



Awards Social

*2016 Swimming Achievements
of Oregon Masters Swimmers*

April 8, 2017

CONTENTS

<i>Masters Swimming in Oregon</i>	4
<i>National Placing for OMS</i>	5
<i>World and National Records</i>	6
<i>All-Stars</i>	7
<i>USMS Awards</i>	
<i>Pool All-Americans</i>	8
<i>Long Distance All-Americans</i>	11
<i>Postal Relay All-Americans</i>	12
<i>Postal Participation Award</i>	12
<i>OMS Long Distance Awards</i>	
<i>Postal Participation Award</i>	13
<i>Open Water Team Champions</i>	14
<i>Mike Morehouse Spirit Award</i>	15
<i>Open Water Series Champions</i>	15
<i>Volunteer Awards</i>	16
<i>USMS Top Ten</i>	
<i>Short Course Yards (25 Yards)</i>	18
<i>Short Course Meters (25 Meters)</i>	19
Program	Centerfold
<i>USMS Top Ten</i>	
<i>Long Course Meters (50 Meters)</i>	25

FYI

Masters Swimming in Oregon

Oregon Masters Swimming began in 1972 with twenty swimmers who swam for fitness, fun and the enjoyment of competition. Today, the Oregon LMSC consists of 1,010 swimmers and is one of 52 official U.S. Masters Swimming (USMS) Local Masters Swimming Committees (LMSC), with 6 Clubs and 29 workout groups. Oregon swimmers range in age from 18 to 94 years old.

Oregon swimming was first organized under the United States Amateur Athletic Union. Connie Wilson was the founder and single-handedly built Oregon Masters Swimming into one of the finest Masters organizations in the country. She did a tremendous amount of work organizing meets, setting up a Board, applying for a non-profit status, preparing a newsletter, publicizing the organization in the local newspapers, getting sponsors for meets, even helping to organize, although quite sick at the time, the 1986 Long Course National Championships at Mt. Hood Community College (and who knows what else she did).

Connie died of cancer on July 22, 1986. Earl Walter wrote a memorial of her in the "Aqua Master" of August, 1986. She was founder and Chairman Emeritus of Oregon Masters Swimming and played a major role in the development of Oregon Masters Swimming from a handful of swimmers to a position of strength and activity.

Connie was in swimming and athletics from a very young age. She was a fine volleyball player and a coach at Portland State University when PSU was a power in women's volleyball. She was a Gold medalist and National Champion in Masters Track and Field, also was a National Champion and Oregon's first All-American in Masters Swimming.



National Placing for OMS



Spring SCY Nationals – Greensboro, NC

April 28-May 1, 2016

Combined (Male/Female) Team Scores for Regional Clubs

Oregon..... 10th of 19
5 swimmers; 95.5 points



Summer LCM Nationals - Gresham, OR

August 17-21, 2016

Combined (Male/Female) Team Scores for Regional Clubs

Oregon 1st of 17
275 swimmers; 4,197 points



Long Distance Postal Events

Combined (Male/Female) Team Scores for Regional Clubs

Oregon

1-Hour Postal*	2 nd
3000 Yard Postal	3 rd
6000 Yard Postal	3 rd
5K Postal	2 nd
10K Postal	2 nd

*Large Club Category

World and National Records

Individual (4)

Name	Age Group	Course	Event	Time	Date	Record
Rebecca Kay	W70-74	LCM	50 Free	33.95	8/21/2016	National
Colette Crabbe	W60-64	SCM	50 Breast	38.87	12/04/2016	National
Colette Crabbe	W60-64	SCM	100 Breast	1:24.39	12/04/2016	National, World
Colette Crabbe	W60-64	SCM	200 Breast	3:08.21	12/04/2016	National

Relays (8)

Age Group	Event	Course	Date	Time	Record
W280-319	200 LC Meter Medley	LC	8/21/2016	2:53.85	National
1) Joy Ward	2) Janet Gettling	3) Sandi Rousseau	4) Rebecca Kay		

M320-359	200 LC Meter Free	LC	8/21/2016	2:24.56	National
1) Jose Ferraz	2) Willard Lamb	3) Frank Philipps	4) David Radcliff		

M 320-359	200 LC Meter Medley	LC	8/21/2016	2:52.05	National
1) Willard Lamb	2) Ronald Nakata	3) Mike Dirksen	4) David Radcliff		

X 200-239	200 LC Meter Medley	LC	8/21/2016	2:01.98	National, World
1) Valerie Jenkins	2) Kurt Grote	3) Gabe Duus	4) Karen Andrus-Hughes		

X 320-359	200 LC Meter Free	LC	8/21/2016	2:35.97	National, World
1) Rebecca Kay	2) Willard Lamb	3) Barbara Frid	4) David Radcliff		

X 320-359	200 LC Meter Medley	LC	8/21/2016	3:15.08	National
1) Willard Lamb	2) Ginger Pierson	3) Barbara Frid	4) David Radcliff		

W 280-319	200 SC Meter Free	SCM	11/19/2016	2:30.72	National
1) Joy Ward	2) Sandi Rousseau	3) Janet Gettling	4) Rebecca Kay		

W 280-319	200 SC Meter Medley	SCM	11/19/2016	2:46.92	National, World
1) Joy Ward	2) Janet Gettling	3) Sandi Rousseau	4) Rebecca Kay		

USMS All-Stars

Achieved the most number one finishes in their age group in Top Ten competition.

Pool

NONE for 2016



Long Distance

Must accumulate the highest number of points in a series of National Championships held throughout the year.

6 Swimmers from OMS; out of 19 in the entire nation!

Bob Bruce	COMA	Hardy Lussier	COMA
Anicia Criscione	CAT	Matt Miller	RVM
Todd Lanry	RVM	Dave Radcliff	THB

OMS Lifetime All-Stars

A swimmer who is a #1 OMS Outstanding Swimmer for five years (pool or long distance), will achieve this elite category.

Pool

Colette Crabbe	2016	Barbara Frid	2004
Willard Lamb	2015	Herb Eisenschmidt	2004
Karen Andrus-Hughes	2008	Ginger Pierson	2004
Dennis Baker	2008	Andrew Holden	2004
Joy Ward	2007	Lavelle Stoinoff	2004
David Radcliff	2007	Robert Smith	2004



Long Distance

David Radcliff	(2007)
Steve Johnson	(2006)

USMS Pool All-American

Ranked first in at least one SCY, SCM or LCM event in the Nation for the given year.

15 Swimmers

Individual

Name	Age Group	Event	Time	Course
Jesse L Kaba	W18-24	50 Breast	36.06	LCM
Abby Blank	W30-34	200 Breast	2:51.38	LCM
Emily R Melina	W35-39	400 Free	4:45.23	LCM
Emily R Melina	W35-39	800 Free	9:53.17	LCM
Brianna E Showell	W35-39	200 Breast	2:55.96	LCM
Christine Mcclafferty	W40-44	200 Fly	2:44.91	LCM
Lynette Greco	W45-49	50 Back	34.25	LCM
Jill M Asch	W50-54	50 Breast	38.62	SCM
Arlene Delmage	W50-54	200 Fly	2:41.51	SCM
Arlene Delmage	W50-54	200 Fly	2:44.45	LCM
Colette M Crabbe	W60-64	50 Breast	38.87	SCM
Colette M Crabbe	W60-64	100 Breast	1:24.39	SCM
Colette M Crabbe	W60-64	100 Fly	1:14.77	SCM
Colette M Crabbe	W60-64	100 IM	1:17.34	SCM
Colette M Crabbe	W60-64	200 IM	2:47.18	SCM
Colette M Crabbe	W60-64	400 IM	5:54.91	SCM
Colette M Crabbe	W60-64	200 IM	2:52.74	LCM
Colette M Crabbe	W60-64	400 IM	5:56.40	LCM
Janet Gettling	W65-69	200 Breast	3:51.63	LCM
Virginia Phipps	W90-94	100 Free	3:03.20	LCM
Virginia Phipps	W90-94	200 Free	6:21.79	LCM
Mike Self	M45-49	50 Back	28.50	SCM
Mike Self	M45-49	100 Back	1:01.70	SCM
Mike Self	M45-49	50 Back	28.76	LCM
Mike Self	M45-49	100 Back	1:03.39	LCM
Chris L Hiatt	M75-79	100 Back	1:28.02	LCM
Chris L Hiatt	M75-79	200 Back	3:15.82	LCM
David A Radcliff	M80-84	100 Free	1:15.23	SCM
David A Radcliff	M80-84	200 Free	2:48.47	SCM
David A Radcliff	M80-84	400 Free	6:01.60	SCM
David A Radcliff	M80-84	800 Free	12:12.75	SCM
David A Radcliff	M80-84	1500 Free	23:40.85	SCM
David A Radcliff	M80-84	50 Free	35.55	LCM
David A Radcliff	M80-84	100 Free	1:19.26	LCM
David A Radcliff	M80-84	200 Free	2:53.62	LCM
David A Radcliff	M80-84	400 Free	5:53.44	LCM
David A Radcliff	M80-84	800 Free	13:08.97	LCM
David A Radcliff	M80-84	1500 Free	23:12.68	LCM
David A Radcliff	M80-84	100 Free	1:08.26	SCY

Continued on next page

Continued — USMS All-American

Name	Age Group	Event	Time	Course
David A Radcliff	M80-84	200 Free	2:29.74	SCY
David A Radcliff	M80-84	500 Free	6:50.75	SCY
David A Radcliff	M80-84	1000 Free	14:04.73	SCY
David A Radcliff	M80-84	1650 Free	23:17.83	SCY
Willard J Lamb	M90-94	50 Free	43.81	SCM
Willard J Lamb	M90-94	100 Free	1:44.97	SCM
Willard J Lamb	M90-94	200 Free	4:05.72	SCM
Willard J Lamb	M90-94	50 Back	56.86	SCM
Willard J Lamb	M90-94	100 Back	2:06.99	SCM
Willard J Lamb	M90-94	200 Back	4:28.04	SCM
Willard J Lamb	M90-94	50 Free	44.75	LCM
Willard J Lamb	M90-94	100 Free	1:44.17	LCM
Willard J Lamb	M90-94	200 Free	4:03.02	LCM
Willard J Lamb	M90-94	400 Free	8:34.84	LCM
Willard J Lamb	M90-94	800 Free	17:33.69	LCM
Willard J Lamb	M90-94	1500 Free	32:25.81	LCM
Willard J Lamb	M90-94	50 Back	56.12	LCM
Willard J Lamb	M90-94	100 Back	2:03.90	LCM
Willard J Lamb	M90-94	200 Back	4:26.77	LCM
Willard J Lamb	M90-94	50 Free	39.44	SCY
Willard J Lamb	M90-94	100 Free	1:34.46	SCY
Willard J Lamb	M90-94	500 Free	9:22.43	SCY
Willard J Lamb	M90-94	50 Back	50.92	SCY
Willard J Lamb	M90-94	100 Back	1:50.33	SCY

All-American Relays

Age Group	Event	Course	Time	Swimmers (Age)
W100-119	200 Medley	LCM	2:07.53	Lily E Donohue (26) Brianna E Showell (37) Jessica L Stacy (27) Hailey Bambusch (26)
W120-159	200 Free	LCM	1:52.53	Jill M Asch (50) Hailey Bambusch (26) Maki Moore (31) Sonja Skinner (40)
W160-199	200 Free	LCM	1:59.37	Abby Blank (31) Arlene Delmage (54) Valerie G Jenkins (53) Jessica L Stacy (27)
W160-199	200 Medley	LCM	2:15.72	Kristine A Cox (38) Rebecca Ducore (36) Jill M Asch (50) Shannon A Wallace (41)

Continued on next page

Continued — USMS All-American

Age Group	Event	Course	Time	Swimmers (Age)
W280-319	200 Free	SCM	2:30.72	Joy Ward (74) Sandi Rousseau (69) Janet Gettling (68) Rebecca L Kay (70)
W280-319	200 Medley	LCM	2:53.85	Joy Ward (74) Janet Gettling (68) Sandi Rousseau (69) Rebecca L Kay (70)
W280-319	200 Medley	SCM	2:46.92	Joy Ward (74) Janet Gettling (68) Sandi Rousseau (69) Rebecca L Kay (70)
M120-159	200 Free	LCM	1:41.54	Kris C Asleson (28) Daniel Michael (28) John C Rasmussen (41) Whitney J Woolard (41)
M160-199	800 Free	SCM	8:30.69	Matthew A Marceau (34) Matt Miller (39) Eilhard C Lussier (51) Scot A Sullivan (50)
M200-239	400 Free	SCM	3:56.31	Mike Self (46) Mark Frost (49) Brent C Washburne (55) Scot A Sullivan (50)
M320-359	200 Free	LCM	2:24.56	Jose E Ferraz (71) Willard J Lamb (94) Frank J Philipps (74) David A Radcliff (82)
M320-359	200 Medley	LCM	2:52.05	Willard J Lamb (94) Ronald K Nakata (77) Mike Dirksen (67) David A Radcliff (82)
X160-199	200 Medley	LCM	2:02.81	Sara Shepherd (34) Kris P Simpson (51) Whitney J Woolard (41) Shannon A Wallace (41)
X200-239	200 Medley	LCM	2:01.98	Valerie G Jenkins (53) Kurt Grote (43) Gabe G Duus (46) Karen Andrus-Hughes (59)
X320-359	200 Free	LCM	2:35.97	Rebecca L Kay (70) Willard J Lamb (94) Barbara Frid (74) David A Radcliff (82)
X320-359	200 Medley	LCM	3:15.08	Willard J Lamb (94) Ginger L Pierson (70) Barbara Frid (74) David A Radcliff (82)

USMS Long Distance All-Americans

Ranked first in at least one Long Distance National Championship

12 swimmers

Anicia Criscione
10-km Open Water

Hardy Lussier
2.7 mile Open Water
10 km Open Water

Sara Nelson
1 hour ePostal
3000 yd ePostal

Colette Crabbe
3000 yd ePostal

5 km ePostal
10 km ePostal
3000 yd ePostal

Dave Radcliff
10-km Open Water
1-hour ePostal

Mark Frost
10-km Open Water

Matt Miller
2 mile Cable Swim
2.7 mile Open Water
10 km Open Water

5-km ePostal,
10-km ePostal
3000-yd ePostal
6000-yd ePostal

Lisa Gibson
2.7 mile Open Water
10-km Open Water

1 hour ePostal
5-km ePostal
10 km ePostal

Pat Sherman
3000-yd ePostal
6000-yd ePostal

Willard Lamb
1 hour ePostal
3000 yd ePostal

Ralph Mohr
5 km ePostal
3000 yd ePostal

Todd Lantry
10 km Open Water

FYI

USMS Holds Eleven National Long Distance Championships Each Year

The championships, both open water and ePostal events, are as follows:

- ◆ One mile (quarter-mile straightaway or open water course)
- ◆ Quarter-mile straightaway (2 miles)
- ◆ Open water (greater than 1 and less than or equal to 3 miles)
- ◆ Open water (greater than 3 and less than 6 miles)
- ◆ Open water (greater than or equal to 6 miles and less than 9 miles)
- ◆ Open water (greater than or equal to 9 miles)
- ◆ ePostal 1 hour
- ◆ ePostal 5 kilometer (in 50-meter pool)
- ◆ ePostal 10 kilometer (in 50-meter pool)
- ◆ ePostal 3000 yard (in a 25-yard pool)
- ◆ ePostal 6000 yard (in a 25-yard pool)

USMS Long Distance ePostal Relay All-Americans

Ranked first in at least one Long Distance National Championship

19 swimmers

Bob Bruce.....	COMA	Jeanne Magmer.....	NCMS
Colette Crabbe.....	ORM	Karen Matson.....	COMA
Arlene Delmage.....	ORM	Matt Miller.....	RVM
Bonnie Edwards.....	ORM	Ralph Mohr.....	COMA
John Foges.....	COMA	Jayette Pettit.....	CAC
Mark Frost.....	CGM	Dave Radcliff.....	THB
Suzy Jajewski.....	ORM	Brianna Showell.....	NIKE
Brent Lake.....	COMA	Bonnie Speer.....	LHST
Willard Lamb.....	ORM	George Thayer.....	COMA
Hardy Lussier.....	COMA		

USMS ePostal Participation Award

This is a series of long distance swims that are conducted at local pools and entered in USMS Long Distance National Championship Postal Events. (One Hour ePostal, 5000 Meter ePostal, 10,000 Meter ePostal, 3000 Yard ePostal, 6000 Yard ePostal)

10 swimmers

This award requires participation in all 5 USMS Postal Events, named above. Only 59 swimmers in the nation completed all 5 swims, and 10 of those were from Oregon! Way to go Oregon Swimmers!

Name	Team
Bob Bruce.....	COMA
Amanda Callahan.....	NCMS
John Foges.....	COMA
Mark Frost.....	CGM
Doug Graeber.....	COMA
Hardy Lussier.....	COMA
Matt Miller.....	RVM
Dave Radcliff.....	THB
Brooks Richardson.....	COMA
Christian Tujo.....	COMA

OMS ePostal Participation Award

*Requires participation in 3 Postal Events in the calendar year
One Hour Swim, 5 or 10-km Swim, and the 3000 or 6000-yard Swim*

15 swimmers

Name	Team
Bob Bruce.....	COMA
Amanda Callahan.....	NCMS
John Foges.....	COMA
Mark Frost.....	CGM
Doug Graeber.....	COMA
Suzy Jajewski.....	ORM
Hardy Lussier.....	COMA
Matt Miller.....	RVM
Ralph Mohr.....	COMA
Jayette Pettit.....	CAC
Dave Radcliff.....	THB
Brooks Richardson.....	COMA
Gillian Salton.....	COMA
Pat Sherman.....	COMA
Christian Tujo.....	COMA



Open Water Team Champions

The OMS Association Open Water Championship is a single 1500-meter or 1-mile swim, this year the 1500-meter swim was at Eel Lake. The site rotates from venue to venue.

Large Team..... Central Oregon Masters Aquatics
 Small Team..... Rogue Valley Masters



Open Water Series Champions

This is a series of open water swims that are conducted at Oregon venues—lakes, reservoirs, and rivers. Individual results are tabulated for Oregon Masters athletes, with scoring, awards, and recognition for a cumulative series.

Lisa Gibson..... NIKE
 Patrick Allender..... Corvallis Aquatic Team



Mike Morehouse Spirit Award

The Mike Morehead Spirit Award is given annually to someone who displays the highest character of sportsmanship during the Oregon Open Water Series, past and present.

Sue Phillips..... Corvallis Aquatic Team
 Steve Johnson..... Emerald Aquatics



USMS/OMS Volunteer Awards

USMS recognizes the commitment of those who give back with the Dorothy Donnelly Service Award, named to honor one of USMS's outstanding volunteers. The award recognizes those whose contributions stand out in service to local, regional, and national programs.



JACKI ALLENDER



Jacki has been the Officials Chair of the Oregon LMSC for the last 12 years and has paced the pool decks as an official at eight USMS National Championship meets. Her selflessness has allowed meet organizers to know that officiating would be reliable, allowing them to concentrate on other issues in a swim meet. In addition, Jacki has served as meet referee at both the 2008 and 2016 USMS Summer Nationals in Oregon. She also stepped up to work as assistant administrative referee and administrative referee at the 2006 FINA

World Masters championships and the 2013 Pan American Masters championships respectively.

Officiating at so many events involved many hours as a volunteer. Thank you Jacki.



GARY WHITMAN

USMS at all levels cannot function smoothly without the contributions of administrators like Oregon Masters Swimming Data Manager, Gary Whitman. In his unique Board position for over sixteen years, Gary has demonstrated what the ultimate long term volunteer can do for an organization.



As Data Manager, Gary receives and processes all LMSC paper and online meet entries, solves all issues related to entries, provides the heat sheets to the meet directors, and frequently provides his services at the meets to run the meet manager software at swim meets. His thorough review and verification of results is most appreciated by meet directors and swimmers alike. As a board member, Gary attends meetings to share his technical knowledge and expertise with those needing the help in software and database use. Thank you Gary.

FYI

USMS Organization and National Committees

USMS is governed by its volunteers, also known as the House of Delegates. The HOD is composed of approximately 250 LMSC officers who attend our annual meeting at the United States Aquatic Sports Convention. At the annual meeting, the HOD elects the USMS Board of Directors.

The BOD is composed of 16 voting members. USMS legal counsel, past presidents and the executive director are nonvoting, ex-officio board members. The Executive Committee, to which members are elected in odd years, includes the president, vice president of administration, vice president of local operations, vice president of programs, vice president of community services, secretary, treasurer, immediate past president, legal counsel, and executive director. The remaining eight board positions, recognized as at-large directors, are elected in even years, one from each zone. BOD members are elected for two-year terms and may run for an additional two-year term, for a total of four years of service.



USMS Top Ten

Ranked in the top ten swims in the Nation in SCY, SCM or LCM for the given year.

Short Course Yards (25 Yards)

Place	Age Group	Event	Name	Age	Club	Time
9	W18-24	1650 Free	Emma Duffy	23	OREG	19:53.90
9	W25-29	100 Free	Hailey Bambusch	25	OREG	53.52
7	W25-29	200 Free	Hailey Bambusch	25	OREG	1:58.62
5	W30-34	100 Back	Sara Shepherd	33	OREG	1:02.22
10	W35-39	100 Fly	Sonja Skinner	39	OREG	1:02.12
9	W35-39	200 IM	Brianna E Showell	36	OREG	2:21.44
7	W40-44	200 Fly	Christine Mcclafferty	42	OREG	2:35.96
10	W50-54	200 Fly	Arlene Delmage	53	OREG	2:35.45
6	W55-59	50 Back	Karen Andrus-Hughes	58	OREG	31.62
4	W55-59	200 Back	Karen Andrus-Hughes	58	OREG	2:31.48
3	W65-69	50 Breast	Janet Gettling	67	OREG	40.10
10	W65-69	50 Breast	Ginger L Pierson	69	OREG	42.65
3	W65-69	100 Breast	Janet Gettling	67	OREG	1:29.05
4	W65-69	200 Breast	Janet Gettling	67	OREG	3:20.36
4	W65-69	200 Fly	Janet Gettling	67	OREG	3:21.33
7	W65-69	100 IM	Janet Gettling	67	OREG	1:23.39
2	W70-74	50 Breast	Ginger L Pierson	70	OREG	42.06
3	W70-74	100 Breast	Ginger L Pierson	70	OREG	1:33.40
2	W70-74	200 Breast	Ginger L Pierson	70	OREG	3:22.09
7	M18-24	50 Breast	Kevin T Quan	19	DUCK	26.87
7	M18-24	100 Breast	Michael Loyd	18	DUCK	59.73
8	M18-24	100 Breast	Kevin T Quan	19	DUCK	59.82
9	M35-39	1650 Free	Matt Miller	38	OREG	18:42.26
10	M55-59	1650 Free	David Hathaway	55	OREG	19:22.47
2	M65-69	50 Breast	Allen L Stark	67	OREG	31.68
2	M65-69	100 Breast	Allen L Stark	67	OREG	1:09.27
3	M65-69	200 Breast	Allen L Stark	67	OREG	2:36.64
6	M70-74	50 Back	Robert S Smith	72	OREG	33.92
4	M75-79	50 Back	Chris L Hiatt	75	OREG	35.74
2	M75-79	200 Back	Chris L Hiatt	75	OREG	2:51.07
7	M75-79	50 Fly	Chris L Hiatt	75	OREG	36.67
5	M75-79	100 IM	Chris L Hiatt	75	OREG	1:20.09
4	M80-84	50 Free	David A Radcliff	81	OREG	31.32
1	M80-84	100 Free	David A Radcliff	81	OREG	1:08.26
1	M80-84	200 Free	David A Radcliff	81	OREG	2:29.74
1	M80-84	500 Free	David A Radcliff	81	OREG	6:50.75
1	M80-84	1000 Free	David A Radcliff	81	OREG	14:04.73
1	M80-84	1650 Free	David A Radcliff	81	OREG	23:17.83
6	M80-84	50 Back	George D Thayer	80	OREG	41.83
7	M80-84	100 Back	Dick M Slawson	80	OREG	1:37.29
8	M80-84	100 Back	George D Thayer	80	OREG	1:37.78

Continued on next page

Continued — USMS Top Ten — Short Course Yards (25 Yards)

Place	Age Group	Event	Name	Age	Club	Time
8	M80-84	200 Back	George D Thayer	80	OREG	3:46.80
10	M80-84	100 Breast	Dick M Slawson	80	OREG	1:46.18
8	M80-84	100 IM	Dick M Slawson	80	OREG	1:34.46
1	M90-94	50 Free	Willard J Lamb	93	OREG	39.44
1	M90-94	100 Free	Willard J Lamb	93	OREG	1:34.46
1	M90-94	500 Free	Willard J Lamb	93	OREG	9:22.43
1	M90-94	50 Back	Willard J Lamb	93	OREG	50.92
1	M90-94	100 Back	Willard J Lamb	93	OREG	1:50.33

Short Course Yards Relays

NONE for 2016



Short Course Meters (25 Meters)

Place	Age Group	Event	Name	Age	Club	Time
6	W18-24	100 Back	Rory J Allen	19	DUCK	1:14.23
10	W18-24	200 Back	Sydney L Christopherson	20	DUCK	2:54.97
10	W18-24	100 Fly	Rory J Allen	19	DUCK	1:20.53
10	W35-39	400 Free	Tessa L Reeves	38	OREG	5:22.29
10	W35-39	200 Back	Maresa Jackson	37	OREG	2:48.91
10	W35-39	100 Fly	Stacey L Kiefer	38	OREG	1:16.59
8	W35-39	200 Fly	Tessa L Reeves	38	OREG	3:06.40
10	W35-39	400 IM	Maresa Jackson	37	OREG	6:08.28
7	W40-44	50 Free	Sonja Skinner	40	OREG	30.09
2	W40-44	400 Free	Sara Q Nelson	44	OREG	4:57.19
3	W40-44	800 Free	Sara Q Nelson	44	OREG	10:04.07
2	W40-44	1500 Free	Sara Q Nelson	44	OREG	19:02.10
10	W40-44	50 Back	Maisie A Vultaggio	42	VS BV	36.97
8	W40-44	200 Back	Maisie A Vultaggio	42	VS BV	2:49.34
4	W40-44	50 Breast	Sarah J Rogers	40	OREG	38.07
4	W40-44	100 Breast	Sarah J Rogers	40	OREG	1:22.31
7	W40-44	100 Breast	Sonja Skinner	40	OREG	1:25.08
2	W40-44	200 Breast	Sarah J Rogers	40	OREG	2:58.88
3	W40-44	50 Fly	Sonja Skinner	40	OREG	31.87
3	W40-44	100 Fly	Sonja Skinner	40	OREG	1:11.22
3	W40-44	200 IM	Sonja Skinner	40	OREG	2:44.42
3	W40-44	400 IM	Sonja Skinner	40	OREG	5:40.82
10	W45-49	50 Free	Francie Haffner	49	OREG	30.52
6	W45-49	100 Free	Francie Haffner	49	OREG	1:05.67
7	W45-49	200 Free	Francie Haffner	49	OREG	2:22.63

Continued on page 20

Place	Age Group	Event	Name	Age	Club	Time
3	W45-49	100 Back	Francie Haffner	49	OREG	1:13.89
9	W45-49	100 Fly	Cheryl A Morgen	47	OREG	1:19.75
7	W45-49	100 IM	Francie Haffner	49	OREG	1:16.37
2	W50-54	50 Free	Jill M Asch	50	OREG	28.51
7	W50-54	1500 Free	Arlene Delmage	54	OREG	21:23.34
4	W50-54	50 Back	Jill M Asch	50	OREG	34.32
8	W50-54	100 Back	Jill M Asch	50	OREG	1:19.82
10	W50-54	200 Back	Arlene Delmage	54	OREG	3:02.56
1	W50-54	50 Breast	Jill M Asch	50	OREG	38.62
6	W50-54	100 Breast	Jill M Asch	50	OREG	1:26.42
2	W50-54	50 Fly	Jill M Asch	50	OREG	31.69
3	W50-54	50 Fly	Arlene Delmage	54	OREG	31.92
2	W50-54	100 Fly	Arlene Delmage	54	OREG	1:11.83
1	W50-54	200 Fly	Arlene Delmage	54	OREG	2:41.51
4	W50-54	100 IM	Jill M Asch	50	OREG	1:13.45
4	W50-54	400 IM	Arlene Delmage	54	OREG	5:59.39
5	W55-59	50 Free	Karen Andrus-Hughes	59	OREG	29.81
4	W55-59	100 Free	Karen Andrus-Hughes	59	OREG	1:07.41
3	W55-59	50 Back	Karen Andrus-Hughes	59	OREG	34.25
3	W55-59	100 Back	Karen Andrus-Hughes	59	OREG	1:14.47
2	W55-59	200 Back	Karen Andrus-Hughes	59	OREG	2:44.58
8	W60-64	50 Free	Colette M Crabbe	60	OREG	32.39
4	W60-64	100 Free	Colette M Crabbe	60	OREG	1:10.25
2	W60-64	200 Free	Colette M Crabbe	60	OREG	2:29.23
4	W60-64	400 Free	Colette M Crabbe	60	OREG	5:23.27
2	W60-64	800 Free	Colette M Crabbe	60	OREG	10:56.23
2	W60-64	1500 Free	Colette M Crabbe	60	OREG	20:39.25
3	W60-64	50 Back	Colette M Crabbe	60	OREG	37.42
2	W60-64	100 Back	Colette M Crabbe	60	OREG	1:20.03
10	W60-64	200 Back	Jeanna Summers	62	OREG	3:10.30
1	W60-64	50 Breast	Colette M Crabbe	60	OREG	38.87
1	W60-64	100 Breast	Colette M Crabbe	60	OREG	1:24.39
2	W60-64	200 Breast	Colette M Crabbe	60	OREG	3:08.21
3	W60-64	50 Fly	Colette M Crabbe	60	OREG	34.19
1	W60-64	100 Fly	Colette M Crabbe	60	OREG	1:14.77
1	W60-64	100 IM	Colette M Crabbe	60	OREG	1:17.34
1	W60-64	200 IM	Colette M Crabbe	60	OREG	2:47.18
1	W60-64	400 IM	Colette M Crabbe	60	OREG	5:54.91
2	W65-69	50 Breast	Janet Gettling	68	OREG	44.20
5	W65-69	100 Breast	Janet Gettling	68	OREG	1:40.29
2	W65-69	200 Breast	Janet Gettling	68	OREG	3:45.89
7	W65-69	50 Fly	Janet Gettling	68	OREG	40.88
4	W65-69	100 Fly	Janet Gettling	68	OREG	1:42.27
3	W65-69	200 Fly	Janet Gettling	68	OREG	3:46.24
6	W65-69	100 IM	Janet Gettling	68	OREG	1:34.19
4	W65-69	400 IM	Janet Gettling	68	OREG	7:27.86

Continued on next page

Place	Age Group	Event	Name	Age	Club	Time
2	W70-74	50 Free	Rebecca L Kay	70	OREG	35.82
7	W70-74	400 Free	Alice J Zabudsky	71	OREG	7:04.77
4	W70-74	50 Back	Joy Ward	74	OREG	46.54
4	W70-74	100 Back	Joy Ward	74	OREG	1:43.28
3	W70-74	50 Breast	Ginger L Pierson	70	OREG	46.67
4	W70-74	50 Breast	Rebecca L Kay	70	OREG	47.88
2	W70-74	100 Breast	Ginger L Pierson	70	OREG	1:41.71
4	W70-74	100 Breast	Mirjana Prather	72	OREG	1:49.34
5	W70-74	100 Breast	Rebecca L Kay	70	OREG	1:51.56
2	W70-74	200 Breast	Ginger L Pierson	70	OREG	3:46.33
6	W70-74	50 Fly	Alice J Zabudsky	71	OREG	49.15
7	W70-74	50 Fly	Ginger L Pierson	70	OREG	49.33
4	W70-74	100 Fly	Alice J Zabudsky	71	OREG	2:00.68
5	W70-74	200 Fly	Ginger L Pierson	70	OREG	4:21.84
7	W70-74	200 Fly	Alice J Zabudsky	71	OREG	4:27.63
6	W70-74	100 IM	Mirjana Prather	72	OREG	1:42.63
7	W70-74	100 IM	Ginger L Pierson	70	OREG	1:43.07
3	W70-74	200 IM	Alice J Zabudsky	71	OREG	3:57.01
2	W75-79	50 Free	A Jane Nichols	75	OREG	43.84
2	W75-79	100 Free	A Jane Nichols	75	OREG	1:40.18
4	W75-79	200 Free	A Jane Nichols	75	OREG	3:51.33
7	M18-24	50 Breast	Michael Loyd	19	DUCK	32.52
7	M18-24	100 Breast	Michael Loyd	19	DUCK	1:11.43
10	M30-34	200 Free	Matthew A Marceau	34	OREG	2:07.56
6	M30-34	200 Breast	Kevin H Cleary	33	OREG	2:46.77
10	M30-34	400 IM	Kevin H Cleary	33	OREG	5:57.79
9	M35-39	400 Free	Matt Miller	39	OREG	4:40.20
6	M35-39	800 Free	Matt Miller	39	OREG	9:47.84
7	M35-39	1500 Free	Matt Miller	39	OREG	18:35.84
6	M35-39	200 Back	Matt Miller	39	OREG	2:33.26
6	M40-44	100 Back	Mickey Aberle	40	OREG	1:07.06
5	M45-49	50 Free	Mike Self	46	OREG	25.19
4	M45-49	100 Free	Mike Self	46	OREG	54.73
5	M45-49	1500 Free	Darren J Kling	47	OREG	18:39.77
1	M45-49	50 Back	Mike Self	46	OREG	28.50
1	M45-49	100 Back	Mike Self	46	OREG	1:01.70
4	M45-49	200 Back	Mike Self	46	OREG	2:18.66
9	M50-54	100 Free	Scot A Sullivan	50	OREG	58.58
7	M50-54	200 Free	Scot A Sullivan	50	OREG	2:10.20
2	M50-54	400 Free	Scot A Sullivan	50	OREG	4:33.53
3	M50-54	800 Free	Scot A Sullivan	50	OREG	9:43.84
4	M50-54	800 Free	Eilhard C Lussier	51	OREG	9:48.00
3	M50-54	1500 Free	Eilhard C Lussier	51	OREG	18:09.31
6	M50-54	1500 Free	Scot A Sullivan	50	OREG	18:39.68
7	M50-54	50 Back	Scot A Sullivan	50	OREG	31.28
5	M50-54	100 Back	Scot A Sullivan	50	OREG	1:07.01

Continued on next page

Social Time 5:30 PM — General Meeting 6:00 PM



Awards Presentation

6:30 PM

MASTER OF CEREMONIES
Tim Waud — OMS Chair



POOL AWARDS

Art Welch "Most Splashes" Award
Outstanding Swimmer Award
Lifetime All-Star Award



SPIRIT AWARDS

Hazel Bressie Spirit Award
Gil Young Spirit Award
Mike Morehouse Spirit Award



SPECIAL RECOGNITION AWARDS

Special Service Award
Ol' Barn Award
Connie Wilson Memorial Award



Place	Age Group	Event	Name	Age	Club	Time
3	M50-54	200 Back	Scot A Sullivan	50	OREG	2:28.18
9	M50-54	50 Breast	Scot A Sullivan	50	OREG	33.60
9	M50-54	100 Breast	Scot A Sullivan	50	OREG	1:15.70
6	M50-54	200 Breast	Scot A Sullivan	50	OREG	2:47.18
7	M50-54	100 IM	Scot A Sullivan	50	OREG	1:06.68
4	M50-54	200 IM	Scot A Sullivan	50	OREG	2:24.48
4	M50-54	400 IM	Scot A Sullivan	50	OREG	5:22.43
8	M55-59	400 Free	David Hathaway	56	OREG	4:51.22
7	M55-59	800 Free	David Hathaway	56	OREG	10:10.30
7	M55-59	1500 Free	David Hathaway	56	OREG	19:34.06
9	M55-59	50 Back	Keith Uebele	55	OREG	32.20
6	M55-59	200 Breast	Patrick Allender	58	OREG	2:49.81
10	M55-59	200 Breast	Richard K Howell	57	OREG	2:53.00
9	M55-59	50 Fly	Keith Uebele	55	OREG	29.18
10	M55-59	100 Fly	David Hathaway	56	OREG	1:11.84
5	M60-64	50 Back	Cliff C Stephens	61	OREG	32.94
6	M60-64	100 Back	Cliff C Stephens	61	OREG	1:14.02
2	M60-64	200 Back	Cliff C Stephens	61	OREG	2:34.10
10	M60-64	200 Fly	Cliff C Stephens	61	OREG	2:56.30
2	M65-69	50 Breast	Allen L Stark	67	OREG	35.80
2	M65-69	100 Breast	Allen L Stark	67	OREG	1:18.79
2	M65-69	200 Breast	Allen L Stark	67	OREG	2:56.29
10	M70-74	50 Free	Jon D Stout	70	OREG	32.02
8	M70-74	100 Free	Jon D Stout	70	OREG	1:11.83
8	M70-74	200 Free	Bob Kehoe	70	OREG	2:49.02
5	M70-74	50 Back	Jon D Stout	70	OREG	38.84
8	M70-74	200 IM	Jon D Stout	70	OREG	3:20.75
5	M75-79	50 Free	Ronald K Nakata	77	OREG	34.86
5	M75-79	100 Free	Ronald K Nakata	77	OREG	1:18.04
4	M75-79	50 Breast	Ronald K Nakata	77	OREG	45.05
6	M75-79	50 Fly	Ronald K Nakata	77	OREG	43.90
4	M75-79	100 IM	Ronald K Nakata	77	OREG	1:30.26
2	M75-79	200 IM	Ronald K Nakata	77	OREG	3:40.16
2	M80-84	50 Free	David A Radcliff	82	OREG	33.86
1	M80-84	100 Free	David A Radcliff	82	OREG	1:15.23
1	M80-84	200 Free	David A Radcliff	82	OREG	2:48.47
1	M80-84	400 Free	David A Radcliff	82	OREG	6:01.60
1	M80-84	800 Free	David A Radcliff	82	OREG	12:12.75
1	M80-84	1500 Free	David A Radcliff	82	OREG	23:40.85
7	M80-84	50 Back	George D Thayer	80	OREG	50.75
1	M90-94	50 Free	Willard J Lamb	94	OREG	43.81
1	M90-94	100 Free	Willard J Lamb	94	OREG	1:44.97
1	M90-94	200 Free	Willard J Lamb	94	OREG	4:05.72
1	M90-94	50 Back	Willard J Lamb	94	OREG	56.86
1	M90-94	100 Back	Willard J Lamb	94	OREG	2:06.99
1	M90-94	200 Back	Willard J Lamb	94	OREG	4:28.04

Continued on next page

Short Course Meters Relays

Place	Age Group	Event	Club	Time	Swimmers (Age)
6	M72-99	200 Free	DUCK	1:59.23	Cooper C Bontz (19) Luke L Ilgenfritz (19) Dmitry A Dubovoy (20) Keanu K Shadron (20)
1	M160-199	800 Free	OREG	8:30.69	Matthew A Marceau (34) Matt Miller (39) Eilhard C Lussier (51) Scot A Sullivan (50)
1	M200-239	400 Free	OREG	3:56.31	Mike Self (46) Mark Frost (49) Brent C Washburne (55) Scot A Sullivan (50)
3	W72-99	200 Medley	DUCK	2:33.07	Adrienne R Herzog (19) Amanda L Radtke (20) Helen K Jenne (25) Bridget E Shepherd (22)
1	W280-319	200 Free	OREG	2:30.72	Joy Ward (74) Sandi Rousseau (69) Janet Gettling (68) Rebecca L Kay (70)
1	W280-319	200 Medley	OREG	2:46.92	Joy Ward (74) Janet Gettling (68) Sandi Rousseau (69) Rebecca L Kay (70)



Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
9	W18-24	800 Free	Sarah K Goodpastor	18	OREG	12:51.02
10	W18-24	800 Free	Olivia Schmidt	23	OREG	13:04.06
9	W18-24	1500 Free	Madison N Goodall	20	OREG	22:45.67
6	W18-24	50 Back	Aurora R Gerhardt	19	OREG	35.22
7	W18-24	100 Back	Aurora R Gerhardt	19	OREG	1:16.15
8	W18-24	200 Back	Brianna N Van Veldhuizen	22	OREG	3:05.55
1	W18-24	50 Breast	Jesse L Kaba	21	OREG	36.06
3	W18-24	100 Breast	Jesse L Kaba	21	OREG	1:20.10
3	W18-24	200 Breast	Jesse L Kaba	21	OREG	3:06.09

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
8	W18-24	200 Breast	Olivia Schmidt	23	OREG	3:33.21
9	W18-24	200 Breast	Lindsay Miller	24	OREG	3:34.58
10	W18-24	200 Breast	Amanda L Radtke	20	DUCK	3:36.77
9	W18-24	50 Fly	Jesse L Kaba	21	OREG	32.19
8	W18-24	200 IM	Jesse L Kaba	21	OREG	2:43.16
6	W18-24	400 IM	Brianna N Van Veldhuizen	22	OREG	7:27.43
9	W25-29	50 Free	Hailey Bambusch	26	OREG	27.58
3	W25-29	100 Free	Hailey Bambusch	26	OREG	1:00.42
4	W25-29	100 Free	Ashley Sippel	26	UC37	1:00.46
4	W25-29	200 Free	Hailey Bambusch	26	OREG	2:14.53
5	W25-29	200 Free	Ashley Sippel	26	UC37	2:14.94
7	W25-29	200 Free	Helen K Jenne	25	DUCK	2:20.86
6	W25-29	400 Free	Helen K Jenne	25	DUCK	5:00.15
5	W25-29	800 Free	Helen K Jenne	25	DUCK	10:29.46
7	W25-29	800 Free	Cailee Caldwell	27	OREG	10:40.95
4	W25-29	50 Back	Lily E Donohue	26	OREG	33.93
6	W25-29	50 Back	Hailey Bambusch	26	OREG	33.98
6	W25-29	100 Back	Lily E Donohue	26	OREG	1:12.60
9	W25-29	100 Back	Hailey Bambusch	26	OREG	1:15.60
3	W25-29	200 Back	Lily E Donohue	26	OREG	2:38.29
7	W25-29	50 Breast	Jessica L Stacy	27	OREG	36.14
8	W25-29	50 Breast	Ashley Sippel	26	UC37	37.17
4	W25-29	100 Breast	Jessica L Stacy	27	OREG	1:19.52
9	W25-29	100 Breast	Ashley Sippel	26	UC37	1:23.23
10	W25-29	50 Fly	Hailey Bambusch	26	OREG	30.90
4	W25-29	100 Fly	Jessica L Stacy	27	OREG	1:09.12
5	W25-29	100 Fly	Hailey Bambusch	26	OREG	1:09.18
5	W25-29	200 Fly	Mattie J Fowler	29	UC37	2:45.42
7	W25-29	200 IM	Jessica L Stacy	27	OREG	2:35.93
5	W25-29	400 IM	Mattie J Fowler	29	UC37	5:42.78
6	W30-34	50 Free	Maki Moore	31	OREG	28.41
4	W30-34	100 Free	Maki Moore	31	OREG	1:01.87
6	W30-34	200 Free	Maki Moore	31	OREG	2:19.32
9	W30-34	1500 Free	Catherine C Eastman	31	OREG	21:49.66
2	W30-34	50 Back	Sara Shepherd	34	OREG	33.37
10	W30-34	50 Back	Caitlyn Shortt-Low	30	OREG	35.43
2	W30-34	100 Back	Sara Shepherd	34	OREG	1:11.47
8	W30-34	100 Back	Maki Moore	31	OREG	1:17.56
3	W30-34	200 Back	Sara Shepherd	34	OREG	2:38.08
8	W30-34	200 Back	Elise J Beeger	32	OREG	2:49.27
6	W30-34	50 Breast	Caitlyn Shortt-Low	30	OREG	35.98
9	W30-34	50 Breast	Abby Blank	31	OREG	37.38
6	W30-34	100 Breast	Abby Blank	31	OREG	1:21.32
7	W30-34	100 Breast	Caitlyn Shortt-Low	30	OREG	1:22.47
1	W30-34	200 Breast	Abby Blank	31	OREG	2:51.38
9	W30-34	200 Breast	Sheri L Markwardt	32	OREG	3:27.27

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
7	W30-34	200 Fly	Aubrie L LeGault	34	OREG	3:34.43
7	W30-34	200 IM	Abby Blank	31	OREG	2:39.46
7	W30-34	400 IM	Jessica Hudec	33	OREG	7:14.07
3	W35-39	200 Free	Emily R Melina	36	OREG	2:17.91
1	W35-39	400 Free	Emily R Melina	36	OREG	4:45.23
9	W35-39	400 Free	Kristine A Cox	38	OREG	5:20.32
10	W35-39	400 Free	Stacey L Kiefer	38	OREG	5:21.62
1	W35-39	800 Free	Emily R Melina	36	OREG	9:53.17
8	W35-39	800 Free	Stacey L Kiefer	38	OREG	10:51.84
9	W35-39	800 Free	Serena H Johnson	39	OREG	11:05.16
10	W35-39	800 Free	Jessica E Kieras	36	OREG	11:07.89
5	W35-39	1500 Free	Tessa L Reeves	38	OREG	21:46.24
6	W35-39	1500 Free	Brandy S Bounds	35	OREG	21:47.37
9	W35-39	1500 Free	Michelle L Macy	39	OREG	22:41.65
9	W35-39	50 Back	Jessica E Kieras	36	OREG	35.08
10	W35-39	50 Back	Serena H Johnson	39	OREG	35.82
4	W35-39	100 Back	Jessica E Kieras	36	OREG	1:13.28
7	W35-39	100 Back	Serena H Johnson	39	OREG	1:16.47
10	W35-39	100 Back	Kristine A Cox	38	OREG	1:20.95
4	W35-39	200 Back	Jessica E Kieras	36	OREG	2:37.09
6	W35-39	200 Back	Serena H Johnson	39	OREG	2:48.21
8	W35-39	200 Back	Kristine A Cox	38	OREG	2:49.52
3	W35-39	50 Breast	Brianna E Showell	37	OREG	35.74
7	W35-39	50 Breast	Amanda Metz	36	OREG	38.15
9	W35-39	50 Breast	Kristine A Cox	38	OREG	38.44
10	W35-39	50 Breast	Rebecca Ducore	36	OREG	38.96
4	W35-39	100 Breast	Brianna E Showell	37	OREG	1:19.45
8	W35-39	100 Breast	Amanda Metz	36	OREG	1:24.81
9	W35-39	100 Breast	Kristine A Cox	38	OREG	1:26.38
1	W35-39	200 Breast	Brianna E Showell	37	OREG	2:55.96
3	W35-39	200 Breast	Amanda Metz	36	OREG	3:08.63
10	W35-39	200 Breast	Aubree M Gustafson	35	OREG	3:23.12
4	W35-39	100 Fly	Emily R Melina	36	OREG	1:09.49
9	W35-39	100 Fly	Stacey L Kiefer	38	OREG	1:12.77
6	W35-39	200 Fly	Tessa L Reeves	38	OREG	3:16.80
2	W35-39	200 IM	Brianna E Showell	37	OREG	2:36.12
8	W35-39	200 IM	Jessica E Kieras	36	OREG	2:42.39
4	W35-39	400 IM	Jessica E Kieras	36	OREG	5:49.62
5	W35-39	400 IM	Stacey L Kiefer	38	OREG	5:54.65
9	W35-39	400 IM	Brandy S Bounds	35	OREG	6:15.83
6	W40-44	50 Free	Sonja Skinner	40	OREG	28.88
8	W40-44	50 Free	Shannon A Wallace	41	OREG	29.29
10	W40-44	50 Free	Beth Martell	44	OREG	29.96
6	W40-44	100 Free	Shannon A Wallace	41	OREG	1:03.51
7	W40-44	100 Free	Sonja Skinner	40	OREG	1:03.76
4	W40-44	200 Free	Sara Q Nelson	44	OREG	2:22.82

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
5	W40-44	400 Free	Sara Q Nelson	44	OREG	5:04.89
10	W40-44	1500 Free	Anicia Criscione	43	OREG	21:54.55
4	W40-44	50 Back	Beth Martell	44	OREG	35.30
10	W40-44	50 Back	Sarah J Rogers	40	OREG	37.80
3	W40-44	100 Back	Maisie A Vultaggio	42	VSBV	1:16.89
4	W40-44	100 Back	Beth Martell	44	OREG	1:17.73
10	W40-44	100 Back	Kelly S Dean	44	OREG	1:26.41
2	W40-44	200 Back	Beth Martell	44	OREG	2:47.40
4	W40-44	200 Back	Maisie A Vultaggio	42	VSBV	2:50.49
10	W40-44	200 Back	Anicia Criscione	43	OREG	3:04.39
7	W40-44	50 Breast	Sonja Skinner	40	OREG	39.08
9	W40-44	50 Breast	Sarah J Rogers	40	OREG	39.76
6	W40-44	100 Breast	Sonja Skinner	40	OREG	1:25.38
8	W40-44	100 Breast	Sarah J Rogers	40	OREG	1:26.75
9	W40-44	100 Breast	Sara Q Nelson	44	OREG	1:27.96
3	W40-44	200 Breast	Sara Q Nelson	44	OREG	3:05.11
4	W40-44	200 Breast	Sarah J Rogers	40	OREG	3:07.26
9	W40-44	200 Breast	Lisa E Sandoval	44	OREG	3:27.21
3	W40-44	50 Fly	Sonja Skinner	40	OREG	30.60
5	W40-44	50 Fly	Christine Mcclafferty	43	OREG	31.64
6	W40-44	50 Fly	Shannon A Wallace	41	OREG	31.88
4	W40-44	100 Fly	Sonja Skinner	40	OREG	1:09.48
5	W40-44	100 Fly	Christine Mcclafferty	43	OREG	1:11.85
9	W40-44	100 Fly	Sara Q Nelson	44	OREG	1:21.90
1	W40-44	200 Fly	Christine Mcclafferty	43	OREG	2:44.91
3	W40-44	200 IM	Sonja Skinner	40	OREG	2:40.37
4	W40-44	200 IM	Sara Q Nelson	44	OREG	2:45.52
5	W40-44	200 IM	Beth Martell	44	OREG	2:46.14
2	W40-44	400 IM	Sara Q Nelson	44	OREG	5:55.93
4	W45-49	50 Free	Lynette Greco	47	WIM	29.20
8	W45-49	100 Free	Francie Haffner	49	OREG	1:08.39
2	W45-49	200 Free	Lynette Greco	47	WIM	2:21.60
5	W45-49	200 Free	Francie Haffner	49	OREG	2:24.98
7	W45-49	400 Free	Jinxi Caddel	46	OREG	5:22.74
4	W45-49	800 Free	Jinxi Caddel	46	OREG	11:00.27
5	W45-49	800 Free	Julie H Sedgwick	47	WIM	11:00.52
10	W45-49	800 Free	Laura Tyrrell	49	OREG	11:24.29
10	W45-49	1500 Free	Natalie McMillan	48	OREG	22:16.05
1	W45-49	50 Back	Lynette Greco	47	WIM	34.25
5	W45-49	50 Back	Gillian G Salton	48	OREG	36.42
7	W45-49	50 Back	Francie Haffner	49	OREG	36.71
2	W45-49	100 Back	Lynette Greco	47	WIM	1:15.24
7	W45-49	100 Back	Gillian G Salton	48	OREG	1:19.36
8	W45-49	100 Back	Francie Haffner	49	OREG	1:19.39
5	W45-49	200 Back	Gillian G Salton	48	OREG	2:55.90
3	W45-49	50 Breast	Stephanie Wahab	48	OREG	40.24

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
4	W45-49	50 Fly	Cheryl A Morgen	47	OREG	33.26
4	W45-49	100 Fly	Cheryl A Morgen	47	OREG	1:19.44
2	W45-49	200 Fly	Cheryl A Morgen	47	OREG	3:14.83
8	W45-49	200 Fly	Sandra L Hyde	48	OREG	4:03.19
9	W45-49	200 Fly	Shirlene A Gonzalez	47	OREG	4:17.67
6	W45-49	400 IM	Gillian G Salton	48	OREG	6:41.08
2	W50-54	50 Free	Jill M Asch	50	OREG	29.19
3	W50-54	100 Free	Jill M Asch	50	OREG	1:05.62
10	W50-54	100 Free	Valerie G Jenkins	53	OREG	1:07.58
10	W50-54	200 Free	Valerie G Jenkins	53	OREG	2:29.83
5	W50-54	800 Free	Holly H Vaughn-Edmonds	54	OREG	10:31.90
5	W50-54	50 Back	Valerie G Jenkins	53	OREG	34.47
9	W50-54	50 Back	Jill M Asch	50	OREG	36.64
3	W50-54	100 Back	Valerie G Jenkins	53	OREG	1:16.39
8	W50-54	100 Back	Jill M Asch	50	OREG	1:20.09
5	W50-54	50 Breast	Jill M Asch	50	OREG	39.32
3	W50-54	50 Fly	Jill M Asch	50	OREG	32.10
4	W50-54	50 Fly	Arlene Delmage	54	OREG	32.16
2	W50-54	100 Fly	Arlene Delmage	54	OREG	1:13.23
1	W50-54	200 Fly	Arlene Delmage	54	OREG	2:44.45
10	W50-54	200 IM	Arlene Delmage	54	OREG	2:53.38
6	W50-54	400 IM	Arlene Delmage	54	OREG	6:09.86
9	W55-59	50 Free	Karen Andrus-Hughes	59	OREG	30.86
3	W55-59	100 Free	Karen Andrus-Hughes	59	OREG	1:07.97
7	W55-59	800 Free	Kris A Denney	56	OREG	10:55.65
8	W55-59	800 Free	Mary Sweat	59	OREG	10:56.72
7	W55-59	1500 Free	Mary Sweat	59	OREG	20:37.86
3	W55-59	50 Back	Karen Andrus-Hughes	59	OREG	35.23
3	W55-59	100 Back	Karen Andrus-Hughes	59	OREG	1:19.48
6	W55-59	200 Back	Karen Andrus-Hughes	59	OREG	2:57.94
10	W55-59	100 Breast	Nancy C Vincent	57	OREG	1:35.86
8	W55-59	200 Breast	Nancy C Vincent	57	OREG	3:33.35
7	W60-64	400 Free	Colette M Crabbe	60	OREG	5:34.57
3	W60-64	800 Free	Colette M Crabbe	60	OREG	11:19.33
2	W60-64	1500 Free	Colette M Crabbe	60	OREG	21:25.18
3	W60-64	100 Back	Colette M Crabbe	60	OREG	1:23.05
10	W60-64	100 Back	Jeanna Summers	62	OREG	1:30.80
9	W60-64	200 Back	Jeanna Summers	62	OREG	3:13.95
3	W60-64	100 Breast	Colette M Crabbe	60	OREG	1:31.51
2	W60-64	200 Breast	Colette M Crabbe	60	OREG	3:19.71
2	W60-64	100 Fly	Colette M Crabbe	60	OREG	1:18.81
10	W60-64	200 Fly	Elke M Asleson	64	OREG	4:20.88
1	W60-64	200 IM	Colette M Crabbe	60	OREG	2:52.74
1	W60-64	400 IM	Colette M Crabbe	60	OREG	5:56.40
6	W65-69	1500 Free	Lauren Binder	69	OREG	26:02.88
4	W65-69	50 Breast	Janet Gettling	68	OREG	45.19

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
3	W65-69	100 Breast	Janet Gettling	68	OREG	1:42.33
1	W65-69	200 Breast	Janet Gettling	68	OREG	3:51.63
8	W65-69	50 Fly	Janet Gettling	68	OREG	41.68
10	W65-69	50 Fly	Sandi Rousseau	69	OREG	42.98
6	W65-69	100 Fly	Janet Gettling	68	OREG	1:42.92
2	W65-69	200 Fly	Janet Gettling	68	OREG	3:49.14
4	W65-69	400 IM	Janet Gettling	68	OREG	7:43.15
2	W70-74	50 Free	Rebecca L Kay	70	OREG	33.95
7	W70-74	50 Free	Sue C Calnek-Morris	73	OREG	38.64
6	W70-74	100 Free	Rebecca L Kay	70	OREG	1:31.19
10	W70-74	400 Free	Alice J Zabudsky	71	OREG	7:34.19
5	W70-74	50 Back	Joy Ward	74	OREG	49.37
7	W70-74	100 Back	Joy Ward	74	OREG	1:49.10
2	W70-74	50 Breast	Ginger L Pierson	70	OREG	46.18
3	W70-74	50 Breast	Rebecca L Kay	70	OREG	47.52
3	W70-74	100 Breast	Ginger L Pierson	70	OREG	1:47.45
4	W70-74	100 Breast	Rebecca L Kay	70	OREG	1:48.46
3	W70-74	200 Breast	Ginger L Pierson	70	OREG	3:55.22
7	W70-74	50 Fly	Barbara Frid	74	OREG	51.46
4	W70-74	100 Fly	Alice J Zabudsky	71	OREG	1:57.36
6	W70-74	100 Fly	Ginger L Pierson	70	OREG	2:01.70
6	W70-74	200 IM	Ginger L Pierson	70	OREG	4:12.88
5	W70-74	400 IM	Alice J Zabudsky	71	OREG	8:19.75
4	W75-79	50 Free	A Jane Nichols	75	OREG	44.77
3	W75-79	100 Free	A Jane Nichols	75	OREG	1:42.44
5	W75-79	200 Free	A Jane Nichols	75	OREG	3:47.94
9	W75-79	400 Free	A Jane Nichols	75	OREG	8:21.61
8	W80-84	50 Free	Geraldine L Kawabata	82	OREG	54.68
10	W80-84	50 Free	Kaleo B Schroder	80	OREG	1:04.84
5	W80-84	100 Free	Geraldine L Kawabata	82	OREG	2:02.35
6	W80-84	200 Free	Geraldine L Kawabata	82	OREG	4:27.44
2	W80-84	400 Free	Geraldine L Kawabata	82	OREG	8:57.77
9	W80-84	400 Free	Bonnie B Speer	82	OREG	14:22.80
3	W80-84	800 Free	Bonnie B Speer	82	OREG	30:28.82
2	W80-84	1500 Free	Geraldine L Kawabata	82	OREG	34:40.26
9	W80-84	50 Back	Kaleo B Schroder	80	OREG	1:25.90
5	W80-84	100 Back	Geraldine L Kawabata	82	OREG	2:34.21
7	W80-84	100 Back	Kaleo B Schroder	80	OREG	2:49.80
7	W80-84	50 Breast	Kaleo B Schroder	80	OREG	1:42.77
8	W80-84	50 Breast	Bonnie B Speer	82	OREG	1:59.15
3	W80-84	100 Breast	Bonnie B Speer	82	OREG	4:01.66
4	W80-84	100 Breast	Kaleo B Schroder	80	OREG	4:02.95
7	W80-84	50 Fly	Geraldine L Kawabata	82	OREG	1:20.86
2	W90-94	50 Free	Virginia Phipps	92	OREG	1:25.97
1	W90-94	100 Free	Virginia Phipps	92	OREG	3:03.20
1	W90-94	200 Free	Virginia Phipps	92	OREG	6:21.79

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
10	M18-24	1500 Free	Cole Harding	20	OREG	20:37.27
7	M18-24	200 Back	Grant D Aldred	23	OREG	2:45.95
8	M18-24	200 Back	Ryan J Clark	19	OREG	2:48.13
10	M18-24	200 Back	Jordan Porter	24	OREG	2:52.47
9	M18-24	50 Breast	Michael Loyd	19	DUCK	32.57
7	M18-24	200 Fly	Grant D Aldred	23	OREG	2:41.21
6	M18-24	400 IM	Grant D Aldred	23	OREG	6:04.18
9	M25-29	100 Free	Daniel Michael	28	OREG	54.58
9	M25-29	400 Free	Ted Bonus	28	OREG	4:46.02
7	M25-29	50 Breast	Kris C Asleson	28	OREG	31.99
7	M25-29	200 Breast	Christopher D Purdy	25	OREG	2:52.72
9	M25-29	50 Fly	Daniel Michael	28	OREG	26.57
9	M25-29	200 Fly	Ted Bonus	28	OREG	2:32.97
9	M30-34	100 Free	Matthew A Marceau	34	OREG	56.68
7	M30-34	200 Free	Matthew A Marceau	34	OREG	2:06.18
5	M30-34	400 Free	Matthew A Marceau	34	OREG	4:32.23
9	M30-34	400 Free	Daniel Kollar	31	OREG	4:49.58
2	M30-34	800 Free	Matthew A Marceau	34	OREG	9:37.49
8	M30-34	800 Free	Steven Villafana	33	OREG	10:25.54
10	M30-34	800 Free	Daniel Kollar	31	OREG	10:32.99
6	M30-34	50 Back	Matthew A Marceau	34	OREG	31.18
10	M30-34	100 Back	Ben Karlin	33	OREG	1:14.11
3	M30-34	200 Fly	Kevin H Cleary	33	OREG	2:38.52
10	M30-34	200 IM	Matthew A Marceau	34	OREG	2:32.98
8	M35-39	50 Free	Kevin G Van Den Wymelenberg	39	OREG	26.36
5	M35-39	100 Free	Kevin G Van Den Wymelenberg	39	OREG	58.97
7	M35-39	200 Free	Matt Miller	39	OREG	2:14.94
6	M35-39	400 Free	Matt Miller	39	OREG	4:49.44
7	M35-39	800 Free	Matt Miller	39	OREG	10:07.13
6	M35-39	1500 Free	Matt Miller	39	OREG	19:26.57
7	M35-39	50 Back	Richard A Kruger	36	OREG	32.22
6	M35-39	200 Back	Colin C Wallace	38	OREG	2:40.51
8	M35-39	200 Back	Matt Miller	39	OREG	2:41.88
7	M35-39	50 Breast	Chris M Reynolds	37	UC37	32.41
7	M35-39	100 Breast	Chris M Reynolds	37	UC37	1:13.12
6	M35-39	200 Breast	Chris M Reynolds	37	UC37	2:47.96
10	M35-39	100 Fly	Alex J Flesuras	37	UC37	1:07.62
4	M40-44	100 Free	Kurt Grote	43	OREG	56.11
7	M40-44	400 Free	Chip Polito	40	OREG	4:48.16
5	M40-44	800 Free	Chip Polito	40	OREG	9:43.01
2	M40-44	1500 Free	Chip Polito	40	OREG	18:15.05
5	M40-44	1500 Free	Robbert van Andel	42	OREG	19:38.04
3	M40-44	50 Back	Whitney J Woolard	41	OREG	30.01
10	M40-44	100 Back	Mickey Aberle	40	OREG	1:11.81
3	M40-44	200 Back	Chip Polito	40	OREG	2:26.42
4	M40-44	200 Back	Fred Schnell	40	OREG	2:32.91

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
3	M40-44	50 Breast	Kurt Grote	43	OREG	31.54
4	M40-44	50 Breast	John C Rasmussen	41	OREG	31.84
5	M40-44	100 Breast	John C Rasmussen	41	OREG	1:10.02
3	M40-44	200 Breast	John C Rasmussen	41	OREG	2:31.75
6	M40-44	200 Breast	Chip Polito	40	OREG	2:46.79
5	M40-44	50 Fly	Whitney J Woolard	41	OREG	27.77
6	M40-44	100 Fly	Chip Polito	40	OREG	1:04.65
9	M40-44	100 Fly	Karel-Gustaaf M Smit	43	UC37	1:06.00
7	M40-44	200 Fly	Karel-Gustaaf M Smit	43	UC37	2:50.45
4	M40-44	200 IM	Chip Polito	40	OREG	2:23.83
8	M40-44	200 IM	Robbert van Andel	42	OREG	2:33.97
4	M40-44	400 IM	Robbert van Andel	42	OREG	5:32.86
7	M45-49	50 Free	Mike Self	46	OREG	26.26
3	M45-49	100 Free	Mike Self	46	OREG	56.41
4	M45-49	200 Free	Mike Self	46	OREG	2:10.85
2	M45-49	400 Free	Mike Self	46	OREG	4:31.75
7	M45-49	800 Free	Darren J Kling	47	OREG	10:03.49
10	M45-49	800 Free	Mark Frost	49	OREG	10:13.09
8	M45-49	1500 Free	Mark Frost	49	OREG	19:17.49
1	M45-49	50 Back	Mike Self	46	OREG	28.76
1	M45-49	100 Back	Mike Self	46	OREG	1:03.39
6	M45-49	100 Back	Jim H Josberger	45	OREG	1:09.17
3	M45-49	200 Back	Mike Self	46	OREG	2:21.98
4	M45-49	200 Back	Jim H Josberger	45	OREG	2:30.20
6	M45-49	200 Back	Darren J Kling	47	OREG	2:32.48
10	M45-49	50 Breast	Bill Clydesdale	49	OREG	33.54
8	M45-49	200 Breast	Bill Clydesdale	49	OREG	2:52.99
9	M45-49	200 Breast	Brad R Bachulis	46	OREG	2:55.38
7	M45-49	50 Fly	Gabe G Duus	46	OREG	28.22
7	M45-49	100 Fly	Gabe G Duus	46	OREG	1:07.44
10	M45-49	200 IM	Darren J Kling	47	OREG	2:31.18
4	M45-49	400 IM	Darren J Kling	47	OREG	5:27.00
7	M50-54	50 Free	John H McComish	50	OREG	26.42
8	M50-54	50 Free	Eric Wan	50	OREG	26.44
6	M50-54	100 Free	Eric Wan	50	OREG	58.38
10	M50-54	100 Free	John H McComish	50	OREG	59.09
6	M50-54	200 Free	Scot A Sullivan	50	OREG	2:11.07
10	M50-54	200 Free	Eric Wan	50	OREG	2:15.68
6	M50-54	400 Free	Scot A Sullivan	50	OREG	4:45.34
5	M50-54	800 Free	Scot A Sullivan	50	OREG	10:04.18
4	M50-54	1500 Free	Scot A Sullivan	50	OREG	19:08.58
5	M50-54	50 Back	Scot A Sullivan	50	OREG	31.78
7	M50-54	50 Back	Steve D Parmentier	51	OREG	32.39
9	M50-54	100 Back	John H McComish	50	OREG	1:11.21
8	M50-54	200 Back	Carr Phillips	51	OREG	2:37.20
5	M50-54	50 Breast	Kris P Simpson	51	OREG	33.50

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Name	Age	Club	Time
7	M50-54	100 Breast	Kris P Simpson	51	OREG	1:17.32
7	M50-54	50 Fly	John H McComish	50	OREG	28.35
10	M50-54	50 Fly	Michael D Baele	52	OREG	28.50
6	M50-54	100 Fly	John H McComish	50	OREG	1:04.26
9	M50-54	100 Fly	Matthew J Roth	50	OREG	1:05.00
7	M50-54	200 Fly	Matthew J Roth	50	OREG	2:38.00
4	M50-54	200 IM	Keith D Peters	51	OREG	2:28.96
5	M50-54	400 IM	Matthew J Roth	50	OREG	5:40.60
8	M55-59	50 Free	Brent C Washburne	55	OREG	27.43
8	M55-59	100 Free	Brent C Washburne	55	OREG	1:01.84
6	M55-59	400 Free	David Hathaway	56	OREG	4:59.13
6	M55-59	800 Free	David Hathaway	56	OREG	10:17.89
9	M55-59	1500 Free	David Hathaway	56	OREG	20:19.29
5	M55-59	50 Back	Keith Uebele	55	OREG	32.51
9	M55-59	100 Back	Keith Uebele	55	OREG	1:13.76
9	M55-59	100 Breast	Patrick Allender	58	OREG	1:18.68
4	M55-59	200 Breast	Patrick Allender	58	OREG	2:50.57
9	M55-59	50 Fly	Brent C Washburne	55	OREG	30.37
9	M55-59	50 Fly	Keith Uebele	55	OREG	30.37
9	M55-59	400 IM	David Hathaway	56	OREG	6:03.81
6	M60-64	50 Back	Cliff C Stephens	61	OREG	33.19
8	M60-64	50 Back	Peter R Metzger	61	OREG	34.09
5	M60-64	100 Back	Cliff C Stephens	61	OREG	1:13.37
3	M60-64	200 Back	Cliff C Stephens	61	OREG	2:41.00
9	M60-64	50 Fly	Cliff C Stephens	61	OREG	30.44
8	M60-64	100 Fly	Cliff C Stephens	61	OREG	1:13.20
10	M60-64	200 Fly	Cliff C Stephens	61	OREG	3:14.20
10	M65-69	800 Free	Bob A Bruce	68	OREG	11:47.99
7	M65-69	1500 Free	Bob A Bruce	68	OREG	21:57.17
4	M65-69	50 Breast	Allen L Stark	67	OREG	36.16
3	M65-69	100 Breast	Allen L Stark	67	OREG	1:20.87
2	M65-69	200 Breast	Allen L Stark	67	OREG	3:00.01
8	M65-69	200 Breast	Mike Dirksen	67	OREG	3:26.48
3	M65-69	200 Fly	Allen L Stark	67	OREG	3:09.06
10	M65-69	200 IM	Mike Dirksen	67	OREG	3:00.52
8	M65-69	400 IM	Bob A Bruce	68	OREG	6:48.23
9	M70-74	50 Free	Jose E Ferraz	71	OREG	31.61
6	M70-74	100 Free	Jon D Stout	70	OREG	1:12.90
8	M70-74	100 Free	Jose E Ferraz	71	OREG	1:13.51
8	M70-74	200 Free	Jose E Ferraz	71	OREG	2:48.58
10	M70-74	400 Free	Bob Kehoe	70	OREG	6:15.92
4	M70-74	50 Back	Jon D Stout	70	OREG	40.03
5	M70-74	50 Back	Robert S Smith	73	OREG	40.29
7	M70-74	50 Back	Jose E Ferraz	71	OREG	41.38
6	M70-74	100 Back	Jon D Stout	70	OREG	1:29.19
8	M70-74	100 Back	Robert S Smith	73	OREG	1:35.18

Continued on next page

Place	Age Group	Event	Name	Age	Club	Time
9	M70-74	100 Breast	Roy D Lambert	70	OREG	1:42.35
5	M70-74	200 Breast	Roy D Lambert	70	OREG	3:41.84
7	M75-79	50 Free	Ronald K Nakata	77	OREG	34.20
6	M75-79	100 Free	Chris L Hiatt	76	OREG	1:17.98
6	M75-79	1500 Free	John L Spence	75	OREG	29:33.48
4	M75-79	50 Back	Chris L Hiatt	76	OREG	41.29
1	M75-79	100 Back	Chris L Hiatt	76	OREG	1:28.02
10	M75-79	100 Back	John L Spence	75	OREG	1:58.26
1	M75-79	200 Back	Chris L Hiatt	76	OREG	3:15.82
2	M75-79	50 Breast	Ronald K Nakata	77	OREG	44.32
8	M75-79	100 Breast	Ronald K Nakata	77	OREG	1:53.11
8	M75-79	200 Breast	Peter P Berghaus	75	OREG	4:29.77
9	M75-79	50 Fly	Ronald K Nakata	77	OREG	51.95
8	M75-79	100 Fly	Peter P Berghaus	75	OREG	2:31.50
4	M75-79	200 IM	Ronald K Nakata	77	OREG	3:33.61
10	M75-79	200 IM	Peter P Berghaus	75	OREG	4:26.02
6	M75-79	400 IM	Peter P Berghaus	75	OREG	10:02.07
1	M80-84	50 Free	David A Radcliff	82	OREG	35.55
4	M80-84	50 Free	Dick M Slawson	80	OREG	37.43
10	M80-84	50 Free	George D Thayer	80	OREG	41.66
1	M80-84	100 Free	David A Radcliff	82	OREG	1:19.26
2	M80-84	100 Free	Dick M Slawson	80	OREG	1:30.97
1	M80-84	200 Free	David A Radcliff	82	OREG	2:53.62
1	M80-84	400 Free	David A Radcliff	82	OREG	5:53.44
1	M80-84	800 Free	David A Radcliff	82	OREG	13:08.97
1	M80-84	1500 Free	David A Radcliff	82	OREG	23:12.68
5	M80-84	50 Back	George D Thayer	80	OREG	48.45
4	M80-84	100 Back	George D Thayer	80	OREG	1:54.29
6	M80-84	200 Back	George D Thayer	80	OREG	4:15.52
7	M80-84	50 Breast	George D Thayer	80	OREG	55.07
10	M80-84	100 Breast	George D Thayer	80	OREG	2:22.90
3	M80-84	50 Fly	Dick M Slawson	80	OREG	50.16
2	M80-84	100 Fly	Dick M Slawson	80	OREG	2:02.86
2	M80-84	200 IM	Dick M Slawson	80	OREG	3:56.09
2	M80-84	400 IM	Dick M Slawson	80	OREG	8:42.98
1	M90-94	50 Free	Willard J Lamb	94	OREG	44.75
1	M90-94	100 Free	Willard J Lamb	94	OREG	1:44.17
1	M90-94	200 Free	Willard J Lamb	94	OREG	4:03.02
1	M90-94	400 Free	Willard J Lamb	94	OREG	8:34.84
1	M90-94	800 Free	Willard J Lamb	94	OREG	17:33.69
1	M90-94	1500 Free	Willard J Lamb	94	OREG	32:25.81
1	M90-94	50 Back	Willard J Lamb	94	OREG	56.12
1	M90-94	100 Back	Willard J Lamb	94	OREG	2:03.90
1	M90-94	200 Back	Willard J Lamb	94	OREG	4:26.77

Continued on next page

Long Course Meter Relays

Place	Age Group	Event	Club	Time	Swimmers (Age)
4.....	M72-99.....	200 Medley	DUCK.....	2:08.56	Cooper C Bontz (19) Michael Loyd (19) Kyle C Raze (23) Matthew H Harvison (20)
7.....	M100-119.....	200 Medley	OREG.....	2:07.58	Matthew A Marceau (34) Daniel Michael (28) Jordan Porter (24) Ben Karlin (33)
1.....	M120-159.....	200 Free	OREG.....	1:41.54	Kris C Asleson (28) Daniel Michael (28) John C Rasmussen (41) Whitney J Woolard (41)
3.....	M120-159.....	200 Medley	OREG.....	1:59.42	Whitney J Woolard (41) Kevin G Van Den Wymelenberg (39) Chris L Fantz (39) Colin C Wallace (38)
7.....	M120-159.....	200 Medley	OREG.....	2:05.71	George E Dingeldein (34) Brad R Bachulis (46) Ted Bonus (28) Eric Wan (50)
10.....	M120-159.....	200 Medley	OREG.....	2:07.78	David Kilburn (39) Robbert van Andel (42) Terrance P Coughran (25) Matt Miller (39)
2.....	M160-199.....	200 Free	OREG.....	1:45.49	Gabe G Duus (46) John H McComish (50) Matthew J Roth (50) Terrance P Coughran (25)
7.....	M160-199.....	200 Free	OREG.....	1:55.01	Lou Boone (55) Mark Hageman (54) Daniel Solbach (48) Robbert van Andel (42)
10.....	M160-199.....	200 Free	OREG.....	1:56.94	George E Dingeldein (34) Thomas Oliva (54) Daemon G Anastas (52) Ted Bonus (28)
2.....	M160-199.....	200 Medley	OREG.....	1:56.00	Mike Self (46) Kris P Simpson (51) Gabe G Duus (46) Eric Wan (50)
7.....	M160-199.....	200 Medley	OREG.....	2:10.08	Scot A Sullivan (50) Timothy P Waud (49) John H McComish (50) Grant D Aldred (23)

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Club	Time	Swimmers (Age)
4	M200-239	200 Free	OREG	1:45.75	Kurt Grote (43) Steve A Mann (64) Eric Wan (50) Mike Self (46)
5	M200-239	200 Medley	OREG	2:03.70	Jim H Josberger (45) Richard K Howell (57) Matthew J Roth (50) Carr Phillips (51)
10	M200-239	200 Medley	OREG	2:12.50	Keith Uebele (55) Eric R Meier (52) Russel R Scovel (46) Michael Hamilton (55)
9	M240-279	200 Free	OREG	2:01.60	Mike J Tennant (63) Jeffrey E Anspach (55) Kermit D Yensen (63) Steve A Mann (64)
8	M240-279	200 Medley	OREG	2:20.70	David O Burluson (59) Lou Boone (55) Steve A Mann (64) Kermit D Yensen (63)
10	M240-279	200 Medley	OREG	2:25.79	Jon D Stout (70) Roy D Lambert (70) Keith Uebele (55) Charles M Dorn (55)
5	M280-319	200 Free	OREG	2:11.07	Ronald K Nakata (77) Dick M Slawson (80) Jon D Stout (70) Brent C Washburne (55)
9	M280-319	200 Free	OREG	2:27.61	Bob A Bruce (68) Mike Dirksen (67) George D Thayer (80) Michael S Garibaldi (70)
2	M280-319	200 Medley	OREG	2:23.01	Robert S Smith (73) Allen L Stark (67) Cliff C Stephens (61) Dick M Slawson (80)
7	M280-319	200 Medley	OREG	2:54.32	Peter Kircher (62) Peter P Berghaus (75) Mark L Becker (62) David A Radcliff (82)
8	M280-319	200 Medley	OREG	2:54.91	George D Thayer (80) Bob A Bruce (68) Kermit D Yensen (63) John L Spence (75)

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Club	Time	Swimmers (Age)
1	M320-359	200 Free	OREG	2:24.56	Jose E Ferraz (71) Willard J Lamb (94) Frank J Philipps (74) David A Radcliff (82)
1	M320-359	200 Medley	OREG	2:52.05	Willard J Lamb (94) Ronald K Nakata (77) Mike Dirksen (67) David A Radcliff (82)
3	W100-119	200 Free	OREG	2:12.22	Catherine C Eastman (31) Jessica L Stacy (27) Carlin R Sullivan (29) Hailey Bambusch (26)
1	W100-119	200 Medley	OREG	2:07.53	Lily E Donohue (26) Brianna E Showell (37) Jessica L Stacy (27) Hailey Bambusch (26)
5	W100-119	200 Medley	OREG	2:44.87	Christine Placek (32) Meg McLinden (22) Olivia M Schane (28) Madison N Goodall (20)
1	W120-159	200 Free	OREG	1:52.53	Jill M Asch (50) Hailey Bambusch (26) Maki Moore (31) Sonja Skinner (40)
3	W120-159	200 Free	OREG	2:02.78	Stacey L Kiefer (38) Kristine A Cox (38) Tessa L Reeves (38) Brianna E Showell (37)
6	W120-159	200 Free	OREG	2:08.73	Cailee Caldwell (27) Suzanne R Gerlach (37) Aubree M Gustafson (35) Olivia Schmidt (23)
10	W120-159	200 Free	OREG	2:13.21	Anna J Brunton (26) Rebecca Ducore (36) Melody C Hendrix (24) Beth Martell (44)
2	W120-159	200 Medley	OREG	2:09.74	Valerie G Jenkins (53) Abby Blank (31) Sonja Skinner (40) Maki Moore (31)
4	W120-159	200 Medley	OREG	2:19.76	Jessica L Stacy (27) Catherine C Eastman (31) Jill M Asch (50) Hailey Bambusch (26)

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Club	Time	Swimmers (Age)
7	W120-159	200 Medley	OREG	2:24.85	Lindsay Miller (24) Sarah J Rogers (40) Gina M Dhom (38) Aubree M Gustafson (35)
1	W160-199	200 Free	OREG	1:59.37	Abby Blank (31) Arlene Delmage (54) Valerie G Jenkins (53) Jessica L Stacy (27)
10	W160-199	200 Free	OREG	2:12.42	Suzanne R Gerlach (37) Sara Q Nelson (44) Cheryl A Morgen (47) Gillian G Salton (48)
1	W160-199	200 Medley	OREG	2:15.72	Kristine A Cox (38) Rebecca Ducore (36) Jill M Asch (50) Shannon A Wallace (41)
3	W160-199	200 Medley	OREG	2:20.28	Francie Haffner (49) Amanda Metz (36) Julie A Peterson (41) Tessa L Reeves (38)
6	W160-199	200 Medley	OREG	2:27.65	Gillian G Salton (48) Sara Q Nelson (44) Cheryl A Morgen (47) Suzanne R Gerlach (37)
8	W160-199	200 Medley	WIM	2:33.93	Lynette Greco (47) Dunja J Marcum (47) Julie H Sedgwick (47) Missy M Moss (48)
10	W200-239	200 Free	OREG	2:19.58	Aubree M Gustafson (35) Mary Anne Royle (64) Colette M Crabbe (60) Jeanna Summers (62)
8	W200-239	200 Medley	OREG	2:35.15	Britta M Daubersmith (51) Anicia Criscione (43) Cheryl A Morgen (47) Heather C Wiley (59)
9	W200-239	200 Medley	OREG	2:35.66	Valerie G Jenkins (53) Colette M Crabbe (60) Elizabeth A Watkins (51) Bonnie B Edwards (44)
5	W240-279	200 Free	OREG	2:19.73	MJ Caswell (55) Ann R Goodman (57) Sandi Rousseau (69) Karen Andrus-Hughes (59)

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Club	Time	Swimmers (Age)
2	W240-279	200 Medley	OREG	2:30.92	Karen Andrus-Hughes (59) Nancy C Vincent (57) Arlene Delmage (54) Sue C Calnek-Morris (73)
9	W240-279	200 Medley	OREG	2:51.22	Jeanna Summers (62) Toni S Hecksel (50) Elke M Asleson (64) Mary Anne Royle (64)
2	W280-319	200 Free	OREG	2:45.84	Rebecca L Kay (70) Mary Anne Royle (64) Janet Gettling (68) Geraldine L Kawabata (82)
1	W280-319	200 Medley	OREG	2:53.85	Joy Ward (74) Janet Gettling (68) Sandi Rousseau (69) Rebecca L Kay (70)
5	X72-99	200 Free	OREG	2:06.51	Olivia M Schane (28) Sam Breuer (30) Madison N Goodall (20) Cole Harding (20)
6	X72-99	200 Medley	OREG	2:25.59	Madison N Goodall (20) Thomas A Esser (28) Cole Harding (20) Meg McLinden (22)
9	X100-119	200 Free	OREG	1:57.50	Ted Bonus (28) Abby Blank (31) Anna J Brunton (26) Ben Karlin (33)
3	X100-119	200 Medley	OREG	2:01.14	Hailey Bambusch (26) Kris C Asleson (28) Jessica L Stacy (27) Ted Bonus (28)
2	X120-159	200 Free	OREG	1:45.78	Hailey Bambusch (26) Kris C Asleson (28) Maki Moore (31) Kurt Grote (43)
7	X120-159	200 Free	OREG	1:54.07	Kevin G Van Den Wymelenberg (39) Julie A Peterson (41) Matthew A Marceau (34) Aubree M Gustafson (35)
10	X120-159	200 Free	OREG	1:55.35	Ted Bonus (28) Jessica L Stacy (27) George E Dingeldein (34) Catherine C Eastman (31)

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Club	Time	Swimmers (Age)
2	X120-159	200 Medley	OREG	2:02.52	Mike Self (46) Kevin G Van Den Wymelenberg (39) Sonja Skinner (40) Maki Moore (31)
8	X120-159	200 Medley	OREG	2:11.24	Matthew A Marceau (34) Sarah J Rogers (40) Matthew J Roth (50) Aubree M Gustafson (35)
10	X120-159	200 Medley	OREG	2:12.19	Catherine C Eastman (31) Brad R Bachulis (46) Ted Bonus (28) Hailey Bambusch (26)
2	X160-199	200 Free	OREG	1:48.76	Jessica L Stacy (27) Eric Wan (50) Shannon A Wallace (41) Mike Self (46)
9	X160-199	200 Free	OREG	1:58.91	Gabe G Duus (46) Monique M Lance (46) Serena H Johnson (39) Matt Miller (39)
10	X160-199	200 Free	OREG	1:59.33	Lou Boone (55) Sara Shepherd (34) Kristine A Cox (38) Colin C Wallace (38)
10	X160-199	200 Free	OREG	1:59.33	Beth Martell (44) Daniel Solbach (48) Lisa E Sandoval (44) Terrance P Coughran (25)
1	X160-199	200 Medley	OREG	2:02.81	Sara Shepherd (34) Kris P Simpson (51) Whitney J Woolard (41) Shannon A Wallace (41)
9	X160-199	200 Medley	OREG	2:10.89	Kristine A Cox (38) Rebecca Ducore (36) John H McComish (50) Colin C Wallace (38)
7	X200-239	200 Free	OREG	1:57.63	Arlene Delmage (54) John H McComish (50) MJ Caswell (55) Whitney J Woolard (41)
1	X200-239	200 Medley	OREG	2:01.98	Valerie G Jenkins (53) Kurt Grote (43) Gabe G Duus (46) Karen Andrus-Hughes (59)

Continued on next page

Continued — USMS Top Ten — Long Course Meters (50 Meters)

Place	Age Group	Event	Club	Time	Swimmers (Age)
4	X240-279	200 Free	OREG	1:59.77	Jill M Asch (50) Allen L Stark (67) Karen Andrus-Hughes (59) Steve A Mann (64)
5	X240-279	200 Medley	OREG	2:16.35	Jill M Asch (50) Allen L Stark (67) Arlene Delmage (54) Jose E Ferraz (71)
6	X240-279	200 Medley	OREG	2:21.28	Cliff C Stephens (61) Richard K Howell (57) MJ Caswell (55) Rebecca L Kay (70)
4	X280-319	200 Free	OREG	2:26.02	Jose E Ferraz (71) Mary Anne Royle (64) Ronald K Nakata (77) Sue C Calnek-Morris (73)
5	X280-319	200 Medley	OREG	2:52.21	Joy Ward (74) Jon D Stout (70) Kermit D Yensen (63) A Jane Nichols (75)
6	X280-319	200 Medley	OREG	2:56.20	Steve A Mann (64) Sue C Calnek-Morris (73) Sandi Rousseau (69) Dick M Slawson (80)
1	X320-359	200 Free	OREG	2:35.97	Rebecca L Kay (70) Willard J Lamb (94) Barbara Frid (74) David A Radcliff (82)
2	X320-359	200 Free	OREG	3:28.92	Virginia Phipps (92) A Jane Nichols (75) Robert S Smith (73) Dick M Slawson (80)
1	X320-359	200 Medley	OREG	3:15.08	Willard J Lamb (94) Ginger L Pierson (70) Barbara Frid (74) David A Radcliff (82)
2	X320-359	200 Medley	OREG	4:13.59	Robert S Smith (73) Ronald K Nakata (77) Geraldine L Kawabata (82) Virginia Phipps (92)

FYI

USMS Holds Two National Championship Pool Meets Each Year.

The spring championships are held in April or May and are contested in a short course venue. The summer championships are held in July or August and are contested in a long course venue. FINA sponsors the Masters world championship long course meet in even numbered years, and UANA sponsors the Pan American championship in odd numbered years.



Masters swimming officially began May 2, 1970

Captain Ransom J. Arthur, M.D., a Navy doctor in San Diego, convinced John Spannuth, then president of the Coaches Association, to hold the first National Masters Swimming Championships in the Amarillo Aquatic Club pool. Arthur felt that if the incentive was appealing, it would give older swimmers (ex-competitors and beginners alike) a goal for keeping physically fit. Dr. Arthur's vision of adults improving their fitness through swimming has grown over the years into a nationwide organization of over 60,000 adult swimmers.

It was first known as United States Amateur Athletic Union (AAU) Masters Swimming. A National newsletter called "Swim-Master" was started by June Krauser in 1972. At that time, only swimmers, age 25 and over were eligible to swim Masters.

Produced by
Oregon Masters Swimming, Inc.
April, 2017