



AQUA-MASTER

VOL. 8 No. 6

MARCH 1982

OFFICIAL PUBLICATION OF ~~OREGON MASTERS SWIMMING~~ COMMITTEE

Entry Enclosed

1982 SWIMMING SCHEDULE

April 3rd and 4th	Corvallis Aquatic Center Association Championships	Mark Worden
April 30, May 1 & 2	Region XII Championships Cheney, Washington	Harry Lewis
May 21 thru 24	National Short Course Championships	Woodlands, Texas Thomas D. Boak Jr 2720 N. Logrun, Woodlands, Houston, Texas
June 26th & 27th	Long Course - Albany, Oregon	T.B.A.
July 30, 31 & Aug 1	Region XII Long Course Championships	Mike Popovich M.H.C.C.
Aug 26 thru 29	National Long Course Championships at Mt Hood Comm College	Barbara Frid, Swim Cellar 10230 S W Parkway Portland, OR 97225

"SELF DISCIPLINE IS WHEN YOUR CONSCIENCE TELLS YOU TO DO SOMETHING,
AND YOU DON'T TALK BACK"

W.K.HOPE

TOP TEN:

AquaMaster failed to name four people who made the
National TOP TEN for 1981 - LONG COURSE :

Here they are :

LYNN COX (35-39)	100 Meter Freestyle	1:15.94	9th
HELEN JOSEPH (70-74)	200 Meter Freestyle	4:35.02	6th
FRED SPRENGER (50-54)	400 Meter Freestyle	5:28.92	6th
JOHN HOEY (70-74)	50 Meter Backstroke	:50.70	6th

EDITORIAL :

It appears that we have reached the size, age, stage, whatever-where we need to sit down and evaluate ourselves. We - Oregon Masters Swimmers - are many times indebted to the various Aquatic Directors, Swim Pool Managers, etc., throughout the state and in Washington too - without their help we would not be able to conduct meets and without swimming meets I do not know what you would have other than lap swimming. Let us put a STOP to late entries, let us put a STOP to waiting until the last minute to enter -

LET'S START RIGHT NOW MAILING OUR ENTRIES IN ON TIME AND IN TIME !!!!!

OREGON MASTERS
SHORT COURSE
February 6-7, 1982
Tigard, Oregon

Women 20-24

50 Free
Colleen Corrigan 23 :29.50
Karen OKeeffe 23 :31.46
Eileen Cavanagh 23 :32.32
Margaret McCue 24 :37.90
Laura Stuchinsky 23 :38.75

100 Free
Colleen Corrigan 23 1:26.64
Laura Stuchinsky 23 1:36.50

200 Free
Colleen Corrigan 23 2:26.85
Barb Klencke 24 2:35.70

50 Back
Karen Okeeffe 23 :37.20
Beth Winkle 20 :38.30

100 Back
Karen Okeeffe 23 1:20.20

50 Breast
Tami Pearson 23 :35.87
Eileen Cavanagh 23 :39.69
Margaret McCue 24 :44.77
Laura Stuchinsky 23 :49.70

100 Breast
Tami Pearson 23 1:18.07
Eileen Cavanagh 23 1:30.45

200 Breast
Tami Pearson 23 2:50.25

50 Fly
Coleen Corrigan 23 :32.13
Beth Winkle 20 :32.60
Laura Stuchinsky 23 :39.54

100 IM
Colleen Corrigan 23 1:14.50
Beth Winkle 20 1:16.90
Margaret McCue 24 1:31.70
Laura Stuchinsky 23 1:40.30

Men 20-25

50 Free
Leonard Cretcher 22 :25.25
Mike McDowell 24 :25.35

100 Free
Mike McDowell 24 :56.35

50 Back
Mike McDowell 24 :31.30

100 Back
Mike McDowell 24 1:13.60

50 Breast
Leonard Cretcher 22 :31.09

100 Breast
Leonard Cretcher 22 1:10.68

100 IM
Leonard Cretcher 22 1:05.78

RELAYS

Womens 200 Medley Relay
McCue 2:31.50
Koenig
Stachinsky
Hardmeyer

Mens 200 Medley Relay
Kalil 2:02.15
Cretcher
Hunsicker
Loosley

McDowell 2:08.22
Thomson
Worden
King

February 6th & 7th saw 124 eager
masters swimmers converge on
Tigard and literally swim up a
storm.

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masters swimmers converge on
Tigard and literally swim up a
storm.

OL' BARN - looks back and ahead -

For the first time we have a woman in Oregon
who has broken a minute in the 100 Free -
PEGGY LUBCHENCO -

Congratulations Peggy on a job well done,
this has taken work and dedication and disci-
pline on your part.

We can - all of us - keep fighting the
battle with FATHER TIME - we may not win,
but - WE CAN SURE AS HELL SLOW THE OLD
DEVIL UP JUST A BIT - KEEP SWIMMING !!!!!

100 Free :59.97
50 Brst :36.80
50 Free :29.25
100 I.M. 1:16.25
200 Free 2:25.69
50 Brst :41.28
50 Brst :43.49
100 Fly 1:18.45
50 Fly :34.32
200 Mixed Free Relay (45 and Up)
Stoinoff, Whitehall, Guest, Bigler : 1:59.20

ASSOCIATION :

RECORDS :

HELP STAMP OUT
"OLD AGE"
REGISTER A FRIEND IN
MASTERS SWIMMING !!!!!

TIGARD - BILL DENDURANT
THANK YOU SO MUCH FOR A
GREAT MEET - YOUR STAFF
MADE IT POSSIBLE FOR A RECORD NUMBER
OF MASTERS SWIMMERS TO PERFORM IN A TRULY
OUTSTANDING FASHION - THANK YOU VERY MUCH

OREGON MASTERS
SHORT COURSE
February 6-7, 1982
Tigard, Oregon

Women 25-29

50 Free

Peggy Lubchenco	26	:27.04
Gayle Miller	25	:31.20
Gay Koenig	26	:31.89
Debra Hardmeyer	29	:32.52
Sandy Ross	28	:38.90
Kathleen Easter	29	:39.01
Eileen Savage	27	:41.75

100 Free

Peggy Lubchenco	26	:59.97
Gayle Miller	25	1:11.70
Debra Hardmeyer	29	1:13.48
Gay Koenig	26	1:14.23
Susan Johnson	26	1:21.91
Debra Angello	28	1:24.70
Kathleen Easter	29	1:27.24
Eileen Savage	27	1:31.34

200 Free

Karen Burlison	26	2:30.50
Susan Johnson	26	2:56.30
Sandy Ross	28	3:08.26
Kathleen Easter	29	3:21.40

1650 Free

Karen Burlison	26	23:49.30
Susan Johnson	26	28:43.90

50 Back

Gayle Miller	25	:40.46
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100 Back

Margaret McCue	26	1:32.60
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200 Back

Karen Burlison	26	2:46.88
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50 Breast

Debra Angello	28	:39.30
Gay Koenig	26	:39.85
Sandy Ross	28	:45.82
Debra Hardmeyer	29	:48.19

100 Breast

Gay Koenig	26	1:24.96
Debra Angello	28	1:25.40
Sandy Ross	28	1:40.60

50 Fly

Peggy Lubchenco	26	:30.60
Gayle Miller	25	:34.62
Debra Angello	28	:34.66
Debra Hardmeyer	29	:43.90

100 IM

Peggy Lubchenco	26	1:10.01
Gayle Miller	25	1:23.88
Debra Hardmeyer	29	1:32.52
Sandy Ross	28	1:35.61

400 IM

Karen Burlison	26	5:54.78
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Women 30-34

50 Free

Sandi Rousseau	34	:28.30
Cindy Mattimore	30	:29.42
Cheryl Shay	34	:30.05
Nancy Milner	30	:33.31
Sharon Capron	32	:34.60
Robin Peck	34	:38.56

100 Free

Sandi Rousseau	34	1:03.20
Tanya Mansigh	32	1:03.60
Darlene Pohl	32	1:05.43
Cheryl Shay	34	1:07.76
Sharon Capron	32	1:16.35

200 Free

Sandi Rousseau	34	2:20.92
Cheryl Shay	34	2:27.72
Sharon Capron	32	2:47.08
Nancy Milner	30	2:50.60

500 Free

Nancy Milner	30	7:32.70
Sharon Capron	32	7:34.22

1650 Free

Darlene Pohl	32	21:40.16
Cheryl Shay	34	24:00.41
Sharon Capron	32	25:28.70
Nancy Milner	30	26:14.75

50 Back

Tanya Mansigh	32	:33.47
Sue Snyder	32	:34.70
Cindy Mattimore	30	:38.50
Robin Peck	34	:47.15

100 Back

Tanya Mansigh	32	1:13.64
Jana Haroun	33	1:14.55
Judy Belford	32	1:15.57

200 Back

Tanya Mansigh	32	2:39.66
Jana Haroun	33	2:41.90

50 Breast

Sue Snyder	32	:36.80
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100 Breast

Sue Snyder	32	1:21.47
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200 Breast

Sue Snyder	32	2:57.30
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50 Fly

Sandi Rousseau	34	:30.73
Darlene Pohl	32	:32.07
Cindy Mattimore	30	:39.10

100 Fly

Sandi Rousseau	34	1:10.95
Darlene Pohl	32	1:13.95

100 IM

Tanya Mansigh	32	1:12.21
Jana Haroun	33	1:12.62
Judy Belford	32	1:15.59
Cheryl Shay	34	1:19.72
Nancy Milner	30	1:25.20

400 IM

Darlene Pohl	32	5:38.87
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Women 35-39

50 Free

Barbara Frid	39	:29.25
Joan Moss	35	:36.23

100 Free

Barbara Frid	39	1:07.59
Mirjana Callahan	38	1:09.90
Jean Moss	35	1:24.74

500 Free

Carolyn DeFrang	38	9:56.75
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1650 Free

Barbara Frid	39	22:50.00
Joan Moss	35	29:24.00

50 Back

Barbara Frid	39	:35.00
Carolyn DeFrang	38	:50.02

100 Back

Barbara Frid	39	1:16.50
Jayne Chastain	36	1:23.00
Mirjana Callahan	38	1:23.50

200 Back

Carolyn DeFrang	38	3:52.70
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200 Breast

Carolyn DeFrang	38	3:45.49
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50 Fly

Mirjana Callahan	38	:36.76
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100 IM

Mirjana Callahan	38	1:16.25
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OREGON MASTERS
SHORT COURSE
February 6-7, 1982
Tigard, Oregon

Women 40-44

50 Free
Peggie Hodge 41 :36.80
Jeanette Clifton 44 :42.49

100 Free
Nancy Ross 44 1:05.24
Peggie Hodge 41 1:30.92

200 Free
Nancy Ross 44 2:25.69
Jean Kinzey-Lee 41 3:17.70

50 Breast
Harriet Lynch 42 :41.28
Peggie Hodge 41 :45.50
Jeanette Clifton 44 :51.10

100 Breast
Peggie Hodge 41 1:41.45
Jeanette Clifton 44 1:58.02

200 Breast
Harriet Lynch 42 3:19.15

50 Fly
Harriet Lynch 42 :47.07

100 Fly
Nancy Ross 44 1:21.23

200 IM
Harriet Lynch 42 3:20.05

400 IM
Nancy Ross 44 6:13.26

Women 45-49

50 Free
Joan Whisman 45 :32.66
Ardis Ross 46 :34.70

100 Free
Lavelle Stoinoff 49 1:07.90
Ardis Ross 46 1:18.50

200 Free
Lavelle Stoinoff 49 2:25.40
Ardis Ross 46 2:52.20
Joan Whisman 45 2:55.80

500 Free
Lavelle Stoinoff 49 6:27.22
Ardis Ross 46 7:48.90

1650 Free
Lavelle Stoinoff 49 22:08.00
Nadine Whitehall 47 24:21.90

100 Back
Connie Wilson 47 1:25.62

50 Breast
Joan Whisman 45 :43.49

50 Fly
Nadine Whitehall 47 :35.03

100 Fly
Nadine Whitehall 47 1:32.30

200 Fly
Nadine Whitehall 47 3:22.65

100 IM
Joan Whisman 45 1:29.16

400 IM
Nadine Whitehall 47 7:00.00

Women 55-59

~~50 Free~~
Mary Wolfe 55 :33.52
Louise Hepner 56 :35.12
Maggie Wells 55 :35.25
Besse Ross 58 :56.11

100 Free
Mary Wolfe 55 1:17.70
Louise Hepner 56 1:20.60
Besse Ross 58 2:07.43

200 Free
Mary Wolfe 55 2:55.04
Besse Ross 58 4:45.32

1650 Free
Mary Wolfe 55 26:59.60
Maggie Wells 55 30:29.50

50 Back
Mary Wolfe 55 :42.50

100 Back
Maggie Wells 55 1:37.43

50 Breast
Louise Hepner 56 :46.20
Maggie Wells 55 :46.97
Besse Ross 58 1:13.70

100 Breast
Louise Hepner 56 1:39.30

100 IM
Louise Hepner 56 1:34.77

Women 60-64

100 Free
Elfie Stevenin 60 2:18.80

1650
Elfie Stevenin 60 45:27.90

100 Breast
Elfie Stevenin 60 2:47.97

200 Breast
Elfie Stevenin 60 5:54.90

Women 65-69

50 Free
Dawn Musselman 68 :35.51

200 Free
Dawn Musselman 68 3:16.70

50 Back
Dawn Musselman 68 :46.35

50 Breast
Dawn Musselman 68 :54.87

100 IM
Dawn Musselman 68 1:41.96

Women 80-84

100 Free
Martha Keller 80 2:15.20

200 Back
Martha Keller 80 5:17.51

200 Breast
Martha Keller 80 6:36.42

50 Fly
Martha Keller 80 2:21.40

200 Fly
Martha Keller 80 10:37.90

OREGON MASTERS
SHORT COURSE
February 6-7, 1982
Tigard, Oregon

Men 25-29

50 Free

Jim McMaster	26	:25.84
David Master	26	:26.36

100 Free

Chris Hughes	29	:52.25
Adrian Kalil	28	:58.40
Steve Loosley	27	:59.94
Jim McMaster	26	1:00.87

200 Free

Tom Patapoff	25	1:57.20
Dennis Moore	26	2:04.67
Steve Loosley	27	2:13.80

500 Free

Steve Loosley	27	5:51.24
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50 Back

John Thayer	29	:30.03
Chris Hughes	39	:30.20
Adrian Kalil	28	:31.10
Jim McMaster	26	:31.95

100 Back

Adrian Kalil	28	1:07.80
Jim McMaster	26	1:08.33

200 Back

Steve Loosley	27	2:16.30
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50 Breast

Howard Ronkin	26	:29.63
Tom Patapoff	25	:30.70
John Thayer	29	:31.76
Tom Herber	29	:35.10
Gary Traver	28	:41.47

100 Breast

Howard Ronkin	26	1:06.45
Steve Loosley	27	1:17.57
Tom Herber	29	1:18.37
Gary Traver	28	1:33.40

200 Breast

Howard Ronkin	26	2:28.90
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50 Fly

Roy Abramowitz	27	:25.17
Chris Hughes	29	:25.70
John Thayer	29	:26.15
Dennis Moore	26	:26.67
Tom Herber	29	:28.97
Jim McMaster	26	:32.50
David Master	26	:32.50

100 Fly

Dennis Morre	26	1:00.50
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200 Fly

Roy Abramowitz	27	2:06.60
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100 IM

Roy Abramowitz	27	:58.45
Tom Patapoff	25	:59.23
Chris Hughes	29	1:00.72
John Thayer	29	1:01.50

200 IM

Dennis Moore	26	1:02.52
Tom Herber	29	1:09.27
Jim McMaster	26	1:09.90

200 IM

Tom Patapoff	25	2:11.64
John Thayer	29	2:16.70
Dennis Moore	26	2:17.65
Adrian Kalil	28	2:41.16
Tom Herber	29	2:41.55

Men 30-34

50 Free

Mark Worden	30	:23.92
Douglas Hunsicker	34	:26.30
Bob Wienert	34	:26.72
Bruce Thomson	33	:28.80
Bob Stuart	31	:30.17

100 Free

Mark Worden	30	:52.75
Douglas Hunsicker	34	:58.20
Bob Wienert	34	:58.27
Chuck Wolsborn	31	1:00.65
Lindley Mortan	34	1:02.10
Robert Maestre	31	1:03.10
Bob Stuart	31	1:07.80

200 Free

Mark Worden	30	1:57.80
Robert Maestre	31	2:02.47
Doug Huestis	33	2:05.75
Bob Wienert	34	2:16.72
Bruce Thomson	33	2:19.57
Mike Anthony	34	2:21.95
Bob Stuart	31	2:33.10

500 Free

Mark Worden	30	5:23.05
Bruce Thomson	33	6:28.90
Chuck Wolsborn	31	6:33.10
Mike Anthony	31	7:08.60
Bob Stuart	31	7:16.89

1650 Free

Douglas Hunsicker	34	21:52.23
Bob Wienert	34	22:11.08
Bob Stuart	31	26:28.03

100 Back

Chuck Wolsborn	31	1:19.22
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200 Back

Robert Maestre	31	2:26.66
Chuck Wolsborn	31	2:56.19

100 Breast

Bruce Thomson	33	1:23.50
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200 Breast

Bruce Thomson	33	3:08.88
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50 Fly

Douglas Hunsicker	34	:29.60
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100 Fly

Robert Maestre	31	1:00.65
Doug Huestis	33	1:01.59

200 Fly

Doug Huestis	33	2:20.55
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100 IM

Douglas Hunsicker	34	1:08.71
Chuck Wolsborn	31	1:12.06

200 IM

Mark Worden	30	2:20.26
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Men 35-39

50 Free

Howard Mozeico	35	:25.81
Peter Bourus	37	:28.11
Dick Hodge	36	:30.91
Donald Bolieu	37	:32.45
Rick Bolton	37	:40.30

100 Free

Peter Bours	37	1:02.07
Roy Lambert	35	1:02.55
Fores Beaudry	36	1:03.30
Dick Hodge	36	1:07.70
Donald Bolieu	37	1:14.56
Rick Bolton	37	1:32.57

200 Free

Peter Bours	37	2:18.70
Roy Lambert	35	2:18.97
Jim Puterbaugh	37	2:24.46
Howard Mozeico	35	2:29.81
Dick Hodge	36	2:35.30
Donald Bolieu	37	2:51.74
Rick Bolton	37	3:25.80

500 Free

Peter Bourus	37	6:20.60
Fores Beaudry	36	6:35.96
Roy Lambert	35	6:36.50
Riley King	38	7:28.43
Donald Bolieu	37	7:50.20
Rick Bolton	37	8:47.44

OREGON MASTERS
SHORT COURSE
February 6-7, 1982
Tigard, Oregon

Men 35-39 cont.

1650 Free
C. W. Muter 39 21:36.54
Peter Bours 37 22:19.60
Frank Burlisom 35 23:01.30
Steve Whister 38 24:02.17
Riley King 38 26:00.00
Donald Bolieu 37 27:54.37
Allyn Brown 37 31:32.90

50 Back
Dick Hodge 36 :32.40

200 Back
Riley King 38 3:22.34

50 Breast
Roger Pease 35 :34.25

100 Breast
Jim Hutcheson 36 1:13.44
Frank Burlison 35 1:14.10
Roger Pease 35 1:19.60
Riley King 38 1:32.27
Rick Bolton 37 1:47.59

200 Breast
Frank Burlisom 35 2:46.70
Roger Pease 35 2:59.90

50 Fly
James Anderson 39 :30.54
Dick Hodge 36 :35.30

100 Fly
James Anderson 39 1:11.19

200 Fly
James Anderson 39 2:49.10

100 IM
Jim Hutcheson 36 1:08.20
Jim Puterbaugh 37 1:10.95
James Anderson 39 1:12.10

200 IM
Frank Burlison 35 2:36.09

400 IM
Jim Hutcheson 36 5:22.47

Men 40-44

50 Free
Eldon Rose 40 :29.60

200 Free
Ron Nakata 42 2:19.70

1650 Free
C. Schaumburg 43 21:06.28

50 Back
Mike Langsdorf 40 :49.50

100 Back
C. Schaumburg 43 1:12.25

200 Back
C. Schaumburg 43 2:38.56

50 Breast
Eldon Rose 40 :35.41
Mike Langsdorf 40 :37.69

100 Breast
Eldon Rose 40 1:22.86
Mike Langsdorf 40 1:27.50

200 Breast
Mike Langsdorf 40 3:23.49

50 Fly
Ron Nakata 42 :29.20

200 Fly
C. Schaumburg 43 2:53.16

100 IM
Ron Nakata 42 1:08.70
Mike Langsdorf 40 1:39.40

200 IM
Ron Nakata 42 2:34.91

400 IM
C. Schaumburg 43 5:42.01

Men 45-49

50 Free
Dick Slawson 46 :27.20
David Roberts 47 :28.20
Jim Bigler 46 :28.65
Fred Koudele 45 :30.69
Joe Gamblin 46 :31.25

100 Free
Jim Bigler 46 1:02.62
Dick Slawson 46 1:03.20
David Roberts 47 1:03.30
Fred Koudele 45 1:14.85
Joe Gamblin 46 1:15.90

200 Free
Jim Bigler 46 2:22.91
Fred Koudele 45 3:04.65

1650 Free
Jim Bigler 46 23:30.40

100 Breast
Jim Bigler 46 1:20.89

50 Fly
Dick Slawson 46 :31.40
Joe Gamblin 46 :37.26

100 Fly
Dick Slawson 46 1:18.45

100 IM
Joe Gamblin 46 1:31.60

Men 50-54

50 Free
Eric Guest 52 :28.30
David Bernstein 59 :49.55

100 Free
Fred Sprenger 50 1:06.20

200 Free
Fred Sprenger 50 2:22.82
Sam Ierulli 52 2:39.87
Leo Haglund 53 3:21.70

500 Free
Fred Sprenger 50 6:22.80
Sam Ierulli 52 7:01.45

1650 Free
Fred Sprenger 50 22:02.75
Sam Ierulli 52 24:54.20
Leo Haglund 53 32:33.98

50 Fly
Eric Guest 52 :34.32

Men 55-59

50 Free
Gilbert Young 59 :32.94

200 Free
Gilbert Young 59 2:52.50

500 Free
David Bernstein 59 11:09.40

1650 Free
Gil Young 59 25:49.80

50 Back
Gilbert Young 59 :40.47

100 Back
David Bernstein 59 2:03.81

OREGON MASTERS
SHORT COURSE
February 6-7, 1982
Tigard, Oregon

Men 60-64

50 Back		
Earl Walter	60	:33.95
100 Back		
Earl Walter	60	1:17.90
200 Back		
Earl Walter	60	2:54.37
400 IM		
Earl Walter	60	6:24.70

Men 65-69

50 Free		
Syd Hendy	68	:36.28
Bob Schmidt	66	:38.35
100 Free		
Syd Hendy	68	1:22.42
200 Free		
Art Hanlon	65	4:17.19
50 Back		
Syd Hendy	68	:41.60
100 Back		
Syd Hendy	68	1:36.40
Art Hanlon	65	2:07.13
200 Back		
Syd Hendy	68	3:31.40
50 Breast		
Bob Schmidt	66	:44.70
100 Breast		
Art Hanlon	65	2:33.10
50 Fly		
Art Hanlon	65	1:07.25
Men 70-74		
50 Free		
Tift Kampmann	71	:36.38
John Hoey	72	:37.88
100 Free		
John Hoey	72	1:28.80
200 Free		
John Hoey	72	3:23.88

500 Free		
John Hoey	72	10:04.40
50 Back		
John Hoey	72	:45.50
50 Breast		
Tift Kampmann	71	:44.50
100 Breast		
Tift Kampmann	71	1:48.30
200 Breast		
Tift Kampmann	71	4:26.10
100 IM		
Tift Kampmann	71	1:51.90
Men 75-79		
100 Free		
H. Eisenschmidt	75	1:20.25
500 Free		
H. Eisenschmidt	75	8:32.85
50 Back		
H. Eisenschmidt	75	:41.15
100 Back		
H. Eisenschmidt	75	1:33.28
200 Back		
H. Eisenschmidt	75	3:24.92
RELAYS		
Mens 200 Free Relay 65&up		
John Hoey		2:26.07
Tift Kampmann		
Syd Hendy		
Herb Eisenschmidt		
Mens 200 Medley Relay 25&up		
Jim McMastar		2:06.50
Bob Schmidt		
Dennis Moore		
Mascall		
200 Mixed Free Relay 25&up		
Mascall		1:53.95
V. Moore		
Van Winkle		
D. Moore		
200 Mixed Free Relay 45&up		
Lavelle Stoinoff		1:59.20
Nadine Whitehall		
Eric Guest		
Jim Bigler		

Womens 200 Medley Relay 45&up	
Connie Wilson	2:27.40
Joan Whisman	
Nadine Whitehall	
Lavelle Stoinoff	

TIGARD MEET - cont. :	
REGIONAL RECORDS :	
Peggy Lubchenco (25-29)	50 Free :27.04
Mary Ann Wolfe (55-59)	50 Free :33.52
	100 Free 1:17.70
	200 Free 2:55.04
	1650 Free-26:59.60
	50 Back :42.50
Louise Hepner (55-59)	50 Brst :46.20
	100 Brst 1:39.30
	100 I.M. 1:34.77
Women's 200 Medley Relay (45 and Up)	
Connie Wilson, Joan Whisman, Nadine Whitehall, Lavelle Stoinoff	2:27.40

INFORMATION REGARDING ASSOCIATION CHAMPIONSHIPS

APRIL 3rd and 4th

Meet is hosted by the Corvallis Aquatics Club, under the leadership of Mark Worden and Sally Gregory.

The dates are Saturday - April 3rd and Sunday - April 4th

Location : The Fred Osborne Aquatic Center
1940 N W Highland Dr., Corvallis, Oregon

Facility : 50 Meter Indoor Pool with 8 Lanes, Bulkhead to form 25 Yard Pool
Leaving a separate 25 m pool for warm up use. Electronic Timing

Awards : NEW Oregon Association Championship Medals will be available for those placing ; 1st, 2nd & 3rd.

These medals will also be available to Relay Team Winners

Team Trophies will be awarded to 1st, 2nd and 3rd Place Teams.

Championship Patches will be awarded to all 1st place winners.

PLEASE NOTE THE FOLLOWING :

- (1) This is the annual Association Championships and points scored by club swimmers will be totalled, and all clubs represented will have running point totals, with final team standings announced at the end of the meet.

Scoring will be as follows : Individual Events - 9, 7, 6, 5, 4, 3, 2, 1
Relays - 18, 14, 12, 10, 8, 6, 4, 2

The defending Team Champion is : Mt Hood Masters

- (2) Swimmers must be sure to include on their entry forms the CLUB they will be representing, (ie- MAC, PCC, Barracudas, Mt Hood Masters, etc.)
If you do not give this information on your entry form, your points will not be counted in any team totals.
- (3) All swimmers on a given relay team must be from the SAME CLUB for their points to count toward team championships, however, Unattached relays are certainly welcome.
- (4) Swimmers from other associations are most welcome, BUT, they will swim for time only, with their times being duly sent along with meet results for national rankings, etc.
- (5) You are allowed to enter and swim a maximum of five (5) events, and swim on four (4) relays (no two of the same relay though).
A team may enter a maximum of 2 teams per each relay event, this would be a maximum then of 8 , designate each event as Relay Team "A" and "B".

- (7) Current National Masters regulations will govern the conduct of the meet.
There will be a party following the last event on Sunday, location and time will be announced by host club during the meet. There will be a small charge per person to help defray costs of food and libations, etc.

There will be a concession stand open at the meet.

ENTRIES WITH CARDS FOR REGION XII CHAMPIONSHIPS WILL BE AVAILABLE AT THE MEET.

There is plenty of parking at the pool complex site.

THIS IS IT !!!!!

THE BIG ONE !!!!!

DON'T MISS IT - SEE YOU IN CORVALLIS - APRIL 3rd and 4th. !!!!!!!

1982 REGION XII MASTERS' SHORT-COURSE SWIMMING CHAMPIONSHIPS

Official entry form for individual events

April 30, May 1,2, 1982 E.W.U. Cheney, WA

NAME _____

ADDRESS _____

TELEPHONE: () _____

CITY _____

STATE _____

ZIP _____

AGE _____

BIRTHDATE - -

(on May 1)

Mo Day Year

USMS REG. No. _____

SEX

M

F

(Current registration req.)

(Circle one)

Association IEA() PNA() ORE() SRA() OTHER _____

ENTRY DUE DATE: Postmarked no later than midnight Friday, April 23, 1982.

!!STOP!!(See instructions for filling out cards or this form)

Friday, April 30, 1982. Warmup 5p Meet starts @ 6p.

1 & 2 400 Y. Ind. Medley _____

3 & 4 1650 Y Freestyle _____

(Will you swim (2) to a lane?)

Saturday, May 1, 1982. Warmups 11a. Start @ Noon.

5 & 6 200 Y Backstroke _____

15 & 16 100 Y. IND. Medley _____

7 & 8 100 Y Breaststroke _____

17 & 18 200 Y Breaststroke _____

9 & 10 50 Y Freestyle _____

19/20 200 Y MX. FR. RELAY

XXXXXXXXXX

11 & 12 200 Y MED. RELAY

XXXXXXXXXX

21+22 500 Y. Freestyle

13 & 14 200 Y Butterfly _____

Sunday, May 2, 1982. Warmups 8a. Meet Starts @ 9am.

23 & 24 100 Y Freestyle _____

33 & 34 50 Y Breaststroke _____

25 & 26 50 Y Butterfly _____

35 & 36 100 Y Backstroke _____

27 & 28 200 Y Ind. Medley _____

37 & 38 100 Y Butterfly _____

29 & 30 50 Y Backstroke _____

39 & 40 200 Y FREE. RELAY

XXXXXXXXXX

31 & 32 200 Y Freestyle _____

41/42 200 Y Mx MED RELAY

XXXXXXXXXX

Meet Surcharge(required of all swimmers)

\$7.00

For office use

Number of Buffet-style banquet tickets @ \$9.00 _____

(Social event is optional)

Do you wish to stay in dorm style housing? Y or N _____

(Info. on backside of this form)

TOTAL FEES DUE(Send check of money order) = _____

NOTE: Release form must be signed on the backside of this form

(Send the above portion back no later than April 23, 1982)

DATES: April 30, May 1,2, 1982. LOCATION: Eastern Washington University in Cheney Washington(16 miles south of Spokane). See map on backside for locations!

SANCTION: This event is sanctioned by Inland Empire Association of U.S.M.S.

FILLING OUT THE TOP OF THIS FORM: Fill out individual cards, Blue for men and pink for women, in this fashion. Event No. top left corner(Odd nos. for women & even for men), Best or estimated time(do not enter NT) in top right hand corner. Print your full name, your association, age(on May 1). Event Name, Place(EWU), date and circle your age-group. The rest of the card will be filled out by meet director. You may enter (7) individual events and swim in no more than (6) events no more than (3) individual events on (1) day. This does not include relay events. CANNOT SECURE

APPROPRIATE CARDS: IEA,ORE,PNA swimmers should be able to get these cards from meet directors at their respective upcoming meets in March and April. SRA or other swimmers who cannot get these cards in the above mention fashion may fill out the form where indicated, by filling in your best or estimated time after the events in the spaces provided. OTHER ACCOMMODATIONS: The following motels are in or near Spokane: Holiday Inn West and Downtown (509) 747-2021. Single 28.50 Double 35.50. Starlite Motel (509) 747-7186. Single 13.78 double 16.50. Motel Six (509) 838-6401 Single 16.14 double 20.39. El Rancho (509) 455-9400 Single 23.50 double 27.00. Call for further info. and directions. GUEST HOUSING. There may be some housing available with Spokane swimmers, i.e. sleeping bags on floors, etc. Leave a note in your entry and a telephone no. to contact you. ELIGIBILITY: Open to all currently registered-USMS swimmers 20 years of age older as of May 1, 1982. All current USMS rules will prevail. Association scoring will be as follows: Individual 1st thru 6th 7,5,4,3,2,1 Relays: 14,10,8,6,4,2,.. AWARDS: Medals will be available for those desiring to purchase them @ \$1.75ea..

Dormitory housing has been blocked off for those wishing to stay on the E.W.U. campus. Check-in would be Friday evening after 5pm and Saturday morning or evening.

These are the following dorm facilities and prices

Single	\$11/night	Double	\$7.00/night
(Communal bathrooms)		(Communal Bathrooms)	
Single	15-18.50/night	Double	20-25/night
(Apts.--Private bath)		(Apts. private bath)	
Single	\$14/night	Double	\$19/night
(Semi-private)		(Semi-private)	

NOTE: Check-off the one(s) you are interested in. Payment will be made at time of checkin. These accommodations will be at the Louise Anderson Hall. (See map below)

BANQUET: The "Buffet-Style" banquet will be held in the main dining area on the campus. This will be a "All-you-can-eat" type of "Pig-out". Includes complete salad bar. (4) entree. Dessert and Coffee-tea or milk. (Payment for this must accompany your entry form). some tickets may be available that night. Cafeteria-style breakfasts are also available saturday and sunday in the dining area for a modest price. MAKE CHECKS PAYABLE AND SEND TO: I.E.A. MASTERS SWIMMING, E.944-39th Avenue, Spokane Washington 99203--no later than Friday April 23,1982 . (509) 747-3421 after 5pm for more info.

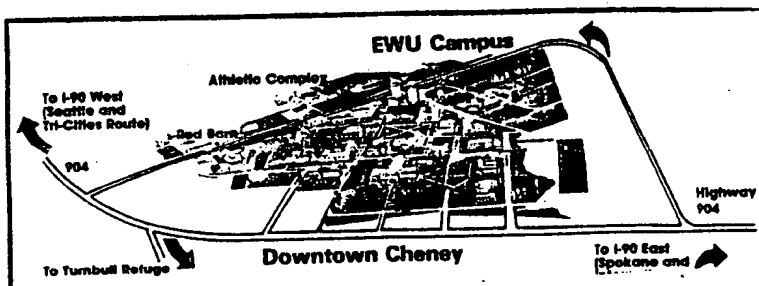
RELEASE FROM LIABILITY: I, the undersigned participant, intending to be legally bound, do hereby waive all rights to claims for loss or damages against I.E.A. Masters Swimmers, Eastern Washington University, the meet committee, or any officiating individual of the meet, as a condition of my participation in the meet.

DATE: _____ SIGNATURE: _____

E.W.U. POOL FACILITIES: 25Y X 25M "L" Pool. Automatic touchpads installed. Swimmers will be swimming in the deep end of the pools so there times should be fast.

PLEASE : IF YOU PLAN / ON GOING TO CHENEY FOR REGIONAL SHORT COURSE :
PHONE OR WRITE TO ME : EARL WALTER , 3904 S W 57th Avenue Portland 97221
I WILL BE GLAD TO SEND YOU EVENT CARDS - WHAT EVER NUMBER YOU NEED -
IF YOU DON'T PICK THEM UP AT CORVALLIS THEN PLEASE CALL IMMEDIATELY !!

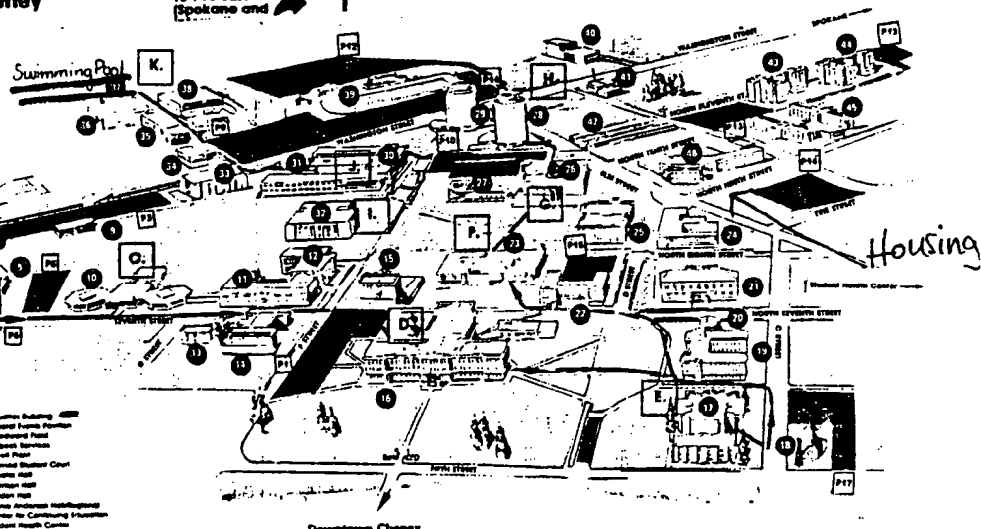
PHONE :
292 1611



Eastern Washington University
Cheney, Washington

EWU

- | | | | |
|--------------------------------|-----------------------------|---------------------------|--------------------------|
| 1 Red Barn | 11 Student Union | 21 Performance Hall | 31 Aquatics Building |
| 2 Arts/Media Apartments | 12 Student Hall | 22 Power Station Building | 32 Student Living Center |
| 3 Outdoor Services | 13 Maintenance Building | 23 Student Hall | 33 Student Living Center |
| 4 Music Building | 14 Maintenance Hall | 24 Power Hall | 34 Student Living Center |
| 5 Speech Building | 15 Student Education Center | 25 Dining Hall | 35 Student Living Center |
| 6 Student Information Building | 16 Student Hall | 26 Dining Hall | 36 Student Living Center |
| 7 University Press | 17 Student Hall | 27 Dining Hall | 37 Student Living Center |
| 8 Art Building | 18 Student Hall | 28 Dining Hall | 38 Student Living Center |
| 9 College Hall | 19 Student Hall | 29 Dining Hall | 39 Student Living Center |
| 10 Student Hall | 20 Student Hall | 30 Dining Hall | 40 Student Living Center |



APRIL 3rd and 4th

1982 Oregon Association Masters Short Course Swimming Championships

Sanctioned by USMS, Inc. and LMSC for Oregon Association

HOST : Corvallis Aquatics Club

AT : The Fred Osborne Aquatics Center
1940 N W Highland Dr., Corvallis, OR.

Mail Entry Form and Fees to : Mark Worden, Meet Director
The Fred Osborne Aquatics Center
1940 N W Highland Dr., Corvallis, Oregon

DEADLINE : March 29th, Monday - Make Checks payable to : Oregon Masters Swimming

YOUR ENTRY MUST BE RECEIVED BY MARCH 29TH !!!!!

Please Circle Your Age Group : (20-24) (25-29) (30-34) (35-39) (40-44) (45-49)
(50-54) (55-59) (60-64) (65-69) (70-74) (75-79) (80-84) (85-89) (90 Plus)

Name _____ M _____ F _____ Birthday _____ Age _____ As of April 3rd !!

Address _____ City _____ State _____ Zip _____

Assn : OR _____ Other _____ Club/Team _____ Unatched _____

Reg # _____ **(PLEASE FILL IN YOUR NUMBER !!!!)**

YOU MAY REGISTER AT THE MEET - YOU MUST BE REGISTERED !!!!!

Events Entered and Best Times (Short Course) - Enter Relays at the meet.

Saturday - April 3rd :

Warm Ups at 5 P.M. - Meet Starts at 6:00 P.M.

Circle Event # and enter best time : Please remember that excluding Relays, you may enter five (5) individual events and swim a maximum of 5 individual events.

W	M		Best Time	W	M		Best Time
1	2	400 Ind Medley	_____	3	4	1650 Freestyle	_____

Sunday - April 4th - Warm Ups at 9:00 A.M. - Meet Starts at 10:00 A.M.

5	6	200 Backstroke	_____	23	24	150 Backstroke	_____
7	8	100 Breaststroke	_____	25	26	50 Butterfly	_____
9	10	50 Freestyle	_____	27	28	200 Ind Medley	_____
11	12	200 Medley Relay	XXXXXXXXXX	29	30	100 Freestyle	_____
13	14	200 Butterfly	_____	31	32	200 Mixed Medley Relay	XXXXXXX
15	16	100 Ind Medley	_____	33	34	50 Breaststroke	_____
17	18	200 Breaststroke	_____	35	36	100 Backstroke	_____
19	20	500 Freestyle	_____	37	38	100 Butterfly	_____
21	22	200 Mixed Free Relay	XXXXXXX	39	40	200 Free Relay	XXXXXXXXXX
				41	42	200 Freestyle	_____

PLEASE NOTE : BEFORE AND AFTER EACH

RELAY EVENT THERE WILL BE A FIVE(5) MINUTE BREAK.

Entry Fee : Entry (Surcharge) - \$ 6.00 Make Checks Payable to :

Awards : Pay for them as you earn them - \$ 1.75 OREGON MASTERS SWIMMING

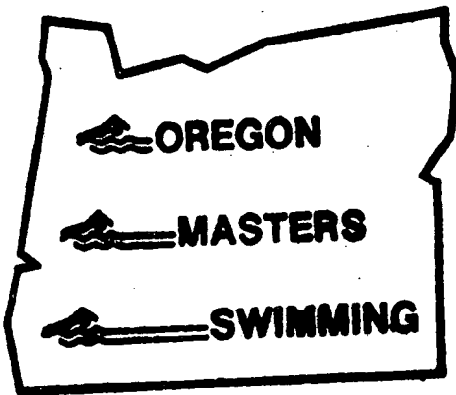
WE SEEM TO HAVE A PROBLEM WITH DEADLINES FOR WHEN ENTRIES ARE DUE AT THE OFFICE OF THE MEET DIRECTOR - OUR DEADLINE FOR THIS MEET IS - MARCH 29TH - THIS MEANS THAT YOUR ENTRY MUST BE IN THE HANDS OF THE MEET DIRECTOR ON MARCH 29th !!!!
SIMPLY THIS MEANS THAT YOU SHOULD MAIL YOUR ENTRY NO LATER THAN MARCH 26TH !!!!

and counting !

165 Days —

we are now: "N" Day minus —

Set Your Goals !



first class mail

Connie Wilson
8383 S.E. Battin Rd., No. 1
Portland, OR 97266