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Aqua-Master Membership Records H.O.S.T.

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Peggy ThomsomRoy Abramowitz

- Kathleen Buck

- Linda Hope - Barbara Frid

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Susan Albright, Vice Chairperson

Oregon Masters Swimming 10750 SW Wedgewood St. Portland Or 97225

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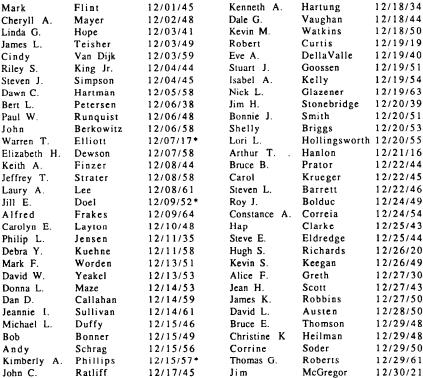
(503)292-3379 (Mon - Sat)

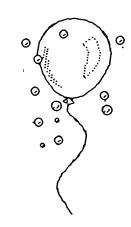
happy birthday



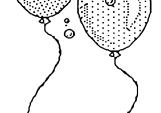


OMS December Birthdays









* = Moving up !

Thanks to Bruce Cheney and his Mac Plus!

1987 CONVENTION REPORT

Oregon Masters Swimming was recently represented at the United States Aquatic Sports Convention in Atlanta, Georgia, by Bert Petersen, Barabara Frid, and Sandi Rousseau. Between the three of us, we attended almost all committee meetings that were held during the five days in order to have as much input at the National level as possible. The reams of papers and committee reports would overwhelm all of us, so we will try to summarize the highlights of decisions and rules changes. Anyone who would like to see more detailed information may contact one of us.

1989 National Championships will be held in the following locations:

Short Course: Mission Bay Aquatic Center Boca Raton, Florida

Long Course: Grand Forks, North Dakota

Sports Information Brochures: The Sports Medicine Committee has developed three brochures which will soon be available through our National office. They are entitled: (1) "The Role of the Medical Exam in Masters Swimming", (2) Fitness and Health through Masters Swimming, and (3) Exercise and Pregnancy. As these become available, we will obtain copies which you may look at during our meets. All will be available at a nominal cost.

Warm-up and Warm-down Procedures: Suggested guidelines for warm-ups and warm-downs will soon be available for all local meets. USMS encourages local groups to utilize these guidelines to ensure safety at our meets. We will publish these in the Aquamaster in the near future.

1988 Masters Calendars: Twenty-four smashing swim suited bodies are featured in the new calendars. These are now available for purchase at meets or through Barbara Frid at the Swim Cellar.

U.S. Masters Coach of the Year is Kerry O'Brien from Walnut Creek Masters, California.

Rules Changes: Note that the following list does not include all changes made to our USMS rules; however, these are the ones that affect your everyday life at swim meets.

- 1. Awards at National meets will be given to the top three teams in each "small" (16 women, 16 men, & 32 combined) and "large" (over 16, 16, & 32) team divisions.
- 2. If the 1650 or 1500 is swum on the first day of a National meet, the resulting second day program shall be interchanged with the resulting third day program, i.e. the 500 free will not be on the day following the 1650/1500.

- 3. All meets must now have a minimum of 1 referee, 1 starter, 2 stroke and turn judges, and 2 timers (referring to non electronically timed meets). The starter and referee may double as stroke and turn judges. NOTE: This is not a change to our current Oregon contract for meets, but it has never been defined specifically in the USMS Rules.
- 4. Obstructing another swimmer by swimming across or otherwise interfering may disqualify the offender and the offender shall immediately be removed from the lane.

This sums up the convention. We all enjoyed the meetings but saw little, in fact nothing, of Atlanta, except Flamingo Joes. You can ask us about that later!

Between the lane lines....

Hi everyone. If someone out there finds winter will they please let me know. Tis almost the season to be merry-not to mention charitable. If you're looking for another tax-deductable charity, consider giving to a qualified charitable organization very near and dear to you-namely OMS. Any and all donations are welcomed and will be put to use immediately to provide all the benefits you enjoy regularly from OMS. Please make your check payable to OMS and mail to 448 SW 121st place, Portland, Or 97225. Thank you and may the Festive Force be with you.

I've been informed that due to irreconcilable differences with management over something or other Ozgood is on strike this issue. Seems the popular thing to do these days. My personal belief is that Ozgood is really on vacation.

Re Host. When wishing to stay in another swimmers home during an out of town meet contact the HOST person closest to the meet. That person will contact people in the area and get back to you with a name and phone number.

See you next month.

In this issue of the Aqua-Master there is a page entitled "1987-88 Oregon Masters LOGS". This is a list of all the Local Operating Groups (LOGS) that we know of in Oregon. (A LOG is the group or team that you workout with/swim for). Also listed are the contact persons and their phone numbers. Please look over the list. If your LOG is not listed or the information given is incorrect, please contact the OMS Secretary at the following address:

Peggy Thomson 2705 NE 35th Place Portland, OR 97212

OREGON MASTERS SWIMMING MEET SCHEDULE 1987-88

DATE

FORMAT

	SHORT	COURSE	YARDS	/METERS
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September 19 & 20, 1987

October 3 & 4, 1987

October 24 & 25, 1987

November 7, 1987

December 5 & 6, 1987

January 9 & 10, 1988

February 6, 1988

March 4 & 5, 1988

April 8,9,10, 1988

Late April/early May

May 13 - 16, 1988

May 19,20,21,22, 1988

Roseburg - s.c. meters with 800 (#3)

Redmond - s.c. meters with 800 (#2)

SC Meters Regionals - Ellensberg, WA

Grants Pass - yards with 1000 (#4)

Portland (PSU) s.c. meters w/1500 (#3)

Portland (MAC) - yards with 1650 (#1)

Pentathlon - Tualatin Hills Pool

Newberg - yards with 1000 (#4)

Three days: Assoc. Championships

Corvallis

Three days: Regionals

Hosted by IEA

Canadian Masters SC Meters Champs.

Vancouver, B.C.

Short Course Nationals:

University of Texas

Austin, Texas

LONG COURSE

June 4 & 5, 1988

July 9 & 10, 1988

Late July/early August

August 25,26,27,28, 1988

Portland (MAC) - meters with 1500 (#1)

State Games of Oregon

Tualatin Hills Rec Center Pool

Three days: Regionals

Hosted by PNA

Long Course Nationals: University of Buffalo

Amherst, New York

October 8 - 14, 1988 2nd FINA/MSI World Championships

Brisbane, Australia

OREGON MASTERS SHORT COURSE METERS SWIMMING MEET ENTRY FORM SANCTION NO. 87N BY USMS, INC AND LMSC FOR OREGON ASSOCIATION

ELIGIBILITY: Currently registered USMS swimmers, 19 years and older. Unregistered swimmers must submit a registration form and fee (see last sheet of Aquamaster) with this entry.

MEET: Viking Masters Short Course Meters Meet DATE: Dec. 5 & 6. 1987 PLACE: Portland State University Pool Indoor pool, 6 lanes, one warm-up lane HOST: Viking Master Swimmers WARM UP MEET STARTS Jeff Jacob, Meet Director 5:00 PM 6:00 PM 5th 645-3750 **Eth** 8:00 AM 9:00 AM POOL LOCATION: SW 10th & Hall, Portland. Physical Education Complex, Portland State University. ENTRY DEADLINE: Postmarked no later than 11-24-87. No late entries will be accepted. - - - RETURN THIS LOWER PORTION - -NAME______PHONE____ ADDRESS_____CITY___ST_ZIP____ 1988 USMS# _ _ 8 _ _ _ BIRTHDATE_____SEX____ AGE____ ASSOC___ REMINDER: IF YOU HAVE NOT REGISTERED WITH USMS FOR 1988, YOU MUST SUBMIT

A USMS REGISTRATION FORM AND FEE WITH THIS COMPLETED MEET ENTRY.

AGE GROUPS: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+ RELAY AGE GROUPS: 76+, 100+, 120+, 160+, 200+, 240+, and 280+. You are limited to a maximum of 6 individual events, plus 4 relays. Enter relays at the meet. The 1500 and 400 Free and the 400 IM will be deck-seeded. All other events will be pre-seeded fastest heats first.

SATURDAY, DEC. 5th	٠	ENTRY TIME	SUNDAY, DEC.	<u>6th</u>	ENTRY TIME
400 IM 1500 Free	1 2		50 Fly 100 Back	10 11	:
SUNDAY, DEC. 6th	'n		200 Breast 50 Free	12	
200 Fly 200 Back BREAK	3 4	:	Medley Relay BREAK 100 Fly	14 15	XXXXXX
Free Relay BREAK	5	XXXXXX	50 Back 100 Breast	16 17	
50 Breast 100 Free	6 7	:	200 Free 100 IM	18 19	
200 IM Mxd Fr Relay	9	:	BREAK Mxd Med Relay	20	XXXXXX
BREAK			BREAK 400 Free	21	

MEET ENTRY FEE: \$6.00 Send form(s) & fee(s) payable to OMS to: OMS, 18476 TIMBERGROVE COURT, LAKE OSWEGO, OR 97034

PLEASE NOTE: Swimmers less than 25 years old are advised that they may jeopardize their amateur standing under FINA Rule GR1 if they compete in Masters competition.

STATEMENT OF RELEASE: The undersigned agrees to hold USMS, Inc. and LMSC for Oregon free and harmless for any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

Signature	N-1-	
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1987-88 Oregon Masters LOGS

LOCATION	LOG NAME/ABBREVIATION	CONTACT PERSON/PHONE
Albany	Albany Masters/ALB	Rod Cook/967-4521
Ashland	Rogue Valley Masters/RVM	Greg Frownfelter/488-1149
Astoria-Seaside	North Coast Swim Club/NCSC	Steve Warner/738-6661
Beaverton	Griffith Park Athletic Club/GPA Tualatin Hills Barracudas/THB	Julia Jamison/644-3900 Dan Johnson/244-8152
Bend	Central Ore. Masters/COMA	Jo An Mann/389-3228
Coos Bay	Southern Ore. Coast Masters/SOCM	Ralph Mohr/269-1565
Corvallis	Corvallis Aquatic Masters/CA	Judy Storie/754-9624
Eugene	Downtown Athletic Club/DAC Eugene Family YMCA/EY Univ. of Oregon Masters/UOM Sheldon Night Crawlers/SHNC	Nancy Steele/484-4011 Jerry Andrus/686-9622 Don Van Rossen/746-2286 Sean Broderick/687-5314
Grants Pass	Grants Pass Family YMCA/GPY	Pat Walsh/474-0001
Gresham	Mt. Hood Masters/MHM	Eric Guest/695-5500
Klamath Falls	Klamath Falls Masters/KLF	Beverly L'Esperance/884-9093
Lake Oswego	Piranhas/PIR	Bob Pratt/234-6058
Lincoln City	Lincoln City Masters/LCM	Brad Thomas/994-5208
Medford	Southern Oregon Swimmers/SOS	T.J. Murphy/772-6295
Newberg	Chehalem Masters/CHM	Kathy Buck/625-5747
Newport	Newport Masters/NEWP	Petey Smith/265-3885
Portland	Mittleman Jewish Comm Ctr/MJCC Multnomah Athletic Club/MAC Multnomah Metro YMCA/MY Portland Comm College/PCC Viking Master Swimmers/VMS	Aquatic Dept./244-0111 Kathryn Cronin/223-0988 Sheila Henderson/227-2590 K. Von Tagen/244-6111 x4210 Bob Morrison/227-4984
Redmond	Cascade Aquatic Masters/CAM	Cynthia Dunlap/548-5628
Roseburg	Umpqua Valley Masters/UVM	Judy McCurdy/673-3673
Salem	Willamette H2O Masters/WHOM	John De Jarnatt/588-2060
Vancouver, WA	Vancouver Old Timers/VOT	Andy Schrag/206-254-9661

Close to 50 eager Masters began the '87-'88 campaign under the watchful eyes of the BEST officials in the world, spearheaded by Ruth and T.D. Hughes, we are so fortunate to have the great people working at our meets, at the next meet, how about going up to at least one of them and say THANKS !!

Terry and Judy McCurdy did just a super job .. great pool, fast water ... Umpqua Community College pool ... there were door prizes ... food giveaways... for those hungry swimmers ... with the results being posted almost immediately.

Also from our stalwart leader, "it was a meet that would make any Masters swim-mer feel proud".

Records, yikes ::: ... just take a look at them ...

Janine Amodeo, the new kid on the block, had quite a meet !!:

National Record 400 free 5:13.98
800 free 10:44.30
Regional Record 200 free 2:26.52

Julille	Amado	Regional Recor Association	rd 200 100	free free	2:26.52 1:06.40		
NEW REGIO	NAL RECORDS						
25-29	Andree Devine	800 m free 200 m fly	11:09.02 2:46.18	(#2 TT) (#2 TT)	WOW		
35-39	John Dejarnatt	200 m fly	2:52.39	(#3 TT)	GREAT		
40-44	Jan Plesner Robert Smith	800 m free 100 m back	13:03.88 1:11.12	(#5 TT) (#2 TT)	Super Ditto		
45-49	Charlotte Cowan Bert Petersen	800 m free 400 m I.M.	14:12.54 6:29.85	(#3 TT) (#5 TT)	Nifty A pip		
50-54	Bev Underwood	400 m I.M.	10:26.93	(#3 TT)	A Gem		
55-59	Bev Dirksen Bev L'Esperance Eric Guest	800 m free 200 back 50 brst 100 brst 200 brst	15:53.61 4:09.76 :43.10 1:34.59 3:30.77	(#6 TT) (#3 TT) (#6 TT) (#6 TT) (#3 TT)	Way to go Dazzler a real hummer		
60-64	Petey Smith Clarence Courter	800 free 100 I.M. 50 brst 50 fly 100 I.M.	14:19.18 1:55.45 :43.90 :38.91 1:26.27	(#2 TT) (#7 TT) (#8 TT) (#6 TT) (#5 TT)	first rate Ditto This guy is for real		
65-69	Gil Young Hugh Richards Judy Melcher	800 free 50 fly 100 I.M. 50 free 50 fly	14:03.36 :38.56 1:29.37 :32.50 1:28.18	(#2 TT) (#2 TT) (#2 TT) (#1 TT) (#9 TT)	first rate this doc is pure gold a comer		
70-74	Joe Ruddley	400 free 800 free 200 back	9:23.85 18:48.24 5:39.07	(#10 TT) (#4 TT) (#9 TT)	so rare so fine so grand		
NEW ASSOC	IATION RECORDS				-		
20-24	Shari Morris	50 back 50 fly	:44.99 :37.17				
	A - 75 1	70 0	20 02				

NEW ASSOCIA	TION RECORDS				•
20-24	Shari Morris	50 back 50 fly	:44.99 :37.17		
25-29	Andree Devine	50 free 100 free	:32.93 1:10.84		
	Michael Johnson	200 free 800 free	2:20.97 10:17.58	(#5 TT)	a humdinger
30-34	Debbie Gregoire	800 free	12:07.52	(#5 TT)	superb

OL BARN ... the splash in Roseburg ... cont ...

			-	•	
ASSOCIATION	RECORD SETTERS (cont)				
30-34	Sheryl Kirkendall	100 back	1:45.21		looking good
35-39	Nancy Milner	400 free 800 free	6:09.77 11:35.61	(#6 TT) (#4 TT)	Nancy is dandy
	John Dejarnatt ver it is John may I somesuper meet ::)	100 fly 200 I.M. 400 I.M.	1:13.52 2:47.87 5:57.41	(15 sec (#8 TT) (# 3 TT)	P.R. !!!) out of sight
40-44	Jan Plesner Dan Gray	100 free 800 free	1:20.62 11:40.67	(#6 TT) (#3 TT)	top notch a corker
45-49	Charlotte Cowan	50 free 100 free 200 free	:41.88 1:30.25 3:19.09	(#6 TT) (#8 TT) (#8 TT)	4 swims in the Top Ten
	Bert Petersen	400 free 200 back	5:46.65 3:23.22	(#6 TT) (#7 TT)	fearless is peerless
50-54	Pat Lanier	100 free 100 back	2:11.35) 2:27.06)	a couple	of gems
	Bev Underwood	50 brst	1:10.63	choice	
55-59	Bev Dirksen	400 free 50 free	8:03.09 :46.17	(#7 TT)	01 Barn says put our BEVS
	Bev L'Esperance	100 free 200 free 50 back	1:41.15 3:45.99 :54.42	(#5 TT) (#10 TT) (#5 TT)	against the world ::: Any time :::
		100 back	1:58.46	(#o mm)	
60-64)	Petey Smith	100 free	1:27.38	(#2 TT)	prime
65-69	Judy Melcher	50 free 100 free 50 brst 100 I.M.	1:12.40 2:36.88 1:17.05 5:34.02	one regi- 4 associa records in one m	ation
	Hugh Richards	100 free	1:18.27	(#2 TT)	Excellent
70-74	Joe Ruddley	200 free 200 brst	4:25.22 5:36.37	(#8 TT) (#5 TT)	
Note	: Joe set three regiona	l records a	ınd 2 assoc	iation re	cords in this

Note: Joe set three regional records and 2 association records in this meet, congratulations Joe Ruddley :::

NEW ASSOCIATION RECORDS IN RELAYS ... (not sure of names, but will straighten it out later, must go to press)

200 m Mixed Free 120 + Redmond 2:20.96 (Del Abbott, Paul Smith, Cynthia Dunlap, Shari Morris)

200 m Free, Men 120 + UVM 2:04.39 (Jim Edwards, Steve Flecther, Brad Long, Clarence Courter)

200 m Medley, Men 120 + Grants Pass? 2:37.52 (Robert Smith, Pat Walsh, Steve Mott, Paul Smith)

FLIPS AND JUMPS ...

At Roseburg, Dan Gray and Jim Edwards had a great one in the 100 free, with Dan in at 1:08.59 and Jim at 1:09.31.

Also, in the 100 breast; Steve Mott at 1:29.70, Steve Fletcher at 1:30.63, and Del Abbott in with a 1:32.41, that's a blanket finish.

Mike O'Neil turned in a 30.31 for the 50 fly, the record is 30.09

Ol Barn's "hat's off" to JUDY AND TERRY MCCURDY, a great meet, well run and we are all looking forward to the next one.

U.S. MASTERS SWIMMING SHORT COURSE TOP TEN (yards)

ALL AMERICAN MARTHA KELLER

LAVELLE STOINOFF
GINGER PIERSON
HERB EISENSCHMIDT

BARBARA FRID

BOB MORRISON

ROY WEBSTER

Our Martha has got to be the lead story, what a year ... Martha swam in 17 of 18 events and placed in all 17. Of those placings 12 were # 1's, her closest competitor placed in 7 events, 6 of which were # 1's. The only event that Martha did not swim was the 400 IM, in this event she is the the national record holder.

Barbara Frid proves again that aging up is not all that important. She placed in 8 events when she was 44, with one of them a 2nd. However, to make A-A you have to be first. Now at 45 Barbara picked off two firsts in the backstroke to go with 5 other placings, a great year in two age groups ...

						ce e				Sack			Fred		_	fly	••		7.m	·
Age	Swimmer	ب ا	5 o (100	500	500	1000	१७५०	50.	100	500	20	100	200	50	000	200	100	200	400
19-24	Carolyn Brown									5	В									
	Service Sturt zner														و					
35-39	Soudi Rousseau															!	9			
40-44	Barbara Frid				7	6	2		8	6	10				5				8	
	Ginger Ricerson	(A.E							5	5	7	\	\	\	4	4	2	4	3	3
	Pat Giordiano															6	4			7
45-49	Koven Roseh	-	8	5					8											
	Portara Frid	(4A			4	3			- 1	1	3				3			3		
50-54	Lavelle Stowat (A	, (A.	7	2	2	1	\	\			4		3	3				5		\
	Wadine Whitehall							6							6		4			
55-59	Joyce Bahler													9						
60-64	Retey Smith		8	6	7	10	Q	٩												
	Louise Hequer		ō	2	2	4							8	2						
	margaret Wells															9				
70-74	Evelyn McKcon		9	6																
75-79	Huzel Bressie		-			•	9						10	O	7	4	\$		5	5
85-89	Months Koller	TAA	2	<u> </u>	ι	\	15. 2.	<u>. </u>	2.	, \ .	\	3	\	\	2	\	\	2		<u> </u>

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01 Barn ... 1987 SC Top Ten ... cont ...



Herb Eisenschmidt, a very young 80 continues to swim up a storm, with 3 lst's and 2 national records in the 100 & 200 I.M. In addition Herb picked up 6 - 2nd's, 3 - 3rd's and a 4th for a total of 13 placings, now that folks is what's called "growing old in style".

Roy Webster, from MAC, did a bang up job. Roy placed in 8 events with 1sts in the 1650 and 200 breast, setting a national record in the 200 breast. Roy did not swim the Columbia this year, guess he was resting on his laurels, and most deservedly so.

Bob Morrison picked up the gold at SC Nationals, and then saw that time stand up for a number 1 ranking in the 50 breast, Bob also picked up a 7th in the 100 breast. This makes two years in a row for Bob, congratulations.

Floyd Eliott did just a super job in the backstroke, garnering 3 - 2nd's in a hot bed of fine backstrokers(60-64). In addition to this he picked up a 9th, an 8th and a 4th in the 55-59 bracket. Great swims :::

		L		,	<u>,</u>	ود		,,		0001E			DAZ			' 夬 , 7	ı	-	7:27	1
Age	Swimmer		50	100	500	200	1000	1650	50	100	500	50	100	300	50	100	500	100	500	400
5-29	Jeff Strater						8	10												
0-34	Ray Abramanitz																5		9	
5-39	war worden						8										8			5
	Ralshwight								9						9	2		9		
	mike birksen													5						
40-44	Robert Smith		9						2.	3		9						5		
	Richard Bayd							8												8
	teaterat								7	10					-					
45-49	Best Petersen														10					
55-5 9	Fred Sprenger					9	9													-
	Floya Eliott								9	8	4									
	Don Von Rossen											4	9	5_						-
0-64	Floyd Eliott							ļ	2	2	2									
	Gerry Huestis		٥	9					10							-	-			
	Bob Cutter	 	7.																	
	Hugh Richards		10	6					,	ļ					4	2		9		
	Earlubiter								8		5					8	4		6	4
	Bob Marrison	(AA)		: i	: :	i	ļ 						7	}	ļ 		<u> </u>	<u> </u>	<u> </u>	1
0-74	Art Hanlon															10	9			
	Donstevenson	-												-			8			
30-84	Herb Eisenschmidt	(AA)	4	3	3	2	2	2	3	2	2	2			1	-	<u> </u>	\		-
25-89		(AA)	<u> </u>	5	3		3	1			3		2	1			<u> </u>			<u> </u>
85-89	Roy Webster	AA	2	2	5		5	-		<u> </u>	3_	-	1		 		 			

Lavelle Stoinoff at 54 is better than she was at 50, her times just getting faster and faster. Lavelle had a super SC season with 4 firsts; 500, 1000, and 1650 free setting national records in all 3 of these events. She was also # 2 in the 100 & 200 free plus 3rd for the 100 & 200 breast, plus 4th(200 bk), 5th(100 IM), 7th(50 free). Best for the last, with the gold in the 400 IM at SC Nationals in 5:57.07, which held up for # 1, she is 1 sec away from Gail Roper's 5:56.00 in her new age group.

Ginger Pierson, what a great swimmer, picked off the # 1 for the 50-100 & 200 breast, all in national record time. Then added 9 more TT spots in the "skill" strokes(you freestylers note that). Ginger was in the top 5 in all 12 with the exception of the 200 back(7th)She broke regional and association records every time she hit the water.

Sandi (Ex-Chair) pushing "40" gathered in a 9th in the 200 fly.

Carolyn Brown and Denise Stuntzner are welcomed to the club. Carolyn picked off a 5th and an 8th, while Denise flew into the 6th spot in the 50.

Pat Giordiano picked off a 4th in the 200 fly, plus 2 added spots. Pat just kept improving all season, that's what work does.

<u>Nadine Whitehall</u>, great to be able to tap out a few words about this super gal, she is beginning to sound like an Aussie, but took enough time to land in 3 spots with a 4th in the 200 fly.

Hazel Bressie (MAC) may be a little bit older, but this past year saw her with PR's all over the place, and 8 spots in the Top Ten

Petey Smith also showed us what for with many PR's, she is getting faster and am sure we will see even better in '88. Petey placed in 6 spots on the TT.

Louise Hepner in an off year placed in 6 events with highs of 2nd's for the 100 & 200 free plus the 200 breast.

Evelyn McKeon, new swimmer from the South, set all kinds of local records and placed in the 50 and 100 free.

Joyce Bahler (MAC) and Margaret Wells each did well with a place in the final standings.

Jeff Strater stood tall with two places, as did Roy Abramowitz (5th-200 fly), Mike Dirksen, 5th with a great 200 breast, Ralph Wright came to swim this year, and placed in 4 events with a great 2nd in the 100 fly.

Mark Worden, always tough, 3 spots with a 5th in the 400 IM, Dick Boyd swam to 8's in the 1650 and the 400 IM.

Don Van Rossen looking great in the breast with a 4th(50), 9th(100) and a 5th in the 200.

Fred Sprenger picked up a 9th for the 500 & the 1000, Art Hanlon finished well at nationals and wound with a 9 and 10.

Jon Stout my old backstroke buddy, said early on he was going to get back in the top ten, look at a fine 7th and a 10th in the 50 and 100. This is what the coaches call "goal setting".

Robert Smith had a 2nd in the 50 back at 26.61, Barry Wemple swam a 26.60 to nudge Bob for the Gold at Nationals, and the #1-AA ranking. Robert added 4 other fine swims for a great year.

Gerry Huestis picked up 3 spots for the 65'ers, watch Gerry this coming year, we will putting together some hot relay teams.

Hugh Richards had a great year, highlighted by a 2nd in the 100 fly, for a total of five paces in the promised land.

Don Stevenson picked up an 8th at 74, watch his smoke at 75, already cookin'

OL BARN ... NATIONAL LONG COURSE CHAMPIONSHIPS ... WOODLANDS ...

Lone Star Masters were the hosts to this years final meet of the 87 season. It was a great one, showcasing a beautiful pool, plus outstanding warm up pool, excellent accomodations, and best of all friendly Texans headed up by our National Prexy Tom Boak.

Close to 900 swimmers were entered and well over 800 made the big splash. Of these the Oregon Association was ably represented by 7 of our very best, with five of them coming away with at least one GOLD.

Ginger Pierson (40-44)	Gold Bronze Fourth Fourth	50 Brst 100 Brst 200 Brst 50 Back 50 fly 200 I.M.	:38.99 1:28.63 3:14.19 :41.16 :35.81 3:09.36	
Barbara Frid (45-49)	Gold Silver Bronze Fifth	50 Back 100 Back 200 Back 50 Free 50 Fly 100 Free	:39.40 1:28.64 3:18.81 :32.94 :36.15 1:15.05	Assn Record Assn Record Assn Record Assn Record
Kevin Kelly (40-44)	17th 11th 11th 6th	100 Free 200 Free 400 Free 1500 Free	1:07.13 2:25.28 5:07.41 21:08.44	·
Jim Bigler (50-54) This was Jim's best showing in a national meet :::	13th 11th 5th 7th 10th 8th	50 Free 100 Free 200 Free 400 Free 200 Back 200 Brst	:32.23 1:12.03 2:42.17 5:53.80 3:31.46 3:31.66	•
Hugh Richards (65-69)	Gold Silver Bronze	200 I.M. 50 Free 100 Free 50 Fly 100 Fly 50 Brst	3:32.18 :31.73 1:17.64 :37.35 1:38.43 :44.89	Regional Record Regional Record Regional Record
Gil Young (65-69)	Gold 5th 4th Bronze Silver Silver	800 Free 200 Free 400 Free 50 Back 100 Back 200 Back	14:07.71 3:06.95 6:44.46 :44.01 1:41.59 3:43.85	Assn Record Assn Record
This was Gil's	finest Maste	ers meet ever,	great swims,	great times
Don Stevenson (75-79)	Gold Silver	100 Back 200 Back 200 Brst 200 Fly 200 I.M.	1:48.37 3:59.04 4:26.74 4:38.34 4:08.31	Regional Record Regional Record
Just a great me	eet for Don,	4 Golds and 1	Silver, WOW	:::

(Gil Young, Hugh Richards, Ginger Pierson, Barbara Frid)

200 Mxd Medley Relay - 4th - 2:31.93

400FRE MARY M EDWARDS

40 DREG B:20.37

U=UNOFFICIAL TIME

DA DA HOMEN	544555 TAU M 01 50050 A. 005517 AV 000	
	800FRE JAN M PLESNER 41 ORE613:03.880	100FRE JUDY M MELCHER 67 ORE6 2:36.880
50FREE SHARI L MORRIS 23 OREG :38.35	Oregon was- OPEN 99:99.99	Oregon was- OPEN 99:99.99
100FRE JANINE AMODED 24 DRE6 1:06.400	50BACK MARY M EDWARDS 40 DREG 1:01.06	50BRST JUDY M MELCHER 67 DREG 1:17.050
Oregon was- ANDREE DEVINE 1:12.34	50BRST MARY M EDWARDS 40 DREG 1:04.12	Oregon was- HAZEL BRESSIE 1:50.60
200FRE JANINE AMODED 24 OREG 2:26.520	45-49 WOMEN	50 FLY JUDY M MELCHER 67 ORE6 1:28.180
Oregon was- OPEN 99:99.99	50FREE CHARLOTTE E COMAN 47 ORE6 :41.880	Oregon was- ELFIE J STEVENIN 1:34.46
-		-
400FRE JANINE AMODEO 24 DREG 5:13.980	Oregon was- KALEO B. SCHRODER :43.92	100 IN JUDY N MELCHER 67 DREG 5:34.020
Oregon was- ANDREE DEVINE 5:26.63	100FRE CHARLOTTE E COWAN 47 DREG 1:30.250	Oregon was- OPEN 99:99.99
800FRE JANINE AMODED 24 ORE610:44.300	Oregon was- OPEN 99:99.99	25-29 MEN
Oregon was- OPEN 99:99.99	200FRE CHARLOTTE E COWAN 47 DREG 3:19.090	50FREE MICHAEL E JOHNSON 27 ORE6 :28.20
50BACK SHARI L MORRIS 23 ORE6 :44.990	Oregon was- OPEN 99:99.99	100FRE MICHAEL E JOHNSON 27 OREG 1:03.52
Oregon was- OPEN 99:99.99	400FRE CHARLDTTE E COWAN 47 ORE5 6:59.87	200FRE MICHAEL E JOHNSON 27 ORE6 2:20.970
50 FLY SHARI L MORRIS 23 ORE6 :37.170	800FRE CHARLOTTE E COWAN 47 DRE614: 12.540	Oregon was- DAVID WASH 2:27.99
Oregon was- OPEN 99:99.99	Oregon was- OPEN 99:99.99	400FRE MICHAEL E JOHNSON 27 ORES 5:00.790
25-29 WOMEN	50-54 WOMEN	Oregon was- DAVID WASH 5:21.74
		•
50FREE ANDREE DEVINE 26 OREG :32.930	50FREE PATRICIA E LANIER 53 DREG :56.97	BOOFRE MICHAEL E JOHNSON 27 DREG10:17.580
Oregon was- NANCY JEAN DUNTON :33.79	BEVERLY UNDERWOOD 52 OREG 1:00.02	Oregon was- OPEN 99:99.99
100FRE ANDREE DEVINE 26 OREG 1:10.840	100FRE PATRICIA E LANIER 53 ORE6 2:11.350	35-39 MEN
Oregon was- NANCY JEAN DUNTON 1:14.29	Oregon was- CAROLE SPRENGER 2:33.23	50FREE DELBERT V ABBOTT 35 ORE6 :34.30
800FRE ANDREE DEVINE 26 OREG11:09.020	50BACK PATRICIA E LANIER 53 DREG 1:05.09	100FRE STEVEN R FLETCHER 35 DREG 1:15.09
Oregon was- OPEN 99:99.99	BEVERLY UNDERWOOD 52 ORE6 1:09.29	400FRE RICHARD J SMITH 38 OREG 5:57.97
50 FLY ANDREE DEVINE 26 DREG :39.49	100BAK PATRICIA E LANIER 53 DREG 2:27.060	50BRST J STEVEN MOTT 37 ORE6 :41.13
	Oregon was- ELFIE STEVENIN 2:48.40	DELBERT V ABBOTT 35 ORE6 :42.52
· ·	•	
Oregon was- SUSAN SNYDER 3:39.50	SOBRST BEVERLY UNDERWOOD 52 OREG 1:10.630	100BRS J STEVEN MOTT 37 DREG 1:29.70
30-34 WOMEN	Oregon was- BEVERLY UNDERWOOD 1:15.02	STEVEN R FLETCHER 35 ORE6 1:30.63
50FREE SHERYL KIRKENDALL 31 OREG :37.47	100BRS BEVERLY UNDERWOOD 52 ORES 2:35.24	DELBERT V ABBOTT 35 ORE6 1:32.41
ROBIN HAVENICK 34 ORE6 :39.96	400 IM BEVERLY UNDERWOOD 52 DREG10:26.930	200BRS STEVEN R FLETCHER 35 DRE6 3:16.25
LYNN A JONES 33 OREG :41.80	Oregon was- OPEN 99:99.99	J STEVEN MOTT 37 ORE6 3:19.52
100FRE ROBIN HAVENICK 34 OREG 1:28.29	55-59 WOMEN	50 FLY MICHAEL C O'NEIL 37 OREG :30.31
200FRE SHERYL KIRKENDALL 31 ORE6 3:12.63	50FREE BEVERLY A DIRKSEN 56 OREG :46.170	100FLY JOHN D DEJARNATT 37 DREG 1:13.520
800FRE DEBBIE J GREGOIRE 33 OREG12:07.520	Gregon was- EILEEN BIGLIN :56.90	Oregon was- JOHN D. DEJARNATT 1:28.10
		-
Oregon was- OPEN 99:99.99	100FRE BEVERLY A DIRKSEN 56 ORE6 1:41.150	200FLY JOHN D DEJARNATT 37 ORE6 2:52.390
SHERYL KIRKENDALL 31 DRE614:12.89	Oregon was- OPEN 99:99.99	Oregon was- OPEN 99:99.99
SHEILEY B LOOSLEY 33 ORE614:37.28	200FRE BEVERLY L'ESPERANCE 55 ORE6 3:45.990	100 IM JOHN D DEJARNATT 37 OREG 1:15.71
50BACK LYNN A JONES 33 DREG :51.24	Oregon was- MARGARET A. WELLS 3:47.91	200 IN JOHN D DEJARNATT 37 DREG 2:47.870
100BAK SHERYL KIRKENDALL 31 OREG 1:45.210	BEVERLY A DIRKSEN 56 OREG 3:52.06	Oregon was- RON NAKATA 3:16.00
Oregon was- OPEN 99:99.99	400FRE BEVERLY A DIRKSEN 56 OREG 8:03.090	400 IN JOHN D DEJARNATT 37 DREG 5:57.410
50BRST LYNN A JONES 33 OREG :53.28	Oregon was- MARGARET WELLS 8:11.85	Oregon was- JOHN D DEJARNATT 6:00.86
35-39 WOMEN	BOOFRE BEVERLY A DIRKSEN 56 ORE615:53.610	40-44 MEN
100FRE CYNTHIA A DUNLAP 35 DREG 1:26.13	Oregon was- OPEN 99:99.99	SOFREE JAMES S EDWARDS 44 DREG :29.06
	- · · · · · · · · · · · · · · · · · · ·	MICHAEL T KOLLN 42 ORE6 :41.49
	BEVERLY L'ESPERANCE 55 ORE616:13.23	
200FRE SUSAN M GIRARD 39 DREG 3:49.27	50BACK BEVERLY L'ESPERANCE 55 OREG :54.420	100FRE DANIEL R GRAY 42 OREG 1:08.59
400FRE NANCY J MILNER 36 DREG 6:09.770	Oregon was- TAEKA MURRAY 1:17.28	JAMES S EDWARDS 44 ORE6 1:09.31
Oregon was- B.JEANETTE SULLIVAN 7:03.88	100BAK BEVERLY L'ESPERANCE 55 OREG 1:58.460	MICHAEL T KOLLN 42 OREG 1:37.47
SUSAN M GIRARD 39 DREG 7:57.45	Oregon was- OPEN 99:99.99	200FRE JAMES S EDWARDS 44 DRE6 2:45.99
BOOFRE NANCY J MILNER 36 OREGI1:35.610	200BAK BEVERLY L'ESPERANCE 55 OREG 4:09.760	MICHAEL T KOLLN 42 OREG 3:35.59
Oregon was- OPEN 99:99.99	Oregon was- OPEN 99:99.99	400FRE ROBERT S SMITH 44 ORES 5:13.53
50BRST CYNTHIA A DUNLAP 35 DREG :48.40	60-64 WOMEN	JAMES S EDWARDS 44 ORE6 5:55.29
100BRS NANCY J MILNER 36 ORE6 1:42.92	SOFREE PETEY MH. SMITH 63 OREG :39.10	MICHAEL T KOLLN 42 OREG 7:37.74
CYNTHIA A DUNLAP 35 ORES 1:50.84	100FRE PETEY NH. SMITH 63 ORE6 1:27.380	
		BOOFRE DANIEL R GRAY 42 DRE611:40.670
50 FLY NANCY J HILNER 36 OREG :41.25	Oregon was- OPEN 99:99.99	Oregon was- OPEN 99:99.99
200 IM NANCY J MILNER 36 DRE6 3:17.55	BOOFRE PETEY MH. SMITH 63 ORE614:19.180	MICHAEL T KOLLN 42 DRE615:53.40
40-44 WOMEN	Oregon was- OPEN 89:99.99	50BACK ROBERT S SMITH 44 ORE6 :30.77
50FREE JAN M PLESNER 41 DREG :35.85	100 IM PETEY NH. SMITH 63 OREG 1:55.450	100BAK ROBERT S SMITH 44 ORES 1:11.120
MARY M EDWARDS 40 DREG :48.66	Oregon was- PETEY MH. SMITH 2:05.07	Oregon was- BRIAN M. LANGLAIS 1:25.10
100FRE JAN M PLESNER 41 DREG 1:20.620	65-69 WOMEN	
Oregon was- KAREN R. ROACH 1:22.56	50FREE JUDY M MELCHER 67 ORE6 1:12.400	50 FLY DANIEL R SRAY 42 DREG :35.81
200FRE JAN M PLESNER 41 DRE6 3:11.83	Oregon was- ELFIE J STEVENIN 1:25.22	
ANNEDE MADY M ENMADRE AN ROLE 0.20 37	v winitell ######	

METER 09/20/87

66 OREG :55.13

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U=UNOFFICIAL TIME

O=OREGON RECORD (pending review by E.WALTER) by R.Smith

---- 45-49 MEN 400FRE BERT L PETERSEN 48 OREG 5:46.650 Oregon was- PHIL JENSEN 6:51.03 200BAK BERT L PETERSEN 48 ORE5 3:23,220 Oregon was- OPEN 99:99.99 50 FLY BERT L PETERSEN 48 ORE6 :31.23 400 IM BERT L PETERSEN 48 ORE6 6:29.850 Oregon was- BERT L PETERSEN 6:41.31 ---- 55-59 MEN SOBRST ERIC GP. GUEST 58 ORE6 :43.100 Oregon was- ERIC G.P. GUEST :43.56 100BRS ERIC GP. GUEST 58 ORE6 1:34.590 Oregon was- OPEN 99:99.99 200BRS ERIC 6P. GUEST 58 ORE6 3:30.770 Oregon was- OPEN 99:99.99 ---- 60-64 MEN 50FREE CLARENCE C COURTER 64 ORE6 :37.90

50BRST CLARENCE C COURTER 64 ORE6 :43.900 Oregon was- CLARENCE C COURTER :45.37 50 FLY CLARENCE C COURTER 64 ORE6 :38.910 Oregon was- KHOSROW SHADBEH :53.94 100 IN CLARENCE C COURTER 64 DRES 1:26.270 Oregon was- EARL WALTER 1:35.15 ---- 65-69 MEN **50FREE HUGH S RICHARDS** 66 ORE6 :32.50D Oregon was- ROBERT L. CUTTER :36.45 100FRE HUGH S RICHARDS 66 OREG 1:18.270 Oregon was- HUGH S RICHARDS 1:20.79 200FRE KHOSROW SHADBEH 66 OREG 3:54.930 Oregon was- JOSEPH A MALLON 3:58.41 800FRE GILBERT N YOUNG 65 ORE614:03.360 Oregon was- OPEN 99:99.99 KHOSROW SHADBEH 66 ORE616:51.17

200BRS KHOSROW SHADBEH 66 DREG 4:29.16 50 FLY HUGH S RICHARDS 66 ORE6 :38.560 Oregon was- EARL WALTER : 40.57 100 IN HUGH S RICHARDS 66 OREG 1:29.370 Oregon was- HUGH S RICHARDS 1:33.43 ---- 70-74 MEN 200FRE JOE D RUDDLEY 72 ORE6 4:25.220 Oregon was- OPEN 99:99.99 400FRE JOE D RUDDLEY 72 ORE6 9:23.850 Oregon was- OPEN 99:99.99 **800FRE JOE D RUDDLEY** 72 ORE618:48.240 Oregon was- OPEN 99:99.99 200BAK JOE D RUDDLEY 72 OREG 5:39.070 Oregon was- OPEN 99:99.99 200BRS JOE D RUDDLEY 72 ORE6 5:36.370 Oregon was- OPEN 99:99.99

120+ MEN RICHARD J SMITH, 38 *** J STEVEN HOTT, 37 ### 14 200 MEDLEY RELAY ROBERT S SMITH, 44 ### PATRICK WALSH, 39 *** ORE6 2:37.52

160+ MEN TERRY C MCCURDY, 57 ### MICHAEL C O'NEIL, 37 ### 14 200 MEDLEY RELAY STEVEN R FLETCHER, 35 *** JAMES S EDWARDS, 44 *** ORE5 2:42.09

120+ MEN RICHARD J SMITH, 38 ### PATRICK WALSH, 39 ###

200 RELAY FREE J STEVEN HOTT, 37 *** DANIEL R GRAY, 42 *** ORE6 2:16.76

160+ MEN JAMES S EDWARDS, 44 ### STEVEN R FLETCHER, 35 *** 5 200 FREE RELAY BRAD 6 LONG, 25 *** CLARENCE C COURTER, 64 *** DREG 2:04.39

120+ MIXED DELBERT V ABBOTT.35 *** RICHARD J SMITH.38 ***

200 FREE RELAY CYNTHIA A DUNLAP, 35 *** SHARI L MORRIS, 23 *** ORES 2:20.96

46 ENTRANTS

50BRST KHOSROW SHADBEH

H.O.S.T. (House Our Swimmers Tonight)

Contact the following H.O.S.T. when you wish to stay in anothers swimmer's home during an out of town meet.

Oregon Masters Andy Schragg W (206)254-9400 H (206)254-9661 PNA Masters . David Addleman (206)852-7002 IEA Masters Mariah Clarke (509)926-2597 Snake River Janet Wood W (208)338-7229 H (208)345-8843 Corvallis Mark & Laura Worden (503)753-9352 Southern Oregon Judy Mccurdy (503)673-3673



WORLD MASTERS SWIM '88 INC.

Phone: 07 227 1777 Telex AA 40776 Fax 07 229 9496

Secretariat: - GPO Box 2262, Brisbane, Queensland, 4001. Australia.

Brisbane Wins the Swim!

We may not have won the Olympic Games for 1992 but Brisbane will play host to an even bigger sporting event in Australia's Bicentennial Year — the 2nd FINA/MSI World Masters Swimming Championships, hosted by AUSSI Masters Swimming in Australia, conducted by AUSSI Queensland.

Tipped to be the largest international swimming event Australia has ever seen, the World Masters Swim '88 will boast more competitors than either the Olympic or Commonwealth Games swimming events.

Some 3,000 competitors, aged 25 and over are expected to take part from countries as far distant as Canada and Europe. Unlike the Olympics or Commonwealth Games, however, competitors won't be representing their countries — he/she will be competing for his/her own personal best in the spirit of "fitness and fun" — the theme of every AUSSI Masters swimming club in Australia Every Masters swimmer is a winner just by getting in and having a go in the World Masters Swim'88.

We Hope You Will Join Us!

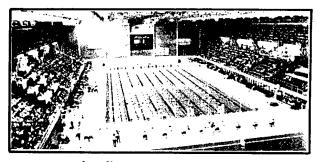
If you are thinking of taking part (but haven't quite made up your mind yet) please fill in the Expression of Interest form in this newsletter and get it back to us as soon as possible (Deadline: March 1). That way we can put together a regular World Masters Swim mailing list for details on the Championships as they come to hand. Remember, we are not asking for a final decision yet (or for your money), we just want some idea of the numbers interested in competing.

Remember the Date -Oct. 9-16, 1988

The best time of the year to visit Brisbane! The days are fine and warm but the temperature seldom climbs above 28 degrees C at midday. The nights are clear and balmy. Our beautiful flowering trees — Jacaranda, Bouganvillea, Bauhinia, Silky Oak and Bottle Brush — are starting to bloom. It's daylight at 5.00am and not quite dark at 6.30pm. Not too cold for that early morning training session either! What a great time of the year to take part in the World Masters Swim.

A Top Class Swimming Venue Awaits You!

The Chandler Swimming Complex, Australia's premier swimming venue, is situated in Nathan, a bushland Brisbane suburb only 15 kilometres outside the city heart. Built by the Brisbane City Council in 1982 for the Commonwealth Games, it boasts a 10 lane 50 metre world standard Olympic pool, together with a 25 metre training pool and diving pool all under one roof. Ample seating accessible from the pool edge for at least 5,000 people completes the scene. Generous changing facilities and club amenities have not been forgotten. All this set in picturesque bushland picnic grounds — what more could a Masters swimming competitor ask for?



Chandler Swimming Complex









Brisbane

BRISBANE – Australia's city of the 80's and the capital city gateway to the Sunshine State – Queensland. Also the venue for the exciting highlight of Australia's Bicentennial, World Expo 88.

Brisbane is the perfect destination – reflecting the relaxation of its luxurious sub-tropical climate, coupled with the sophistication of a modern city.

Attractions include the bustling Queen Street Shopping Mall, the magnificent sandstone Cultural Centre encompassing the State Art Gallery, Performing Arts Complex, State Library and Museum and a host of top class restaurants.

Brisbane is also your gateway to Australia's famous tourist playgrounds – the Gold and Sunshine Coasts, nearby tropical islands and beautiful rain forests.

More details of optional day tours and post-championship trips will appear in future newsletters.

Travel and Accommodation

The World Masters Swim '88 Committee has organised travel and accommodation packages through our official ground operators — Jetset Tours (Queensland) Pty Ltd.

The following costs are for the complete "Ground Package" during the Championship week.

CATEGORY A – BRISBANE
(Deluxe Class Hotels)
Hilton; Sheraton; Mayfair Crest; Lennons;
Parkroyal; Brisbane Travelodge.
- Share Twin - A\$740.00.

CATEGORY A – GOLD COAST
(Deluxe Class Hotels)
Conrad International (Jupiters Casino); Gold Coast International; Ramada; Holiday Inn.
- Share Twin - A\$710.00;
CATEGORY B – BRISBANE
(First Class Hotel/Motels)

Bellevue; Ridge; Summit; Gateway. - Share Twin - A\$657.00.

CATEGORY B - GOLD COAST (Luxury self-contained apartments and first class hotel/motels)
Chevron Paradise Hotel; The Resort; Quality
Inns - Iluka, Islander, Chateau.
- Share Twin - A\$629.00.

CATEGORY C - BRISBANE
(Hotel/Motels)
Story Bridge Motor Inn; Holiday Village;
Southern Cross Hotel.
- Share Twin - A\$545.00.

CATEGORY C - GOLD COAST
(Self-contained apartments/motels)
Golden Gate; Surfers International; Equinox;
Surfers Century.

Note: Gold Coast package price includes additional bus transfers and shuttles.

The above costs include: -

- Share Twin - A\$495.00.

- Eight nights accommodation on a room-only basis at your selected hotel/motel.
- * Transfers on arrival and departure from Brisbane and Coolangatta airports.
- Porterage of baggage at hotels and motels.
- A souvenir registration pack which will include a number of first class souvenir items.
- Transportation and shuttles associated with compeetition and special events.
- * Gala Welcome Function with Australian Spit Roast barbeque, live entertainment, and beer, wine and soft drinks.
- Entry ticket to World Expo 88.
- * Finale Function at Dreamworld. Private use of the theme park's facilities for the Master Swim participants

 all rides and entertainment; beer, wine and soft drinks; live music and dancing and a wide variety of food at different locations.

Costs for non-package participants would be:-

\$50.00
\$70.00
\$75.00
\$25.00

A deposit of Aus\$100.00 is required to reserve accommodation - balance is payable by 1st May, 1988.



Expression of Interest

U	Yes! I am interested in competing in the 2nd FINA/MSI World Masters Swimming Championships in Brisbane in October 1988. Please keep me on your regular mailing list for details.
	I would like to take advantage of the 'ground' package and my preferred accommodation is:-
Þ	Please ask a local agent to contact me about travel/accommodation requirements.

NAME: Miss/Mrs/Ms
ADDRESS
Postcode
CLUB
AGE (as at October 16, 1988)
I will/will not be bringing my family and friends with me: Approximately
spectators.

1988 OREGON MASTERS

YOU MUST BE A REGISTERED MASTER TO SWIM IN MASTERS MEETS

By registering with Oregon Masters, you are joining an elite organization!

- * Oregon has more masters swimmers per capita than any other association in the world, and one of the highest renewal rates of any of the 50 associations.
- * Our registration year runs from November 1, 1987 through October 31, 1988. Registrations for 1988 are accepted beginning October 1, 1987.

OMS is a non-profit organization supported totally by volunteers. Officers are chosen by you in elections. Consult your tax advisor regarding your contribution. Our Monthly publication, AQUAMASTER, enables you to get final meet results and find out what's happening in Masters swimming. AQUAMASTER is the ONLY source of meet entry forms. For 50¢ a month your copy is delivered via bulk mail. If you move, let the registrar know so that you continue to receive this valuable publication. Your registration fee enables OMS to provide you with:

- 1. Local meet support.
- 2. National representation for all of Oregon Swimmers.
- 3. Promotion of Masters Swimming and social events.

\$5.00 of your \$10.00 registration is sent to the US Masters Swimming, Inc.(USMS) They provide insurance for you:

Personal accident when competing in OMS approved/sanctioned meet or practice session (\$50.00 deductible.)

Accidental death \$10,000.00
Dismemberment 10,000.00
Accidental Medical Expenses 2,000.00

Liability for individual/organization/sponsor (\$250.00 deductible).

\$500,000.00

Per combined single incident

50,000.00

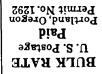
Property damage

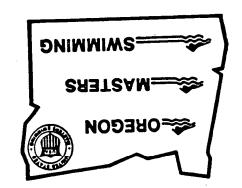
There are currently two clubs within Oregon Masters: OMS and MAC club. Club designations affect eligibility to swim on relays. If you register "unattached", you are ineligible to swim on relays. Club designations are distinct from local operating groups(ie your "team").

You shall be registered for OMS unless you otherwise specify.

Only the first 20 charact We must have your last y	ers of your name will rears' registration num	appear on he ber for the n	at sheets and res ational office.	sults. PLEASE PRINT		
This is a New registra Name Last Address			Oregon 1988	Office Use Only		
City St ZIP Reg. Fee (\$10.00) ——————————————————————————————————						
Local Operating Group	P (If any)	Sherwoo	E Canter Lane d, OR 97140			
Remember to stop your re-	Signature	Or enclose	with meet registration			

Portland, Or 97225





This issue of your AQUAMASTER was donated through the courtesy of sometime swimmer Jim Snow and STEVENS-NESS LAW PUBLISHING CO.

For your PRINTING and OFFICE SUPPLY needs call

223-3137

STEVENS-NESS

916 S.W. Fourth Avenue
Portland, Oregon 97204

A special thanks to Robert Smith and his computer for giving us the meet results.