



Aqua-Master



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OREGON MASTERS SWIMMING MEET SCHEDULE 1986-87

<u>DATE</u>	<u>LOCATION</u>	<u>FORMAT</u>
<u>SHORT COURSE YARDS/METERS</u>		
October 4&5, 1986	Newport	Two day - Order #4 with 1650
November 2&3, 1986	Corvallis	Two day with distance event
December 7, 1986	Beaverton	One day, no distance
January 10, 1987	Newberg	One day - Order #1, no distance
Jan 31 & Feb 1, 1987	Lincoln City	Two day, short course meters
February 7, 1987	Beaverton	Swim Cellar Pentathlon
February 14, 1987	Ashland	One day - Order #2, no distance
March 1, 1987		Proposed Stroke Clinic
March 28&29, 1987	Salem	Two day - Order #3 with 1000
April 10,11,12, 1987	Tualatin Hills	Assoc. Championships
May 1,2,3, or 8,9,10		Regionals hosted by PNA
May 1,2,3, or 8,9,10	Lake Oswego	Relay Meet/Clinic
May 23,24,25,26, 1987	Palo Alto, CA	Short Course Nationals: Los Altos/Stanford University

CONNIE WILSON

A time to remember, a great and fine person, whose happy smile plus infectious laugh, made each and every day that much better , that much the greater for Oregon Masters, and for everyone.

Connie Wilson , the founder and Chairman Emeritus of Oregon Masters Swimming died on July 22nd.

She was in swimming and athletics from almost the day she was born; a fine volleyball player and coach at Portland State, PSU was then a power in women's volleyball, a gold medalist and national champion in Masters Track and Field, a National Champion and Oregon's first All America in Masters Swimming.

1986 was a difficult year for Connie, she was ill on and off, but still was willing and able to assist with the planning for the upcoming Long Course Championships at MHCC. In the water she was almost her old self, winning a silver in the backstroke at Nationals and swimming a leg on our Gold medal women's medley relay team, also at Ft Pierce.

Yes, a time to remember, when things were darkest for Oregon Masters Swimming, with only two or three dozen swimmers and all in disarray, she stepped into the breach. Connie's leadership was immediately evident, Masters Swimming in Oregon was alive and well.

I first met Connie in 1974 at the Association Championships in Beaverton, Masters was going well, growing by leaps and bounds, she single handedly was building one of the finest Masters organizations in the country, am happy to say that she asked to join the team, she continued with unmatched energy to build Oregon Masters Swimming as well as Masters Swimming in the Northwest and across the country.

Connie went to almost every National U S Masters Convention, was selected by three national presidents to serve as a delegate at large, turned over the reins in Oregon after building OMS into the sixth largest organization in the U S A, as we all know she did not stop there, she kept right on working, going to conventions, helping us get the Nationals in 1982, helping in all ways, including registration for a couple of years.

From the little girl who swam a mean backstroke for the MAC, to the fine person who helped us all in so many ways, yes, we will remember Connie Wilson, and we will miss her in so many many ways.

Earl Walter

***** HOWARD PRAIRIE LAKE SWIM *****

Overall	Place	Age Group	Time	Sex	Age	Name	City
1	1	35 - 39	0:24: 1	M	36	LARRY HILDEBRANDT	MEDFORD
2	1	30 - 34	0:25:54	M	30	MICHAEL RICHARDSON	MEDFORD
3	1	25 - 29	0:26: 3	M	28	MICHAEL DOUGLAS	BEND
4	2	35 - 39	0:26:28	M	37	PAUL RUNQUIST	ASHLAND
5	2	30 - 34	0:26:33	M	30	BOB OSIP	ASHLAND
6	1	20 - 24	0:26:34	F	22	KATHY RICHARDSON	MEDFORD
7	1	30 - 34	0:26:58	F	31	DEBBIE GREGOIRE	MEDFORD
8	3	35 - 39	0:27: 1	M	36	JOHN DE JARNETT	SALEM
9	1	40 - 44	0:27:24	M	41	DAN GRAY	ASHLAND
10	3	30 - 34	0:27:30	M	31	JIM CUTTING	SALEM
11	1	35 - 39	0:27:32	F	38	GERI HANSON	ASHLAND
12	4	35 - 39	0:27:51	M	36	MICHAEL CAREW	BEND
13	4	30 - 34	0:28:21	M	31	DANIEL GREENBLATT	ASHLAND
14	2	30 - 34	0:28:24	F	32	ALICE PARSONS	COOS BAY
15	5	35 - 39	0:28:38	M	39	MICHAEL DUFFY	ASHLAND
16	6	35 - 39	0:28:51	M	36	NEIL FOLEY	ASHLAND
17	1	19 & UNDER	0:29:18	M	16	MIKE STANLEY	ASHLAND
18	7	35 - 39	0:29:36	M	37	CARLYLE STOUT	ASHLAND
19	1	25 - 29	0:29:49	F	29	ROSE MARTIN	BEND
20	2	40 - 44	0:29:49	M	41	DENNIS COPPER	ASHLAND
21	1	50 - 54	0:30: 7	M	53	RICHARD MEALY	LONGVIEW
22	5	30 - 34	0:30:10	M	32	LARRY GIARDINA	PHOENIX
23	2	25 - 29	0:30:21	F	27	LIZA SHAW	ASHLAND
24	3	30 - 34	0:30:23	F	34	KARYN HALE	MEDFORD
25	2	19 & UNDER	0:30:57	M	13	FINNIAN NORRIS-GRAY	ASHLAND
26	2	25 - 29	0:32: 9	M	29	ROSS LEHMAN	ASHLAND
27	4	30 - 34	0:32:38	F	33	JEAN MC FARLANE	SALEM
28	2	35 - 39	0:32:53	F	35	DEBBIE KNESS	BONANZA
29	3	25 - 29	0:33: 8	F	28	NICOLA LUI-KWAN	PHOENIX
30	3	35 - 39	0:35:29	F	35	ROBIN BARRETT	ASHLAND
31	1	45 - 49	0:35:50	M	45	CHUCK SMOKER	MEDFORD
32	4	35 - 39	0:35:54	F	39	JUDI BARNETT	MEDFORD
33	5	30 - 34	0:35:57	F	34	BONNIE SMITH	BONANZA
34	6	30 - 34	0:35:58	F	32	LYNN JONES	ASHLAND
35	3	40 - 44	0:36:22	M	40	MARK FLINT	CENTRAL POINT
36	4	40 - 44	0:41:13	M	42	ALLYN BROWN	SHERWOOD
37	1	40 - 44	0:43:23	F	41	CHARLIE HAAS	ASHLAND

Special Thanks to:

Vicki Runquist - registration, results
 Lissa Smith - artwork, safety
 Doug Richmond - course layout, safety
 Dick Stanley - course layout, safety
 Paul Runquist - course layout
 Dan Gray - safety
 Greg Frownfelter - race director



BETWEEN THE LANE LINES

Well, what don't you already know? Nationals are coming up, and who knows...by the time I get this issue out, they may have already taken place. I suppose I can tell you how I spent my summer vacation. Along with several other Oregon swimmers, I went to the World Masters Championships in Tokyo. Representing Oregon (and representing Oregon quite well, I might add) were Laura (Baumhofer) Worden and Mark Worden, Sue Girard, Judy and Terry McCurdy, Bev Dirksen, Ron Nakata, Mike Johnson, Frank Warner, Ginger Pierson, Bert Petersen, Louise Hepner, Joe Ruddley, Joyce Wydrzynski, and me (Andree). A good time was had by all. Really, these International meets are a lot of fun. You have an opportunity to get to know swimmers from other countries and other states, with the added bonus of becoming better acquainted with members of your own association. It's a worthwhile experience; you should try it sometime. The next one is scheduled for October 1988, in Brisbane, Australia.

At the risk of repeating myself (actually, there is no risk; I am repeating myself), I will say again that if your fastest times are swum at a meet held outside of our association, and you want them to be considered for Oregon Top 5 times for 1986, get a photocopy of the official results with your time and send it to this dude: Robert Smith, 18476 Timbergrove Ct., Lake Oswego, OR 97034.

The deadline for submitting material (not the kind you get in a yardage store) for the September issue of the Aqua Master will be August 29. Boy that's exciting.

H.O.S.T. (House Our Swimmers Tonight)

Contact the following H.O.S.T. Chairperson when you wish to stay in another swimmer's home during an out-of-town meet:

Oregon Masters - Ginger Pierson: H-(206)254-2536
W-(206)256-6065

PNA Masters - Kiko Kimura: H-(206)365-3766
W-(206)526-2183

IEA Masters - Mariah Clarke: H-(509)926-2597

Snake River Masters - Janet Wood: H-(208)345-8843
W-(208)338-7229

Masters Registration

The national office will not accept new registrations after the dead line for L.C. nationals (they consider that the last meet of the year.) They will start accepting new registrations at the end of October. I cannot process any registrations until we get the 1987 procedures from the national office. If I get a registration for a new swimmer between now and October, I will hold it for processing as a 1987 registration. Renewals will be returned to the swimmer.

I ran out of registration cards at the end of the last year. Those swimmers who sent their registrations with their nationals entries should have gotten a confirming post card but will not get an official registration card. You are registered for 1986 however. If you need it, your registration number is on the postcard above your name on the mailing label. Oh, this also applies to those people who showed up on my doorstep the night of July 21st (the very very last day).

August 1, 1986

Those members of the Oregon Masters, Herbert Eisenschmidt, Bob Morrison, Earl Walter and Donald Stevenson, who reduced by nearly two seconds, the world record in the 200-meter medly relay Saturday July 26, 1986 at the State Games of Oregon, not only deserve congratulations from fellow members, but thanks for bringing the Masters organization as a viable sports organization in the northwest to thousands of readers via the front page of the Oregonian sports section. This type of highly favorable publicity creates interest and growth for the Masters.

The most recent USMS Newsletter (with a good pic of Bert Peterson) advises that nationally the number of our membership is nearly 20,000, and that Oregon has one of the highest per capita memberships in the nation.

Many of us owe a great deal to the people who through unselfish dedication to the Masters program have made its success as it is today.

On behalf of many who may not have the time to say thanks, this memo is to say thank you to those who make such happenings possible. Again, congratulations to the World Champs!! -- Submitted by

Warren Elliott

Happy Birthday

SEPTEMBER BIRTHDAYS

Leon Robinson	2
Jorge Ramirez	3
Georgia Ryan	4
Carol Zimmerman	7
Jean Kinzey-Lee	8
Philip Miller	8
James Miller	8
Tom Myers	9
Cathy Zagunis	9
Charles Howard	10
Anne Stratton	10
Dylynn Robertson	10
James McMaster	14
Michael Bettancourt	14
John Murnen	15
Scott Steingraber	15
Greg Frownfelter	17
Denise Stuntzer	17
Eric G.P. Guest	18

John C. Loos III	18
Jack Hoey	19
Martin Edwards	21
Jayne Marie Arvidson	22
Eric Soder	22
Kathy Millard	22
Karen Driscoll	23
John Pospisil	25
Catherine Homenyk	27
Beverly Underwood	27
Kathleen Buck	27
Alice Berntson	27
John McGue	28
William Clayson	29
Nancy Ross	29
Don Cook	29
Michael Treend	29
Josef Merz	30

Ol' Barnacle - catching up !!!

Let's take them one meet at a time :

SHORT COURSE NATIONALS at Ft Pierce ;

Led by Sandi Rousseau, a small but determined band did well for OMS.

Judy Belford swam to a bronze in the 50 back, with 4ths in the 100 and 200

Ginger Pierson went for it...and got it...3 great wins for GOLDS in the 50, 100 and 200 breast, plus a Bronze in the 100 IM

Sandi picked up a 4th in the 50 fly, plus a 6th at 100 and 5th at 200

Connie Wilson won the silver for the 50 back, plus a 4th in the 100

Hazel Bressie copped the Gold in the 200 breast, plus silvers for the 100, 200 and 400 IM's, topped off with a Bronze in the 200 Fly

The Medley Relay team of Wilson, Pierson, Rousseau and Belford won the Gold

Robert Smith swam away with the Golds in the 50 and 100 Back, plus Silvers in the 50 free and 100 IM

Larry Chase, a great 100 IM for the Gold, plus a Bronze in the 200 IM and a 4th in the 50 Fly.

BELLEVUE - LONG COURSE - June 14th

Monika Hunscher picked up a win in the 50 Fly at :39.79, plus fine showings in other events in a star studded age group.

J. Galbraith (45-49) won the 100 free and the 100 back, plus a fine 100 breast, welcome to Masters Swimming.

Margaret Wells(60-64) set 3 Assn bests in the 100 Free (1:40.49), 200 Brst(4:36.40) and the 100 fly (2:06.88), plus a win in the 200 free and 400 IM

Hazel Bressie(75-79) won 4 events, 200 Free, 50 brst, 200 Brst and 400 IM

Dan Johnson had some great swims in the breaststroke events, coming in second to Greg Harrison, also a great 400 IM in 5:58.96

Craig Sprain (35-39) Won the 50 free at :28.14, plus a 1:05.32 - 100, good swims Craig, welcome to the group.

Frank Warner won the 100 Back and the 200 free

Bert Petersen warmed up for Tokyo with wins in the 50 and 100 fly {Assn best in the 200 IM (3:00.25}

Gil Young (60-64) picked up wins in 50 and 100 back

Earl Walter (65-69) had regional bests at 100 and 200 fly plus the 400 IM

RICHLAND - LONG COURSE - July 12 & 13

Kim Phillips had some good times in the brst(:42.48, 1:30.66, 3:13.60, plus the 200 IM at 2:59.10 and 400 IM in 6:19.51

Monika Hunscher continues to improve with fine times : 100 fly - 1:41.38 and a big 400 IM in 7:47.66

Pam Himstreet swimming well with 100 & 200 brst (1:45.09 - 3:47.94) and a 400 IM in 7:44.96

LAVELLE STOINOFF- National Record for 800 free at 11:50.96, 48 plus seconds under the old record.

Plus a blistering 3:39.38 for 200 breast

Petey Smith : Set 2 association records, 100 & 200 free (1:33.80 & 3:35.63) marked by solid wins over Mariah Clarke of IEA

Richard Riess had some fine swims, tackling the 400 IM for the first time, and looking good in the 400 and 800 free

Dan Johnson is really swimming well, his 2:52.42 in the 200 breast is 5th or 6th in the TOP TEN, and all of his events are getting faster, way to go Dan !!!

Barnacle circles on and on....Richland Meet, cont^G:

D Wayne Baker, swam up a storm with steady improvement in all events, looking good in the breast stroke.

FRED SPRENGER - A sparkling new regional for 800 free at 11:49.56, good for # 2 in the TOP TEN, plus regionals at 400 in 5:44.48, and association bests at 100 free - 1:13.99 and 200 free - 2:44.33

Earl Walter - Regional best for 50 back at :41.85 and association 100 breast in 1:46.19

PORT ORCHARD - LONG COURSE - July 19 and 20

Panicsville the first half hour, the hydraulic system refused to budge and they could not get the bulkhead to go down, prompting some of the wags to invent a new Fly event, called "Hurdle Fly", hit the bulkhead on the down stroke and vault over, OUCH !!!!

David Marlin (30-34) Two Regional Records, 50 Back :29.99(6-TT), 200 Back-2:27.41, (8-TT), Assn Rec for 100 Back-1:06.95(6-TT) plus a 2:19.32 for 200 free

Earl Walter(65-69) Four Regional Records ; 400 IM-7:36.98, 200 Fly-3:54.82, 200 IM-3:31.69, 200 Brst-3:56.47 plus assn best for 100 brst-1:44.88 (all were TT)

Bert (Fantum) Petersen just back from Tokyo, gave us all a glimpse of the GOLD from the WORLDS, absolutely the best looking Masters medal yet, Bert did a 1:07 plus, 2 sec PR to win. Bert did not disappoint, had some quick times ; 50 brst in :40.21, 50 fly - :30.24, and 200 free in 2:36.31

Herb Eisenschmidt is in pursuit of his 3rd AA ranking, Herb turned in some great times highlighted by a 3:39.84 for 200 free. Herb's backstroke is coming down, but we hope the right arm is okay after two cuts suffered off the gutters.

Eric Guest (55-59) Fine 200 IM at 3:21.78, Breast keeps getting better. Close to a PR in the 50 free.

Dick Mealy, it was great to see Dick again after a couple of years layoff, looks like he will be at Nationals, good solid 26:18.80 for 1500

Bob Maestre is rounding into shape, fine 50 free, John Zell is swimming well, with 3 PR's yet, and Andy Schrag keeps improving.

Big welcome to newcomer Paul Doan(60-64) Free, Back and Breast, good swims !!!

FIRST ANNUAL STATE GAMES - July 26 and 27 at the MAC

A great start for what we are sure will be a fine fine annual event for all of Oregon and specially for Oregon Masters. Held at the MAC under the watchful eyes of Connie Scott of MAC for facilities, Harold Robinsky of MAC on timing, Becky Mecklen, administration, Anne Studier, clerk of course, Doug Pitassi, also in clerk of course capacity, with the officiating and starting capably done by Larry Snead and Don Studier of Oregon Swimming. Volunteer timers were MAC members, THANKS!!!!

We had a lot of new faces and some really fine swims, highlighted by a WORLD RECORD in the 200 Medley for 280+ Men - Herb Eisenschmidt(Back), Bob Morrison(Brst) Earl Walter(Fly) Don Stevenson(Free) - Our old record set in Corvallis had been rudely bettered by Ettalong of Australia with a 2:57.00, the new record was a great 2:55.41.

Lavelle Stoinoff came within .20 of her world record for the 200 back, and less than 1.5 sec off her WR for the 200 free.

Charles Staples, new to Oregon Masters, but not to swimming, showed what he can do with a #1 time for 50 free at :26.88, the WR is :26.12 !!!!!

From the top, the records :

Ken Kondo - Assn best for the 100 back at 1:12.21 (20-24)

Kathleen Buck(30-34), new assn record for the 200 free at 2:41.02

Barnacle still trying.....

Howard Ronkin(30-34) 2 assn bests in the 50 and 100 brst, at :34.41 and 1:17.88, both are TOP TEN times.

Dick Boyd (40-44) Getting faster, regional best for the 400 with a fine 5:09.00

Robert Smith (40-44) fine TT :31.40 in the 50 back for a regional record

Charles Staples (45-49) also had a regional record in the 100 free at 1:03.11

Bert Petersen (45-49) showing OB that he can also swim backstroke(more than 50) turned in a new Assn record for the 200 at 3:12.65

Lavelle Stoinoff (50-54) with 2 regional records ; 50 back in :43.42 and the 100 breast in 1:42.36, both TT times

Eric Guest (55-59) improved his assn best with a :38.38 in the 50 Fly

Petey Smith (60-64) continues to improve with a regional record for the 400 free at 7:20.85 and two Assn records ; 50 Free (:39.76), 100 free (1:30.90)

Margaret Wells (60-64) Regional Record for the 100 Fly in 2:04.12 and an Assn best for the 200 IM with a 4:14.13

Bob Morrison (65-69) swimming better all the time, two regional records ; 50 brst and the 100 brst - :43.40 and 1:44.54, both TT times

Earl Walter (65-69) Regional records for the 100 fly in 1:43.40 and Assn best for the 200 back in 3:34.15, both TT

Margaret Yadon (65-69) another new face for OMS, gave us two Assn records ; 100 and 200 back - 2:34.54 and 5:38.97

Roy Webster (85) returns, a bit older, but going strong with 4 regional records; 100 & 200 Back - 3:44.43 & 8:07.37 , 200 Free in 7:24.18, 200 brst in 8:13.23

Martha Keller (85) swam to 5 regional records ; 100 back - 3:44.15, 50 and 200 brst (2:21.47 & 10:05.45), 50 & 200 Fly (3:52.51 & 15:09.25)

Most Noteworthy were :

Nancy Smith 50 free in :30.73 and the 100 in 1:08.85

Joan Whisman was close at :37.44 in the 50 free, 10th TT, plus :51.30 - 50 brst

Robert Smith cranked a 27.29 which was close to the record in the 50 free

Hugh Richards is a comer for sure, good 100 free at 1:26.97 and the 50 fly in :42.61

Talk about missing a record : try Nancy Smith's 200 free at 2:34.41 vs 2:34.40

Terry McCurdy came through with a 3:10.49 for the 200 free, good swim !!!

Kathleen Buck was close to the 400 record with a fine 5:46.62

Bob Schmidt came through with a # 7 TT 50 brst at :53.80

Kim Phillips had a fine swim at 200 brst in 3:13.01, + 200IM in 2:59.43

Welcome back to Joyce Bahler with a 9th TT 200 brst in 4:17.46 + 4:02.44, 200IM

Dan Johnson with a fine 2:52.45 in the 200 brst

Pat Giordano with a 7th TT 200 brst in 3:35.91

Don Stevenson improved his 200 brst to 5th TT at 4:20.16(+200 fly - 4:51.44, 5thTT)

Sue Rittenhouse made the TT with a :42.09 - 50 fly

Joan Whisman had a 6th TT in the 50 fly at :43.53

Sandi Rousseau is making her move with a 1:23.65 for the 100 fly

NEW ADDRESS : if you need to get in touch with the McCurdy's : Judy & Terry -
P.O. Box 2357, Roseburg, OR 97470, ph 1-673-3673

New Nicknames : From Tokyo with love - Lovable Louise and
Swift Sue

★ SEATTLE
MEET ★

25 YARD SHORT COURSE SWIM MEET ENTRY FORM

SEATTLE ★
★ MEET

USMS AND PNA SANCTIONED #863607

DATE: Saturday September 20, 1986

WARMUP: 8:00am

MEET: 9:00am

PLACE: Northshore Pool

MEET DIRECTOR: Mike Jones

225 102nd Ave. NE

9815 NE 188th

Bothell, WA 98011

Bellevue, WA 98004

PHONE: 486-9177

(206) 454-1723

HOSTED BY: Eastside Catholic High School Girls Swim Team

DEADLINE: Entries must be received by September 9, 1986

NOTE: You must register for 1986 in order to swim at this meet.

NAME _____ M or F BIRTHDATE _____ AGE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ USMS # _____ TEAM _____ OR UN _____ ASSOC _____

AGE GROUP: (circle one) 20-24 25-29 30-34 35-39 40-44 45-49 50-54

55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

YOUR AGE AT THE MEET IS DETERMINED BY YOUR AGE ON THE LAST DAY OF THE MEET.

Entries limited to five events plus relays. Circle the events you wish to enter and fill in the best or estimated time. Meet will be seeded slow heats first except 500 Free which will be seeded fast heat first. Entrants

swimming this event must check in 30 minutes before the meet start time.

Saturday	EVENTS	BEST TIME	Saturday cont.	EVENTS	BEST TIME
1	500 Freestyle		11	100 Freestyle	
2 XX	Free Relay	XXX	12	200 Backstroke	
3	50 Breaststroke		13 XX	Medley Relay	XXX
4	100 Butterfly		14	200 Breaststroke	
5	200 Freestyle		15	200 Butterfly	
6	50 Backstroke		16	50 Freestyle	
7	100 I.M.		17	100 Backstroke	
8 XX	Mxd. Free Relay	XXX	18	200 I.M.	
9	100 Breaststroke		19 XX	Mxd Medley Relay	XXX
10	50 Butterfly				

ENTRY FEE: \$5.00 with cards, \$5.50 without cards.

SEND ENTRY, TIME CARDS AND PAYMENT TO:

Mike Jones

225 102nd Ave. NE

Bellevue, WA 98004

MAKE CHECK PAYABLE TO:

PNA MASTERS SWIMMERS

ELIGIBILITY: Open to all USMS (United States Masters Swimming, Inc.) registered swimmers, 20 years of age or older, as of last day of the meet.

NOTE: Age group 20-24 may permanently jeopardize their options to swim USS open by competing at a Masters Meet!

RULES: Current USMS rules will govern.

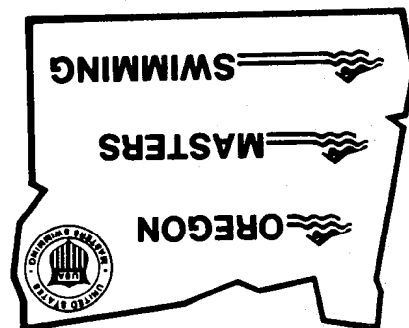
STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters Swimming, Inc., all local Masters Swimming Committees, Northshore Pool and Eastside Catholic High School Girls Swim Team free and harmless from any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

SIGNED _____

first class mail

Andree Devine
7800 S.W. Sager, #23
Tualatin, OR 97062



This issue of your AQUAMASTER was donated through
the courtesy of sometime swimmer Jim Snow and

STEVENS-NESS LAW PUBLISHING CO.

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223-3137

STEVENS-NESS

916 S.W. Fourth Avenue

Portland, Oregon 97204

A special thanks to Robert Smith and
his computer for giving us the meet results.

