	08/24/86	1:41.93
Roy Webster	07/27/86	3:44.43	100M BACK	Martha Keller	07/27/86	3:44.15
Roy Webster	07/27/86	8:07.37	200M BACK	Martha Keller	08/24/86	7:34.74
Roy Webster	08/24/86	1:20.23	50M BRST	Martha Keller	07/27/86	2:21.47
Roy Webster	08/24/86	3:19.67	100M BRST	Martha Keller	08/24/86	4:39.38
Roy Webster	08/24/86	7:20.23	200M BRST	Martha Keller	07/27/86	10:05.45
Open	01/01/00	99:99.99	50M BTIFY	Martha Keller	07/27/86	3:52.51
Open	01/01/00	99:99.99	100M BTIFY	Martha Keller	06/08/86	07:16.87
Open	01/01/00	99:99.99	200M BTIFY	Martha Keller	07/27/86	15:09.25
Open	01/01/00	99:99.99	200M I.M.	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	400M I.M.	Martha Keller	06/08/86	19:48.28

MEN		90 - 94 YEARS OLD			WOMEN	
Collister Wheeler	04/28/84	59.88	50M FREE	Open	01/01/00	99:99.99
Collister Wheeler	04/28/84	2:14.06	100M FREE	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	200M FREE	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	400M FREE	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	1500M FREE	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	50M BACK	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	100M BACK	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	200M BACK	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	50M BRST	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	100M BRST	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	200M BRST	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	50M BTIFY	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	100M BTIFY	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	200M BTIFY	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	200M I.M.	Open	01/01/00	99:99.99
Open	01/01/00	99:99.99	400M I.M.	Open	01/01/00	99:99.99

OREGON MASTERS LONG COURSE (50 M) RECORDS
RELAYS 10/05/87

Women - 200 Free Relay

119 - ORE (Susan Braun, Nancy Smith, Kim Phillips, Ruth Moreland)	8/24/86	2:02.88
120 + ORE (Kathleen Buck, Judy Belford, Nancy McKenzie, Debbie Gregoire)	8/24/86	2:09.03
160 + ORE (Pat Giordiano, Ann Brown, Ginger Pierson, Sandi Rousseau)	8/24/86	2:09.12
200 + ORE (Lavelle Stoinoff, Joan Whisman, Karen Roach, Louise Hepner)	8/24/86	2:22.29
240 + ORE (Margaret Wells, Maryanne Wolfe, Kathleen Hughes, Petey Smith)	8/24/86	2:50.81
280 + ORE (Elfie Stevenin, Doreen Morris, Judy Melcher, Hazel Bressie)	8/24/86	5:17.03

Women - 200 Medley Relay

119 - ORE (Debbie Gregoire, Kim Phillips, Susan Braun, Nancy Smith)	8/24/86	2:22.28
120 + ORE (Judy Belford, Ruth Moreland, Laura Worden, Kathleen Buck)	8/24/86	2:24.13
160 + ORE (Barbara Frid, Ginger Pierson, Sandi Rousseau, Ann Brown)	8/24/86	2:24.19
200 + ORE (Karen Roach, Louise Hepner, Joan Whisman, Lavelle Stoinoff)	8/24/86	2:47.10
240 + ORE (Maryanne Wolfe, Petey Smith, Margaret Wells, Kathleen Hughes)	8/24/86	3:30.31
280 + ORE (Doreen Morris, Judy Melcher, Elfie Stevenin, Hazel Bressie)	8/24/86	6:30.59

Men - 200 Free Relay

119 - ORE (Andy Schrag, Howard Ronkin, Stephen Mann, Justin Gordon)	8/24/86	1:45.34
120 + ORE (David Marlin, Chris Hughes, Mark Worden, Roy Abramowitz)	8/24/86	1:44.09
160 + ORE (Robert Smith, Karl Von Tagen, Vern Dasch, Jon Stout)	8/24/86	1:45.92
200 + ORE (Eric Guest, Fred Sprenger, Bert Petersen, Ronald Nakata)	8/24/86	2:00.76
240 + ORE (Hugh Richards, Bob Cutter, Gil Young, Dick Boyd)	8/09/87	2:15.69
280 + ORE (Gilbert Young, Herb Eisenschmidt, Donald Stevenson, Hugh Richards)	8/24/86	2:32.94

Men - 200 Medley Relay

119 - ORE (David Marlin, Howard Ronkin, Andy Schrag, Justin Gordon)	8/24/86	1:58.50
120 + ORE (Frank Warner, Roy Abramowitz, Martin Edwards, Mark Worden)	8/24/86	1:58.63
160 + ORE (Robert Smith, Vern Dasch, Karl Von Tagen, Charles Staples)	8/24/86	2:02.33
200 + ORE (Don Adamski, Eric Guest, Bert Petersen, Dick Boyd)	7/12/87	2:16.91
240 + ORE (Don Adamski, Eric Guest, Hugh Richards, Bob Cutter)	8/09/87	2:31.53
280 + ORE (Herb Eisenschmidt, Bob Morrison, Earl Walter, Forbes Mack)	7/12/87	2:49.34

Mixed - 200 Free Relay

119 - ORE (Andy Schrag, Nancy Smith, Susan Braun, Roy Clark)	8/24/86	1:51.61
120 + ORE (Judy Belford, Roy Abramowitz, Mark Worden, Kathleen Buck)	8/24/86	1:56.53
160 + ORE (Charles Staples, Sandi Rousseau, Ann Brown, Robert Smith)	8/24/86	1:55.75
200 + ORE (Karen Roach, Lavelle Stoinoff, Bert Peterson, Eric Guest)	8/24/86	2:09.05
240 + ORE (Louise Hepner, Don Van Rossen, Petey Smith, Hugh Richards)	8/24/86	2:24.40
280 + ORE (Doreen Morris, Tift Kampmann, Don Stevenson, Elfie Stevenin)	8/24/86	4:00.92

Mixed - 200 Medley Relay

119 - ORE (David Marlin, Andy Schrag, Susan Braun, Nancy Smith)	8/24/86	2:07.33
120 + ORE (Judy Belford, Howard Ronkin, Roy Abramowitz, Kathleen Buck)	8/24/86	2:10.91
160 + ORE (Robert Smith, Ginger Pierson, Sandi Rousseau, Charles Staples)	8/24/86	2:10.50
200 + ORE (Barbara Frid, Ginger Pierson, Bert Petersen, Hugh Richards)	8/09/87	2:20.00
240 + ORE (Earl Walter, Bob Morrison, Joan Whisman, Louise Hepner)	8/24/86	2:42.41
280 + ORE (Doreen Morris, Herb Eisenschmidt, Judy M. Melcher, Gilbert Young)	8/24/86	4:30.97

1988 STATE GAMES OF OREGON MASTERS CHAMPIONSHIP SWIMMING MEET

MEET: State Games of Oregon Long Course Meet

DATES: JULY 9, 1988

PLACE: Tualatin Hills Rec Center Pool
15707 SW Walker Rd, Beaverton, OR

WARM UPS MEET STARTS
8:30AM 9:30PM

HOST: State Games of Oregon

ELIGIBILITY: Oregon State Resident

DIRECTIONS TO POOL: From Portland, West on Hwy 26, take Cornell Exit, South. From 217, go West on Walker Road to 158th.

AWARDS: T-shirts will be given to all entrants. Please specify T-shirt size on entry form. First, second, and third place awards will be given to all winners in their respective age groups.

ENTRY FEE: \$10.00 includes the first two events entered. Additional events may be entered at a cost of \$3.00 per event. Make checks payable to: State Games of Oregon.

MAIL ENTRY FEE & FORM TO:

State Games of Oregon, P.O. Box 400, Lake Oswego, Oregon 97034

ENTRY DEADLINE: Entries must be received by 6-29-88. NO LATE ENTRIES WILL BE ACCEPTED.

NOTE: The State Games of Oregon will soon be mailing out their brochure on the 1988 Games. In that brochure there will be an entry form for the swimming events. **PLEASE DO NOT USE THEIR ENTRY FORM - USE THE ENTRY FORM ON THE FOLLOWING PAGE.** This entry will also be published in the May and June issue of the *Aqua-Master*. By using this form you will greatly assist the OMS data entry person in entering your meet data into the computer. Thanks for your cooperation.



H.O.S.T. (House Our Swimmers Tonight)



Contact the following H.O.S.T. when you wish to stay in another swimmer's home during an out-of-town meet.

Oregon Masters	Andy Schragg	W (206)254-9400 H (206)254-9661
PNA Masters	David Addleman	(206)852-7002
IEA Masters	Mariah Clarke	(509)926-2597
Snake River	Janet Wood	W (208)339-7229 H (208)345-8843
Corvallis	Mark & Laura Worden	(503)753-9352
Southern Oregon	Judy McCurdy	(503)679-8144

1988 STATE GAMES OF OREGON -- LONG COURSE SWIMMING CHAMPIONSHIPS ENTRY FORM
APPROVED (NO. 88F) BY USMS, INC AND LMSC FOR OREGON ASSOCIATION

NAME _____ BIRTHDATE _____
ADDRESS _____ CITY _____ COUNTY _____ ZIP _____
PHONE _____ SEX _____ AGE _____

IF YOU ARE A REGISTERED MASTERS SWIMMER, PLEASE ENTER YOUR 1988 USMS # _ _ 8 _ _ _

T-SHIRT SIZE: (check one) _____ Small _____ Medium _____ Large _____ Extra Large

AGE GROUPS: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

RELAYS: Team Total Age - 76+, 100+, 120+, 160+, 200+, 240+, 280+

NOTE: ENTER RELAYS AT THE MEET

SATURDAY, JULY 9

ENTRY TIME

ENTRY TIME

200 Free Relay 1 XXXXXX

200 Medley Relay 10 XXXXXX

10 MIN BREAK

10 MIN BREAK

400 Meter Free 2 ____:____.____

100 Meter Fly 11 ____:____.____

100 Meter Back 3 ____:____.____

50 Meter Breast 12 ____:____.____

200 Meter Free 4 ____:____.____

50 Meter Back 13 ____:____.____

50 Meter Fly 5 ____:____.____

100 Meter Free 14 ____:____.____

200 Meter Breast 6 ____:____.____

200 Meter Fly 15 ____:____.____

200 Meter Back 7 ____:____.____

100 Meter Breast 16 ____:____.____

50 Meter Free 8 ____:____.____

200 Meter IM 17 ____:____.____

10 MIN BREAK

10 MIN BREAK

200 Mxd Fr Relay 9 XXXXXX

200 Mxd Med Relay 18 XXXXXX

10 MIN BREAK

WAIVER: In consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the State of Oregon, the Oregon Governor's Council on Health, Fitness & Sports, the Oregon Council for Health, Fitness & Sports, Inc., Southland Corporation/7-Eleven Stores, Nike, Inc., all municipalities and facilities where competition might take place, all State Games officials, staff members, volunteers, and any and all other sponsors, suppliers, agents, independent contractors, employees, and other personnel in any way assisting or connected with these events from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of my participation in the 1988 State Games of Oregon.

This release and waiver extends to all claims of every kind and nature whatsoever, foreseen or unforeseen, whether known or unknown, and I expressly waive any benefits I may have under any statute or law relating to the release of unknown claims. I also understand and agree that any sponsor may subsequently use for publicity or promotional purposes my name or photographs regarding my participation in the State Games of Oregon without obligation to me.

STATEMENT OF RELEASE: The undersigned agrees to hold USMS, Inc. and LMSC for Oregon free and harmless for any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

Signature _____ Date _____

MEET INFORMATION: JUNE 26, 1988

ORDER OF EVENTS

1. 400 Freest
2. 200 Free Relay
3. 100 Fly
4. 200 Free
5. 50 Back
6. 100 IM
- 5 minute break
7. 100 Breast
8. 50 Fly
9. 100 Free
10. 200 Back
11. 400 IM
- SOUTH KITSAP FUN RELAY
12. 200 Breast
13. 200 Fly
14. 50 Free
15. 100 Back
16. 200 Medley Relay
17. 200 IM
18. 800 Freest
- ** Deck seeded events

TIMES: warm-up 8:30am
meet 9:30am
PLACE: S. Kitsap H.S. Pool
FACILITY: 6 lanes, 50 meters
78-80 degrees
Concessions
HOSTS: S. Kitsap Masters
MEET DIRECTOR: Bobby Gallegos
876-0960
call between 9-10pm
RULES: Current USMS rules will govern.
ELIGIBILITY: Open to all
USMS 1988 registered swimmers 19 and older as of the last day of the meet.
SEEDING: Slow to fast except the 800 free.

MEET ENTRY FORM: JUNE 26, 1988
Hosted by South Kitsap Masters
at South Kitsap High School Pool
Sanction# 883616

NAME _____ M F AGE _____

ADDRESS _____

PHONE _____ DATE OF BIRTH _____

USMS NUMBER _____

TEAM _____ or UNNATTACHED ASSOCIATION _____
AGE GROUP: 19-24 25-29 30-34 35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+
Age is determined by your age on the last day of the meet.
ENTRY LIMIT: 5 EVENTS plus relays

EVENT NUMBER _____ EVENT _____ ENTRY TIME _____

DIRECTIONS: From Southworth Ferry: take a LEFT onto Sedgewick and follow around to Jackson. Take a RIGHT on Jackson and follow downhill to light. Turn LEFT; Go approximately 1/2 mile to H.S. From Narrows Bridge: Take Highway 16 to Sedgewick exit. Turn RIGHT onto Sedgewick. Go to light on Bethel. LEFT on Bethel to "Y" in the road. Bear RIGHT onto Mitchell Road. Approximately 1 mi. to H.S.

PLEASE NOTE: Swimmers under the age of 25 are advised they might jeopardize their amateur status under FINA rule GR-1 if they participate in Masters competition.

NO DIVING DURING WARM-UP EXCEPT IN DESIGNATED SPRINT LANES.

NO HAND PADDLES ALLOWED DURING WARM-UP

ENTRY FEES

Surcharge @ \$2.00 \$2.00
Individual Events @ \$1.00 _____
Total _____ Checks to PNA Masters _____

Mail fees and this entry form to: Bobby Gallegos
1315 Garrison
ENTRIES POSTMARKED BY JUNE 16 Port Orchard, WA 98366
STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters Swimming, all local Masters Swimming Committees, South Kitsap Masters, Puget Sound Swim Club and South Kitsap High School Pool free and harmless from any and all damages, claims, demands, and legal action arising by reason of injury during the conduct of the event including all attorney fees and court costs.

SIGNED _____

MEET INFORMATION: JULY 31, 1988
THIS IS A DECK-SEEDED MEET

ORDER OF EVENTS and check-in times
EVENT # EVENT CHECK-IN

- 1 1500 FREE 7:30am
- 2 400 IM 9:30am
- 3 200 FREE 9:45am
RELAY
- 4 200 FLY 9:45am
- 5 200 BACK 9:45am
- 6 50 BREAST 9:45am
- 7 100 FREE 9:45am
- 8 5 minute break
- 9 200 IM 10:25am
- 10 50 FLY 10:25am
- 11 100 BACK 10:25am
- 12 200 BRST 10:25am
- 12 50 FREE End of Ev. 9
- 5 minute break
- DREYER'S ICE CREAM FUN RELAY
- 13 200 MED. End of Ev. 9
RELAY
- 14 100 FLY End of Ev. 9
- 15 50 BACK End of Ev. 9
- 16 100 BRST End of Ev. 12
- 17 200 FREE End of Ev. 12
- 18 100 IM End of Ev. 12
- 19 400 FREE End of Ev. 16

TIMES: SUN. JULY 31
 warm-up 7am
 1500 18am
 Event 2 will
 not begin
 before 10am
 preceded by at
 least a 30
 minute warm-up.

PLACE: BAC
 11200 SE 6th
 Bellevue, WA
 (206) 455-1616
 HOSTS: Bellevue Ath. Club
 MEET DIRECTOR:
 Tom Dunning
 455-1616 ex 630
 FACILITY: 8 lanes
 50 meters
 82 degrees
 Concessions
 FREE ICE CREAM
 FOR SWIMMERS

Use athletic
 entrance
 Use BOYS and
 GIRLS locker
 rooms
 RULES: Current USMS
 rules will
 govern.
 ELIGIBILITY: Open
 to all USMS
 1988 registered
 swimmers 17 and
 older as of the
 last day of the
 meet.

SEEDING: Slow to fast
 except for the
 400IM, 1500FREE
 and 400FREE.

DIRECTIONS: Take 405 exit 12, SE 8th and 118th. Go west
 on SE 8th. Turn RIGHT on 118th (just after the PARK AND
 RIDE). Turn LEFT on SE 6th.

PLEASE NOTE: Swimmers under the age of 25 are advised they
 might jeopardize their amateur status under FINA Rule GR-1
 if they participate in Masters competition.

NO DIVING DURING WARM-UP EXCEPT IN DESIGNATED SPRINT LANES.

NO HAND PADDLES DURING WARM-UP

MEET ENTRY FORM: JULY 31, 1988
 Hosted by Bellevue Athletic Club
 Supported by DREYER'S ICE CREAM
 at Bellevue Athletic Club Pool
 Sanction # 883617

NAME _____ M F AGE _____

ADDRESS _____

PHONE _____ DATE OF BIRTH _____

USMS NUMBER _____

TEAM _____ OF UNNATTACHED ASSOCIATION _____

AGE GROUP: 19-24 25-29 30-34 35-39 40-44 45-49 50-54

55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

Age is determined by your age on the last day of the meet.

ENTRY LIMIT: 5 EVENTS plus relays

EVENT NUMBER EVENT ENTRY TIME

ENTRY FEES

Surcharge @ \$2.00 \$2.00

Individual Events @ \$1.00 _____

Total _____ Checks to PMA Masters

Mail fees and this entry form to: Tom Dunning

11200 SE 6th

Bellevue, WA 98004

ENTRIES DUE BY JULY 21

STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters

Swimming, all local Masters Swimming Committees, Bellevue

Athletic Club and BAC Pool free and harmless from any and

all damages, claims, demands, and legal action arising by

reason of injury during the conduct of the event including

all attorney fees and court costs.

SIGNED _____

REGION XII CHAMPIONSHIP INFORMATION

DATE: Sat., Aug. 13, 1988 Sat. WARMUP: 8:30am MEET: 9:30am
Sun., Aug. 14, 1988 Sun. WARMUP: 8:30am MEET: 9:30am
PLACE: South Kitsap Pool HOSTED BY: South Kitsap Masters
1297 Mitchell Rd. S.E. MEET DIRECTOR: Bobby Gallegos
Port Orchard, WA PHONE: (206)876-0960
PHONE: (206)362-7750 (between 9:00 - 10:00 p.m.)
DEADLINE: POSTMARKED by AUGUST 1, 1988

SEEDING & CHECK-IN: Meet will be seeded slow heats first, including distance events. Entrants swimming the 1500/800 and the 400 IM must check in 30 minutes before meet start time. 400 free entrants must check in by the start of the mixed free relay on Sunday. Those events will be deck seeded.

A SWIMMER MAY ENTER EITHER THE 1500 OR THE 800 **NOT BOTH**.

2ND WARMUP: There will be a 2nd warmup after the 800 free on Saturday. The 2nd warmup will be at least 30 minutes long. The rest of the meet for that day will not start before 11:30 a.m.

RELAYS: Enter relays at the meet. Relays are cumulative age groups 76+, 100+, 120+, 160+, 200+, 240+, and 280+. Relays are listed by name only not distance. Sign up at the meet for the distance (200, 400, or 800) your relay team wishes to swim. Each swimmer is limited to 4 relays. Relay events are: Freestyle relay (200, 400, and 800 meters), Mixed Medley relay (200 and 400 meters), Medley relay (200 and 400 meters), and Mixed Freestyle relay (200, 400, and 800 meters). Relays swimming the same distance will be seeded together in the same heats.

POOL: 50 meter, 6 lane pool, 7 - 13 feet deep, electronic timing, rough deck surface, concessions, lockers available (bring own lock).

DIRECTIONS: From Southworth Ferry: Take a left on Sedgewick and follow it around to Jackson. Turn right onto Jackson and go downhill to the light. Turn left. Go about 1/2 mile to South Kitsap High School. Pool is in back. From Narrows Bridge: Take Highway 16 to Sedgewick exit. Turn right onto Sedgewick. Go to the light on Bethel. Turn left onto Bethel. Bear right at the "Y" in the road onto Mitchell Road. Go about 1 mile to South Kitsap High School. The pool is in back of the high school.

ORDER OF EVENTS:	9-10	Mixed Medley Relay	17	200 Breaststroke
Saturday	---	5 minute break---	18	100 Freestyle
1 1500 Freestyle	11	200 Backstroke	19	50 Backstroke
2 800 Freestyle	12	50 Freestyle	20	200 IM
--30 min warmup--	13	100 Butterfly	21-23	Mixed Free Relay
3-5 Free Relay	Sunday	---	---	5 minute break---
6 200 Freestyle	14	400 IM	24	200 Butterfly
7 100 Breaststroke	---	10 minute break---	25	100 Backstroke
8 50 Butterfly	15-16	Medley Relay	26	50 Breaststroke
			27	400 Freestyle

NO HAND PADDLES ALLOWED DURING WARMUPS.

NO DIVING DURING WARUPS EXCEPT IN DESIGNATED SPRINT LANES.

1988 REGION XII LONG COURSE CHAMPIONSHIP MEET ENTRY FORM

USMS AND PNA SANCTION # 883619

DATE: Sat., Aug. 13, 1988 Sat. WARMUP: 8:30am MEET: 9:30am
Sun., Aug. 14, 1988 Sun. WARMUP: 8:30am MEET: 9:30am
PLACE: South Kitsap Pool HOSTED BY: South Kitsap Masters
1297 Mitchell Rd. S.E. MEET DIRECTOR: Bobby Gallegos
Port Orchard, WA PHONE: (206)876-0960
PHONE: (206)876-7385 (between 9:00 - 10:00 p.m.)
DEADLINE: POSTMARKED BY AUGUST 1, 1988

NAME _____ M_orF _____ BIRTHDATE _____ AGE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

TELEPHONE _____ USMS # 8 TEAM _____ OR UN ASSOC _____

AGE GROUP: (Circle one) 19-24 25-29 30-34 35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

YOUR AGE AT THE MEET IS DETERMINED BY YOUR AGE ON THE LAST DAY OF THE MEET
Entries limited to 6 events (5 per day) plus 4 relays. List the events you wish to enter and fill in the best or estimated time, NOT "no time". Meet will be seeded slow heats first. You may enter the 1500 or the 800, **not both.** ENTRANTS SWIMMING THE 1500/800 AND THE 400 IM MUST CHECK IN 30 MINUTES BEFORE MEET START TIME. 400 FREE ENTRANTS MUST CHECK IN BY THE START OF THE MIXED FREE RELAY. You must be registered for 1988.

EVENT #

EVENT NAME

ENTRY TIME

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Enter RELAYS at the meet. Relays are cumulative age groups 76+, 100+, etc.
2nd warmup (30 min. long) after 800 free. Meet will not start before 11:30
ENTRY FEE: \$3.00 surcharge plus \$1.00 per event (no charge for relays)

SEND ENTRY FORM AND PAYMENT TO: MAKE CHECK PAYABLE TO PNA MASTERS SWIMMERS
Bobby Gallegos

1315 Garrison

Port Orchard, WA 98366

206-697-1532-between 9-10 pm

MEET SURCHARGE = \$3.00

NO. OF EVENTS X \$1.00 = _____

TOTAL = _____

ELIGIBILITY: Open to all USMS (United States Masters Swimming, Inc.) registered swimmers, 19 years of age or older, as of last day of the meet.

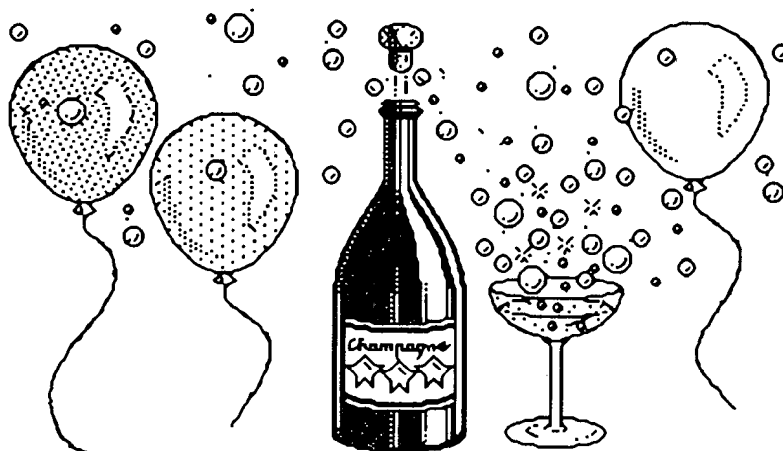
NOTE: Swimmers under the age of 25 years are advised they might jeopardize their amateur status under FINA Rule GR-1 if they participate in Masters competition. RULES: Current USMS rules will govern.

STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters Swimming, Inc., all local Masters Swimming Committees, South Kitsap Pool, and South Kitsap Masters free and harmless from any and all damages, claims, demands, and legal action arising by reason of injury to anyone during the conduct of the event including all attorney fees and court costs.

SIGNED _____

happy birthday



OMS July Birthdays

James E.	Blatt	07/07/63*	Alice D.	Parsons	07/22/54
William M.	Bostic	07/25/46	Paula	Pattee	07/28/50
Richard D.	Boyd	07/06/43*	Tom	Pattee	07/05/47
Alice E.	Burke	07/04/54	Dorcas L.	Phelan	07/26/56
John W.	Coffey	07/23/55	Cynthia L.	Phillips	07/04/63*
O. Paul	Doan	07/09/22	Douglas C.	Prentice	07/15/48*
Joe L.	Gamblin	07/19/35	Shelly L.	Rawding	07/10/62
Vivian O.	Goble	07/07/23*	Roger R.	Robb	07/10/49
Daniel E.	Gossack	07/26/61	Dirk	Rodewald	07/12/50
Steven F.	Hill	07/11/60	Delbert L.	Scott	07/24/46
Sam M.	Ierulli	07/07/29	Khosrow	Shadbeh	07/07/21
Margaret P.	Juenke	07/28/28*	Petey M. H.	Smith	07/01/24
Mary G.	Manion	07/24/63*	Brad	Thurmand	07/20/38*
Milton R.	Marks	07/03/30	Nick A.	Toole	07/23/08*
Gary E.	Mathias	07/27/61	Stephen H.	Warner	07/11/48*
Mike J.	McDonnell	07/21/62	Jennie G.	Watt	07/17/54
Kristen C.	Melton	07/25/59	William E.	Weaver	07/14/36
Gayle	Miller	07/21/56	Nannette	Weinhold	07/06/62
Nancy J.	Milner	07/21/51	Joan M.	Whisman	07/24/36
Doreen	Morris	07/28/12	Leslie B.	Winton	07/29/54
Shari L.	Morris	07/03/64	Hunter M	Wylie	07/10/47
Michael C.	O'Neil	07/28/50	Amy L.	Youmans	07/29/66

* = Moving up !

Thanks to Bruce Cheney and his Mac Plus !

1988 USMS NATIONAL LONG COURSE CHAMPIONSHIPS

Dates: August 25 - 28, 1988

Location: University of Buffalo (at Amherst), Alumni Arena, Amherst, New York

Sanctioned by: US Masters Swimming, Inc. & the LMSC/Niagara District Masters Swimming

Filling Out Entry Blank: There are no qualifying standards for this meet. Write your best time or a reasonable estimate in the space next to the event(s) you wish to enter. **DO NOT ENTER WITH "NO TIME,"** or your entry will be rejected. **You may enter six events but swim no more than three on any one day.**

Eligibility: National Championships are open to USMS registered swimmers 25 years of age and older (as of August 28, 1988). If you wish to represent a club, then you and the club must be registered in the same LMSC; if any question about your affiliation, you will swim "unattached." Foreign swimmers require a travel permit with entry.

Conduct of the Meet: The Meet Brochure has all details of the meet conduct.

Seeding: All events less than 400 yards, except relays, will be pre-seeded, slowest to fastest, oldest to youngest, with the fastest swimmers within an age group combined to form a full heat whenever possible. Partial heats may be combined. If in any age group there are not enough swimmers for a complete heat, all swimmers in that age group will be seeded in adjacent lanes.

Deck Seeding: The following events will be deck seeded, slowest to fastest, regardless of age: 400, 800, and 1500 Free, and 400 IM. The slowest heats will swim first.

400, 800 and 1500 Free, 400 IM: Check-in for these deck-seeded events will begin at registration on Wednesday, August 24, 1988. Check-in ends: 800 Free - 7:00 a.m., Thursday, Aug. 25; 1500 Free - 7:00 a.m., Thursday, Aug. 25; 400 Free - Noon on Saturday, Aug. 27; 400 I.M. - Noon on Sunday, Aug. 28.

Seeding will not be altered to accommodate travel arrangements. Lane assignments will be posted on the bulletin boards in the Alumni Arena lobby and Pool Deck.

Age Groups: 25-29, 30-34, etc. to 80-84, 85-89, and 90 and over. Your age is determined as of the last day of the meet (8-28-88).

Awards: National Masters Medals to first through eight places, in each event, in each age group.

Scoring: Individual Events (men/women): 9-7-6-5-4-3-2-1. See relay entry for relay scoring.

Fees: \$3.00 per individual event plus \$13.00 surcharge per swimmer. Fees must accompany this entry form; an entry is not considered complete until the check clears the bank; if any question about your fees, full cash payment will be required before you are permitted to swim. **NOTE:** Refund requests must be in writing to the director and postmarked no later than **July 25, 1988**; no refunds are given for events not swum.

Banquet: A Buffalo Buffet will be held on Saturday evening, August 27, 1988 at the Marriott Hotel. Cash bar at 6:00 pm. Buffalo Buffet beginning at 7:00 pm music and dancing to follow. Casual dress, and soft drinks. Must be prepaid with application.

Breakfast: A continental breakfast (juice, cereal, coffee, fruit, etc.) will be available at the "Center For Tomorrow" located directly across from the Hotels. Breakfast hours 6:30 am till 9:00 am - Must be prepaid with application.

Meet surcharge (required of all swimmers)	_____	X \$13.00 =	_____
Number of Individual events entered	_____	X \$ 3.00 =	_____
<u>Optional</u>			
Number of Buffalo Buffet tickets	_____	X \$19.00 =	_____
Continental Breakfast <input type="checkbox"/> Thur. <input type="checkbox"/> Fri. <input type="checkbox"/> Sat.	_____	X \$ 3.00 =	_____
Final results (mailed)	_____	X \$ 4.00 =	_____
TOTAL AMOUNT DUE	<div>Check No. _____</div>		_____

Checks Payable to: Niagara District Masters Swimming - 1988 LC

Send copy of your Masters Registration Card.

Mail Entry and Fees to: Niagara District Masters Swimming, 4220 South Park Avenue, Blasdell, New York 14219. For proof of receipt enclose self-addressed, stamped envelope or postcard.

Entry Deadline: Entry must be in the hands of entry chairman **no later than July 25, 1988**; late entries will be returned to sender. **MAIL EARLY.**

Release from Liability: I, the undersigned, intending to be legally bound, do hereby waive all rights to claims for loss or damages against United States Masters Swimming, Inc., the Niagara District Masters Swimming Committee, The State University of NY at Buffalo, The Meet Committee, or any officiating individual of the meet, as a condition of my participation in the meet. I have read the meet information and agree to abide by the rules of USMS, Inc.

Date _____ Signed _____

**Official Entry Form for Individual Events
1988 United States Masters Swimming
National Long Course Championships
University of Buffalo at Amherst; Alumni Arena, Amherst, New York
August 25 - 28, 1988**

Name _____		Sex _____	
<small>Last</small>	<small>First</small>	<small>Middle Initial</small>	
Address _____			
<small>Street</small>	<small>City</small>	<small>State</small>	<small>Zip</small>
Phone _____			
<small>A/C</small>	<small>Days</small>	<small>A/C</small>	<small>Evenings</small>
Age _____	Birthdate _____	USMS Reg # _____	1988 No. Required _____
<small>(on 8/28/88)</small>	<small>Month/Day/Year</small>		
Club Name or Unattached _____		Club Abbrev _____	LMSC _____
		<small>(if you know it)</small>	<small>(Assoc)</small>

Entry Due Date: Entry must be received no later than Monday, July 25, 1988.

Event No.	Entry Time Women	Event	Event No.	Entry Time Men
-----------	------------------	-------	-----------	----------------

THURSDAY, AUGUST 25, 1988 8:00 am

1		800 Meter Freestyle	2	
3		1500 Meter Freestyle	4	

NOTE: YOU CAN SWIM EITHER THE 800 METER or 1500 METER FREESTYLE - NOT BOTH

I am willing to swim the 800/1500 meter freestyle with two persons per lane. _____ Yes _____ No
 * Those swimming two per lane shall be seeded ahead of competitors swimming one per lane and shall be started at opposite ends of the pool.
 Seeding will not be altered to accomodate travel arrangements.

FRIDAY, AUGUST 26, 1988 8:00 am

5		200 Meter Breaststroke	6	
7		100 Meter Butterfly	8	
9		50 Meter Backstroke	10	
11		100 Meter Freestyle	12	
13		200 Meter Individual Medley	14	
15	See relay form	200 Meter Freestyle Relay	16	See relay form
17/18	See relay form	200 Meter Mixed Medley Relay	17/18	See relay form

SATURDAY, AUGUST 27, 1988 8:00 am

19		200 Meter Backstroke	20	
21		100 Meter Breaststroke	22	
23		50 Meter Freestyle	24	
25		200 Meter Butterfly	26	
27	See relay form	200 Meter Medley Relay	28	See relay form
29		400 Meter Freestyle	30	

SUNDAY, AUGUST 28, 1988 8:00 am

31		200 Meter Freestyle	32	
33		50 Meter Breaststroke	34	
35		100 Meter Backstroke	36	
37		50 Meter Butterfly	38	
39		400 Meter Individual Medley	40	
41/42	See relay form	200 Meter Mixed Freestyle	41/42	See relay form

(Legible Xerox Copies of this entry form are acceptable. You must complete the reverse side of this form.)

1988 OREGON MASTERS

YOU MUST BE A REGISTERED MASTER TO SWIM IN MASTERS MEETS

By registering with Oregon Masters, you are joining an elite organization!

* Oregon has more masters swimmers per capita than any other association in the world, and one of the highest renewal rates of any of the 50 associations.

* Our registration year runs from November 1, 1987 through October 31, 1988. Registrations for 1988 are accepted beginning October 1, 1987.

OMS is a non-profit organization supported totally by volunteers. Officers are chosen by you in elections. Consult your tax advisor regarding your contribution. Our Monthly publication, AQUAMASTER, enables you to get final meet results and find out what's happening in Masters swimming. AQUAMASTER is the ONLY source of meet entry forms. For 50¢ a month your copy is delivered via bulk mail. If you move, let the registrar know so that you continue to receive this valuable publication. Your registration fee enables OMS to provide you with:

1. Local meet support.
2. National representation for all of Oregon Swimmers.
3. Promotion of Masters Swimming and social events.

\$5.00 of your \$10.00 registration is sent to the US Masters Swimming, Inc.(USMS) They provide insurance for you:

Personal accident when competing in OMS approved/sanctioned meet or practice session (\$50.00 deductible.)

Accidental death	\$10,000.00
Dismemberment	10,000.00
Accidental Medical Expenses	2,000.00

Liability for individual/organization/sponsor (\$250.00 deductible).

\$500,000.00	Per combined single incident
50,000.00	Property damage

There are currently two clubs within Oregon Masters : OMS and MAC club. Club designations affect eligibility to swim on relays. If you register "unattached", you are ineligible to swim on relays. Club designations are distinct from local operating groups (ie your "team").

You shall be registered for OMS unless you otherwise specify.

Only the first 20 characters of your name will appear on heat sheets and results. **PLEASE PRINT**
We must have your last years' registration number for the national office.

This is a New registration: _____ Renewal: my 1987.# _____

Name _____
Last First M.I.

Address _____

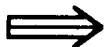
City _____ St _____ ZIP _____

() _____ / / _____
Phone # Born (MM/DD/YY) Age Sex

--Oregon Club: () OMS () MAC () unattached

--Local Operating Group (if any) _____

I hereby agree to abide by and be governed by the rules and regulations of USMS and the Oregon Masters Swim Committee.



Signature _____

Oregon
1988

Office Use Only

Reg. Fee (\$10.00) _____

Aqua Master (6.00) _____

Total _____

Mail to:

Kathleen Buck
31925 NE Canter Lane
Sherwood, OR 97140

Or enclose with meet registration

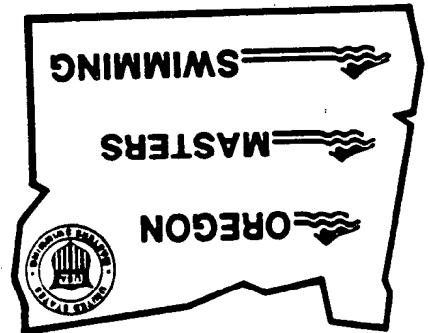
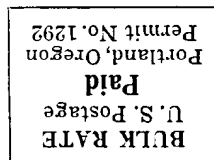
Remember to sign your registration form.

Make checks to Oregon Masters Swimming.

THIS REFERS TO THE TEAM YOU WORKOUT WITH
DON'T FORGET TO CHECK THE APPROPRIATE CLUB.

3780342
John F. Zell
1625 N. Jantzen Ave
Portland, OR 97217

Susan Albright
10750 SW Wedgewood St.
Portland, OR 97225



This issue of your AQUAMASTER was donated through
the courtesy of sometime swimmer Jim Snow and

STEVENS-NESS LAW PUBLISHING CO.

For your PRINTING and OFFICE SUPPLY needs call

223-3137

STEVENS-NESS

916 S.W. Fourth Avenue

Portland, Oregon 97204

A special thanks to Robert Smith and
Andrée Devine for giving us the meet results.





AQUA-MASTER

JUNE 88 *** OFFICIAL PUBLICATION OF THE OREGON MASTERS SWIMMING COMMITTEE *** VOL 15, #6

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2051 NE 137th
Portland, OR 97230
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(503) 679-8144

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Kathleen Buck, Registration
(503) 625-5747

Peggy Thomson, Secretary
Roy Abramowitz, Treasurer
Earl Walter, Records
Robert Smith, Commander Data
Andy Schragg, H.O.S.T. / Social Chair

Barbara Frid, Membership
(503) 292-3379 (Mon-Sat)

1988 REGION XII MASTERS MEET SCHEDULE

OREGON ASSOCIATION (OMS)

- * July 9 Beaverton - State Games of Oregon, long course meters
- * July 16 Ashland - Southern Oregon Lake Swim

PACIFIC NW ASSOCIATION (PNA)

- * June 26 Port Orchard, WA - long course meters
- * Aug 13-14 Port Orchard, WA - Region XII LC Championships
- * July 31 Bellevue Athletic Club Meet

ADDITIONAL MEET INFO

- * Aug 25-28 Amherst, NY - 1988 USMS Long Course Nationals
- Oct 9-16 Brisbane, Australia - 2nd FINA/MSI World Champs(long course)

*Entries enclosed in this issue

For more info on the above meets, contact the following:

OMS - Judy McCurdy (503) 679-8144

PNA - Rondi-Beth White, 7001 Topaz Dr. WS, Tacoma, WA 98498 (206) 582-0532

BETWEEN THE LANE LINES

One of OMS's most accomplished and avid swimmers is leaving our fair state for the wilds of the midwest. Ginger Pierson (of breaststroke fame) is moving to Iowa come June 19 to pursue "other interests." Ginger will maintain her OMS registration and swears she'll do daily workouts. We will miss her smiling face and words of encouragement at the meets and wish her well in this new adventure.

If you have anything you would like published in the Aqua-Master please submit it in writing to Susan Albright, 10750 SW Wedgewood St., Portland, OR 97225. The 20th of each month is the deadline for submitting material for the following monthly issue. Thank you.

OREGONS AWESOME!

Yes - awesome is the only possible word for the show put on by a small but very determined band of Oregon Masters at the Canadian Masters National Swimming Championships held in Vancouver,B.C. at the University of British Columbia Aquatic Center.

There were 702 entrants with some 45 to 50 coming from the "states"/ It was interesting to find out that this was only the 5th Championships held in Canada. The pool was excellent, it's configuration makes possible 3 venues ; you can swim 8 lanes lengthwise for 50 m , then in the very center going across the pool, there are 8 lanes for the 25 m course, plus at one end again across the pool you can swim 8 lanes of 25 yd short course, and at the opposite end of the pool you have a great shallow pool almost the equal in size of a regular 25 yd pool. The water was crystal clear, and had to be fast with the amount of record breaking and fast swims that came into being during the 4 day run of the meet.

OB can only say that it is with regret that we cannot include any times for Roy Abramowitz, who was really the guiding force behind getting us all interested in this meet in the first place.

The meet was under the direction of Ralph Hutton, who not only did a superb job but swam some very very fine times in a couple of freestyle races. Ralph is a past world record holder in the 1500 m freestyle.

The awards were great and unique - if you won a 1st,2nd or 3rd you were eligible for a beautiful 6 x 8 hardwood plaque,with a title plate and open space for adding your small gold, silver or bronze strips for each event placing. Then they had really attractive ribbons for 4th through 8th place.

Records fell right and left and with a great deal of pride will have to say that the Oregon swimmers set far more than their share. In fact it was interesting to hear the comments running around the pool,"that Oregon bunch-WOW", etc.etc.

WORLD RECORDS set by Oregon Swimmers :

BARBARA FRID (45-49) 50 m fly - :34.75

ROBERT SMITH (40-44) 50 m free - :25.56 , 50 m Fly - :27.55

HUGH RICHARDS (65-69) 50 m fly - "36.30

Mens 200 m Free Relay (160+) 1:46.10 ...

BOB SMITH, RON NAKATA, DICK BOYD, VERN DASCH

Mens 200 m Medley Relay (160+) 2:00.60

BOB SMITH, DAN JOHNSON, BERT PETERSEN, VERN DASCH

Mixed Free Relay (200+) 2:04.38

SANDI ROUSSEAU, BARBARA FRID, BERT PETERSEN, HUGH RICHARDS

Mens 200 m Free Relay (240+) 2:13.80

GERALD HUESTIS, EARL WALTER, GIL YOUNG, HUGH RICHARDS

Mens 200 m Medley Relay (240+) 2:31.33

EARL WALTER, BOB MORRISON, HUGH RICHARDS, GERALD HUESTIS

OREGON Swimmers taking 1st - 2nd - 3rd

Doreas Phelan (30-34)	2nd 50 brst	43:08	Barbara Frid (45-49)	2nd 100 free	1:12.93 (2)
	3rd 200 brst	3:20.73 (8)		1st 400 free	5:45.60 (3)
	3rd 400 I.M.	6:34.52 (6)		1st 50 back	:38.97 (1)
Darlene Staley (35-39)	2nd 200 fly	3:01.18 (2)		1st 100 back	1:26.92 (1)
				1st 200 back	3:10.20 (2)
				1st 50 fly	:34.75 (1)
				1st 100 I.M.	1:23.01 (3)
Sandi Rousseau	3rd 50 free	:32.22 (4)		1st 100 I.M.	1:22.92 (3)
	2nd 100 free	1:11.21 (4)		1st 50 fly	:33.71 (1)
	2nd 200 free	2:39.56 (2)		1st 200 fly	3:05.94 (1)
	1st 100 fly	1:19.45 (2)			

OB continues from Vancouver, B.C. ...

Oregon Swimmers taking 1st - 2nd - 3rd (cont)

Beverly L'Esperance (55-59)	2nd 50 free :43.73 2nd 400 free 7:02.63 (9)	3rd 200 free 3:45.63 3rd 50 back :52.51
Vern Dasch (35-39)	1st 50 free :27.11 2nd 200 free 2:09.03 (3)	1st 100 free :58.17 (4) 2nd 400 free 4:40.26 (4)
Dan Johnson (35-39)	2nd 200 back 2:53.51	
Roy Lambert (40-44)	3rd 200 brst 2:58.55	
Even Evenson (40-44)	1st 100 brst 1:18.84 (8) 3rd 200 fly 2:43.23 (6)	1st 200 brst 2:50.37 (3)
Robert Smith (40-44)	1st 50 free :25.56 (1) 1st 50 brst :32.92 (1) 1st 100 I.M. 1:03.90 (1)	1st 50 back :29.89 (1) 1st 50 fly :27.55 (1)
Dick Boyd (40-44)	2nd 200 free 2:14.44 (5) 1st 1500 free 18:46.42 (3) 1st 400 I.M. 5:20.72 (2)	2nd 400 free 4:43.36 (2) 1st 200 I.M. 2:30.59 (4)
Ron Nakata (45-49)	3rd 50 free :28.43 (5) 2nd 100 I.M. 1:16.15 (9)	2nd 100 free 1:04.83 3rd 200 I.M. 2:50.41 (9)
Bert Petersen (45-49)	1st 50 fly :29.51 (1) 1st 200 fly 2:48.08 (2)	1st 100 fly 1:08.84 (3)
Hugh Richards (65-69)	1st 50 free :32.00 (5) 3rd 50 brst :43.65 (6) 2nd 100 fly 1:37.58 (5)	1st 100 free 1:14.93 (3) 1st 50 fly :36.30 (1) 1st 100 I.M. 1:28.35 (4)
Gerald Huestis (65-69)	2nd 50 free :32.47 (7) 2nd 100 back 1:31.96 (5)	2nd 50 back :41.73 (9)
Gil Young (65-69)	2nd 200 free 3:06.57 (9) 1st 800 free 14:19.60 (10) 3rd 50 back :45.73	2nd 400 free 6:47.83 (9) 2nd 1500 free 27:18.83 (3) 3rd 100 back 1:43.24
Earl Walter (65-69)	1st 50 back :39.44 (4) 1st 200 back 3:19.40 (2) 1st 200 I.M. 3:22.48 (2)	1st 100 back 1:30.00 (3) 1st 200 fly 3:44.12 (2) 1st 400 I.M. 7:22.57 (3)
Bob Morrison (65-69)	2nd 50 brst :41.12 (2) 2nd 200 brst 3:49.19 (3)	2nd 100 brst 1:38.48 (5) 2nd 50 fly :39.19 (3)
Khosrow Shadbeh	3rd 800 free 17:37.40 (10)	

* PLEASE NOTE - Numeral after the time indicates placing in TOP TEN WORLD !!!

Joe Mallon (65-69) had some great swims in the freestyle events, with a 4th in the 800 free.

Khosrow Shadbeh (65-69) picked up 4th place in the 100 and 200 breast

Andy Thomas (30-34) showed the right stuff with a 6th in the 50 free (:26.38) plus a 4th in the 50 back at :31.09

Roy Lambert(40-44) also picked up a 4th in the 100 brst plus a PR for the 100 free at 1:07.48

Andree Devine(40-44) great 100 fly at 1:16.51 for a 4th, and a fine 200 free

Dan Johnson(35-39) picked off a 6th in the 400 free at 5:18.71, and was strong and picking up points in almost all events swum

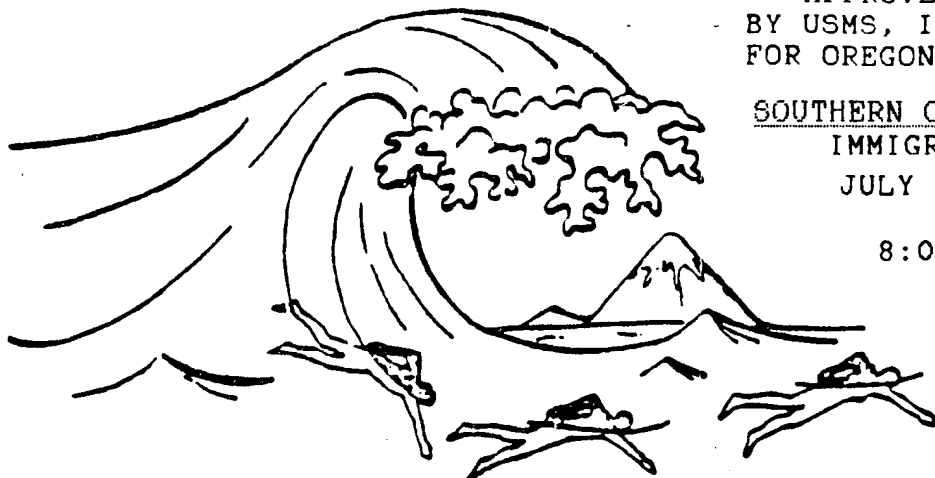
Monika Hunscher(35-39) Fine times in all events with a 5th in the 200 back at 3:15.93, Monika had at least 3 P.R.'s

Nancy Milner(35-39) topped off a great 4 days with a 4th in the 1500 (23:12.47

APPROVED NO. 88P
BY USMS, INC AND LMSC
FOR OREGON ASSOCIATION

SOUTHERN OREGON LAKE SWIM
IMMIGRANT LAKE
JULY 16, 1988

8:00 AM



REGISTRATION Swimmers who desire a sweatshirt should register prior to July 2.
& FEES: Registration on race day will be open at 7:00am.

	<u>with sweatshirt</u>	<u>without sweatshirt</u>
Early entry (before 7/2)	\$10.00	\$7.00
Late entry (after 7/15)		\$9.00

ENTRY: Send completed entry registration form to:

Southern Oregon Lake Swim
2001 Siskiyou Blvd.
Ashland, OR 97520

Make check payable to: SOUTHERN OREGON LAKE SWIM

COURSE: A 1500 meter open water out-back course to be held at Immigrant Lake. The average high for July 16 is 80°; the average low is 46°.

FREE: Swim cap and water slide pass with entry.

RESULTS: If you would like a copy of the race results, enclose a self-addressed stamped envelope (4" x 9") with your entry. Results will be mailed the week after the race.

AWARDS: First place medals, second and third place ribbons to all divisions, male and female: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55 & over.

ENTRY REGISTRATION FORM

STATEMENT OF RELEASE: The undersigned agrees to hold USMS, Inc. and LMSC for Oregon free and harmless for any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

Signature _____ Date _____

NAME _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE _____

AGE _____ SEX _____ T-SHIRT SIZE: Small Medium Large X-Large

SIGNATURE _____ DATE _____

USMS # _____

(You must be a registered Masters Swimmer in order to participate in this event.)

A message from your data entry person:

ATTENTION ALL SWIMMERS

When you mail in your entry to any meet it would be most appreciated if you did not staple your check to your entry form. We receive lots of entries to the meets and are often under the gun to get them all processed in time for the meet. The staples add yet another step to an already time-consuming task. Andree thanks you from the bottom of her heart (and the tips of her staple worn fingers) for your assistance in this matter.

SOUTHERN OREGON LAKE SWIM

IMMIGRANT LAKE - ASHLAND, OREGON

Due to low water levels in Howard Prairie Lake, this year's event will be held at Immigrant Lake. Maps to the lake will be available in the July issue of the *Aqua-Master* or by contacting Greg Frownfelter, 2001 Siskiyou Blvd., Ashland, OR 97520 (503)488-1149.

Overnight camping is available at the lake. If you would like to arrange to stay in someone's home in Ashland, contact Greg.
For other facilities call:

Ashland Chamber of Commerce (503) 482-3486

For other information call:

Ashland Shakespeare Festival Box Office: (503) 482-4331

Love's Labor Lost	- July 15
Romeo and Juliet	- July 16
The Twelfth Night	- July 16
Romeo and Juliet	- July 17
Henry IV	- July 17

Race Director: Dan Gray

Race Contact: Greg Frownfelter (503) 488-1149

MEN		19 - 24 YEARS OLD		WOMEN	
Dareld Artman	07/21/85	25.88	50M FREE	Sandi Baker	07/11/76 30.40
Dareld Artman	07/21/85	57.83	100M FREE	Michelle Menkens	06/10/79 1:03.86
John Mason	08/16/80	2:13.62	200M FREE	Janine Amodeo	07/12/87 2:30.11
John Mason	08/16/80	4:44.23	400M FREE	Denise Stuntzner	06/08/86 5:03.07
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00 99:99.99
Dareld Artman	07/21/85	20:11.49	1500M FREE	Andree-Marie Devine	06/15/85 21:53.53
Scott Steingraber	08/01/82	34.19	50M BACK	Lisa Newell	08/14/77 36.70
Scott Steingraber	08/01/82	1:14.87	100M BACK	Phyllis Hormann	06/25/78 1:18.40
David Frid	07/10/83	2:48.31	200M BACK	Andree Devine	06/08/86 3:01.98
Roy Clark	06/19/77	33.58	50M BRST	Ann Lenz	06/08/80 41.68
Roy Clark	06/19/77	1:16.10	100M BRST	Tami Pearson	08/01/82 1:23.79
Mat McCudden	06/19/77	2:48.34	200M BRST	Tami Pearson	08/01/82 3:20.94
Jan Simonsen	07/11/76	28.00	50M BTFY	Denise Stuntzner	06/08/86 32.61
Jan Simonsen	07/11/76	1:06.00	100M BTFY	Denise Stuntzner	06/08/86 1:12.37
Open	01/01/00	99:99.99	200M BTFY	Denise Stuntzner	06/08/86 2:46.04
Roy Clark	06/19/77	2:34.14	200M I.M.	Phyllis Hormann	06/25/78 2:48.90
Dareld Artman	07/21/85	5:46.53	400M I.M.	Andree Devine	06/21/85 6:17.27

MEN		25 - 29 YEARS OLD		WOMEN	
Matt McCudden	08/26/82	25.36	50M FREE	Susan D. Braun	08/24/86 29.43
Alan Cardwell	08/26/82	56.22	100M FREE	Susan D. Braun	08/24/86 1:04.83
Alan Cardwell	08/26/82	2:02.67	200M FREE	Susan D. Braun	08/24/86 2:25.57
Alan Cardwell	08/26/82	4:21.87	400M FREE	Susan D. Braun	08/24/86 5:07.29
Mike Johnson	07/16/86	10:22.73	800M FREE	Laura Worden	07/16/86 11:05.79
Alan Cardwell	08/26/82	17:14.33	1500M FREE	Cathy Zagunis	08/26/82 21:34.50
Gary Hidle	07/08/79	29.10	50M BACK	Dale Repshas	08/26/82 35.99
Gary Hidle	08/05/78	1:06.90	100M BACK	Dale Repshas	08/26/82 1:19.27
Stan Carper	08/26/82	2:23.66	200M BACK	Cathy Zagunis	08/26/82 2:53.16
Roy Clark	07/08/79	32.74	50M BRST	Jane Loverin	08/26/82 38.91
Roy Clark	07/08/79	1:12.85	100M BRST	Jane Loverin	08/26/82 1:25.06
Roy Clark	07/08/79	2:44.98	200M BRST	Jane Loverin	08/26/82 3:05.14
Steve Colella	08/26/82	27.80	50M BTFY	Susan Braun	08/24/86 31.42
Chris Roth	08/24/86	1:00.12	100M BTFY	Laura Baumhofer	08/20/85 1:13.61
Alan Cardwell	08/26/82	2:16.19	200M BTFY	Laura Baumhofer	08/20/85 2:42.80
Roy Abramowitz	08/26/82	2:20.31	200M I.M.	Jane Loverin	08/26/82 2:42.92
Roy Abramowitz	08/26/82	5:03.39	400M I.M.	Jane Loverin	08/26/82 5:48.41

MEN		30 - 34 YEARS OLD		WOMEN	
Vern Dasch	08/29/80	25.89	50M FREE	Laurie Gould	08/09/87 30.51
Vern Dasch	08/29/80	57.05	100M FREE	Laurie Gould	08/09/87 1:08.91
Vern Dasch	08/29/80	2:08.61	200M FREE	Laurie Gould	08/09/87 2:32.65
Mark Worden	08/20/85	4:34.01	400M FREE	Tanya Mansigh	08/27/83 5:22.72
Mark Worden	06/08/86	9:49.64	800M FREE	Debbie Barnes	06/14/87 12:01.70
Vern Dasch	08/29/80	18:58.65	1500M FREE	Darlene Pohl	07/11/80 22:02.48
David Marlin	08/24/86	29.90	50M BACK	Tanya Mansigh	08/27/83 36.14
David Marlin	08/24/86	1:05.40	100M BACK	Tanya Mansigh	08/26/82 1:18.15
David Marlin	08/24/86	2:23.30	200M BACK	Tanya Mansigh	08/27/83 2:49.08
Roy Clark	08/24/86	31.25	50M BRST	Cathy Imwalle	08/26/82 39.85
Roy Clark	08/24/86	1:09.44	100M BRST	Cathy Imwalle	08/26/82 1:26.39
Roy Clark	08/24/86	2:36.07	200M BRST	Cathy Imwalle	08/26/82 3:06.96
Ralph Wright	08/26/82	28.08	50M BTFY	Sandi Rousseau	08/26/82 33.95
Roy Abramowitz	08/24/86	1:01.78	100M BTFY	Sue Snyder	08/29/80 1:20.03
Roy Abramowitz	08/24/86	2:17.36	200M BTFY	Darlene Pohl	08/26/82 2:58.94
Roy H. Clark	08/24/86	2:20.21	200M I.M.	Tanya Mansigh	08/26/82 2:52.72
Roy Clark	08/24/86	5:09.53	400M I.M.	Tanya Mansigh	08/06/83 6:07.25

MEN		35 - 39 YEARS OLD			WOMEN	
Karl Von Tagen	08/26/82	26.21	50M	FREE	Sandi Rousseau	04/28/84 31.31
Frank Warner	08/25/84	58.26	100M	FREE	Sandi Rousseau	08/27/83 1:10.59
Frank Warner	07/16/86	2:11.21	200M	FREE	Kathleen P. Buck	08/09/87 2:39.34
Steve Johnson	08/24/86	4:36.86	400M	FREE	Kathleen P. Buck	08/24/86 5:39.83
Jim Elliott	06/14/87	11:22.20	800M	FREE	Kathleen Buck	06/08/86 12:11.83
Larry Chase	08/20/85	18:46.25	1500M	FREE	Darlene J. Staley	08/24/86 22:36.21
Frank Warner	08/25/84	29.99	50M	BACK	Judy A. Calpin	08/24/86 35.64
Frank Warner	08/25/84	1:06.82	100M	BACK	Barbara Frid	08/29/80 1:24.50
Frank Warner	08/25/84	2:26.27	200M	BACK	Judy Belford	08/25/84 3:00.77
Art Smith	08/26/82	35.25	50M	BRST	Ginger Pierson	08/27/83 37.04
Art Smith	08/26/82	1:17.45	100M	BRST	Ginger Pierson	08/27/83 1:24.02
Art Smith	08/01/82	2:47.94	200M	BRST	Ginger Pierson	08/27/83 3:05.62
Larry Chase	08/25/84	28.05	50M	BTIFY	Sandi Rousseau	08/27/83 32.71
Larry Chase	08/25/84	1:04.19	100M	BTIFY	Ann Whitmeyer	08/26/82 1:17.16
Mark Worden	06/14/87	2:42.51	200M	BTIFY	Ann Whitmeyer	08/26/82 2:57.66
Larry Chase	08/20/85	2:26.53	200M	I.M.	Judy A. Calpin	08/24/86 2:57.05
Larry Chase	08/20/85	5:19.35	400M	I.M.	Susan Case	08/12/84 6:31.68

MEN		40 - 44 YEARS OLD			WOMEN	
Karl Von Tagen	04/28/84	26.41	50M	FREE	Barbara Frid	08/27/83 31.91
Karl Von Tagen	04/28/84	58.70	100M	FREE	Nancy Ross	08/26/82 1:11.82
Karl Von Tagen	04/28/84	2:15.92	200M	FREE	Nancy Ross	08/26/82 2:40.53
Dick Boyd	08/09/87	4:56.22	400M	FREE	Barbara Frid	06/24/84 5:35.51
Del Scott	06/14/87	11:37.39	800M	FREE	Barbara Frid	06/01/85 11:42.18
Dick Boyd	08/09/87	19:47.88	1500M	FREE	Barbara Frid	06/16/84 22:03.44
Robert Smith	07/27/86	31.40	50M	BACK	Barbara Frid	08/27/83 37.76
Robert Smith	08/24/86	1:11.61	100M	BACK	Barbara Frid	06/12/83 1:23.97
Brian M. Langlais	08/24/86	2:51.60	200M	BACK	Barbara Frid	08/27/83 3:05.20
Robert Smith	08/24/86	36.02	50M	BRST	Ginger Pierson	07/16/86 38.37
Bruce Prator	08/24/86	1:22.73	100M	BRST	Ginger Pierson	08/24/86 1:24.95
Dick Boyd	07/12/87	2:59.69	200M	BRST	Ginger Pierson	07/16/86 3:07.35
William Muter	08/24/86	29.40	50M	BTIFY	Barbara Frid	08/27/83 34.01
William Muter	08/24/86	1:08.39	100M	BTIFY	Ginger Pierson	06/14/87 1:25.71
Ralph Mohr	08/26/82	2:57.94	200M	BTIFY	Ginger Pierson	08/09/87 3:05.61
Dick Boyd	08/24/86	2:33.96	200M	I.M.	Mirjana Callahan	04/28/84 2:59.92
Dick Boyd	08/09/87	5:26.77	400M	I.M.	Ginger Pierson	06/08/86 6:36.80

MEN		45 - 49 YEARS OLD			WOMEN	
Charles Staples	08/24/86	26.31	50M	FREE	Barbara Frid	06/14/87 33.70
Charles Staples	08/24/86	1:00.19	100M	FREE	Lavelle Stoinoff	08/26/82 1:14.77
Ron Nakata	08/24/86	2:32.21	200M	FREE	Lavelle Stoinoff	08/01/82 2:43.08
Fred Sprenger	08/14/77	5:31.10	400M	FREE	Lavelle Stoinoff	08/26/82 5:43.27
Bert Petersen	06/15/85	11:41.21	800M	FREE	Barbara Frid	06/14/87 12:09.86
Fred Sprenger	08/25/77	22:00.23	1500M	FREE	Lavelle Stoinoff	08/01/82 22:39.53
Chris L. Hiatt	08/03/85	36.45	50M	BACK	Barbara Frid	08/09/87 39.11
Chris L. Hiatt	08/03/85	1:21.85	100M	BACK	Barbara Frid	08/09/87 1:27.29
Bert Petersen	07/27/86	3:12.65	200M	BACK	Sue Rittenhouse	08/06/83 3:16.98
Don Vanrossen	06/19/77	39.63	50M	BRST	Barbara Frid	06/14/87 44.07
Don Vanrossen	08/27/77	1:25.84	100M	BRST	Barbara Frid	08/09/87 1:35.78
Don Vanrossen	08/27/77	3:08.44	200M	BRST	Harriet Lynch	04/28/84 3:37.44
Bert Petersen	07/16/86	29.76	50M	BTIFY	Nadine Whitehall	08/01/82 36.86
Bert Petersen	08/24/86	1:07.56	100M	BTIFY	Sue Rittenhouse	08/27/83 1:28.72
Bert Petersen	08/03/86	2:52.90	200M	BTIFY	Sue Rittenhouse	08/27/83 3:25.22
Ronald Nakata	08/24/86	2:52.11	200M	I.M.	Barbara Frid	06/14/87 3:13.49
Bert Petersen	06/16/84	6:31.50	400M	I.M.	Sue Rittenhouse	08/27/83 7:01.17

MEN		50 - 54 YEARS OLD		WOMEN	
Eric Guest	07/10/83	30.81	50M FREE	Joan Marie Whisman	08/24/86 36.26
Eric Guest	08/06/83	1:11.59	100M FREE	Lavelle Stoinoff	07/10/83 1:15.64
Fred Sprenger	08/26/82	2:37.36	200M FREE	Lavelle Stoinoff	08/24/86 2:41.78
Fred Sprenger	07/11/81	5:28.92	400M FREE	Lavelle Stoinoff	08/24/86 5:37.18
Open	01/01/00	99:99.99	800M FREE	Lavelle Stoinoff	08/09/87 11:40.50
Fred Sprenger	07/30/82	22:17.33	1500M FREE	Lavelle Stoinoff	08/09/87 22:00.88
Don Adamski	08/09/87	35.41	50M BACK	Lavelle Stoinoff	07/27/86 43.42
Don Adamski	08/09/87	1:19.57	100M BACK	Lavelle Stoinoff	08/12/84 1:32.41
Don Adamski	08/09/87	3:01.81	200M BACK	Lavelle Stoinoff	07/12/87 3:11.68
Don Vanrossen	08/01/82	39.09	50M BRST	Lavelle Stoinoff	07/12/87 48.29
Don Vanrossen	08/26/82	1:26.27	100M BRST	Lavelle Stoinoff	07/12/87 1:42.22
Don Vanrossen	08/26/82	3:14.37	200M BRST	Lavelle Stoinoff	08/09/87 3:37.48
Eric Guest	06/24/86	36.59	50M BTFY	Nadine Whitehall	06/24/86 38.31
Don Vanrossen	08/26/82	1:30.36	100M BTFY	Elfie Stevenin	08/15/76 3:43.00
Don Vanrossen	08/26/82	3:22.98	200M BTFY	Nadine Whitehall	06/24/86 3:44.55
Don Vanrossen	08/26/82	3:18.03	200M I.M.	Lavelle Stoinoff	08/09/87 3:17.25
Kenneth Hartung	08/24/86	7:24.78	400M I.M.	Lavelle Stoinoff	08/24/86 6:49.69

22:00.76

MEN		55 - 59 YEARS OLD		WOMEN	
Eric Guest	08/24/86	31.25	50M FREE	Louise Hepner	04/28/84 36.22
Eric Guest	08/24/86	1:12.56	100M FREE	Louise Hepner	04/28/84 1:22.87
Fred Sprenger	08/24/86	2:38.62	200M FREE	Louise Hepner	04/28/84 3:04.74
Fred Sprenger	08/24/86	5:35.55	400M FREE	Mary-Anne Wolfe	08/26/82 6:57.13
Fred Sprenger	07/13/86	11:49.56	800M FREE	Beverly Dirksen	06/08/86 15:03.10
Fred Sprenger	08/24/86	22:59.91	1500M FREE	Mary-Anne Wolfe	08/26/82 27:31.22
Floyd Elliot	08/24/86	36.40	50M BACK	Louis Hepner	04/28/84 49.25
Floyd Elliot	06/08/86	1:22.65	100M BACK	Margaret Wells	08/01/82 1:52.42
Floyd Elliot	08/24/86	3:05.44	200M BACK	Mary-Anne Wolfe	08/26/82 3:49.69
Don Van Rossen	08/24/86	39.33	50M BRST	Louise Hepner	08/26/82 49.89
Eric Guest	08/24/86	1:34.31	100M BRST	Louise Hepner	08/26/82 1:47.26
Don Van Rossen	08/24/86	3:22.11	200M BRST	Louise Hepner	08/26/82 3:53.76
Eric Guest	08/09/87	36.27	50M BTFY	Louise Hepner	04/28/84 44.62
Earl Walter	08/05/78	1:37.60	100M BTFY	Margaret Wells	08/06/83 1:54.12
Earl Walter	07/11/76	3:35.70	200M BTFY	Margaret Wells	08/06/83 4:13.42
Eric Guest	08/24/86	3:15.13	200M I.M.	Louise Hepner	08/12/82 3:41.98
Earl Walter	07/30/77	7:00.50	400M I.M.	Margaret Wells	08/26/82 8:28.50

MEN		60 - 64 YEARS OLD		WOMEN	
Floyd Elliott	08/09/87	33.00	50M FREE	Petey Smith	08/24/86 38.58
Clarence Courter	08/09/87	1:20.76	100M FREE	Louise Hepner	08/24/86 1:23.16
Floyd Elliott	08/09/87	2:56.14	200M FREE	Louise Hepner	08/24/86 3:02.98
Floyd Elliott	08/09/87	6:12.46	400M FREE	Louise Hepner	08/24/86 6:25.88
Gil Young	06/01/85	13:34.27	800M FREE	Louise Hepner	07/16/86 13:42.73
Gil Young	08/12/84	25:38.27	1500M FREE	Louise Hepner	08/24/86 25:49.04
Floyd Elliott	08/09/87	36.71	50M BACK	Maryanne Wolfe	08/24/86 51.08
Floyd Elliott	08/09/87	1:23.73	100M BACK	Mary Anne Wolfe	07/12/87 1:55.39
Floyd Elliott	08/09/87	3:01.98	200M BACK	Mary Anne Wolfe	07/12/87 4:12.20
Bob A. Morrison	06/21/85	43.48	50M BRST	Eileen Biglin	08/01/82 1:02.78
Earl Walter	07/11/81	1:39.90	100M BRST	Louise Hepner	08/24/86 1:48.51
Earl Walter	07/11/81	3:40.64	200M BRST	Louise Hepner	08/24/86 3:59.91
Earl Walter	06/27/82	38.87	50M BTFY	Margaret Wells	07/12/87 54.74
Earl Walter	08/26/82	1:36.93	100M BTFY	Margaret Wells	08/24/86 2:03.38
Earl Walter	06/06/81	3:41.51	200M BTFY	Margaret Wells	08/24/86 4:28.67
Earl Walter	07/11/81	3:23.08	200M I.M.	Louise Hepner	07/16/86 3:45.77
Earl Walter	08/26/82	7:14.64	400M I.M.	Elfie Stevenin	08/26/82 12:41.71

MEN		65 - 69 YEARS OLD		WOMEN	
Hugh Richards	08/24/87	31.73	50M FREE	Judy Melcher	08/24/86 1:07.66
Hugh Richards	08/24/86	1:16.25	100M FREE	Margaret Yadon	08/09/87 2:28.18
Gil Young	08/24/87	3:06.95	200M FREE	Judy Melcher	08/24/86 5:18.94
Gil Young	08/09/87	6:43.73	400M FREE	Judy Melcher	08/24/86 10:51.33
Gil Young	06/14/87	13:54.97	800M FREE	Judy Melcher	06/08/86 22:34.68
Gil Young	08/09/87	26:57.19	1500M FREE	Margaret Yadon	08/09/87 44:07.24
Earl Walter	08/03/86	40.31	50M BACK	Margaret R. Yadon	06/14/87 1:10.41
Earl Walter	08/24/86	1:34.20	100M BACK	Margaret R. Yadon	06/14/87 2:28.50
Earl Walter	08/24/86	3:27.75	200M BACK	Margaret R. Yadon	06/14/87 5:06.69
Bob Morrison	08/03/86	41.27	50M BRST	Judy Melcher	08/09/87 1:28.65
Bob Morrison	06/14/87	1:41.28	100M BRST	Hazel Bressie	07/11/76 3:38.60
Bob Morrison	08/09/87	3:51.07	200M BRST	Hazel Bressie	08/05/78 7:12.30
Hugh Richards	08/24/87	37.35	50M BTFY	Judy Melcher	08/09/87 1:31.10
Hugh Richards	08/24/87	1:38.43	100M BTFY	Elfie Stevenin	08/24/86 3:35.55
Earl Walter	08/24/86	3:48.83	200M BTFY	Elfie Stevenin	08/24/86 7:28.28
Earl Walter	08/24/86	3:30.23	200M I.M.	Elfie Stevenin	08/24/86 6:49.84
Earl Walter	08/09/87	7:24.22	400M I.M.	Elfie Stevenin	08/24/86 14:01.00

MEN		70 - 74 YEARS OLD		WOMEN	
Herb Eisenschmidt	07/08/79	35.89	50M FREE	Doreen Morris	08/26/82 1:20.64
Herb Eisenschmidt	08/05/78	1:27.50	100M FREE	Doreen Morris	08/26/82 2:55.97
Herb Eisenschmidt	07/08/79	3:26.53	200M FREE	Helen Joseph	06/06/81 4:35.02
Herb Eisenschmidt	07/11/82	7:32.76	400M FREE	Barbara Havercamp	08/24/86 12:08.24
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00 99:99.99
Dana Thomas	08/14/77	35:30.80	1500M FREE	Hazel Bressie	07/08/79 49:56.10
Herb Eisenschmidt	08/12/79	44.00	50M BACK	Doreen Morris	08/26/82 1:18.40
Herb Eisenschmidt	08/12/79	1:39.60	100M BACK	Doreen Morris	06/15/85 2:54.72
Herb Eisenschmidt	07/08/79	3:39.59	200M BACK	Doreen Morris	06/15/85 6:06.68
Tift Kampman	08/26/82	49.97	50M BRST	Dorothy Hunter	04/28/84 1:20.43
Don Stevenson	08/01/82	1:50.61	100M BRST	Hazel Bressie	08/01/82 4:04.09
Don Stevenson	08/26/82	3:59.22	200M BRST	Hazel Bressie	07/08/79 7:14.02
Don Stevenson	06/16/84	51.76	50M BTFY	Hazel Bressie	08/16/80 2:15.95
Don Stevenson	08/01/82	2:00.68	100M BTFY	Hazel Bressie	08/11/79 4:24.10
Don Stevenson	08/26/82	4:13.10	200M BTFY	Hazel Bressie	08/26/82 10:09.54
Don Stevenson	08/26/82	3:51.95	200M I.M.	Hazel Bressie	08/11/79 7:31.70
Don Stevenson	08/26/82	8:13.30	400M I.M.	Hazel Bressie	07/08/79 15:55.44

MEN		75 - 79 YEARS OLD		WOMEN	
Herb Eisenschmidt	06/27/82	37.35	50M FREE	Martha Keller	08/16/80 1:06.97
Herb Eisenschmidt	06/27/82	1:31.28	100M FREE	Martha Keller	08/16/80 2:26.01
Herb Eisenschmidt	08/01/82	3:35.00	200M FREE	Martha Keller	08/29/80 5:12.19
Herb Eisenschmidt	08/26/82	7:34.36	400M FREE	Martha Keller	07/11/80 11:04.44
Harry Stevenson	06/14/87	22:38.09	800M FREE	Hazel Bressie	06/01/85 27:51.37
Roy Webster	08/16/80	49:29.64	1500M FREE	Martha Keller	08/16/80 42:02.14
Herb Eisenschmidt	08/26/82	45.77	50M BACK	Martha Keller	08/16/80 1:20.58
Herb Eisenschmidt	08/01/82	1:44.19	100M BACK	Martha Keller	08/22/79 2:54.12
Herb Eisenschmidt	08/01/82	3:45.87	200M BACK	Hazel Bressie	06/08/86 6:37.42
Tift Kampmann	08/24/86	54.71	50M BRST	Hazel Bressie	06/21/85 1:49.23
Tift Kampmann	08/24/86	2:16.72	100M BRST	Hazel Bressie	06/08/86 4:01.77
Don Stevenson	08/09/87	4:24.13	200M BRST	Hazel Bressie	06/01/85 8:18.98
Don Stevenson	06/14/87	52.10	50M BTFY	Martha Keller	08/16/80 2:03.29
Harry Wedler	08/26/82	2:58.80	100M BTFY	Hazel Bressie	06/01/85 4:55.89
Don Stevenson	07/12/87	5:08.38	200M BTFY	Hazel Bressie	08/24/86 10:45.60
Don Stevenson	08/24/87	4:08.31	200M I.M.	Martha Keller	08/29/80 6:43.38
Don Stevenson	08/09/87	9:11.88	400M I.M.	Hazel Bressie	06/01/85 17:24.40

MEN		80 - 84 YEARS OLD		WOMEN	
Herb Eisenschmidt	06/14/87	41.59	50M FREE	Martha Keller	06/06/81
Herb Eisenschmidt	07/12/87	1:42.52	100M FREE	Martha Keller	08/26/82
Herb Eisenschmidt	06/14/87	4:00.41	200M FREE	Martha Keller	08/26/82
Herb Eisenschmidt	08/09/87	8:09.11	400M FREE	Martha Keller	06/06/81
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00
Leroy Webster	08/01/82	59:16.78	1500M FREE	Martha Keller	07/25/81
Herb Eisenschmidt	06/14/87	49.85	50M BACK	Martha Keller	07/25/81
Herb Eisenschmidt	07/12/87	1:52.79	100M BACK	Martha Keller	06/12/83
Herb Eisenschmidt	06/14/87	4:04.79	200M BACK	Martha Keller	06/13/83
Herb Eisenschmidt	08/09/87	:56.32	50M BRST	Martha Keller	04/28/84
Leroy Webster	08/26/82	2:37.00	100M BRST	Martha Keller	06/12/83
Leroy Webster	08/26/82	6:37.94	200M BRST	Martha Keller	07/25/81
Herb Eisenschmidt	08/09/87	:56.27	50M BIFY	Martha Keller	04/28/84
Open	01/01/00	99:99.99	100M BIFY	Martha Keller	07/10/83
Open	01/01/00	99:99.99	200M BIFY	Martha Keller	06/12/83
Herb Eisenschmidt	06/14/87	4:22.70	200M I.M.	Martha Keller	07/25/81
Open	01/01/00	99:99.99	400M I.M.	Martha Keller	07/10/83

MEN		85 - 89 YEARS OLD		WOMEN	
Collister Wheeler	08/26/82	59.32	50M FREE	Martha Keller	08/24/86
Collister Wheeler	08/26/82	2:07.87	100M FREE	Open	01/01/00
Roy Webster	07/27/86	7:24.18	200M FREE	Martha Keller	06/08/86
Open	01/01/00	99:99.99	400M FREE	Martha Keller	06/08/86
Open	01/01/00	99:99.99	800M FREE	Martha Keller	06/08/86
Open	01/01/00	99:99.99	1500M FREE	Martha Keller	08/24/86
Roy Webster	08/24/86	1:49.51	50M BACK	Martha Keller	08/24/86
Roy Webster	07/27/86	3:44.43	100M BACK	Martha Keller	07/27/86
Roy Webster	07/27/86	8:07.37	200M BACK	Martha Keller	08/24/86
Roy Webster	08/24/86	1:20.23	50M BRST	Martha Keller	07/27/86
Roy Webster	08/24/86	3:19.67	100M BRST	Martha Keller	08/24/86
Roy Webster	08/24/86	7:20.23	200M BRST	Martha Keller	07/27/86
Open	01/01/00	99:99.99	50M BIFY	Martha Keller	07/27/86
Open	01/01/00	99:99.99	100M BIFY	Martha Keller	06/08/86
Open	01/01/00	99:99.99	200M BIFY	Martha Keller	07/27/86
Open	01/01/00	99:99.99	200M I.M.	Open	01/01/00
Open	01/01/00	99:99.99	400M I.M.	Martha Keller	06/08/86

MEN		90 - 94 YEARS OLD		WOMEN	
Collister Wheeler	04/28/84	59.88	50M FREE	Open	01/01/00
Collister Wheeler	04/28/84	2:14.06	100M FREE	Open	01/01/00
Open	01/01/00	99:99.99	200M FREE	Open	01/01/00
Open	01/01/00	99:99.99	400M FREE	Open	01/01/00
Open	01/01/00	99:99.99	800M FREE	Open	01/01/00
Open	01/01/00	99:99.99	1500M FREE	Open	01/01/00
Open	01/01/00	99:99.99	50M BACK	Open	01/01/00
Open	01/01/00	99:99.99	100M BACK	Open	01/01/00
Open	01/01/00	99:99.99	200M BACK	Open	01/01/00
Open	01/01/00	99:99.99	50M BRST	Open	01/01/00
Open	01/01/00	99:99.99	100M BRST	Open	01/01/00
Open	01/01/00	99:99.99	200M BRST	Open	01/01/00
Open	01/01/00	99:99.99	50M BIFY	Open	01/01/00
Open	01/01/00	99:99.99	100M BIFY	Open	01/01/00
Open	01/01/00	99:99.99	200M BIFY	Open	01/01/00
Open	01/01/00	99:99.99	200M I.M.	Open	01/01/00
Open	01/01/00	99:99.99	400M I.M.	Open	01/01/00

OREGON MASTERS LONG COURSE (50 M) RECORDS
RELAYS 10/05/87

Women - 200 Free Relay

119 - ORE (Susan Braun, Nancy Smith, Kim Phillips, Ruth Moreland)	8/24/86	2:02.88
120 + ORE (Kathleen Buck, Judy Belford, Nancy McKenzie, Debbie Gregoire)	8/24/86	2:09.03
160 + ORE (Pat Giordiano, Ann Brown, Ginger Pierson, Sandi Rousseau)	8/24/86	2:09.12
200 + ORE (Lavelle Stoinoff, Joan Whisman, Karen Roach, Louise Hepner)	8/24/86	2:22.29
240 + ORE (Margaret Wells, Maryanne Wolfe, Kathleen Hughes, Petey Smith)	8/24/86	2:50.81
280 + ORE (Elfie Stevenin, Doreen Morris, Judy Melcher, Hazel Bressie)	8/24/86	5:17.03

Women - 200 Medley Relay

119 - ORE (Debbie Gregoire, Kim Phillips, Susan Braun, Nancy Smith)	8/24/86	2:22.28
120 + ORE (Judy Belford, Ruth Moreland, Laura Worden, Kathleen Buck)	8/24/86	2:24.13
160 + ORE (Barbara Frid, Ginger Pierson, Sandi Rousseau, Ann Brown)	8/24/86	2:24.19
200 + ORE (Karen Roach, Louise Hepner, Joan Whisman, Lavelle Stoinoff)	8/24/86	2:47.10
240 + ORE (Maryanne Wolfe, Petey Smith, Margaret Wells, Kathleen Hughes)	8/24/86	3:30.31
280 + ORE (Doreen Morris, Judy Melcher, Elfie Stevenin, Hazel Bressie)	8/24/86	6:30.59

Men - 200 Free Relay

119 - ORE (Andy Schrag, Howard Ronkin, Stephen Mann, Justin Gordon)	8/24/86	1:45.34
120 + ORE (David Marlin, Chris Hughes, Mark Worden, Roy Abramowitz)	8/24/86	1:44.09
160 + ORE (Robert Smith, Karl Von Tagen, Vern Dasch, Jon Stout)	8/24/86	1:45.92
200 + ORE (Eric Guest, Fred Sprenger, Bert Petersen, Ronald Nakata)	8/24/86	2:00.76
240 + ORE (Hugh Richards, Bob Cutter, Gil Young, Dick Boyd)	8/09/87	2:15.69
280 + ORE (Gilbert Young, Herb Eisenschmidt, Donald Stevenson, Hugh Richards)	8/24/86	2:32.94

Men - 200 Medley Relay

119 - ORE (David Marlin, Howard Ronkin, Andy Schrag, Justin Gordon)	8/24/86	1:58.50
120 + ORE (Frank Warner, Roy Abramowitz, Martin Edwards, Mark Worden)	8/24/86	1:58.63
160 + ORE (Robert Smith, Vern Dasch, Karl Von Tagen, Charles Staples)	8/24/86	2:02.33
200 + ORE (Don Adamski, Eric Guest, Bert Petersen, Dick Boyd)	7/12/87	2:16.91
240 + ORE (Don Adamski, Eric Guest, Hugh Richards, Bob Cutter)	8/09/87	2:31.53
280 + ORE (Herb Eisenschmidt, Bob Morrison, Earl Walter, Forbes Mack)	7/12/87	2:49.34

Mixed - 200 Free Relay

119 - ORE (Andy Schrag, Nancy Smith, Susan Braun, Roy Clark)	8/24/86	1:51.61
120 + ORE (Judy Belford, Roy Abramowitz, Mark Worden, Kathleen Buck)	8/24/86	1:56.53
160 + ORE (Charles Staples, Sandi Rousseau, Ann Brown, Robert Smith)	8/24/86	1:55.75
200 + ORE (Karen Roach, Lavelle Stoinoff, Bert Peterson, Eric Guest)	8/24/86	2:09.05
240 + ORE (Louise Hepner, Don Van Rossen, Petey Smith, Hugh Richards)	8/24/86	2:24.40
280 + ORE (Doreen Morris, Tift Kampmann, Don Stevenson, Elfie Stevenin)	8/24/86	4:00.92

Mixed - 200 Medley Relay

119 - ORE (David Marlin, Andy Schrag, Susan Braun, Nancy Smith)	8/24/86	2:07.33
120 + ORE (Judy Belford, Howard Ronkin, Roy Abramowitz, Kathleen Buck)	8/24/86	2:10.91
160 + ORE (Robert Smith, Ginger Pierson, Sandi Rousseau, Charles Staples)	8/24/86	2:10.50
200 + ORE (Barbara Frid, Ginger Pierson, Bert Petersen, Hugh Richards)	8/09/87	2:20.00
240 + ORE (Earl Walter, Bob Morrison, Joan Whisman, Louise Hepner)	8/24/86	2:42.41
280 + ORE (Doreen Morris, Herb Eisenschmidt, Judy M. Melcher, Gilbert Young)	8/24/86	4:30.97

1988 STATE GAMES OF OREGON MASTERS CHAMPIONSHIP SWIMMING MEET

MEET: State Games of Oregon Long Course Meet

DATES: JULY 9, 1988

PLACE: Tualatin Hills Rec Center Pool
15707 SW Walker Rd, Beaverton, OR

WARM UPS MEET STARTS
8:30AM 9:30PM

HOST: State Games of Oregon

ELIGIBILITY: Oregon State Resident

DIRECTIONS TO POOL: From Portland, West on Hwy 26, take Cornell Exit, South. From 217, go West on Walker Road to 158th.

AWARDS: T-shirts will be given to all entrants. Please specify T-shirt size on entry form. First, second, and third place awards will be given to all winners in their respective age groups.

ENTRY FEE: \$10.00 includes the first two events entered. Additional events may be entered at a cost of \$3.00 per event. Make checks payable to: State Games of Oregon.

MAIL ENTRY FEE & FORM TO:

State Games of Oregon, P.O. Box 400, Lake Oswego, Oregon 97034

ENTRY DEADLINE: Entries must be received by 6-29-88. NO LATE ENTRIES WILL BE ACCEPTED.

NOTE: The State Games of Oregon will soon be mailing out their brochure on the 1988 Games. In that brochure there will be an entry form for the swimming events. **PLEASE DO NOT USE THEIR ENTRY FORM - USE THE ENTRY FORM ON THE FOLLOWING PAGE.** This entry will also be published in the May and June issue of the *Aqua-Master*. By using this form you will greatly assist the DMS data entry person in entering your meet data into the computer. Thanks for your cooperation.



H.O.S.T. (House Our Swimmers Tonight)



Contact the following H.O.S.T. when you wish to stay in another swimmer's home during an out-of-town meet.

Oregon Masters	Andy Schragg	W (206)254-9400 H (206)254-9661
PNA Masters	David Addleman	(206)852-7002
IEA Masters	Mariah Clarke	(509)926-2597
Snake River	Janet Wood	W (208)339-7229 H (208)345-8843
Corvallis	Mark & Laura Worden	(503)753-9352
Southern Oregon	Judy McCurdy	(503)679-8144

1988 STATE GAMES OF OREGON -- LONG COURSE SWIMMING CHAMPIONSHIPS ENTRY FORM
APPROVED (NO. 88F) BY USMS, INC AND LMSC FOR OREGON ASSOCIATION

NAME _____ BIRTHDATE _____
ADDRESS _____ CITY _____ COUNTY _____ ZIP _____
PHONE _____ SEX _____ AGE _____

IF YOU ARE A REGISTERED MASTERS SWIMMER, PLEASE ENTER YOUR 1988 USMS # _ _ 8 _ _ _

T-SHIRT SIZE: (check one) _____ Small _____ Medium _____ Large _____ Extra Large

AGE GROUPS: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

RELAYS: Team Total Age - 76+, 100+, 120+, 160+, 200+, 240+, 280+

NOTE: ENTER RELAYS AT THE MEET

SATURDAY, JULY 9

ENTRY TIME

ENTRY TIME

200 Free Relay 1 XXXXXX

200 Medley Relay 10 XXXXXX

10 MIN BREAK

10 MIN BREAK

400 Meter Free 2 ____:____.____

100 Meter Fly 11 ____:____.____

100 Meter Back 3 ____:____.____

50 Meter Breast 12 ____:____.____

200 Meter Free 4 ____:____.____

50 Meter Back 13 ____:____.____

50 Meter Fly 5 ____:____.____

100 Meter Free 14 ____:____.____

200 Meter Breast 6 ____:____.____

200 Meter Fly 15 ____:____.____

200 Meter Back 7 ____:____.____

100 Meter Breast 16 ____:____.____

50 Meter Free 8 ____:____.____

200 Meter IM 17 ____:____.____

10 MIN BREAK

10 MIN BREAK

200 Mxd Fr Relay 9 XXXXXX

200 Mxd Med Relay 18 XXXXXX

10 MIN BREAK

WAIVER: In consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the State of Oregon, the Oregon Governor's Council on Health, Fitness & Sports, the Oregon Council for Health, Fitness & Sports, Inc., Southland Corporation/7-Eleven Stores, Nike, Inc., all municipalities and facilities where competition might take place, all State Games officials, staff members, volunteers, and any and all other sponsors, suppliers, agents, independent contractors, employees, and other personnel in any way assisting or connected with these events from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of my participation in the 1988 State Games of Oregon.

This release and waiver extends to all claims of every kind and nature whatsoever, foreseen or unforeseen, whether known or unknown, and I expressly waive any benefits I may have under any statute or law relating to the release of unknown claims. I also understand and agree that any sponsor may subsequently use for publicity or promotional purposes my name or photographs regarding my participation in the State Games of Oregon without obligation to me.

STATEMENT OF RELEASE: The undersigned agrees to hold USMS, Inc. and LMSC for Oregon free and harmless for any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

Signature _____ Date _____

MEET INFORMATION: JUNE 26, 1988

ORDER OF EVENTS

1. 400 Freest
 2. 200 Free Relay
 3. 100 Fly
 4. 200 Free
 5. 50 Back
 6. 100 IM
 - 5 minute break
 7. 100 Breast
 8. 50 Fly
 9. 100 Free
 10. 200 Back
 11. 400 IM
 - SOUTH KITSAP FUN RELAY
 12. 200 Breast
 13. 200 Fly
 14. 50 Free
 15. 100 Back
 16. 200 Medley Relay
 17. 200 IM
 18. 800 Freest
- ** Deck seeded events

TIMES: warm-up 8:30am
meet 9:30am
PLACE: S. Kitsap H.S. Pool
FACILITY: 6 lanes, 50 meters
78-80 degrees
Concessions
HOSTS: S. Kitsap Masters
MEET DIRECTOR:
Bobby Gallegos
876-0960
call between 9-10pm
RULES: Current USMS rules
will govern.
ELIGIBILITY: Open to all
USMS 1988 registered
swimmers 19 and older
as of the last day of
the meet.
SEEDING: Slow to fast except
the 800 free.

MEET ENTRY FORM: JUNE 26, 1988
Hosted by South Kitsap Masters
at South Kitsap High School Pool
Sanction# 883616

NAME _____ M F AGE _____
ADDRESS _____
PHONE _____ DATE OF BIRTH _____
USMS NUMBER _____

TEAM _____ or UNNATTACHED ASSOCIATION _____
AGE GROUP: 19-24 25-29 30-34 35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+
Age is determined by your age on the last day of the meet.
ENTRY LIMIT: 5 EVENTS plus relays

EVENT NUMBER _____ EVENT _____ ENTRY TIME _____

DIRECTIONS: From Southworth Ferry: take a LEFT onto Sedgewick and follow around to Jackson. Take a RIGHT on Jackson and follow downhill to light. Turn LEFT: 60 approximately 1/2 mile to H.S. From Narrows Bridge: Take Highway 16 to Sedgewick exit. Turn RIGHT onto Sedgewick. Go to light on Bethel. LEFT on Bethel to "Y" in the road. Bear RIGHT onto Mitchell Road. Approximately 1 mi. to H.S.

PLEASE NOTE: Swimmers under the age of 25 are advised they might jeopardize their amateur status under FINA rule GR-1 if they participate in Masters competition.

NO DIVING DURING WARM-UP EXCEPT IN DESIGNATED SPRINT LANES.

NO HAND PADDLES ALLOWED DURING WARM-UP

ENTRY FEES

Surcharge @ \$2.00 \$2.00
Individual Events \$91.00
Total _____ Checks to PNA Masters

Mail fees and this entry form to: Bobby Gallegos
1315 Garrison
PORT ORCHARD, WA 98366
ENTRIES POSTMARKED BY JUNE 16

STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters Swimming, all local Masters Swimming Committees, South Kitsap Masters, Puget Sound Swim Club and South Kitsap High School Pool free and harmless from any and all damages, claims, demands, and legal action arising by reason of injury during the conduct of the event including all attorney fees and court costs.

SIGNED _____

MEET INFORMATION: JULY 31, 1988
THIS IS A DECK-SEEDED MEET

ORDER OF EVENTS and check-in times
EVENT # EVENT CHECK-IN

- 1 1500 FREE 7:30am
- 2 400 IM 9:30am
- 3 200 FREE 9:45am
RELAY
- 4 200 FLY 9:45am
- 5 200 BACK 9:45am
- 6 50BREAST 9:45am
- 7 100 FREE 9:45am
5 minute break
- 8 200 IM 10:25am
- 9 50 FLY 10:25am
- 10 100 BACK 10:25am
- 11 200 BRST 10:25am
- 12 50 FREE End of Ev.9
5 minute break
- DREYER'S ICE CREAM FUN RELAY
- 13 200 MED. End of Ev.9
RELAY
- 14 100 FLY End of Ev.9
- 15 50 BACK End of Ev.9
- 16 100 BRST End of Ev.12
- 17 200 FREE End of Ev.12
- 18 100 IM End of Ev.12
- 19 400 FREE End of Ev.16

TIMES: SUN, JULY 31
warm-up: 7am
1500 18am
Event 2 will
not begin
before 10am
preceded by at
least a 30
minute warm-up.

PLACE: BAC
11200 SE 6th
Bellevue, WA
(206) 453-1616
HOSTS: Bellevue Ath. Club
MEET DIRECTOR:
Tom Dunning
453-1616 ex 630
FACILITY: 8 lanes
50 meters
82 degrees
Concessions
FREE ICE CREAM
FOR SWIMMERS

Use athletic
entrance
Use BOYS and
GIRLS locker
rooms

RULES: Current USMS
rules will
govern.

ELIGIBILITY: Open
to all USMS
1988 registered
swimmers 19 and
older as of the
last day of the
meet.

SEEDING: Slow to fast
except for the
400IM, 1500FREE
and 400FREE.

DIRECTIONS: Take 405 exit 12, SE 8th and 118th. Go west
on SE 8th. Turn RIGHT on 118th (just after the PARK AND
RIDE). Turn LEFT on SE 6th.

PLEASE NOTE: Swimmers under the age of 25 are advised they
might jeopardize their amateur status under FINA Rule GR-1
if they participate in Masters competition.

NO DIVING DURING WARM-UP EXCEPT IN DESIGNATED SPRINT LANES.

NO HAND PADDLES DURING WARM-UP

MEET ENTRY FORM: JULY 31, 1988
Hosted by Bellevue Athletic Club
Supported by DREYER'S ICE CREAM
at Bellevue Athletic Club Pool
Sanction # 883617

NAME _____ M F AGE _____

ADDRESS _____

PHONE _____ DATE OF BIRTH _____

USMS NUMBER _____

TEAM _____ or UNNATTACHED ASSOCIATION _____

AGE GROUP: 19-24 25-29 30-34 35-39 40-44 45-49 50-54

55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

Age is determined by your age on the last day of the meet.

ENTRY LIMIT: 5 EVENTS plus relays

EVENT NUMBER EVENT ENTRY TIME

ENTRY FEES

Surcharge \$ \$2.00 \$2.00

Individual Events \$81.00 _____

Total _____ Checks to PMA Masters

Mail fees and this entry form to: Tom Dunning

11200 SE 6th

ENTRIES DUE BY JULY 21 Bellevue, WA 98004

STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters

Swimming, all local Masters Swimming Committees, Bellevue

Athletic Club and BAC Pool free and harmless from any and

all damages, claims, demands, and legal action arising by

reason of injury during the conduct of the event including

all attorney fees and court costs.

SIGNED _____

REGION XII CHAMPIONSHIP INFORMATION

DATE: Sat., Aug. 13, 1988 Sat. WARMUP: 8:30am MEET: 9:30am
Sun., Aug. 14, 1988 Sun. WARMUP: 8:30am MEET: 9:30am
PLACE: South Kitsap Pool HOSTED BY: South Kitsap Masters
1297 Mitchell Rd. S.E. MEET DIRECTOR: Bobby Gallegos
Port Orchard, WA PHONE: (206)876-0960
PHONE: (206)362-7750 (between 9:00 - 10:00 p.m.)
DEADLINE: POSTMARKED by AUGUST 1, 1988

SEEDING & CHECK-IN: Meet will be seeded slow heats first, including distance events. Entrants swimming the 1500/800 and the 400 IM must check in 30 minutes before meet start time. 400 free entrants must check in by the start of the mixed free relay on Sunday. Those events will be deck seeded.

A SWIMMER MAY ENTER EITHER THE 1500 OR THE 800 **NOT BOTH**.

2ND WARMUP: There will be a 2nd warmup after the 800 free on Saturday. The 2nd warmup will be at least 30 minutes long. The rest of the meet for that day will not start before 11:30 a.m.

RELAYS: Enter relays at the meet. Relays are cumulative age groups 76+, 100+, 120+, 160+, 200+, 240+, and 280+. Relays are listed by name only not distance. Sign up at the meet for the distance (200, 400, or 800) your relay team wishes to swim. Each swimmer is limited to 4 relays. Relay events are: Freestyle relay (200, 400, and 800 meters), Mixed Medley relay (200 and 400 meters), Medley relay (200 and 400 meters), and Mixed Freestyle relay (200, 400, and 800 meters). Relays swimming the same distance will be seeded together in the same heats.

POOL: 50 meter, 6 lane pool, 7 - 13 feet deep, electronic timing, rough deck surface, concessions, lockers available (bring own lock).

DIRECTIONS: From Southworth Ferry: Take a left on Sedgewick and follow it around to Jackson. Turn right onto Jackson and go downhill to the light. Turn left. Go about 1/2 mile to South Kitsap High School. Pool is in back. From Narrows Bridge: Take Highway 16 to Sedgewick exit. Turn right onto Sedgewick. Go to the light on Bethel. Turn left onto Bethel. Bear right at the "Y" in the road onto Mitchell Road. Go about 1 mile to South Kitsap High School. The pool is in back of the high school.

ORDER OF EVENTS:	9-10	Mixed Medley Relay	17	200 Breaststroke
Saturday	---	5 minute break---	18	100 Freestyle
1 1500 Freestyle	11	200 Backstroke	19	50 Backstroke
2 800 Freestyle	12	50 Freestyle	20	200 IM
--30 min warmup--	13	100 Butterfly	21-23	Mixed Free Relay
3-5 Free Relay	Sunday	---	---	5 minute break---
6 200 Freestyle	14	400 IM	24	200 Butterfly
7 100 Breaststroke	---	10 minute break---	25	100 Backstroke
8 50 Butterfly	15-16	Medley Relay	26	50 Breaststroke
			27	400 Freestyle

NO HAND PADDLES ALLOWED DURING WARMUPS.

NO DIVING DURING WARUPS EXCEPT IN DESIGNATED SPRINT LANES.

1988 REGION XII LONG COURSE CHAMPIONSHIP MEET ENTRY FORM

USMS AND PNA SANCTION # 883619

DATE: Sat., Aug. 13, 1988 Sat. WARMUP: 8:30am MEET: 9:30am
Sun., Aug. 14, 1988 Sun. WARMUP: 8:30am MEET: 9:30am
PLACE: South Kitsap Pool HOSTED BY: South Kitsap Masters
1297 Mitchell Rd. S.E. MEET DIRECTOR: Bobby Gallegos
Port Orchard, WA PHONE: (206)876-0960
PHONE: (206)876-7385 (between 9:00 - 10:00 p.m.)
DEADLINE: POSTMARKED BY AUGUST 1, 1988

NAME _____ M_orF _____ BIRTHDATE _____ AGE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

TELEPHONE _____ USMS # 8 TEAM _____ OR UN ASSOC _____

AGE GROUP: (Circle one) 19-24 25-29 30-34 35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

YOUR AGE AT THE MEET IS DETERMINED BY YOUR AGE ON THE LAST DAY OF THE MEET
Entries limited to 6 events (5 per day) plus 4 relays. List the events you wish to enter and fill in the best or estimated time, NOT "no time". Meet will be seeded slow heats first. You may enter the 1500 or the 800, **not both.** ENTRANTS SWIMMING THE 1500/800 AND THE 400 IM MUST CHECK IN 30 MINUTES BEFORE MEET START TIME. 400 FREE ENTRANTS MUST CHECK IN BY THE START OF THE MIXED FREE RELAY. You must be registered for 1988.

EVENT #	EVENT NAME	ENTRY TIME
_____	_____	_____:
_____	_____	_____:
_____	_____	_____:
_____	_____	_____:
_____	_____	_____:
_____	_____	_____:

Enter RELAYS at the meet. Relays are cumulative age groups 76+, 100+, etc.
2nd warmup (30 min. long) after 800 free. Meet will not start before 11:30
ENTRY FEE: \$3.00 surcharge plus \$1.00 per event (no charge for relays)

SEND ENTRY FORM AND PAYMENT TO: MAKE CHECK PAYABLE TO PNA MASTERS SWIMMERS
Bobby Gallegos

1315 Garrison	MEET SURCHARGE	=	\$3.00
Port Orchard, WA 98366	NO. OF EVENTS X \$1.00	=	_____
206-697-1532-between 9-10 pm	TOTAL	=	_____

ELIGIBILITY: Open to all USMS (United States Masters Swimming, Inc.) registered swimmers, 19 years of age or older, as of last day of the meet.

NOTE: Swimmers under the age of 25 years are advised they might jeopardize their amateur status under FINA Rule GR-1 if they participate in Masters competition. RULES: Current USMS rules will govern.

STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters Swimming, Inc., all local Masters Swimming Committees, South Kitsap Pool, and South Kitsap Masters free and harmless from any and all damages, claims, demands, and legal action arising by reason of injury to anyone during the conduct of the event including all attorney fees and court costs.

SIGNED _____

happy birthday



OMS July Birthdays

James E.	Blatt	07/07/63*	Alice D.	Parsons	07/22/54
William M	Bostic	07/25/46	Paula	Pattee	07/28/50
Richard D.	Boyd	07/06/43*	Tom	Pattee	07/05/47
Alice E.	Burke	07/04/54	Dorcas L.	Phelan	07/26/56
John W.	Coffey	07/23/55	Cynthia L.	Phillips	07/04/63*
O. Paul	Doan	07/09/22	Douglas C.	Prentice	07/15/48*
Joe L.	Gamblin	07/19/35	Shelly L.	Rawding	07/10/62
Vivian O.	Goble	07/07/23*	Roger R.	Robb	07/10/49
Daniel E.	Gossack	07/26/61	Dirk	Rodewald	07/12/50
Steven F.	Hill	07/11/60	Delbert L.	Scott	07/24/46
Sam M.	Ierulli	07/07/29	Khosrow	Shadbeh	07/07/21
Margaret P.	Juenke	07/28/28*	Petey M. H.	Smith	07/01/24
Mary G.	Manion	07/24/63*	Brad	Thurmand	07/20/38*
Milton R.	Marks	07/03/30	Nick A.	Toole	07/23/08*
Gary E.	Mathias	07/27/61	Stephen H.	Warner	07/11/48*
Mike J.	McDonnell	07/21/62	Jennie G.	Watt	07/17/54
Kristen C.	Melton	07/25/59	William E.	Weaver	07/14/36
Gayle	Miller	07/21/56	Nannette	Weinhold	07/06/62
Nancy J.	Milner	07/21/51	Joan M.	Whisman	07/24/36
Doreen	Morris	07/28/12	Leslie B.	Winton	07/29/54
Shari L.	Morris	07/03/64	Hunter M	Wylie	07/10/47
Michael C.	O'Neil	07/28/50	Amy L.	Youmans	07/29/66

* = Moving up !

Thanks to Bruce Cheney and his Mac Plus !

1988 USMS NATIONAL LONG COURSE CHAMPIONSHIPS

Dates: August 25 - 28, 1988

Location: University of Buffalo (at Amherst), Alumni Arena, Amherst, New York

Sanctioned by: US Masters Swimming, Inc. & the LMSC/Niagara District Masters Swimming

Filling Out Entry Blank: There are no qualifying standards for this meet. Write your best time or a reasonable estimate in the space next to the event(s) you wish to enter. **DO NOT ENTER WITH "NO TIME,"** or your entry will be rejected. **You may enter six events but swim no more than three on any one day.**

Eligibility: National Championships are open to USMS registered swimmers 25 years of age and older (as of August 28, 1988). If you wish to represent a club, then you and the club must be registered in the same LMSC; if any question about your affiliation, you will swim "unattached." Foreign swimmers require a travel permit with entry.

Conduct of the Meet: The Meet Brochure has all details of the meet conduct.

Seeding: All events less than 400 yards, except relays, will be pre-seeded, slowest to fastest, oldest to youngest, with the fastest swimmers within an age group combined to form a full heat whenever possible. Partial heats may be combined. If in any age group there are not enough swimmers for a complete heat, all swimmers in that age group will be seeded in adjacent lanes.

Deck Seeding: The following events will be deck seeded, slowest to fastest, regardless of age: 400, 800, and 1500 Free, and 400 IM. The slowest heats will swim first.

400, 800 and 1500 Free, 400 IM: Check-in for these deck-seeded events will begin at registration on Wednesday, August 24, 1988. Check-in ends: 800 Free - 7:00 a.m., Thursday, Aug. 25; 1500 Free - 7:00 a.m., Thursday, Aug. 25; 400 Free - Noon on Saturday, Aug. 27; 400 I.M. - Noon on Sunday, Aug. 28.

Seeding will not be altered to accommodate travel arrangements. Lane assignments will be posted on the bulletin boards in the Alumni Arena lobby and Pool Deck.

Age Groups: 25-29, 30-34, etc. to 80-84, 85-89, and 90 and over. Your age is determined as of the last day of the meet (8-28-88).

Awards: National Masters Medals to first through eight places, in each event, in each age group.

Scoring: Individual Events (men/women): 9-7-6-5-4-3-2-1. See relay entry for relay scoring.

Fees: \$3.00 per individual event plus \$13.00 surcharge per swimmer. Fees must accompany this entry form; an entry is not considered complete until the check clears the bank; if any question about your fees, full cash payment will be required before you are permitted to swim. **NOTE:** Refund requests must be in writing to the director and postmarked no later than **July 25, 1988;** no refunds are given for events not swum.

Banquet: A Buffalo Buffet will be held on Saturday evening, August 27, 1988 at the Marriott Hotel. Cash bar at 6:00 pm. Buffalo Buffet beginning at 7:00 pm music and dancing to follow. Casual dress, and soft drinks. Must be prepaid with application.

Breakfast: A continental breakfast (juice, cereal, coffee, fruit, etc.) will be available at the "Center For Tomorrow" located directly across from the Hotels. Breakfast hours 6:30 am till 9:00 am - Must be prepaid with application.

Meet surcharge (required of all swimmers)	_____	X \$13.00 =	_____
Number of Individual events entered	_____	X \$ 3.00 =	_____
<u>Optional</u>			
Number of Buffalo Buffet tickets	_____	X \$19.00 =	_____
Continental Breakfast <input type="checkbox"/> Thur. <input type="checkbox"/> Fri. <input type="checkbox"/> Sat.	_____	X \$ 3.00 =	_____
Final results (mailed)	_____	X \$ 4.00 =	_____
TOTAL AMOUNT DUE	<div>Check No. _____</div>		

Checks Payable to: Niagara District Masters Swimming - 1988 LC

Send copy of your Masters Registration Card.

Mail Entry and Fees to: Niagara District Masters Swimming, 4220 South Park Avenue, Blasdell, New York 14219. For proof of receipt enclose self-addressed, stamped envelope or postcard.

Entry Deadline: Entry must be in the hands of entry chairman **no later than July 25, 1988;** late entries will be returned to sender. **MAIL EARLY.**

Release from Liability: I, the undersigned, intending to be legally bound, do hereby waive all rights to claims for loss or damages against United States Masters Swimming, Inc., the Niagara District Masters Swimming Committee, The State University of NY at Buffalo, The Meet Committee, or any officiating individual of the meet, as a condition of my participation in the meet. I have read the meet information and agree to abide by the rules of USMS, Inc.

Date _____ Signed _____

**Official Entry Form for Individual Events
1988 United States Masters Swimming
National Long Course Championships
University of Buffalo at Amherst; Alumni Arena, Amherst, New York
August 25 - 28, 1988**

Name _____			Sex _____	
<small>Last</small>			<small>First</small>	
<small>Middle Initial</small>				
Address _____				
<small>Street</small>		<small>City</small>	<small>State</small>	<small>Zip</small>
<small>Country</small>				
Phone _____				
<small>A/C</small>		<small>Days</small>	<small>A/C</small>	<small>Evenings</small>
Age _____	Birthdate _____	USMS Reg # _____		
<small>(on 8/28/88)</small>		<small>Month/Day/Year</small>		<small>1988 No. Required</small>
Club Name or Unattached _____		Club Abbrev _____		LMSC _____
		<small>(If you know it)</small>		<small>(Assoc)</small>

Entry Due Date: Entry must be received no later than Monday, July 25, 1988.

Event No.	Entry Time Women	Event	Event No.	Entry Time Men
-----------	------------------	-------	-----------	----------------

THURSDAY, AUGUST 25, 1988 8:00 am

1		800 Meter Freestyle	2	
3		1500 Meter Freestyle	4	

NOTE: YOU CAN SWIM EITHER THE 800 METER or 1500 METER FREESTYLE - NOT BOTH

I am willing to swim the 800/1500 meter freestyle with two persons per lane. _____ Yes _____ No
 * Those swimming two per lane shall be seeded ahead of competitors swimming one per lane and shall be started at opposite ends of the pool.
 Seeding will not be altered to accommodate travel arrangements.

FRIDAY, AUGUST 26, 1988 8:00 am

5		200 Meter Breaststroke	6	
7		100 Meter Butterfly	8	
9		50 Meter Backstroke	10	
11		100 Meter Freestyle	12	
13		200 Meter Individual Medley	14	
15	See relay form	200 Meter Freestyle Relay	16	See relay form
17/18	See relay form	200 Meter Mixed Medley Relay	17/18	See relay form

SATURDAY, AUGUST 27, 1988 8:00 am

19		200 Meter Backstroke	20	
21		100 Meter Breaststroke	22	
23		50 Meter Freestyle	24	
25		200 Meter Butterfly	26	
27	See relay form	200 Meter Medley Relay	28	See relay form
29		400 Meter Freestyle	30	

SUNDAY, AUGUST 28, 1988 8:00 am

31		200 Meter Freestyle	32	
33		50 Meter Breaststroke	34	
35		100 Meter Backstroke	36	
37		50 Meter Butterfly	38	
39		400 Meter Individual Medley	40	
41/42	See relay form	200 Meter Mixed Freestyle	41/42	See relay form

(Legible Xerox Copies of this entry form are acceptable. You must complete the reverse side of this form.)

1988 OREGON MASTERS

YOU MUST BE A REGISTERED MASTER TO SWIM IN MASTERS MEETS

By registering with Oregon Masters, you are joining an elite organization!

* Oregon has more masters swimmers per capita than any other association in the world, and one of the highest renewal rates of any of the 50 associations.

* Our registration year runs from November 1, 1987 through October 31, 1988. Registrations for 1988 are accepted beginning October 1, 1987.

OMS is a non-profit organization supported totally by volunteers. Officers are chosen by you in elections. Consult your tax advisor regarding your contribution. Our Monthly publication, AQUAMASTER, enables you to get final meet results and find out what's happening in Masters swimming. AQUAMASTER is the ONLY source of meet entry forms. For 50¢ a month your copy is delivered via bulk mail. If you move, let the registrar know so that you continue to receive this valuable publication. Your registration fee enables OMS to provide you with:

1. Local meet support.
2. National representation for all of Oregon Swimmers.
3. Promotion of Masters Swimming and social events.

\$5.00 of your \$10.00 registration is sent to the US Masters Swimming, Inc.(USMS)

They provide insurance for you:

Personal accident when competing in OMS approved/sanctioned meet or practice session (\$50.00 deductible.)

Accidental death	\$10,000.00
Dismemberment	10,000.00
Accidental Medical Expenses	2,000.00

Liability for individual/organization/sponsor (\$250.00 deductible).

\$500,000.00	Per combined single incident
50,000.00	Property damage

There are currently two clubs within Oregon Masters : OMS and MAC club. Club designations affect eligibility to swim on relays. If you register "unattached", you are ineligible to swim on relays. Club designations are distinct from local operating groups (ie your "team").

You shall be registered for OMS unless you otherwise specify.

Only the first 20 characters of your name will appear on heat sheets and results. **PLEASE PRINT**
We must have your last years' registration number for the national office.

This is a New registration: _____ Renewal: my 1987 # _____

Name _____
Last First M.I.

Address _____

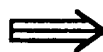
City _____ St _____ ZIP _____

() Phone # _____ Born (MM/DD/YY) Age Sex

--Oregon Club: () OMS () MAC () unattached

--Local Operating Group (if any) _____

I hereby agree to abide by and be governed by the rules and regulations of USMS and the Oregon Masters Swim Committee.



Signature

Oregon

1988

Office Use Only

Reg. Fee (\$10.00) _____

Aqua Master (6.00) _____

Total _____

Mail to:

Kathleen Buck
31925 NE Canter Lane
Sherwood, OR 97140

Or enclose with meet registration

Remember to sign your registration form.

Make checks to Oregon Masters Swimming.

THIS REFERS TO THE TEAM YOU WORKOUT WITH
DON'T FORGET TO CHECK THE APPROPRIATE CLUB.

A special thanks to Robert Smith and
Andree Devine for giving us the meet results.

Portland, Oregon 97204

916 S.W. Fourth Avenue

STEVENS-NESS

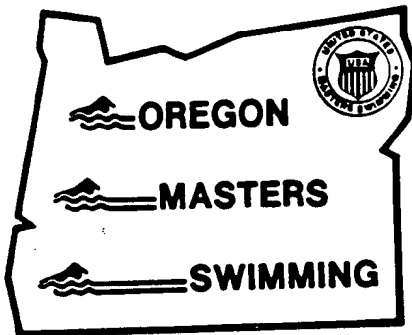
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STEVENS-NESS LAW PUBLISHING CO.

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