



AQUA-MASTER

JANUARY 1986 OFFICIAL PUBLICATION OF THE OREGON MASTERS SWIMMING COMMITTEE VOL. 13 NO. 1

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10230 SW Parkway
Portland, OR 97225
(503) 292-3379 (Tues - Sat)

MEET SCHEDULE 1985-1986

SHORT COURSE			
DATE =====	HOST =====	FORMAT =====	ENTRY MUST BE POSTMARKED BY =====
Sat, February 1 <i>entry enclosed</i>	Tualatin Hills Rec. Center	Pentathlon	1/21/86
Sat, March 1 <i>Also entry for PNA meet enclosed</i>	Newberg	One day/400 IM/1000 Order #3	2/18/86
Sat, Sun March 15 & 16	Newport	Two days/400 IM/1650 Order #4	3/4/86
Fri, Sat, Sun April 4,5,6	Association Championships Southern Oregon College	Three day format	3/25/86
Fri, Sat, Sun May 2,3,4	Regionals/Oregon-Tualatin Hills Rec. Center	Three day format	4/22/86
Thur, Fri, Sat, Sun May 15, 16, 17, 18	Nationals/Ft. Pierce, Florida	Four day format	

Hello swimmers! I sure hope all of you had a terrific time over the holidays. My mother sent me a laundry bag on wheels for Christmas. Where was she when I lived in New York City and used to drag my laundry down the block and around the corner to the laundromat? Well, anyway, I just wanted to say that I have had to make a few adjustments to the material in this issue so that I could get the A-M through the mail for 22¢. As a result, both February and March birthdays will appear in the next issue, as well as Ol' Barn's chart so that you can figure out if any of your times are in the World Top Ten. Thanks for understanding and keep up all of your hard work. Remember, Nationals are HERE this summer.

Andree

BETWEEN THE LANE LINES...

The deadline for submitting material for the February Aqua-Master, which will go to the printer during the first week of February, will be January 29.

For out-of-state swims to be considered for Oregon's Top Five, you need to send your times to Robert Smith, 18476 Timbergrove Ct., Lake Oswego, OR 97034.

Speaking of out-of-state swims, mark your calendar for March 8 & 9, when the Sawtooth Masters in Boise, Idaho, will be hosting a two day meet, complete with a 400 I.M. and a 1650 freestyle. I'll have the entry form in the next issue.

Oregon Masters Swimming is planning to design and buy OREGON/USA swim caps within the next six weeks to sell at cost to our swimmers. If anyone has any ideas for design, please send it to or call either Sandi Rousseau or Susan Albright, both of whom are listed on the front cover.

The price of the OREGON/USA sweats will likely be going up in January. You may still be able to purchase them at the old price if you hurry to order them. There is an order form in this issue.

Interested in being on a chartered bus from the Portland area to our State meet in Ashland? Express your interest to Sandi Rousseau so that we know how many buses (one or two) for which to arrange.

Help us assemble a list of pools in Oregon which have lap swim times available so that people who travel in Oregon won't have to miss their workout. Send the info to Connie Wilson, 8383 SE Battin Rd., #1, Portland, OR 97226; (503)771-1663.

USMS - 1987 WALL CALENDAR

United States Masters Swimming, Inc. has funded a marketing / fund raising project for 1987. A Masters calendar shall be made and shall feature the "best body" male and female swimmer from each age group. The age group 25-29 shall be January, and this shall continue through 80+ for December.

The purposes of this project are: (1) to promote Masters swimming for fitness by showing the anti-aging effects of swimming and best examples of fitness, and (2) to serve as a fund raiser via sponsors and direct sales.

Each LMSC, e.g. Oregon Masters Swimming, has been requested to submit its potential "photographic aspirants". So now is the time for all of you stifled "playboys" and "playgirls" to make your debut!

Photos must be submitted within the next few months to the OMS Board. (They may be sent to Sandi Rousseau.) All photos must be recent (within six months), 4x6 or 5x7 prints, color or black & white, and contain the following information on the back of each photo: name, address, phone, age, date of birth, date photo was taken, and USMS registration number.

OMS has some great possibilities for being chosen for this calendar, and the Board would like to see you "hulks" and "great bods" submit your photos. Don't be timid!! Start thinking about it now.

This
could
be
fun!

~~FIFTH~~ **SIXTH**
ANNUAL SWIM CELLAR PENTATHLON

Sanctioned by USMS, Inc. and LMSC for Oregon Association

DATE: Saturday, February ⁶ 1st, ¹⁹⁸⁸ ~~1986~~
PLACE: Tualatin Hills Rec. Center Pool; 15707 SW Walker Rd, Beaverton.
TIME: Warmups: 9:00 AM Meet starts: 10:00 AM
RULES: Open to currently registered USMS swimmers, ^{19 yr} ~~20 yr~~ and older.
Current USMS rules will apply, except: 10 second penalty added to score for stroke/turn & false start infractions. Swimmers must swim all five events to be eligible for an award.
AWARDS: Special custom pins will be presented to the top 6 places in each age group, based upon total accumulated times.
ENTRY: Fee: ^{6.00} ~~5.00~~, includes awards. Deadline: postmarked no later than ¹⁻²⁷⁻⁸⁸ ~~Tues., January 21st~~. NO DECK ENTRIES. NO LATE ENTRIES. Detach and mail entry form to: OMS, 18476 Timbergrove Court, Lake Oswego, OR ^(So we use Andre's address) 97034
PARTY: A party will be held following the pentathlon. Come celebrate with good spirits, good food, and good friends. ^{Details} Maps will be available at the meet. Cost: ⁴ ~~5~~ \$/person.
HOST: Swim Cellar: 292-3379 Barbara/Brian Frid: ~~644-9645~~ ⁶⁴⁵⁻⁴⁶⁴¹

-----RETURN THIS LOWER PORTION-----

Oregon USMS#: ⁻⁸ ~~375~~ NAME _____

If you do not have an Oregon USMS#, complete the following:

NAME _____ AGE _____ M or F _____
ADDRESS _____ CITY _____ ST _____ ZIP _____
PHONE _____ AGE GROUP (CIRCLE) ¹⁸ 20-24 25-29 30-34 35-39
40-44 45-49 50-54 55-59 60-64 65-69
PNA/IEA USMS# _____ 70-74 75-79 80-84 85-89 90+

need format

EVENT	#	EVENT	TIME*
W	M		
1	2	50-Fly	_____
3	4	50-Back	_____
5	6	50-Breast	_____
7	8	50-Free	_____
9	10	100-I.M.	_____

*Enter best, or estimated time.
Do not enter 'NT'

FEES: 1. Entry fee ^{4.80} ~~6.00~~ ~~5.00~~
2. Party ~~5~~ /person _____
(send total amt due to above OMS address) TOTAL \$ _____

STATEMENT OF RELEASE: The undersigned agrees to hold USMS, Inc. and LMSC for Oregon free and harmless for any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

Signature: _____ Date _____

SECRETARY'S CORNER

A SUMMARY OF THE BOARD MEETING MINUTES FROM
DECEMBER 12, 1985

The meeting was called to order at 7:37 p.m. The minutes of the meeting had the spelling corrected and were approved as presented. The Treasurer reported that OMS had \$11,765.16 as of November 30, 1985.

Vice Chairman - The only complaint heard about the Meet at Tualatin Hills Recreation Center was that the water was too warm. The Animal Meet had trouble with the timing system and there were not enough back up times to maintain official times on everyone. As a result, 26% of the times were unofficial. There were no stroke and turn judges, and there were problems with the starter. As a result, the meet organizers did not earn money for the officials an only one-half the money was available for timers. Oregon Swimming has approved the Beaver State Games.

Bruce Thompson in Newport would like to sponsor a meet on March 15-16 to help get swimmers in the area interested in OMS. The Board will decide on sanctioning this meet in the next meeting.

Committee Reports

Membership - Not much is going on.

Registration - We have 265 members and an up-to-date roster was requested.

Records - There is now a top ten internationally, long course only. The times will be published in the Aquamaster.

Aquamaster - The deadline for the Aquamaster is December 20, 1985.

HOST - The foreign HOST program is coming together.

Data Manager - No USMS numbers will be required on the meet entry forms.

Social - Jayne stepped down as the chairperson of this committee. The Board is looking for a replacement for Jayne.

Old Business -

1. Robert Smith will not be sponsoring a clinic this year but Ginger Pierson agreed to sponsor one. The time and date will be supplied later, the stroke: breast stroke and possibly back stroke if Robert can help.

2. Pat Caudill will have a bus list for the Association Meet at the next meeting.
3. The Board is looking into the possibility of staying in the dorms at the University to help defray the cost of the Association Meet.
4. The study of osteoporosis is delayed due to a wait in the group performing the study getting funding.
5. The Board thanked John DeJarnett for the fine obituary on Harry Weddler.

New Business -

1. The OMS Board decided to join the membership of Oregon Swimming.
2. The Board decided to have an OMS/USA swim cap made and be available by the Association Meet. The caps will be sold for cost.
3. USMS wants to produce a calender in 1987 as a money making idea. They are looking for pictures of master swimmers to put in the calender. If you had a picture taken in the last six months and would like to submit it, give it to a Board member or send it to Sandi Rousseau.
4. The Board looked at incentives to try and generate some interest in becoming Board members. After a lengthy discussion, the Board decided not to give incentives and to talk people into becoming a member.
5. If we can find enough nonswimmers that are interested, we will hold an electronic timing workshop. So talk it up among your friends.
6. Eric Guest will look into having a facility for the Board Meeting at Mt. Hood in January.

Nationals -

1. Mt. Hood C.C. will handle food preparation. We have to tell them what to fix.
2. We need to decide what souvenirs we want for the meet.
3. We will ask the Mt. Hood C.C. print shop to quote on all of the printing we will need.

Secretary's Corner continues...

4. The Board, after discussion, decided to open the meet to all vendors that inquire about selling at the meet. The vendors need to apply to the board for review and permission.

NOTICE

The next Board Meeting will be January 13, 1986 at 7:30 P.M. at MT. HOOD COMMUNITY COLLEGE Aquatic Center.

OREGON - USA SWEATS

Sharp looking sweats with embroidered letters are now available for any interested swimmers. The sweats are navy blue with four thin white trim stripes running down the arms and pant legs and with white zippers for the jacket and pockets. The material is 100% brushed polyester and machine washable and dryable. The embroidery is white, machine generated, and looks very nice. Your name (embroidered in script) is available for both the jacket and pants.

Judy McCurdy (who did all of the footwork for these Oregon sweats) has agreed to serve as the order headquarters. Allow three weeks for finishing, and then they will be delivered to the next swim meet. Please do not ask Judy to send them to you.

The OMS board would like to encourage all Oregon swimmers to consider the purchase of these sweats prior to the Nationals at Mt. Hood Community College in August, 1986. We think they will add a "team" look for our Oregon swimmers.

NAME: _____

ADDRESS: _____

PHONE: _____

Make check payable to: Put-On Sports

Send order form
& check to: Judy McCurdy
315 Wapiti Lane, Box 34
Umpqua, OR 97486
459-5022 (evenings)

Name to be embroidered on jacket & pants:
(one name only) PLEASE PRINT



Jacket & Pants \$48.10
(embroidered)

Name Embroidery 2.50
(jacket & pants)

TOTAL \$50.60

SIZE: (Please circle)
Sm Med Lge X-Lge

OL' BARNACLE PADDLES ON....

Long Course Top Ten

1985

ALL AMERICANS....

- * Ginger Pierson : 3 Times, with firsts in the 50, 100 and 200 M Breast, plus a 9th and an 8th in the IM
Ginger is the world record holder at 50 meters.
 - * Martha Keller : Martha picked up 1sts in the 100 m Free and 200m Back, plus 5 seconds, plus 2 thirds and a 4th. Martha is the World record holder at 200 and 400 m Free.
 - * Herb Eisenschmidt : Right in there with a 1st in the 200 m Back , plus 4 slots
- PLEASE SEE THE CHART OF WHAT WE DID FOR TOP TEN LONG COURSE.....

We can be proud of these Oregon Association swimmers who have placed in the Long Course Top Ten for 1985.

A SPECIAL NOTE....

During the past year quite a few of OUR swimmers did very well indeed in the DC Masters One-Hour Swim ;

Women 50-54 - Lavelle Stoinoff, GOLD..Nadine Whitehall, SILVER

Women 70-74 - Doreen Morris , Sixth

Women 75-79 - Hazel Bressie , Fifth

Men 55-59 - Sam Ierulli , Sixth

Men's Team (55 plus) BRONZE : Sam Ierulli, Gil Young, Dave Bernstein

- * WORLD TOP TEN....please note chart reprinted in Aqua Master, if your LC times in 1984 fall within the bracket of fastest to slowest in each event, you are eligible for a MSI International TOP TEN, send your qualifying event and time to : Margaret Samson
49 North Altadena Dr
Pasadena, CA. 91107
Enclose \$ 2.50 for your patch

The Animal Meet.....

Louise Hepner

ABSOLUTELY

SCINTILLATING...

How about 2 National Records during this, the really tough meet !!!!!

400 yard IM - Old at 6:58.09 , Louise at 6:46.40

1650 yard Free - Old at 26:14.97 , Louise at 25:32.67

We saw some really great efforts by one and all, outstanding were

Kiko Kimura in the 400 IM

Nadine Whitehall's excellent 200 fly

Pat Dotson's fine 200 fly and 400 IM

Hazel Bressie's PR by 19 secs in the 200 Fly

OB makes a slow over water turn, and paddles on....

Ann and John Bailey were a duo to watch, check those times, all top efforts, good show !!!

Roy Abramowitz came through with 3 excellent efforts

The ol' editor, Andree had 3 fine races back to back

Steve Iden and Greg Frownfelter went after each other in the 35-39 group

Darlene Pohl did herself proud with 3 great times

Brian Langlais had a PR by 1:15 in the 1650, great swim

Bert "crazy" Petersen did not spend the day sleeping, good swims

Tom Boardman hung in there and got the job done, way to go, Tom

SPECIAL AWARDS

Animal's Animal ...Goes to Joe Briggs, this young man swam the entire 1650, BUTTERFLY !!! plus finishing the 200 fly and 400 IM

Sandbagger of the Year by unanimous poolside vote the winner of this honor for 1985 is without question, ERIC GUEST, his latest contribution to this nefarious pastime, entry of 40:00 in the 1650 free, with a finish time of 25:47.44... for shame
BLUB, BLUB, Blub,blub....

Fat Caudill cashes your checks and then reports you delinquent on dues

It was Great, Great to see Nadine Whitehall, this fine lady is the TOP TOP 10 K swimmer in her age group in the world !!!!

Thank you PNA swimmers for submitting to torture with the rest of us

Question- Who is Doris Kimura ??? answer next month

Our starter MIKE POPOVICH provided ~~xxx~~ perhaps the best boo boo of the year, when he accidentally shot himself in his index pinkie, great shooting

The DOCTOR IS IN BOOTH, organized by the "fantum", was great with PEP PILLS etc
Terry McCurdy pulled a close second to Michael when he showed up on the starting blocks with his sandals on. (Nervous, Not Me)

Ginger's new hair-do was absolutely smashing, saving it all for the PNA meet
OB's body to OB's brain (?) on Tuesday morning, you got me up to 3200 yds on Sunday, but, never again

Some people are crazy, others are just insane, Bert P. running around the deck yelling at anyone "Having Fun?", Isn't this fun?"

Many of the old men wish to thank "young" Judy McCurdy for making an otherwise tortuous day, some fun and laffs

When this "fun" day comes again, OB is coming with an easy chair, NO TRUNKS !!!
ANYWAY, CONGRATULATIONS MUST BE AFFORDED TO THOSE WHO STUCK TO THEIR GUNS, WENT THE DISTANCE AND NOW CAN BUY AN "animal T-Shirt" and wear it proudly.

Just a quick word regarding, SELLING... let's hear from you out there, 1986 is upon us....

CMS needs the money, and couldn't you use 15 % commission ??? ?!!!!

1985		Long Course	Age		Event →		Summer ↓		500		100		200		400		800		1500		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100		200		50		100	
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---- 20-24 WOMEN --

1650FR ANDREE-MARIE DEVINE 24 21:39.50
 200FLY ANDREE-MARIE DEVINE 24 2:37.18
 400IM ANDREE-MARIE DEVINE 24 5:28.16

---- 25-29 WOMEN --

1650FR NANCY JEAN DUNTON 27 22:33.97
 MARY A. YUSE 25 24:31.97
 ANN J.C. BAILEY 29 24:39.98
 JOAN N. CAMERON 25 24:44.94 U
 200FLY ANN J.C. BAILEY 29 2:56.30
 MARY A. YUSE 25 3:16.25 U
 400IM ANN J.C. BAILEY 29 6:19.45
 MARY A. YUSE 25 6:33.95

---- 30-34 WOMEN --

1650FR D. KIKO KIMURA 30 21:11.55
 SHELLEY BRIGGS 31 27:20.55
 200FLY D. KIKO KIMURA 30 2:33.88
 400IM D. KIKO KIMURA 30 5:23.72

---- 35-39 WOMEN --

1650FR KATHRINE CASEY 37 21:56.59 U
 KATHLEEN P. BUCK 35 22:19.45 U
 DARLENE POHL 35 22:21.95 U
 SANDI ROUSSEAU 38 24:15.54
 SUSAN J. CASE 36 24:54.42
 MONIKA HUNSCHER 37 25:01.75
 PAMELA POSPISIL 35 27:11.24
 KATHLEEN RANDOL 38 28:52.26
 LINDA M. CAZIN 39 29:35.12 U
 200FLY DARLENE POHL 35 2:44.21
 SANDI ROUSSEAU 38 2:48.50
 SUSAN J. CASE 36 3:08.63
 KATHRINE CASEY 37 3:11.00
 MONIKA HUNSCHER 37 3:11.28 U
 KATHLEEN P. BUCK 35 3:15.09 U
 LINDA M. CAZIN 39 3:54.02
 KATHLEEN RANDOL 38 4:08.37 U
 400IM DARLENE POHL 35 5:47.93
 KATHRINE CASEY 37 6:01.39
 KATHLEEN P. BUCK 35 6:08.03
 SANDI ROUSSEAU 38 6:11.30
 SUSAN J. CASE 36 6:12.47
 MONIKA HUNSCHER 37 6:35.28
 LINDA M. CAZIN 39 7:25.42 U
 KATHLEEN RANDOL 38 7:35.94

---- 50-54 WOMEN --

1650FR NADINE WHITEHALL 51 24:47.81
 200FLY NADINE WHITEHALL 51 3:14.04 U
 400IM LAVELLE M. STODOFF 52 6:17.20 U
 NADINE WHITEHALL 51 6:38.65

---- 55-59 WOMEN --

1650FR PATRICIA DOTSON 58 25:12.01
 MARGARET A. WELLS 59 30:25.51
 200FLY PATRICIA DOTSON 58 3:18.25 U
 MARGARET A. WELLS 59 3:52.70 U
 400IM PATRICIA DOTSON 58 6:55.95 U
 MARGARET A. WELLS 59 7:45.60

---- 60-64 WOMEN --

1650FR LOUISE A. HEPNER 60 25:32.67 O
 OLD=COOMBS ELVA 04/01/78 39:45.30
 ELFIE J. STEVENIN 64 52:58.18
 200FLY LOUISE A. HEPNER 60 3:43.88 U
 ELFIE J. STEVENIN 64 7:10.22 U
 400IM LOUISE A. HEPNER 60 6:46.40 O
 OLD=STEVENIN, ELFIE 03/06/82 11:27.87
 ELFIE J. STEVENIN 64 12:51.11

---- 75-79 WOMEN --

1650FR HAZEL B. BRESSIE 76 53:23.02
 200FLY HAZEL B. BRESSIE 76 9:09.92 U
 400IM HAZEL B. BRESSIE 76 15:09.91 U

---- 20-24 MEN --

1650FR LEON WOLF 24 23:41.81

---- 25-29 MEN --

1650FR JOHN A. BAILEY 29 19:08.39 U
 MICHAEL E. JOHNSON 26 20:22.23 U
 JEFF L. STORIE 29 21:05.03 U
 MICHAEL J. BAIRD 29 22:52.04
 JOSEPH A. BRIGGS 27 29:55.44 U
 200FLY JOHN A. BAILEY 29 2:17.41
 JOSEPH A. BRIGGS 27 2:54.12
 400IM JOHN A. BAILEY 29 4:35.55
 JOSEPH A. BRIGGS 27 6:09.44 U

---- 30-34 MEN --

1650FR ROY ABRAMOWITZ 31 18:34.99 U
 STEVE LOOSLEY 31 19:44.94 U
 DANIEL P. JOHNSON 32 20:21.53 U
 MARK B. SCHWYHART 32 20:52.23
 BRUCE W. CHENEY 34 21:48.97
 JAMES M. ELLIOT 33 22:40.01
 TOM H. HERBER 33 24:47.91
 200FLY ROY ABRAMOWITZ 31 2:01.23
 MARK B. SCHWYHART 32 2:27.31
 DANIEL P. JOHNSON 32 2:35.85
 TOM H. HERBER 33 2:55.40
 STEVE LOOSLEY 31 3:04.84
 BRUCE W. CHENEY 34 3:06.55
 JAMES M. ELLIOT 33 3:07.14
 400IM ROY ABRAMOWITZ 31 4:35.85
 MARK B. SCHWYHART 32 5:09.28
 DANIEL P. JOHNSON 32 5:10.28 U
 STEVE LOOSLEY 31 5:33.03
 BRUCE W. CHENEY 34 5:35.95
 TOM H. HERBER 33 5:37.32
 JAMES M. ELLIOT 33 5:50.38

---- 35-39 MEN --

1650FR STEVE IDEN 36 21:23.47
 GREG FROWNELTER 37 22:27.12
 DAVID M. ZAKARIAN 38 22:43.16
 JOHN D. DEJARNATT 35 22:51.86 U
 ROY D. LAMBERT 39 23:45.74
 LAWRENCE CARRIKER 38 25:53.36
 JOHN W. POSPISIL 37 29:14.60

200FLY GREG FROWNELTER 37 2:39.39
 STEVE IDEN 36 2:43.93
 DAVID M. ZAKARIAN 38 2:51.73
 ROY D. LAMBERT 39 3:07.77
 JOHN D. DEJARNATT 35 3:14.80
 LAWRENCE CARRIKER 38 3:19.11 U
 400IM STEVE IDEN 36 5:36.69 U
 GREG FROWNELTER 37 5:41.26
 JOHN D. DEJARNATT 35 5:52.08 U
 ROY D. LAMBERT 39 5:54.22
 DAVID M. ZAKARIAN 38 5:54.82
 LAWRENCE CARRIKER 38 6:26.59

---- 40-44 MEN --

1650FR BRIAN M. LANGLAIS 40 22:15.40
 KEITH A. FINZER 41 23:05.34
 DANIEL R. GRAY 40 23:10.89 U
 PAT J. CAUDILL 40 24:07.53
 200FLY DANIEL R. GRAY 40 2:55.08
 BRIAN M. LANGLAIS 40 2:57.08
 KEITH A. FINZER 41 3:11.19 U
 PAT J. CAUDILL 40 3:33.54
 400IM BRIAN M. LANGLAIS 40 5:57.50
 DANIEL R. GRAY 40 6:02.80
 KEITH A. FINZER 41 6:03.89
 PAT J. CAUDILL 40 6:30.06

---- 45-49 MEN --

1650FR BERT L. PETERSEN 47 22:23.28 U
 FRANK M. NEWQUIST 47 23:00.65
 ED J. URBANSKI 45 24:19.20 U
 200FLY BERT L. PETERSEN 47 2:33.52
 FRANK M. NEWQUIST 47 2:52.13
 400IM BERT L. PETERSEN 47 5:45.73
 FRANK M. NEWQUIST 47 5:54.16
 ED J. URBANSKI 45 7:15.40

---- 50-54 MEN --

1650FR JIM BIGLER 50 24:06.74
 TOM FOLEY 51 29:36.36
 200FLY JIM BIGLER 50 3:31.77
 TOM FOLEY 51 3:39.50 U
 400IM JIM BIGLER 50 6:43.12
 TOM FOLEY 51 6:59.85

---- 55-59 MEN --

1650FR SAMUEL M. IERULLI 56 25:04.19
 ERIC G.P. GUEST 56 25:47.44
 TERRY C. MCCURDY 55 29:12.30
 TOM B. BOARDMAN 58 29:21.73
 BENNIE F. DOTSON 57 29:54.11 U

200FLY ERIC G.P. GUEST 56 3:15.64
 TOM B. BOARDMAN 58 3:43.23
 TERRY C. MCCURDY 55 4:51.50 U
 400IM ERIC G.P. GUEST 56 6:24.92
 TOM B. BOARDMAN 58 7:37.35
 TERRY C. MCCURDY 55 8:41.49

---- 60-64 MEN --

1650FR GILBERT N. YOUNG 63 26:30.45
 EARL WALTER 64 28:38.36
 KHOSROW SHADDEH 64 32:10.88 U
 JOSEPH A. MALLON 64 33:13.59

200FLY EARL WALTER 64 3:34.23 400IM EARL WALTER 64 6:54.94 ---- 75-79 MEN --
 GILBERT N. YOUNG 63 7:31.75 1650FR HERB EISENSCHMIDT 79 30:28.73

---- 25-29 WOMEN --
 50YF CINDY VANDIJK 25 29.57 50YBR BRET DEFOREST 27 33.09 50YBF DAVID M. ZAKARIAN 38 31.53
 JODI MARTINEZ 25 29.96 50YBR BRET DEFOREST 27 33.22 GREG FROWNELTER 36 32.19
 100YF CINDY VANDIJK 25 1:05.97 50YBF BRET DEFOREST 27 27.67 WILL HERSHMAN 38 42.76
 50YBK JODI MARTINEZ 25 34.16 100YIM BRET DEFOREST 27 1:05.96 100YBF DAVID M. ZAKARIAN 38 1:12.43
 CINDY VANDIJK 25 38.08 ---- 30-34 MEN -- 100YIM GREG FROWNELTER 36 1:12.91
 100YBK CINDY VANDIJK 25 1:21.74 50YF DANIEL GREENBLATT 30 31.95 MICHAEL L. DUFFY 38 1:13.43
 100YIM CINDY VANDIJK 25 1:17.07 100YF CRAIG S. MATHER 33 1:05.80 ---- 40-44 MEN --
 ---- 30-34 WOMEN -- DANIEL GREENBLATT 30 1:11.83 50YF DANIEL R. GRAY 40 28.82
 50YF DEBBIE J. GREGOIRE 31 28.64 200YF CRAIG S. MATHER 33 2:26.29 100YF RALPH MOHR 44 1:06.04
 100YF ALICE D. PARSONS 31 1:15.41 500YF DANIEL GREENBLATT 30 7:10.89 200YF RALPH MOHR 44 2:20.72
 JUNE MATHER 32 1:19.66 1650YF CRAIG S. MATHER 33 22:49.46 500YF RALPH MOHR 44 6:23.11
 200YF ALICE D. PARSONS 31 2:40.93 DANIEL GREENBLATT 30 23:56.52 50YBF DANIEL R. GRAY 40 32.32
 500YF ALICE D. PARSONS 31 7:15.48 50YBK JOHN P. WESTON 34 30.68 200YBF RALPH MOHR 44 2:39.28
 1650YF ALICE D. PARSONS 31 24:04.53 50YBR JOHN P. WESTON 34 33.74 400YIM DANIEL R. GRAY 40 6:33.87
 FLO DELANEY 33 25:17.40 100YIM JOHN P. WESTON 34 1:04.71 ---- 45-49 MEN --
 JUNE MATHER 32 25:41.10 200YIM JOHN P. WESTON 34 2:25.60 200YF BERT L. PETERSEN 46 2:19.71
 LYNN JONES 31 31:09.51 CRAIG S. MATHER 33 2:59.15 1650YF BERT L. PETERSEN 46 22:19.10
 100YIM DEBBIE J. GREGOIRE 31 1:13.66 400YIM JOHN P. WESTON 34 5:27.00 50YBR BERT L. PETERSEN 46 34.76
 ---- 35-39 WOMEN -- ---- 35-39 MEN -- 50YBF BERT L. PETERSEN 46 26.98
 50YF GERI ANN HANSON 37 31.11 50YF MICHAEL L. DUFFY 38 26.81 ---- 50-54 MEN --
 100YF GERI ANN HANSON 37 1:10.02 DAVID M. ZAKARIAN 38 27.22 50YF LEO J. VANDIJK 52 30.75
 200YF GERI ANN HANSON 37 2:40.04 GREG FROWNELTER 36 27.66 100YF LEO J. VANDIJK 52 1:09.05
 1650YF GERI ANN HANSON 37 24:45.45 PAUL W. RUNQUIST 36 27.82 ---- 55-59 MEN --
 SUSAN M. GIRARD 37 29:56.47 100YF DAVID M. ZAKARIAN 38 59.19 50YF TERRY C. MCCURDY 55 33.87
 ---- 45-49 WOMEN -- PAUL W. RUNQUIST 36 1:01.56 100YF TERRY C. MCCURDY 55 1:15.34
 50YBR JUDY M. MCCURDY 46 58.51 MICHAEL L. DUFFY 38 1:02.29 200YF TERRY C. MCCURDY 55 2:59.89
 ---- 50-54 WOMEN -- WILL HERSHMAN 38 1:12.29 500YF TERRY C. MCCURDY 55 8:08.57
 50YBR BEVERLY UNDERWOOD 50 1:12.86 500YF PAUL W. RUNQUIST 36 6:35.06 ---- 65-69 MEN --
 ---- 60-64 WOMEN -- 1650YF PAUL W. RUNQUIST 36 22:19.20 50YF FORBES J. MACK 66 33.20
 200YF ELIZABETH CRAYKING 62 4:34.90 GREG FROWNELTER 36 22:59.57 50YBR FORBES J. MACK 66 41.61
 ---- 25-29 MEN -- 50YBK PAUL W. RUNQUIST 36 36.77 50YBF FORBES J. MACK 66 43.69
 50YF BRET DEFOREST 27 26.74 50YBR GREG FROWNELTER 36 36.41 100YIM FORBES J. MACK 66 1:38.93

H.O.S.T. (House Our Swimmers Tonight)

Contact the following individuals to arrange for lodging when you are participating in an out-of-town meet:

Oregon Masters - Ginger Pierson: H-(206)254-2536
 W-(206)256-6065

PNA Masters - Kiko Kimura: H-(206)365-3766
 W-(206)526-2183

IEA Masters - Mariah Clarke: H-(509)926-2597

Snake River Masters - Janet Wood: H-(208)345-8843
 W-(208)338-7229

25 YARD SHORT COURSE SWIM MEET ENTRY FORM

USMS AND PNA SANCTIONED #863602

DATE: Friday Feb. 7, 1986
Saturday Feb. 8, 1986

PLACE: Tahoma District Pool
18230 SE 240th
Kent, Wa.

PHONE: 432-1948

HOSTED BY: Kent Area Dolphins

DEADLINE: Entries must be received by
January 29, 1986

WARMUP 6:00 pm MEET 7:00 pm

WARMUP 8:00 am MEET 9:00 am

MEET DIRECTOR:

Denise Stencil
27049 118th Pl. SE
Kent, Wa. 98031
(206) 631-4298

or call Kay Wickstrom last week
of January, 854-9219

NOTE: You must register for 1986 in order to swim at this meet.

NAME _____ M or F BIRTHDATE _____ AGE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ USMS # _____ TEAM _____ OR UNATTACHED _____

AGE GROUP: (circle one) 20-24 25-29 30-34 35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

Entries limited to 5 events plus relays. Circle the events you wish to enter and fill in the best or estimated time. Meet will be seeded slow heats first except the 400 I.M., 1650/1000 Free and 500 Free which will be deck seeded fast heat first. Entrants swimming these events must check in 30 minutes before the meet start time.

EVENTS	BEST TIME	EVENTS	BEST TIME
Friday:		Saturday cont.	
1 400 I.M.	_____	11 100 Breaststroke	_____
2 1650 Freestyle	_____	12 50 Butterfly	_____
Saturday:		13 100 Freestyle	_____
3 500 Freestyle	_____	14 200 Backstroke	_____
4 XX Free Relay	XXX	15 XX Medley Relay	XXX
5 50 Breaststroke	_____	16 200 Breaststroke	_____
6 100 Butterfly	_____	17 200 Butterfly	_____
7 200 Freestyle	_____	18 50 Freestyle	_____
8 50 Backstroke	_____	19 100 Backstroke	_____
9 100 I.M.	_____	20 200 I.M.	_____
10 XX Mxd. Free Relay	XXX	21 XX Mxd. Med. Relay	XXX

ENTRY FEE: \$5.00 with cards, \$5.50 without cards. CHECK PAYABLE TO:
SEND ENTRY, TIME CARDS AND PAYMENT TO: PNA MASTERS SWIMMERS

Denise Stencil
27049 118th Pl. SE
Kent, Wa. 98031

ELIGIBILITY: Open to all USMS (United States Masters Swimming, Inc.) registered swimmers, 20 years of age or older, as of last day of the meet.

NOTE: Age group 20-24 may permanently jeopardize their options to swim USS open by competing at a Masters Meet!

RULES: Current USMS rules will govern.

STATEMENT OF RELEASE

The undersigned agrees to hold United States Masters Swimming, Inc., all local Masters Swimming Committees, Kent Area Dolphins and Tahoma District Pool free and harmless from any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs.

SIGNED _____

1986 OREGON MASTERS

YOU MUST BE A REGISTERED MASTER TO SWIM IN MASTERS MEETS

By registering with Oregon Masters, you are joining an elite organization!

- Oregon has more Masters swimmers per capita than any other association in the world, and we're a friendly bunch too.
- Oregon has one of the highest renewal rates of any of the 50 associations - once a member, you'll love it.
- In 1985 we grew over 15% (one of the fastest growing associations). We have even greater plans for 1986!
- This year the Long Course National Championships will be held in Oregon (at Mt Hood Community College in August). Don't miss it.

OMS is a non-profit organization supported totally by volunteers. Officers are chosen by you in elections. Consult your tax advisor regarding your contribution.

Our monthly publication, AQUAMASTER, enables you to get final meet results and find out what's happening in Masters swimming. AQUAMASTER is the ONLY source of meet entry forms. For 50¢ a month your copy is delivered via first class mail.

Your registration fee enables OMS to provide you with:

1. Local meet support.
2. National representation of all Oregon Swimmers.
3. Promotion of Masters Swimming and social events.

\$3.25 of your \$10.00 registration is sent to the US Masters Swimming, Inc. (USMS) They provide insurance for you:


Personal accident when competing in OMS approved/sanctioned meet or practice session (\$50.00 deductible.)

Accidental death	\$10,000.00
Dismemberment	10,000.00
Accidental Medical Expenses	2,000.00

Liability for individual/organization/sponsor (\$250.00 deductible).

\$500,000.00	per combined single incident
50,000.00	property damage

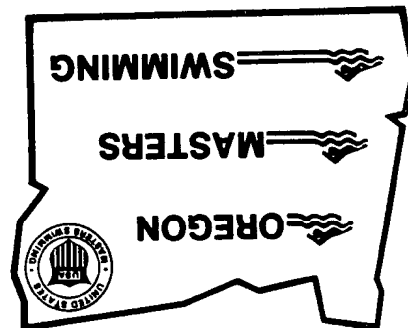
Only the first 20 characters of your name will appear on heat sheets and results. **PLEASE PRINT**
We must have your last years' registration number for the national office.

This is a New registration: _____ Renewal: my 1985 # _____		Oregon 1986	Office Use Only
Name _____ Last First M.I.			
Address _____			
City _____ St _____ ZIP _____			
() _____ Phone # Birth MM/DD/YY Age Sex		Reg. Fee (\$10.00) _____	
		Aqua Master(6.00) _____	
		Total _____	
Local Operating Group (if any) _____		Mail to: Pat Caudill 13365 NW Glenridge Portland, Or 97229 OR: include with meet entry	
I hereby agree to abide by and be governed by the rules and regulations of USMS and the Oregon Masters Swim Committee.			
 _____ Signature			

Remember to sign your registration form.

first class mail

Andree Devine
7800 SW Sagerst #23
Tualatin, OR 97062



This issue of your AQUAMASTER was donated through
the courtesy of sometime swimmer Jim Snow and

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A special thanks to Robert Smith and
his computer for giving us the meet results.

