VOL. 8 No.

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OFFICIAL PUBLICATION OF THE OREGON MASTERS SWIMMING COMMITTEE

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THIS IS PROBABLY THE MOST IMPORTANT AQUAMASTER OL' BARNACLE WILL EVER HAVE THE PLEASURE OF PUTTING TOGETHER, SO PLEASE READ CAREFULLY

FIRST, OUR MASTHEAD - YOU WILL NOTE THE PENN MUTUAL MASTERS SPORTS LOGO,

THANKS TO BLAINE CALHOUN and PHIL BARNHART, Oregon Masters will be receiving support each and every month from these local representatives of Penn Mutual.

THIS ISSUE OF AQUAMASTER CONTAINS:

- (1) Your individual event entry form for Long Course Nationals at MHCC, be sure to remember that the latest date your entry can be postmarked has been extended to July 21st. YOUR ENTRY MUST BE POSTMARKED BY JULY 21st !!!
- (2) Please be sure and fill in your best 50 m times and send this form to Sandi Rousseau at the address given on the form, again the postmark date is no later than July 21st.
- (3) A hotel information sheet is included for your use, we have selected the airport area as the best for primary hotel accommodations. This is the only area from which the shuttle buses will run to and from the pool. Our contact is Dana Weatherly at the Sheraton-Airport Hotel.
- (4) Also you will find the Oregon results from Short Course Regionals held at Cheney, Washington. A small but potent band of swimmers represented us all well, and are to be congratulated for their fine showing.

SWIMMERS, COACHES, OFFICIALS, AND STAFF MEMBERS OF OREGON SWIMMING ARE GOING ALL OUT - 100 % TO MAKE OUR NATIONALS THE FINEST MANAGED AND RUN MEET ANYONE HAS EVER HAD THE PLEASURE OF SWIMMING IN

OREGON SWIMMING NEEDS OUR HELP AND THEY NEED IT NOW

Tualatin Hills is hosting the 1982 Region XII Senior Long Course Swimming

Championships the weekend of August 6 - 7 & 8 , please put aside at least one day of that weekend to help in any way you can.

Jack Dawes, who has helped Masters many times in the past and is now working hard for us as Nationals Meet Officials Chairman needs help...

Contact Jack Dawes now - PLEASE :

Jack Dawes 2035 S W 58th Ave. Portland, OR 97221

Ol' Barn will be there enjoying great swimming and helping out some wonderful people, let Jack know right away that we can help !!!!

CHENEY, WASHINGTON - THUMB NAIL SKETCHES OF OUR ASSOCIATION'S PERFORMANCES:

Tami Pearson (20-24): 3 Firsts and 2 Seconds

Karen Burlison (25-29): 3 Seconds and 2 Thirds

Tanya Mansigh (30-34): 4 Firsts and 1 Second with a regional record in the 200 Back.

Sandi Rousseau (30-34): 1 First, 4 Seconds, 1 Third

Linda Jones (35-39): 1 Second, 1 Third, and 2 Fourths

Jayne Chastain (35-39): 1 Second, 2 Thirds, and 1 Fifth

Barbara Frid (40-44): Six Big Ones (Gold) incl; 2 Regional records in the 50 Back and the 50 Fly, plus Association records in 500 free and 100 Back.

Lavelle Stoinoff (45-49): 4 Firsts and 2 Seconds

Nadine Whitehall (45-49): 3 Firsts, and 2 Seconds

Ardis Ross (45-49): 1 Second, 2 Thirds and 1 Fourth

Louise Hepner (55-59): Five Golds (Louise could be the most improved swimmer in the Oregon Association for 1982).

Hazel Bressie (70-74): Six Big Ones - ALL GOLD, Thanks Hazel !!!

Martha Keller (80-84) : One Big Gold Medal ::::

Steve Hamilton (25-29): 5 Firsts, plus 1 Second, with a regional record in 2:06.31 and :26.81 the 200 Back and Assn Record in the 50 Back.

Howard Ronkin (25-29): 3 Firsts, 1 Fourth, and 2 Fifths

Craig Glendinning (25-29): A 4th, a 5th, 2 Sixths and a Seventh.

Steve Colella: Deserves a headline but the timing is off, Steve brought home (25-29)

4 Golds and a new association record of: 24.72 in the 50 Fly. A record stands for 10 years and then it is broken twice in less than 30 days.

OL' BARNACLE'S HAT IS OFF TO: STEVE COLELLA

Brett Arvidson (25-29): 2 Seconds, 1 Third and 2 Fourths

Cheney, S/C Regionals (cont):

Bob Maestre (30-34): 2 Seconds and 2 Thirds

Chris Hughes (30-34): A great Meet - Four Firsts, a Second and a Third

Roy Watters (35-39): 1 First, 2 Seconds, and 3 Thirds

Pat Caudill (35-39): 1 First, 1 Second, 2 Thirds and a Fourth

Don Bolieu (35-39): Two Fifths, Don keeps improving his times.

Jim Hutcheson (35-39): 2 Firsts and 1 Second

Jim Bigler (45-49): 2 Firsts and 4 Seconds

Sam Ierulli (50-54): 3 Firsts and 2 Seconds, Sam is also swimming faster.

Lee Miesen (50-54): 3 Firsts, 1 Second and a Fourth

Mike Popovich (55-59): 2 Seconds

Gil Young (60-64): 1 First and 3 Seconds, with a Regional record in the 1650 and an association record in the 100 free.

Earl Walter (60-64): 6 Firsts with an Association Record in the 200 Breast Herb Eisenschmidt (75-79): 6 Big Golds with Regionals records in the 50 and 200 Free, Herb had one of his best meets ever:::

WE ALSO HAD SOME OUTSTANDING RELAYS, though I am afraid far from enough.... GOLD MEDALS: Men's 200 Free (25 Plus)

Chris Hughes, Steve Hamilton, Bob Maestre and Steve Colella Men's 200 Medley (25 plus)

Steve Hamilton, Howard Ronkin, Steve Colella and Bob Maestre, Set New Regional Record at 1:43.13

SILVER: 200 Mixed Medley (20 Plus)

Tanya Mansigh, Tami Pearson, Steve Colella and Bob Maestre Set new Association record at 1:56.34

THAT'S IT FOR MEET RESULTS FOR NOW, NEXT AQUAMASTER WILL HAVE MEET RESULTS FROM ALBANY LONG COURSE MEET AND ENTRY FOR REGION XII LONG COURSE CHAMPIONSHIPS.

HOTEL/MOTEL ACCOMMODATIONS

We have made arrangements for your lodging comfort during your stay in Portland, Oregon with the airport hotels and motels. Transportation will be provided form these properties to the Meet; just 15 minutes away.

Our Headquarters hotel is:
SHERATON INN - PORTLAND AIRPORT
8235 N.E. Airport Way
Portland, OR 97218
(503) 288-7171

A full service hotel located at Portland International Airport. Complete with indoor fitness center; swimming pool, saunas, therapy pool and exercise room.

In order to set-up room reservations, please fill out the reservation request form. Special room rates have been negioated with the airport properties for our Meet. This request form is the only way reservations will be accepted. Please mail your request along with your Meet registration to the National Meet Registration Director. You will receive written confirmation from your assigned hotel.

RESERVATION REQUEST FORM

MASTERS NATIONAL LONG COURSE SWIMMING CHAMPIONSHIP

August 24 - 28, 1982

Portland, Oregon

Hotel Preference	e: (Please indicate lst,	2nd or 3rd choice)
*Sheraton Inn (*Headquart	-Port ArptHoliday In ers hotel)	nn-Port ArptPortland Town & Country
Arrival Date:	Arrival Time_	Departure Date
Name		Sharing with
Address		Phone
Accommodations I () Single \$ 38.00 Addtional remark	Required: (Please check of () Double () Twin () \$ 44.00 \$ 44.00 ks:	ne) Triple () Quad \$ 50.00

Every effort will be made to accommodate you at your preferred location. Alternate accommodations may be assigned at: The Airtel, Rodeway, or Flamingo... all within minutes away.

PLEASE DO NOT DUPLICATE RESERVATIONS

Official Entry Form for Individual Events

THE PENN MUTUAL

1982 UNITED STATES MASTERS SWIMMING NATIONAL LONG COURSE CHAMPIONSHIPS

August 26, 27, 28, 29



Gresham, Oregon



NAME		,
ADDRESS	TELEPHONE: Days ()	
CITYSTATEZIP	Eves ()	
AGE BIRTHDATE / MO. DAY YEAR	USMS REG. NO (current registration required)	SEX: M F
TEAM OREGON		
- (if not attached to a Maote	ro team, write UN)	
ASSOCIATION Overow Is your Ma	sters team officially registered?	Yes
ENTRY DUE DATE: Postmarked no later than mi	dnight, J uly 9 , 1982.	0

	July 21,						
Event No. WOMEN		TIME and EVENT	MEN	Event No.			
		THURSDAY, AUGUST 26, 1982, 8:30 a.m.					
1		200 m. backstroke		2			
3		100 m. breaststroke		4			
5		50 m. freestyle		6			
7		200 m. butterfly		8			
9	see relay form	200 m. medley relay	see relay form	10			
11		400 m. freestyle		12			
		FRIDAY, AUGUST 27, 1982, 8:30 a.m.					
13		200 m. breaststroke		14			
15		100 m. butterfly	· · · · · · · · · · · · · · · · · · ·	16			
17		50 m. backstroke		18			
19		100 m. freestyle		20			
. 21		200 m. individual medley		22			
23	see relay form	200 m. freestyle relay	see relay form	24			
25	see relay form	200 m. mixed medley relay	see relay form	26			
		SATURDAY, AUGUST 28, 1982, 8:30 a.m.					
27		200 m. freestyle		28			
29		50 m. breaststroke		30			
31		100 m. backstroke		32			
33		50 m. butterfly		34			
35		400 m. individual medley	· · · · · · · · · · · · · · · · · · ·	36			
3 7	see relay form	200 m. mixed freestyle relay	see relay form	38			
		SUNDAY, AUGUST 29, 1982, 8:30 a.m.					
39		1500 m. freestyle		40			

LEGIBLE XEROX COPIES OF THIS ENTRY FORM ARE ACCEPTABLE. YOU MUST COMPLETE THE REVERSE SIDE OF THIS FORM.

THE PENN MUTUAL

1982 UNITED STATES MASTERS SWIMMING NATIONAL LONG COURSE CHAMPIONSHIPS

August 26, 27, 28, 29

Gresham, Oregon

LOCATION: Mt. Hood Community College, 26000 SE Stark Street, Gresham, Oregon

SANCTION: This event is held under the sanction of United States Masters Swimming, Inc.

FILLING OUT THE OTHER SIDE OF THIS FORM: There are no qualifying standards for this meet. Please enter your best time or a reasonable estimated time in the space next to the event(s) you wish to swim and in the correct sex classification. DO NOT ENTER "no time" opposite an event because it will not be considered as entered. EVENT LIMIT: You may enter six (6) events and swim no more than six, no more than three(3) events on any single day of the meet; this does not include relays. If you enter more than three events on one day, the last event will be ignored.

ELIGIBILITY: Swimmers must possess a correct association registration as specified in the rules of Masters swimming. If a swimmer wishes to affiliate with a Masters swim team, then the swimmer and the masters swim team must both be registered in the same association. If there are any questions about a swimmer's affiliation, he/she will be entered in this meet as "unattached."

CONDUCT OF THE MEET - SEEDING: Seeding will be by age group and by sex, with fastest swimmers first in each age group. The meet director reserves the right to place slower swimmers in empty lanes in another age group after at least one full heat has been seeded in each age group. All events (except the 1500 m. freestyle) will be pre-seeded; consult your program (in your registration packet) for the heat and lane assigned to you. SCRATCHES: Swimmers who fail to report to the proper lane in the correct heat of their entered event ordinarily will not be permitted to swim that event at another time and will be considered as scratched from that event. Deck entries will not be accepted.

AGE GROUPS: Age groups are 25-29, 30-34, etc. to 80-84, 85-89, and 90+. All events are swum youngest to oldest. AWARDS: National Masters Medals will be awarded for first place through ninth place in all events, in each age group. Awards may be claimed twenty minutes after results are posted. TEAM SCORING: 10-8-7-6-5-4-3-2-1.

FEES: \$3.00 per individual event plus a \$10.00 surcharge per swimmer. Fees must be included with this entry form. An entry will not be considered complete until the check clears the bank. If there is any question about an entrant's check, full cash payment will be required before being allowed to swim. Note: Requests for refunds for overpayment, or of entries previously made, will only be accepted if made in writing to the sponsoring committee and received prior to July 21, 1982.

GET-TOGETHER DINNER: Saturday, August 28, 1982, at the Sheraton Inn, Portland Airport.

A night to remember, limited to the first 700 responses, will begin at 7:30 p.m., preceded by a social hour. Remit price of \$12.50 per person with entry.

Number of individual events entered	x \$ 3.00 =	For office use
Meet surcharge (required of all swimmers)	= \$10.00	
Number of banquet tickets (social event is optional)	x \$12.50 =	
TOTAL FEES DUE (do not send cash)	· =	

MAILING PROCEDURE: ENTRY DUE: Postmarked no later than July 21 1982. This deadline will be rigidly enforced. Entries postmarked after the due date will be returned to the sender. Business meter postmarks will not be acceptable as proof of date mailed. CHECKS PAYABLE TO: 1982 Masters Nationals. MAIL ENTRY AND FEES TO: Oregon Masters Swimming, c/o Barbara Frid, 10230 SW Parkway, Portland, Oregon 97225. You must enclose a self-addressed, stamped envelope or postcard which will be returned to you as proof of your entry receipt. DO NOT SEND BY REGISTERED OR CERTIFIED MAIL. Foreign entries are due postmarked no later than July 2, 1982, send travel permit.

RELEASE FROM LIABILITY: I, the undersigned participant, intending to be legally bound do hereby waive all rights to claims for loss or damages against United States Masters Swimming, Inc., Oregon Masters Swimming, Mt. Hood Community College, the MEET COMMITTEE, the City of Gresham, Oregon, or any officiating individual of the meet, as a condition of my participation in this meet.

Date	•	Signature	

OREGON RELAYS for NATIONALS

The Oregon Association would like to organize the best possible relays for the Long Course Nationals in August, 1982. In order to find out who plans to swim and would be willing to swim in a relay, we are asking that each individual submit his/her best 50 times. When all of the information is gathered, we will plan the relays to best help us win the National title.

Please send your best 50 time for each stroke (whether you like a particular stroke or not). If you do not know meter times, just fill in the yard times, and we will convert it to a meter time.

NAME:			AGE (as	of Aug	. 26,	82):	
TELEPHONE:			MALE:		FEMAL	E:	
		METERS	; .	YARI			
50	Fly					_	
50	Back		· · ·				
50	Breast		•				
. 50	Free			allie 1990 aven deun 2011 a			

Send to: Sandi Rousseau 23995 SW Drake Lane Hillsboro, Oregon 97123

*** PLEASE POSTMARK BY FRIDAY, 344 1982 ***



Earl Walter, Chairman Oregon Masters Swimming 3904 S. W. 57th Avenue Portland, Oregon 97221 FIRST CLASS MAIL